

My Favourite Things

~knitwear~



TEE NO. 2 #TEENO2

ABOUT TEE NO. 2

Tee No. 2 is a loose-fitting, cabled t-shirt with distinctive saddle shoulders.

The yoke and sleeves are shaped with short rows, which ensures a good fit.

A delicate neckline and the light fabric add a feminine contrast to the otherwise masculine look.

SIZES

XS (S) M (L) XL (2XL) 3XL (4XL)

MEASUREMENTS

Circumference: 96 (103) 109 (116) 122 (129) 135 (148) cm [37.75 (40.5) 43 (45.75) 48 (50.75) 53.25 (58.25) inches]

Length (center back, excl. neck): 51 (52) 54 (55) 56 (57) 59 (60) cm [20 (20.5) 21.25 (21.75) 22 (22.5) 23.25 (23.5) inches]

SUGGESTED NEEDLES

3.5 mm [US 4] circular needles (80 or 100 cm [32 or 40 inches]), x2.

2.5 mm [US 1.5] circular needles (40 and 80 or 100 cm [16 and 32 or 40 inches])

NOTE! If working the neck and sleeves using the magic loop method, you will not need the 2.5 mm [US 1.5], 40 cm [16 inches] circular needles.

GAUGE

In the pattern using 3.5 mm [US 4] needles

28 sts / 36 rows = 10 x 10 cm [4 x 4 inches]

MATERIALS

Work the tee holding two strands of yarn together. One of each quality.

250 (250) 250 (300) 350 (350) 350 (400) g. Cotton Wool 3, Gepard, 50 g. / 230 m.
Shown in col. '101'.

held together with...

75 (100) 100 (100) 125 (125) 125 (150) g. Cashmere Lace, Gepard, 25 g. / 330 m.
Shown in col. 'Marcipan'.

Or...

200 (250) 250 (300) 350 (350) 350 (400) g. Wild & Soft, Gepard, 50 g. / 240 m.

held together with...

75 (100) 100 (100) 125 (125) 125 (150) g. Cashmere Lace, Gepard, 25 g. / 330 m.

BEFORE YOU BEGIN

Remember to work a tension swatch to ensure that you obtain the correct gauge using the suggested needles. If your gauge differs, this will result in wrong proportions of your finished t-shirt. The given gauge is measured after washing.

Note that the cables will be tight and 'bouncy' while knitting. These will open up when washing, which will even out and flatten the texture. Your t-shirt will therefore appear very small during the knitting process and it is essential for the final fit that you either wash or steam the t-shirt before use.

Size guide

Tee No. 2 has a loose fit. Calculate a positive ease of approx. 15 cm [6 inches] for sizes XS-XL and approx. 8-12 cm [3.25-4.75 inches] for sizes 2XL-4XL. The positive ease is designed to provide the most flattering fit for each size.

The sizes are equivalent to the European standard sizes 34/XS (36/S) 38/M (40/L) 42/XL (44/2XL) 46/3XL (48/4XL) and suit a chest measurement of approx. 80-85 (85-90) 90-95 (95-100) 100-110 (110-120) 120-130 (130-140) cm [31.5-33.5 (33.5-35.5) 35.5-37.5 (37.5-39.5) 39.5-43.5 (43.5-47.25) inches].

For example: You measure 89 cm [35 inches] at your widest + 15 cm [6 inches] = 104 cm [41 inches]. Meaning that you would choose a size S with a finished circumference of 103 cm [40.5 inches].

Model is wearing size S.

Introduction to the workflow

First, work the two shoulder pieces. Then, pick up stitches along the back of both shoulders and cast on stitches for the neck using knitted cast on. Shape the back with short rows.

Form the front pieces by picking up stitches along the front edges of the two shoulders and shaping them with short rows. At the same time, work increases for the neckline.

Once the front and back pieces are complete, join them on a circular needle and finish the body.

Next, work the neckline. Finally, pick up stitches along the armholes to shape the sleeve caps with short rows, then work the sleeves in the round on a circular needle.

Cables

Twist: Place 3 sts on a cable needle in front of the work, k3, then k3 from the cable needle.

Have a look here for how to work the cable with a cable needle:

<https://www.youtube.com/watch?v=YDynrSgPumo>

Have a look here for how to work the cable without a cable needle:

<https://www.youtube.com/watch?v=78nFy1YGdzY>

Gauge swatch

Cast on 35 sts using 3.5 mm [US 4] circular needles. Work **rows 1st – 10th** until the swatch measures +10 cm [4 inches] on each side

1st row (WS): P1, *p6, k3* repeat until 7 sts remain, p7.

2nd row (RS): K1, *k6, p3* repeat until 7 sts remain, k7.

3rd row (WS): P1, *p6, k3* repeat until 7 sts remain, p7.

4th - 9th rows: Work as **rows 2nd – 3rd**.

10th row (RS): K1, *twist, p3* repeat until 7 sts remain, twist, k1.

Increases

The increases lean either towards the right (M1R/M1Rp) or left (M1L/M1Lp).

Right-leaning increases

M1R: With your left needle, pick up the bar (between the sts on the right and left needles) from back to front and knit.

M1Rp: With your left needle, pick up the bar from back to front and purl.

Left-leaning increases

M1L: With your left needle, pick up the bar from front to back and knit through the back loop.

M1Lp: With your left needle, pick up the bar from front to back and purl through the back loop.

When increasing on rows where you need to twist for the cable, use the following method to avoid any gaps in your work.

CabM1L:

Step 1: Place 3 sts on a cable needle in front of work.

Step 2: K3 sts (NOTE! The 3rd of these sts is the same one used in step 4).

Step 3: K the 3 sts from your cable needle.

Step 4: Using your left needle, go behind the last of 3 knitted sts and catch it. Lift this st to your left needle from front to back, inserting the needle from front to back. K this st tbl.

Have a look here for how to do this: <https://www.youtube.com/watch?v=oGwZhQ-54Hc>

CabM1R:

Step 1: Place 3 sts on a cable needle in front of work.

Step 2: K2, then inc in the following st by first knitting 1 tbl and afterwards k 1 in the same st.

Step 3: K the 3 sts from your cable needle.

Have a look here for how to do this: <https://www.youtube.com/watch?v=f9nvAckPQkQ>

Edge stitches (est)

K on the RS and p on the WS, as specified in the pattern descriptions.

BEGIN YOUR WORK HERE

SHOULDERS

Cast on 35 (35) 35 (35) 35 (35) 35 (35) sts using 3.5 mm [US 4] circular needles.

First row is a WS row.

1st row (WS): P1, *p6, k3* repeat until 7 sts remain, p7.

2nd row (RS): K1, *k6, p3* repeat until 7 sts remain, k7.

3rd row (WS): P1, *p6, k3* repeat until 7 sts remain, p7.

4th - 9th rows: Work as rows 2nd – 3rd.

10th row (RS): K1, *twist, p3* repeat until 7 sts remain, twist, k1.

Work rows 1st – 10th a total of 5 (6) 6 (7) 7 (7) 8 (8) times.

You have now worked a total of 50 (60) 60 (70) 70 (70) 80 (80) rows.

Break the yarn and leave the sts on hold using a helping needle or waste yarn.

Work the second shoulder identically.

BACK

Now, shape the back.

Pick up sts on the long side of the shoulders and cast on sts for the neckline as follows:

Begin on the left shoulder (left when wearing the t-shirt). Begin at the resting sts and work towards the cast-on edge, picking up 34 (43) 43 (52) 52 (52) 61 (61) sts using 3.5 mm [US 4] circular needles. The number of sts corresponds to picking up approx. 2 out of 3 sts. That is, pick up 2 sts, skip 1 st, pick up 2 sts, skip 1 st, etc. Skip the st for each twisted row.

This will be the left side of the back (left when wearing the t-shirt).

Cast on 39 (39) 39 (39) 48 (48) 48 (48) new sts in an extension using the knitted cast-on method = neck sts.

NOTE! To make a knitted cast-on, you must be working with the WS facing up. Have a look here for how to do this:
<https://www.youtube.com/watch?v=2jfkxdMKhHw>

After the cast-on, continue on the RS. Pick up and knit 34 (43) 43 (52) 52 (52) 61 (61) sts along the other shoulder. Begin at the cast on edge and work towards the resting sts on the outer edge. The number of sts corresponds to approx. 2 out of 3 sts. Skip a st for each twisted row.

This will be the right side of the back (right when wearing the sweater).

You have now 107 (125) 125 (143) 152 (152) 170 (170) sts on your needles.

Break the yarn. Slip the 34 (43) 43 (52) 52 (52) 61 (61) sts from the left shoulder to the right side of the circular needle without working them. Join new yarn.

Now, begin working short rows. Always turn at the last knitted st; this is indicated as “turn” in the text. The double st is not counted in the stated number of sts on the following row.

*Example: You work 3 purl sts as last, from the RS, and turn in the last of the 3 purl sts.
On the WS, the first sts you work will therefore be 2 knit sts, as one of the 3 sts is your double st.*

1st row (RS): Work *p3, k6* over the 36 (36) 36 (36) 45 (45) 45 (45) neck sts, p3 (= 39 (39) 39 (39) 48 (48) 48 (48) sts), turn,

2nd row (WS): K2, *p6, k3* to where you joined the new yarn, p6, k3, turn,

3rd row (RS): P2, *k6, p3* to and including the previous double st, k6, p3, turn,

4th row (WS): K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,

5th row (RS): P2, *k over k and p over p* to and including the previous double st, k6, p3, turn,

Size XS:**6th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, turn,**7th row (RS):** K5, *k over k and p over p* to and including the previous double st, k6, turn,**8th row (WS):** P5, *k over k and p over p* to and including the previous double st, k3, p3, turn,**9th row (RS):** K2, *k over k and p over p* to and including the previous double st, p3, k3, turn,**10th row (WS):** P2, *k over k and p over p* to the end of row (include the last 4 sts you have not yet worked, and purl them).**11th row (RS):** Work *k over k and p over p* to the end of row (include the last 4 sts you have not yet worked and knit them).**12th row (WS):** Work *k over k and p over p* to the end of row**13th row (RS):** K1, *twist, p3* repeat until 7 sts remain, twist, k1.**Sizes S-M:****6th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**7th row (RS):** P2, *k over k and p over p* to and including the previous double st, k6, p3, turn,**8th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**9th row (RS):** K2, *k over k and p over p* to and including the previous double st, k6, p3, turn,**10th row (WS):** P2, *k over k and p over p* to the end of row (include the last 7 purl sts you have not yet worked).**11th row (RS):** Work *k over k and p over p* to the end of row (include the last 7 purl sts you have not yet worked).**12th row (WS):** Work *k over k and p over p* to the end of row**13th row (RS):** K1, *twist, p3* repeat until 7 sts remain, twist, k1.**Sizes L-2XL:****6th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**7th row (RS):** P2, *twist, p3* to and including the previous double st, k6, p3, turn,**8th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**9th row (RS):** P2, *k over k and p over p* to and including the previous double st, k6, p3, turn,**10th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, turn,**11th row (RS):** K5 *k over k and p over p* to and including the previous double st, k6, turn,**12th row (WS):** P5, *k over k and p over p* to and including the previous double st, k3, p3, turn,**13th row (RS):** K2, *k over k and p over p* to and including the previous double st, p3, k3, turn,**14th row (WS):** P2, *k over k and p over p* to the end of row (include the last 4 purl sts you have not yet worked).**15th row (RS):** Work *k over k and p over p* to the end of row (include the last 4 purl sts you have not yet worked).**16th row (WS):** Work *k over k and p over p* to the end of row**17th row (RS):** K1, *twist, p3* repeat until 7 sts remain, twist, k1.**Sizes 3XL-4XL:****6th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**7th row (RS):** P2, *twist, p3* to and including the previous double st, k6, p3, turn,**8th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**9th row (RS):** P2, *k over k and p over p* to and including the previous double st, k6, p3, turn,**10th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**11th row (RS):** P2, *k over k and p over p* to and including the previous double st, k6, p3, turn,**12th row (WS):** K2, *k over k and p over p* to and including the previous double st, p6, k3, turn,**13th row (RS):** P2, *k over k and p over p* to and including the previous double st, k6, p3, turn,**14th row (WS):** P2, *k over k and p over p* to the end of row (include the last 7 purl sts you have not yet worked).**15th row (RS):** Work *k over k and p over p* to the end of row (include the last 7 purl sts you have not yet worked).**16th row (WS):** Work *k over k and p over p* to the end of row**17th row (RS):** K1, *twist, p3* repeat until 7 sts remain, twist, k1.

The short rows are now complete. Continue back and forth on circular needles.

1st row (WS): P1, *p6, k3* repeat until 7 sts remain, p7.**2nd row (RS):** K1, *k6, p3* repeat until 7 sts remain, k7.**3rd row (WS):** P1, *p6, k3* repeat until 7 sts remain, p7.**4th - 9th rows:** Work as rows 2nd – 3rd.

10th row (RS): K1, *twist, p3* repeat until 7 sts remain, twist, k1.

Work the above rows *a total of* 4 (4) 4 (5) 5 (5) 6 (5) times. The last repeat ends with **9th row** (WS row).

Now, work increases – this time to shape the armholes on the back.

1st row (RS): K1, **cabM1L**, *p3, twist* repeat until 10 sts remain, p3, **cabM1R**, k1.

2nd row (WS): P7, **M1Rp**, *k over k and p over p* repeat until 7 sts remain, **M1Lp**, p7.

3rd row (RS): K7, **M1L**, *k over k and p over p* repeat until 7 sts remain, **M1R**, k7.

4th-6th rows: Work as **rows 2nd and 3rd**.

7th row (RS): K7, **M1Lp**, *k over k and p over p* repeat until 7 sts remain, **M1Rp**, k7.

8th row (WS): P7, **M1R**, *k over k and p over p* repeat until 7 sts remain, **M1L**, p7.

9th row (RS): Work as **7th row**.

10th row (WS): P1, *p6, k3* repeat until 7 sts remain, p7. *NOTE! No inc on this row.*

Work **rows 1st – 10th** *a total of* 1 (1) 1 (1) 1 (1) 1 (2) times.

You have now 125 (143) 143 (161) 170 (170) 188 (206) sts on your needles.

Break the yarn and leave the sts on hold using a helping needle or waste yarn, whilst working the front.

LEFT FRONT

Now, work the left front.

Turn the work so that the sts you have just worked on the back are now facing you and the two shoulder pieces are facing upwards. You are now ready to pick up sts along the left shoulder piece (left when wearing the t-shirt).

Pick up and knit 35 (44) 44 (53) 53 (53) 62 (62) sts from the RS *the short end of the yarn* using 3.5 mm [US 4] circular needles.

The number of sts corresponds to approx. 2 out of every 3 sts. Skip a sti for each twist row. Begin at the cast-on edge and work towards the resting sts.

TIP! When picking up sts with the short end of the yarn, you can begin with the first row from the RS. Have a look here to see how to do this: <https://www.youtube.com/watch?v=3D5dDef2hq0>

From the 1st row, shape the neckline by working increases. At the same time, shape the shoulder with short rows.

1st row (RS): K7, **M1L**, p3, turn,

2nd row (WS): K2, p1, **M1Lp**, p7.

3rd row (RS): K7, **M1L**, k2, p3, k6, p3, turn,

4th row (WS): K2, *k over k and p over p* repeat until 7 sts remain, **M1Lp**, p7.

5th row (RS): K7, **M1L**, k4, p3, k6, p3, k6, p3, turn,

Size XS:

6th row (WS): K2, *k over k and p over p* repeat until 7 sts remain, **M1Lp**, p7.

7th row (RS): K7, **M1Lp**, k6, p3, k6, p3, k6, p3, k6, turn,

8th row (WS): P5, *k over k and p over p* repeat until 7 sts remain, **M1L**, p7.

9th row (RS): K7, **M1Lp**, p2, *k6, p3* repeat until 7 sts remain, k7.

10th row (WS): Work *k over k and p over p* to the end of row

Sizes S-4XL:

6th row (WS): K2, *k over k and p over p* repeat until 7 sts remain, **M1Lp**, p7.

7th row (RS): K7, **M1Lp**, k6, p3, k6, p3, k6, p3, k6, p3, turn,

8th row (WS): K2, *k over k and p over p* repeat until 7 sts remain, **M1L**, p7.

9th row (RS): K7, **M1Lp**, p2, *k6, p3* repeat until 7 sts remain, k7.

10th row (WS): Work *k over k and p over p* to the end of row

Break the yarn and leave the sts on hold using a helping needle or waste yarn, whilst working the right front.

RIGHT FRONT

Pick up and knit 35 (44) 44 (53) 53 (53) 62 (62) sts on the RS of the work using 3.5 mm [US 4] circular needles. The number of sts corresponds to approx. 2 out of every 3 sts. Skip a sti for each twist row. Begin at the outer edge of the resting sts on the right shoulder and work towards the cast-on edge.

From the 1st row, work increases to shape the neckline. At the same time, shape the shoulder with short rows.

1st row (WS): P7, **M1Rp**, k3, turn,

2nd row (RS): P2, k1, **M1R**, k7.

3rd row (WS): P7, **M1Rp**, p2, k3, p6, k3, turn,

4th row (RS): P2, *k over k and p over p* repeat until 7 sts remain, **M1R**, k7.

5th row (WS): P7, **M1Rp**, p4, k3, p6, k3, p6, k3, turn,

Size XS:

6th row (RS): P2, *k over k and p over p* repeat until 7 sts remain, **M1R**, k7.

7th row (WS): P7, **M1R**, p6, k3, p6, k3, p6, k3, p6, turn,

8th row (RS): K5 *k over k and p over p* repeat until 7 sts remain, **M1Rp**, k7.

9th row (WS): P7, **M1R**, k2, *p6, k3* repeat until 7 sts remain, p7.

10th row (RS): Work *k over k and p over p* to the end of row

Sizes S-4XL:

6th row (RS): P2, *k over k and p over p* repeat until 7 sts remain, **M1R**, k7.

7th row (WS): P7, **M1R**, p6, k3, p6, k3, p6, k3, p6, k3, turn,

8th row (RS): P2, *k over k and p over p* repeat until 7 sts remain, **M1Rp**, k7.

9th row (WS): P7, **M1R**, k2, *p6, k3* repeat until 7 sts remain, p7.

10th row (RS): Work *k over k and p over p* to the end of row

Now short rows are completed. Break the yarn.

Now join the right and left front together.

FRONT

Begin on the RS at the right front.

Work across the 44 (53) 53 (53) 62 (62) 71 (71) front sts as follows:

K1 *twist, p3* repeat until 7 sts remain, twist, p1, cast on 19 (19) 19 (19) 28 (28) 28 (28) sts in extension using the knitted cast-on method, continue working the 44 (53) 53 (53) 62 (62) 71 (71) sts on the left front and work, p1, *twist, p3* repeat until 7 sts remain, twist, k1.

You have now 107 (125) 125 (143) 152 (152) 170 (170) sts on your needles.

Now, the two front pieces and the back will be joined. Continue working back and forth on circular needles.

NOTE! The newly cast on sts and the 2 previous sts in the centre front are incorporated into the pattern; p3, k6, p3 (seen from RS).

1st row (WS): P1, *p6, k3* repeat until 7 sts remain, p7.

2nd row (RS): K1, *k6, p3* repeat until 7 sts remain, k7.

3rd row (WS): P1, *p6, k3* repeat until 7 sts remain, p7.

4th - 9th rows: Work as **rows 2nd – 3rd**.

10th row (RS): K1, *twist, p3* repeat until 7 sts remain, twist, k1.

Work the above rows a total of 4 (4) 4 (5) 5 (5) 6 (5) times. The last repeat ends with the **9th row** (WS row).

Now, work increases - this time to shape the armholes on the front..

1st row (RS): K1, **cabM1L**, *p3, twist* repeat until 10 sts remain, p3, **cabM1R**, k1.

2nd row (WS): P7, **M1Rp**, *k over k and p over p* repeat until 7 sts remain, **M1Lp**, p7.

3rd row (RS): K7, **M1L**, *k over k and p over p* repeat until 7 sts remain, **M1R**, k7.

4th-6th row: Work as **rows 2nd and 3rd**.

7th row (RS): K7, **M1Lp**, *k over k and p over p* repeat until 7 sts remain, **M1Rp**, k7.

8th row (WS): P7, **M1R**, *k over k and p over p* repeat until 7 sts remain, **M1L**, p7.

9th row (RS): Work as **7th row**.

10th row (WS): P1, *p6, k3* repeat until 7 sts remain, p7. *NOTE! No inc on this row.*

Work **rows 1st – 10th** a total of 1 (1) 1 (1) 1 (1) 1 (2) times.

You have now 125 (143) 143 (161) 170 (170) 188 (206) sts on your needles.

On the next row, join the front and back pieces. From here, work the body in the round on circular needles.

BODY

Now, join the front and back pieces together. Begin on the RS. Continue using 3.5 mm [US 4] circular needles.

P1, twist, *p3, twist* until 1 st remains, p1, cast on 10 (1) 10 (1) 1 (10) 1 (1) new sts in extension using the backwards loop method.

Now, continue over the back's sts. P1, twist, *p3, twist* until 1 st remains, p1, cast on 10 (1) 10 (1) 1 (10) 1 (1) new sts in extension using the backwards loop method.

Sizes XS, M, 2XL: Begin your rnd 3 sts to the right of the centre under the right armhole. That is, just before a twist. Place a marker here, M0.

Sizes S, L, XL, 3XL, 4XL: Begin your rnd 1 st to the right of the centre under the right armhole. That is, just before a section with 3 purl sts. Place a marker here, M0.

You have now 270 (288) 306 (324) 342 (360) 378 (413) sts on your needles.

Continue working in the cable pattern, working **2nd - 10th rnds** on the first repeat, then working **1st - 10th rnds** until your work measures approx. 43 (43) 46 (46) 49 (49) 52 (52) cm [17 (17) 18 (18) 19.5 (19.5) 20.5 (20.5) inches] centre front, measured from where you joined the two front pieces.

1st rnd: Work *twist, p3* to the end of rnd.

2nd – 10th rnds: Work *k6, p3* to the end of rnd.

When the specified length is reached, work **1st rnd** once more.

Change to 2.5 mm [US 1.5] mm circular needles. Work 1 rnd k over k and p over p.

Now, work ribbing. Work *k1, p1* until the ribbed edge measures 2,5 cm [1 inch].

Work 2 rnds of double knitting and bind off using the Italian/tubular bind off method.

Have a look here for how to do this: <https://www.youtube.com/watch?v=5j4qFYHLTIY>

NECK

The neck is worked in the round on a 2.5 mm [US 1.5] mm (40 cm [16 inches]) circular needles in ribbing *k1, p1*.

Pick up and knit 142 (142) 142 (142) 160 (160) 164 (164) sts along the neckline. This corresponds to approx. 1 st per knitted st/row.

The sts are divided as follows:

Beginning at the back of the left shoulder piece, pick up and knit 33 sts along the shoulder, then pick up and knit 9 (9) 9 (9) 9 (9) 11 (11) sts along the slanted edge of the neckline, pick up and knit 19 (19) 19 (19) 28 (28) 28 (28) sts at the centre, pick up and knit 9 (9) 9 (9) 9 (9) 11 (11) long the slanted edge of the neckline, pick up and knit 33 (33) 33 (33) 33 (33) 33 (33) along the shoulder, pick up and knit 39 (39) 39 (39) 48 (48) 48 (48) sts along the back piece. Join the work in the round.

P 1 rnd.

Now, continue in ribbing *k1, p1* until the ribbed edge measures 2 (2) 2 (2) 2,5 (2,5) 2,5 (2,5) cm [0.75 (0.75) 0.75 (0.75) 1 (1) 1 (1) inches].

Work 2 rnds of double knitting and bind off using the Italian/tubular bind off method.

Have a look here for how to do this: <https://www.youtube.com/watch?v=5j4qFYHLTIY>

SLEEVES

Now, it's time to work the sleeves. Depending on which size you are knitting, the workflow is different. Therefore, choose the description that fits your size.

Begin by transferring the 35 (35) 35 (35) 35 (35) 35 (35) resting shoulder sts to the right side of your circular needle without working them. Place a marker, M2. Then, join new yarn and start your pick-up on the front/back (at the transition between shoulder and front/back).

The pick-up frequency along the front and back corresponds to approx. 3 out of 4 sts. Skip a st for each twist row.

Pick up and knit 36 (36) 36 (45) 45 (45) 54 (54) sts along the front/back with 3.5 mm [US 4] circular needles. Pick up and knit 12 (3) 12 (3) 3 (12) 3 (3) sts under the sleeve (= the 10 (1) 10 (1) 1 (10) 1 (1) newly cast on sts + the 2 old est), pick up and knit 36 (36) 36 (45) 45 (45) 54 (54) sts along the front. Place a marker M1. Break the yarn.

You have now 119 (110) 119 (128) 128 (137) 146 (146) sts on your needles.

Transfer the sts you picked up along the front/back to the right side of the circular needle without knitting them, so your rnd can begin under the armhole

Sizes XS, M, 2XL: Begin your rnd before twist under the sleeve (3 sts to the right of centre). Place a marker here, M0.

1st row (RS): *K6, p3* to M1, SM1, k2tog, k5, p3, k6, p3, k6, p3, k5, k2tog tbl, SM2, p3, k6, turn,

2nd row (WS): P5, *k3, p6* to 9 sts after M1, turn,

3rd row (RS): K5 *p3, k6* to 9 sts after M2, p3, k3, turn,

4th row (WS): P2, *k3, p6* to 9 sts after M1, k3, p3, turn,

5th row (RS): K2, *p3, k6* to 18 sts after M2, p3, turn,

6th row (WS): K2, p6, *k3, p6* to 18 sts after M1, k3, turn,

7th row (RS): P2, *k6, p3* to 21 sts after M2, k6, turn,

8th row (WS): P5, k3, *p6, k3* to 21 sts after M1, p6, turn,

9th row (RS): K5 p3, *k6, p3* to M0.

10th row (RS): Work *twist, p3* to M0.

From here work in the round on circular needles. Work **rows 1st – 10th** as follows a total of 3 (-) 3 (-) - (4) - (-) times:

1st – 9th rnd: Work *k6, p3* to the end of rnd.

10th rnd: Work *twist, p3* to the end of rnd.

Sizes S, L, XL, 3XL, 4XL: Begin your rnd 1 st to the right of centre. So, , just before a section with 3 purl sts. Place a marker here, M0. From here, work short rows.

1st row (RS): P3, *k6, p3* to M1, SM1, k2tog, k5, p3, k6, p3, k6, p3, k5, k2tog tbl, SM2 t, p3, k6, turn,

2nd row (WS): P5, *k3, p6* to 9 sts after M1, turn,

3rd row (RS): K5 *p3, k6* to 9 sts after M2, p3, k3, turn,

4th row (WS): P2, *k3, p6* to 9 sts after M1, k3, p3, turn,

5th row (RS): K2, *p3, k6* to 18 sts after M2, p3, turn,

6th row (WS): K2, p6, *k3, p6* to 18 sts after M1, k3, turn,

7th row (RS): P2, *k6, p3* to 21 sts after M2, k6, turn,

8th row (WS): P5, k3, *p6, k3* to 21 sts after M1, p6, turn,

9th row (RS): K5 *p3, k6* to M0.

10th row (RS): Work *p3, twist* to M0.

From here, work in the round on circular needles. Work **rnds 1st – 10th** as follows a total of - (3) - (3) 3 (-) 4 (4) times:

1st – 9th rnds: Work *p3, k6* to the end of rnd.

10th rnd: Work *p3, twist* to the end of rnd.

Sleeve, all sizes

Change to 2.5 mm [US 1.5] mm circular needles. Work 1 rnd k over k and p over p.

Now, work the ribbing. Work *k1, p1* until the ribbed edge measured 2,5 cm [1 inch].

*NOTE! For sizes with an uneven number of sts, adjust to an even number by knitting 2 sts together at the beginning of the **1st round**.*

Work 2 rnds of double knitting and bind off using the Italian/tubular bind off method.

Have a look here for how to do this: <https://www.youtube.com/watch?v=5j4qFYHLTIY>

Work the other sleeve identically.

FINISHING

Now weave in all loose ends.

Wash and block the tee before use get the right fit and an even and beautiful result.

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