



A circular logo with a light beige background. The text 'THE' is in a large, bold, serif font. Below it, 'simplistic rib' is written in a smaller, elegant script font. At the bottom, 'CAMI' is in a large, bold, serif font, matching 'THE'.

The Simplistic Rib Cami is an elegant camisole in single rib with a tight fit and that is so elastic, that it is flattering for all body types. It is knit top down, starting with the straps which are worked in rows back and forth and joined afterwards to knit the rest of the body in rounds.

Sizes: 34 (36) 38 (40) 42 (44)

Finished garment (without stretching it): 58 (64) 70 (76) 84 (93) cm

The cami is supposed to have a tight fit and will stretch itself to compliment your curves. Choose a size that gives you a negative ease from around 20-27 cm.

Size	34	36	38	40	42	44
Your bust measurement in cm	78-84	85-89	90-95	96-102	103-112	113-120
Bust measurement (garment)	58	64	70	76	84	93

Recommended yarn:

200 (200) 250 (250) 300 (300) g "Bamboo Cotton" from Coop (118 m/50g).

Alternative yarn:

200 (200) 250 (250) 300 (300) g "Duo" from Sandnes Garn (115 m/50g).

Gauge and swatch:

Remember to wash your gauge swatch and to let it dry completely, before you measure it, because the ribbed fabric tends to stretch after wash.

It should measure:

36 sts x 32 rows = 10 cm x 10 cm in single rib (k1, p1), measured without stretching the fabric (so that the purl stitches are not really visible). If you are using a less elastic/stretchy yarn (for example silk) it is possible, that it does not pull together that much. In this case you can count 28 sts = 10 cm. The top will have a looser fit around the waist then.

Recommended needles:

3,0 mm: 60 cm or 80 cm circular needles.

Used techniques:

The Cami is knit in 1x1 rib (single rib). You should also know how to increase:

m1L: Make 1 left (left slanted increase). With the left needle pick up the strand between 2 stitches, from front to back and knit through the back loop.

m1R: Make 1 right (right slanted increase). With the left needle pick up the strand between 2 stitches, from back to front and knit through the front loop.

Your work starts here:**Back piece:**

The straps and the back piece are knit back and forth.

You have to knit edge stitches by knitting the first and last stitch on the rows from the right side of your work and purling the first and last stitch on the rows from the wrong side of your work.

Right strap (seen from the back):

- Cast on 7 sts.

1. Row (wrong side): p2, k1, p1, k1, p2.

2. Row (right side): k2, p1, k1, p1, k2.

Repeat row 1 and 2 an additional 4 times. Repeat row 1 one time. You have now worked 11 rows.

On the following rows you work increases to shape the neckline and the armholes. Continue to work in single rib (remember to work the edge stitches):

*1. Row (right side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

Work 4 rows in single rib without increases.*

Repeat from * till * an additional 1 (1) 1 (2) 2 (2) times.

= 11 (11) 11 (13) 13 (13) sts

*1. Row (right side): k2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, p2.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.*

Repeat from * till * an additional 2 (2) 1 (0) 0 (0) times.

= 23 (23) 19 (17) 17 (17) sts

*Repeat row 1 and 2.

Work 2 rows in single rib without increases.*

Repeat from * till * an additional 3 (4) 6 (8) 9 (9) times.

= 39 (43) 47 (53) 57 (57) sts

Repeat row 1 and 2. = 43 (47) 51 (57) 61 (61) sts

Cut the yarn. Leave the stitches on hold.

Left strap (seen from the back):

The strap is worked like the right strap, but mirrored:

Cast on 7 sts and knit 11 rows like described above.

Thereafter continue as follows:

*1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

2. Row (wrong side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 4 rows in single rib without increases.*

Repeat from * till * an additional 1 (1) 1 (2) 2 (2) times.

= 11 (11) 11 (13) 13 (13) sts

*1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, k2.

2. Row (wrong side): p2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.*

Repeat from * till * an additional 2 (2) 1 (0) 0 (0) times.

= 23 (23) 19 (17) 17 (17) sts

*Repeat row 1 and 2.

Work 2 rows in single rib without increases.*

Repeat from * till * an additional 3 (4) 6 (8) 9 (9) times.

= 39 (43) 47 (53) 57 (57) sts

Repeat row 1 and 2. = 43 (47) 51 (57) 61 (61) sts

Do not cut the yarn.

Back piece:

The next row is a row from the right side of your work. You will now join the two straps. **Remember to still knit edge stitches along the two edges of your new back piece.**

Place the right strap on your circular needle as well, so that the edges with the 2 sts before the m1L/m1R are facing each other.

1. row (right side):

Work 42 (46) 50 (56) 60 (60) sts single rib over the stitches from the left strap, until the first edge stitch. Purl this edge stitch together with the edge stitch from the right strap. Work single rib until there is 1 sts left on your needle, k1 (edge stitch). You now have 85 (93) 101 (113) 121 (121) sts on your needle.

2. row (wrong side): Work 1 row single rib without increases.

1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work like 1. row.

Repeat row 1 and 2 an additional 5 (5) 5 (3) 1 (1) times. = 109 (117) 125 (129) 129 (129) sts

Only size (40) 42 (44):

1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work 2 sts single rib, m1L, work single rib until there are 6 sts left on your needle, m1R, work 2 sts single rib, m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work 3 sts single rib, m1L, work single rib until there are 7 sts left on your needle, m1R, 3 sts single rib, m1R, work single rib until end of row.

Repeat row 1 and 2 an additional (0) 2 (4) times. = (137) 153 (169) sts

Cut the yarn. Leave the sts on hold.

Front piece:

The straps are worked similar to the back piece.

Remember to work edge stitches like described for the back piece.

Right strap (seen from the front):

- Cast on 7 sts.

1. Row (wrong side): p2, k1, p1, k1, p2.

2. Row (right side): k2, p1, k1, p1, k2.

Repeat row 1 and 2 an additional 4 times. Repeat row 1 one time. You have now worked 11 rows.

On the following rows you work increases to shape the neckline and the armholes. Continue to work in single rib (remember to work the edge stitches):

*1. Row (right side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

Work 4 rows in single rib without increases.*

Repeat from * till * an additional 1 (1) 1 (2) 2 (2) times.

= 11 (11) 11 (13) 13 (13) sts

1. Row (right side): k2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, p2.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.

= 15 (15) 15 (17) 17 (17) sts

1. Row (right side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.

= 17 (17) 17 (19) 19 (19) sts

1. Row (right side): k2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, p2.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.

= 21 (21) 21 (23) 23 (23) sts

1. Row (right side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

Work 2 rows in single rib without increases. = 23 (23) 23 (25) 25 (25) sts

*1. Row (right side): k2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, p2.

Work 2 rows in single rib without increases.

5. Row (right side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

6. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

Work 2 rows in single rib without increases.*

Repeat from * till * an additional 0 (0) 2 (0) 0 (0) times.

= 29 (29) 41 (31) 31 (31) sts

*1. Row (right side): k2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, p2.

Work 2 rows in single rib without increases.*

Repeat from * till * an additional 1 (2) 0 (4) 6 (5) times.

= 37 (41) 45 (51) 59 (55) sts

*1. Row (right side): k2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, p2.

3. Row (right side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

4. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib

until end of row.*

Repeat from * till * an additional 2 (2) 2 (1) 0 (0) times. =55 (59) 63 (63) 65 (61) sts

Only size (40) 42 (44):

1. Row (right side): k2, m1L, work single rib until there are 6 sts left on your needle, m1R, work 2 sts single rib, m1R, work single rib until end of row.

2. Row (wrong side): Work 4 sts single rib (incl. edge stitch), m1L, work 3 sts single rib, m1L, work single rib until there are 2 sts left on your needle, m1R, p2.

Repeat row 1 and 2 an additional (0) 1 (3) times. = (69) 77 (85) sts

Cut the yarn. Leave the stitches on hold.

Left strap (seen from the front):

The strap is worked like the right strap, but mirrored:

Cast on 7 sts and knit 11 rows like described above.

Thereafter continue as follows:

*1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

2. Row (wrong side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 4 rows single rib without increases.*

Repeat from * till * 1 (1) 1 (2) 2 (2) times. = 11 (11) 11 (13) 13 (13) sts

1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, k2.



2. Row (wrong side): p2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.

= 15 (15) 15 (17) 17 (17) sts

1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

2. Row (wrong side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.

= 17 (17) 17 (19) 19 (19) sts

1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, k2.

2. Row (wrong side): p2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 4 (4) 2 (2) 2 (2) rows single rib without increases.

= 21 (21) 21 (23) 23 (23) sts

1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

2. Row (wrong side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 2 rows in single rib without increases. = 23 (23) 23 (25) 25 (25) sts

*1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, k2.

2. Row (wrong side): p2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 2 rows in single rib without increases.

5. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.

6. Row (wrong side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 2 rows in single rib without increases.*

Repeat from * till * an additional 0 (0) 2 (0) 0 (0) times.

= 29 (29) 41 (31) 31 (31) sts

*1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, k2.

2. Row (wrong side): p2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

Work 2 rows in single rib without increases.*

Repeat from * till * an additional 1 (2) 0 (4) 6 (5) times.

= 37 (41) 45 (51) 59 (55) sts

*1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until there are 2 sts left on your needle, m1R, k2.

2. Row (wrong side): p2, m1L, work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.

3. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work single rib until end of row.
4. Row (wrong side): Work single rib until there are 4 sts left on your needle (incl. edge stitch), m1R, work single rib until end of row.*
Repeat from * till * an additional 2 (2) 2 (1) 0 (0) times. =55 (59) 63 (63) 65 (61) sts

Only size (40) 42 (44):

1. Row (right side): Work 4 sts single rib (incl. edge stitch), m1L, work 2 sts single rib, m1L, work single rib until there are 2 sts left on your needle, m1R, k2.
2. Row (wrong side): p2, m1L, work single rib until there are 7 sts left on your needle, m1R, 3 sts single rib, m1R, work single rib until end of row.
Repeat row 1 and 2 an additional (0) 1 (3) times. = (69) 77 (85) sts

Do not cut the yarn.

Body:

You will now join the 3 parts you have worked: The two straps from the front piece [2 times 55 (59) 63 (69) 77 (85) sts] and the back piece [109 (117) 125 (137) 153 (169) sts]. Transfer all the pieces in the right order onto your circular needle. The beginning of the round is between the left front strap (seen from the front) and the back piece.

Knit the edge stitch, *k1, p1* over the stitches of the left strap, until there are 2 sts left on the strap, k1. Purl the last stitch (edge stitch) together with the first stitch (edge stitch) of the right strap. *k1, p1* over the stitches of the right front piece, until there are 2 sts left on the strap, k1. Purl the last stitch (edge stitch) together with the first stitch (edge stitch) of the back piece. *k1, p1* over the stitches of the back piece, until 2 sts before the beginning of the round, k1. Purl the last stitch (edge stitch) together with the first stitch (the edge stitch) from the left front piece.

Place a stitch marker after this purl stitch. This indicates the beginning of the round, so your first stitch is a knit stitch.

You now have 216 (232) 248 (272) 304 (336) sts on your needle. Work in the round in single rib *k1, p1* until your work measures 28 (30) 30 (32) 34 (36) cm, measured from under the armholes. Bind off (every bind-off technique that creates a firm edge will work. Italian bind-off is too flexible so the edge will probably pucker up).

The finishing touches:

Sew in all loose ends. Sew the straps together using Kitchener Stitch. Wash the top as recommended on the label of your yarn.

I would love to see your results! Please share it on social media using the hashtag #TheSimplisticRibCami.

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