

SNOPKO PULLOVER

BY [TETI LUTSAK](#)



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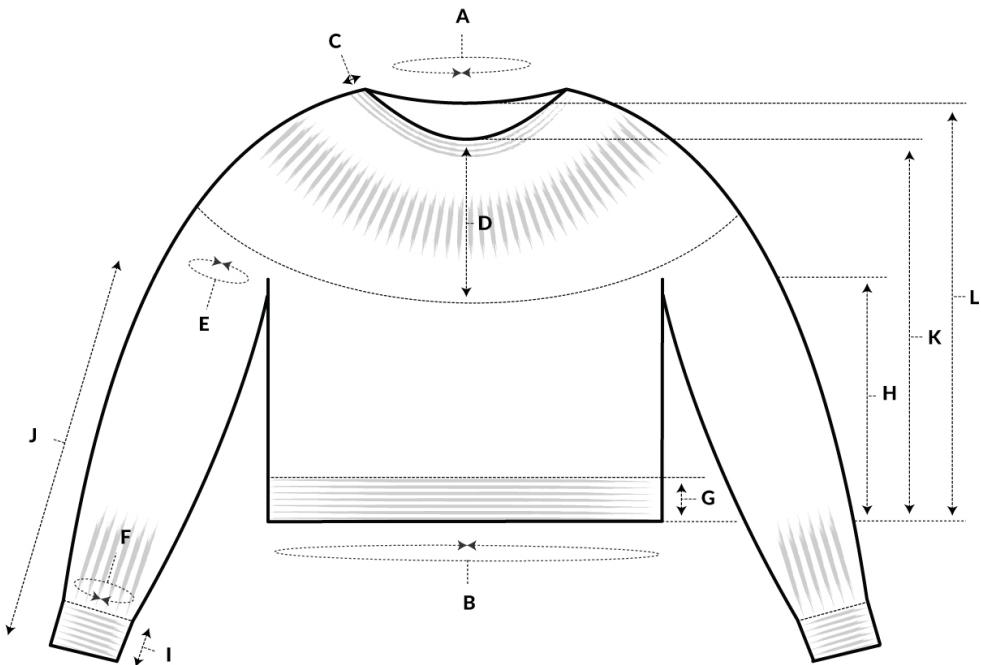
Snopko is a grain-inspired pattern rooted in the visual language of harvest. Named after the Ukrainian word “snip” for “grain bundle” or “sheaf,” it captures the linear rhythm, density, and layered textures found in cereal plants and their bracts. Structured yet organic, Snopko reflects the quiet poetry of natural repetition, a design that feels both grounded and gently in motion.

This round-yoke pullover is knit top-down in the round. The lower yoke, body, and most of the sleeves are worked in a waffle pattern on the wrong side of the fabric. The design combines a variety of textured patterns, including half-twisted rib, cables, and garter stitch. You can take a closer look at my sample and discover the design process in episode 47 of [my podcast](#) on YouTube.

SIZES

The pattern is written for eight sizes 1 (2, 3, 4) (5, 6, 7, 8) with a finished bust circumference of ca. 81 (93, 105, 117) (129, 141, 153, 165) cm // 32.5 (37.25, 42.25, 47) (51.75, 56.5, 61.25, 66.25) in incl. ca. 10 cm (4 in) of the recommended positive ease. There is a 12 cm (4.75 in) gap between sizes.

The sample is shown in size 2 on a 160 cm (5' 3") tall model with 84 cm (33 in) bust measurement. For more of the finished garment measurements, please refer to the schematic provided.



A | 47 (53, 53, 53) (60, 60, 60, 60) cm
18.75 (21.25, 21.25, 21.25) (24, 24, 24, 24) in

F | 19 (18, 20, 22) (22, 22, 22, 23) cm
7.75 (7, 8, 9) (9, 9, 8.75, 9.25) in

B | 81 (93, 105, 117) (129, 141, 153, 165) cm
32.5 (37.25, 42.25, 47) (51.75, 56.5, 61.25, 66.25) in

G | 5 cm (2 in)
H | 28 cm (11 in)

C | 2 (2, 2, 3) (3, 4, 4, 5) cm
0.75 (0.75, 0.75, 1.25) (1.25, 1.5, 1.5, 2) in

I | 6 cm (2.25 in)
J | 41 cm (16.5 in)

D | 20 (22, 23, 24) (25, 26, 27, 29) cm
8 (8.5, 9.25, 9.75) (10, 10.5, 10.75, 11.75) in

K | 47 (49, 51, 52) (53, 54, 55, 57) cm
19 (19.75, 20.5, 20.75) (21.25, 21.5, 22, 22.75) in

E | 37 (43, 48, 53) (59, 64, 69, 75) cm
15 (17, 19.25, 21.25) (23.5, 25.5, 27.75, 29.75) in

L | 53 (55, 57, 58) (59, 60, 61, 63) cm
21.25 (22, 22.75, 23.25) (23.5, 24, 24.25, 25) in

YARN

1 strand and

ca. 355 (400, 450, 500) (560, 625, 700, 780) g
or 4 (4, 5, 5) (6, 7, 7, 8) skeins of Wool Local Aran
from Erika Knight, 100% wool with
180 m (197 yds) in 100 g,
shown in 810 Cranfield;

or 639 (720, 810, 900) (1008, 1125, 1260, 1404) m //
699 (788, 886, 985) (1103, 1231, 1378, 1536) yds
of any other **worsted/aran weight yarn**;

held together with 1 strand and

ca. 71 (80, 90, 100) (112, 125, 140, 156) g or
3 (4, 4, 4) (5, 5, 6, 7) skeins of
Soft Silk Mohair from Knitting for Olive,

70% mohair and 30% silk with
225 m (246 yds) in 25 g, shown in Brown Nougat;
or the same meterage/yardage of any other
lace weight yarn to match the gauge.

NEEDLES AND NOTIONS

- 4.0 mm (US 6), 4.5 mm (US 7) and
5.0 mm (US 8) circular needles;
- spare cables, spare circular needles or
scrap yarn to keep sts on hold;
- at least three stitch markers;
- cable needle (optional);
- a tapestry needle to weave in the ends.

GAUGE

- 15 sts & 22 rnds in 10 cm (4 in) on 5.0 mm (US 8) needles measured over **waffle pattern** worked in the round after blocking;

Waffle stitch pattern for swatching in the round:

Rnd 1: *p1, k1; rep from * to EOR. **Rnd 2:** kall.

- 18 sts & 22 rnds in 10 cm (4 in) on 4.5 mm (US 7) needles measured over **half-twisted rib** worked in the round after blocking;
- 15 sts & 28 rnds in 10 cm (4 in) on 4.5 mm (US 7) needles measured over **garter stitch** worked in the round after blocking;
- 18 sts and 30 rnds in 10 cm (4 in) on 4.0 mm (US 6) needles measured over **garter stitch** worked in the round after blocking.

Note | The waffle stitch and half-twisted rib are the ones to focus on, garter stitch is used on the neck, hem and cuffs and their gauge can be easily adjusted. Adjust the needle sizes to obtain the required gauge.

ABBREVIATIONS AND TECHNIQUES

1-1LPC – slip 1 st (onto a cn or work without cn), hold in front, p1, then k1 (from cn);

1-1RPC – slip 1 st (onto a cn or work without cn), hold at the back, k1, then p1 (from cn);

1-2LC – slip 1 st (onto a cn or work without cn), hold in front, k2, then k1 (from cn);

1-2RC – slip 2 sts (onto a cn or work without cn), hold at the back, k1, then k2 from the back (cn);

BOR/EOR – beginning/end of the round;

ca. – circa – approximately;

cn – cable needle;

kX – knit X sts;

kall – knit all sts to EOR;

k1tbl – knit 1 st through the back loop;

k2tog – knit 2 sts together;

k2togtbl – knit 2 sts together through the back loop;

k2togtbl + k1tbl – k2togtbl, pick up the left leg of the 1st (top) st with LH needle and k1tbl;

k3togtbl – knit 3 sts together through the back loop;

k3togtbl + k1tbl + yo – k3togtbl, pick up the left leg of the 1st (top) st with LH needle and k1tbl, yo;

k3togtbl + yo + k1tbl – k3togtbl, yo, pick up the left leg of the 1st (top) st with LH needle and k1tbl;

LH – left hand (needle);

m1L – lift the strand between stitches from front to back and knit through the back loop (can be substituted by the left lifted increase);

m1p – lift the strand between sts from back to front and purl into it to create a new st;

pX – purl X sts;

pall – purl all sts to EOR;

p1tbl – purl 1 st through the back loop;

p2tog – purl 2 sts together;

Rnd – round;

rep – repeat;

RH – right hand (needle);

RS – right side of the work;

sl1pwyb – slip 1 purlwise with yarn in back;

SR – short row;

st(s) – stitch(es);

wX – work X sts as they appear or according to the previously established pattern;

w&t – wrap and turn –

- at the end of the row on the RS, with the yarn at the back, slip next st purlwise to the RH needle, bring the yarn to the front, return the last st from the RH needle to the LH needle and turn your work, bring the yarn in front and follow instructions for the next row;
- at the end of the row on the WS, keep the yarn in the front, slip the next st purlwise to the RH needle, turn your work, bring the yarn to the front, move the first st to the RH needle, bring the yarn to the back and follow instructions for the next row;
- resolve wraps as shown;

WS – wrong side of the work;

yo – yarn over.

INSTRUCTIONS

NECK

Using a long-tail cast-on

with 4.0 mm (US 6) needles cast on

84 (96, 96, 96) (108, 108, 108, 108) sts.

Rnd 1: kall, then join to work in the round and place the BOR marker.

Rnd 2: kall.

Rnd 3: pall.

Rnd 4: sl1pwyb, kall.

- SIZES 1, 2:

Rnd 5: kall.

- ALL OTHER SIZES

Rnd 5: *k- (-, 8, 8) (9, 9, 9, 9), m1L;

rep from * to EOR.

- (-, 108, 108) (120, 120, 120, 120) sts.

ALL SIZES

Rnd 6: pall.

NECK | CONTINUED

- SIZES 1, 2, 3: move to the next section.

ALL OTHER SIZES

Rnd 7: sl1pwyb, kall.

Rnd 8: *k- (-, -, 9) (10, 10, 5, 5), m1L;
rep from * to EOR.

- (-, -, 120) (132, 132, 144, 144) sts.

Rnd 9: pall.

- SIZES 4, 5: move to the next section.

ALL OTHER SIZES

Rnd 10: sl1pwyb, kall.

Rnd 11: *k- (-, -, -) (-, 11, 12, 12), m1L;
rep from * to EOR.

- (-, -, -) (-, 144, 156, 156) sts.

Rnd 12: pall.

- SIZES 6, 7: move to the next section.

SIZE 8

Rnd 13: sl1pwyb, kall.

Rnd 14: *k13, m1L; rep from * to EOR. (168 sts)

Rnd 15: pall and move to the next section.

YOKE

Switch to 4.5 mm (US 7) needles.

Rnd 1: *p1, k10, p1; rep from * to EOR.

Rnd 2: *p1, 1-1LPC, k6, 1-1RPC, p1;
rep from * to EOR.

Rnd 3: *p2, k8, p2; rep from * to EOR.

Rnd 4: *p2, 1-2LC, k2, 1-2RC, p2; rep from * to EOR.

Rnd 5: *p3, k6, p3; rep from * to EOR.

Rnd 6: *p2, yo, p1, 1-2LC, 1-2RC, p1, yo, p2;
rep from * to EOR.

98 (112, 126, 140) (154, 168, 182, 196) sts.

Rnd 7: *p2, k1tbl, p1, k6, p1, k1tbl, p2;
rep from * to EOR.

Rnd 8: *p1, yo, p1, k1tbl, p1, 1-2LC,
1-2RC, p1, k1tbl, p1, yo, p1; rep from * to EOR.
112 (128, 144, 160) (176, 192, 208, 224) sts.

Rnd 9: *p1, k1tbl, p1, k1tbl, p1, k6,
p1, k1tbl, p1, k1tbl, p1; rep from * to EOR.

Rnd 10: *p1, k1tbl, p1, k1tbl, p1, 1-2LC,
1-2RC, p1, k1tbl, p1, k1tbl, p1, yo; rep from * to EOR.
119 (136, 153, 170) (187, 204, 221, 238) sts.

Rnd 11: *p1, k1tbl, p1, k1tbl, p1, k6,
p1, k1tbl, p1, k1tbl, p1, k1tbl; rep from * to EOR.

Rnd 12: *(p1, k1tbl) 4 times, m1p,
(k1tbl, p1) 4 times, k1tbl; rep from * to EOR.
126 (144, 162, 180) (198, 216, 234, 252) sts.

SHAPING THE BACK OF THE NECK

Switch to 5.0 mm (US 8) needles.

The following short row shaping section is worked in (p1, k1tbl) pattern on the RS and (k1, p1tbl) on the WS.

SR1 (RS): from the BOR
in the middle of the back, w11, w&t.

SR2 (WS): w to BOR, slip marker, w10, w&t.

SR3 (RS): w to previous wrap,
resolve wrapped st, w7, w&t.

SR4 (WS): w to previous wrap,
resolve wrapped st, w7, w&t.

SR5, SR7, SR9, SR11 (RS): rep like in SR3.

SR6, SR8, SR10, SR12 (WS): rep like in SR4.

SR13 (RS): w to BOR.

Next rnd: kall and at the same time
resolve the remaining wrapped sts.

YOKE | CONTINUED

Rnd 1: pall.

Rnd 2: sl1pwyb, kall.

Rnd 3: *k3, m1L; rep from * to EOR.

168 (192, 216, 240) (264, 288, 312, 336) sts.

Next 5 rnds: *p1, k1tbl; rep from * to EOR.

Rnd 9: *p1, k3togtbl + k1tbl + yo;
rep from * to EOR.

Rnd 10: *p1, k1tbl; rep from * to EOR.

Rnd 11: *p1, yo, k3togtbl + k1tbl + yo;
rep from * to EOR.

210 (240, 270, 300) (330, 360, 390, 420) sts.

Rnd 12: *p2, k1tbl, p1, k1tbl;
rep from * to EOR (resolve yo's as p1tbl).

Rnd 13: *p2, k3togtbl + k1tbl + yo;
rep from * to EOR.

Next 4 rnds: *p2, k1tbl, p1, k1tbl;
rep from * to EOR.

Rnd 18: kall.

Rnd 19: pall.

Rnd 20: sl1pwyb, kall.

Rnd 21: kall, w&t.

Note | The following waffle pattern section of the yoke, as well as body and sleeves, is worked on the WS, hence the w&t.

BOTTOM OF THE YOKE | WAFFLE PATTERN

Rnd 22 (WS): *p1, k1; rep from * to EOR.

Rnd 23: resolve the wrapped st, kall.

Rnd 24: *k1, p1; rep from * to EOR.

Rnd 25: kall.

Repeat **Rnds 24-25** –

1 (3, 5, 5) (6, 6, 7, 8) more time(s) for a total of 6 (10, 14, 14) (16, 16, 18, 20) rnds in waffle pattern.

Add more repeats if necessary to adjust the depth of the yoke and move to the next section.

SEPARATION FOR THE BODY AND SLEEVES

Rnd 1: working according to the previously established (k1, p1) pattern on the WS,

starting from the BOR marker on the back,

- w31 (35, 39, 43) (47, 51, 55, 59) sts of the back,
- temporarily bind off or place on hold the next 50 (57, 64, 71) (78, 85, 92, 99) sts for the right sleeve,
- cast on 6 (7, 8, 9) (10, 11, 12, 13) sts for the underarm using a backward loop cast-on or any other method of your choice,
- w55 (63, 71, 79) (87, 95, 103, 111) sts of the front,
- temporarily bind off or place on hold the next 50 (57, 64, 71) (78, 85, 92, 99) sts for the left sleeve,
- cast on 6 (7, 8, 9) (10, 11, 12, 13) sts for the underarm,
- w24 (28, 32, 36) (40, 44, 48, 52) sts to EOR.

You will have a total of

122 (140, 158, 176) (194, 212, 230, 248) sts for the body.

Note | Your BOR marker will not be right in the middle of the back, but slightly shifted to the right on the RS or to the left on the WS.

Rnd 2: kall.

BODY | WAFFLE PATTERN ON WS

Rnd 3: *k1, p1; rep from * to EOR.

Rnd 4: kall.

Continue working in **waffle pattern** by repeating

Rnds 3-4 at least 23 more times

or until the body measures ca. 23 cm (9 in).

Add more rnds if necessary, given that the hem will add another 5 cm (2 in).

In the last 4th rnd of the body on WS:

kall till 1 st to EOR, **w&t**.

Then move to the next section.

HEM | GARTER ON RS

Rnd 1 (RS): *k1, p1; rep from * to EOR.

Rnd 2: switch to 4.5 mm (US 7) needles, resolve the wrapped st and kall.

Rnd 3: pall.

Rnd 4: sl1pwyb, kall.

Rnd 5: kall.

Repeat **Rnds 3-5** three more times.

Add more repeats to adjust to length of the hem.

Bind off using a purl bind-off.

Break the yarn and weave in the end.

SLEEVES | WAFFLE PATTERN ON WS

Return to the sts left on hold for the sleeves and follow these instructions twice or use [a magic loop](#) to work two sleeves simultaneously.

Rnd 1 (WS): with 5.0 mm (US 8) needles starting in the middle of the underarm on the WS,

- pick up and k3 (4, 4, 5) (5, 6, 6, 7) sts of the underarm,
- if necessary, pick up and k1 extra st between the body and sleeve to avoid a hole, but remember to decrease it in the following rnd,
- work the next 50 (57, 64, 71) (78, 85, 92, 99) sts of the sleeve according to the previously established (k1, p1) pattern;
- pick up and k1 extra st if necessary,
- pick up and k3 (3, 4, 4) (5, 5, 6, 6) sts of the underarm.

You will have a total of

56 (64, 72, 80) (88, 96, 104, 112) sts

(not including the extra sts, if you picked them up).

Join to work in the round and place a BOR marker.

Rnd 2: kall.

Rnd 3: work in (k1, p1) according to the previously established pattern on the yoke.

If necessary, move BOR marker for the round to begin with k1.

Rnd 4: kall.

SLEEVES | WAFFLE PATTERN ON WS

Continue working in **waffle pattern** by repeating **Rnds 3-4** at least 28 more times or until the sleeve measures ca. 27 cm (11 in).

In the last 4th rnd of the sleeve on WS:

kall till 1 st to EOR, **w&t**.

Then move to the next section.

SLEEVES | PATTERN ON RS

Rnd 1 (RS): *k1, p1; rep from * till 1 st to EOR, k1.

Rnd 2: resolve the wrapped st, k1tbl,

*p1, k1tbl; rep from * to EOR.

Next 2 rnds: *p1, k1tbl; rep from * to EOR.

Rnd 5: *p1, **k3togtbl + yo + k1tbl**;

rep from * to EOR.

Rnd 6: *p1, k1tbl, p1tbl, k1tbl;

rep from * to EOR (resolve yo's as p1tbl).

Repeat **Rnds 5-6** – six more times.

Note | This pattern section has a slight twist to it. I decided to keep mine as it is. But you can choose to replace it with the safe alternative:

Rnd 5: *p1, **k3togtbl + k1tbl + yo**; rep from * to EOR.

Rnd 6: *p1, k2, p1tbl; rep from * to EOR.

Rnd 7: *p1, **k2togtbl + k1tbl**, p1; rep from * to EOR.

Rnd 8: *p1, k2, p1; rep from * to EOR.

Repeat **Rnds 7-8** – five more times.

Add more repeats if necessary, given that the garter stitch cuff will add another 6 cm (2.25 in).

CUFFS | GARTER ON RS

SIZE 1 ONLY

Rnd 1: *p1, k3togtbl, pick up the left leg of the 1st (top) st with LH needle and k1tbl; rep from * to EOR. (42 sts)

ALL OTHER SIZES

Rnd 1: *p1, k3togtbl; rep from * to EOR. - (32, 36, 40) (44, 48, 52, 56) sts.

ALL SIZES

Switch to 4.0 mm (US 6) needles.

Rnd 2: kall.

Rnd 3: pall.

SIZES 1 (-, -, -) (5, 6, 7, 8)

Rnd 4: sl1pwyb, k3 (-, -, -) (8, 3, 1, 1), k2tog, *k4 (-, -, -) (9, 4, 2, 2), k2tog; rep from * to EOR. 35 (-, -, -) (40, 40, 39, 42) sts.

SIZES - (2, 3, 4) (-, -, -, -)

Rnd 4: sl1pwyb, kall.

ALL SIZES

Rnd 5: kall.

Rnd 6: pall.

Rnd 7: sl1pwyb, kall.

Rnd 8: kall.

Repeat **Rnds 6-8** three more times.

Add more repeats to adjust the length of the cuff.

Bind off using a purl bind-off.

Break the yarn and weave in the end.

FINISHING AND BLOCKING

Weave in the remaining ends. For wet blocking, soak the garment in lukewarm water. Gently squeeze to remove most of the water and then roll in a towel to dry. Pin out to measurements or desired size/shape and leave flat to dry.

SHARING AND FEEDBACK

If you feel like sharing pictures or your thoughts about the design, please do so in your projects on [Ravelry](#) and/or under [#snopkopullover](#) hashtag on [Instagram](#)/[Facebook](#).

I am always thrilled to see your projects!

STAY IN TOUCH

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I also regularly discuss my designs on my [YouTube channel](#), feel free to stop by.

If you have questions or found a mistake, please contact me via email at support@tetilutsak.com and I will do my best to help you.

Happy knitting and thank you for supporting my work,
Teti