## Abbreviations:

BO = bind off

CO = cast on

k = knit

k2tog= knit two (2) stitches together

p = purl

RN= right needle

LN= left needle

RS = right side

sl1k = slip a stitch knit-wise

st(s) = stitch (es)

tbl = through back loop

WS = wrong side

wyib = with yarn in back.

w/o = without

yo = yarn over

**Yarn:** Seam Toscana 01 (Hand Painted Yarn) – 120g (400m/100g)

**Size:** wide – 31 cm. / long - 82 cm. (or optional)

**Needles:** 3mm.
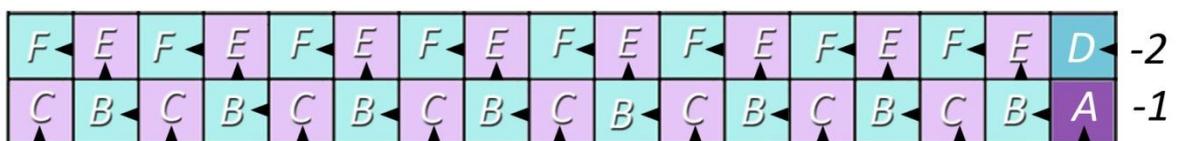
**Gauge:** 24sts and 30 rows = 10 cm x 10 cm

## Note:

Selvedge stitches are already included in this stitch count. Do not add any additional selvedge stitches.

For this photo tutorial, I used the yarns Pehorka Merino (Hand Painted Yarn).

This cowl looks like entrelac but knitted without exhausting turns.

Attention! - For photo-tutorial I've CO 25sts (10x2+5).
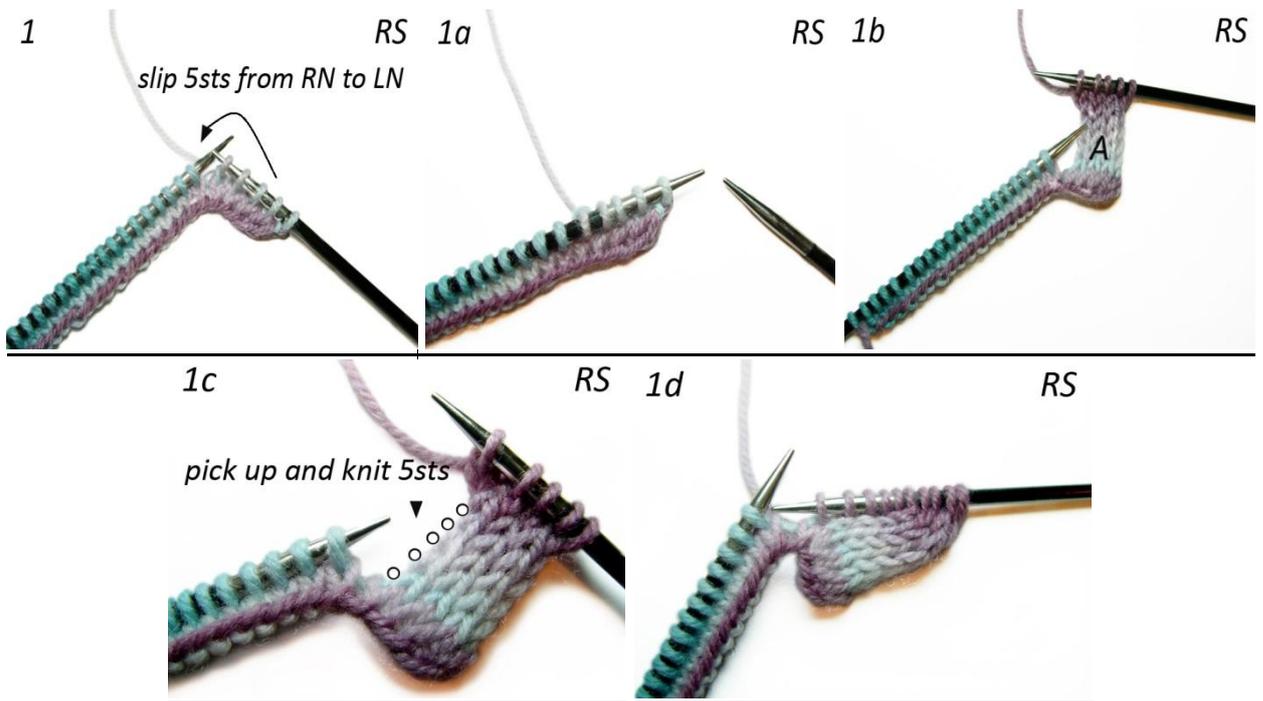


black arrow = direction of work

## Instructions:
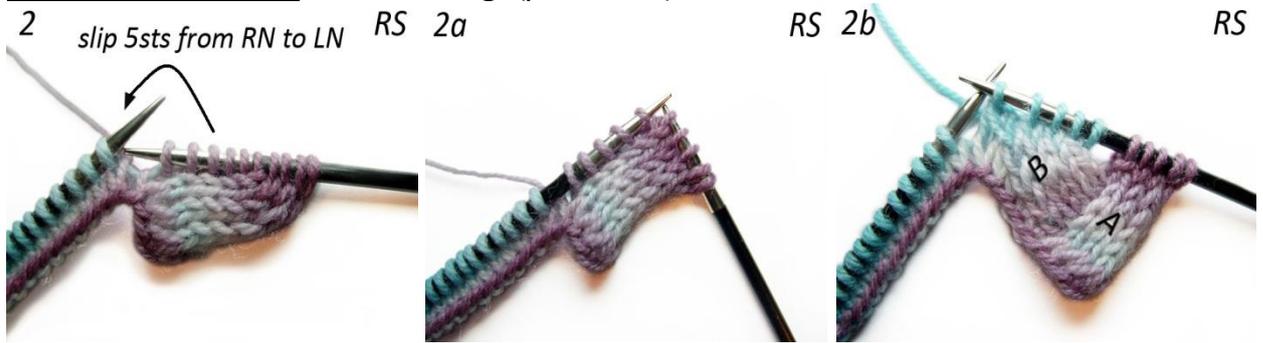
CO 95 sts (5 + multiple of 10) and work 1 purl row.

## 1 strip: (see Schematic)

**(RS) Vertical I-Cord «A»:** K5, w/o turning, [slip 5sts from RN to LN(wyib), (photos 1, 1a), k5] x 5 times (*photo 1b*), w/o turning, pick up and knit 5sts (*white points in the photo 1c*), w/o turning, (*photo 1d*)

*(RS) Horizontal I-Cord «B»:* [slip 5sts from RN to LN(wyib), (*photos 2, 2a*), k4, k2tog tbl] x 5 times, w/o turning, (*photo 2b*)



**(RS) Vertical I-Cord «C»:** K5, w/o turning, [slip 6sts from RN to LN(wyib), (*photos 3, 3a*), k2tog, k4] x 5 times (*photo 3b*), w/o turning, pick up and knit 5sts (*white points in the photo 3c*), w/o turning, (*photo 3d*)*

**Continued:** repeat from * to * - 8 more times. /For this photo tutorial - 1 more times/, (photo 3e). Turn work.

3c — RS — *pick up and knit 5sts*
3d — RS
3e — RS — C B C B A

## 2 strip: (see Schematic)

**(WS):** Sl1k, p4, [pick up and purl 5sts (*white points in the photo 4*), w/o turning, p5] x 9 times, /*for this photo tutorial - 1 more times (photo 4a)*/, w/o turning, CO 5sts (using the loop cast-on method, *photo 4b*), turn work.



4 — WS — *pick up and purl 5sts*
4a — RS
4b — WS — CO 5sts

**(RS) Horizontal I-Cord «D»:** K4, k2tog tbl, w/o turning, [slip 5sts from RN to LN(wyib), k4, k2tog tbl] x 4 times, w/o turning, (*photo 5*)



5 — RS — B C B A — D

*****(RS) Vertical I-Cord «E»:** K5, w/o turning, [slip 6sts from RN to LN(wyib), k2tog, k4] x 5 times, (*photo 6*), w/o turning, pick up and knit 5sts (*white points in the photo 6a*), w/o turning
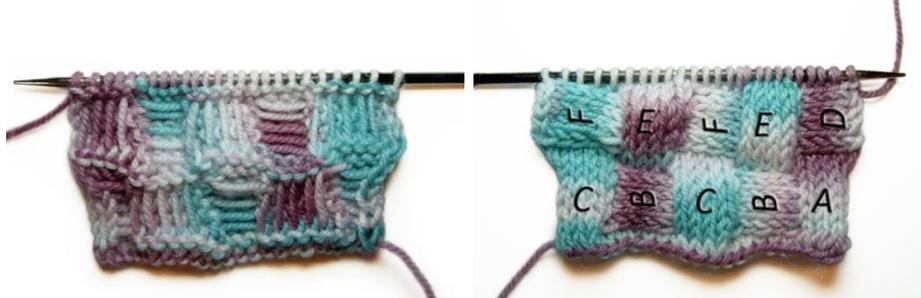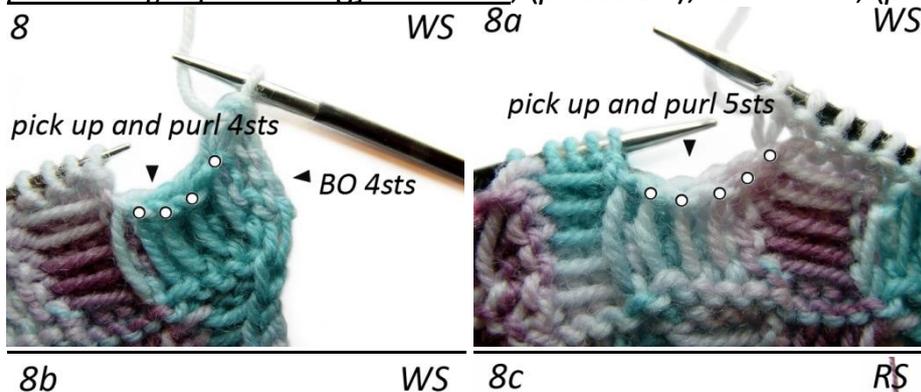


6 — RS — E D
6a — RS — *pick up and knit 5sts*

**(RS) Horizontal I-Cord «F»:** [slip 5sts from RN to LN(wyib), k4, k2tog tbl] x 5 times, w/o turning, (*photo 7*)*



7                                    RS

Continued: repeat from * to * - 8 more times, turn work.

**(WS)** BO 4sts (1st remaining on RN), w/o turning, pick up and purl 4sts (*white points in the photo 8*), w/o turning, [p5, pick up and purl 5sts (*white points in the photo 8a*), w/o turning] x 9 times, (*photo 8b*), turn work, (*photo 8c*).



8                           WS     8a                              WS

pick up and purl 4sts        pick up and purl 5sts

◄ BO 4sts

8b                          WS     8c                              RS

Continued: repeat strips 1-2 x 15 more times or to desired length. BO all sts.

**Border:** Pick up and purl from selvedge stitches on the long side (WS) of the cowl + CO 5 sts (using the loop cast-on method), turn work.

Next: K4, k2tog tbl, [slip 5sts from RN to LN (wyib), k4, k2tog tbl] x until the end of the rows. Repeat on other long side.

To finish - stitch the short side.

*Thank you and happy knitting!*