



# Vacation Vest

by Park Williams

The quest for a simple, yet versatile vest is complete! No matter the trip, no matter the weather, the Vacation Vest can be a stand-alone top for sunshine seekers or an added layer for cozy winter lovers. Knit from the top down and working all the edging as you go, this vest knits up incredibly quickly, so you better book that vacation STAT!

#VacationVest

## Needles & Notions:

Size US 8 / 5mm circular needles \* (for body)

Size US 7 / 4.5mm circular needles\* (for hem ribbing)

Stitch markers, tapestry needle, stitch holder/scrap yarn/extra knitting needle, 2 “Coat” hook and eye closures in size 3/8”, embroidery floss in similar color to main yarn, a sewing needle

\* cable length will vary based on size

## Sizing:

XS(S, M, L, XL) (XXL, 3XL, 4XL, 5XL)

Finished Chest Measurement:

34(38, 42, 46, 50) (54, 58, 62, 66) inches;

86.5[96.5, 106.5, 117, 127] [137, 147.5, 157.5, 167.5] cm

This garment is meant to be worn with 1-4” of positive ease. I have a chest measurement of 36” and am pictured wearing the size Small with 2” of positive ease.

## Gauge:

18 stitches & 23 rows/4” on a US 8 / 5mm, in flat stockinette stitch, blocked.

## Yarn:

Siren Yarn Co.

Light Worsted Weight

100% Pima Cotton

Color- Undyed/Natural

OR any yarn that gets gauge and creates your desired fabric!!!

## Yardage:

315(350, 400, 475, 525) (575, 635, 715, 790) yards



## Abbreviations:

CO: cast on

BO: bind off

BOR: beginning of round

RS: right side of work

WS: wrong side of work

k: knit

p: purl

rm: remove marker

st(s): stitch(es)

m1L: make one left. Pick up from front to back the horizontal bar between the stitch you are about to knit and the stitch you just knit. Knit into the back of this stitch. (Increases one stitch)

m1R: make one right. Pick up from back to front the horizontal bar between the stitch you are about to knit and the stitch you just knit. Knit into the front of this stitch. (Increases one stitch)

sl1kw wyib: slip one stitch knit-wise, with yarn in back

## Construction Overview:

- The vest is knit top down.
  - We begin by casting on the back panel and working it all the way to the armpit. We will then leave those stitches live on a needle or a separate holder while we pick up and knit stitches from the back panel's cast on edge for each front shoulder.
  - After working the left and right shoulders with their v-neck and armhole shaping, we will then join the front shoulders to the back panel by casting on stitches at each underarm. The final steps include knitting the body and working the bottom ribbing.

## Notes:

- Row gauge is important for the front v-neck sections and it is common for your tension to loosen up in those quick back and forth rows. Just be mindful of this and remember you can always go down a needle size for those sections.
- To modify the length of the vest, you want to wait until the "Body" section to knit it either longer or shorter.
- When wet-blocking 100% cotton yarn, please note that it can grow DRASTICALLY. Make sure to block your gauge swatch! When blocking the finished vest, try your best to avoid stretching it unnecessarily or wringing it out. If you are worried about it, you can always spray or steam block instead. If your project ended up growing too much, some of my test knitters found that they were able to shrink the cotton up in the dryer, but make sure to closely monitor it if you go this route.

## Cast On/Back Body:

With a US 8 / 5mm needle, CO 60(64, 66, 68, 70) (74, 76, 80, 84) stitches using the Long Tail Cast On method.

Row 1 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib.

Row 2 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Note: For the remainder of the project, when the instructions say to "work in pattern" that means working the established border stitches and stockinette stitch as written in these two rows: Row 1 for RS rows and Row 2 for WS rows.

Work in pattern until the back measures 6.75(6.75, 5.25, 5, 5) (5.5, 5.25, 5.25, 5.25)" / 17[17, 13.5, 12.5, 12.5] [14, 13.5, 13.5, 13.5] cm, ending after completing a WS row.

## Back Armhole Shaping:

All Sizes:

Primary Shaping Row 1 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Primary Shaping Row 2 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Work these two primary shaping rows, 3(5, 9, 8, 7) (7, 6, 6, 6) *more* times.

[68(76, 86, 86, 86) (90, 90, 94, 98) stitches total]

### Sizes XS-M:

Skip ahead to the next instructions for All Sizes.

### Sizes (-, -, L, XL) (XXL, 3XL, 4XL, 5XL):

Secondary Shaping Row 1 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, k1, m1L, knit to last 6 stitches, m1R, k1, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 4 stitches)

Secondary Shaping Row 2 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Work these two secondary shaping rows, (-, -, 1, 3) (4, 6, 7, 8) *more* times.

[-, -, 94, 102] (110, 118, 126, 134) stitches total]

### All Sizes:

Transfer these live stitches to a stitch holder or scrap yarn (or preferably to another needle similar in size, so that the stitches are ready to be joined when we finish the front body).

Break yarn.

## **Left Front Shoulder:**

When looking at the RS of the Back Panel with the stitches we just placed on a holder at the bottom and the cast on edge at the top, we will be picking up the leftmost stitches from the cast on edge for the Left Front Shoulder.

On the RS of the Back Panel cast on row, count 21(23, 23, 23, 24) (24, 25, 25, 26) stitches from the *LEFT EDGE*. Using a US 8/ 5mm needle and working right to left, pick up and knit those 21(23, 23, 23, 24) (24, 25, 25, 26) stitches.

Note: the final 5 stitches will be picked up in the border. If you pick up in-between the border stitches they will line up a bit better!

### All Sizes:

Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

### Sizes XS(-, -, L, XL) (-, -, -, -):

Skip ahead to the "Left Front V-Neck" section.

### Sizes (-, S, M, -, -) (XXL, 3XL, 4XL, 5XL):

Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib.

Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Repeat Rows 2 & 3, -(1, 1, -, -) (4, 5, 3, 1) *more* times.

## **Left Front V-Neck:**

V-neck Increase Row (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 sts, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Work 5(5, 5, 5, 5) (3, 3, 3, 3) rows in pattern without increases.

Repeat these 6(6, 6, 6, 6) (4, 4, 4, 4) rows, 7(6, 5, 6, 6) (7, 6, 7, 8) *more* times.

### Sizes XS(S, M, L, XL) (-, -, 4XL, -):

Work V-neck Increase Row once more.

### Sizes (-, -, -, -) (XXL, 3XL, -, 5XL):

Work one RS row in pattern with no increases.

[30(31, 30, 31, 32) (32, 32, 34, 35) stitches total]



## **Left Front V-Neck & Armhole Primary Shaping Rows:**

Sizes XS(S, M, L, XL) (-, -, -, -):

Primary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Primary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 4 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Primary Shaping Row 5 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 6 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Repeat these Primary Shaping Rows 1-6, 0(1, 2, 1, 1) (-, -, -, -) *more* times.

Size XS & M: Work Primary Shaping Rows 1 & 2, once more then continue onto the Right Front Shoulder.

Size S: Continue onto Right Front Shoulder section.

Size L & XL: Work the Primary Shaping Rows 1-4, once more, then continue onto Secondary Shaping Rows.

[35(39, 43, 41, 42) (-, -, -, -) stitches total]

Sizes -( -, -, -, - ) (XXL, 3XL, 4XL, 5XL):

Primary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Primary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 4 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Repeat these Primary Shaping Rows 1-4, -( -, -, -, - ) (3, 2, 2, 2) *more* times.

Size XXL: Continue onto the Secondary Shaping Rows.

Size 3XL-5XL: Work the Primary Shaping Rows 1 & 2, once more then continue onto the Secondary Shaping Rows.

[-( -, -, -, - ) (44, 42, 44, 45) stitches total]

## **Left Front V-Neck & Armhole Secondary Shaping Rows:**

Size -( -, -, L, XL) (-, -, -, -):

Secondary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 6 stitches, m1R, k1, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 3 stitches)

Secondary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 4(RS): sl1kw wyib, k1, p1, k1, p1, knit to last 6 stitches, m1R, k1, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Secondary Shaping Row 5 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 6 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 6 stitches, m1R, k1, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Size L: Continue onto the Right Front Shoulder section.

Size XL: Work Secondary Shaping Rows 1 & 2 once more then continue onto the Right Front Shoulder section.

[-(-, -, 48, 52) (-, -, -, -) stitches total]

Size -(-, -, -, -) (XXL, -, -, -):

Secondary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 6 stitches, m1R, k1, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Then work the following section of Secondary Shaping Rows as well.

Size -(-, -, -, -) (XXL, 3XL, 4XL, 5XL):

Secondary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 6 stitches, m1R, k1, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 3 stitches)

Secondary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 4(RS): sl1kw wyib, k1, p1, k1, p1, knit to last 6 stitches, m1R, k1, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Repeat these Secondary Shaping Rows 1-4, -(-, -, -, -) (1, 2, 3, 3) *more* times.

Sizes XXL & 4XL: Continue onto the Right Front Shoulder section.

Sizes 3XL & 5XL: Work Secondary Shaping Rows 1 & 2, once more.

[-(-, -, -, -) (56, 60, 64, 68) stitches total]

## **Right Front Shoulder:**

All Sizes:

Transfer the Left Front live stitches to a stitch holder or scrap yarn (or preferably to another needle similar in size, so that the stitches are ready to be joined when we finish the front body).

Break yarn.

Along the same cast on edge we picked up from for the Left Front Shoulder, we will now be picking up the rightmost stitches for the Right Front Shoulder. Using a US 8 / 5mm needle, pick up and knit 5 stitches into the border, and then pick up and knit the next 16(18, 18, 18, 19) (19, 20, 20, 21) stitches.

[21(23, 23, 23, 24) (24, 25, 25, 26) stitches total]

All Sizes:

Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Sizes XS(-, -, L, XL) (-, -, -, -):

Skip ahead to the "Right Front V-Neck" section.

Sizes -(S, M, -, -) (XXL, 3XL, 4XL, 5XL):

Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib.

Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Repeat Rows 2 & 3, -(1, 1, -, -) (4, 5, 3, 1) *more* times.

## **Right Front V-Neck:**

V-neck Increase Row (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 sts, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Work 5(5, 5, 5, 5) (3, 3, 3, 3) rows in pattern without increases.

Repeat these 6(6, 6, 6, 6) (4, 4, 4, 4) rows rows, 7(6, 5, 6, 6) (7, 6, 7, 8) *more* times.

[29(30, 29, 30, 31) (32, 32, 33, 35) stitches total]

Sizes XS(S, M, L, XL) (-, -, 4XL, -):

Work V-neck Increase Row once more.

Sizes -(, -, -, -) (XXL, 3XL, -, 5XL):

Work one RS row in pattern with no increases.

[30(31, 30, 31, 32) (32, 32, 34, 35) stitches total]

## **Right Front V-Neck & Armhole Primary Shaping Rows:**

Sizes XS(S, M, L, XL) (-, -, -, -):

Primary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Primary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 4 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Primary Shaping Row 5 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 6 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Repeat these Primary Shaping Rows 1-6, 0(1, 2, 1, 1) (-, -, -, -) *more* times.

Size XS & M: Work Primary Shaping Rows 1 & 2, once more then continue onto the Joining the Front & Back.

Size S: Continue onto the Joining the Front & Back section.

Size L & XL: Work the Primary Shaping Rows 1-4, once more, then continue onto Secondary Shaping Rows.

[35(39, 43, 41, 42) (-, -, -, -) stitches total]

Sizes -(, -, -, -) (XXL, 3XL, 4XL, 5XL):

Primary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib. (Increased 1 stitch)

Primary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Primary Shaping Row 4 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Repeat these Primary Shaping Rows 1-4, 0 -(, -, -, -) (3, 2, 2, 2) *more* times.

Size XXL: Continue onto the Secondary Shaping Rows.

Size 3XL-5XL: Work the Primary Shaping Rows 1 & 2, once more then continue onto the Secondary Shaping Rows.

[-(, -, -, -) (44, 42, 44, 45) stitches total]

## **Right Front V-Neck & Armhole Secondary Shaping Rows:**

Size -(, -, L, XL) (-, -, -, -):

Secondary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, k1, m1L, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 3 stitches)

Secondary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 4(RS): sl1kw wyib, k1, p1, k1, p1, m1L, k1, m1L, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Secondary Shaping Row 5 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 6 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, k1, m1L, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Size L: Continue onto the Joining the Front & Back section.

Size XL: Work Secondary Shaping Rows 1 & 2 once more then continue onto the Joining the Front & Back.

[-(-, -, 48, 52) (-, -, -) stitches total]

Size -(-, -, -) (XXL, -, -):

Secondary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, k1, m1L, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Then work the following section of Secondary Shaping Rows as well.

Size -(-, -, -) (XXL, 3XL, 4XL, 5XL):

Secondary Shaping Row 1 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 2 (RS): sl1kw wyib, k1, p1, k1, p1, m1L, k1, m1L, knit to last 5 stitches, m1R, p1, k1, p1, k1, sl1kw wyib. (Increased 3 stitches)

Secondary Shaping Row 3 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Secondary Shaping Row 4(RS): sl1kw wyib, k1, p1, k1, p1, m1L, k1, m1L, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib. (Increased 2 stitches)

Repeat these Secondary Shaping Rows 1-4, -(-, -, -) (1, 2, 3, 3) *more* times.

Sizes XXL & 4XL: Continue onto the Joining the Front & Back section.

Sizes 3XL & 5XL: Work Secondary Shaping Rows 1 & 2, once more.

[-(-, -, -, -) (56, 60, 64, 68) stitches total]

## **Joining the Front & Back:**

Note: It is normal for your Front Panels to be longer than your Back Panel. This extra length accounts for getting up and over the shoulder.

Set up your work so all three sections are on a needle (either the same needle or separate needles) and ready for a WS row to be worked, with the Right Front Panel as the first piece you will work, then the Back Body Panel and ending with the Left Front Panel. Your yarn should already be in place to work a WS row on the Right Front Panel.

Joining Row (WS): p2, k1, p1, k1, purl the remaining Right Front Panel stitches, then DO NOT TURN.

Instead, using the Backwards Loop Method, CO 8(8, 9, 9, 10) (11, 12, 13, 14) stitches, purl across the Back Body Panel, CO 9(9, 10, 10, 11) (12, 13, 14, 15) stitches, purl to the last 5 stitches of the Left Front Panel, k1, p1, k1, p2.

[155(171, 191, 209, 227) (245, 263, 281, 299) stitches total]

## **Body:**

Row 1 (RS): sl1kw wyib, k1, p1, k1, p1, knit to last 5 stitches, p1, k1, p1, k1, sl1kw wyib.

Row 2 (WS): p2, k1, p1, k1, purl to last 5 stitches, k1, p1, k1, p2.

Work in pattern until the body measures 6.25(6.25, 6.25, 6.75, 7) (7, 7.5, 8, 8.5)" / 16[16, 16, 17, 18] [18, 19, 20.5, 21.5] cm from the underarm cast on, ending after completing a WS row.

Change to US 7/ 4.5mm needles.

Row 1 (RS): sl1kw wyib, (k1, p1) to last 2 stitches, k1, sl1kw wyib.

Row 2 (WS): p2, k1, (p1, k1) to last 2 stitches, p2.

Work this established 1x1 ribbing border for 0.75(0.75, 0.75, 0.75, 0.75) (1, 1, 1, 1)" / 2[2, 2, 2, 2] [2.5, 2.5, 2.5, 2.5] cm.

BO in pattern.

Break yarn.

## **Finishing:**

Weave in ends.

Block.

If your armholes ended up deeper than you would like, a simple slip stitch crochet edge will do the trick!

A video tutorial for this technique can be found here:

<https://www.youtube.com/watch?v=vTaG26P7sKg&feature=youtu.be>

Sew the first hook and eye closure in line with the bottom of the v-neck on the inside of the vest.

Sew the second hook and eye in the same manner, approximately 3" below the first.

A video tutorial for how to attach your hook & eyes can be found here:

<https://www.youtube.com/watch?v=YwdbXImvmXo>

Share pics of your new top on Instagram using the hashtags #VacationVest & #parknknit. ♥



Park&Knit 

## Size Schematic:

XS(S, M, L, XL)(XXL, 3XL, 4XL, 5XL)"

XS[S, M, L, XL][XXL, 3XL, 4XL, 5XL] cm

