

FREMSTRIKK

440 – 4 Nordic Mix Sweater

2023

A magazine from
Rauma Garn

Laura Dalgaard Knit

Nordic Mix Sweater





This pattern is part of Fremstrikk 2023. Fremstrikk is a magazine from Rauma Garn made with the intention of promoting those who work with, engage in, and create using Norwegian wool. In Fremstrikk 2023 we have teamed up with six talented and inspiring designers. Each of them have created a pattern using one of our softest yarn qualities made from Norwegian wool, Fivel.

Laura Dalgaard designed the Nordic Mix Sweater for Fremstrikk. It is a sweater with colorwork patterns inspired by traditional knitting from the Nordic countries. "I am first and foremost inspired by the yarn, that is Fivel. I wanted to create a mash-up of various traditional patterns and give them new life," Laura says. She found old pictures of knitted sweaters, cut them apart, and glued them back together to create a sweater with different patterns.

Laura also made a swatch with traditional patterns that included a leopard pattern to break it up a bit. But it wasn't enough. It had to be more unique. She then tried to blend the different patterns together. That's when it started to resemble what she had envisioned.

NORDIC MIX SWEATER

440 - 4

ABOUT

A boxy sweater with a patchwork of traditional Nordic knitting patterns.

SIZES

XS (S) M (L) XL (XXL) XXXL

MEASUREMENTS FINISHED GARMENT

Bust circumference: 102 (109) 116 (122) 129 (136) 142 cm.

Full length: 59 (61) 61 (62) 62 (63) 65 cm

Sleeve length: 48 (48) 47 (46) 45 (44) 43 cm

YARN

Rauma Fivel

YARN QUANTITY

Color 1: 5 (6) 6 (7) 7 (8) 9 skeins

Color 2: 5 (6) 6 (7) 7 (8) 9 skeins

COLORS

Color 1: Fivel 21 – Blå

Color 2: Fivel 01 – Natur

GAUGE

18 sts x 20 rows = 10 x 10 cm in pattern on needle 5 mm

To make sure you meet gauge you should make a swatch. Use a part of the sleeve or body chart and knit in the round to make sure you get the correct result. It is important to meet gauge to get the given measurements.

SUGGESTED NEEDLE

Circular needle 5 mm (40 + 80-100 cm)

ABBREVIATIONS

sts = stitches

K = knit

p = purl

K2tog = knit 2 stitches together

ssk = slip, slip, knit: Slip 2 sts from left to right-hand needle, one by one, as if you were to K. Place them back on the left-hand needle and knit 2 sts together through the back loop.

IMPORTANT! The sweater is knit from the bottom up in the round. You will steek and cut openings for sleeves.

The different sizes have different charts. While knitting stranded color work it is important to keep your floats loose and trap them when there are long jumps between

colors. I recommend a maximum of 3 stitches between every trapping. I also recommend pulling on your work when you change color to get an even tension throughout. If it is uneven I recommend using a steam iron (letting it float above your work, no touching the garment) and pulling your knit fabric to get an even tension. You can find numerous of videos on YouTube about stranded colorwork, steaming, steeking and cutting. This sweater does not have any hem ribbing. If the hems roll up you should steam them in place.

PATTERN

BODY

Cast on 184 (196) 208 (220) 232 (244) 256 sts using needle 5 mm and color 1. Place marker for beginning of round, and place a second marker after 92 (98) 104 (110) 116 (122) 128 sts.

Knit stockinette in the round following chart. The chart is repeated on the front and back. I recommend placing a marker between the different patterns to make it easier to follow.

On round 80 (82) 80 (82) 80 (80) 80 in the chart you will cast off for sleeves as follows: Cast off 3 sts, knit chart until 3 sts remain before second marker, cast off 3 sts, slip marker and cast off 3 more sts, knit chart until 3 sts remain, cast off the last 3 sts. Break yarn and pull it through the last st.

On the next round you will cast on 6 new sts where you cast off on the last round as follows:

Cast on 6 sts on right needle alternating between color 1 and color 2 (these new stitches will be incorporated in the chart on your next rounds). Knit chart to next cast-off-edge and cast on 6 stitches in the same way. Knit chart to end of round. Place markers back in the middle of your increase sts.

Continue to knit stockinette in the round following chart. On round 118 (121) 121 (124) 124 (127) 130 you will cast off the 6 sts by the sleeves and set the middle front sts to the side to shape for neck line as follows: Cast off 3 sts, *K 25 (28) 31 (34) 35 (38) 41 sts following chart, place marker, K 36 (36) 36 (36) 40 (40) 40 sts following chart and place them on a thread to knit later, K 25 (28) 31 (34) 35 (38) 41 sts following chart*, cast off 6 sts, repeat *-*, cast off the last 3 sts.

SHOULDER SEAMS

Use color 1 and knit the shoulder seams together from the wrong side: Start by placing every other stitch from the front piece and the back piece on the same

needle. Then knit 2 stitches together while also casting off. This means you will knit together 1 stitch from the front and 1 stitch from the back and this will make the shoulder seam.

COLLAR

Place the stitches you set aside on the front and back onto a needle to knit in the round = 72 (72) 72 (72) 80 (80) 80 sts. Knit in stockinette following the established striped pattern until the collar measure about 6 cm. K 1 round with color 1. Cast off with color 1 as follows: K2, *move the 2 sts from right- to left-hand needle and knit them together through the back loop, K1* repeat *-* until all sts are cast off. This is an elastic cast-off.

STEEKING

Before you cut open for sleeves you need to secure your fabric by crocheting or sewing. If you have not done this before you should look up some videos on YouTube.

SLEEVES

Start by the underarm and use color 1 to pick up and knit 66 (70) 72 (76) 80 (84) 86 sts around the sleeve opening. Place stitch marker for beginning of round and knit stockinette in the round following the chart. On row

8 (7) 6 (8) 5 (5) 5 in the chart you decrease as follows: K1, K2tog, K to 3 sts remain, ssk, K1. Continue with decreases a total of 7 (8) 8 (9) 10 (11) 12 times = 52 (54) 56 (58) 60 (62) 62 sts.

When you are done knitting the chart, finish off by knitting 1 round with color 1. Cast off the same way you did on the collar.

Knit the other sleeve the same way.

FINISHING TOUCH

Fasten all loose ends and steam or wash the sweater.

HAPPY KNITTING!

Please tag us in images shared on Instagram using **#nordicmixsweater**, **#fremstrikk2023**, **@lauradalgaardlaura** and **@raumagarn** so we can admire your work.

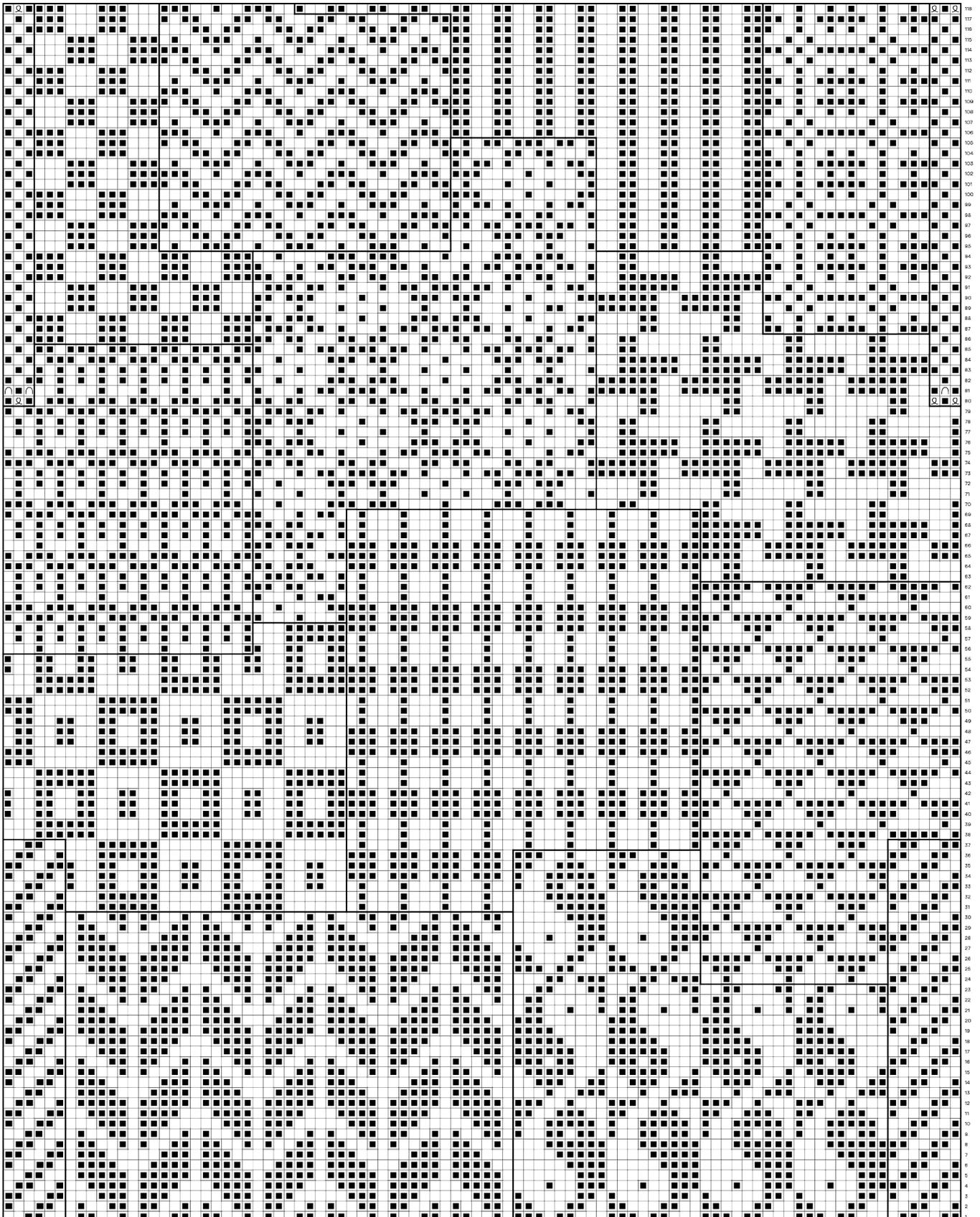
www.lauradalgaard.com

Instagram: [lauradalgaardlaura](https://www.instagram.com/lauradalgaardlaura)

Nordic Mix Sweater

Chart body XS:

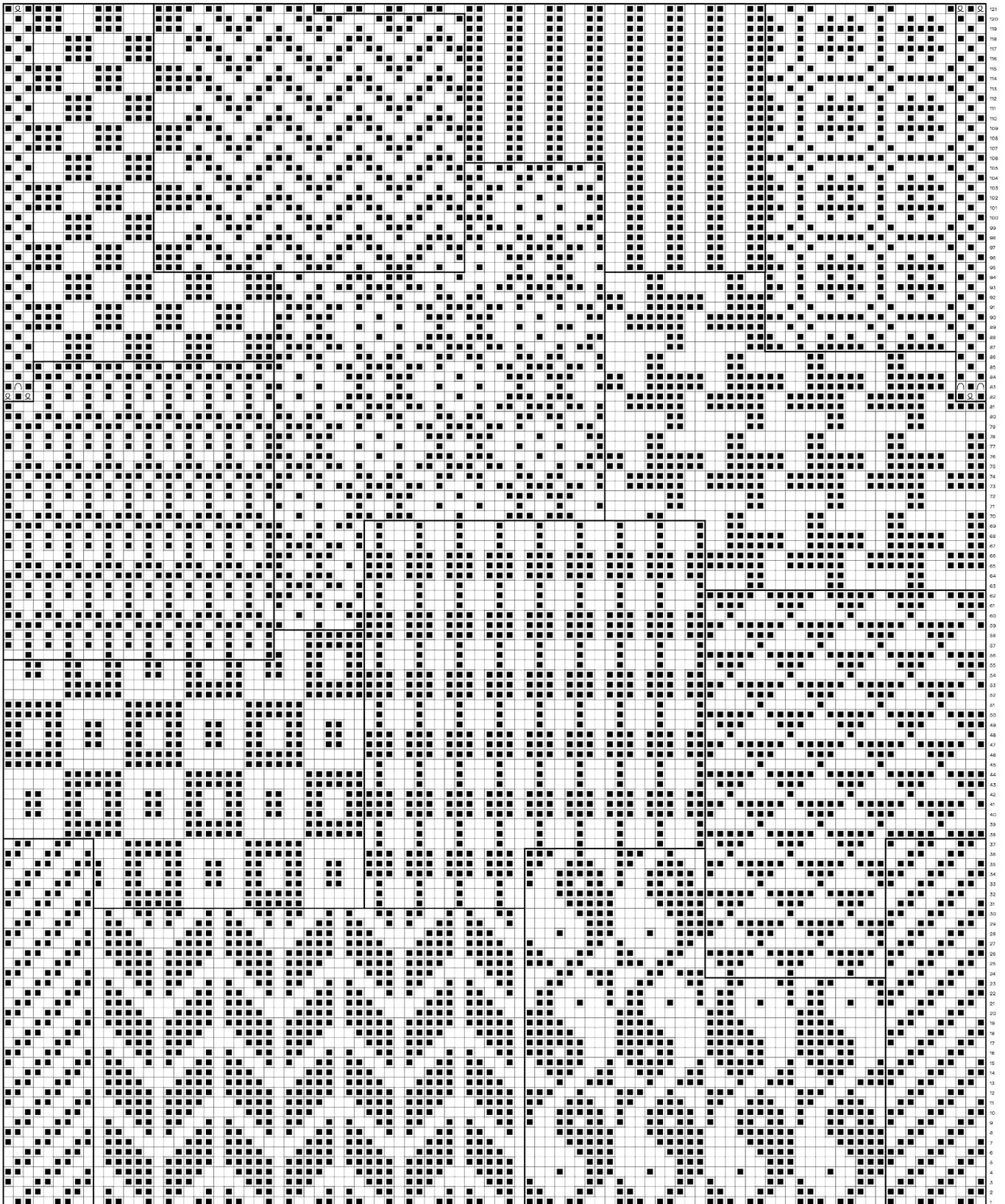
- | | | | |
|---|-------------------------|---|-------------------------|
| ■ | = color 1 | ☒ | = Cast off with color 2 |
| □ | = color 2 | ☑ | = Cast on with color 1 |
| ⊖ | = Cast off with color 1 | ⊕ | = Cast on with color 2 |



Nordic Mix Sweater

Chart body S:

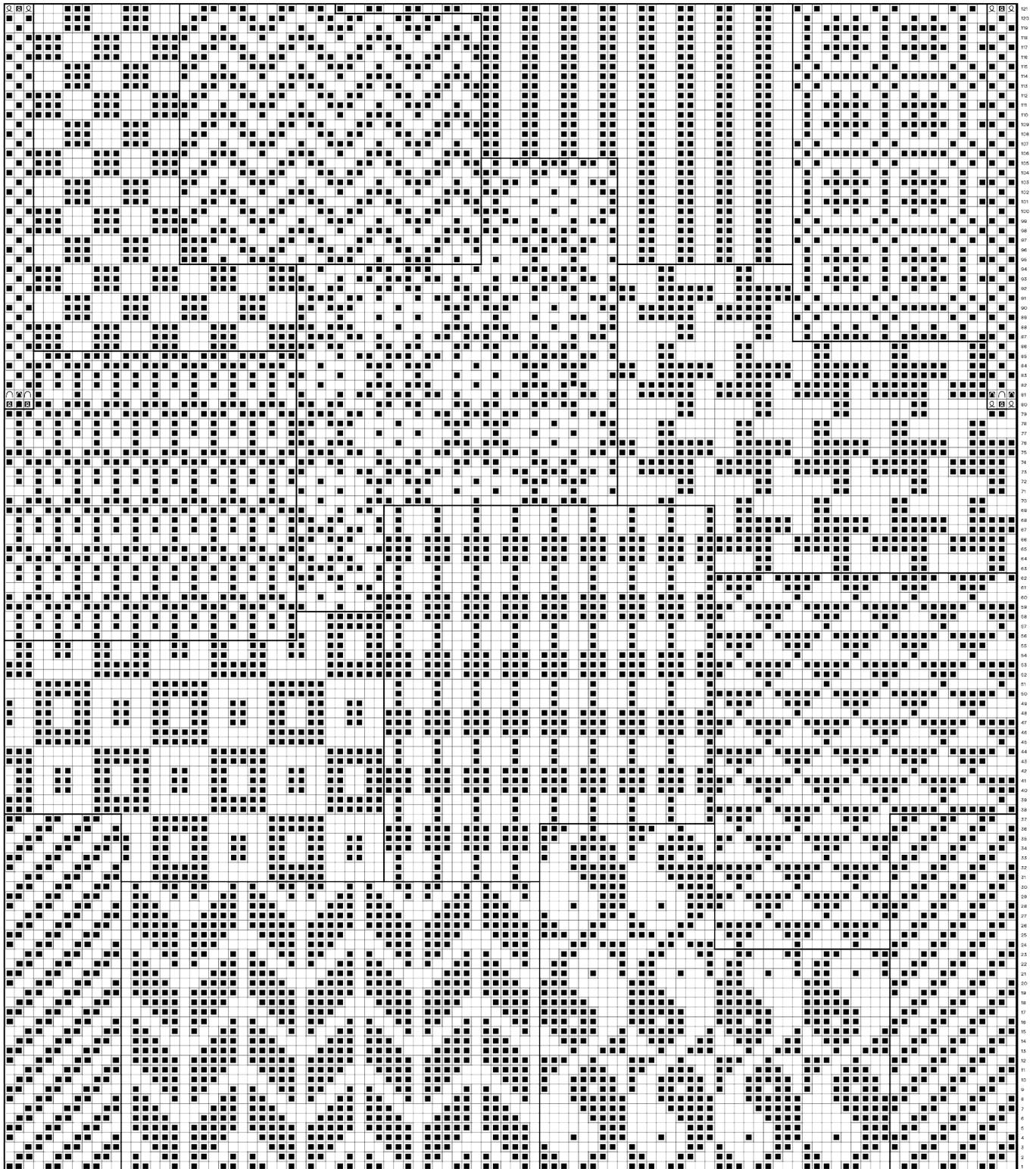
- = color 1
- = color 2
- ⊠ = Cast off with color 1
- ⊡ = Cast off with color 2
- ⊞ = Cast on with color 1
- ⊟ = Cast on with color 2



Nordic Mix Sweater

Chart body M:

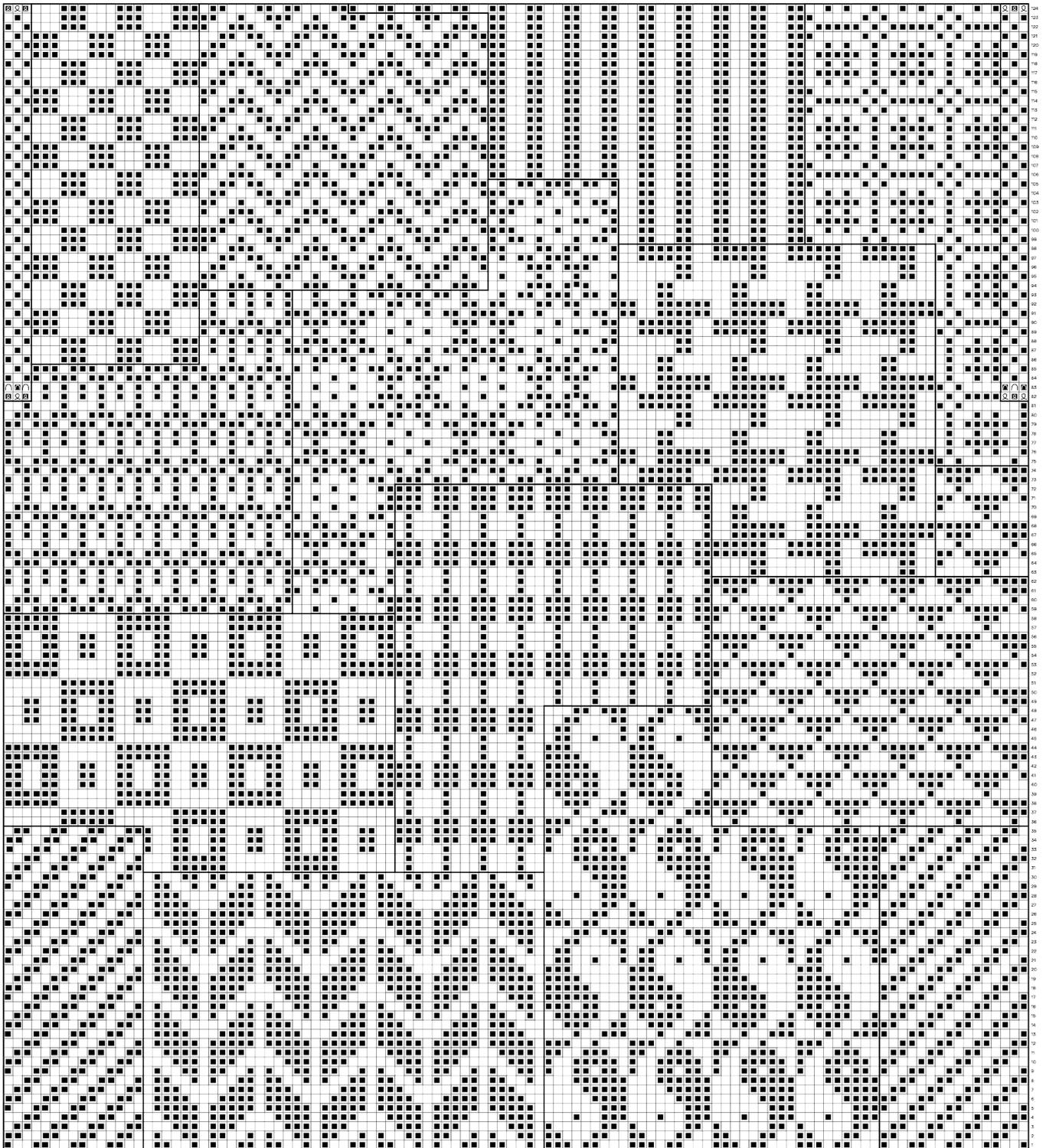
- = color 1
- = color 2
- ⊠ = Cast off with color 1
- ⊡ = Cast off with color 2
- ⊞ = Cast on with color 1
- ⊟ = Cast on with color 2



Nordic Mix Sweater

Chart body L:

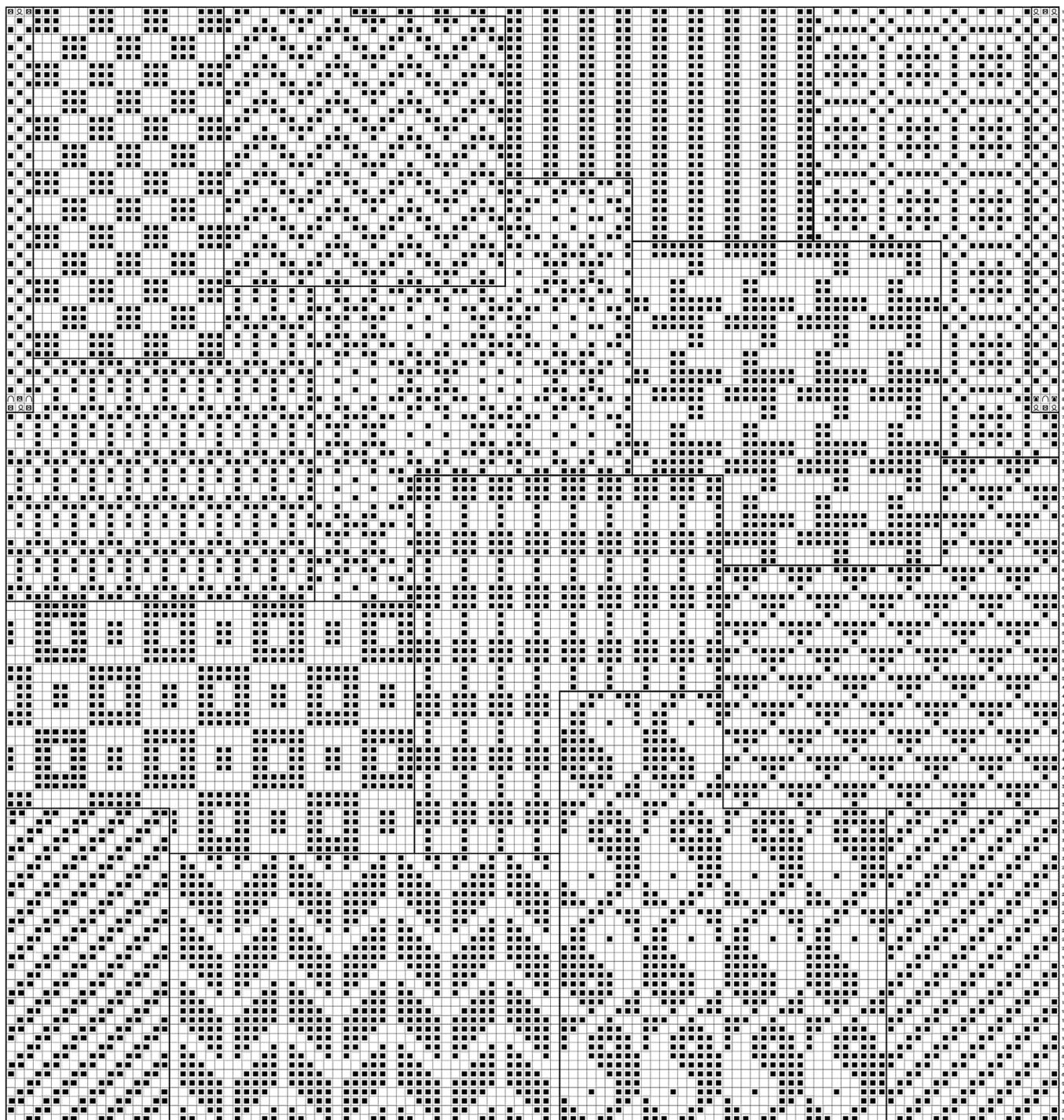
- = color 1
- = color 2
- ⊠ = Cast off with color 1
- ⊡ = Cast off with color 2
- ⊞ = Cast on with color 1
- ⊟ = Cast on with color 2



Nordic Mix Sweater

Chart body XL:

- = color 1
- = color 2
- ⊠ = Cast off with color 1
- ⊡ = Cast off with color 2
- ⊞ = Cast on with color 1
- ⊟ = Cast on with color 2



Nordic Mix Sweater

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Chart body XXL:

- | | | | |
|---|-------------------------|---|-------------------------|
| ■ | = color 1 | ☒ | = Cast off with color 2 |
| □ | = color 2 | ☑ | = Cast on with color 1 |
| ⊖ | = Cast off with color 1 | ⊕ | = Cast on with color 2 |

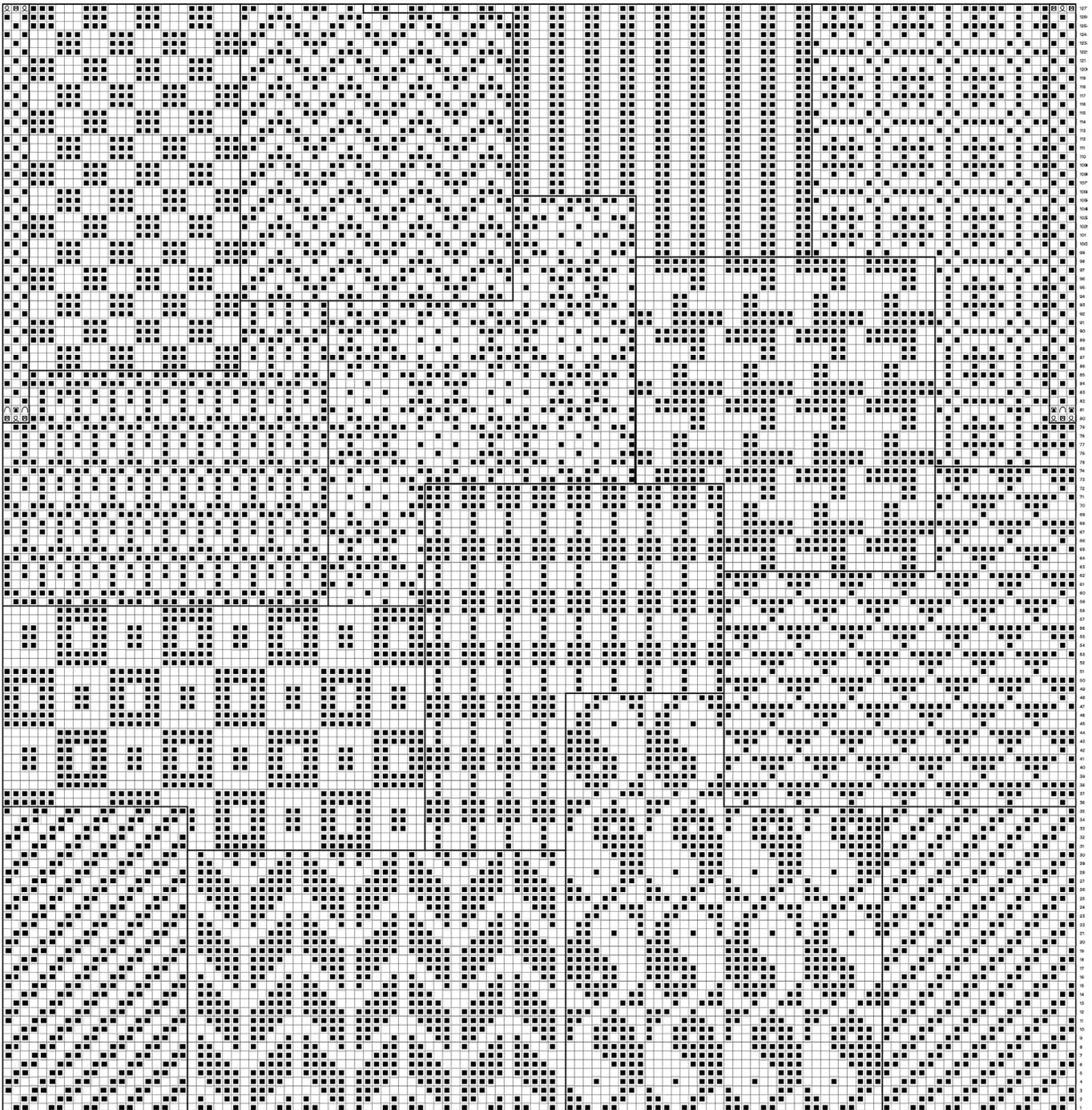
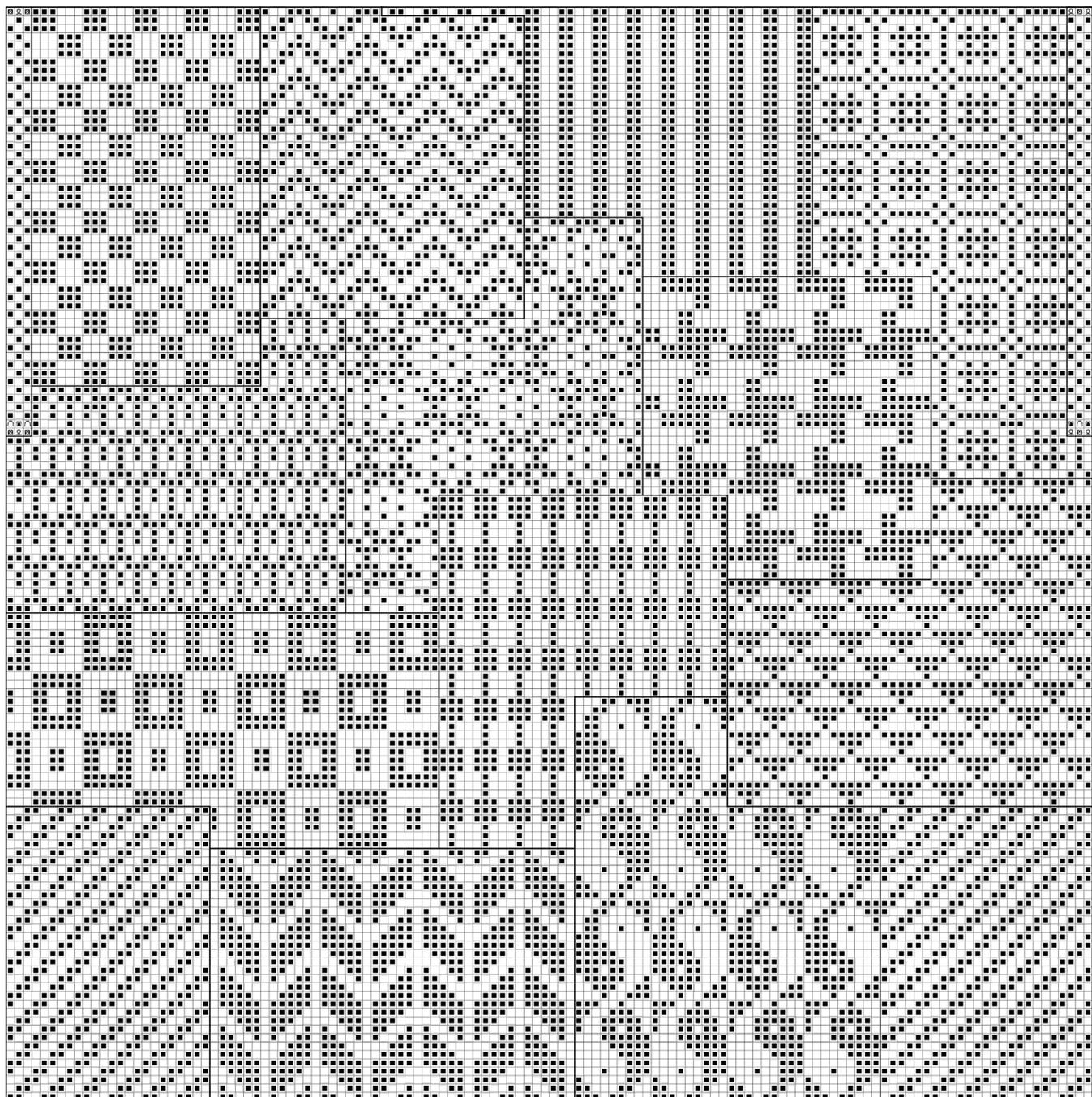


Chart body XXXL:

- | | | | |
|---|-------------------------|---|-------------------------|
| ■ | = color 1 | ☒ | = Cast off with color 2 |
| □ | = color 2 | ☑ | = Cast on with color 1 |
| ⊖ | = Cast off with color 1 | ⊕ | = Cast on with color 2 |



Nordic Mix Sweater

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Chart sleeve XS, S, M and L:

- = color 1
- = color 2
- = XS

- = S
- = M
- = L

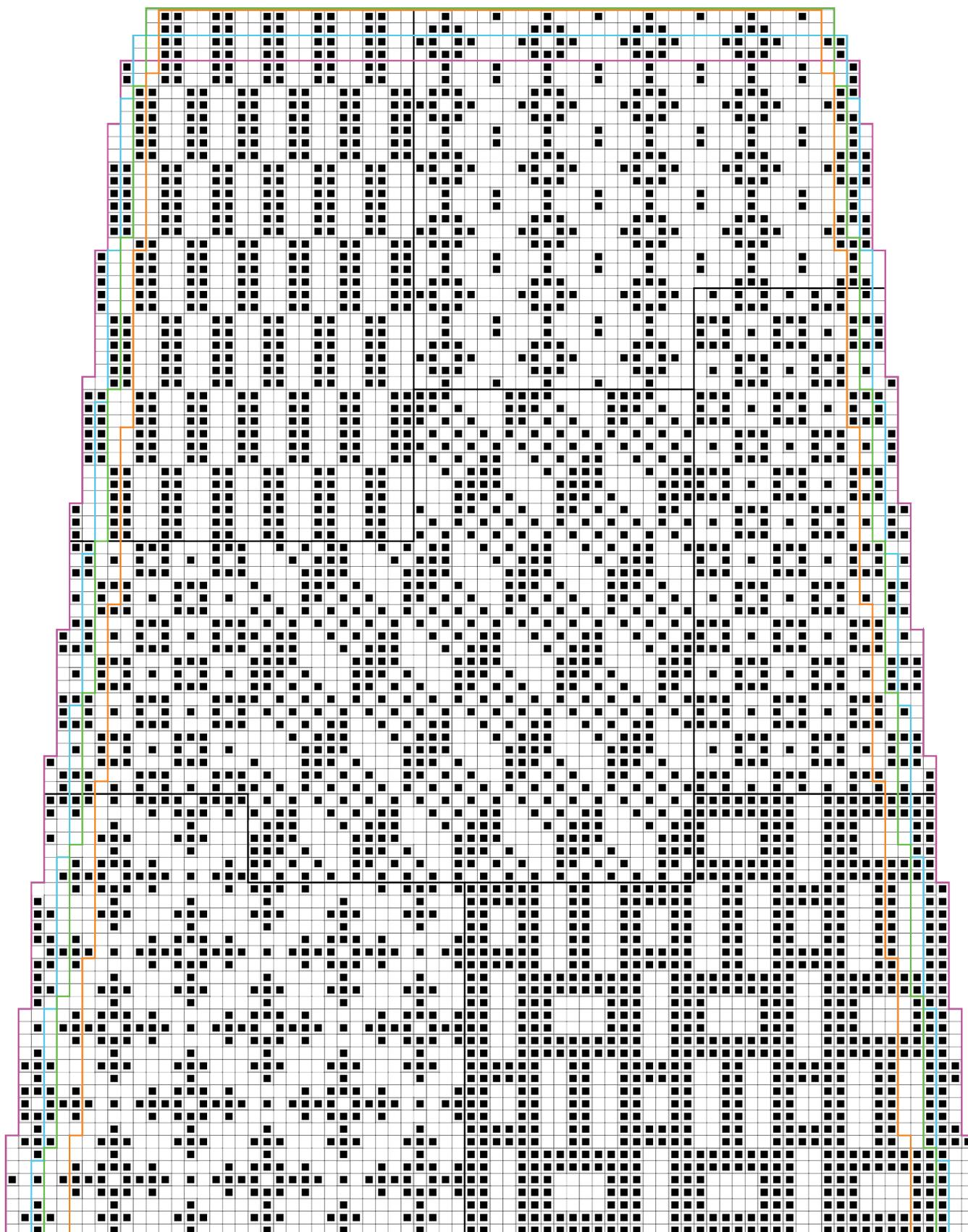
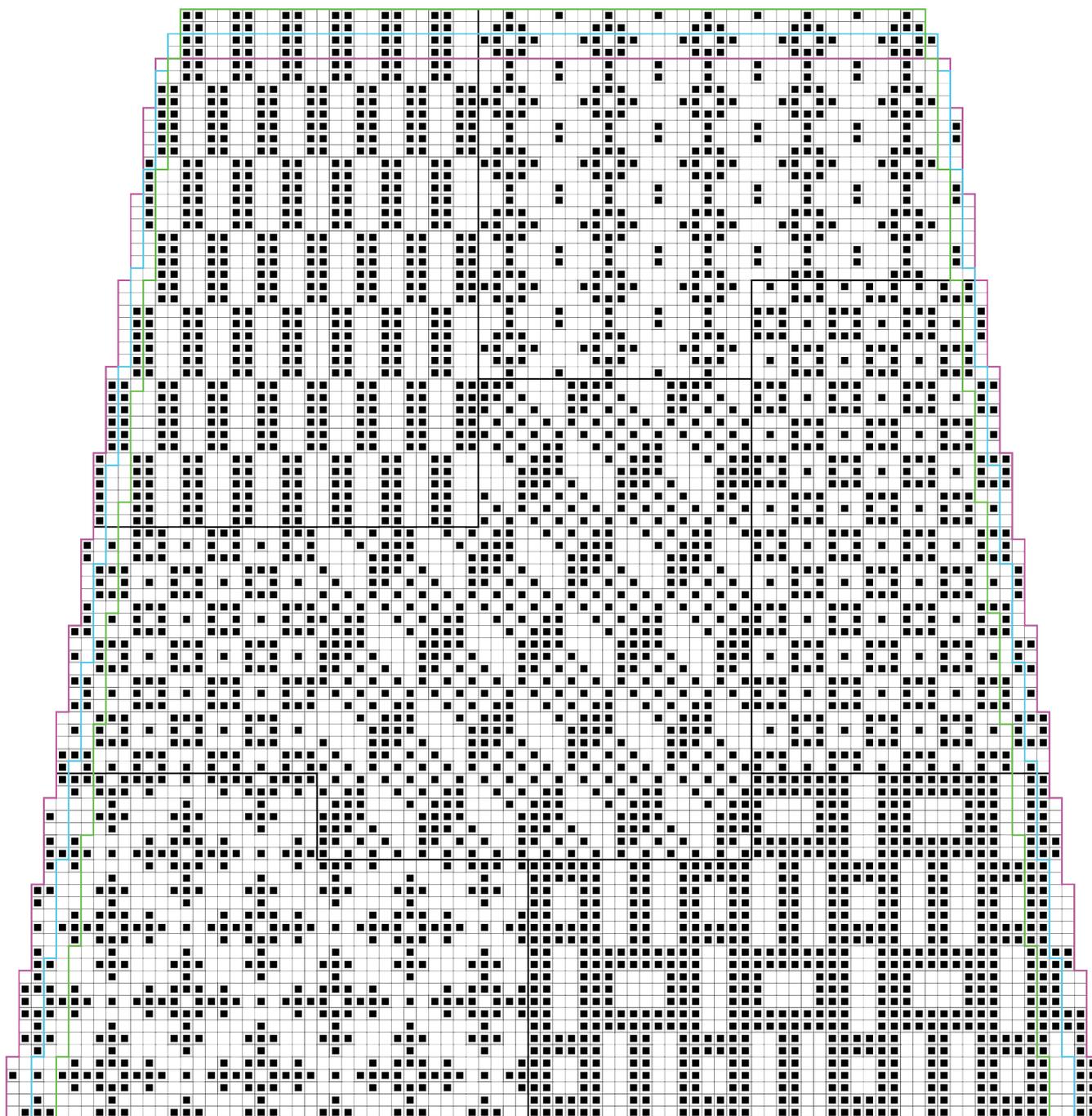


Chart sleeve XL, XXL and XXXL:

- = color 1
- = color 2
- = XL

- = XXL
- = XXXL



“Knitting is almost a spiritual practice. When it’s simple, it can be meditative, and when you’re learning something new you have to be present in the moment.”

Laura Dalgaard

