

MOHIT SHIRT

KNITTED WITH PASCUALI NEPAL



KNITTING CONSTRUCTION

The MOHIT t-shirt is worked in rounds from top to bottom. The neckline is worked in rows at the beginning and increases for the shoulders are made along the raglan lines. The hem is knitted in a rib pattern, while the rest of the body is worked in stockinette stitch. The Andalusian pattern on the sleeves is the real eye-catcher in this design which is knitted with our extraordinary plant-based yarn Nepal.

YARN AND NOTIONS

- [Pascuali Nepal \(60 % organic cotton, 28 % linen, 12 % nettle\)](#)
yardage 1.76 oz ~ 197 yds (50 g ~ 180 m):
· [6; 7; 7; 8] [8; 9; 10; 11] x 50 g hanks in colour #00 undyed
- US 1.5 (2.5 mm) circular needle, 16" (40 cm) for neckline ribbing
- US 1.5 (2.5 mm) DPNs for cuffs
- US 2.5 (3 mm) circular needle, 32 – 48" (80 -120 cm) for body
- US 2.5 (3 mm) circular needle, 16" (40 cm), or DPNs for sleeves
- or needle sizes required to get gauge
- Stitch markers
- Stitch holders or waste yarn
- Tapestry needle and scissors

We are also on **Facebook** [@pascuali.deutschland](#) and **Instagram** at [@pascuali_filati_naturali](#)!

We would be happy if you posted your knitting progress and tagged your pictures with the hashtags [#pascualicollezioni](#), [#pascualicollezionibook7](#) and [#mohitshirt](#). We look forward to seeing your knitting results!

GAUGE

Before you get started, you should make a swatch of about 5" (12 cm) square. Cast on a couple of stitches more than indicated in the gauge. After blocking, your gauge should match the following:

Knitted in stockinette stitch with US 2.5 (3 mm) needle:
26 sts x 38 rows = 4" (10 cm) square

Tip: If you have counted more stitches, use a larger needle size. If you have counted fewer stitches, use a smaller needle size. Repeat swatch until you match the indicated gauge.

Note: In rounds you may tend to knit tighter than in rows! Check and measure time and again to make sure that the gauge is still correct.

ABBREVIATIONS

BOR = beginning of round	pm = place marker
CO = cast on	rnd(s) = round(s)
k = knit	rpt = repeat
kfb = knit front back	RS = right side
m = stitch marker	sm = slip marker
M1R = right leaning increase	sts = stitches
M1L = left leaning increase	tbl = through the back loop
p = purl	WS = wrong side

SIZE

[S; M; L; XL] [XXL; 3XL; 4XL; 5XL]

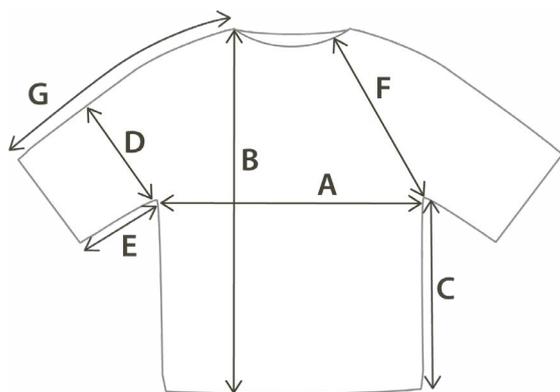
The sizes correspond to the bust circumference as follows: [S; M; L; XL] [XXL; 3XL; 4XL; 5XL] = [35; 39; 42; 45] [48; 51; 54; 58]" (= [90; 98; 106; 114] [122; 130; 138; 146]cm) bust circumference (measured at the body).

The shirt has a regular fit and should be worn with some 1.6" (4 cm) of positive ease.

Example: If you have a bust measurement of 42" (106 cm), choose size L.

Further details regarding the size can be seen in the schematic.

The measurements of the finished garment are given here:



- A = [18.9; 20.1; 21.7; 23.2] [24.8; 26.4; 28; 29.6]"
 (= [48; 51; 55; 59] [63; 67; 71; 75] cm)
- B = [24.4; 24.8; 25.6; 26] [26.8; 27.6; 28.3; 29.1]"
 (= [62; 63; 65; 66] [68; 70; 72; 74] cm)
- C = [14.6; 14.4; 14.4; 13.8] [13.8; 13.6; 13.8; 14.4]"
 (= [37; 36.5; 36.5; 35] [35; 34.5; 35; 36.5] cm)
- D = [7.5; 8.1; 8.7; 9.1] [9.6; 10; 10.4; 10.8]"
 (= [19; 20.5; 22; 23] [24.5; 25.5; 26.5; 27.5] cm)
- E = [5.5; 5.9; 5.9; 6.3] [6.7; 7.1; 7.1; 7.5]"
 (= [14; 15; 15; 16] [17; 18; 18; 19] cm)
- F = [10.2; 11.4; 12; 13.4] [14.4; 15.6; 16.5; 17.3]"
 (= [26; 29; 30.5; 34] [36.5; 39.5; 42; 44] cm)
 without ribbing
- G = [13.4; 15; 15.4; 16.5] [17.9; 19.1; 19.7; 20.5]"
 (= [35; 38; 39; 42.5] [45.5; 48.5; 50; 52.5] cm)
 without ribbing

In the instructions, all sizes are listed in ascending order: the information in the first bracket for sizes S, M, L and XL and in the second bracket for sizes XXL, 3XL, 4XL and 5XL. Information that is not in brackets applies to all sizes.

TECHNIQUES

Norwegian Cast-On

Put a slip knot on the needle in your right hand. Place the strand of yarn coming from the ball around the index finger on your left hand and the yarn tail around the thumb as with the usual long-tail cast-on.

Pass the needle under the two strands of yarn on the thumb, from above into the thumb loop, then pick up the strand of yarn of the index finger and pass it through the thumb loop. Pull the thumb out of the loop and tighten the stitch.

www.youtube.com/watch?v=w5QJdjVbGHE

1x1 ribbing pattern

Knit 1 stitch, purl 1 stitch alternately (in rounds).

Stockinette stitch

Knit all stitches in right side rows, purl all stitches in wrong side rows. Knit all stitches in rounds.

Double a stitch (kfb)

Knit the stitch, leaving it on the left needle, and knit the same stitch through the back loop. (increase)

Andalusian pattern in rounds

Even stitch count.

Rnd 1: k1, p1 alternately

Rnd 2 – 4: knit all stitches

Rpt rnd 1 to 4 for pattern.

Sewn bind-off

Cut the yarn, leaving a tail that is about three times the length of the edge you want to bind off. Thread the yarn into a tapestry or darning needle. The knitting needle is in your left hand, the darning needle in your right hand.

Binding off a knit stitch:

1. Insert the darning needle between the first two stitches from back to front and pull through.

2. Insert the darning needle into the second stitch knitwise and pull through.

3. Insert the darning needle into the first stitch knitwise, pull through and let the first stitch slip off the knitting needle.

Binding off a purl stitch:

1. Insert the darning needle into the second stitch purlwise and pull the yarn through.

2. Insert the darning needle into the first stitch purlwise, pull through and let the first stitch slip off the knitting needle.

www.youtube.com/watch?v=AvUWqfP00bM

Right leaning increase – make one right (M1R)

Lift loop between stitches from back, knit into front loop.

Video tutorial:

www.youtube.com/watch?v=hVMk6yAtGPo

Left leaning increase – make one left (M1L)

Lift loop between stitches from front, knit into back loop.

Video tutorial:

www.youtube.com/watch?v=hVMk6yAtGPo

KNITTING INSTRUCTIONS

Part 1: Neckline

The neckline is worked in rows at the beginning.

With US 2.5 (3mm) needle and using the Norwegian cast-on method, CO [90; 94; 100; 100] [104; 108; 110; 110] sts. In row 1, place markers for the raglan increases that are made in the following rows.

Row 1 (RS): k[1; 1; 2; 2] [3; 3; 3; 3], pm, p1, k1, p1, pm, k[16; 18; 18; 18] [18; 20; 20; 20], pm, p1, k1, p1, pm, k[44; 44; 48; 48] [50; 50; 52; 52], pm, p1, k1, p1, pm, k[16; 18; 18; 18] [18; 20; 20; 20], pm, p1, k1, p1, pm, k[1; 1; 2; 2] [3; 3; 3; 3]

Row 2 (WS): work all stitches as they appear, slip markers

Row 3: kfb, k[0; 0; 1; 1] [2; 2; 2; 2], M1R, sm, p1, k1, p1, sm, M1L, k[16; 18; 18; 18] [18; 20; 20; 20], M1R, sm, p1, k1, p1, sm, M1L, knit to m, M1R, sm, p1, k1, p1, sm, M1L, k[16; 18; 18; 18] [18; 20; 20; 20], M1R, sm, p1, k1, p1, sm, M1L, k[0; 0; 1; 1] [2; 2; 2; 2], kfb (10 sts increased)

Row 4 (WS): Work all sts as they appear, slip markers

Row 5: kfb, * knit to m, M1R, sm, p1, k1, p1, sm, M1L, rpt from * 3 more times, knit to last stitch, kfb (10 sts increased)

Row 6 (WS): Work all sts as they appear, slip markers

Rpt row 5 & 6 six more times. 

After working 18 rows from CO, you should have [170; 174; 180; 180] [184; 188; 190; 190] sts:

[17; 17; 18; 18] [19; 19; 19; 19] sts for front, 3 raglan sts, [32; 34; 34; 34] [34; 36; 36; 36] sts for sleeve, 3 raglan sts, [60; 60; 64; 64] [66; 66; 68; 68] sts for back, 3 raglan sts, [32; 34; 34; 34] [34; 36; 36; 36] sts for sleeve, 3 raglan sts and [17; 17; 18; 18] [19; 19; 19; 19] sts for front.

In the following RS row, join to work in rounds:

Rnd 1(RS row): k[17; 17; 18; 18] [19; 19; 19; 19], M1R, sm, p1, k1, p1, sm, M1L, * knit to m, M1R, sm, p1, k1, p1, sm, M1L, rpt from * 2 more times, k[17; 17; 18; 18] [19; 19; 19; 19], CO [26; 26; 28; 28] [28; 28; 30; 30] sts using the backwards loop CO method, k[18; 18; 19; 19] [20; 20; 20; 20] to m. (8 sts increased)

[204; 208; 216; 216] [220; 224; 228; 228] sts:

[62; 62; 66; 66] [68; 68; 70; 70] sts each for front and back, [34; 36; 36; 36] [36; 38; 38; 38] sts per sleeve plus 12 raglan sts.

BOR is between front and left sleeve.

Part 2: Raglan Increases

Work in rounds now, increasing along the four raglan lines to shape the shoulders.

Rnd 2: sm, p1, k1, p1, sm, k[34; 36; 36; 36] [36; 38; 38; 38] (sleeve), sm, p1, k1, p1, sm, k[62; 62; 66; 66] [68; 68; 70; 70] (back), sm, p1, k1, p1, sm, k[34; 36; 36; 36] [36; 38; 38; 38] (sleeve), sm, p1, k1, p1, sm, k[62; 62; 66; 66] [68; 68; 70; 70] (front - work the newly CO sts tbl!)

Rnd 3: * M1R, sm, p1, k1, p1, sm, M1L, knit to m, rpt from * 3 more times (8 sts increased)

Rnd 4: Work all sts as they appear, sm 

Rpt rnd 3 & 4 [23; 25; 29; 29] [33; 29; 30; 39] more times. 

Rnd 5: * M1R, sm, p1, k1, p1, sm, knit to m, sm, p1, k1, p1, sm, M1L, knit to m, rpt from * 1 more time (4 sts increased at front and back)

Rnd 6: Work all sts as they appear, sm

Rnd 7: * M1R, sm, p1, k1, p1, sm, M1L, knit to m, rpt from * 3 more times (8 sts increased)

Rnd 8: Work all sts as they appear, sm 

Rpt rnd 5 - 8 [1; 3; 2; 4] [4; 8; 9; 6] more time(s).

Size S only:

Rnd 9 & 10: Work all sts as they appear, sm

Rnd 11: * M1R, sm, p1, k1, p1, sm, M1L, knit to m, rpt from * 3 more times (8 sts increased)

Rnd 12: Work all sts as they appear, sm

You should have worked [80; 88; 92; 100] [108; 116; 122; 128] rows/rnds from beginning and reached a total height of [8.3; 9.1; 9.4; 10.4] [11.2; 12; 12.6; 12.2]" (= [21; 23; 24; 26.5] [28.5; 30.5; 32; 33.5] cm) measured at centre back.

[428; 464; 492; 516] [552; 572; 596; 632] sts:

[120; 130; 138; 146] [156; 164; 172; 178] sts each for front and back, [88; 96; 102; 106] [114; 116; 120; 132] sts per sleeve plus 12 raglan sts.

Part 3: Separating Body and Sleeves

The stitches for the sleeves including the raglan stitches are put on hold now. Cast on additional stitches at the underarms.

Remove all markers and arrange stitches as follows:

Sizes S, M, L, XL, XXL, 3XL und 4XL:

Put [94; 102; 108; 112] [120; 122; 126; -] sts on hold (left sleeve + raglan sts), CO [4; 4; 6; 8] [8; 10; 12; -] sts using the backwards loop cast-on, k[120; 130; 138; 146] [156; 164; 172; -] (back), put [94; 102; 108; 112] [120; 122; 126; -] sts on hold (right sleeve + raglan sts), CO [4; 4; 6; 8] [8; 10; 12; -] sts, k[120; 130; 138; 146] [156; 164; 172; -] sts (front), k tbl [2; 2; 3; 4] [4; 5; 6; -], pm (new BOR).

Size 5XL only:

k3 raglan sts, put 132 sts on hold (left sleeve), CO 12 sts using the backwards loop cast-on, knit 3 raglan sts + 178 sts + 3 raglan sts (back), put 132 sts on hold (right sleeve), CO 12 sts, knit 3 raglan sts + 178 sts (front), k3, k6 tbl, pm (new BOR).

BOR is at left side.

[248; 268; 288; 308] [328; 348; 368; 392] M sts for the body.

Part 4: Body

The body is worked in rounds in stockinette stitch down to the ribbed hemline.

Continue to work in rounds in stockinette stitch, knitting the newly cast-on stitches at the underarms through the back loop in this first round. Continue in rounds in stockinette stitch until the body measures [13; 12.8; 12.8; 12.2] [12.2; 12; 12.2; 12.8]" (= [33; 32.5; 32.5; 31] [31; 30.5; 31; 32.5] cm) from underarm.

Change to US 1.5 (2.5 mm) needle and work 1.6" (4 cm) in ribbing pattern. Bind off all stitches using the sewn bind-off method.

Part 5: Sleeves

For the short sleeves, the held sleeve stitches are taken into work again. Pick up additional stitches at the underarm cast-on. Work in stockinette stitch first, adding a band in Andalusian pattern before working the ribbed edge.

With US 2.5 (3 mm) needle, beginning at centre of underarm cast-on, pick up and knit:

[2; 2; 3; 4] [4; 5; 6; 6] sts, k[94; 102; 108; 112] [120; 122; 126; 132] sleeve sts, pick up and knit [2; 2; 3; 4] [4; 5; 6; 6] more sts and pm for BOR.

+14 in the underarms

Marker on the first row

In the 10th round: sts 30, decrease (repeat 3) then sts 23 to end

Marker on the 11th row

On the 15th round: sts 30, decrease (repeat 3) then sts 20 to end

Marker on the 16th row Pascuali Collezioni Book7 Model number 2309

[98; 106; 114; 120] [128; 132; 138; 144] sts.

Work [3; 6; 6; 10] [10; 13; 13; 17] rnds in stockinette stitch.
Work [40; 40; 40; 40] [44; 44; 44; 44] rnds in Andalusian pattern.
The sleeve measures [4.3; 4.7; 4.7; 5.1] [5.5; 5.9; 5.9; 6.3]" (= [11;
12; 12; 13] [14; 15; 15; 16] cm) from underarm now.

Change to US 1.5 (2.5 mm) needle and work 1.2" (3 cm) in ribbing pattern. Bind off all stitches using the sewn bind-off method or any other elastic bind-off method.

Work the second sleeve in the same way.

Part 6: Neckline Ribbing

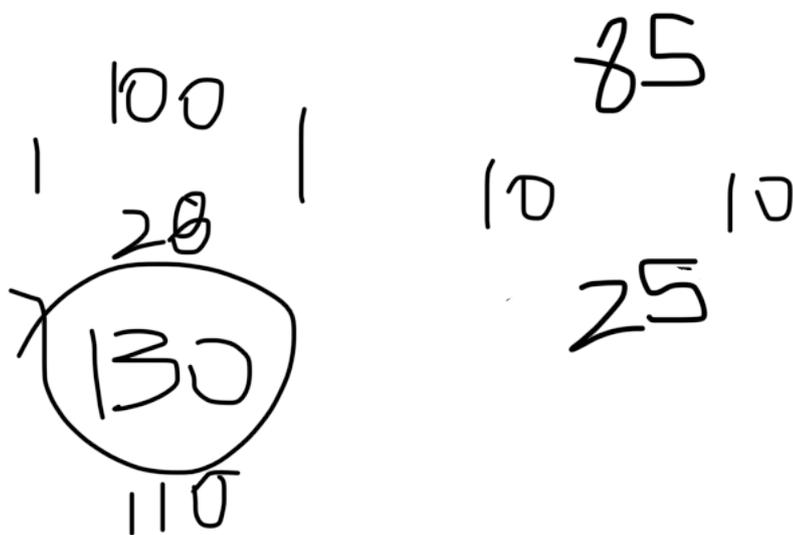
With the shorter US 1.5 (2.5 mm) needle, pick up and knit [120; 124; 130; 134] [138; 142; 146; 148] sts around the neckline. Work 1" (2.5 cm) in ribbing pattern. Bind off all stitches using the sewn bind-off method or any other elastic bind-off method.

Part 7: Finishing

Weave in all ends. Wet block the shirt and let dry flat to size.

Note: We highly recommend wet blocking your finished garment. Most fibres will plump up and relax, the stitches will even out and cohere into a beautifully even, soft and sturdy fabric.

The shirt is finished!



Support

Please contact us by email at pattern@pascuali.de

Our Knitwear Care Recommendation

We recommend washing the garment carefully by hand in lukewarm water. Soak the knitted garment without shaking and then rinse it. Wrap the garment in a towel and gently squeeze out the water. Do NOT wring! Unwrap and lay it flat to size on a new towel to air dry.

Visit our website and learn more about this:

www.pascuali.de/en/blog/knit-blog/to-know/wool-care



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