



SMOCK O'CLOCK TRIANGLE

BY STEPHEN WEST

This triangular shawl begins at the corner with an I-cord Tab Cast On. Increases at one edge shape the fabric with twisted ribbing. A smocked knitting stitch creates the beautiful, gathered texture throughout the design. Choose one color of fingering weight wool and hold it together with a coordinating color of lace weight mohair silk. I used West Wool Bicycle held together with Glowhair for a shimmering fluffy halo. The pattern includes video tutorials to help you cast on and work the smocked knitting technique. Instructions include a small and large size with tips to help you customize the size to work with any yardage amounts. Decreases shape the other half of the triangle, so save 50% or more of your yarn for the decreases to maximize the size of the shawl and ensure you don't run out of yarn.



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Sizes: Small [Large]

Finished Measurements: 50 [93]" / 127 [236]cm wingspan length, 9.5 [17]" / 24 [43]cm at widest part. Measurements taken after blocking.

Yarn: Fingering weight

The small size features 1 strand of lace weight mohair silk held together with 1 strand fingering weight.

Yardage: 380 [950]yds / 347 [869]m

If you are holding lace weight mohair silk together with your fingering weight yarn, then you will need the recommended yardage of EACH strand of yarn.

Shown in: Small Size (teal green)

West Wool Bicycle (100% South American Merino Wool; 191yds / 175m per 50g skein)
Colorway - Mallard

West Wool Glowhair (64% Mohair, 36% Mulberry Silk; 229yds / 210m per 25g ball)
Colorway - North Sea

Large Size (light blue)

This large blue shawl features one strand of fingering weight yarn without any mohair silk marled with it.

Qing Fibre Yak Singles (65% Superwash Merino, 20% Silk, 15% Yak; 525yds / 480m per 120g skein)
Colorway - Sky

Needles: Small Size

US 6 / 4mm circular in 40" / 100cm length or size needed to obtain gauge

The small size features fingering weight wool held together with lace weight mohair silk. If you are only using one strand of wool and no mohair, then I recommend using the US 4 / 3.5mm needle size.

Large Size

US 4 / 3.5mm circular in 40" / 100cm length or size needed to obtain gauge

The large size features one strand of fingering weight yarn.

Notions: Tapestry needle

Gauge: 28 sts & 28 rows = 4" / 10cm in twisted rib smock stitch after blocking

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<https://www.westknits.com/collections/workshops>



Small Size

Westknits Kits

We have dozens of curated color palettes to inspire your next Westknits project. Collect a Westknits kit at Stephen & Penelope! We ship worldwide!

<https://www.stephenandpenelope.com/pages/westknits-kits>

Abbreviations

BO: bind off

CO: cast on

k: knit

p: purl

RS: right side

sl: slip stitch purl-wise unless instructed otherwise

ssk: (slip slip knit) slip first stitch knit-wise, slip second stitch knit-wise, knit those 2 sts together tbl

st/s: stitch/es

tbl: through back loop

WS: wrong side

wyif: with yarn in front

yo: yarn over

INSTRUCTIONS

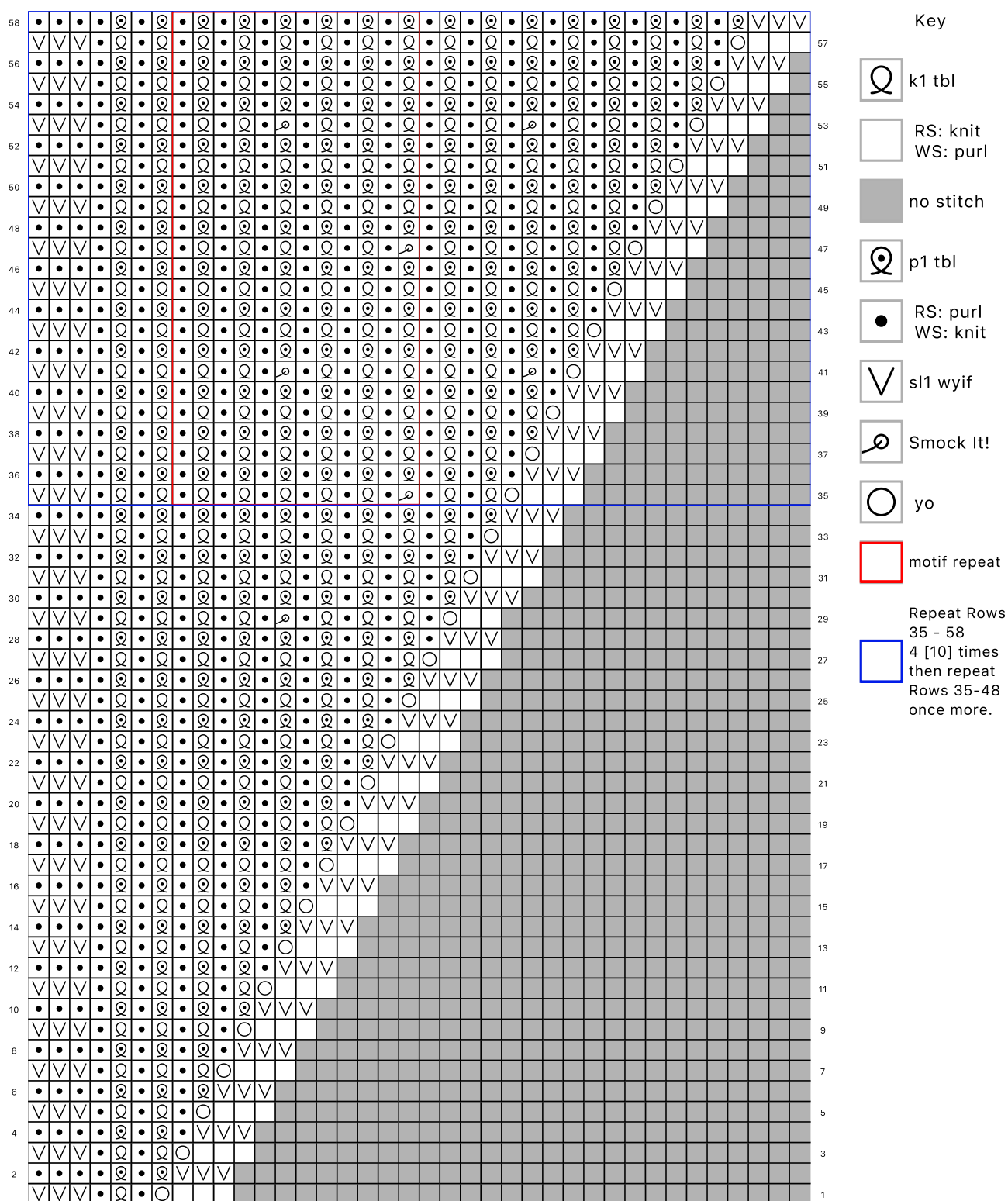
This shawl begins with an I-cord Tab Cast On. Watch this Westknits video to assist with the I-cord Tab Cast On.

https://youtu.be/03_Jby1lmRQ

Using A, CO 3 sts. *K3, sl3 sts onto left needle; repeat from * twice more, k3, pick up and k3 sts along I-cord edge. 6 sts. Turn to work WS.

Next Row (WS): Pick up and k3 sts along I-cord CO edge, k1, p1 tbl, k1, sl3 wyif. 9 sts.

Follow this chart along with the written instructions to help visualize the Increases section. Start following the chart from the bottom, starting with Row 1. The chart is read from right to left on the uneven numbered rows. The chart is read from left to right on the even numbered rows.



INCREASES

Pattern Repeat

Row 1 (RS): K3, yo, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 2 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 3 (RS): K3, yo, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 4 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Rows 5 – 28: Repeat last 4 rows 6 more times. 23 sts.

Watch this Westknits video to assist with the twisted rib Smock It technique.

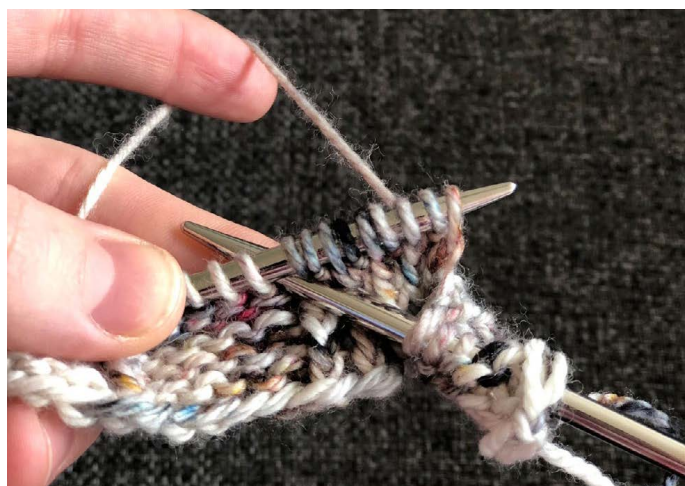
<https://youtu.be/PwCkTbK9dM>

Smock It: Insert right needle into the gap after the 9th stitch and pull yarn through tightly to form a stitch on the right needle, k1tbl from left needle, pass first stitch on right needle over the stitch you just knit. This “Smock It” instructions represents 1 stitch in the row.

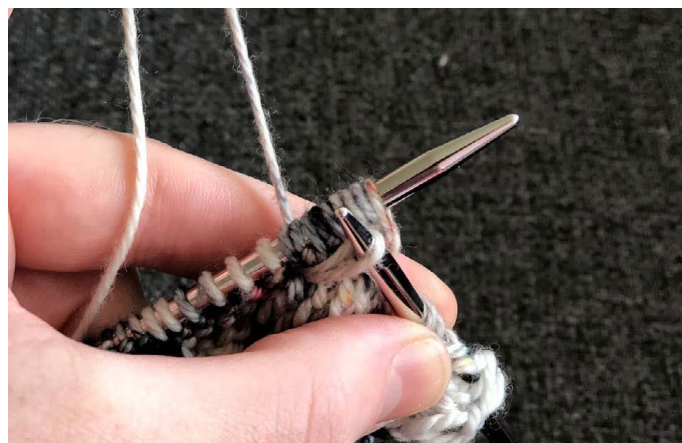
1. 9 sts on the left needle that will be smocked together.



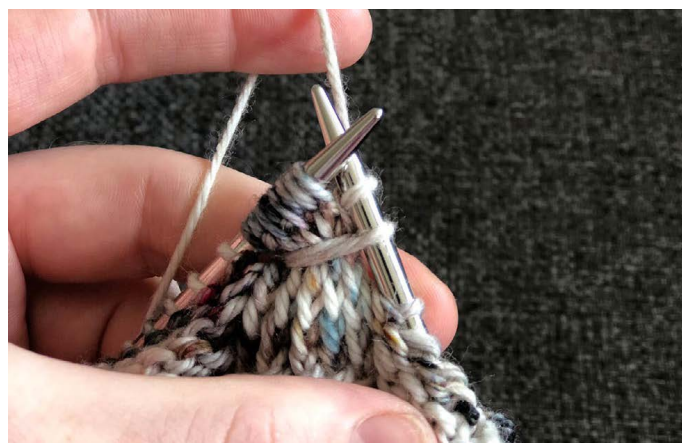
2. Insert right needle into the gap after the 9th stitch.



3. Pull yarn through tightly to form a stitch on the right needle.



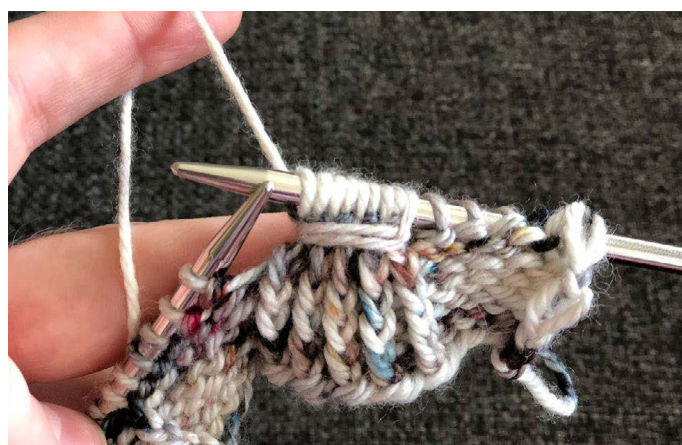
4. K1tbl from left needle.



5. Pass first stitch on right needle over the stitch you just knit.



6. Completed technique after working “Smock It, p1, (k1tbl, p1) 3 times, k1tbl.”



Row 29 (RS): K3, yo, p1, (k1 tbl, p1) 3 times, Smock It, p1, (k1 tbl, p1) 3 times, k1 tbl, p1, sl3 wyif. 24 sts.

Row 30 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 31 (RS): K3, yo, (k1 tbl, p1) to last 3 sts, sl3 wyif. 25 sts.

Row 32 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 33 (RS): K3, yo, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 26 sts.

Row 34 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Pattern Repeat

Row 35 (RS): K3, yo, (k1 tbl, p1) twice, *Smock It, p1, (k1 tbl, p1) 5 times; repeat from * to last 7 sts, (k1 tbl, p1) twice, sl3 wyif. 1 st increased.

Row 36 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 37 (RS): K3, yo, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 38 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 39 (RS): K3, yo, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 40 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 41 (RS): K3, yo, p1, Smock It, p1, (k1 tbl, p1) 4 times, *k1 tbl, p1, Smock It, p1, (k1 tbl, p1) 4 times; repeat from * to last 3 sts, sl3 wyif. 1 st increased.

Row 42 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 43 (RS): K3, yo, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 44 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 45 (RS): K3, yo, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 46 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 47 (RS): K3, yo, (k1 tbl, p1) 5 times, *Smock It, p1, (k1 tbl, p1) 5 times; repeat from * to last 7 sts, (k1 tbl, p1) twice, sl3 wyif. 1 st increased.

Row 48 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 49 (RS): K3, yo, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 50 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 51 (RS): K3, yo, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 52 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 53 (RS): K3, yo, p1, (k1 tbl, p1) twice, *k1 tbl, p1, Smock It, p1, (k1 tbl, p1) 4 times; repeat from * to last 3 sts, sl3 wyif. 1 st increased.

Row 54 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 55 (RS): K3, yo, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

Row 56 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 57 (RS): K3, yo, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st increased.

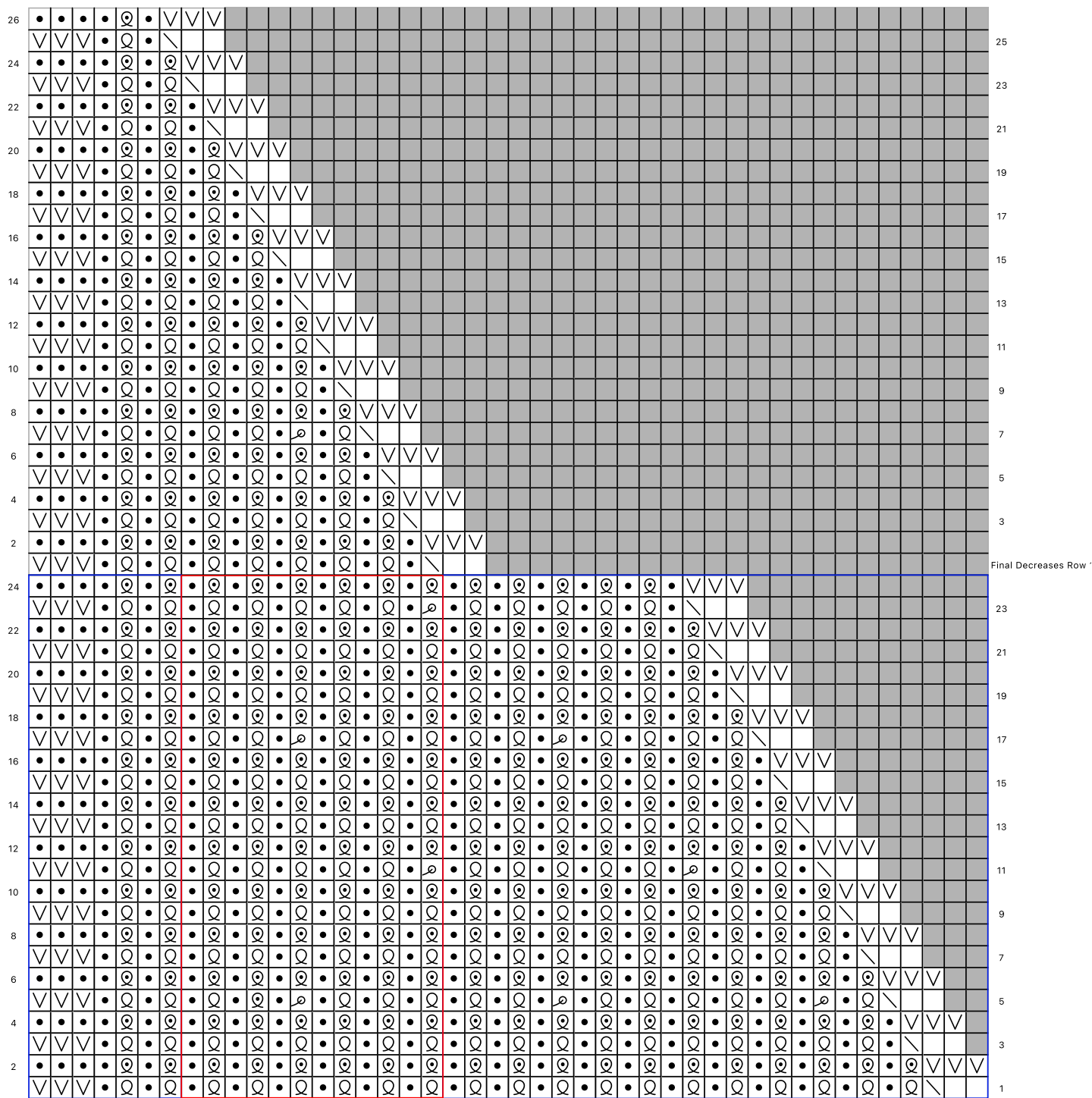
Row 58 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Repeat Rows 35 – 58 of Pattern Repeat 4 [10] more times, then repeat Rows 35 – 48 once more. 93 [165] sts.

You are now halfway through the shawl. If you want to make your shawl longer, you can work more pattern repeats of Rows 35 – 58. Make sure you have 50% or more of yarn remaining to complete the other half of the shawl for the Decreases section.



Small Size



Key



k1 tbl



p1 tbl



Smock It



RS: knit
WS: purl



RS: purl
WS: knit



no stitch



sl1 wyif



ssk



Repeat Rows
1 - 24
4 [8] times,
then repeat
Rows 1 - 22
once more



Repeat to
last 7 sts

DECREASES

Pattern Repeat

Row 1 (RS): K2, ssk, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 2 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 3 (RS): K2, ssk, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 4 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 5 (RS): K2, ssk, *k1 tbl, p1, Smock lt, p1, (k1 tbl, p1) 4 times; repeat from * to last 3 sts, sl3 wyif. 1 st decreased.

Row 6 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 7 (RS): K2, ssk, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 8 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 9 (RS): K2, ssk, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 10 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 11 (RS): K2, ssk, p1, (k1 tbl, p1) twice, *Smock lt, p1, (k1 tbl, p1) 5 times; repeat from * to last 7 sts, (k1 tbl, p1) twice, sl3 wyif. 1 st decreased.

Row 12 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 13 (RS): K2, ssk, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 14 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 15 (RS): K2, ssk, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 16 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 17 (RS): K2, ssk, (k1 tbl, p1) 3 times, *k1 tbl, p1, Smock lt, p1, (k1 tbl, p1) 4 times; repeat from * to last 3 sts, sl3 wyif. 1 st decreased.

Row 18 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 19 (RS): K2, ssk, p1, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 20 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Row 21 (RS): K2, ssk, (k1 tbl, p1) to last 3 sts, sl3 wyif. 1 st decreased.

Row 22 (WS): K3, (k1, p1 tbl) to last 3 sts, sl3 wyif.

Row 23 (RS): K2, ssk, p1, (k1 tbl, p1) 5 times, *Smock lt, p1, (k1 tbl, p1) 5 times; repeat from * to last 7 sts, (k1tbl, p1) twice, sl3 wyif. 1 st decreased.

Row 24 (WS): K4, (p1 tbl, k1) to last 3 sts, sl3 wyif.

Repeat Rows 1 – 24 of Pattern Repeat 4 [10] more times, then repeat Rows 1 – 22 once more. 22 sts.

Final Decreases

Row 1 (RS): K2, ssk, p1, (k1 tbl, p1) 7 times, sl3 wyif. 21 sts.

Row 2 (WS): K4, (p1 tbl, k1) 7 times, sl3 wyif.

Row 3 (RS): K2, ssk, (k1 tbl, p1) 7 times, sl3 wyif. 20 sts.

Row 4(WS): K3, (k1, p1 tbl) 7 times, sl3 wyif.

Row 5 (RS): K2, ssk, p1, (k1 tbl, p1) 6 times, sl3 wyif. 19 sts.

Row 6 (WS): K4, (p1 tbl, k1) 6 times, sl3 wyif.

Row 7 (RS): K2, ssk, k1 tbl, p1, Smock lt, p1, (k1 tbl, p1) 4 times, sl3 wyif. 18 sts.

Row 8 (WS): K3, (k1, p1 tbl) 6 times, sl3 wyif.

Row 9 (RS): K2, ssk, p1, (k1 tbl, p1) 5 times, sl3 wyif. 17 sts.

Row 10 (WS): K4, (p1 tbl, k1) 5 times, sl3 wyif.

Row 11 (RS): K2, ssk, (k1 tbl, p1) 5 times, sl3 wyif. 16 sts.

Row 12 (WS): K3, (k1, p1 tbl) 5 times, sl3 wyif.

Row 13 (RS): K2, ssk, p1, (k1 tbl, p1) 4 times, sl3 wyif. 15 sts.

Row 14 (WS): K4, (p1 tbl, k1) 4 times, sl3 wyif.

Row 15 (RS): K2, ssk, (k1 tbl, p1) 4 times, sl3 wyif. 14 sts.

Row 16 (WS): K3, (k1, p1 tbl) 4 times, sl3 wyif.

Row 17 (RS): K2, ssk, p1, (k1 tbl, p1) 3 times, sl3 wyif. 13 sts.

Row 18 (WS): K4, (p1 tbl, k1) 3 times, sl3 wyif.

Row 19 (RS): K2, ssk, (k1 tbl, p1) 3 times, sl3 wyif. 12 sts.

Row 20 (WS): K3, (k1, p1 tbl) 3 times, sl3 wyif.

Row 21 (RS): K2, ssk, p1, (k1 tbl, p1) twice, sl3 wyif. 11 sts.

Row 22 (WS): K4, (p1 tbl, k1) twice, sl3 wyif.

Row 23 (RS): K2, ssk, (k1 tbl, p1) twice, sl3 wyif. 10 sts.

Row 24 (WS): K3, (k1, p1 tbl) twice, sl3 wyif.

Row 25 (RS): K2, ssk, p1, k1 tbl, p1, sl3 wyif. 9 sts.

Row 26 (WS): K4, p1 tbl, k1, sl3 wyif.

Row 27 (RS): (K2, ssk, slip 3 sts from right needle onto left needle) 3 times. 6 final sts remain.

FINISHING

Break yarn leaving an 8" / 20cm tail. Place the first 3 sts on your right needle and the last 3 sts on your left needle with the purl bumps facing each other and both needles pointing to the right. Graft the remaining 6 sts together.

Watch this Westknits video to assist with the I-cord grafting.

<https://youtu.be/L0A0gcaL2xM>

Weave in ends and wet block the finished shawl to smooth the fabric.

