

# Athens Cardigan





# Index

Information .....	3
Schematics .....	4
Swatch (Chart) .....	5
Swatch (Written) .....	6
Tutorial videos .....	7
Directions .....	8
Contact us .....	19

---

Version	4.5
First published	Dec. 6, 2023
Last revised	Feb. 6, 2024
Design	Soop Knits

# Information



## Sizes

XS (S, M, L) XL (2XL, 3XL, 4XL)



## Yarn

Biches & Bûches, Le Lambswool (50g, 170m) + Le Petit Silk Mohair (25g, 212m)  
960 (1020, 1120, 1160) 1270 (1340, 1380, 1450) yards  
880 (930, 1020, 1060) 1160 (1220, 1260, 1320) meters



## Needles

**Large:** US 8(5mm) - 32" / 80cm circular needles for the body. 16" / 40cm circular needles for the sleeves

**Small:** US 7(4.5mm) - 32" / 80cm circular needles for the hem and cuff



## Gauge

15 stitches 24 rows, 4"(10cm) square in Double seed stitch with the larger needles after blocking



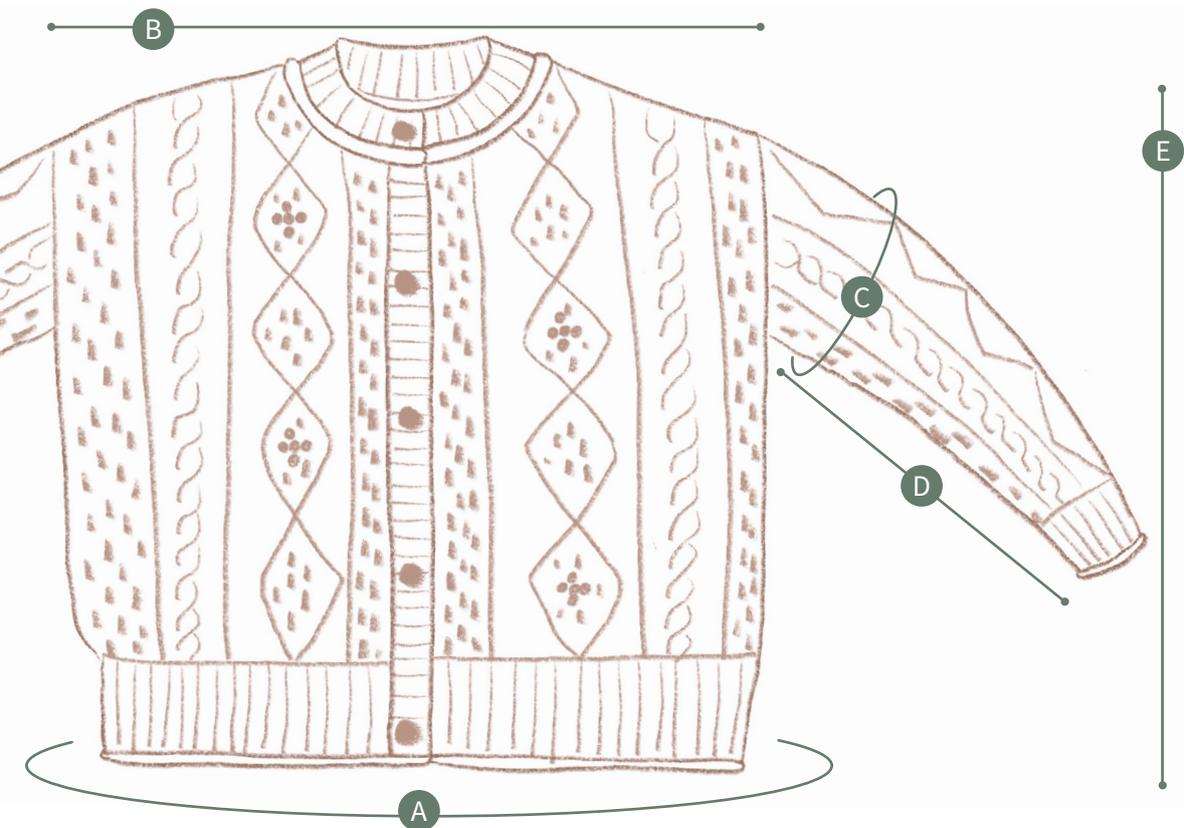
## Notions

Stitch markers, stitch holders, tapestry needle

---

The cardigan is worked from the top down. Start from the back shaping with short rows. After the shaping is completed the back is worked until the underarms. Then the stitches are put on hold. Stitches for the shoulders are picked up along the shaped edge. The left and right fronts are worked separately to the underarms. Underarm onwards, fronts and back are joined together and worked in one piece. When the body is complete, stitches for the sleeves are picked up along the armhole opening and worked in the round to the cuff. The button bands and neckband are then picked up to work in 2x2 ribbing.

# Schematics



The cardigan is designed to have approx. 8-10" / 20-25cm of positive ease at the bust.

**A. Bust circumference:** 40 (41, 44 $\frac{1}{4}$ , 46 $\frac{1}{2}$ ) 49 $\frac{1}{2}$  (51 $\frac{3}{4}$ , 53 $\frac{3}{4}$ , 56) in  
99 (104.5, 112.5, 118) 126 (131.5, 136.5, 142) cm

**B. Shoulder width:** 18 $\frac{3}{4}$  (18 $\frac{3}{4}$ , 21, 21) 23 (23, 25, 25) in / 47.5 (47.5, 53, 53) 58.5 (58.5, 63.5, 63.5) cm

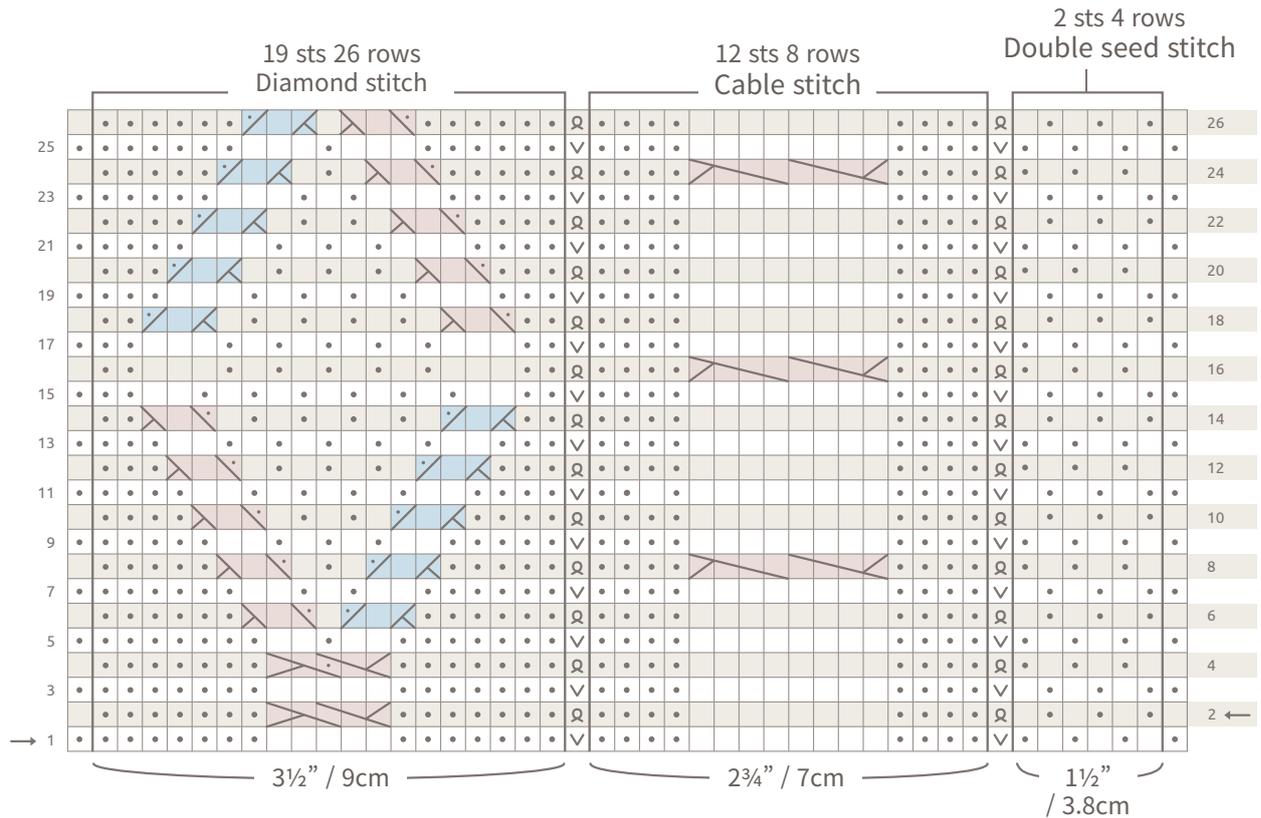
**C. Upper arm (2024):** 18 $\frac{1}{2}$  (20, 21 $\frac{1}{2}$ , 23) 25 (26 $\frac{1}{4}$ , 26 $\frac{1}{4}$ , 28) in / 47 (51, 55, 59) 63 (67, 67, 71) cm

**C. Upper arm (2021):** 14 $\frac{1}{2}$  (15 $\frac{1}{2}$ , 15 $\frac{1}{2}$ , 16 $\frac{1}{2}$ ) 17 (18, 18, 18 $\frac{3}{4}$ ) in  
36.5 (39.5, 39.5, 42) 43.5 (46, 46, 47.5) cm

**D. Sleeve length:** 17 $\frac{1}{4}$  in / 44 cm (Adjustable)

**E. Full length:** 24 in / 61 cm (At the center of the back / Adjustable)

# Swatch



 K on RS / P on WS

 2/1 RPC: Slip 1 stitch to cable needle and hold to back, k2, then p1 from the cable needle.

 P on RS / K on WS

 2/1 LPC: Slip 2 stitches to cable needle and hold to front, p1, then k2 from cable needle.

 Sl 1 wyib on RS  
Sl 1 wyif on WS

 2/3 LC: Slip 2 stitches to cable needle and hold to front, k3, then k2 from cable needle.

 Ktbl on RS  
Ptbl on WS

 2/1/2 LPC: Slip 2 stitches to cable needle and hold to front, k2, p1, then k2 from cable needle.

 4/4 LC: Slip 4 stitches to cable needle and hold to front, k4, then k4 from cable needle.

## Knitting flat

**R1 (WS):** k8, p5, k7, sl 1 wyif, k4, p8, k4, sl 1 wyif, [k1, p1] x 3, k1

**R2 (RS):** [k1, p1] x 3, k1, ktbl, p4, k8, p4, ktbl, p7, 2/3 LC, p7, k1

**R3 & every WS row:** k always the first and the last sts, work in pattern for the rest (k the k sts / p the p sts / sl 1 wyif the ktbl sts)

**R4:** k1, [k1, p1] x 3, ktbl, p4, k8, p4, ktbl, p7, 2/1/2 LPC, p7, k1

**R6:** [k1, p1] x 3, k1, ktbl, p4, k8, p4, ktbl, p6, 2/1 RPC, k1, 2/1 LPC, p6, k1

**R8:** k1, [k1, p1] x 3, ktbl, p4, 4/4 LC, p4, ktbl, p5, 2/1 RPC, k1, p1, k1, 2/1 LPC, p5, k1

**R10:** [k1, p1] x 3, k1, ktbl, p4, k8, p4, ktbl, p4, 2/1 RPC, [k1, p1] X 2, k1, 2/1 LPC, p4, k1

**R12:** k1, [k1, p1] x 3, ktbl, p4, k8, p4, ktbl, p3, 2/1 RPC, [k1, p1] X 3 times, k1, 2/1 LPC, p3, k1

**R14:** [k1, p1] x 3, k1, ktbl, p4, k8, p4, ktbl, p2, 2/1 RPC, [k1, p1] X 4 times, k1, 2/1 LPC, p2, k1

**R16:** k1, [k1, p1] x 3, ktbl, p4, 4/4 LC, p4, ktbl, p2, k3, [p1, k1] X 5 times, k2, p2, k1

**R18:** [k1, p1] x 3, k1, ktbl, p4, k8, p4, ktbl, p2, 2/1 LPC, [k1, p1] X 4 times, k1, 2/1 RPC, p2, k1

**R20:** k1, [k1, p1] x 3, ktbl, p4, k8, p4, ktbl, p3, 2/1 LPC, [k1, p1] X 3 times, k1, 2/1 RPC, p3, k1

**R22:** [k1, p1] x 3, k1, ktbl, p4, k8, p4, ktbl, p4, 2/1 LPC, [k1, p1] X 2 times, k1, 2/1 RPC, p4, k1

**R24:** k1, [k1, p1] x 3, ktbl, p4, 4/4 LC, p4, ktbl, p5, 2/1 LPC, k1, p1, k1, 2/1 RPC, p5, k1

**R26:** [k1, p1] x 3, k1, ktbl, p4, k8, p4, ktbl, p6, 2/1 LPC, k1, 2/1 RPC, p6, k1



[https://www.youtube.com/playlist?list=PLtIQTPxiHsnqyY1V8ffu\\_6LwTkRtKevNA](https://www.youtube.com/playlist?list=PLtIQTPxiHsnqyY1V8ffu_6LwTkRtKevNA)

Please scan the QR code or click the link above.

You can see the following videos:

2/1 RPC, 2/1 LPC, 2/3 LC, 2/1/2 LPC, 4/4 LC,

Bobble stitch with a crochet hook, Bobble stitch with knitting needles

Welt stitch and bind off in welt

---

<b>K</b>	knit
<b>K/P DS</b>	knit / purl the DS(slipped stitch and yarn over stitch together)
<b>Ktbl</b>	knit through back loop
<b>K2tog</b>	knit next two stitches together (1 stitch decreased)
<b>M</b>	marker
<b>Make DS</b>	slip one with yarn in front then yarn over
<b>M1L</b>	Insert the left needle under the bar from the front and lift it. Knit it through the backloop (1 stitch increased)
<b>M1R</b>	Insert the left needle under the bar from the back and lift it. Knit it through the front loop (1 stitch increased)
<b>P</b>	purl
<b>Ptbl</b>	purl through back loop
<b>P2tog</b>	purl next two stitches together (1 stitch decreased)
<b>R / Rnd(s)</b>	row / round(s)
<b>RS</b>	right side
<b>Sl 1 wyib</b>	slip one with yarn in back
<b>Sl 1 wyif</b>	slip one with yarn in front
<b>Sm</b>	slip marker
<b>Ssk</b>	slip, slip, knit. Slip the next to stitches as if to knit one by one, Slide two stitches back to the left needl. Knit two through back loops together (1 stitch decreased)
<b>St(s)</b>	stitch(es)
<b>WS</b>	wrong side

# Directions

## 1. BACK

With the larger needles, cast on 102 (102, 110, 110) 118 (118, 126, 126).

### 1) Shape shoulders

**R1 (WS):** k1, [k1, p1] x 2 (2, 4, 4) 6 (6, 8, 8), place a stitch marker, p1, k4, p8, k4, p1, k7, p2, k1 (place a locking marker), p2, k7, p1, k4, p8, k4, p1, k7, p2, k1 (place a locking marker), turn

**R2 (RS):** make DS, 2/1 LPC, p6, ktbl, p4, k8, p4, ktbl, p6, 2/1 RPC, k1, turn

**R3:** make DS, k1, p2, k6, sl 1 wyif, k4, p8, k4, sl 1 wyif, k6, p2, k1, p1 (DS), k1, p2, k6, turn

**R4:** make DS, p4, 2/1 RPC, k1, p1, k1, 2/1 LPC, p5, ktbl, p4, k8, p4, ktbl, p5, 2/1 RPC, k1, p1 (DS), k1, 2/1 LPC, p5, turn

**R5:** make DS, work to DS (k the k sts / p the p sts / sl 1 wyif the ktbl sts), k1 (DS), p1, k4, p4, turn

**R6:** make DS, k3, \*p4, ktbl, p4, 2/1 RPC, [k1, p1] x 2, k1, 2/1 LPC, p4, ktbl, p4\*, k8, repeat \*-\*, k4, turn

**R7:** make DS, work to DS, p5 (including DS), k4, turn

**R8:** make DS, p3, repeat \*k8, p4, ktbl, p3, 2/1 RPC, [k1, p1] x 3, k1, 2/1 LPC, p3, ktbl, p4\* 2 times, k8, p4, turn

**R9:** make DS, work to DS, k1 (DS), p1, place a marker, repeat \*p1, k1\* to the last st, k1



### [Chart for short rows 1-8](#)

Not all the stitches of the double seed stitch are shown on the chart.

**R10:** k1, repeat \*k1, p1\* to marker, sm, work according to the BACK chart to m, sm, repeat \*p1, k1\* to the last st, k1

**R11:** k1, work in pattern to m, k1

**R12:** k1, repeat \*p1, k1\* to m, sm, work according to the Back chart to m, sm, repeat \*k1, p1\* to the last st, k1

**R13:** k1, work in pattern to m, k1

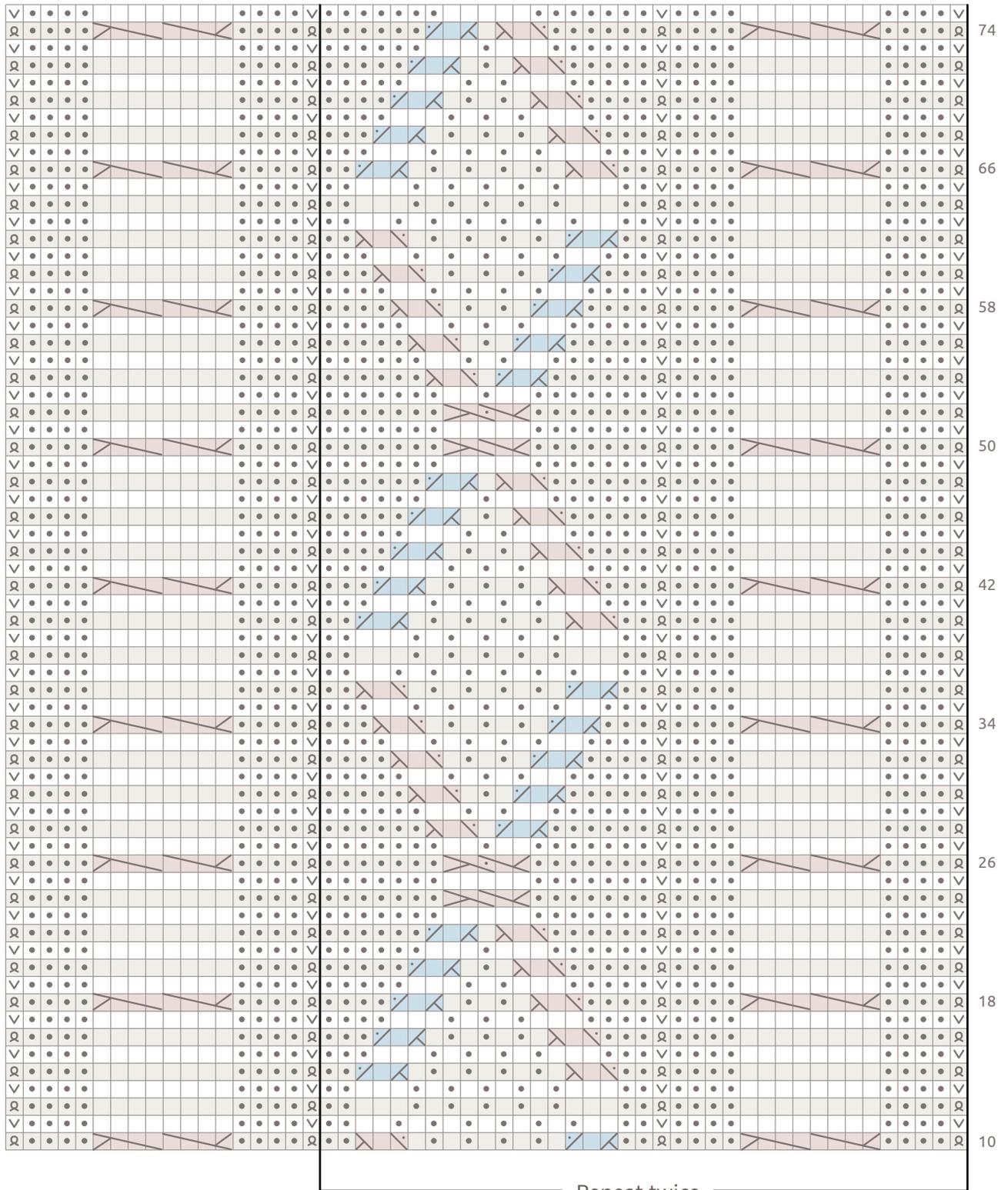
### 2) Armholes

Repeat rows 10-13 until you reach row 63 (63, 67, 67) 71 (71, 75, 75).

Break yarn and place on hold.

# BACK CHART

92 sts, approx. 16" / 41cm



## 2. RIGHT FRONT

With the RS facing and the cast on edge at the top, pick up 32 (32, 36, 36) 40 (40, 44, 44) sts starting from the right edge to the previous st before m.

### 1) Shape shoulder

**R1 (WS):** k1, p2, k6, turn

**R2 (RS):** make DS, p4, 2/1 RPC, k1

**R3:** k1, work in pattern to DS, k1 (DS), p1, k4, p4, turn

**R4:** make DS, k3, p4, ktbl, p4, 2/1 RPC, k2

**R5:** k1, work in pattern to DS, p5(including DS), k4, turn

**R6:** make DS, p3, k8, p4, ktbl, p3, 2/1 RPC, k1, p1, k1

**R7:** k1, work in pattern to DS, k1(DS), p1, place a marker, repeat \*p1, k1\* to the last st, k1

**R8:** k1, repeat \*k1, p1\* to the m, sm, work according to the RIGHT FRONT chart to the end

**R9:** k1, work in pattern to the last st, k1

**R10:** repeat \*k1, p1\* to m, k1, sm, work according to the RIGHT FRONT chart to the end

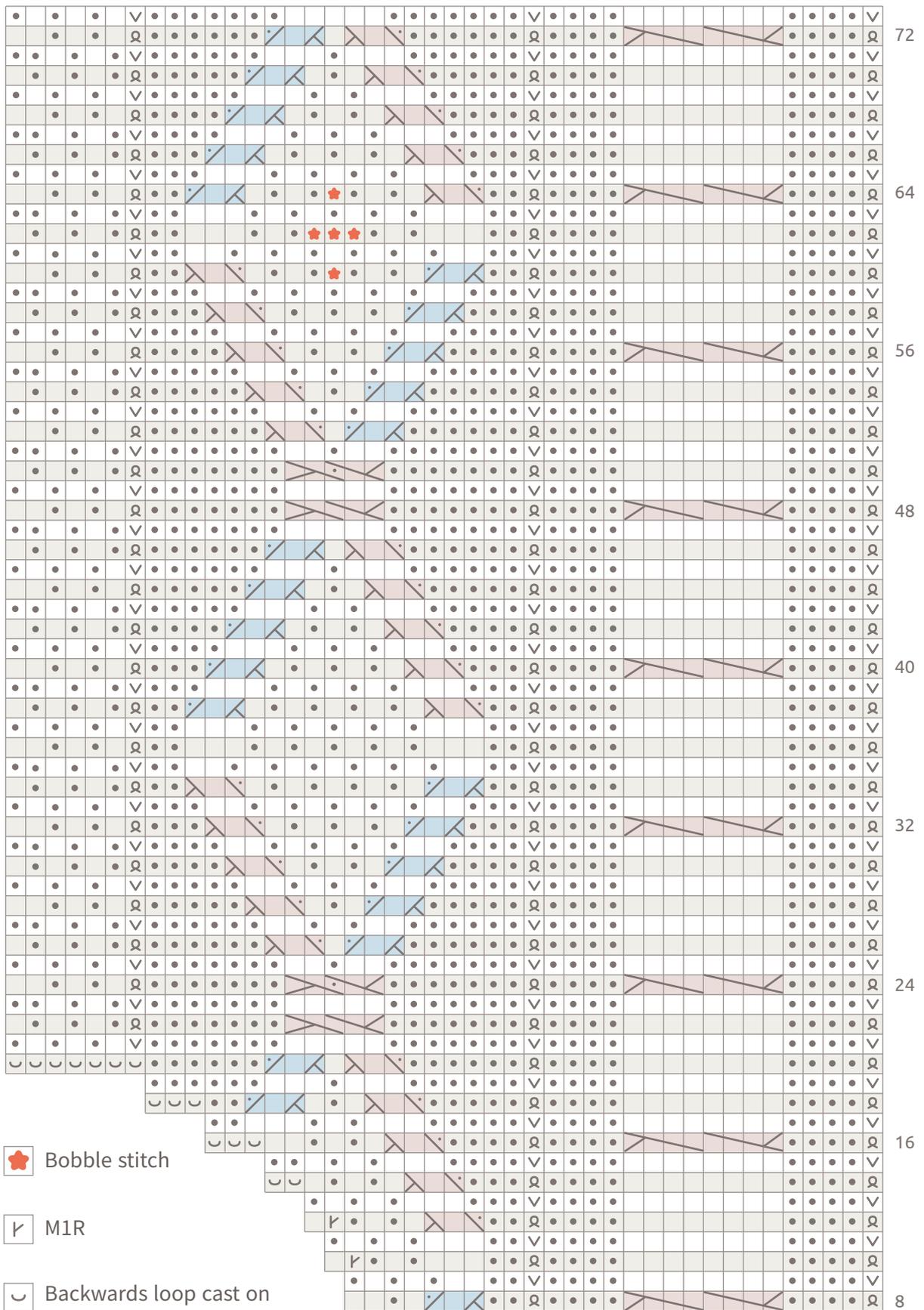
**R11:** k1, work in pattern to the last st, k1

### 2) Armhole

Repeat row 8-11 until you reach row 61 (61, 65, 65) 69 (69, 73, 73).

Break yarn and place on hold.

# RIGHT FRONT CHART



### 3. LEFT FRONT

With the RS facing and the cast on edge at the top, pick up 32 (32, 36, 36) 40 (40, 44, 44) sts starting from the next st after the marked st to the end.

#### 1) Shape shoulder

**R1 (WS):** k1, [k1, p1] x 2 (2, 4, 4) 6 (6, 8, 8), place a marker, p1, k4, p8, k4, p1, k6, p2, k1

**R2 (RS):** k1, 2/1 LPC, p5, turn

**R3:** make DS, work in pattern to the last st, k1

**R4:** k2, 2/1 LPC, p4, ktbl, p4, k4, turn

**R5:** make DS, work in pattern to the last st, k1

**R6:** k1, p1, k1, 2/1 LPC, p3, ktbl, p4, k8, p4, turn

**R7:** make DS, work in pattern to the last st, k1

**R8:** work according to the LEFT FRONT chart to m, sm, repeat \*p1, k1\* to the last st, k1

**R9:** k1, work in pattern to the last st, k1

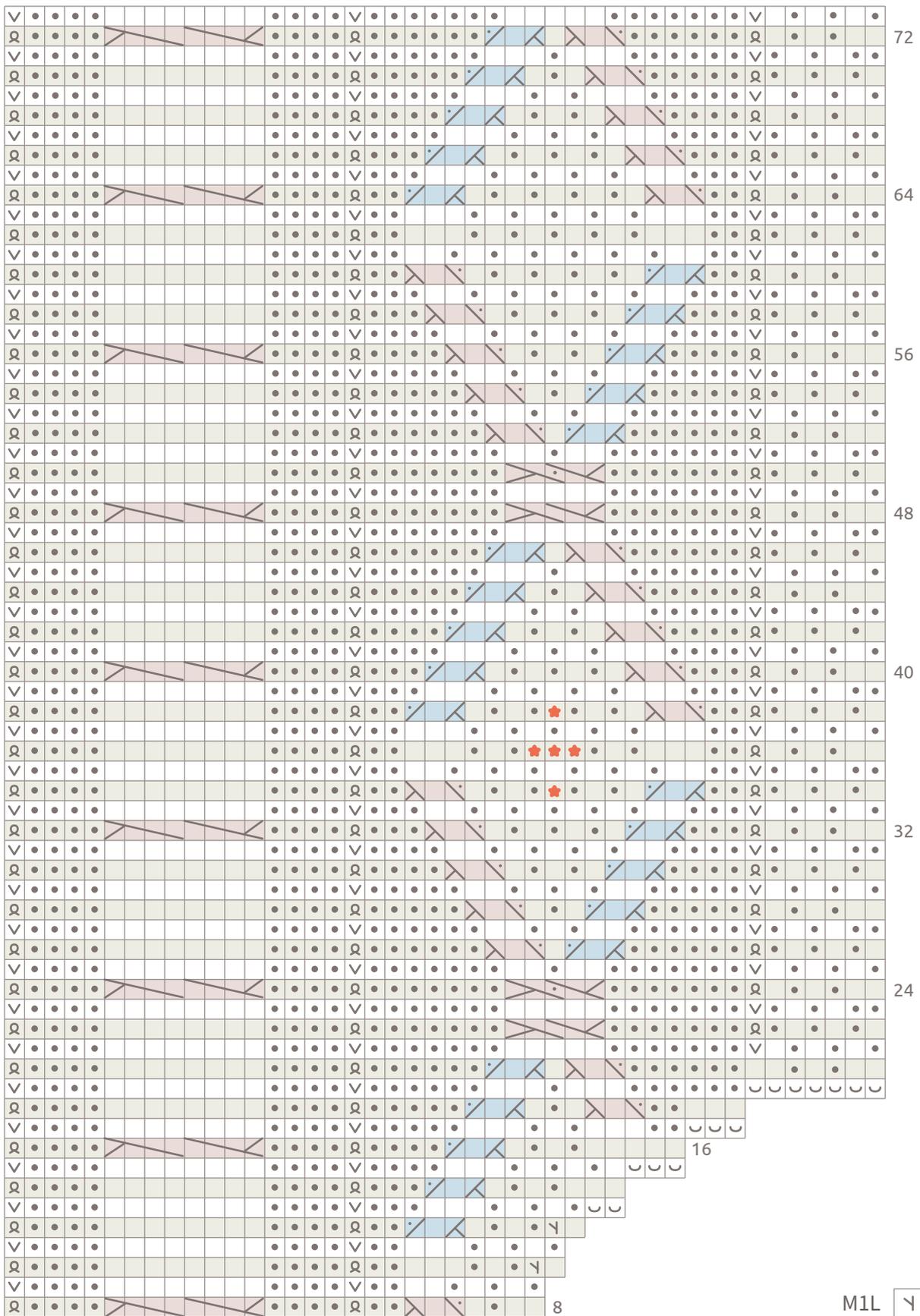
**R10:** work according to the LEFT FRONT chart to m, sm, repeat \*k1, p1\* to the last st, k1

**R11:** k1, work in pattern to the last st, k1

#### 2) Armhole

Repeat row 8-11 until you reach row 61 (61, 65, 65) 69 (69, 73, 73).

# LEFT FRONT CHART



## 4. LOWER BODY

### 1) Join

Join the fronts and back. Work the last st of the left front, the first and the last sts of the back, and the first st of the right front continue in Double seed st.

Work to the end of the left front, cast on 3 (7, 5, 9) 7 (11, 7, 11) using backwards loop cast on, work to the end of the back, cast on 3 (7, 5, 9) 7 (11, 7, 11) using backwards loop cast on, work to the end of the right front.

> 206 (214, 226, 234) 246 (254, 262, 270) sts

### 2) Lower body

Continue knitting in pattern until the body measures 9" / 23cm from underarm or until desired length. Underarm sts continue in Double seed st. Please note that The diamond st repeats every 26 rows, while the cable st repeats every 8 rows, so they will not always align perfectly. Make sure to keep track of where you are in each st.

#### **Tip for when the double seed stitch pattern doesn't align at the underarm:**

Increase 1 stitch at the underarm cast-on and continue the double seed stitch pattern from the previous row. For the back panel in the double seed stitch area, decrease 1 by k2tog at the end. This way, you can maintain the same number of stitches while aligning the double seed stitch pattern.

End after a WS row.

### 3) Hem

With the smaller needles decrease 2 sts in the diamond and cable sts (a total of 18 times) while k to the end

> 188 (196, 208, 216) 228 (236, 244, 252) sts

Work 2x2 ribbing as follows:

**R1 (WS):** k1, repeat \*p2, k2\* to the last 3 sts, p2, k1

**R2 (RS):** k3, repeat \*p2, k2\* to the last st, k1

Repeat rows 1-2 for 3" / 8cm. End after a WS row.

### 4) Welt finish

**R1 (RS):** k3, repeat \*k2tog, k2\* to the last st, k1

**2-R4:** work in stockinette st

**R5:** bind off in Welt stitch (see video, p. 7)

## 5. SLEEVES: 2024

With the smaller needles pick up and knit 2 (4, 3, 5) 4 (6, 4, 6) sts starting at the center of the underarm, pick up and knit 74 (74, 80, 80) 86 (86, 90, 90): about 2 sts for every 3 rows around the armhole, pick up and knit 1 (3, 2, 4) 3 (5, 3, 5) sts at the underarm

> 77 (81, 85, 89) 93 (97, 97, 101) sts

### 1) Shape sleeve

Place a marker for the beginning of the round and work in round **with the larger needles**.

**Rnd 1:** [k1, p1] x 7 (8, 9, 10) 11 (12, 12, 13), k1, place a marker, work the next 47 sts according to the SLEEVES:2024 chart, place a marker, k1, repeat \*p1, k1\* to the end

**Rnds 2-3:** repeat \*p1, k1\* to 1 st before m, p1, sm, work in pattern to m, sm, p1, repeat \*k1, p1\* to the end

**Rnds 4-5:** repeat \*k1, p1\* to 1 st before m, k1, sm, work in pattern to m, sm, k1, repeat \*p1, k1\* to the end

**Rnd 6:** k2tog, repeat \*p1, k1\* to 1 st before m, p1, sm, work in pattern to m, sm, repeat \*p1, k1\* to 3 sts before m, p1, ssk

While working in pattern, decrease the first 2 and the last 2 sts on every 8th round, which is the cable st rnd.

For rnd 14 decrease using p2tog at the beginning and the end. For rnd 22 decrease using k2tog the first 2 sts, ssk the last 2 sts.

Decrease sleeve sts a total of 12 times in this manner.

If necessary, work the sleeve until 15" / 38cm from underarm or 2" / 5cm shorter than desired length.

> 53 (57, 61, 65) 69 (73, 73, 77) sts

### 2) Cuff

With the smaller needles decrease sts as follows:

**XS:** decrease 1 st in diamond while k to the end.

**S, M:** decrease 2 sts in each cable, 1 st in diamond while k to the end (A total of 5 sts decreased).

**L - 4XL:** decrease 3 sts in each cable, and the diamond while k to the end (A total of 9 sts decrease).

> 52 (52, 56, 56) 60 (64, 64, 68) sts

Work 2x2 ribbing 2" / 5cm by repeating \*k2, p2\*.

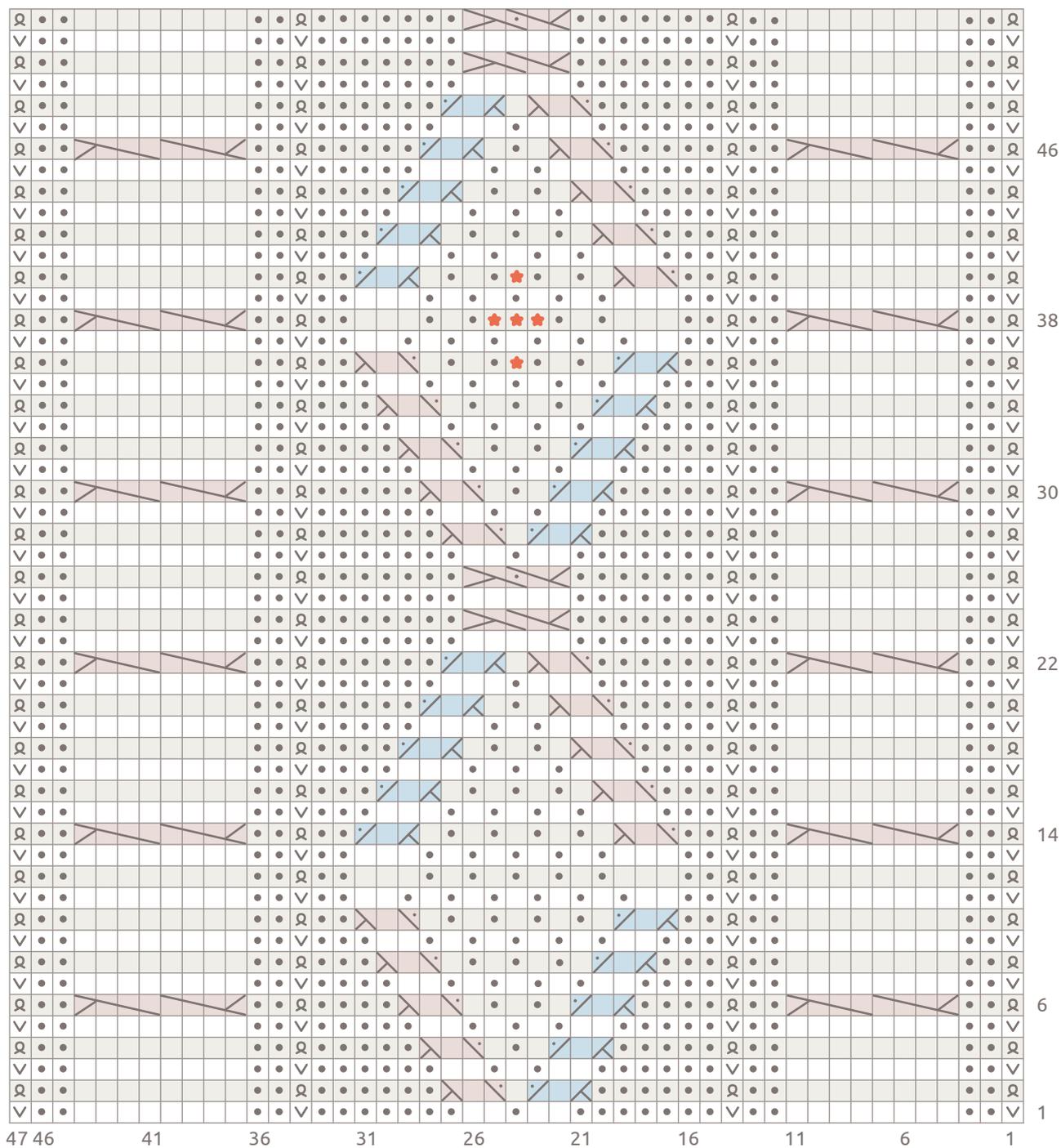
### 3) Welt finish

**Rnd 1:** repeat \*k2, k2tog\* to the end

**Rnds 2-4:** work in stockinette st.

**Rnd 5:** bind off in welt st.

# SLEEVES: 2024 CHART



## 5. SLEEVES: 2021

With the smaller needles pick up and knit 2 (4, 3, 5) 4 (6, 4, 6) sts starting at the center of the underarm, pick up and knit 59 (60, 62, 62) 67 (67, 71, 71): about 1 st for every 2 rows around the armhole, pick up and knit 1 (3, 2, 4) 3 (5, 3, 5) sts at the underarm

> 62 (67, 67, 71) 74 (78, 78, 82) sts

### 1) Shape sleeve

Turn the sleeve inside out so that the WS facing now. The sleeves are designed in Reversed stockinette stitch, so work the sleeve facing the WS to avoid many purls.

**XS:** make DS, k7, repeat \*sl 1 wyif, k8\* to the end

**S, M:** make DS, k5, sl 1 wyif, repeat \*k8, sl 1 wyif\* to the last 6 sts, k6

**L:** make DS, k7, repeat \*sl 1 wyif, k8\* to the end

**XL:** make DS, k4, repeat \*sl 1 wyif, k8\* to the last 6 sts, sl 1 wyif, k5

**2XL, 3XL:** make DS, k6, repeat \*sl 1 wyif, k8\* to the last 8 sts, sl 1 wyif, k7

**4XL:** make DS, k4, repeat \*sl 1 wyif, k8\* to the last 5 sts, sl 1 wyif, k4

### All Sizes

Place a marker and work in round

**Rnd 2:** k the k sts, ptbl the slip sts.

**Rnd 3:** k the k sts, sl 1 wyif the ptbl sts.

Work the sleeve by repeating rnds 2-3 while decrease every 3½" / 9cm a total of 4 times.

**Decrease round:** k2tog, work in pattern to the last 2, k2tog

Always k the first 2 and the last 2 sts.

If necessary, work the sleeve until 15" / 38cm from underarm or 2" / 5cm shorter than desired length.

> 54 (59, 59, 63) 66 (70, 70, 74) sts

### 2) Cuff

With the smaller needles decrease sts as follows:

**XS:** k2tog, k to the last 2 sts, k2tog

**S:** repeat \*k6, k2tog\* to the last 3 sts, k3

**M:** k2tog, k26, k2tog, k to the last 2 sts, k2tog

**L:** repeat \*k2tog, k7\* to the end

**XL:** repeat \*k2tog, k9\* to the end

**2XL, 3XL:** k7, k2tog, repeat \*k9, k2tog\*, k6

**4XL:** k6, k2tog, repeat \*k10, k2tog\* to the last last 6 sts, k6

> 52 (52, 56, 56) 60 (64, 64, 68) sts

Work 2x2 ribbing for 2" / 5cm by repeating \*k2, p2\*.

Turn the sleeve and work 3) Welt finish on page 15.

## 6. BUTTON BANDS

### 1) Left button band

With the smaller needles, RS facing, start from the neckline edge of the left front, pick up and knit about 2 sts for every 3 rows along the opening, then cast on 1 using backwards loop cast on. Make sure the total stitch count is a multiple of 4.

**R1 (WS):** sl 1 wyif, repeat \*p2, k2\* to the last 3 sts, p2, k1

**R2 (RS):** k3, repeat \*p2, k2\* to the last st, k1

Repeat rows 1-2 until you reach R11. Bind off.

### 2) Right button band

With the smaller needles, RS facing, start from the bottom of the right front, cast on 1, pick up and knit the same number of sts as the left button band.

**R1 (WS):** k1, repeat \*p2, k2\* to the last 3 sts, p3

**R2 (RS):** sl 1 wyib, k2, repeat, \*p2, k2\* to the last st, k1

Repeat rows 1-2 until you reach R11. Make buttonholes on R6.

#### Buttonholes

Place 4 locking stitch markers for buttonholes considering an additional buttonhole on the neckband later, adjust the spacing between buttonholes accordingly.

Work in pattern to m, make buttonhole by \*yarn over, k2tog(p2tog).

## 7. NECKBAND

### 1) Welt Stitch

With the smaller needles, RS facing, start from the right front, pick up and knit 8 sts across the button band, 24 sts to the back, 38 sts across the back neck, then the same number of sts for the other front. Make sure the total stitch count is a multiple of 4.

**R1-5:** work in stockinette st.

**R6(RS):** work in welt st picking up 5th below purl st. Do not bind off.

### 2) Neckband

If you want to make the neckband small, use US 6 size (Used in 2024 version).

**R1 (WS):** sl 1 wyif, repeat \*p2, k2\* to the last 3, p3

**R2 (RS):** sl 1 wyib, k2, repeat \*p2, k2\* to the last st, k1

Work a total of 11 rows by repeating rows 2-3. Make buttonhole on row 6.

For the turtleneck, work for 4-5" / 10-12cm.

## 8. FINISH

Sew the buttons on the left front leveled with the buttonholes, and weave in all ends.

Wash the cardigan, pin on a flat surface to dry taking extra care to ease the button band to shape.

# Contact us

Thank you for knitting with us.

If you have any queries regarding the pattern, please get in touch via email.

Website <https://soopknits.com>

Ravelry <https://ravelry.com/stores/soop-knits>

Instagram <https://instagram.com/soopknits>

Youtube <https://www.youtube.com/@Soopknits>



#SoopKnits

#AthensCardigan

#숄넛츠

#아테네가디건

ALL RIGHTS RESERVED (c) SOOP KNITS.

Personal use only – not for resale or distribution.



Sleeves 2021



Sleeves 2024



In the 2021 version, the neckband is worked first, followed by the button bands.