

# skappel



## KAPRIFOL

SKAPPEL RETREAT

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## SIZE

Small<sup>S</sup>   Medium<sup>M</sup>   Large<sup>L</sup>

## GARMENT'S FINISHED MEASUREMENTS

Chest, approx.	131 <sup>S</sup>	141 <sup>M</sup>	151 <sup>L</sup>
Total Length, approx.	65 <sup>S</sup>	73 <sup>M</sup>	76 <sup>L</sup>
Sleeve Length, approx.	35 <sup>S</sup>	41 <sup>M</sup>	41 <sup>L</sup>

## YARN (GRAMS)

Suri Norwegian Lambswool

Main color	200 <sup>S</sup>	250 <sup>M</sup>	250 <sup>L</sup>
Contrast color 1	100 <sup>S</sup>	100 <sup>M</sup>	150 <sup>L</sup>
Contrast color 2	150 <sup>S</sup>	200 <sup>M</sup>	200 <sup>L</sup>

## RECOMMENDED NEEDLES

US 10 / 6 mm: 40 and 80 cm circulars

US 8 / 5 mm: 40 and 80 cm circulars for ribbing

## GAUGE

17 stitches x 18 rows/rounds in pattern = approx. 10 x 10 cm

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Don't forget to begin by carefully reading all through the pattern, so you'll have a successful result. Good luck with your new knitting project!

Design: Dorte Skappel

## **Read this before starting the project**

### **What is gauge?**

Gauge is a measure that shows how many stitches are present within 10 cm. Gauge determines the size of the garment. We all knit differently, and therefore have different gauges. That's why you should always knit a swatch to check your gauge, ensuring the correct outcome when knitting.

Otherwise, you might end up with a garment that's an entirely different size than intended. You might also find yourself with either too much or too little yarn to complete the project. Therefore, we always recommend checking gauge before starting a knitting project.

### **How to measure gauge**

Gauge shows the number of stitches in width and height within a 10 x 10 cm square. To find the gauge, knit a swatch a bit larger than 10 cm, using the needles and yarn specified in the pattern. Use a measuring tape and count the number of stitches over 10 cm. Do you have too many stitches?

Try a needle size larger. Do you have too few stitches? Try a needle size smaller.

### Example:

Specified gauge: 19 stitches in stockinette stitch = 10 cm.

Cast on a few more than 19 stitches, knit back and forth until you have a swatch measuring 15 x 15 cm. If, for instance, you count 20 stitches in 10 cm, you're knitting too tightly. It might not seem like much, but it can make a big difference. In that case, try using a larger needle size. A rule of thumb is that going up or down half a needle size results in approximately one stitch more or less in gauge.

### **Help and guidance**

If you're stuck in your project, you can watch our instructional videos (in Norwegian) [HERE](#).

If you have questions about the pattern or need guidance, you can contact our customer service [HERE](#). They're more than happy to help you!





## BODY (= front and back)

The body is worked in the round on a circular needle.

With US 8 / 5 mm 80 cm circular and Contrast Color 2, cast on 224<sup>S</sup> 240<sup>M</sup> 256<sup>L</sup> stitches. Join, being careful not to twist cast-on row. Place marker for beginning of round.

Work around in knit 1, purl 1 ribbing for approximately 4 cm. Change to US 10 / 6 mm 80 cm circular. Knit 1 round with Contrast Color 2. Then, knit 1 round with Main Color, at the same time, placing a marker after 112<sup>S</sup> 120<sup>M</sup> 128<sup>L</sup> stitches. You now have a marker at each side of the sweater.

Now work following chart A. The first stitch on front and back is always knitted with the Main Color. These stitches are not included on the chart.

Knit the first stitch on front with Main Color. Begin at the arrow for your size stitch 9<sup>S</sup> 5<sup>M</sup> 1<sup>L</sup> on chart. Work to and including stitch 43 for all sizes. Then, repeat charted stitches between blue lines (stitches 16-43 on chart) a total of 2 times for all sizes = 20<sup>S</sup> 24<sup>M</sup> 28<sup>L</sup> stitches remain before next marker. Continue following chart, ending at arrow for your size (stitches 44-63<sup>S</sup> 44-67<sup>M</sup> 44-71<sup>L</sup>).

Repeat the above sequence on the back. Continue as explained above following the chart. Bind off for armholes on the correct round for your size:

### Size small:

Work chart A one time in length (chart rows 1-27) and then work chart rows 1-25.

Work row 26 until 5 stitches remain before beginning-of-round marker. Bind off 11 stitches with Main Color. Make sure that you carry the Contrast Color (twist strands around each other each time you decrease) = 5 stitches bound off before marker and 6 stitches bound off after marker.

You should now be on the last round, = round 27. Work in pattern over the front until 5 stitches remain before next marker. Bind off 11 stitches with Main Color. Make sure that you carry the main color (twist strands around each other each time you decrease) = 5 stitches bound off before marker and 6 stitches bound off after marker.

Continue in pattern over the back to end of round. You should now be at the point where the first 11 stitches were bound off at side of sweater.



After binding off 11 stitches on each side of the body, 202 stitches remain for size Small. The body now measures approximately 35 cm.

#### **Sizes Medium and Large:**

Work chart A two times in length (rounds 1-27 x 2) and then work rounds 1-10.

Work round 11 until 5 stitches remain before beginning-of-round marker. Bind off 11 stitches with Main Color. Make sure that you carry the Contrast Color (twist strands around each other each time you decrease) = 5 stitches bound off before marker and 6 stitches bound off after marker).

You should now be on the last round, round 12. Work in pattern over the front until 5 stitches remain before next marker. Bind off 11 stitches with Main Color. Make sure that you carry the Contrast Color (twist strands around each other each time you decrease) = 5 stitches bound off before marker and 6 stitches bound off after marker).

Continue in pattern over the back to end of round. You should now be at the point where the first 11 stitches were bound off at side of sweater.

After binding off 11 stitches on each side of the body, 218<sup>M</sup> 234<sup>L</sup> stitches remain. The body now measures approximately 42 cm.

Set body aside while you make sleeves.

### **SLEEVES**

The sleeves are knitted in the round on a circular needle.

With US 8 / 5 mm 40 cm circular and Contrast Color 2, cast on 50<sup>SML</sup> stitches. Because it can be difficult to work in the round on a short circular, you might work the ribbing back and forth for a few rows before joining to work in the round. You can seam the gap later on.

Place marker for beginning of round (center of underarm). Work around in knit 1, purl 1 ribbing for approximately 4 cm. Change to US 10 / 6 mm 40 cm circular. Knit 1 round with Contrast Color 2 and then knit 1 round with Main Color. Now work following Chart B.

There are a total of 8<sup>S</sup> 10<sup>M</sup> 10<sup>L</sup> increase rounds on the chart, one stitch is increased on each side of the center-of-underarm marker on sleeve. The first increase is worked on round 7 and then you will increase on every following 6th round (= 66<sup>S</sup> 70<sup>M</sup> 70<sup>L</sup> stitches after all increases have been worked).

When you come to an increase round, note that the initial increase is always after the first stitch of the round. The first stitch of the round is always knitted with Main Color following the pattern. This creates a vertical line up the sleeve, so, the increases must be placed after this first stitch.

At the end of the round, increase at the side of the marker.

You should now be on round 53<sup>S</sup> 65<sup>M</sup> 65<sup>L</sup>. Knit around until 5 stitches remain before beginning-of-round marker. With Main Color, bind off 11 stitches, making sure that you carry Contrast Color (twist strands around each other each time you decrease) = 5 stitches bound off before marker and 6 stitches bound off after marker.

The last round, round 54<sup>S</sup> 66<sup>M</sup> 66<sup>L</sup>, work in pattern to beginning of bound-off stitches.

The sleeve now has 55<sup>S</sup> 59<sup>M</sup> 59<sup>L</sup> stitches remaining. Cut yarn, leaving an end about 30 cm long. This will be used to seam the underarm when finishing.

Set first sleeve aside while you make the second sleeve the same way.

## YOKE

Make sure that you ended on the same round for body and sleeves.

Place the sleeves on the circular with the body: Place a marker on right needle (use a different color for beginning-of-round marker). Work around following chart A.

Begin on chart A, row 1<sup>S</sup> 13<sup>M</sup> 13<sup>L</sup>. The beginning-of-round marker is between the back and the left sleeve. The first stitch of the round is therefore the first stitch of the left sleeve. Knit the sleeve stitches on the same circular as body. Place a new marker. Knit across front. Place a new marker.

Knit stitches of second sleeve onto same circular as body. Place a new marker. Knit across back. You should now be back at beginning of round = a total of 312<sup>S</sup> 336<sup>M</sup> 352<sup>L</sup> stitches.

## RAGLAN SHAPING

Now begin decreasing for raglan shaping.

**Round 1:** Slip beginning-of-round marker to right needle. Knit the first 2 stitches of sleeve together. Work in pattern across sleeve until 2 stitches remain before marker. Knit last 2 stitches together through back loops.

Slip marker to right needle. Knit the first 2 stitches of front together. Work in pattern across front until 2 stitches remain before marker. Knit last 2 stitches together through back loops.

Slip marker to right needle. Knit the first 2 stitches of sleeve together. Work in pattern across sleeve until 2 stitches remain before marker. Knit last 2 stitches together through back loops.

Slip marker to right needle. Knit the first 2 stitches of back together. Work in pattern across back until 2 stitches remain before marker. Knit last 2 stitches together through back loops = a total of 8 stitches decreased around.

**Round 2:** Knit 1 round in pattern without decreasing.

Work rounds 1-2 a total of 17<sup>S</sup> 19<sup>M</sup> 21<sup>L</sup> times = 67<sup>S</sup> 71<sup>M</sup> 75<sup>L</sup> stitches each on front and back, and, 21<sup>S</sup> 21<sup>M</sup> 17<sup>L</sup> stitches on each sleeve.

## BACK AND FRONT NECK SHAPING

Continue as established with the raglan decreases at every marker and, with Main Color, bind off the center 29<sup>S</sup> 29<sup>M</sup> 33<sup>L</sup> stitches on both front and back. Carry the Contrast Color as you did for the armhole shaping. Knit to end of round and then cut yarn.



There are now 18<sup>S</sup> 20<sup>M</sup> 20<sup>L</sup> stitches remaining on each side of the bound-off stitches on front and back and 19<sup>S</sup> 19<sup>M</sup> 15<sup>L</sup> stitches remaining for each sleeve.

Now work back and forth on the two pieces. If you knit more loosely working back and forth, we recommend changing to a US 8 / 5 mm circular.

The first piece consists of the left half of the back, left sleeve, and left half of the front. The second piece consists of the right half of the back, right sleeve, and right half of the front.

Slip the stitches from the left half of the back over to the right needle without knitting them = 18<sup>S</sup> 20<sup>M</sup> 20<sup>L</sup> stitches remaining on the left side of the back, 19<sup>S</sup> 19<sup>M</sup> 15<sup>L</sup> stitches remaining for the left sleeve, and 18<sup>S</sup> 20<sup>M</sup> 20<sup>L</sup> stitches remaining on the left side of the front.

Continue decreasing for the raglan and neck shaping, working pattern on wrong side as follows:

**Row 1:** Begin on the wrong side of neck shaping on left front. Work all stitches in pattern on wrong side without decreasing.

Turn work. You are now on the right side of the piece.

**Row 2:** Knit the first 2 stitches on left part of back together through back loops. Work in pattern and decrease for raglan at markers as established until 2 stitches remain before neck on left front. Knit these last 2 stitches together.

Work these 2 rows a total of 9<sup>S</sup> 9<sup>M</sup> 7<sup>L</sup> times. On the last row of neck and raglan decreases, 3 stitches are to be knitted together into 1 in several places.

**For size Small,** 3 stitches are to be knitted together into 1 on the front piece, back piece, and sleeve.

**For size Medium & Large,** 3 stitches are to be knitted together into 1 only on the sleeve.

Work 3 stitches together as follows: slip the first stitch, knit the next two stitches together, pass first stitch over the two together (=double decrease). There should now be 1<sup>S</sup> 2<sup>M</sup> 6<sup>L</sup> stitches each remaining on left piece for front and back and 1<sup>S</sup> 1<sup>M</sup> 1<sup>L</sup> stitch on the sleeve = a total of 3<sup>S</sup> 5<sup>M</sup> 13<sup>L</sup> stitches.

**For size Large:** Work a total of 4 rows, decreasing only at the neck. You should now be on the wrong side of the piece.

**Row 1:** Purl the first 2 stitches together. Work in pattern on all stitches on wrong side until 2 stitches remain; end with purl 2 stitches together through back loops.

**Row 2:** Turn work and knit the first 2 stitches together through back loops. Work in pattern as established without raglan decreases, but knit the last 2 stitches together.

Repeat these 2 rows once more = a total of 4 rows. There are now a total of 2 stitches each on the left half of the front and back and 1 stitch on the sleeve = a total of 5 stitches.

Bind off the remaining stitches of left piece.

Repeat the sequence on the other piece with the right part of back, right sleeve, and right half of the front. Begin on the wrong side at the neck shaping on the right back.

## NECKBAND

With US 8 / 5 mm 40 cm circular and Contrast Color 2, pick up and knit 104<sup>S</sup> 110<sup>M</sup> 118<sup>L</sup> stitches around the neck. Join and work around in knit 1, purl 1 ribbing for approximately 4 cm. Bind off in ribbing.

## FINISHING

Seam underarms. Weave in all ends neatly on wrong side.

Chart A

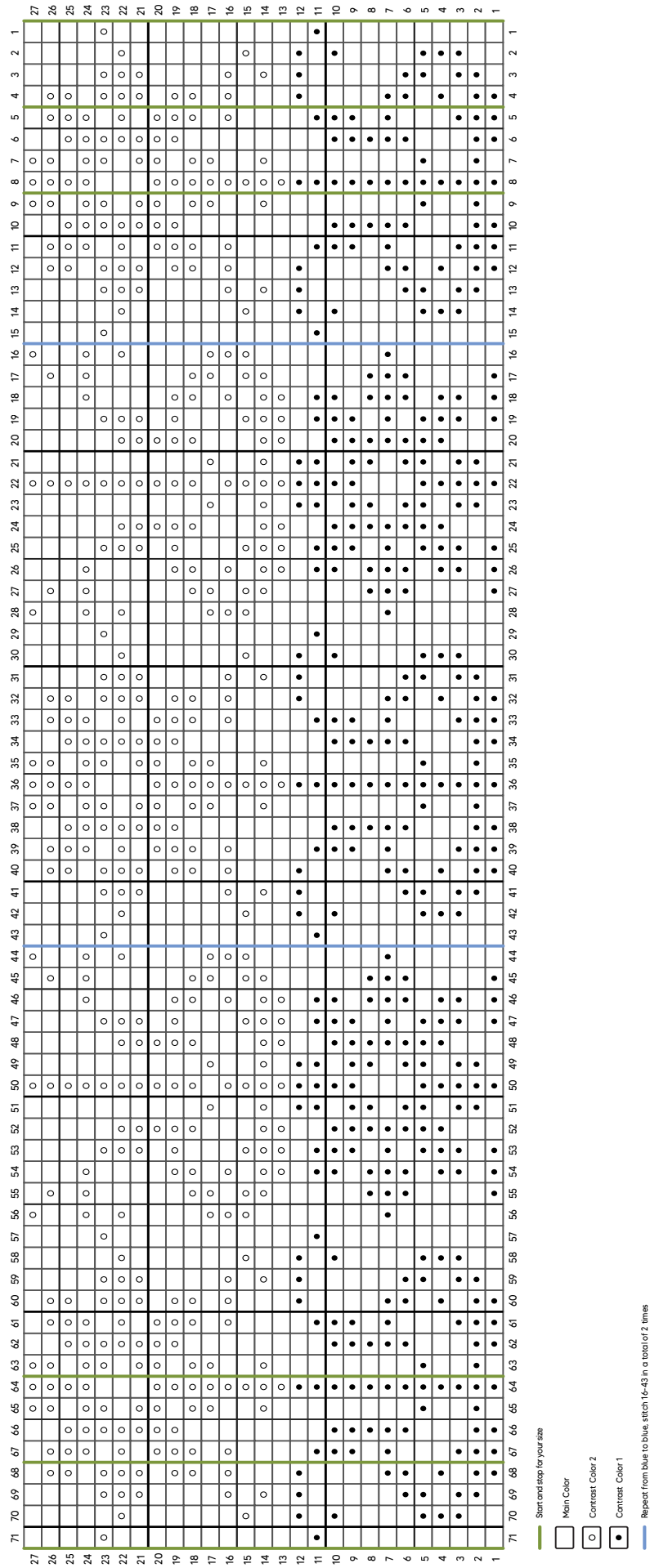
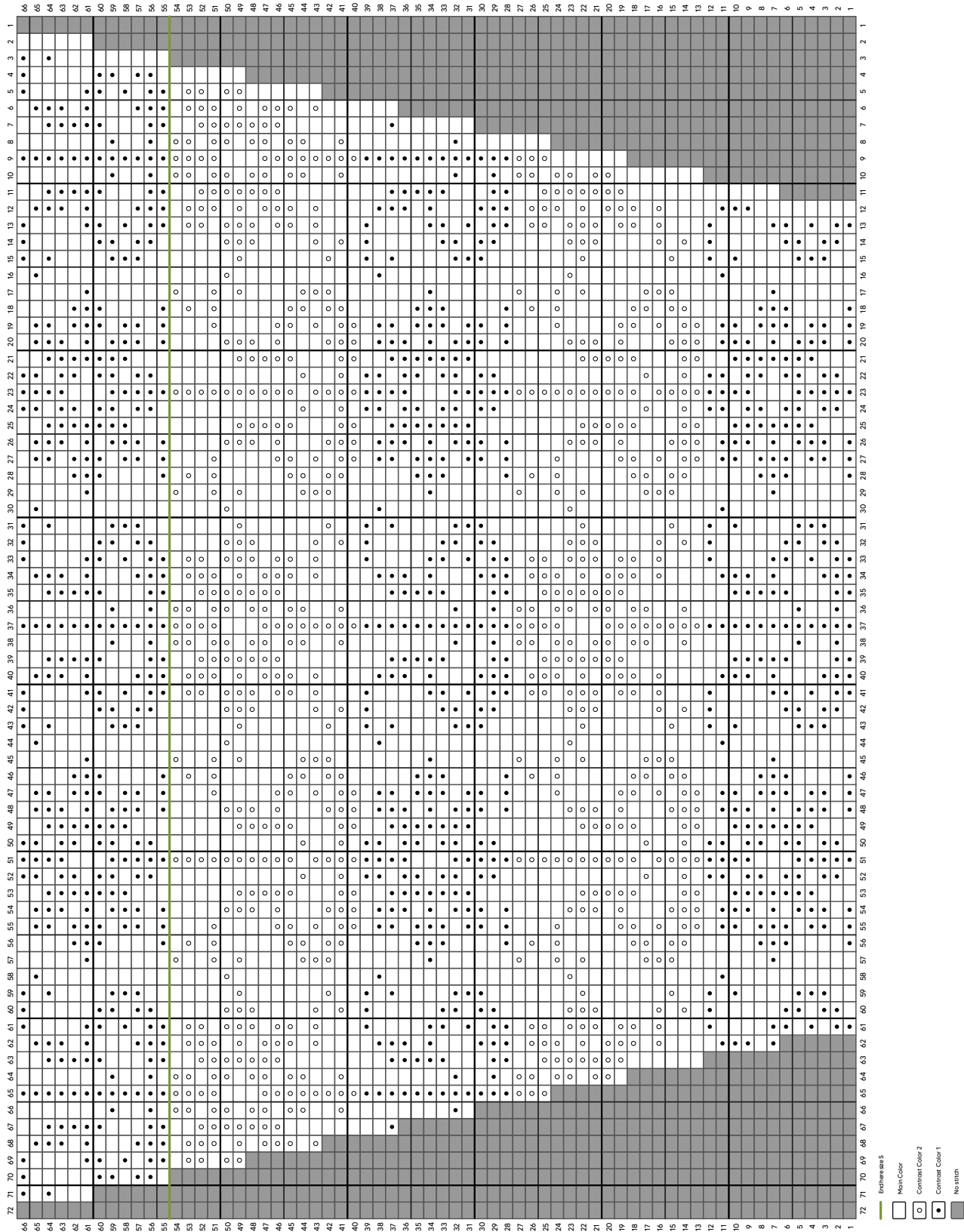




Chart B



## SKAPPEL RETREAT

We can all feel that everyday life, with its work, appointments, and time pressures, leaves little room to relax, be creative, and have fun together. After what has been an especially long winter, we are now more than ready for a much-awaited summer vacation.

The Skappel team has big plans for the summer. We will be spending it at the cabin. Nestled in beautiful surroundings, the cabin offers the perfect escape from the hustle and bustle of daily life. It's a place where we can unwind, let our creativity flow, and enjoy quality time together.

This summer, we are looking forward to disconnecting from our busy schedules and reconnecting with what truly matters – family, creativity, and the simple joys of life. Whether we are knitting by the lake, taking long hikes, or just enjoying the tranquility of our surroundings, the Skappel Retreat promises to be the perfect sanctuary for rejuvenation and inspiration.

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You need help? See our instructionvideoes at  
[skappeloslo.com](https://skappeloslo.com)

Foto: Julianne Leikanger  
Grafisk design: Noe AS

