



ANDREAS RUTHEMANN DESIGN

# MÅRVEJ SWEATER „MUSSELSTRIKKET“

## ABOUT

Mårvej Sweater is a cozy unisex sweater with a regular, relaxed fit and lots of refined details. Beginning with a shaped neckband and a yoke that includes twisted rib and a striking colourwork, the design includes a variety of techniques to keep you entertained. The signature feature of Mårvej Sweater are the sleeve stripes, connecting the colourwork of yoke and cuffs.

The minimalistic design is inspired by the typical decor and corrugated surface of the classic musselmalet dishes. The marled blue lines represent the hand-painted aspect of the decor while the ribbed yoke reminds of the rim of a plate.

This design is a tribute to my childhood holidays in a summerhouse in Mårvej in Ertebølle. A place that lit the spark for a love to Danish design and lifestyle.

ENGLISH | DEUTSCH | DANSK



**STURDY** (sample shown in CC Vintage Heather, Sapphire and Jay on MC Nougat and Putty)



**SOFT** (sample shown in CC Jeansblå and Midnatsblå on MC Askegrå)



### Fit

Mårvej Sweater has a regular, relaxed fit with about 8 cm / 3.1" of positive ease and is slightly cropped. Individual length can be adjusted (keep in mind that the amount of yarn will change).

### You can choose from two different versions:

the **sturdy** one with a crisp definition and sportive appeal for a walk by the stormy sea – or the **soft** lightweight version with a fluffy and blurry look for a cozy day in the city.

### Techniques

The sweater is worked top down, using, twisted rib, colourwork and crochet slip stitch.

### Skill level

Intermediate

### Abbreviations

BOR	beginning of round/row
CC	contrast colour
CO	cast on
DK	double knit
DS	double stitch
k	knit
k2tog	knit 2 sts together
ktbl	knit through back loop (twisted stitch)
m	marker
m1	make one new st using backwards loop CO
m1l	(make one left) lift the bar between the sts in the row below on the left needle, knit it tbl
m1r	(make one right) lift the bar between the sts in the row below on the left needle, twist it to the right and knit it through the front loop
MC	main colour
p	purl
p2tog	purl 2 together
pm	place marker
ptbl	purl through back loop (twisted stitch)
rnd/s	round/s
slm	slip marker
sl st	slip stitch
ssk	(slip slip knit) slip first stitch knit-wise, slip second stitch knit-wise, knit them together tbl
st/s	stitch/es
tbl	through the back loop
wyib	with yarn in back
wyif	with yarn in front

## INFO | SIZES

### STURDY VERSION

<b>Sizes</b>	1   2   3   4   5   6   7
Chest	92   100   108   117   128   140   152 cm 36   39   45.5   46   50   55   60 "
Full back length	61   64   65   68   69   70   71 cm 24   25   25.5   26.5   27   27.5   28 "
Sleeve length	45   46   47   48   49   50   51 cm 17.5   18   18.5   18.8   19.2   19.5   20 "

#### Notions

**Circular needles** in suitable lengths:

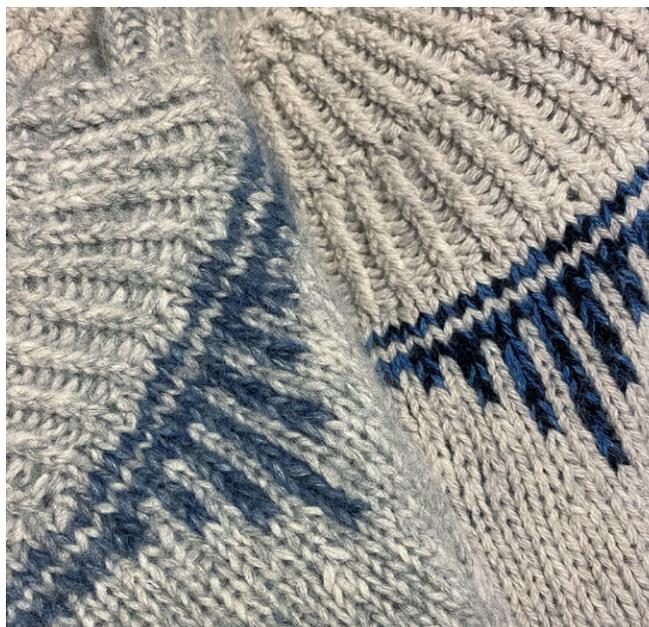
4,5 | 5,5 | 6,0 mm / US 7 | 9 | 10

These 3 needle sizes will be referred to as S, M and L throughout the pattern.

**Sock needles** in sizes L and S,  
**crochet hook** in size 6,0 mm / US 10,  
**stitch markers, tapestry needle, waste yarn.**

#### Gauge

13 sts x 21 r = 10 cm / 4" on needle size L  
in stockinette stitch after blocking.



### SOFT VERSION

<b>Sizes</b>	1   2   3   4   5   6   7
Chest	86   93   101   109   119   130   142 cm 34   37   40   43   47   51   56 "
Full back length	61   64   65   68   69   70   71 cm 24   25   25.5   26.5   27   27.5   28 "
Sleeve length	45   46   47   48   49   50   51 cm 17.5   18   18.5   18.8   19.2   19.5   20 "

#### Notions

**Circular needles** in suitable lengths:

5,0 | 6,0 | 7,0 mm / US 8 | 10 | 10.5

These 3 needle sizes will be referred to as S, M and L throughout the pattern.

**Sock needles** in sizes L and S,  
**crochet hook** in size 6,0 mm / US 10,  
**stitch markers, tapestry needle, waste yarn.**

#### Gauge

14 sts x 20 r = 10 cm / 4" on needle size L  
in stockinette stitch after blocking.

**For the soft version, it is highly recommended to knit a gauge swatch and possibly go up one size.**

## STURDY VERSION

### MC: 2 threads Holst Garn Supersoft

250 | 300 | 350 | 400 | 400 | 450 | 500 g  
 (5 | 6 | 7 | 8 | 8 | 9 | 10 cakes)  
 1255 | 1440 | 1815 | 2150 | 2290 | 2583 | 2870 m  
 1373 | 1575 | 1985 | 2351 | 2504 | 2825 | 3138 yds

### held tog with 2 threads Holst Garn Coast

200 | 200 | 300 | 300 | 350 | 350 | 400 g  
 (4 | 4 | 6 | 6 | 7 | 7 | 8 cakes)  
 1255 | 1300 | 1500 | 1900 | 2150 | 2400 | 2600 m  
 1373 | 1422 | 1640 | 2078 | 2351 | 2625 | 2843 yds

### CC: 2 threads Supersoft or Coast

a 50 | 50 | 50 | 50 | 50 | 50 | 50 g  
 (1 | 1 | 1 | 1 | 1 | 1 | 1 cake)  
 150 | 150 | 170 | 188 | 210 | 230 | 250 m  
 164 | 164 | 186 | 206 | 230 | 251 | 273 yds

### held tog with 2 threads Supersoft or Coast

b 50 | 50 | 50 | 50 | 50 | 50 | 50 g  
 (1 | 1 | 1 | 1 | 1 | 1 | 1 cake)  
 150 | 150 | 170 | 188 | 210 | 230 | 250 m  
 164 | 164 | 186 | 206 | 230 | 251 | 273 yds

### Recommended colours:

MC: Supersoft in Nougat or Almond with  
 Coast in Putty, Dove or Ecrú

CC: dark blues: Vintage Heather, Indigo (Supersoft)  
 Jay (Coast)

light blues: Sapphire, Cornflower (Supersoft)  
 California Blue (Coast)



## SOFT VERSION

### MC: CaMaRose Snefnug/Snefnug Natur

300 | 350 | 400 | 400 | 450 | 500 | 500 g  
 (6 | 7 | 8 | 8 | 9 | 10 | 11 balls)  
 660 | 715 | 825 | 850 | 915 | 1000 | 1100 m  
 722 | 782 | 902 | 930 | 1000 | 1094 | 1203 yds

### CC: CaMaRose Snefnug

a 50 | 50 | 50 | 50 | 50 | 50 | 50 g  
 (1 | 1 | 1 | 1 | 1 | 1 | 1 ball)  
 55 | 60 | 65 | 70 | 85 | 95 | 105 m  
 60 | 66 | 71 | 77 | 93 | 104 | 115 yds

### held tog with CaMaRose Midnatssol

b 25 | 25 | 25 | 25 | 25 | 25 g  
 (1 | 1 | 1 | 1 | 1 | 1 | 1 ball)  
 55 | 60 | 65 | 75 | 95 | 100 | 110 m  
 60 | 66 | 71 | 82 | 104 | 109 | 120 yds

### Recommended colours:

MC: Askegrå, Musegrå or Snehvid

CC: Jeansblå, Marineblå (Snefnug)

Midnatsblå, Azurblå, Dueblå (Midnatssol)

### BOTH VERSIONS:

In order to achieve the marled effect in CC,  
 combine a dark blue and a light blue thread.  
 This represents the handpainted aspect of the  
 blue musselmalet decor.

**TIP:** If you want to save the neck from wearing out by inserting a thin elastic, the line between neckband and yoke is always the best place for this. By stabilizing the base of the neckband, the sweater's weight won't be all hanging from the CO edge so the fit will be relaxed and the neckband won't be distorted.



## YOKE

### Shaped Neckband

Circular needles size S (40 cm or magic loop)  
Using MC, CO 58 (64, 70, 76, 80, 88, 96) sts plus one extra st. Join in the round by pulling the last st over the first st for an invisible transition, being careful not to twist the CO edge. There are 58 (64, 70, 76, 80, 88, 96) sts on your needles.  
Place BOR m to mark centre back and work 2 rnds in twisted rib \*p1, k1tbl\*.

The neck will now be shaped through German short rows within the ribbing:

- Row 1: work 15 (17, 19, 21, 23, 27, 31) st in pattern \*p1, k1tbl\*, ending with a purl st, turn.  
Row 2: slip the first st on right needle, pull yarn over to create a DS, work in pattern \*p1tbl, k1\*, slm, work 16 (18, 20, 22, 24, 28, 32) st in pattern \*p1tbl, k1\*, ending with a k st, turn.  
Row 3: slip the first st on right needle, pull yarn over to create a DS, work in pattern \*p1, k1tbl\* to 3 (3, 3, 3, 3, 5, 5) st before last DS, turn.  
Row 4: work as row 2, to 3 st before last DS, turn.  
Repeat last 2 rows once more = 6 short rows.  
Row 7: work in pattern \*p1, k1tbl\* until BOR.

Go on working in the round, working the DS like a p2tog. Work 2 (2, 2, 3, 3, 3, 3) rnds in twisted rib.

### Rib Section 1

Switch to circular needles size M.

Rnd 1: first increase rnd, using MC, \*k2, m1\*, 87 (96, 105, 114, 120, 132, 144) sts.

Rnd 2: knit all sts.

**Size 1 and 3:** m1 more for an even number of sts, 88 (96, 106, 114, 120) sts.

Rnd 3: work in twisted rib \*p1, k1tbl\*

Repeat last rnd 8 (9, 9, 10, 10, 11, 11) more times, resulting in 9 (10, 10, 11, 11, 12, 12) rnds in twisted rib in total.

### Rib Section 2

Rnd 1: second increase rnd, using MC, \*k3, m1\*, **Size 1 and 3:** m1 less for an even number of sts. 116 (128, 140, 152, 160, 176, 192) sts.

Rnd 2: knit all sts.

Rnd 3: Twisted rib \*p1, k1tbl\*

Repeat last rnd 8 (9, 9, 10, 10, 11, 11) more times, resulting in 9 (10, 10, 11, 11, 12, 12) rnds in twisted rib in total.

## INSTRUCTIONS | YOKE

### Colourwork Section

Switch to circular needles size L.

Rnd 1: third increase rnd, using MC, \*k4, m1\*,  
144 (160, 175, 190, 200, 220, 240) sts.

### Please note:

**Size 1 only:** in increase rnd, skip the last m1 to obtain correct number of sts for colourwork, 144 sts.

**Size 3 only:** in next rnd, make an additional m1 to obtain correct number of sts for colourwork, 176 sts.

**Size 4 only:** In next rnd, make two additional sts to obtain correct number of sts for colourwork, 192 sts.

Follow the yoke chart for your size. For catching the long floats, the Ladderback technique is recommended. This guarantees a flexible fabric with a neat RS.

After finishing the yoke chart, break CC yarn and replace it by a second strand of MC. Knit 1 rnd in MC, working the ladder sts ktbl with the second strand.

Set markers at the tip of the longest colourwork stripe on both shoulders. These 2 sts are the starting points of your sleeve stripes. From now on, these 2 marked sts will be purl sts.

Repeat last rnd once more. Break 2nd MC strand.



### LADDERBACK TECHNIQUE:

If you have to bridge more than 5 sts, start attaching the floats as follows:

- 1) k5 in MC, hold both yarns to the front.
- 2) With CC, p1tbl into the bar below (if you're holding yarn double, pick up from only 1 thread).

3) Holding both yarns to the back again, barring the new purl stitch to the WS, go on knitting in MC. Repeat every 5 sts. In every coming rnd, this CC st will be ptbl, holding both yarns to the front, then barring the float sts to the WS.

**IMPORTANT:** Stick to the count of \*5 sts, 1 ladder st\* throughout the rd. These ladder sts will turn into your increase sts in the next section.

4) To end the colourwork **yoke section**, break CC yarn and knit 2 additional rds in MC, working the float sts as ktbl with a second MC thread.

To end the long strands on **sleeve section**, when you come to a float st, k2tog with the following st, following the pattern. The Ladderback floats are tucked to the fabric now.

All the long floats will be invisible from the RS and the WS will look neat, too.

## INSTRUCTIONS | YOKE AND BODY

### Final Yoke Section

Rnd 1: fourth increase rnd, using MC, work all sts including the new MC float sts (these represent your increase sts now – \*k5, k1\*).

Remember to purl the 2 marked sleeve stripe sts.

**Size 1 and 3:** m1 st more for an even number of sts, 174 (192, 212, 230, 240, 264, 288) sts.

Work 10 (13, 13, 15, 15, 17, 17) more rnds straight until yoke measures 25 (27, 27, 29, 29, 31, 31) cm / 9.5 (10.5, 10.5, 11.5, 11.5, 12, 12) " at middle front from CO edge or suitable yoke depth.

The sleeve stripes sts will only be purled in MC. By doing so, you will create a vertical purl column, that you can crochet the CC lines into later. The CC stitches will sink into the column and create an even surface (instructions on following page).

### Separating Body and Sleeves

To define the correct spots for a perfectly symmetrical split, place 4 markers as follows: 1 m each 18 (20, 22, 24, 24, 26, 28) sts before and after both of your sleeve stripe sts.

Beginning at BOR (centre back), remove old BOR m, k to first m (right side back), put the next 37 (41, 45, 49, 49, 53, 57) sts on waste yarn (right sleeve), CO 5 (5, 5, 5, 6, 6, 6) sts, pm (new BOR), CO 5 (5, 5, 5, 6, 6, 6) sts, k to next marker, put the next 37 (41, 45, 49, 49, 53, 57) sts on waste yarn (left sleeve), CO 10 (10, 10, 10, 12, 12, 12) sts, k to new BOR.

Resulting in 120 (130, 142, 152, 166, 182, 198) sts for the body and 37 (41, 45, 49, 49, 53, 57) sts for each sleeve.

### BODY

Knit the 120 (130, 142, 152, 166, 182, 198) sts of the body in rounds in stockinette stitch until you reach a length of 28 (29, 30, 31, 32, 33, 34) cm / 11 (11.5, 11.8, 12, 12.5, 13, 13.4) " from armhole or about 6 (6,5, 6,5, 7, 7, 7,5, 7,5) cm / 2.3 (2.6, 2.6, 2.8, 2.8, 3, 3)" less than desired final length.

Switch to CC and k 1 rnd (optional).

Switch back to MC and k 3 rnds

(If you don't want the CC stripe, just k4 rnds in MC.)

Switch to needles size M and work in twisted rib \*k1tbl, p1\*. If you have an odd number of sts, p2tog at the end of the first rnd.

Continue for 9 (10, 10, 11, 11, 12, 12) rnds in total.

Bind off loosely in preferred method, working the sts as they appear.



**TIPS:** When picking up sts for the sleeves at the underarm, don't do it from the CO sts directly but from the gaps between them. So the transition from body to sleeve will remain invisible.

To avoid large underarm holes, pick up one st more than needed on each side of the CO sts and k them tog with the first and last CO st in the following rnd.



When binding off, I like to hold a larger sized needle in my right hand for a relaxed and stretchy bind-off edge.

## INSTRUCTIONS | SLEEVES

### SLEEVES

Shift sleeve sts from waste yarn back onto needles size L and start picking up sts from the armhole CO edge, starting in the middle (see tips on previous page).

Pick up and k5 (5, 5, 5, 6, 6, 6), k the 37 (41, 45, 49, 49, 53, 57) sleeve sts, pick up and k 5 (5, 5, 5, 6, 6, 6), pm for BOR, you have now 47 (51, 55, 59, 61, 65, 69) sts on your needles.

Rnd 1: k 23 (25, 27, 29, 30, 32, 34), p1, k 23 (25, 27, 29, 30, 32, 34).

Rnd 2: repeat rnd 1 once more.

#### Sleeve stripes

Cut off a thread of your CC yarn, measuring about 3 times the length of your arm (generously). You will now start to continue the stripe on top of each sleeve by crocheting CC sts into the purl column, following the description for crochet technique on the right.

Keep on crocheting the stripe as you go because it becomes more difficult the longer the sleeve gets. I did it with every decrease rnd.

#### CROCHET TECHNIQUE

##### Start a stripe

From RS, insert crochet hook into the last CC st and pull a loop of CC yarn from WS to RS.

##### Crochet a stripe

Now insert the hook into the first purl st above your loop and pull the yarn through the fabric and the first loop > 1 crochet sl st. Continue this way until you reach the last purl st of the column. Make sure to catch up with every decrease rnd.

##### Finish a stripe

In the next rnd (rnd 1 of colourwork), lift the CC crochet st up on the needles and k tog tbl with the purl st. You have created a seamless connection to the colourwork.



## INSTRUCTIONS | SLEEVES

### sleeve decreases

Rnd 3: k1, k2tog, k to 3 sts before m, ssk, k1. 2 sts decreased.

Repeat rnd 3 every 8 (8, 7, 7, 6, 5, 5) rnds 5 (6, 7, 8, 9, 10, 11) more times until you have 35 (37, 39, 41, 41, 43, 45) sts left on your needles.

If you want your sleeves to be shorter, you can reduce the number of rnds between the decreases, depending on desired length.

Knit straight until about 11,5 (12, 12, 12,5, 12,5, 13, 13) cm / 4.5 (4.7, 4.7, 4.9, 4.9, 5.1, 5.1) " before final sleeve length and finish the crochet stripe (see previous page).

If you are knitting with Snefnug yarn, add another 3 - 5 cm / 1 - 2" since sleeves will get shorter by washing and wearing.

Switch to colourwork, following the sleeve chart for your size. Here as well, the Ladderback technique is recommended for catching the long floats. After finishing the sleeve chart, break CC yarn and work 2 more rnds in MC.

Switch to needles size 5 and work in twisted rib \* k1tbl, p1\*. At the end of the first rnd, p2tog for an even number of 34 (36, 38, 40, 40, 42, 44) sts.

Continue for 9 (10, 10, 11, 11, 12, 12) rnds in total. Bind off loosely in preferred method, working sts as they appear.



## INSTRUCTIONS | FINISHING

### FINISHING

Weave in loose ends and gently wash or steam and block your finished sweater to dimensions. If you have knit with Snefnug, be extra cautious not to shrink or felt it.

**Wear your soft or sturdy  
Mårvej Sweater with pride!**



**TIP:** If you are holding your yarn double, separate the threads and weave in the ends in opposite directions so there will be no bumps.



# MÅRVEJ SWEATER | DETAILS STURDY

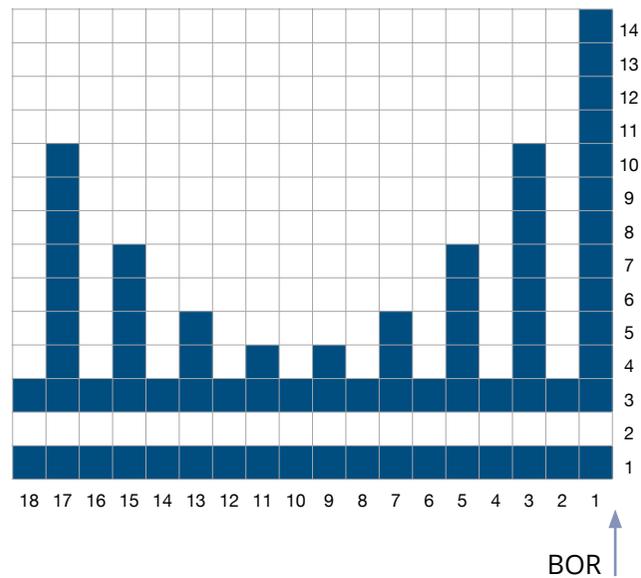


# MÅRVEJ SWEATER | DETAILS SOFT



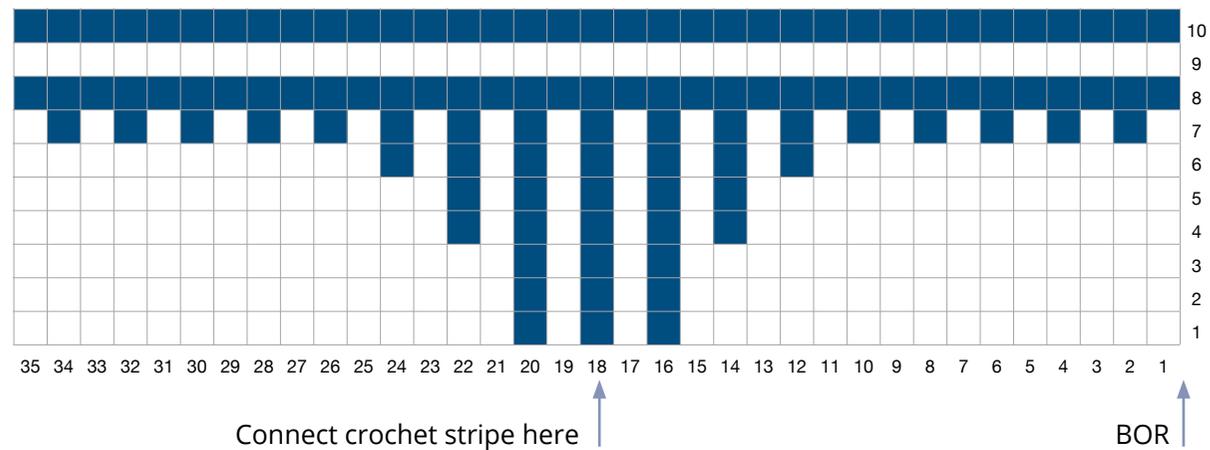
# COLOURWORK CHARTS | SIZE 1

## YOKE CHART | Size 1



The yoke chart will be repeated 8 times in total.  
 $8 \times 18 \text{ sts} = 144 \text{ sts}$  of colourwork section.

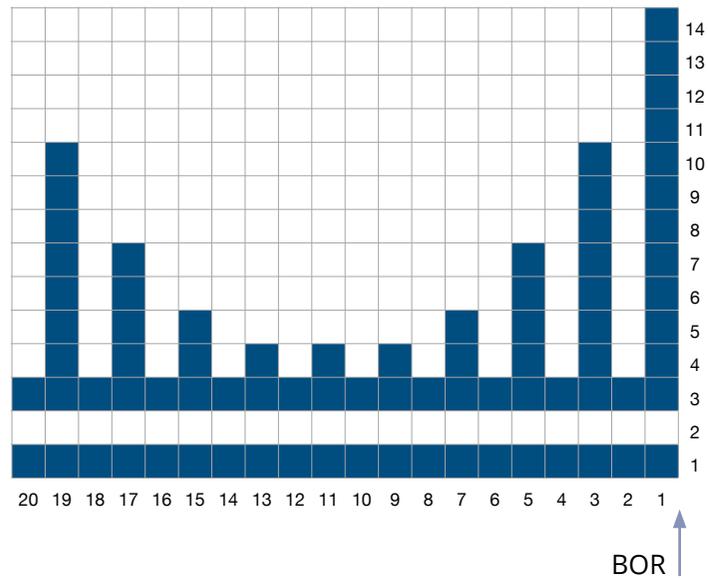
## SLEEVE CHART | Size 1



The sleeve chart will be knitted once = 35 final sleeve sts.

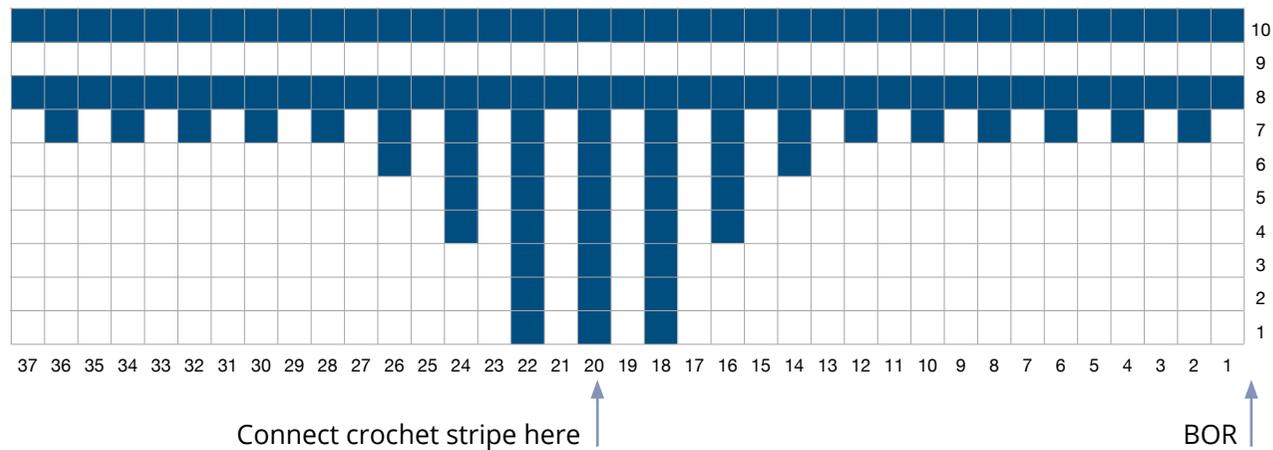
# COLOURWORK CHARTS | SIZE 2

## YOKE CHART | Size 2



The yoke chart will be repeated 8 times in total.  
 $8 \times 20 \text{ sts} = 160 \text{ sts}$  of colourwork section.

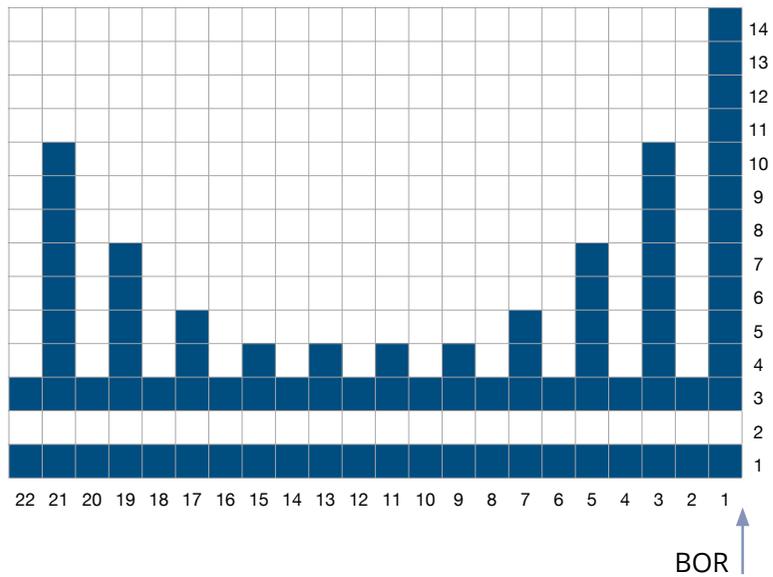
## SLEEVE CHART | Size 2



The sleeve chart will be knitted once = 37 final sleeve sts.

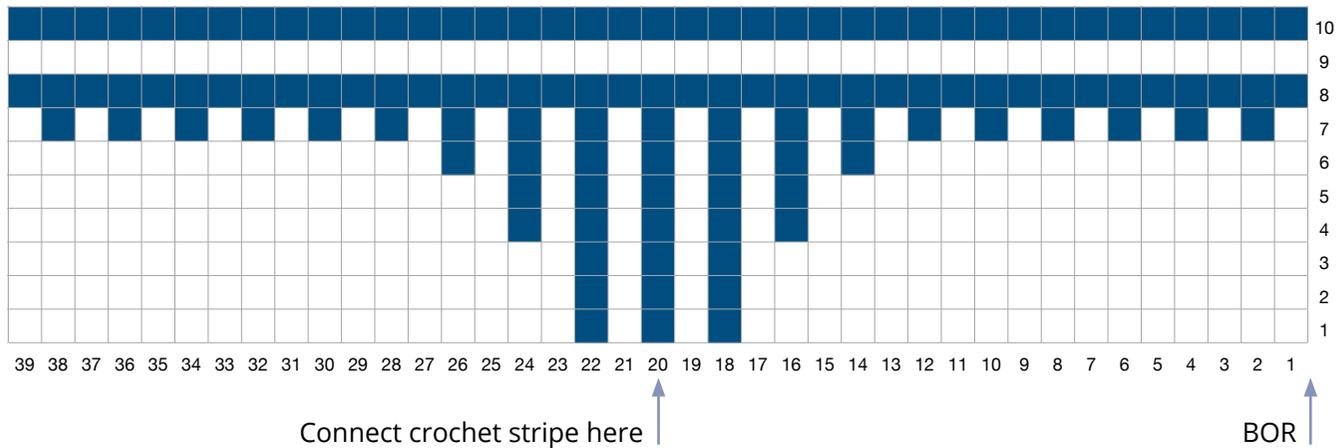
# COLOURWORK CHARTS | SIZE 3

## YOKE CHART | Size 3



The yoke chart will be repeated 8 times in total.  
 $8 \times 22 \text{ sts} = 176 \text{ sts}$  of colourwork section.

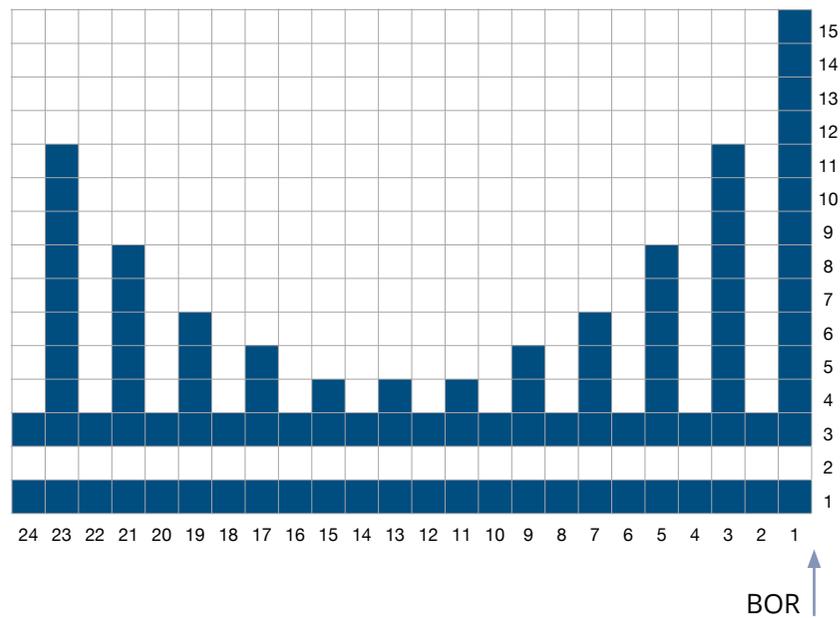
## SLEEVE CHART | Size 3



The sleeve chart will be knitted once = 39 final sleeve sts.

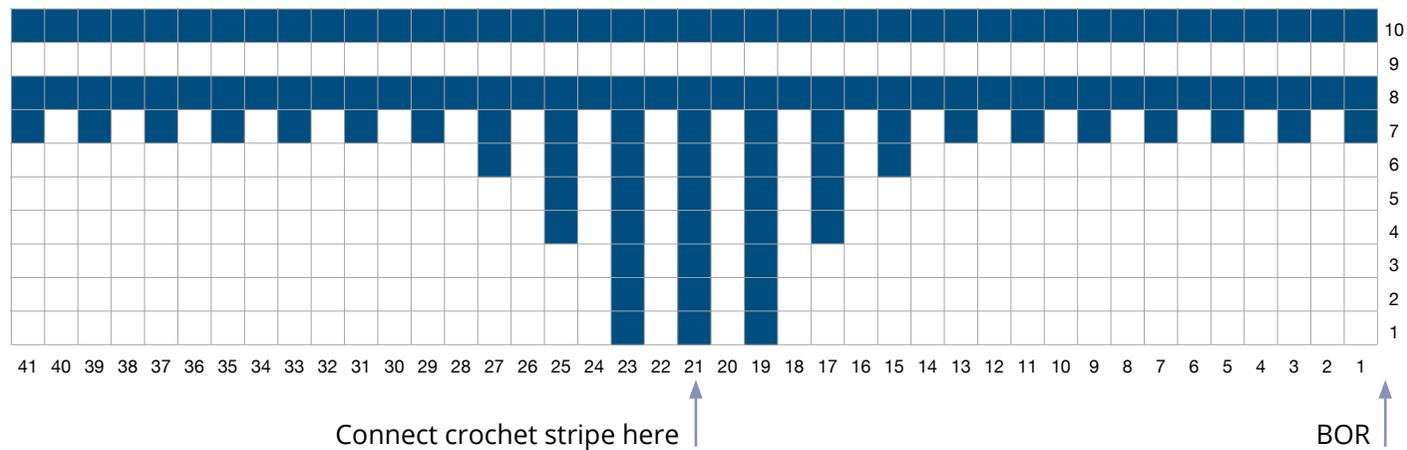
# COLOURWORK CHARTS | SIZE 4

## YOKE CHART | Size 4



The yoke chart will be repeated 8 times in total.  
 $8 \times 24 \text{ sts} = 192 \text{ sts}$  of colourwork section.

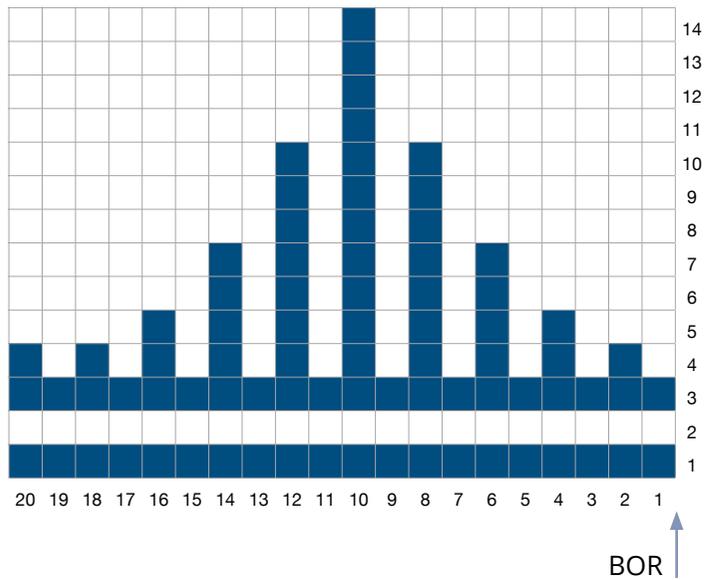
## SLEEVE CHART | Size 4



The sleeve chart will be knitted once = 41 final sleeve sts.

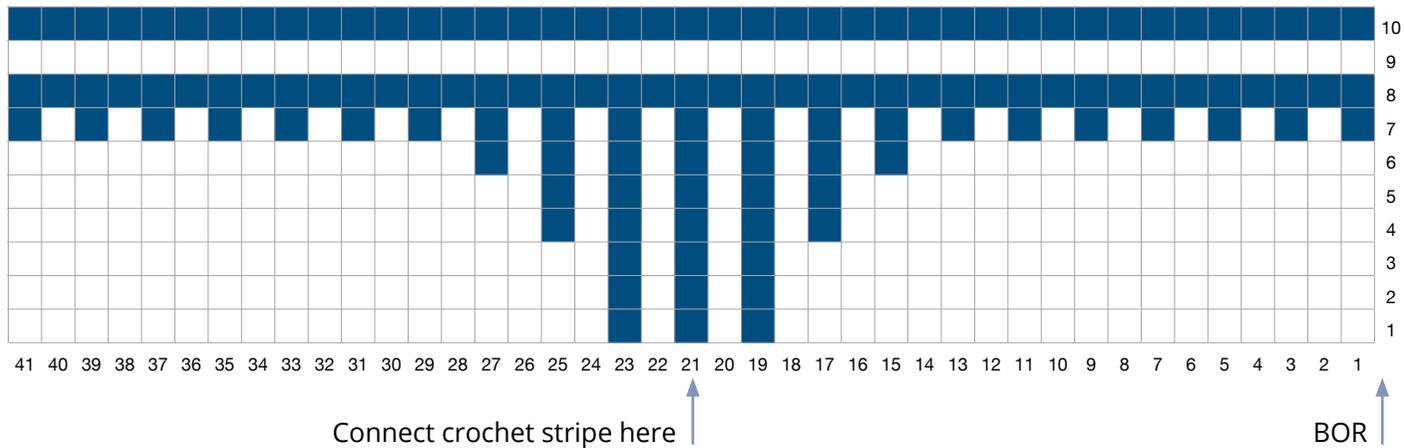
# COLOURWORK CHARTS | SIZE 5

## YOKE CHART | Size 5



The yoke chart will be repeated 10 times in total.  
 10 x 20 sts = 200 sts of colourwork section.

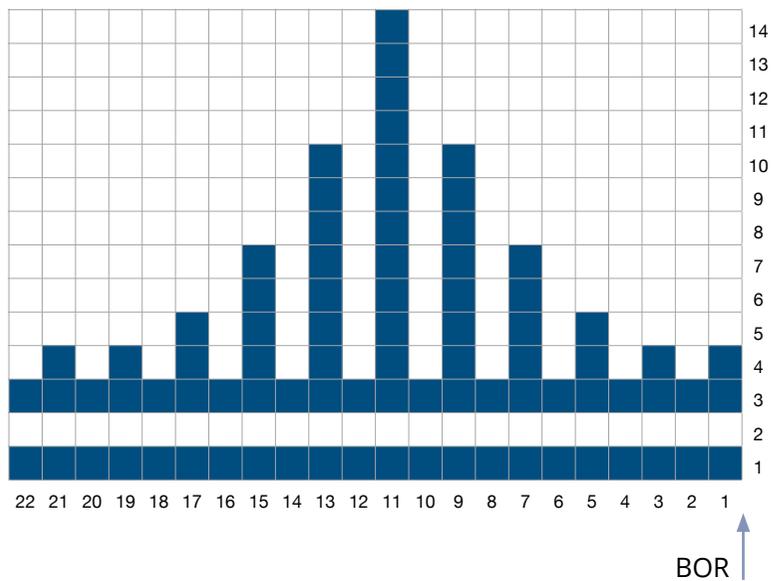
## SLEEVE CHART | Size 5



The sleeve chart will be knitted once = 41 final sleeve sts.

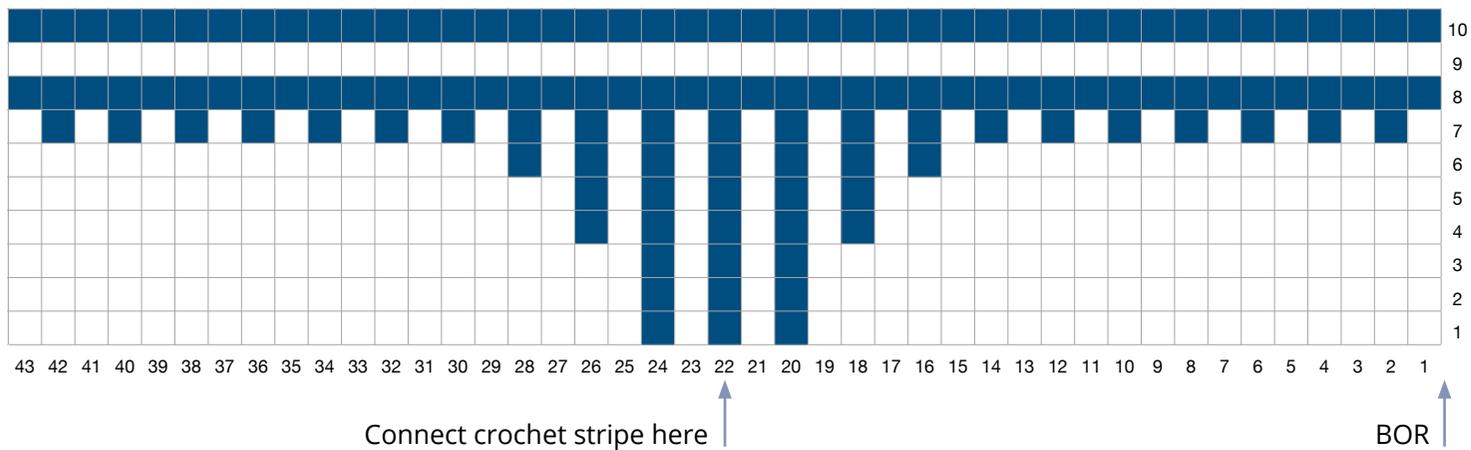
# COLOURWORK CHARTS | SIZE 6

## YOKE CHART | Size 6



The yoke chart will be repeated 10 times in total.  
 10 x 22 sts = 220 sts of colourwork section.

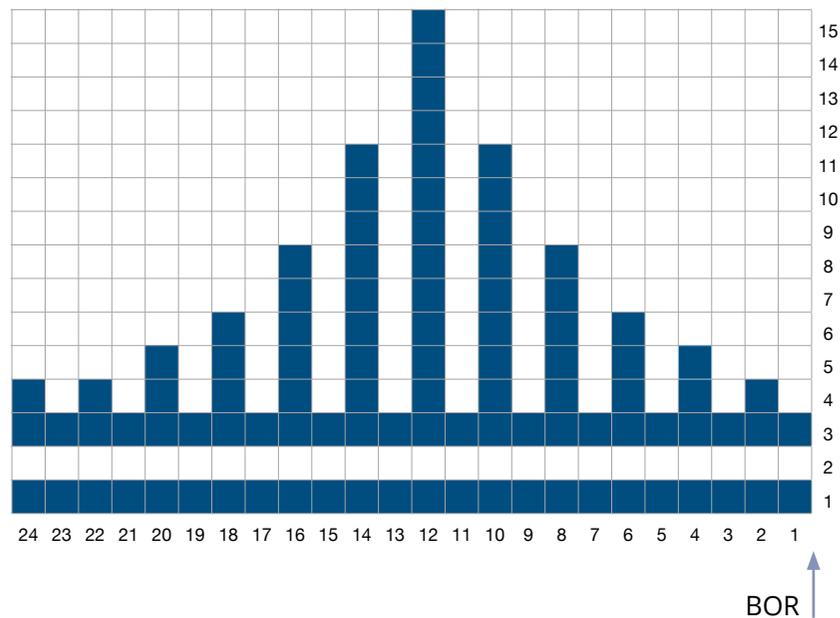
## SLEEVE CHART | Size 6



The sleeve chart will be knitted once = 43 final sleeve sts.

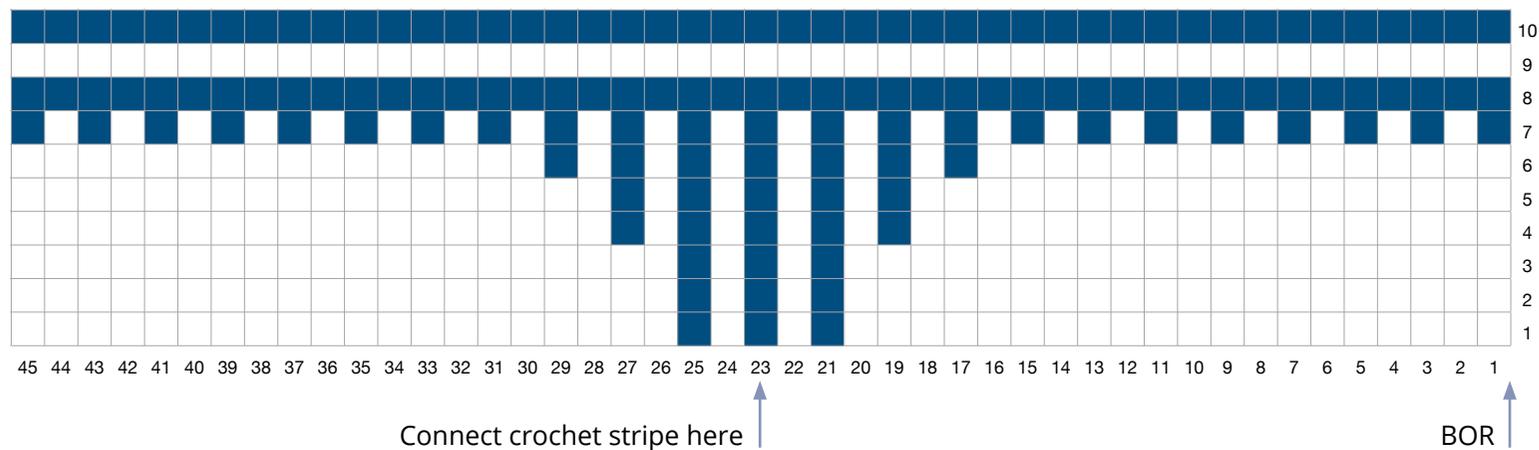
# COLOURWORK CHARTS | SIZE 7

## YOKE CHART | Size 7



The yoke chart will be repeated 10 times in total.  
 $10 \times 24 \text{ sts} = 240 \text{ sts}$  of colourwork section.

## SLEEVE CHART | Size 7



The sleeve chart will be knitted once = 45 final sleeve sts.

## THANKS AND SO | CORDIAL AND LEGAL

### ACKNOWLEDGEMENTS

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### LEGALS

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### THANK YOU!

