

*Knitonomy*

GRAYLING CARDIGAN



KNITTING PATTERN

# GENERAL INFORMATION

## 1

### SIZING

S/M (L/XL)

## 2

### GARMENT MEASUREMENTS

Bust Circumference: 120 (140) cm [47 (55) inch]

Length: 120 (120) cm [47 (47) inch]

## 3

### YARN

7 (8) skeins of Cascade Yarns Ecological Wool [1 skein = 250g/437m]  
or 29 (34) balls of DROPS Nepal [1 ball = 50g/75m]

## 4

### GAUGE

20 stitches x 25 rows = 10x10 cm [4x4 inch] in cable pattern

*NOTE: one cable is 6 cm wide (at the widest point) or 3.5 cm (at the narrowest point)*

## 5

### NEEDLES

5.5 mm 80 cm circular needles [US 9]

5.5 mm 40 cm circular needles [US 9]

4 mm 100 cm circular needles [US 6]

4 mm 40 cm circular needles [US 6]

a cable needle

a crochet hook (optional)

## 6

### SIZE GUIDE

The cardigan is intended to be worn with 30 cm [11 inch] of positive ease. Choose a size that is about 30 cm [11 inch] wider than your bust circumference.

Your bust circumference: 85-95 (100-115) cm [31-37 (38-46) inch]

# KNITTING TECHNIQUES

This section provides you with all the knitting techniques used throughout the pattern.

## 1 | Cabling

The pattern is a continuous repetition of a 16-stitch pattern (knit 12, purl 4) working a front cable every 18th row.

Row 1: \*knit 4, purl 12\*.  
Row 2: \*knit 12, purl 4\*.  
Row 3: \*knit 4, purl 12\*..  
Row 4: \*knit 12, purl 4\*.  
Row 5: \*knit 4, purl 12\*.  
Row 6: \*knit 12, purl 4\*.  
Row 7: \*knit 4, purl 12\*.  
Row 8: \*knit 12, purl 4\*.  
Row 9: \*knit 4, purl 12\*.  
Row 10: \*knit 12, purl 4\*.  
Row 11: \*knit 4, purl 12\*.  
Row 12: \*knit 12, purl 4\*.  
Row 13: \*knit 4, purl 12\*.  
Row 14: \*knit 12, purl 4\*.  
Row 15: \*knit 4, purl 12\*.  
Row 16: \*knit 12, purl 4\*.  
Row 17: \*knit 4, purl 12\*.  
Row 18: \***12-st LC**, purl 4\*.

\*repeat from \* to \* to the end of the row

### **12-st LC - FRONT (LEFT) CABLE**

Slip 6 stitches to the cable needle and hold to the front.

With the cable needle at the front, knit the next 6 stitches from the left needle.

Knit the 6 stitches from the cable needle.

[VIDEO](#)

## 2 | Increases

M1L (make one left) - this increase slants to the left on the RIGHT SIDE and slants to the right on the WRONG SIDE.

Insert the left needle from front to back under the strand that runs between the stitches, knit this strand through the back loop.

[VIDEO](#)

M1L purl (make one left) - this increase slants to the left on the RIGHT SIDE and slants to the right on the WRONG SIDE.

Insert the left needle from front to back under the strand that runs between the stitches, purl this strand through the back loop

[VIDEO](#)

M1R (make one right) - this increase slants to the right on RIGHT SIDE and slants to the left on the WRONG SIDE.

Insert the left needle under the strand that runs between the stitches from back to front, knit this strand.

[VIDEO](#)

M1R purl (make one right) - this increase slants to the right on the RIGHT SIDE and slants to the left on the WRONG SIDE.

Insert the left needle under the strand that runs between the stitches from back to front, purl this strand.

[VIDEO](#)

## OVERVIEW

- The cardigan is knitted from the top down.
- The back yoke is worked flat and shaped by increases.
- The left and the right shoulders are worked separately in rows.
- The back and the shoulders are joined at the underarms and the body is worked flat.
- The stitches for the sleeves are picked up along the armholes and worked in the round to the cuff.
- The front band is worked in double knitting

**edge stitch** (edge) - knit on the right side and purl on the wrong side

## STEP 1 BACK

With 5.5 mm circular needles, cast on 38 (38) stitches using the long tail cast on.

Row 1 (WRONG SIDE): edge, knit 4, purl 12, knit 4, purl 12, knit 4, edge.

Start increasing at both sides to shape the back. Work the increases on both the RIGHT SIDE and the WRONG SIDE.

*Work the next 12 rows with knit increases on the RIGHT SIDE and purl increases on the WRONG SIDE in the following way:*

Row 2 (RIGHT SIDE): edge, M1L, knit the knit stitches and purl the purl stitches to the last stitch, M1R, edge.

Row 3 (WRONG SIDE): edge, M1Rp, knit the knit stitches and purl the purl stitches to the last stitch, M1Lp, edge.

Row 4-13: repeat Row 2 and Row 3.

*Work the next 4 rows with purl increases on the RIGHT SIDE and knit increases on the WRONG SIDE in the following way:*

Row 14 (RIGHT SIDE): edge, M1Lp, knit the knit stitches and purl the purl stitches to the last stitch, M1Rp, edge.

Row 15 (WRONG SIDE): edge, M1R, knit the knit stitches and purl the purl stitches to the last stitch, M1L, edge.

Row 16-17: repeat Row 14 and Row 15.

*Work the next 12 rows with knit increases on the RIGHT SIDE and purl increases on the WRONG SIDE in the following way:*

Row 18 (RIGHT SIDE): edge, M1L, purl 4, **\*12-st LC**, purl 4\*, repeat from \* to \* 3 more times, M1R, edge.

Row 19-29: repeat Row 3 and Row 2.

*Work the next 4 rows with purl increases on the RIGHT SIDE and knit increases on the WRONG SIDE in the following way:*

Row 30-33: repeat Row 14 and Row 15.

*Work the next 12 rows with knit increases on the RIGHT SIDE and purl increases on the WRONG SIDE in the following way:*

Row 34-35: repeat Row 2 and Row 3.

Row 36 (RIGHT SIDE): edge, M1L, knit 2, \*purl 4, **12-st LC\***, repeat from \* to \* 5 more times, purl 4, knit 2, M1R, edge.

Row 37-45: repeat Row 3 and Row 2.

There are 126 (126) stitches on your needles.

## STEP 1 BACK (size L/XL)

*Work the next 4 rows with purl increases on the RIGHT SIDE and knit increases on the WRONG SIDE in the following way:*

Row 46-49: repeat Row 14 and Row 15.

*Work the next 12 rows with knit increases on the RIGHT SIDE and purl increases on the WRONG SIDE in the following way:*

Row 50-53: repeat Row 2 and Row 3.

Row 54 (RIGHT SIDE): edge, M1L, knit 4, \*purl 4, **12-st LC\***, repeat from \* to \* 7 more times, purl 4, knit 4, M1R, edge.

Row 55-61: repeat Row 3 and Row 2.

There are - (158) stitches on your needles.

## STEP 1 BACK (both sizes)

Work the next 18 (20) rows back and forth without increases in the following way:

Work 8 (10) rows as established (=knit the knit stitches and purl the purl stitches).

Work 1 cable row: edge, \***12-st LC**, purl 4\*, repeat from \* to \* 6 (8) more times, **12-st LC**, edge.

Work 9 rows as established (=knit the knit stitches and purl the purl stitches).

Work the next 8 rows increasing 4 times on the RIGHT SIDE to shape the armholes.

*Work purl increases in the following way:*

(RIGHT SIDE): edge, M1Lp, knit the knit stitches and purl the purl stitches to the last stitch, M1Rp, edge.

(WRONG SIDE): knit the knit stitches and purl the purl stitches.

Repeat these two rows **3 more times**.

There are 134 (166) stitches on your needles.

Break the yarn and let the stitches rest while working the shoulders.

## STEP 2 RIGHT SHOULDER

*If you want a visible off-the-shelf shoulder seam:* with 5.5 mm needles, cast on 46 (62) stitches using the long tail cast on (this requires sewing the shoulders together using the Horizontal Seaming or a crochet hook - see the videos).

*If you don't mind a less visible shoulder seam:* with 5.5 mm needles, pick up 46 (62) stitches along the right shoulder.

Row 1 (WRONG SIDE): edge, purl 12, \*knit 4, purl 12\*, repeat from \* to \* 1 (2) more times, edge.

Row 2-17: knit the knit stitches and purl the purl stitches.

Row 18 (RIGHT SIDE): edge, \***12-st LC**, purl 4\* repeat from \* to \* 1 (2) more times, **12-st LC**, edge.

Repeat Row 1-18 **2 (3) more times.**

Work 9 rows as established (=knit the knit stitches and purl the purl stitches).

Work the next 8 rows increasing 4 times on the RIGHT SIDE to shape the armholes.

*Work purl increases in the following way:*

(RIGHT SIDE): edge, M1Lp, knit the knit stitches and purl the purl stitches to the last stitch, edge.

(WRONG SIDE): knit the knit stitches and purl the purl stitches.

Repeat these two rows **3 more times.**

There are 50 (66) stitches on your needles.

Break the yarn and let the stitches rest while working the left shoulder.



## STEP 3 LEFT SHOULDER

*If you want a visible off-the-shelf shoulder seam:* with 5.5 mm needles, cast on 46 (62) stitches using the long tail cast on (this requires sewing the shoulders together using the Horizontal Seaming or a crochet hook - see the videos).

*If you don't mind a less visible shoulder seam:* with 5.5 mm needles, pick up 46 (62) stitches along the left shoulder.

Row 1 (WRONG SIDE): edge, purl 12, \*knit 4, purl 12\*, repeat from \* to \* 1 (2) more times, edge.

Row 2-17: knit the knit stitches and purl the purl stitches.

Row 18 (RIGHT SIDE): edge, \***12-st LC**, purl 4\* repeat from \* to \* 1 (2) more times, 12-st LC, edge.

Repeat Row 1-18 **2 (3) more times.**

Work 9 rows as established (=knit the knit stitches and purl the purl stitches).

Work the next 8 rows increasing 4 times on the RIGHT SIDE to shape the armholes.

*Work purl increases in the following way:*

(RIGHT SIDE): edge, \*knit the knit stitches and purl the purl stitches to the last stitch, M1Rp edge.

(WRONG SIDE): knit the knit stitches and purl the purl stitches.

Repeat these two rows **3 more times.**

There are 50 (66) stitches on your needles.

Don't break the yarn.



## STEP 4 BODY

Join the shoulders and the back in the following way:

(RIGHT SIDE): work the stitches of the left shoulder - edge, **\*12-st LC**, purl 4\*, repeat from \* to \* 2 (3) more times, edge, cast on 10 stitches using backwards-loop cast on, work the stitches of the back - edge, purl 4, **\*12-st LC**, purl 4\*, repeat from \* to \* 7 (9) more times, edge, cast on 10 stitches using backwards-loop cast on, work the stitches of the right shoulder - edge, \*purl 4, **12-st LC\***, repeat from \* to \* 2 (3) more times, edge.

There are 254 (318) stitches on your needles.

Work the following 18-row pattern a total of 11 (10) times:

Row 1 (WRONG SIDE): edge, \*purl 12, knit 4\*, purl 12, edge

Row 2 (RIGHT SIDE): edge, \*knit 12, purl 4\*, knit 12, edge.

Row 3-17: knit the knit stitches and purl the purl stitches.

Row 18 (RIGHT SIDE): edge, **\*12-st LC**, purl 4\*, **12-st LC**, edge.

*The cardigan will grow slightly with wear (this has already been taken into account in the instructions above). If you want to change the length of your cardigan, remember that 18 rows equal 7 cm [2.75 inch]. Always end with a cable row. If you are less than 167cm [5'6"] tall, knit a shorter cardigan.*

## STEP 5 RIB

With 4 mm 80 cm circular needles, work in rib (knit 1, purl 1) in the following way:

(WRONG SIDE): edge, \*purl 1, knit 1\*, repeat from \* to \* to the last 2 stitches, **purl 2 together**

*(You have decreased to an odd number of stitches so that your rib begins and ends with the same stitch).*

Work 20 rows in rib (knit 1, purl 1), in the following way:

(RIGHT SIDE): edge, \*knit 1, purl 1\*, repeat from \* to \* to the last 2 stitches, knit 1, edge.

(WRONG SIDE): edge, \*purl 1, knit 1\*, repeat from \* to \* to the last 2 stitches, purl 1, edge.

Work double knitting in the following way:

Row 1 (RIGHT SIDE): edge, \*knit 1, slip 1 purlwise with yarn in front\*, repeat from \* to \* to the last 2 stitches, knit 1, edge.

Row 2 (WRONG SIDE): edge, \*slip 1 purlwise with yarn in front, knit 1\*, repeat from \* to \* to the last 2 stitches, slip 1 purlwise with yarn in front, edge.

Bind off using the Italian bind-off.

VIDEO

VIDEO

## STEP 6 FRONT BAND

VIDEO

The front band is worked flat (=in rows) in double knitting and is attached to the cardigan as you go by knitting one stitch of the band together with one stitch picked up along the front edge. See my video.

With 4 mm 100 cm circular needles, pick up and knit stitches along the front. This means picking up 1 stitch in every stitch along the front edge. Start at the bottom corner of the right front, go up along the right front, around the neck and down along the left front. Break the yarn.

Join the yarn and cast on 15 stitches using the Italian cast-on as an extension of the stitches at the bottom of the right front. The first and the last stitch are purl stitches.

Work flat (=in rows) in double knitting in the following way:

(RIGHT SIDE): \*knit 1, slip 1 purlwise with yarn in front\*, repeat from \* to \* to the last stitch, knit the last stitch together with the stitch from the pick up edge - knit these two stitches together through the back loop.

(WRONG SIDE): \*slip 1 purlwise with yarn in front, knit 1\*, repeat from \* to \* to the last stitch, slip 1 purlwise with yarn in front.

Repeat these two rows until you have worked the front band all the way along the front and there is one stitch of the front edge left. Bind off using the Italian bind-off.

## STEP 7 SLEEVES

With 5.5 mm 40 cm circular needles, pick up and knit 80 (96) stitches along the armhole. Pick up the stitches evenly, making sure that the last 16 stitches are 12 knit stitches along the underarm + 4 purl stitches. Place a stitch marker to mark the beginning of the round.

Work 90 rounds of the sleeve. That means working the 18-round pattern a total of 5 times and decreasing 3 times (Row 18, Row 36, Row 54).

Work the decreases before and after the underarm cable in the following way: purl 2 stitches together through the back loop, knit 12 stitches of the underarm cable, purl 2 stitches together.

Round 1: \*knit 12, purl 4\*, repeat from \* to \* to end of the round.

Round 2-17: knit the knit stitches and purl the purl stitches.

decrease Round 18: \***12-st LC**, purl 4\*, repeat from \* to \* 2 (3) more times, **12-st LC**, purl 2, purl 2 together through the back loop, **12-st LC**, purl 2 together, purl 2.

Round 19-35: knit the knit stitches and purl the purl stitches.

decrease Round 36: \***12-st LC**, purl 4\*, repeat from \* to \* 2 (3) more times, **12-st LC**, purl 1, purl 2 together through the back loop, **12-st LC**, purl 2 together, purl 1.

Round 37-53: knit the knit stitches and purl the purl stitches.

decrease Round 54: \***12-st LC**, purl 4\*, repeat from \* to \* 2 (3) more times, **12-st LC**, purl 2 together through the back loop, **12-st LC**, purl 2 together.

Round 55-71: knit the knit stitches and purl the purl stitches.

Round 72: \***12-st LC**, purl 4\*, repeat from \* to \* 2 (3) more times, **12-st LC**, purl 1, **12-st LC**, purl 1.

Round 73-89: knit the knit stitches and purl the purl stitches.

Round 90: repeat **Row 72**.

There are 74 (90) stitches on your needles.

With 4 mm 40 cm circular needles, start working in rib (knit 1, purl 1).

Work one round decreasing 14 (18) stitches evenly. That means working every 4th and 5th stitch together. There are 60 (72) stitches on your needles.

Work 30 rounds in rib (knit 1, purl 1).

Work double knitting in the following way:

Round 1: \*knit 1, slip 1 purlwise with yarn in front\*, repeat from \* to \* to end of the round.

Round 2: \*slip 1 purlwise with yarn in back, purl 1\*, repeat from \* to \* to end of the round.

Bind off using the Italian bind-off.

Fold 7cm [2.75inch] towards the RIGHT SIDE or leave the cuff long for an oversized effect.

[VIDEO](#)

[VIDEO](#)

Happy knitting!

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