

Sofia Cardigan



About the Sofia Cardigan:

The Sofia Cardigan is worked top-down in stockinette stitch.

You will begin by working the shoulders with increases, then knit the back down to the underarm. The fronts are worked separately to the same length, and finally the fronts and back are joined to continue knitting the body until the desired length is reached.

Next, the sleeves are worked, followed by the button band and, lastly the neckband.

Sizes:

(1) 2 (3) 4 (5) 6 (7)

How to choose your size:

The amount of positive ease is a matter of personal preference.

To choose your size, measure the fullest part of your bust and add the amount of ease you prefer.

The suggested positive ease is 16 to 24 cm / 6.2 to 9.4", but you can adjust it according to your own taste.

Once you know your desired total measurement, choose the size that most closely matches it in the Finished Garment Measurements table (Bust Circumference).

For example, if your bust circumference is 95 cm / 37.4" and you want 20 cm / 7.9" of positive ease (95 + 20 = 115 cm / 45.3"), you should knit size 3.

The model in the photos is wearing a size 1, with 24 cm / 9.4" of positive ease, and is 163 cm / 5'4" tall.



Finished Garment Measurements:

A: Total Length:

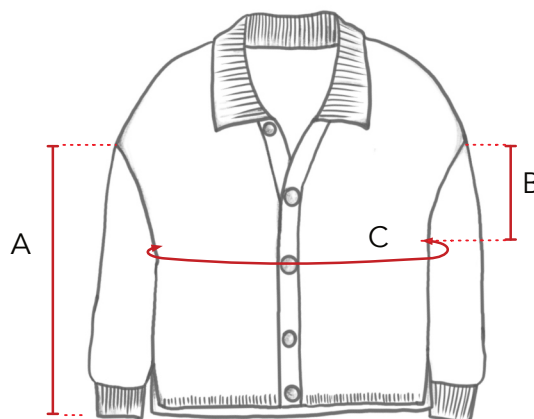
(42) 44 (46) 48 (50) 52 (53) cm
(16.5) 17.3 (18.1) 18.9 (19.7) 20.5 (20.9)"

B: Armhole depth:

(19) 20 (21) 22 (23) 24 (25) cm
(7.5) 7.9 (8.3) 8.7 (9.1) 9.4 (9.8)"

C: Bust circumference:

(106.5) 112 (116) 122 (130) 138 (149) cm
(41.9) 44.1 (45.7) 48.0 (51.2) 54.3 (58.7)"



Recommended needles:

Circular needles: 4 mm/US 6 (body- sleeves); 3.5 mm/US 4, 3.25 mm/US 3 (ribs); 3 mm / US 2.5 (button-band and collar).

Gauge:

24 sts x 32 rows = 10 x10 cm / 4 " (blocked).

On 4 mm / US 6 needle, or size needed to obtain gauge.

Yarn:

Cusco by Lamana / 50 g = 85 meters.

100% Baby Alpaca Color: 15 chili.

(630) 680 (720) 780 (840) 900 (960) grams.

A longer garment will require more yarn.

If you want to add pockets, add an extra 13 to 15 grams of yarn per pocket.

Additional Materials:

Stitch markers.
5 buttons (15 mm).

Abbreviations

CO: Cast-on.

St (s): Stitch (es).

K: Knit.

P: Purl.

RS: Right side.

WS: Wrong side.

Rep: Repeat.

PM: Place a marker.

M1R: Right-leaning increase: lift the thread between the two needles from back to front and knit.

M1L: Left-leaning increase: lift the thread between the two needles from front to back and knit through the back loop.

M1RP: Right-leaning purl-wise increase, lift the thread between the two needles from back to front, purl through the front loop to twist.

M1LP: Left-leaning purl-wise increase, lift the thread between the two needles from front to back, purl through the back loop.

K2tog: Basic decrease, knit 2 sts together.

P2tog: Basic purl-wise decrease; purl 2 sts together.

SL1wyif: Slip 1 st as if to purl with yarn in front.

SL1wyib: Slip 1 st as if to purl with yarn in back.

YO: Yarn over.

K1YOK1: Knit the first stitch on left-hand needle, but do not slip it off yet. YO over the right needle, then knit the same stitch again. Finally, slip the stitch off the left-hand needle. You have increased 2 sts.

SKPO: Slip 1 stitch purl wise, knit 1, pass the slipped stitch over.

Helpful Videos:

Long tail cast on method:

<https://youtu.be/DanPQQRalhw>

M1L M1R M1LP M1RP increases:

<https://youtu.be/JfaJ8lyWQEE>

K1YOK1 increase:

<https://youtu.be/S7EmTdRpLUg>

Skpo:

<https://www.youtube.com/watch?v=vIoN7oIOkJE>

Backwards loop cast-on:

https://www.youtube.com/shorts/1wsWG5wf_FQ

Italian bind-off:

<https://www.youtube.com/watch?v=BU46Yn1a4yg&t=14s>

Buttonholes:

<https://youtu.be/BFWOauOvukQ>

Pick up stitches at the base of the neckline

<https://youtu.be/NgZY8v2YHM>

Pick up Stitches at the Back Neck:

<https://youtu.be/nFhkwW4Gqkk>

Sleeve cap German short rows:

<https://youtu.be/HHgjaXI6Ozl>

Sew pockets:

https://youtu.be/SpT78yuJM_E



Needle sizes indicated are based on the pattern's specified gauge; if you had to change needle size to get gauge, use that size and not the one indicated in the pattern.

This pattern includes the equivalent measurements in cm and inches for some of the rows worked, in case you want to keep track of your gauge. Please note that all measurements are given after blocking, consistent with the gauge.

Back shoulders:

With 4 mm/US 6 needles and using the long tail cast-on method (see video on page 2), CO (36) 38 (40) 42 (42) 44 (46) sts.

Work the shoulder increases as follows:

Row 1 (WS): P to end.

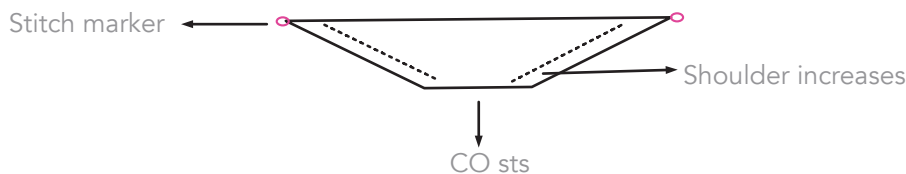
Row 2 (RS): K3, **M1L**, K to last 3 sts, **M1R**, K3.

Row 3 (WS): P3, **M1RP**, P to the last 3 sts, **M1LP**, P3.

Work Rows 2 and 3, (21) 22 (23) 24 (25) 27 (29) times total. End with a WS row.

(120) 126 (132) 138 (142) (152) (162) sts on the needles.

Place a removable marker on each end of the trapezoid for future reference when you pick up sts for the shoulders.



Continue working in established pattern as follows:

Row 1 (RS): K to the end. (Place a stitch marker on this row to use it as a reference when counting rows worked.)

Row 2 (WS): P to end.

Work the last 2 rows (15) 16 (17) 18 (17) 17 (19) times total. End on the WS.

You have worked (30) 32 (34) 36 (34) 34 (38) rows total (counted from the row where you placed the stitch marker), approximately (9.4) 10 (10.6) 11.3 (10.6) 10.6 (11.8) cm / (3.7) 3.9 (4.2) 4.5 (4.2) 4.2 (4.6)". (Blocked)

You will now work the armhole increases as follows:

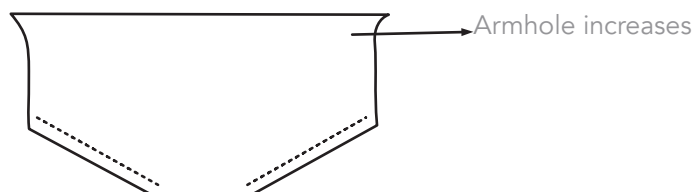
RS: K2, **M1R**, K to the last 2 sts, **M1L**, K2. (2 sts increased).

WS: P to end.

Work these 2 rows (2) 2 (2) 2 (4) 4 (4) times total. You've increased (4) 4 (4) 4 (8) 8 (8) sts.

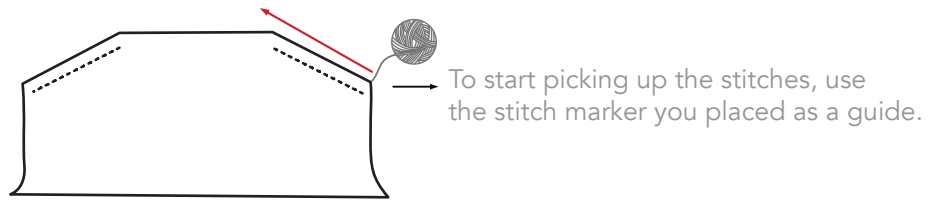
You have (124) 130 (136) 142 (150) 160 (170) sts on the needles and have worked (34) 36 (38) 40 (42) 42 (46) rows, counting from the marker. End with a WS row.

Cut your yarn and place the sts on a spare needle or cable.



Right front shoulder:

With 4 mm / US 6 needles, pick up (42) 44 (46) 48 (50) (54) (58) sts from right to left.



Row 1 (WS): P to end.

Row 2 (RS): K to end.

Work the last 2 rows (10) 11 (11) 11 (11) 11 (12) times total. You've worked (20) 22 (22) 22 (22) 22 (24) rows total.

End with a RS row.

Rep row 1.

Now work the front neck increases as follows:

RS: K to last 2 sts, **M1L**, K2. (1 st increased).

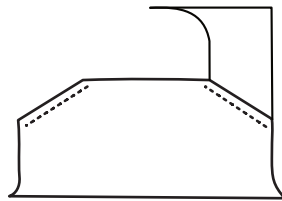
WS: P2, **M1LP**, P to end. (1 st increased).

Work last 2 rows (5) 5 (5) 6 (6) 6 (6) times total. End with a WS row. You've increased (10) 10 (10) 12 (12) 12 (12) sts.

RS: K to end. Using the Backwards Loop method, CO (7) 7 (7) 7 (7) 7 (9) sts.

You've (59) 61 (63) 67 (69) 73 (79) sts on the needles and have worked (32) 34 (34) 36 (36) 36 (38) rows.

Front measures approximately (10) 10.6 (10.6) 11.3 (11.3) 11.3 (11.9) cm / (3.9) 4.2 (4.2) 4.4 (4.4) 4.4 (4.7)". (Blocked).



Continue working in stockinette st.

WS: P to end.

RS: K to end.

Work last 2 rows (24) 25 (27) 28 (29) 32 (33) times total.

Rep WS row.

You have worked (81) 85 (89) 93 (95) 101 (105) rows counted from the first shoulder row where you pick up the sts. End with a WS row.

Front measures approximately (25.3) 26.6 (27.8) 29.1 (29.7) 31.6 (32.8) cm / (10) 10.5 (10.9) 11.5 (11.7) 12.4 (12.9)". (blocked).

You will now work the armhole increases as follows:

RS: K2, **M1R**, K to end. (1 st increased).

WS: P to the end.

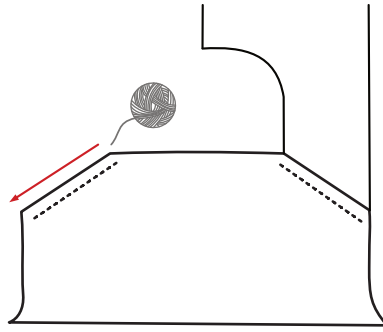
Work these 2 rows (2) 2 (2) 2 (4) 4 (4) times total, ending with the WS row. You've increased (2) 2 (2) 2 (4) 4 (4) sts.

You have (61) 63 (65) 69 (73) 77 (83) sts on the needle and have worked (85) 89 (93) 97 (103) 109 (113) rows counted from the first shoulder row.

Your front panel measures approximately (26.6) 27.8 (29.1) 30.3 (32.2) 34.1 (35.3) cm / (10.5) 10.9 (11.5) 11.9 (12.7) 13.4 (13.9)" (blocked). Cut yarn and place sts on a spare needle.

Left front shoulder:

With 4 mm/US 6 needles, pick up (42) 44 (46) 48 (50) (54) (58) sts from right to left.



Row 1 (WS): P to end.

Row 2 (RS): K to end.

Work the last 2 rows (10) 11 (11) 11 (11) 11 (12) times total. You've worked (20) 22 (22) 22 (22) 22 (24) rows total. End with a RS row.

Rep row 1.

Now work the front neck increases as follows:

RS: K2, **M1R**, K to end. (1 st increased).

WS: P to the last 2 sts, **M1RP**, P2. (1 st increased).

Work last 2 rows (5) 5 (5) 6 (6) 6 (6) times total. End with a WS row. You've increased (10) 10 (10) 12 (12) 12 (12) sts.

RS: Using the Backwards Loop method, CO (7) 7 (7) 7 (7) 7 (9) sts. K to the end, including the sts you just CO.

You've (59) 61 (63) 67 (69) 73 (79) sts on the needles and have worked (32) 34 (36) 36 (38) 38 (40) rows.

Continue working in stockinette st.

WS: P to end.

RS: K to end.

Work last 2 rows (24) 25 (27) 28 (29) 32 (33) times total.

Rep WS row.

You have worked (81) 85 (89) 93 (95) 101 (105) rows counted from the first shoulder row where you pick up the sts. End with a WS row.

Front measures approximately (25.3) 26.6 (27.8) 29.1 (29.7) 31.6 (32.8) cm / (10) 10.5 (10.9) 11.5 (11.7) 12.4 (12.9)" (blocked).

You will now work the armhole increases as follows:

RS: K to last 2 sts, **M1L**, K2. (1 st increased).

WS: P to the end.

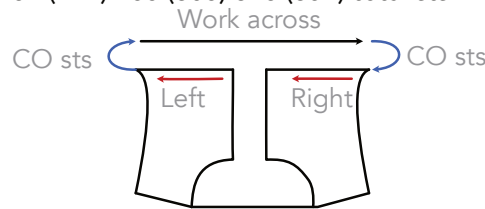
Work these 2 rows (2) 2 (2) 2 (4) 4 (4) times total, ending with the WS row. You've increased (2) 2 (2) 2 (4) 4 (4) sts.

You've (61) 63 (65) 69 (73) 77 (83) sts on the needle and have worked (85) 89 (93) 97 (103) 109 (113) rows counted from the first shoulder row. Your front panel measures the same as the right front panel.

Join fronts and back:

Your fronts and back have been worked down to the armholes and now, with RS facing, you will join them as follows: Beginning at the left front, work in pattern as established to end, using the backward loops method, CO (2) 4 (4) 4 (6) 6 (8) sts, return held back sts to needle and work across in pattern, CO (2) 4 (4) 4 (6) 6 (8) sts, return held right front sts to needle and work in pattern as established to end.

Back and fronts are now joined (250) 264 (274) 288 (308) 326 (352) total sts.



Body:

Continue working in stockinette st until body measures (18) 19 (20) 21 (22) 23 (24) cm / (7) 7.4 (7.8) 8.2 (8.6) 9 (9.4)" measured from the joining rnd (or (58) 62 (64) 66 (70) 74 (78) rows approx), or desired length. Keep in mind you will be adding approximately 6 cm / 2.5" of slits. Ending with a WS row.

Now you will work the side slits by dividing the sts as follows:

(61) 65 (67) 71 (75) 79 (87) sts for the left front, PM, (128) 134 (140) 146 (158) 168 (178) sts for the back, PM, (61) 65 (67) 71 (75) 79 (87) sts should remain for the right front.

Left front:

You are now on the left front. Work in stockinette st as follows:

RS: K to end.

WS: SL1wyif, P to end.

Rep last 2 rows until the piece measures 4 cm / 1.5" from the division of sts, ending with a WS.

Switch to 3.5 mm / US 4 needles and work 1 more row in stockinette st.

Switch to 3.25 mm / US 3 needles, work ribbing as follows:

Row 1 (WS): SL1wyif, *P1, K1*, rep from * to * to end.

Row 2 (RS): P1, *K1, P1*, rep from * to * to last 2 sts, K2.

Work 2 rows of double knitting before binding off as follows:

Row 1 (WR): SL1wyif, *SL1wyif, K1*, rep from * to * to end.

Row 2 (RS): SL1wyif, *K1, SL1wyif*, rep from * to * to last 2 sts, K2.

Bind off using the Italian Bind-off method. See video on page 2.

Right front:

You are now on the right front. With a new strand of yarn, work in stockinette as follows:

RS: SL1wyif, K to end.

WS: P to last st, K1.

Rep last 2 rows until the piece measures 4 cm / 1.5" from the division of sts, ending with a WS.

Switch to 3.5 mm / US 4 needles and work 1 more row in stockinette st.

Switch to 3.25 mm / US 3 needles, work ribbing as follows:

Row 1 (WS): K1, *P1, K1*, rep from * to * to end.

Row 2 (RS): SL1wyif, *K1, P1*, rep from * to * to end.

Work 2 rows of double knitting before binding off as follows:

Row 1 (WS): K1, *SL1wyif, K1*, rep from * to * to end.

Row 2 (RS): SL1wyif, *K1, SL1wyif*, rep from * to * to end.

Bind off using the Italian Bind-off method.

Back:

You are now on the back. With a new strand of yarn, work in stockinette st as follows:

RS: SL1wyif, K to end.

WS: SL1wyif, P to last st, K1.

Rep last 2 rows until the piece measures (5.5) / 2.1" from the division of sts, ending with a WS

Switch to 3.5 mm / US 4 needles and work 1 more row in stockinette st.

Switch to 3.25 mm / US 3 needles, work ribbing as follows:

Row 1 (WS): SL1wyif, *P1, K1*; rep from * to * to end. On this row, work 1 decrease at the center back on a purl st to obtain an odd number of sts. Work the decrease as P2tog.

Row 2 (RS): SL1wyif, *K1, P1*, rep from * to* to last 2 sts, K2.

Work 2 rows of double knitting before binding off as follows:

Row 1 (WS): SL1wyif, *SL1wyif, K1*, rep from * to * to end.

Row 2 (RS): SL1wyif, *K1, SL1wyif*, rep from * to* to last 2 sts, K2. Bind off using the Italian Bind-off method.

Button-band

Left front:

With 3 mm / US 2.5 needles RS facing, starting from the corner between the neckline and the front edge, pick up and knit 1 st for each row along the edge. The total number of stitches should be an odd number.

This ratio is calculated using the yarn from the cardigan. Keep in mind that each knitter works differently, especially in ribbing.

If you are using a different yarn, you will most likely need to adjust the ratio, depending on whether the button band pulls in compared to the front, or if it flares out. If you need fewer sts, you can, for example, change the ratio to 5 stitches for every 6 rows, or 4 stitches for every 5 rows.

Test your ratio on the edge of your swatch: the ribbing should match the length of the base without altering the original measurement.

Work the buttonhole band as follows:

Row 1 (WS): SL1wyif, *P1, K1*, rep from * to * to end.

Row 2 (RS): SL1wyif, *K1, P1*, rep from * to* to last 2 sts, K2.

Work Rows 1 and 2 until the button band measures approx. 2.8 cm / 1.1", but not less than this, ending with a WS row.

Work 2 rows of double knitting before binding off as follows:

Row 1 (RS): SL1wyif, *K1, SL1wyif*, rep from * to* to last 2 sts, K2.

Row 2 (WS): SL1wyif, *SL1wyif, K1*, rep from * to * to end.

Take note of the total number of rows you worked, as you will use this as a reference for the other button band. The button band should measure approx. 3 cm / 1.18".

Bind off using the Italian Bind-off method.

Right front

With 3 mm / US 2.5 needles and RS facing, beginning at the ribbing, pick up and knit all sts along the edge, i.e., 1 st for each row of the edge, or use the same ratio you used for the other button band. The total number of sts must be the same.

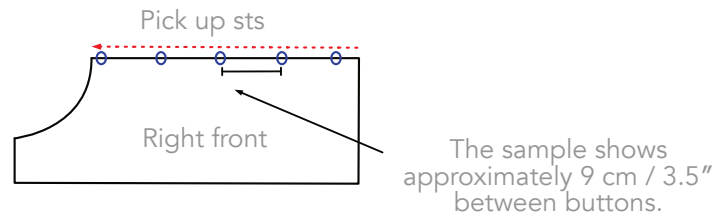
Work the buttonhole band as follows:

Row 1 (WS): SL1wyif, *P1, K1*, rep from * to * to end.

Row 2 (RS): SL1wyif, *K1, P1*, rep from * to* to last 2 sts, K2.

Place the buttons on the garment at your preferred spacing. As a reference, in the cardigan shown in the photos, the distance between buttons is 9 cm / 3.5", although this may vary depending on the size of the buttons you choose.

Once you have the buttons positioned, mark their placement with removable stitch markers, making sure they are all aligned on a knit stitch or all on a purl stitch. Place the markers on the needle cable for convenience.



Rep Rows 1 and 2 until you reach the middle of the total rows; this is where you will work the buttonhole row, which will be centered. Use the total number of rows from the other button band as a reference (including the last 2 rows of double knitting).

Example:

If you worked an odd number of rows: If you worked 9 rows in the other button band → work 4 rows, the 5th row will be the buttonhole row, then work 2 more rows of rib + 2 rows of double knitting = 9 rows total.

If you worked an even number of rows: If you worked 10 rows total → work 4 rows, the 5th row will be the buttonhole row, then continue until completing the total number of rows, ending with 2 rows of double knitting.

Buttonhole row:

Continue working the pattern sequence as you have been (RS or WS). When you reach the marker, make a YO, then:

P2tog if the marked st is a purl.

K2tog if the marked st is a knit.

If you prefer a more decorative buttonhole, refer to the instructional video on page 2.

Finally, continue knitting the remaining rows, stopping 2 rows before the end to work the double knitting as in the first button band.

Work 2 rows of double knitting before binding off as follows:

Row 1 (RS): SL1wyif, *K1, SL1wyif*, rep from * to* to last 2 sts, K2.

Row 2 (WS): SL1wyif, *SL1wyif, K1*, rep from * to * to end.

You should have worked the same number of rows as the other button band.

Bind off using the Italian Bind-Off method.

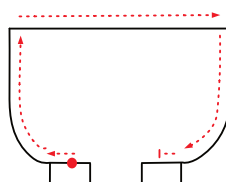
Collar base:

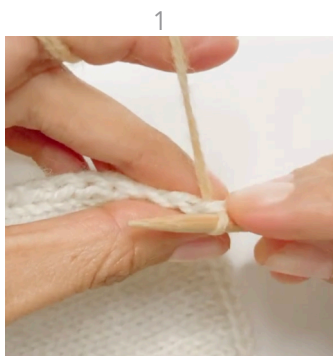
From the RS, pick up the sts using a spare needle: one will be your main 3.25 mm / US 3 needle, and the other will be the spare needle. If you don't have an extra needle of the same size as the main needle, you can use one half a size smaller or larger. Each time you pick up a st, wrap the yarn around the spare needle as shown in the photos on the following page.

Start at the right front, at the center of the button band. Pick up and knit 3 sts along the button band, then pick up (6) 6 (6) 6 (6) 6 (8) sts, approximately 1 st for each base stitch (these base stitches correspond to the CO stitches used to shape the neckline).

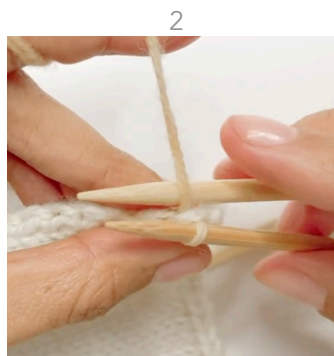
Continue along the right side of the neckline toward the shoulder, picking up (25) 27 (29) 30 (30) 32 (33) sts, approx. 5 sts for every 6 base sts. Continue across the back neckline, picking up (35) 37 (39) 41 (41) 43 (45) sts, approx. 1 st for each base st. (See photo 4 on the next page.) Pick up (25) 27 (29) 30 (30) 32 (33) sts along the left front neckline, and finally (6) 6 (6) 6 (6) 6 (8) sts, plus 3 sts along the edge of the button band.

You should have (103) 109 (115) 119 (119) 125 (133) sts in total.





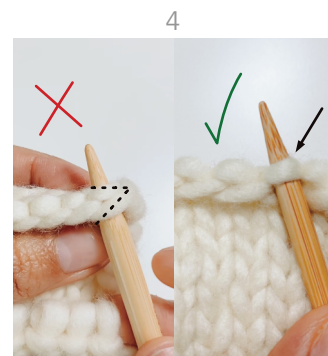
1
RS: Pass the needle through the edge st and pick up a st, taking the yarn.



2
Wrap the cable of the spare needle over the top. Rep steps 1 and 2 until you reach the back neck.



3
Rep steps 1 and 2 until you reach the back neck.
(See video on page 2).



4
At the back neckline, pick up the edge stitch by inserting the needle only through the upper side of the "V" formed by the edge, not through the entire stitch.

(See video on page 2).



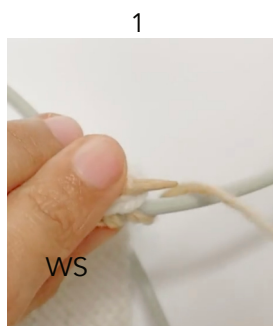
Continue working as in steps 1 and 2 until finished.

You should have the same number of sts on the main needle as on the spare needle.

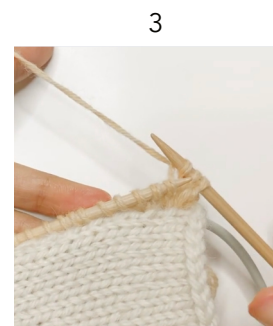
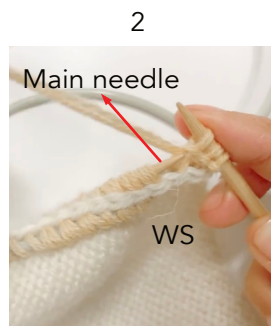
Turn the work; you are on the WS (photo 1). Using the same yarn, work the sts on the main needle, which is now on the RS side. Leave the stitches on the spare needle on hold. You can slide the spare needle to the right so that only the cable remains in the sts, making it easier to work. Use a 3.25 mm / US 3 needle.

Row 1 (WS): P to last st, SL1wyif (photo 2).

Row 2 (RS): K to last st, SL1wyib (photo 3).



1
Pass the yarn under the spare needle/cable to secure the last st before you begin working.

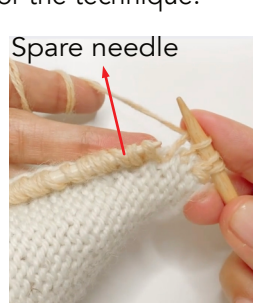


Turn the work; you are on the WS. Using the same yarn (photo 4) and a 3.25 mm / US 3 needle, work the sts from the spare needle and leave the sts on the main needle on hold.

Row 1 (WS): K to last st, SL1wyib.

Row 2 (RS): P to last st, SL1wyif.

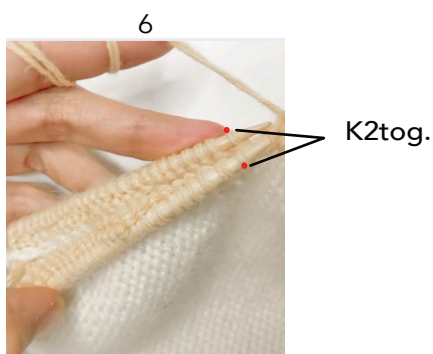
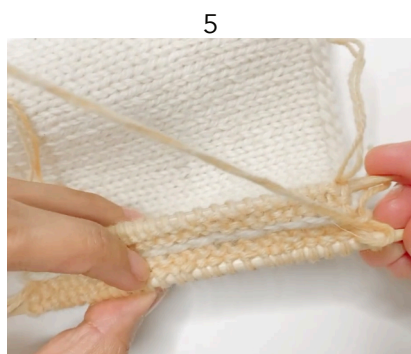
(See video on page 2). The video is provided as a reference for the technique.



Turn your work: you are on the WS, and you have the same number of sts on both needles (photo 5). Now you will join the sts from the main needle with the sts from the spare needle.

Knit the first st from the main needle together with the first st from the spare needle as **K2tog** (photo 6). Continue in this way until all sts are joined.

At the end, you will have only one needle with all sts joined.



Collar:

Switch to 3 mm / US 2.5 needles and RS facing

You will work the neckline in ribbing as follows:

RS: SL1wyif, *K1, P1*; rep from * to * to last 2 sts, K2.

WS: SL1wyif, *P1, K1*; rep from * to * to end.

Work the last 2 rows until the ribbing measures approx. 3 cm / 1.1", ending on an RS row.

In the next row, work the centered double increase **K1YOK1**. (See video on page 2.)

Increase row (WS): SL1wyif, P1, **K1YOK1**, *P1, K1*; rep from * to * to last 4 sts, P1, **K1YOK1**, P1, K1. (4 sts increased).

*Continue working RS and WS rows until the ribbing measures approximately 3 cm / 1.1", measured after the increase row, ending on a RS row.

Work the increase row. (4 sts increased).*

Rep from * to * one more time.

Continue working RS and WS rows (without increases) until the neckline measures approximately (10.5) 10.5 (10.5) 10.5 (11.5) 11.5 (11.5) cm / (4.1) 4.1 (4.1) 4.1 (4.3) 4.3 (4.3)" from the first row of ribbing. End on a RS row.

You will now work 2 rows of double knitting as follows:

WS: SL1wyif, *SL1wyif, K1 * ; rep from * to * to end.

RS: SL1wyif, *K1, SL1wyif * ; rep from * to * to last 2 sts, K2.

Bind off using the Italian Bind-Off method.

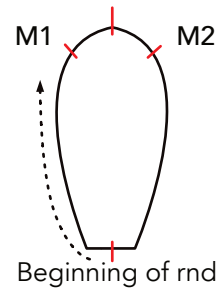
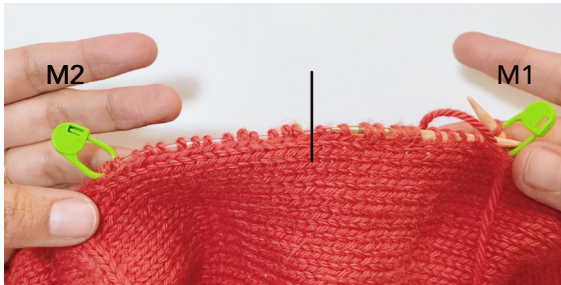


Sleeves:

With 4 mm/US 6 needles and RS facing, pick up and knit (92) 96 (98) 102 (108) 112 (116) sts, starting at the underarm, right at the center where you cast on the body join. This corresponds to picking up approximately 3 sts for every 4 sts of base. Place a marker to indicate the beginning of the round. Be sure to distribute sts evenly, with half on either side of the armhole.

You will work the sleeve cap with German short rows as follows:

With half of your sts on each side of the armhole, and the midpoint at the bottom where you cast on for the joining row, locate the opposite midpoint at the top of the sleeve and place a marker (M). Then, count 14 stitches on either side of this center point and place a marker at each position. These will be Marker 1 (M1) and Marker 2 (M2).



Once Ms are placed, begin working in stockinette st as follow:

Row 1 (RS): K to M2, **turn**. Each time the pattern says "turn," use the German short row technique.(See sleeve cup video on page 2.)

Row 2 (WS): P to M1, **turn**.

Row 3 (RS): K to M2, remove the M. From this point forward, the turning sts will be your point of reference; these sts look like double sts. You will no longer need the markers.

Once you reach the turning st, work it in the established pattern and then work 4 more (K4), **turn**.

Row 4 (WS): P to the turning st, work turning st, P4, **turn**.

Row 5 (RS): K to the turning st, work turning st, K4, **turn**.

Row 6 (WS): P to the turning st, work turning st, P4, **turn**.

Row 7 (RS): K to the turning st, work st, K (4) 4 (5) 5 (6) 6 (6), **turn**

Row 8 (WS): P to the turning st, work st, P (4) 4 (5) 5 (6) 6 (6), **turn**.

Row 9 (RS): K to the turning st, work st, K (4) 4 (6) 6 (7) 8 (8), **turn**

Row 10 (WS): P to the turning st, work st, P (4) 4 (6) 6 (7) 8 (8), **turn**.

Row 11 (RS): K to the turning st, work st, K (5) 5 (7) 7 (9) 10 (10), **turn**

Row 12 (WS): P to the turning st, work st, P (5) 5 (7) 7 (9) 10 (10), **turn**.

Row 13 (RS): K to the beginning of the row.

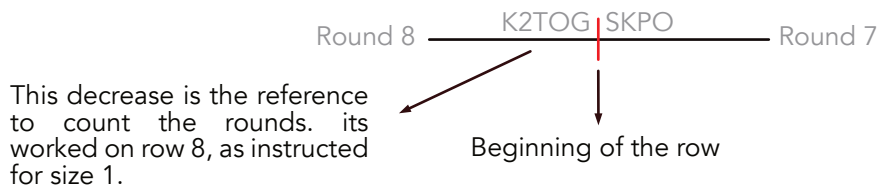
From this point forward will work the sleeve in the round.

Work in stockinette st until the piece measures (37) 37 (37) 36 (36) 36 (36) cm / (14.6) 14.6 (14.6) 14.2 (13.8) 13.8 (13.8)" from the underarm. At the same time, decrease 1 st at each side (2 sts per round) every (8) 8 (8) 8 (7) 6 (6) rounds, for a total of (14) 14 (14) 14 (16) 17 (19) rounds of decreases.

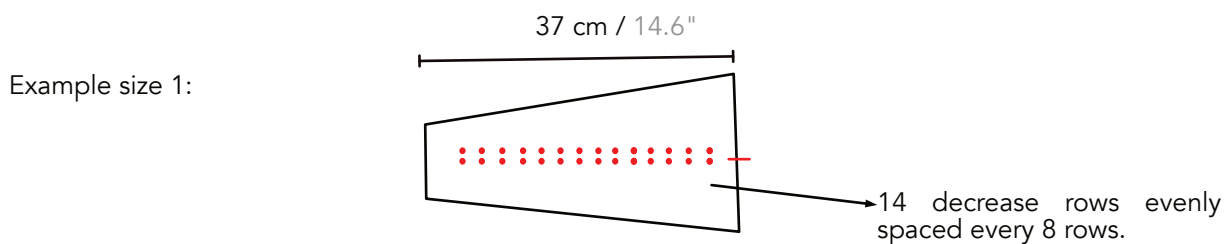
Decrease round: Knit until 2 sts before the beginning-of-round marker, SKPO. Slide the marker, then K2tog.

As you work this decrease round over two rows the first decrease at the end of one row and the second decrease at the beginning of the next use the second decrease (the K2tog at the beginning of the row) as the reference point for counting the decrease rounds.

Example size 1: Decrease every 8 rounds



Once you finish the decreases, you'll probably need to knit a few more rows in stockinette stitch until you reach the length stated in the pattern. You may work one additional decrease row before the cuff, if desired.



Alpaca yarn stretches a lot after blocking, so if you want to check the length, you can steam block lightly as you go.

You have (64) 68 (70) 74 (76) 78 (78) sts on the needles.

Switch to 3.5 mm / US 4 needles and work one more round in stockinette st.

Change to 3.25 mm / US 3 needles and work the cuff in rib as follows:

Round 1: K1, P1, rep from * to * to end.

Rep Round 1 as many times as needed until piece measures 7 cm / 2.7\"/>

Work 2 rounds of double knitting as follows:

Round 1: K1, SL1wyif, rep from * to * to end.

Round 2: SL1wyib, P1, rep from * to * to end.

Bind off using the Italian bind-off method.

Pockets:

With 4 mm/US 6 needles, using the long tail method, CO (33) 33 (35) 35 (37) 37 (39) sts.

WS: P to end.

RS: K to end.

Rep last two rows until pocket measures (11.5) 11.5 (12.5) 12.5 (13) 13.5 (14) cm/ (4.2) 4.2 (4.9) 4.9 (5.1) 5.3 (5.5)".
End with a WS row.

Switch to 3.25 mm / US 3 needles, work ribbing as follows:

RS: *P1, K1*; rep from * to * to last st, P1.

WS: *K1, P1*; rep from * to * to last st, K1.

Work 2 rows of double knitting before binding off as follows:

RS: *SL1wyif, K1*; rep from * to * to last st, SL1wyif.

WS: *K1, SL1wyif*; rep from * to * to last st, K1.

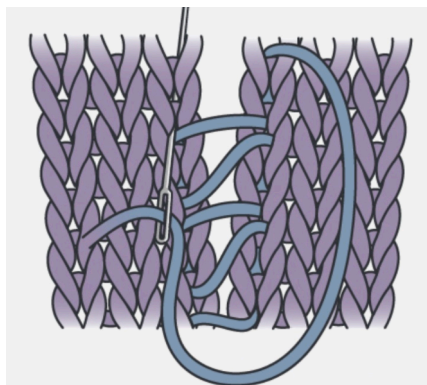
Bind off using the Italian Bind off method.

Tip:
Before sewing the pocket onto the cardigan, press it with the iron (using steam mode if available) to ensure the edge is perfect and not too wide or too narrow. It should be the same width as the pocket.

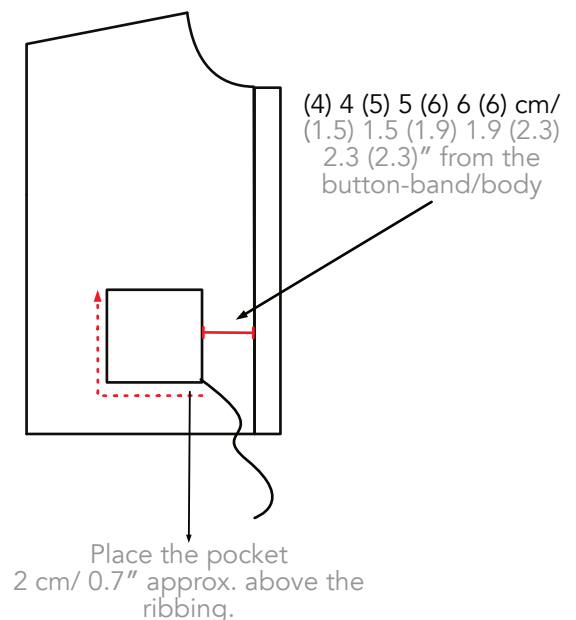
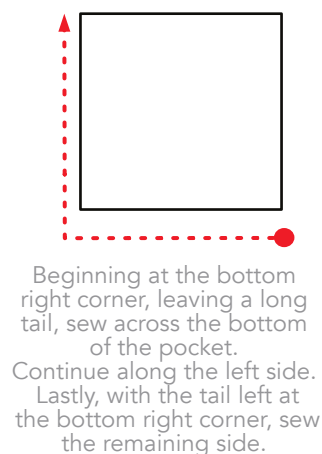
Place the pockets approximately (4) 4 (5) 5 (6) 6 (6) cm/ (1.5) 1.5 (1.9) 1.9 (2.3) 2.3 (2.3)" from the Button-band/body join and 2 cm / (0.7)" above the hem ribbing or choose your preferred location.

Sew to the cardigan using the mattress stitch technique (see video on page 2).

Use pins or stitch markers to keep the pockets in place while you sew them.



Mattress stitch



Finishing:

Wet block your garment to the finished measurements given on page 1.

Check out this video on how to remove water from your hand-knits without damaging your garment.

<https://youtube.com/shorts/KczKyQmUsXM?feature=share>

For a neater finish, once dry use steam to improve the final look of the fabric. Watch here:

<https://youtu.be/ScgsGpa5ZwY>



Mochi knits ©COPYRIGHT 2025.

This pattern is for personal use only and may not be reproduced for commercial purposes.

Share your project with hashtags #mochiknits #sofiacardigan
Instagram @mochi.knits

Questions or concerns about the pattern, email me at:
mochi.knits@gmail.com