



ARATA

By Jennifer Steingass

Instagram @knit.love.wool #knitlovewool #aratasweater

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Notes: Arata is the Japanese word for new beginnings and fresh hope. Starting with a simple, rolled neckline, this top down sweater is knit seamlessly and in the round. A few short rows are worked to shape the shoulders and neck, then the stranded colorwork yoke is worked. Choose straight sleeves with fitted cuff or shaped sleeves with long cuff. This sweater is designed to have 5-8" / 12.5-20.5 cm of positive ease in the body and to have a fitted upper sleeve. Check the sleeve circumferences in the pattern to determine if you need to go up a size. This design is suitable for fingering or sport weight yarn. Choose 2 or multiple colors for your yoke. Charts are provided for either option.

SIZES: A (B, C, D)(E, F, G)(H, I): 39.25 (42, 45, 47.5)(51, 54, 58)(59.5, 62.5) inches / 98 (105, 112.5, 119)(127.5, 135, 145)(148.5, 156) cm finished bust circumference **to fit bust sizes:** 31.25-34.25 (34-37, 37-40, 39.5-42.5)(43-46, 46-49, 50-53)(51.5-54.5, 54.5-57.5) inches ; 78-85.5 (84.5-92, 92-99.5, 98.5-106.5)(107.5-115, 115-122.5, 124.5-132)(128.5-136, 136-143.5) cm

FINISHED MEASUREMENTS

Sizes listed in the schematic are *finished sweater measurements*. **Choose the size that is 5-8" / 12.5-20.5 cm larger than your actual bust circumference.** Shown with 7" / 18 cm positive ease

MATERIALS

Yarn:

einrum E+2 80% Icelandic Wool, 20% Mulberry Thai Silk 227 yds / 208 meters per 50g

2 color version:

MC: #1009 5 (6, 6, 6)(7, 7, 8)(8, 9) skeins

CC: #1002 1 (1, 1, 1)(2, 2, 2)(2, 2) skeins

4 color version:

MC: #1002, 5 (5, 5, 5)(6, 6, 7)(7, 8) skeins

CC1: #1008 1 (1, 1, 1)(2, 2, 2)(2, 3) skeins

CC2: #1001 1 (1, 1, 1)(2, 2, 2)(2, 3) skeins

CC3: #1009 1(1, 1, 1)(1, 1, 1)(1, 2) skeins

Yardage:

2 color version:

MC: 1100 (1200, 1300, 1400)(1500, 1600, 1700)(1800, 1900) yds / 1006 (1198, 1189, 1280)(1372, 1463, 1555)(1646, 1738) m

CC: 160 (170, 180, 190)(200, 210, 220)(230, 240) yds / 147 (156, 165, 174)(183, 192, 202)(211, 220) m

4 color version:

MC: 1000 (1100, 1200, 1300)(1400, 1500, 1600)(1700, 1800) yds / 914 (1006, 1198, 1189)(1280, 1372, 1463)(1555, 1646) m

CC1: #1008 140 (150, 160, 170)(180, 190, 200)(210, 220) yds / 129 (138, 147, 156)(165, 174, 183)(192, 202) m
CC2: CC2: 160 (170, 180, 190)(200, 210, 220)(230, 240) yds / 147 (156, 165, 174)(183, 292, 202)(211, 220) m

CC3: #1009 50(55, 60, 65)(70, 75, 80)(85, 90) yds / 46 (51, 55, 60)(64, 69, 74)(78, 83) m

Needles: needle sizes are only a suggestion – swatch to determine which needles you need to use to meet gauge

A: US 2 (2.75 mm) DPNs or 16" (40 cm) circular (neckline), matching set DPNs or long circular needle for magic loop (for straight sleeve cuff option).

B: US 3 (3.25 mm) DPNs or 32" (80 cm) long circular for magic looping long sleeve cuff, hem ribbing

C: US 4 (3.5 mm) DPNs or 32" (80 cm) long circular for body and magic looping sleeves, 40" (100 cm) or longer circular for body.

Notions:

Two different stitch markers, tapestry needle, waste yarn.

GAUGE

Body: 21 sts and 30 rnds = 4 inches (10 cm) in stockinette st, in the round, on larger needles, after blocking.

Note: You may need to go up a needle size larger than your body needle to get gauge for stranded colorwork yoke.

ABBREVIATIONS AND TECHNIQUES

BO: Bind off

BOR: Beginning of round

CC: Coordinating color

CO: Cast on

Dec: decrease

DPNs: Double pointed needles

German Short Rows:

https://www.youtube.com/watch?v=i_6Pjl20zKA

Inc: Increase

Inv-L: Invisible Increase Left: Slip one stitch from left needle purlwise, then pick up the left leg of the stitch in the row below the slipped stitch from behind and put it on left needle. Knit the lifted stitch through the back loop. 1 stitch increased.

K: Knit

K2tog: Knit two together (decrease)

M: Meters

MC: Main color

P: Purl

Pl: Place

PM: Place marker

Rem: Remain

Rnd / Rnds: Round, rounds

RS: Right side

SM: Slip marker

SSK: Slip, slip, knit (decrease) – slip stitch knitwise, slip stitch knitwise, knit the 2 sts just slipped through back loops.

St / Sts: Stitch, stitches

TBL: Through back loop

WS: Wrong side

Yds: Yards

DIRECTIONS

Starting at the neckline, this sweater is worked seamlessly from the top down. Short rows are added to shape the neckline and the stranded yoke is worked. The sleeves and body are separated and worked in the round and finished with a ribbed hem.

NECKLINE

With MC and size A circular needle, loosely CO 98 (100, 102, 104)(106, 108, 108)(108, 110) sts using long tail CO or your choice stretchy CO. Pl BOR marker and join to work in the round.

Knit 5 rnds even.

Switch to size C needle.

YOKE

For best results, use the Inv-L increases described in abbreviations section – this style of increase is nearly invisible and lays very flat. You can find a video here: <https://www.instagram.com/p/Bbf030SFbDi/>

Inc Set 1:

Size A: K4, (K8, Inv-L) 10 times, k4. (108 sts)

Size B: K1, (K6, Inv-L) 14 times, k1. (114 sts)

Size C: K6, (K5, Inv-L) 15 times, k6. (117 sts)

Size D: K4, (K5, Inv-L) 16 times, k4. (120 sts)

Size E: K2, (K5, Inv-L) 17 times, k2. (123 sts)

Size F: K2, (K4, Inv-L) 21 times, k1. (129 sts)

Size G: (K3, Inv-L) 27 times. (135 sts)

Size H: K4, (K2, Inv-L) 33 times, k5. (141 sts)

Size I: K4, (K2, Inv-L) 34 times, k4. (144 sts)

K 1 rnd even.

Short row shaping:

Use German Short rows, tutorial here: https://www.youtube.com/watch?v=i_6PjI20zKA

Short row 1 **(RS)** K32 (34, 35, 36)(37, 38, 40)(42, 43) sts. Turn. **(WS)** P to BOR. SM, p32 (34, 35, 36)(37, 38, 40)(42, 43) sts. Turn.

Short row 2 **(RS)** K to BOR. SM, k28 (30, 31, 32)(33, 34, 36)(38, 39) sts. Turn. **(WS)** P to BOR. SM, p28 (30, 31, 32)(33, 34, 36)(38, 39) sts. Turn.

Short row 3 **(RS)** K to BOR. SM, k24 (26, 27, 28)(29, 30, 32)(34, 35) sts. Turn. **(WS)** P to BOR. SM, p24 (26, 27, 28)(29, 30, 32)(34, 35) sts. Turn.

Short row 4 **(RS)** K to BOR. SM, k20 (22, 23, 24)(25, 26, 28)(30, 31) sts. Turn. **(WS)** P to BOR. SM, p20 (22, 23, 24)(25, 26, 28)(30, 31) sts. Turn.

Short row 5 **(RS)** K to BOR. SM, k16 (18, 19, 20)(21, 22, 24)(26, 27) sts. Turn. **(WS)** P to BOR. SM, p16 (18, 19, 20)(21, 22, 24)(26, 27) sts. Turn.

(RS) K to BOR.

(RS) K 1 full rnd, closing the short row gaps as they appear, with preferred method.

K 2 (2, 2, 2)(2, 2, 2)(3, 3) rnds even.

Inc Set 2:

(K2, Inv-L) to end. 144 (152, 156, 160)(164, 172, 180)(188, 192) sts.

K 2 (2, 2, 2)(2, 3, 3)(3, 3) rnds even.

Inc Set 3:

(Inv-L, k3) to end. 180 (190, 195, 200)(205, 215, 225)(235, 240) sts.

K 1 rnd.

Join CC1 and work rnds 1–52 of yoke chart on page 9 or 10, changing to longer circular needle when necessary. For optimal color dominance, make sure CC strand is to the left and the MC strand is to the right.

Upon completion of chart there will be 288 (304, 312, 320)(328, 344, 360)(376, 384) sts on your needles.

Measure yoke depth from center front. Knit even with MC until center front yoke depth measures 8.25 (8.25, 8.5, 9)(9, 9.5, 9.5)(10, 10)" / 21 (21, 21.5, 23)(23, 24, 24)(25.5, 25.5) cm long (not including rolled collar).

If you decide you would like your yoke depth to be a little bit shorter, you can omit rnds below the colorwork yoke. If your stranded yoke is slightly longer than indicated due to row gauge, just knit 1 rnd and proceed to separating body and sleeves, explained below.



Separate body and sleeves

K47 (50, 51, 53)(56, 59, 64)(65, 67) back sts. Slip 49 (52, 53, 53)(52, 54, 54)(57, 57) sleeve stitches to stitch holder or waste yarn.

CO 4 (5, 7, 9)(11, 12, 12)(12, 14) underarm sts with backward loop CO. Pl new BOR marker (original BOR marker will be removed after this rnd). CO 4 (5, 8, 9)(11, 12, 12)(13, 15) more underarm sts. 8 (10, 15, 18)(22, 24, 24)(25, 29) sts have been CO.

K95 (100, 103, 107)(112, 118, 128)(131, 135) front sts. Slip 49 (52, 53, 53)(52, 54, 54)(57, 57) sleeve stitches to stitch holder or waste yarn.

CO 8 (10, 15, 18)(22, 24, 24)(25, 29) underarm sts with backward loop CO K48 (50, 52, 54)(56, 59, 64)(66, 68) back sts. Remove original BOR marker. 206 (220, 236, 250)(268, 284, 304)(312, 328) body sts.

BODY

K in stockinette st to BOR marker. Work even until body measures 13" / 33 cm (approx. 98 rnds) from underarm CO edge, or 1" / 2.5 cm less than desired body length.

Sizes A and D only, K1, Inv-L, K until 2 sts before BOR, Inv-L, K1. 2 sts increased 208 (-, -, 252)(-, -, -)(-, -) sts

HEM**Option 1: 2x2 Ribbing to match tapered sleeve**

Switch to size B needle. Work even in k2, p2 rib for 1" / 2.5 cm. BO loosely in pattern.

Option 2: 1x1 ribbing to match straight sleeve

Knit even for 1 more inch / 2.5 cm, until body measures 14"/35.5 cm

Switch to size B needle. Work even in k1, p1 rib for 1" / 2.5 cm. Knit 4 rnds even in stockinette st.

BO loosely.

SLEEVES (Make 2)

Slip 49 (52, 53, 53)(52, 54, 54)(57, 57) sleeve sts from stitch holder to spare needle.

With RS facing, join MC at right end of underarm CO sts on body. With size C DPNs or long magic loop circular, starting at the gap before the right corner pick up and knit 5 (6, 7, 9)(12, 13, 14)(14, 18) sts, place BOR marker, pick up and knit 6 (6, 8, 10)(12, 13, 14)(15, 18) more sts from CO edge and gap in between armhole sts and gap before held sleeve sts. K to BOR. 11 (12, 15, 19)(24, 26, 28)(29, 36) armhole sts picked up. 60 (64, 68, 72)(76, 80, 82)(86, 93) total sleeve sts.

Sleeve option 1: straight sleeve with fitted cuff (as seen in grey sample): Knit even until sleeve measures 14.25"/ 36 cm (approx. 105 rnds) or 2"/ 5 cm less than desired final sleeve length.

Cuff decreases: Size A: (K1, K2tog) 20 times. 40 sts rem.

Size B: K2, (K1, K2tog) 20 times, k2. 44 sts rem.

Size C: K1, (K1, K2tog) 22 times, k1. 46 sts rem.

Size D: (K1, K2tog) 24 times. 48 sts rem.

Size E: K2tog, (K1, K2tog) 24 times, K2tog. 50 sts rem.

Size F: K1, (K1, K2tog) 26 times, K1. 54 sts rem.

Size G: K2tog, (K1, K2tog) 26 times, k2tog. 54 sts rem.

Size H: **Rnd 1:** K2tog, K18, K2tog, K18, K2tog, K to 2 sts before BOR, k3tog. 81 sts rem

Rnd 2: (K1, K2tog) 27 times. 54 sts rem.

Size I: **Rnd1:** (K1, K2tog) 31 times. 62 sts rem.

Rnd 2: K1 (K8, K2tog) 6 times, k1. 56 sts rem.

40 (44, 46, 48)(50, 54, 54)(54, 56) sts rem.

Sleeve option 1, straight sleeve: Switch to needle A and work in K1, P1 rib for 2"/ 5 cm even. Knit 4 rnds even and BO.

Sleeve option 2: Tapered with long cuff (gold sample):

Knit 4" / 10 cm even.

Begin sleeve shaping: Dec rnd: K4, K2tog, K until 6 sts before BOR. SSK. K to BOR. 58 (62, 66, 70)(74, 78, 80)(84, 91) sts rem.

Repeat dec rnd on every 11 (11, 8, 8)(6, 4, 4)(4, 3) rnds 5 (5, 7, 7)(9, 11, 12)(12, 14) more times. 48 (52, 52, 56)(56, 56, 56)(60, 63) sts rem.

Knit even until sleeve measures 10.75"/ 27.5 cm.

K2tog 4 (4, 4, 8)(8, 8, 8)(8, 7) times spaced evenly over the following rnd. 44 (48, 48, 48)(48, 48, 48)(52, 56) sts rem.

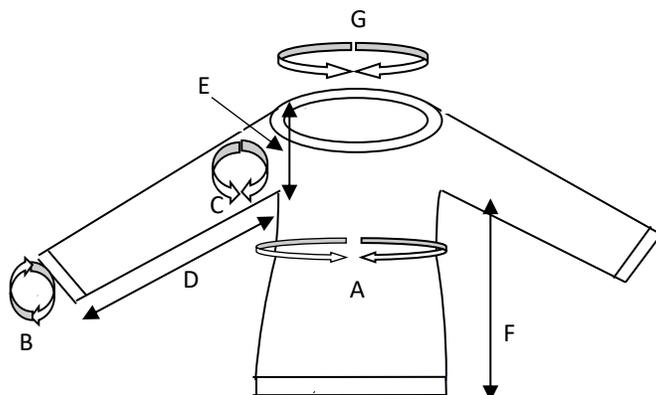
Cuff: switch to needle B and work in K2, P2 rib for 5.5"/ 14 cm even. BO in pattern.

FINISHING

Weave in ends. Block to desired measurements.



SCHEMATIC



A: Bust Circumference

39.25 (42, 45, 47.5)(51, 54, 58)(59.5, 62.5)" / 98 (105, 112.5, 119)(127.5, 135, 145)(148.5, 156)
 cm **finished bust circumference** to fit bust sizes: 31.25-34.25 (34-37, 37-40, 39.5-42.5)(43-46, 46-49, 50-53)(51.5-54.5, 54.5-57.5)" / 78-85.5 (84.5-92, 92-99.5, 98.5-106.5)(107.5-115, 115-122.5, 124.5-132)(128.5-136, 136-143.5) cm

B: Lower sleeve circumference

Option A – Balloon Sleeve: 7.5 (8.5, 8.75, 9.25)(9.5, 10.25, 10.25)(10.25, 10.75)" / 19 (21, 22, 23)(24, 25.5, 25.5)(25.5, 26.5) cm
 Option B – Long cuff: 8.5 (9.25, 9.25, 9.25)(9.25, 9.25, 9.25)(10, 10.75)" / 19 (21, 21, 23)(23, 23, 23)(25, 27) cm

C: Upper sleeve circumference

11.5 (12.25, 13, 13.75)(14.5, 15.25, 15.5)(16.5, 17.75)" / 28.5 (30.5, 32.5, 34.5)(36, 38, 39)(41, 44.5)cm

D: Sleeve Inseam

15- 16.25" / 38-40.5 cm

E: Yoke Depth, front

8.25 (8.25, 8.5, 9)(9, 9.5, 9.5)(10, 10)" / 20.5 (20.5, 21.5, 23)(23, 24, 24)(25.5, 25.5) cm

F: Body length

+/- 14" / 35.5 cm

G: Neckline Circumference

18.75 (19, 19.5, 19.75)(20.25, 20.5, 20.5)(20.5, 21)" / 46.5 (47.5, 48.5, 49.5)(50.5, 51.5, 51.5)(51.5, 52.5) cm

Yoke Chart (Multicolor version)

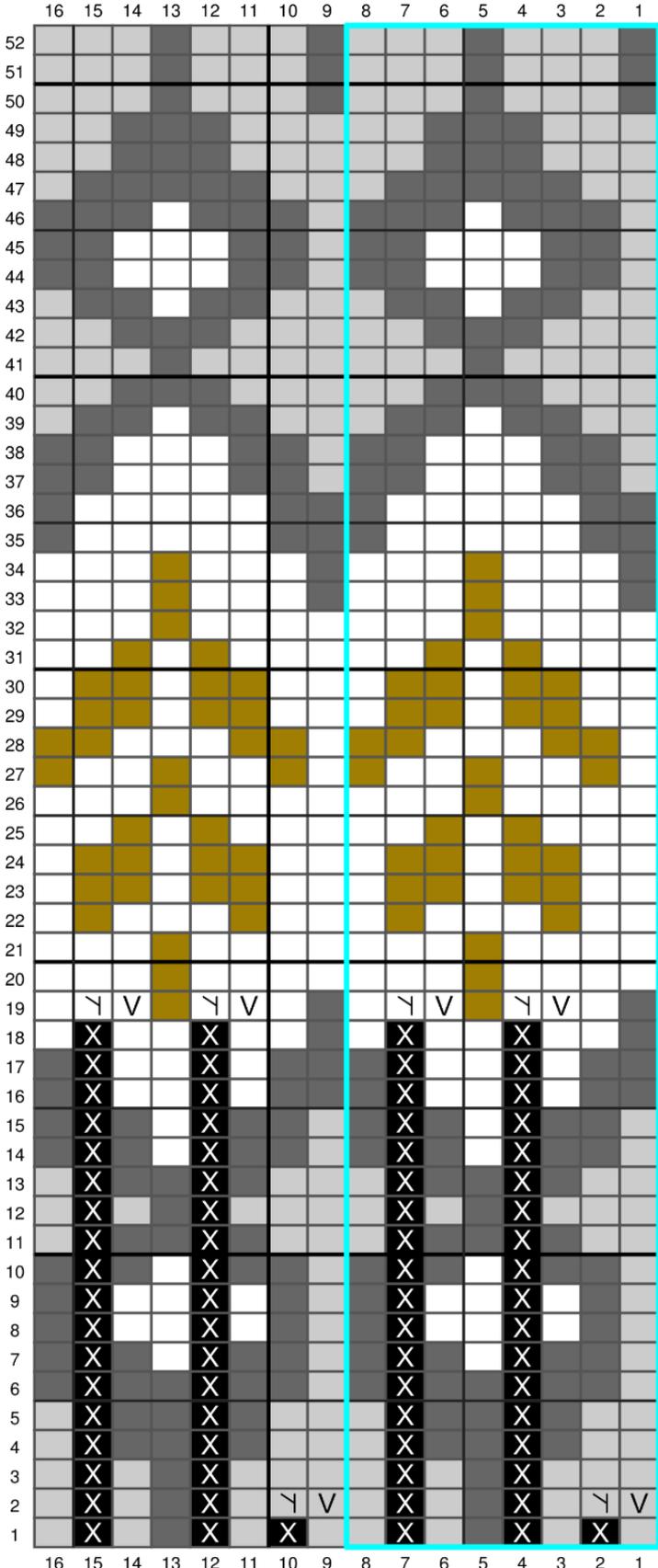


Chart notes:
 -Read chart from right to left.
 -For best results, use Inv-L increase.
 See video here:
<https://www.instagram.com/p/Bbf030SFbDi/?taken-by=knit.love.wool>
 -For optimal color dominance, always hold CC to the left and MC to the right.

-  MC
-  No stitch
-  CC1
-  CC2
-  CC3
-  Step 1 of Inv-L inc: Slip stitch purwise
-  Step 2 of Inv-L inc: Put left leg of st in row below slipped st on left needle. K lifted st TBL.

288 (304, 312, 320)(328, 344, 360)(376, 384) sts

216 (228, 234, 240)(246, 258, 270)(282, 288) sts

180 (190, 195, 200)(205, 215, 225)(235, 240) sts.

|-----REPEAT-----|

Yoke Chart (2-color version)

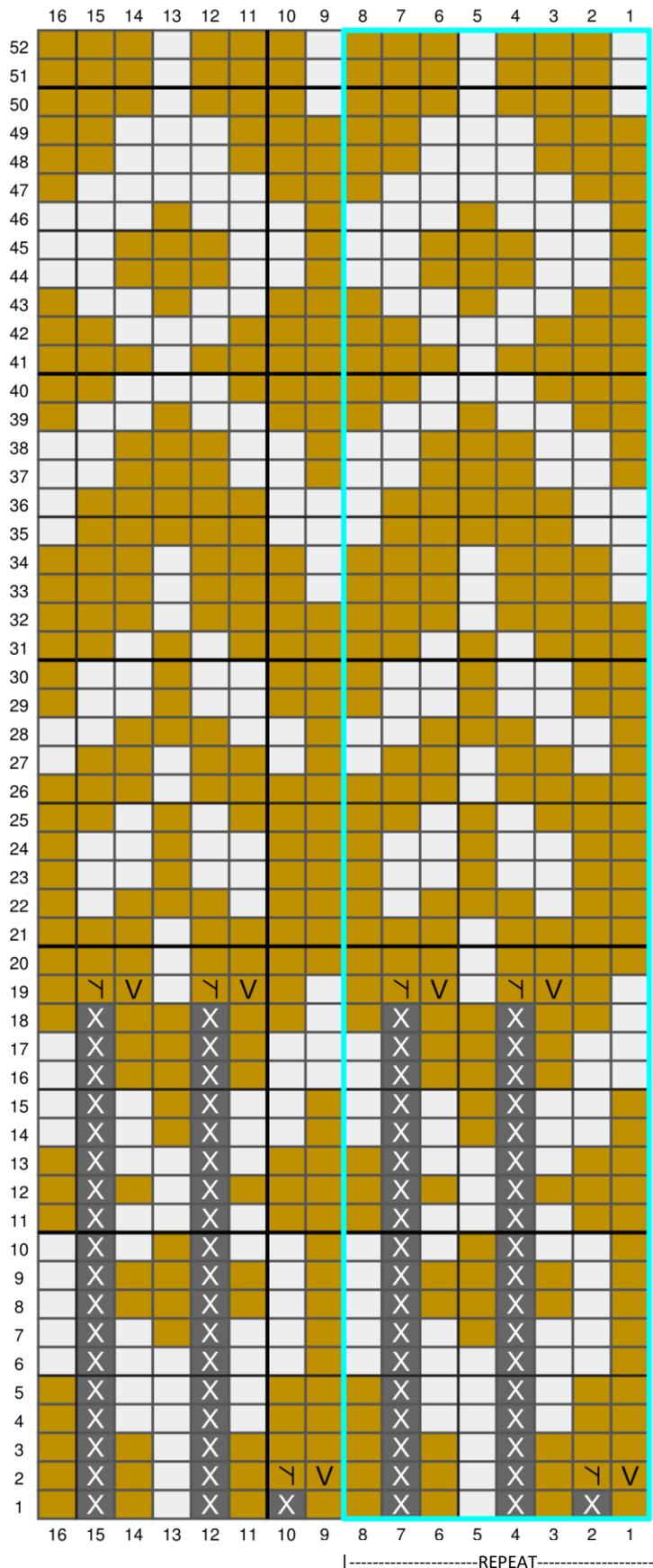


Chart notes:
 -Read chart from right to left.
 -For best results, use Inv-L increase.
 See video here:
<https://www.instagram.com/p/Bbf030SFbDi/?taken-by=knit.love.wool>
 -For optimal color dominance, always hold CC to the left and MC to the right.

-  MC
-  CC
-  No stitch
-  Step 1 of Inv-L inc: Slip stitch purlwise
-  Step 2 of Inv-L inc: Put left leg of st in row below slipped st on left needle. K lifted st TBL.

288 (304, 312, 320)(328, 344, 360)(376, 384) sts

216 (228, 234, 240)(246, 258, 270)(282, 288) sts
 180 (190, 195, 200)(205, 215, 225)(235, 240) sts.

|-----REPEAT-----|