Knitonomy

#SACOVNECKVEST

GENERAL INFORMATION

1 ## SIZE
1 (2) 3 (4) 5 (6)
Choose a size that is at least 5 cm wider than your bust circumference.

2 ## FINISHED BUST CIRCUMFERENCE
80 (94) 107 (120) 135 (150) cm

3 ## ARMHOLE DEPTH
20 (20) 26 (26) 26 (26) cm

4 ## LENGTH
47 (47) 53 (53) 53 (53) cm

5 ## YARN
200 (200-250) 250 (300) 350 (400) g of LALOUKNITS Fluff
[50 g / 110 m]

6 ## GAUGE
18 st. x 28 r.= 10x10 cm
in the cable pattern after washing and blocking

7 ## NEEDLES
5 mm 80 cm & 40 cm circular needles
4.5 mm 80 cm & 40 cm circular needles
a tapestry needle

OVERVIEW

The Saco Round Neck Vest is a top down knit.

All shoulder shaping of this vest is placed at the front where the shoulder slope is created by German short rows. The back yoke is worked flat as a rectangle.

The shoulders are worked separately in rows. Then, they are joined by casting on stitches at the center front.

The back and the front are joined at the underarms and the body is worked in the round.

The stitches for the neckband are picked up along the neck edge and worked in rib.

The stitches for the armhole trims are picked up along the armholes and worked in the round in rib.

edge stitch (edge)
knit on the right side and purl on the wrong side

- repeat from * to *

(**RS**) RIGHT SIDE
(**WS**) WRONG SIDE

k
knit

p
purl

sl1wyif
slip 1 purlwise (from left to right needle) with yarn in front

sl1wyib
slip 1 purlwise (from left to right needle) with yarn in back

CABLING in the round

The pattern is a continuous repetition of a 12-stitch pattern alternating slipped stitch cables.

All odd rounds: slip all knit stitches with yarn in back and purl all purl stitches.

Round 2: *p2, C2F, p2, k1, p4, k1*.

Round 4: *p1, RPC, LPC, p1, k1, p4, k1*.

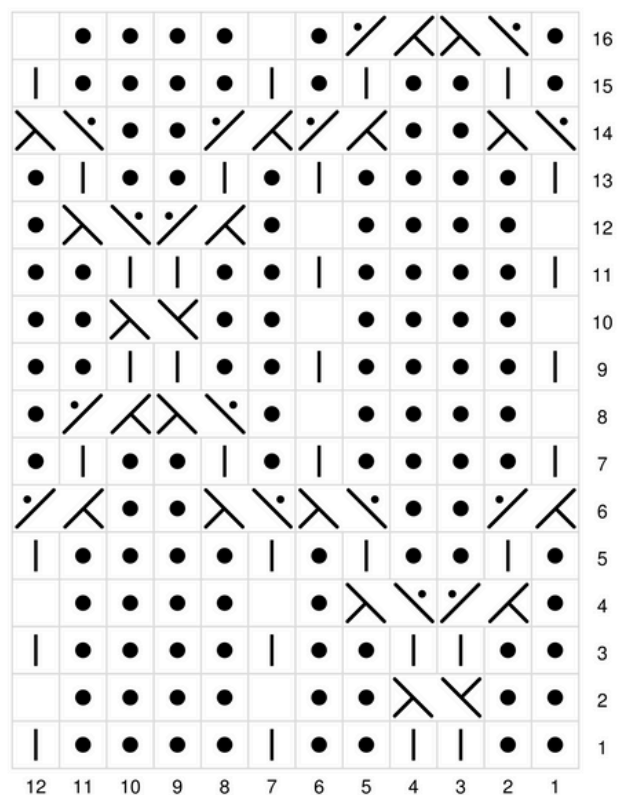Round 6: *RPC, p2, LPC, LPC, p2, RPC*.

Round 8: *k1, p4, k1, p1, LPC, RPC, p1*.

Round 10: *k1, p4, k1, p2, C2F, p2*.

Round 12: *k1, p4, k1, p1, RPC, LPC, p1*.

Round 14: *LPC, p2, RPC, RPC, p2, LPC*.

Round 16: *p1, LPC, RPC, p1, k1, p4, k1*.

C2F - skip the first stitch, knit the second stitch through the back loop, knit the skipped stitch. Slip both stitches from the needle.

LPC - skip the first stitch, purl the second stitch through the back loop, knit the skipped stitch. Slip both stitches from the needle.

RPC - skip the first stitch, knit the second stitch, purl the skipped stitch. Slip both stitches from the needle.

		knit
●		purl
⋋ ⋋		LPC
⟋ ⟋		RPC
│		slip 1 purlwise with yarn in back
⋋ ⋋		C2F
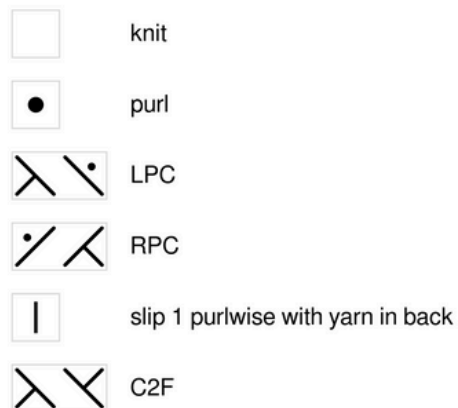
CABLING in rows

The pattern is a continuous repetition of a 12-stitch pattern alternating slipped stitch cables.

All WRONG SIDE rows: *knit all knit stitches and slip all purl stitches with yarn in front*.

Row 2 (RS): edge, *p2, C2F, p2, k1, p4, k1* to the last 7 stitches, p2, C2F, p2, edge.

Row 4 (RS): edge, *p1, RPC, LPC, p1, k1, p4, k1* to the last 7 stitches, p1, RPC, LPC, p1, edge.

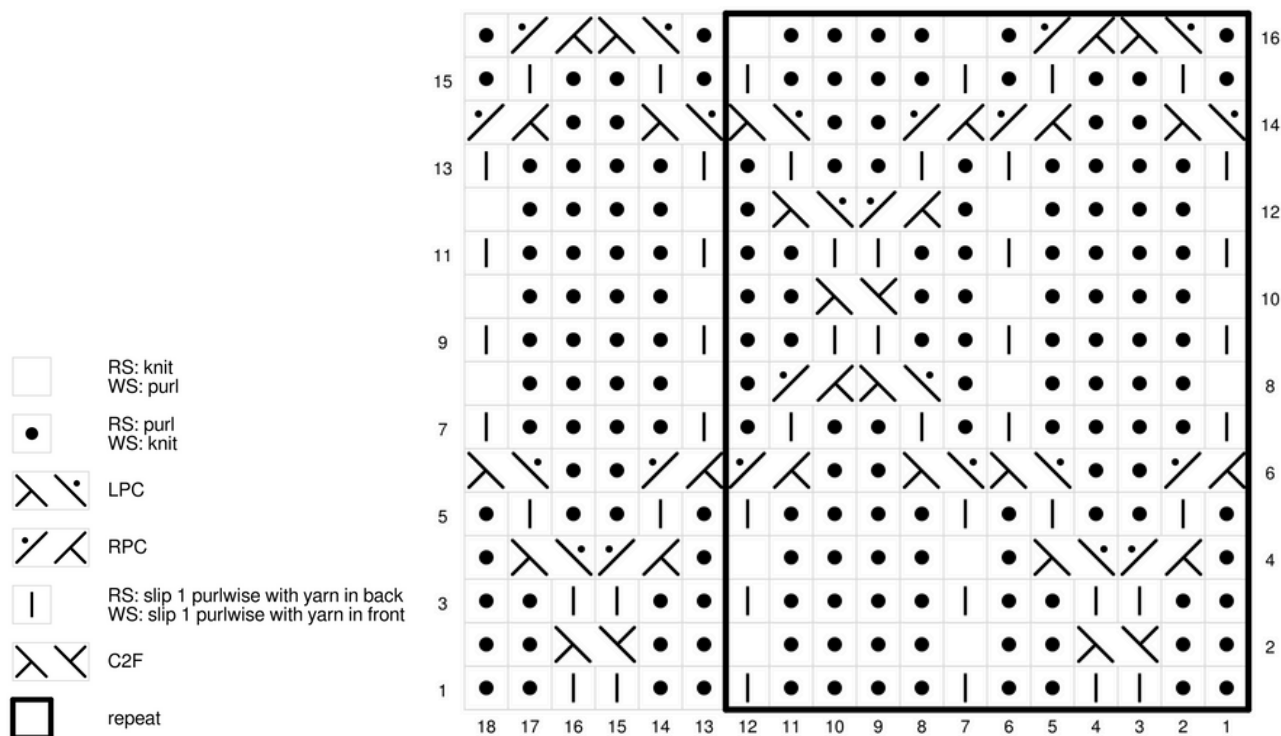Row 6 (RS): edge, *RPC, p2, LPC, LPC, p2, RPC* to the last 7 stitches, RPC, p2, LPC, edge.

Row 8 (RS): edge, *k1, p4, k1, p1, LPC, RPC, p1* to the last 7 stitches, k1, p4, k1, edge.

Row 10 (RS): edge, *k1, p4, k1, p2, C2F, p2* to the last 7 stitches, k1, p4, k1, edge.

Row 12 (RS): edge, *k1, p4, k1, p1, RPC, LPC, p1* to the last 7 stitches, k1, p4, k1, edge.

Row 14 (RS): edge, *LPC, p2, RPC, RPC, p2, LPC* to the last 7 stitches, LPC, p2, RPC, edge.

Row 16 (RS): edge, *p1, LPC, RPC, p1, k1, p4, k1* to the last 7 stitches, p1, LPC, RPC, p1, edge.

Legend:

- RS: knit / WS: purl
- • RS: purl / WS: knit
- LPC
- RPC
- | RS: slip 1 purlwise with yarn in back / WS: slip 1 purlwise with yarn in front
- C2F
- repeat

INCREASES

| M1L · make one left

This increase slants to the left on the RIGHT SIDE and slants to the right on the WRONG SIDE. Insert the left needle from front to back under the strand that runs between the stitches, knit this strand through the back loop.

| M1Lp · make one left purl

This increase slants to the left on the RIGHT SIDE and slants to the right on the WRONG SIDE. Insert the left needle from front to back under the strand that runs between the stitches, purl this strand through the back loop

| M1R · make one right

This increase slants to the right on RIGHT SIDE and slants to the left on the WRONG SIDE. Insert the left needle from back to front under the strand that runs between the stitches, knit this strand.

| M1Rp · make one right purl

This increase slants to the right on the RIGHT SIDE and slants to the left on the WRONG SIDE. Insert the left needle from back to front under the strand that runs between the stitches, purl this strand.

VIDEO SUPPORT

VIDEO	C2F

VIDEO	LPC

VIDEO	RPC

VIDEO	horizontal seaming

VIDEO	backwards-loop cast on

VIDEO	double knitting

VIDEO	italian bind off

STEP 1 BACK

With 5 mm circular needles, cast on 56 (56) 56 (56) 68 (68) stitches using the long tail cast on.

All shoulder shaping of this vest is placed at the front where the shoulder slope is created by German short rows.
The back yoke is worked as a rectangle.

Work Rows 1-16 (as seen below) <u>or the chart</u> a total of 3 times.

The chart doesn't include edge stitches. When working flat, add "edge" at the beginning and at the end of the chart.

edge = knit on the right side and purl on the wrong side

Row 1 (WS): edge, k2, sl2 wyif, k2, *sl1 wyif, k4, sl1 wyif, k2, sl2 wyif, k2* to the last stitch, edge.

All WRONG SIDE rows: edge, *knit all knit stitches and slip all purl stitches with yarn in front*, *-* to the last stitch, edge.

Row 2 (RS): edge, *p2, C2F, p2, k1, p4, k1* to the last 7 stitches, p2, C2F, p2, edge.

Row 4 (RS): edge, *p1, RPC, LPC, p1, k1, p4, k1* to the last 7 stitches, p1, RPC, LPC, p1, edge.

Row 6 (RS): edge, *RPC, p2, LPC, LPC, p2, RPC* to the last 7 stitches, RPC, p2, LPC, edge.

Row 8 (RS): edge, *k1, p4, k1, p1, LPC, RPC, p1* to the last 7 stitches, k1, p4, k1, edge.

Row 10 (RS): edge, *k1, p4, k1, p2, C2F, p2* to the last 7 stitches, k1, p4, k1, edge.

Row 12 (RS): edge, *k1, p4, k1, p1, RPC, LPC, p1* to the last 7 stitches, k1, p4, k1, edge.

Row 14 (RS): edge, *LPC, p2, RPC, RPC, p2, LPC* to the last 7 stitches, LPC, p2, RPC, edge.

Row 16 (RS): edge, *p1, LPC, RPC, p1, k1, p4, k1* to the last 7 stitches, p1, LPC, RPC, p1, edge.

Shape the armholes, work Rows 1-15 (as seen below) increasing at both ends of every RIGHT SIDE row:
new stitches are <u>underlined</u>

Row 2 (RS): edge, **M1L**, *p2, C2F, p2, k1, p4, k1* to the last 7 stitches, p2, C2F, p2, **M1R**, edge.

Row 4 (RS): edge, **M1Lp**, <u>k1</u>, *p1, RPC, LPC, p1, k1, p4, k1* to the last 8 stitches, p1, RPC, LPC, p1, <u>k1</u>, **M1Rp**, edge.

Row 6 (RS): edge, **M1Lp**, <u>RPC</u>, *RPC, p2, LPC, LPC, p2, RPC* to the last 9 stitches, RPC, p2, LPC, <u>LPC</u>, **M1Rp**, edge.

Row 8 (RS): edge, **M1L**, <u>RPC, p1</u>, *k1, p4, k1, p1, LPC, RPC, p1* to the last 10 stitches, k1, p4, k1, <u>p1, LPC</u>, **M1R**, edge.

Row 10 (RS): edge, **M1Lp**, <u>C2F, p2</u>, *k1, p4, k1, p2, C2F, p2* to the last 11 stitches, k1, p4, k1, <u>p2, C2F</u>, **M1Rp**, edge.

Row 12 (RS): edge, **M1Lp**, <u>RPC, LPC, p1</u>, *k1, p4, k1, p1, RPC, LPC, p1* to the last 12 stitches, k1, p4, k1, <u>p1, RPC, LPC</u>, **M1Rp**, edge.

Row 14 (RS): edge, **M1Lp**, <u>RPC, p2, LPC</u>, *LPC, p2, RPC, <u>RPC, p2, LPC</u>*, *-* to the last stitch, **M1Rp**, edge.

There are 70 (70) 70 (70) 82 (82) stitches on your needles.

Sizes 1 (2) - (-) - (-): break the yarn and put the stitches on hold while working the shoulders. Go to STEP 2.

Sizes - (-) 3 (4) 5 (6): keep shaping the armholes increasing at both ends of every RIGHT SIDE row:

Row 16 (RS): edge, **M1Lp**, <u>p1</u>, *k1, p4, k1, p1, LPC, RPC, p1* to the last 8 stitches, k1, p4, k1, <u>p1</u>, **M1Rp**, edge.

Row 2 (RS): edge, **M1L**, <u>p2</u>, *k1, p4, k1, p2, C2F, p2* to the last 9 stitches, k1, p4, k1, <u>p2</u>, **M1R**, edge.

Row 4 (RS): edge, **M1Lp**, <u>LPC, p1</u>, *k1, p4, k1, p1, RPC, LPC, p1* to the last 10 stitches, k1, p4, k1, <u>p1, RPC</u>, **M1Rp**, edge.

Row 6 (RS): edge, **M1Lp**, <u>p2, LPC</u>, *LPC, p2, RPC, RPC, p2, LPC* to the last 11 stitches, LPC, p2, RPC, <u>RPC, p2</u>, **M1Rp**, edge.

Row 8 (RS): edge, **M1L**, <u>p4, k1</u>, *p1, LPC, RPC, p1, k1, p4, k1* to the last 12 stitches, p1, LPC, RPC, p1, <u>k1, p4</u>, **M1R**, edge.

Row 10 (RS): edge, **M1Lp**, *k1, p4, k1, p2, C2F, p2* to the last 7 stitches, k1, p4, k1, **M1Rp**, edge.

Row 12 (RS): edge, **M1L**, <u>p1</u>, *k1, p4, k1, p1, RPC, LPC, p1* to the last 8 stitches, k1, p4, k1, <u>p1</u>, **M1R**, edge.

Row 14 (RS): edge, **M1Lp**, <u>LPC</u>, *LPC, p2, RPC, RPC, p2, LPC* to the last 9 stitches, LPC, p2, RPC, <u>RPC</u>, **M1Rp**, edge.

There are - (-) 86 (86) 98 (98) stitches on your needles. Break the yarn and put the stitches on hold while working the shoulders.

STEP 2 LEFT SHOULDER

With 5 mm circular needles, new yarn and the RIGHT SIDE facing you, pick up and knit 18 outer left stitches along the back cast on edge using the short tail of the yarn so that you can start working from the right side with the working yarn.

For neatest result, pick up and knit your 6th and 11th stitch (they will both become knit stitches) <u>in the (knit) stitch below the cast on edge</u> (=pick up a loop in the shape of the letter "U") rather than the usual two legs of the cast on edge.

Work Rows 0-16 (as seen below) rounding the neckline and shaping the shoulder slant with German short rows:

Row 0 (RS): edge, p1, pass the edge stitch over the purl stitch (as you would when binding off), p3, turn.

Row 1 (WS): knit 3 *(the first knit is the stitch you slip purlwise and wrap around your right needle)*, edge.

Row 2 (RS): edge, p1, pass the edge stitch over the purl stitch, p2 *(the 2nd purl has 2 strands, purl them as one)*, k1, p4, turn.

Row 3 (WS): k4 *(the 1st knit stitch is the stitch you slip purlwise and wrap around your right needle)*, sl1 wyif, k2, edge.

Row 4 (RS): edge, p1, pass the edge stitch over the purl stitch, p1, k1, p4, *(double stitch)*, k1, p1, RPC, LPC, p1, edge.

Row 5 (WS): edge, k1, sl1 wyif, k2, sl1 wyif, k1, sl1 wyif, k4, sl1 wyif, k1, edge.

Row 6 (RS): edge, p1, pass the edge stitch over the purl stitch, LPC, p2, RPC, RPC, p2, LPC, edge.

There are 14 stitches on your needles.

All WRONG SIDE rows: edge, *knit all knit stitches and slip all purl stitches with yarn in front*, *-* to the last stitch, edge.*

Row 8 (RS): edge, p1, LPC, RPC, p1, k1, p4, k1, edge.

Row 10 (RS): edge, p2, C2F, p2, k1, p4, k1, edge.

Row 12 (RS): edge, p1, RPC, LPC, p1, k1, p4, k1, edge.

Row 14 (RS): edge, RPC, p2, LPC, LPC, p2, RPC, edge.

Row 16 (RS): edge, k1, p4, k1, p1, LPC, RPC, p1, edge.

Shape the neckline, work Rows 1-16 (as seen below) increasing 8 times on the RIGHT SIDE:

Row 2 (RS): edge, **M1Lp**, k1, p4, k1, p2, C2F, p2, edge.

Row 4 (RS): edge, **M1L**, <u>p1</u>, k1, p4, k1, p1, RPC, LPC, p1, edge.

Row 6 (RS): edge, **M1Lp**, <u>LPC</u>, LPC, p2, RPC, RPC, p2, LPC, edge.

Row 8 (RS): edge, **M1Lp**, <u>p2, k1</u>, p1, LPC, RPC, p1, k1, p4, k1, edge.

Row 10 (RS): edge, **M1Lp**, <u>p3, k1</u>, p2, C2F, p2, k1, p4, k1, edge.

Row 12 (RS): edge, **M1L**, <u>p4, k1</u>, p1, RPC, LPC, p1, k1, p4, k1, edge.

Row 14 (RS): edge, **M1L**, <u>LPC, p2, RPC</u>, RPC, p2, LPC, LPC, p2, RPC, edge.

Row 16 (RS): edge, **M1Lp**, <u>k1, p1, LPC, RPC, p1</u>, k1, p4, k1, p1, LPC, RPC, p1, edge.

There are 22 stitches on your needles.

Keep shaping the neckline, work Rows 1-13 (as seen below) increasing 6 times on the RIGHT SIDE:

Row 2 (RS): edge, **M1Lp**, <u>p1, k1</u>, p2, C2F, p2, k1, p4, k1, p2, C2F, p2, edge.

Row 4 (RS): edge, **M1Lp**, <u>p2, k1</u>, p1, RPC, LPC, p1, k1, p4, k1, p1, RPC, LPC, p1, edge.

Row 6 (RS): edge, **M1L**, <u>p2, RPC</u>, RPC, p2, LPC, LPC, p2, RPC, RPC, p2, LPC, edge.

Row 8 (RS): edge, **M1Lp**, <u>LPC, RPC, p1</u>, k1, p4, k1, p1, LPC, RPC, p1, k1, p4, k1, edge.

Row 10 (RS): edge, **M1L**, [p2, C2F, p2, k1, p4, k1]x2, edge.

Row 12 (RS): edge, **M1Lp**, <u>k1</u>, [p1, RPC, LPC, p1, k1, p4, k1]x2, edge.

There are 28 stitches on your needles.

Sizes 1 (2) 3 (4) - (-): break the yarn and put the stitches on hold while working the right shoulder. Go to STEP 3.

Sizes - (-) - (-) 5 (6): keep shaping the neckline. Work 12 rows increasing 6 times on the RIGHT SIDE:
Row numbers correspond with the chart.

Row 14 (RS): edge, **M1Lp**, <u>RPC</u>, [RPC, p2, LPC, LPC, p2, RPC]x2, edge.

Row 16 (RS): edge, **M1L**, <u>RPC, p1</u>, [k1, p4, k1, p1, LPC, RPC, p1]x2, edge.

Keep shaping the neckline and start shaping the armholes:

Row 2 (RS): edge, **M1Lp**, <u>C2F, p2</u>, [k1, p4, k1, p2, C2F, p2]x2, **M1R**, edge.

Row 4 (RS): edge, **M1Lp**, <u>RPC, LPC, p1</u>, [k1, p4, k1, p1, RPC, LPC, p1]x2, <u>k1</u>, **M1Rp**, edge.

Row 6 (RS): edge, **M1Lp**, *RPC, p2, LPC, LPC, p2, RPC* to the last 9 stitches, RPC, p2, LPC, <u>LPC</u>, **M1Rp**, edge.

There are - (-) - (-) 36 (36) stitches on your needles. Break the yarn and put the stitches on hold while working the right shoulder.

STEP 3 RIGHT SHOULDER

With 5 mm circular needles, new yarn and the RIGHT SIDE facing you, pick up and knit 18 outer right stitches along the back cast on edge. For neatest result, pick up and knit your 8th and 13th stitch (they will both become knit stitches) <u>in the (knit) stitch below the cast on edge</u> (=pick up a loop in the shape of the letter "U") rather than the usual two legs of the cast on edge.

Round the neckline and shape the shoulder slant with German short rows:

Set up row 1 (WS): edge, k4, turn.

Set up row 2 (RS): p4 *(the first purl stitch is the stitch you slip purlwise and wrap around your right needle)*, edge.

Row 1 (WS): edge, k1, pass the edge stitch over the just knitted stitch as you would when binding off, k3 *(the 3rd knit has two strands, knit them as one)*, sl1 wyif, k4, turn.

Row 2 (RS): p4, k1, p3, edge.

Row 3 (WS): edge, k1, pass the edge stitch over the just knitted stitch as you would when binding off, k2, sl1 wyif, k4 *(the 4th knit has two strands, knit them as one)*, sl1 wyif, k2, sl2 wyif, k2, edge.

Row 4 (RS): edge, p1, RPC, LPC, p1, k1, p4, k1, p2, edge.

Row 5 (WS): edge, k1, pass the edge stitch over the just knitted stitch as you would when binding off, k1, sl1 wyif, k4, sl1 wyif, k1, sl1 wyif, k2, sl1 wyif, k1, edge.

Row 6 (RS): edge, RPC, p2, LPC, LPC, p2, RPC, p1, edge.

Row 7 (WS): edge, k1, pass the edge stitch over the just knitted stitch as you would when binding off, k1, sl1 wyif, k2, sl1 wyif, k1, sl1 wyif, k4, sl1 wyif, edge.

There are 14 stitches on your needles.

All WRONG SIDE rows: edge, *knit all knit stitches and slip all purl stitches with yarn in front*, *-* to the last stitch, edge.

Row 8 (RS): edge, k1, p4, k1, p1, LPC, RPC, p1, edge.

Row 10 (RS): edge, k1, p4, k1, p2, C2F, p2, edge.

Row 12 (RS): edge, k1, p4, k1, p1, RPC, LPC, p1, edge.

Row 14 (RS): edge, LPC, p2, RPC, RPC, p2, LPC, edge.

Row 16 (RS): edge, p1, LPC, RPC, p1, k1, p4, k1, edge.

Shape the neckline, work Rows 1-16 (as seen below) increasing 8 times on the RIGHT SIDE:

Row 2 (RS): edge, p2, C2F, p2, k1, p4, k1, **M1Rp**, edge.

Row 4 (RS): edge, p1, RPC, LPC, p1, k1, p4, k1, p1, **M1R**, edge.

Row 6 (RS): edge, RPC, p2, LPC, LPC, p2, RPC, RPC, **M1Rp**, edge.

Row 8 (RS): edge, k1, p4, k1, p1, LPC, RPC, p1, k1, p2, **M1Rp**, edge.

Row 10 (RS): edge, k1, p4, k1, p2, C2F, p2, k1, p3, **M1Rp**, edge.

Row 12 (RS): edge, k1, p4, k1, p1, RPC, LPC, p1, k1, p4, **M1R**, edge.

Row 14 (RS): edge, LPC, p2, RPC, RPC, p2, LPC, LPC, p2, RPC, **M1R**, edge.

Row 16 (RS): edge, p1, LPC, RPC, p1, k1, p4, k1, p1, LPC, RPC, p1, k1, **M1Rp**, edge.

There are 22 stitches on your needles.

Keep shaping the neckline, work Rows 1-13 (as seen below) increasing 6 times on the RIGHT SIDE:

Row 2 (RS): edge, p2, C2F, p2, k1, p4, k1, p2, C2F, p2, k1, p1, **M1Rp**, edge.

Row 4 (RS): edge, p1, RPC, LPC, p1, k1, p4, k1, p1, RPC, LPC, p1, k1, p2, **M1Rp**, edge.

Row 6 (RS): edge, RPC, p2, LPC, LPC, p2, RPC, RPC, p2, LPC, LPC, p2, **M1R**, edge.

Row 8 (RS): edge, k1, p4, k1, p1, LPC, RPC, p1, k1, p4, k1, p1, LPC, RPC, **M1Rp**, edge.

Row 10 (RS): edge, [k1, p4, k1, p2, C2F, p2]x2, **M1R**, edge.

Row 12 (RS): edge, [k1, p4, k1, p1, RPC, LPC, p1]x2, k1, **M1Rp**, edge.

There are 28 stitches on your needles.

Sizes 1 (2) 3 (4) - (-): Don't break the yarn. Go to STEP 4.

Sizes - (-) - (-) 5 (6): keep shaping the neckline. Work 12 rows increasing 6 times on the RIGHT SIDE: Row numbers correspond with the chart.

Row 14 (RS): edge, [LPC, p2, RPC, RPC, p2, LPC]x2, <u>LPC</u>, **M1Rp**, edge.

Row 16 (RS): edge, [p1, LPC, RPC, p1, k1, p4, k1]x2, <u>p1, LPC</u>, **M1R**, edge.

Keep shaping the neckline and start shaping the armholes:

Row 2 (RS): edge, **M1L**, [p2, C2F, p2, k1, p4, k1]x2, <u>p2, C2F</u>, **M1Rp**, edge.

Row 4 (RS): edge, **M1Lp**, <u>k1</u>, [p1, RPC, LPC, p1, k1, p4, k1]x2, <u>p1, RPC, LPC</u>, **M1Rp**, edge.

Row 6 (RS): edge, **M1Lp**, <u>RPC</u>, [RPC, p2, LPC, LPC, p2, RPC]x2, <u>RPC, p2, LPC</u>, **M1Rp**, edge.

There are - (-) - (-) 36 (36) stitches on your needles. Don't break the yarn.

STEP 4 FRONT

Join the left shoulder and the right shoulder in the following way:

Sizes 1 (2) 3 (4) - (-):

Row 14 (RS): work the stitches of the right shoulder - edge, [LPC, p2, RPC, RPC, p2, LPC]x2, LPC, purl the edge stitch, work the stitches of the left shoulder - purl the edge stitch, RPC, [RPC, p2, LPC, LPC, p2, RPC]x2, edge.

Row 16 (RS): edge, *p1, LPC, RPC, p1, k1, p4, k1* to the last 7 stitches, p1, LPC, RPC, p1, edge.

Sizes - (-) - (-) 5 (6):

Row 8 (RS): work the stitches of the right shoulder - edge, **M1L**, <u>RPC, p1</u>, *k1, p4, k1, p1, LPC, RPC, p1* to the last 8 stitches, k1, p4, k1, <u>p1</u>, **M1Rp**, knit the edge stitch, work the stitches of the left shoulder - knit the edge stitch, **M1Lp**, <u>p1</u>, *k1, p4, k1, p1, LPC, RPC, p1* to the last 10 stitches, k1, p4, k1, <u>p1, LPC</u>, **M1R**, edge.

All sizes:

There are 56 (56) 56 (56) 76 (76) stitches on your needles.

Shape the armholes, work Rows 1-15 (as seen below) increasing at both ends of every RIGHT SIDE row:

Sizes - (-) - (-) 5 (6): skip Row 1-9, your next row is Row 10.

Row 2 (RS): edge, **M1L**, *p2, C2F, p2, k1, p4, k1* to the last 7 stitches, p2, C2F, p2, **M1R**, edge.

Row 4 (RS): edge, **M1Lp**, <u>k1</u>, *p1, RPC, LPC, p1, k1, p4, k1* to the last 8 stitches, p1, RPC, LPC, p1, <u>k1</u>, **M1Rp**, edge.

Row 6 (RS): edge, **M1Lp**, <u>RPC</u>, *RPC, p2, LPC, LPC, p2, RPC* to the last 9 stitches, RPC, p2, LPC, <u>LPC</u>, **M1Rp**, edge.

Row 8 (RS): edge, **M1L**, <u>RPC, p1</u>, *k1, p4, k1, p1, LPC, RPC, p1* to the last 10 stitches, k1, p4, k1, <u>p1, LPC</u>, **M1R**, edge.

Row 10 (RS): edge, **M1Lp**, <u>C2F, p2</u>, *k1, p4, k1, p2, C2F, p2* to the last 11 stitches, k1, p4, k1, <u>p2, C2F</u>, **M1Rp**, edge.

Row 12 (RS): edge, **M1Lp**, <u>RPC, LPC, p1</u>, *k1, p4, k1, p1, RPC, LPC, p1* to the last 12 stitches, k1, p4, k1, <u>p1, RPC, LPC</u>, **M1Rp**, edge.

Row 14 (RS): edge, **M1Lp**, <u>RPC, p2, LPC</u>, *LPC, p2, RPC, <u>RPC, p2, LPC</u>*, *-* to the last stitch, **M1Rp**, edge.

There are 70 (70) 70 (70) 82 (82) stitches on your needles. Don't break the yarn. **Sizes 1 (2) - (-) - (-): go to STEP 5 BODY.**

Sizes - (-) 3 (4) 5 (6): keep shaping the armholes. Work 16 rows increasing at both ends of every RIGHT SIDE row: Row numbers correspond with the chart.

Row 16 (RS): edge, **M1Lp**, <u>p1</u>, *k1, p4, k1, p1, LPC, RPC, p1* to the last 8 stitches, k1, p4, k1, <u>p1</u>, **M1Rp**, edge.

Row 2 (RS): edge, **M1L**, <u>p2</u>, *k1, p4, k1, p2, C2F, p2* to the last 9 stitches, k1, p4, k1, <u>p2</u>, **M1R**, edge.

Row 4 (RS): edge, **M1Lp**, <u>LPC, p1</u>, *k1, p4, k1, p1, RPC, LPC, p1* to the last 10 stitches, k1, p4, k1, <u>p1, RPC</u>, **M1Rp**, edge.

Row 6 (RS): edge, **M1Lp**, <u>p2, LPC</u>, *LPC, p2, RPC, RPC, p2, LPC* to the last 11 stitches, LPC, p2, RPC, <u>RPC, p2</u>, **M1Rp**, edge.

Row 8 (RS): edge, **M1L**, <u>p4, k1</u>, *p1, LPC, RPC, p1, k1, p4, k1* to the last 12 stitches, p1, LPC, RPC, p1, <u>k1, p4</u>, **M1R**, edge.

Row 10 (RS): edge, **M1Lp**, *k1, p4, k1, p2, C2F, p2* to the last 7 stitches, k1, p4, k1, **M1Rp**, edge.

Row 12 (RS): edge, **M1L**, <u>p1</u>, *k1, p4, k1, p1, RPC, LPC, p1* to the last 8 stitches, k1, p4, k1, <u>p1</u>, **M1R**, edge.

Row 14 (RS): edge, **M1Lp**, <u>LPC</u>, *LPC, p2, RPC, RPC, p2, LPC* to the last 9 stitches, LPC, p2, RPC, <u>RPC</u>, **M1Rp**, edge.

There are - (-) 86 (86) 98 (98) stitches on your needles. Don't break the yarn.

STEP 5 BODY

Join the front and the back in the following way:

Sizes 1 (2) - (-) - (-): Row 16: work the stitches of the front - knit the edge stitch, **M1Lp**, p1, *k1, p4, k1, p1, LPC, RPC, p1* to the last 8 stitches, k1, p4, k1, p1, **M1Rp**, knit the edge stitch, cast on 0 (12) - (-) - (-) stitches using backwards-loop cast on, work the stitches of the back - knit the edge stitch, **M1Lp**, p1, *k1, p4, k1, p1, LPC, RPC, p1* to the last 8 stitches, k1, p4, k1, **place a stitch marker to mark the beginning of the round**, p1, **M1Rp**, knit the edge stitch, cast on 0 (12) - (-) - (-) stitches using backwards-loop cast on. Join to work in the round.

Sizes - (-) 3 (4) 5 (6): Row 16: work the stitches of the front - purl the edge stitch, **M1Lp**, p2, k1, *p1, LPC, RPC, p1, k1, p4, k1* to the last 10 stitches, p1, LPC, RPC, p1, k1, p2, **M1Rp**, purl the edge stitch, cast on - (-) 8 (20) 20 (32) stitches using backwards-loop cast on, work the stitches of the back - purl the edge stitch, **M1Lp**, p2, k1, *p1, LPC, RPC, p1, k1, p4, k1* to the last 10 stitches, p1, LPC, RPC, p1, k1, p2, **M1Rp**, purl the edge stitch, cast on - (-) 1 (13) 13 (25) stitches using backwards-loop cast on, **place a stitch marker to mark the beginning of the round**, cast on - (-) 7 (7) (7) (7) stitches using backwards-loop cast on. Join to work in the round.

There are 144 (168) 192 (216) 240 (264) stitches on your needles. Your newly cast on stitches are part of the 12-stitch cable pattern and Round 1 is worked in the following way: *p2, sl2wyib, p2, sl1wyib, p4, sl1wyib*, *-* to the end of the round. *Please note that you are 3 (15) 7 (7) 7 (7) stitches past your BOR marker.*

**Work Rounds 1-16 (as seen below) <u>or the chart </u>a total of 4 times or
until your work measures about 45 (45) 51 (51) 51 (51) cm from the cast on edge (mid back).**

All odd rounds: *slip all knit stitches with yarn in back and purl all purl stitches.*

Round 2: *p2, C2F, p2, k1, p4, k1*, *-* to the end of the round.

Round 4: *p1, RPC, LPC, p1, k1, p4, k1*, *-* to the end of the round.

Round 6: *RPC, p2, LPC, LPC, p2, RPC*, *-* to the end of the round.

Round 8: *k1, p4, k1, p1, LPC, RPC, p1*, *-* to the end of the round.

Round 10: *k1, p4, k1, p2, C2F, p2*, *-* to the end of the round.

Round 12: *k1, p4, k1, p1, RPC, LPC, p1*, *-* to the end of the round.

Round 14: *LPC, p2, RPC, RPC, p2, LPC*, *-* to the end of the round.

Round 16: *p1, LPC, RPC, p1, k1, p4, k1*, *-* to the end of the round.

STEP 6 RIB

With 4.5 mm circular needles, work **5 rounds (2 cm)** in the following way: *k1, p1*, *-* to the end of the round.

Work double knitting in the following way:

Round 1: *k1, slip 1 purlwise with yarn in front*, *-* to the end of the round.
Round 2: *slip 1 purlwise with yarn in back, p1*, *-* to the end of the round.

Bind off using the Italian bind-off.

STEP 7 NECKBAND

With 4.5 mm 60 cm circular needles, pick up and knit 114 (114) 114 (114) 150 (150) stitches along the neckline. Start at the right corner of the back. This means picking 1 stitch in every stitch along the neckline: 1 stitch in every stitch along the back cast on edge [=21 (21) 21 (21) 33 (33) stitches], 1 stitches along the straight side of the front neck edge [=18 stitches at each side], 1 stitch in every stitch along the slanted edge [=28 (28) 28 (28) 40 (40) stitches at each side] and **1 stitch in the middle of the front where the shoulders were joined**. Place a locking stitch marker in **this central stitch** (you will work double decreases and increases on both sides of this stitch). Join to work in the round. Place a stitch marker to mark the beginning of the round.

Work 6 rounds in 1x1 rib shaping the V-neck with double decreases in the following way:

NOTE: to create symmetry, the stitch before and after the double decrease will be the same stitch. This is achieved by alternating between Round 1 and Round 2.

Round 1: *k1, p1* to 1 stitch before **the central stitch**, slip the central stitch together with the stitch before it (as you would when knitting 2 together), k1, pass the two slipped stitches over the just knitted stitch, *p1, k1* to the last stitch, p1.

Round 2: *k1, p1* to 2 stitches before **the central stitch**, k1, slip the central stitch together with the stitch before it (as you would when knitting 2 together), k1, pass the two slipped stitches over the just knitted stitch, *k1, p1* to the last stitch.

Work Round 1-2 (as seen above) **2 more times**.

To give your neckband a defined folding point, work double knitting in the following way:

Round 1: *k1, slip 1 purlwise with yarn in front* to 1 stitch before the central stitch, k1, knit the central stitch, *k1, slip 1 purlwise with yarn in front* to the end of the round.

Round 2: repeat Round 1.

Work 4 rounds in rib while at the same time shaping the V-neck with increases in the following way:

Round 1: *k1, p1* to 1 stitch before the central stitch, k1, **M1R**, knit the central stitch, **M1L**, *k1, p1* to the end of the round.

Round 2: *k1, p1* to the central stitch, **M1R**, knit the central stitch, **M1L**, p1, *k1, p1* to the end of the round.

Work Round 1-2 (as seen above) **1 more time**.

Fold the neckband towards the wrong side. Start attaching and at the same time binding off the stitches. To do so, knit together 1 stitch from your left needle and 1 stitch from the cast on edge. Every time there are 2 stitches on your right needle, pass the first one over the newly added one. Place a thin elastic thread inside the neckband.

STEP 8 ARMHOLE TRIMS

With 4.5 mm 40 cm circular needles, pick up and knit 96 (108) 134 (146) 146 (158) stitches along the armhole. Start at the bottom of the armhole. This means picking up 1 stitch in every stitch along the rounded part of the armhole edge [= 15 (15) 30 (30) 30 (30) stitches at each side], 2 out of 3 stitches along the straight back edge [= 32 (32) 32 (32) 32 (32) stitches], 2 out of 3 stitches along the straight front edge [= 32 (32) 32 (32) 32 (32) stitches] and all the stitches in the middle of the underarm [= 2 (14) 10 (22) 22 (34)]. Join to work in the round. Place a stitch marker to mark the beginning of the round.

Work STEP 6 RIB. Wash and block your vest.

NOTE: To promote form stability and prevent your rib from stretching out, consider threading a transparent knit-in elastic through the knit stitches of your double knit round.

Happy knitting!

Please share your work on Instagram
using the hashtag #sacovneckvest
and tagging @knitonomy