

JULIE HOOVER



## CANALE

A draped-neckline vest  
Featuring mYak Kupa yarn

## PATTERN SPECS

### Sizes

36½ (41½, 46½, 52, 57, 62, 67)" / 92.5 (105.5, 118, 132, 145, 157.5, 170) cm finished chest and hip circumference

Sized to fit 29-33 (34-38, 39-43, 44-48, 49-53, 54-58, 59-63)" / 73.5-84 (86.5-96.5, 99-109, 112-122, 124.5-134.5, 137-147.5, 150-160) cm actual chest circumference with approximately 4-8" / 10-20.5 cm positive ease

*Model wearing size 41½" / 105.5 cm with + 5½" / 14 cm ease in chest and + 3½" / 9 cm ease in hip*

### Yarn

mYak Tibetan Fibers Kupa  
50% baby yak, 50% organic cotton  
127 yards / 116 meters per 25 g skein

7 (8, 9, 11, 12, 14, 16) skeins  
855 (995, 1143, 1305, 1500, 1679, 1924) yards / 781 (908, 1044, 1192, 1370, 1534, 1757) meters

*Sample photographed in color Avalokita*

### Gauge

25 stitches and 36 rows = 4" / 10 cm in stockinette stitch with Needle A, after blocking

### Needle A

One 24" / 60 cm circular needle  
US 4 / 3.5 mm or size needed to obtain gauge listed

### Needle B (for Hem)

One 24" / 60 cm circular needle one size smaller than Needle A  
US 3 / 3.25 mm

### Other Materials

Stitch marker, stitch holders, waste yarn, blunt tapestry needle, blocking wires & T-pins (optional but recommended)

### Skill Level

3 of 5

## CONSTRUCTION NOTES

- Pullover is worked flat in pieces from the bottom up and sewn together, using a circular needle to accommodate the large number of stitches.
- Back is worked with a 1-stitch garter selvedge on side edges, an incorporated I-Cord at armhole edges, and 1-stitch slipped selvedge at neck edges, as shown in {brackets}.
- Fronts are worked with a combination of a 1-stitch garter selvedge at sides and incorporated I-cord at center front and armhole edges as shown in {brackets}. Collar extension is worked in a similar manner.
- For best results, use the Sloped Bind Off Method (see Special Techniques) for neckline, shoulder, and collar extension shaping.

## BACK

### Hem Ribbing

Using Needle B, loosely CO 114 (130, 146, 162, 178, 194, 210) stitches using the following method (or your preferred method for 2x2 ribbing):

Make slipknot on needle, CO 1 stitch using Long-Tail Purl Method (see Special Techniques), \*CO 2 stitches using Long-Tail Method, CO 2 stitches using Long-Tail Purl Method; repeat from \* until required number of stitches have been cast on. Do not join.

Next Row (RS): \*Knit 2, purl 2; repeat from \* to last 2 stitches, knit 2.

Next Row (WS): {Knit 1}, purl 1 \*knit 2, purl 2; repeat from \* to last 2 stitches, purl 1, {knit 1}.

Repeat the last 2 rows 18 times, or until piece measures 4" / 10 cm from CO edge, ending with a WS row. \*\*

### Establish Main Fabric & Work Sides

Switch to Needle A.

Next Row (RS): Knit to end.

Next Row (WS): {Knit 1}, purl to last stitch, {knit 1}.

Continue working in stockinette stitch, maintaining the 1-stitch garter selvedge at sides for 84 (84, 88, 88, 92, 92, 96) more rows, or until piece measures 13½ (13½, 14, 14, 14½, 14½, 15)" / 34.5 (34.5, 35.5, 35.5, 37, 37, 38) cm from CO edge, ending with a WS row.

### Work Armholes

Next Row (RS): Knit to end.

Next Row (WS): {Slip 2 purlwise wyif}, purl to last 2 stitches, {slip 2 purlwise wyif}.

Continue working in stockinette stitch, maintaining the incorporated I-cord at sides for 68 (72, 76, 82, 88, 96, 106) rows, or until piece measures 21¼ (21¾, 22¾, 23¼, 24½, 25½, 27)" / 54 (55, 58, 59, 62, 65, 68.5) cm from CO edge, ending with a WS row.

### Shape Shoulders & Neckline

Neck Division Row (RS): SSK, BO 6 (8, 9, 9, 10, 11, 12) stitches, work 43 (48, 55, 63, 69, 75, 82) stitches (including last stitch from BO) then transfer these stitches to waste yarn or stitch holder for Right Neckline, BO 14 (16, 16, 16, 18, 20, 20) center neckline stitches, work in pattern to end.

[50 (57, 65, 73, 80, 87, 95) stitches remain for Left Neckline]

### Left Neckline & Shoulder

*Using the Sloped Bind Off Method is recommended for best results.*

Next Row (WS): SSP, BO 6 (8, 9, 9, 10, 11, 12) stitches, work in pattern to end.

At the beginning of RS rows, BO at neckline edge 5 stitches once, then 3 stitches once, then 2 stitches once, then 1 stitch 1 (1, 1, 2, 2, 2) time(s), and AT THE SAME TIME, at the beginning of WS rows, BO at the shoulder edge 8 (9, 11, 10, 11, 12, 14) stitches 4 (3, 4, 4, 3, 2, 5) times, then 0 (10, 0, 11, 12, 13, 0) stitches 0 (1, 0, 1, 2, 3, 0) time(s).

[no stitches remain]

### Right Neckline & Shoulder

*Using the Sloped Bind Off Method is recommended for best results.*

With WS facing, return 43 (48, 55, 63, 69, 75, 82) held stitches to Needle A and rejoin yarn at neckline edge.

At the beginning of WS rows, BO at neckline edge 5 stitches once, then 3 stitches once, then 2 stitches once, then 1 stitch 1 (1, 1, 2, 2, 2, 2) time(s), and AT THE SAME TIME, at the beginning of RS rows, BO at the shoulder edge 8 (9, 11, 10, 11, 12, 14) stitches 4 (3, 4, 4, 3, 2, 5) times, then 0 (10, 0, 11, 12, 13, 0) stitches 0 (1, 0, 1, 2, 3, 0) time(s).

[no stitches remain]

## FRONT

Work as for BACK until \*\*.

### Establish Main Fabric

Switch to Needle A.

Next Row (RS): Knit 36 (40, 48, 56, 60, 68, 72), place marker, knit 2, [purl 2, knit 2] 10 (12, 12, 12, 14, 14, 16) times, transfer remaining 36 (40, 48, 56, 60, 68, 72) stitches to stitch holder or waste yarn for Right Front.

[78 (90, 98, 106, 118, 126, 138) stitches on needle]

With right side facing, beginning at the marker until the last stitch on needle, thread a contrasting length of waste yarn through 42 (50, 50, 50, 58, 58, 66) stitches, creating a visual guide for picking up stitches later.

### Left Front

Next Row (WS): {Slip 2 stitches purlwise wyif}, work in established ribbing pattern to marker, slip marker, purl to last stitch, {knit 1}.

Next Row (RS): Knit to marker, slip marker, work in established ribbing pattern to last 2 stitches, {knit 2}.

Work 3 rows even as established, maintaining the 1-stitch garter selvedge at side edge and incorporated I-cord at neck edge.

### Shape Left Neckline

Left Neckline Decrease Row (RS): Knit to 2 stitches before marker, k2tog, slip marker, work in established pattern to end. (1 stitch decreased)

Repeat the Left Neckline Decrease Row every 6<sup>th</sup> row 22 (14, 18, 19, 14, 16, 15) more times, then every 4<sup>th</sup> row 4 (17, 13, 13, 23, 22, 27) times. AT THE SAME TIME, when piece measures 13½ (13½, 14, 14, 14½, 14½, 15)" / 34.5 (34.5, 35.5, 35.5, 37, 37, 38) cm from CO edge [86 (86, 90, 90, 94, 94, 98) rows of main fabric completed], replace the 1-stitch garter selvedge with an incorporated I-cord at armhole edge by working the last two stitches on WS rows as {slip 2 purlwise wyif}.

[51 (58, 66, 73, 80, 87, 95) stitches remain]

Work 1 WS row even. Piece measures 21¼ (21¾, 22¾, 23¼, 24½, 25½, 27)" / 54 (55, 58, 59, 62, 65, 68.5) cm from CO edge.

### Shape Left Shoulder & Work Collar

*Using the Sloped Bind Off Method is recommended for best results.*

Next Row (RS): SSK, BO 6 (8, 9, 9, 10, 11, 12) stitches, work in pattern to end, removing marker. (7 (9, 10, 10, 11, 12, 13) stitches decreased)

Work 1 WS row even.

At the beginning of RS rows, BO at the shoulder edge 8 (9, 11, 10, 11, 12, 14) stitches 4 (3, 4, 4, 3, 2, 5) times, then 0 (10, 0, 11, 12, 13, 0) stitches 0 (1, 0, 1, 2, 3, 0) time(s).

[12 stitches remain]

Next Row (WS): {Slip 2 purlwise wyif}, work in established ribbing pattern to end, then CO 1 stitch using the backward loop method. (1 stitch increased)

[13 stitches on needle]

Establish a 1-stitch slipped selvedge at shoulder edge (on RS rows, slip first stitch knitwise wyib) and continue working in established pattern for 24 (26, 26, 28, 28, 30, 30) rows, or until collar measures 2¾ (3, 3, 3¼, 3¼, 3½, 3½)" / 7 (7.5, 7.5, 8.5, 8.5, 9, 9) cm from shoulder BO stitches, ending with a WS row.

Next Row (RS): BO 11 stitches in pattern, transfer last BO stitch from R needle back to L needle, then work remaining 2 stitches as k2tog. Break yarn and pull tail through final loop to secure the stitch.

### Right Front

With Needle A, RS facing, and beginning with the 37<sup>th</sup> (41<sup>st</sup>, 49<sup>th</sup>, 57<sup>th</sup>, 61<sup>st</sup>, 69<sup>th</sup>, 73<sup>rd</sup>) stitch from the right side edge, pick up and knit 42 (50, 50, 50, 58, 58, 66) stitches along row previously marked with waste yarn by pulling working yarn loop through the center of each stitch. Place 36 (40, 48, 56, 60, 68, 72) held stitches from hem ribbing onto L needle and knit to end.

[78 (90, 98, 106, 118, 126, 138) stitches on needle]

Next Row (WS): {Knit 1}, purl 35 (39, 47, 55, 59, 67, 71), place marker, [purl 2, knit 2] 10 (12, 12, 12, 14, 14, 16) times, {slip 2 stitches purlwise wyif}.

Next Row (RS): {Knit 2}, work in established ribbing pattern to marker, slip marker, knit to end.

Work 3 rows even as established, maintaining the 1-stitch garter selvedge at side edge and incorporated I-cord at neck edge.

### Shape Right Neckline

Right Neckline Decrease Row (RS): {Knit 2}, work in established ribbing pattern to marker, slip marker, SSK, knit to end. (1 stitch decreased)

Repeat the Right Neckline Decrease Row every 6<sup>th</sup> row 22 (14, 18, 19, 14, 16, 15) more times, then every 4<sup>th</sup> row 4 (17, 13, 13, 23, 22, 27) times. AT THE SAME TIME, when piece measures 13½ (13½, 14, 14, 14½, 14½, 15)" / 34.5 (34.5, 35.5, 35.5, 37, 37, 38) cm from CO edge (86 (86, 90, 90, 94, 94, 98) rows of main fabric completed), replace the 1-stitch garter selvedge with an incorporated I-cord at armhole edge by working the first two stitches on WS rows as {slip 2 purlwise wyif}.

[51 (58, 66, 73, 80, 87, 95) stitches remain]

Work 2 rows even. Piece measures 21¼ (21¾, 22¾, 23¼, 24½, 25½, 27)" / 54 (55, 58, 59, 62, 65, 68.5) cm from CO edge.

## Shape Right Shoulder & Work Collar

*Using the Sloped Bind Off Method is recommended for best results.*

Next Row (WS): SSP, BO 6 (8, 9, 9, 10, 11, 12) stitches, work in pattern to end, removing marker. (7 (9, 10, 10, 11, 12, 13) stitches decreased)

Work 1 RS row even.

At the beginning of WS rows, BO at the shoulder edge 8 (9, 11, 10, 11, 12, 14) stitches 4 (3, 4, 4, 3, 2, 5) times, then 0 (10, 0, 11, 12, 13, 0) stitches 0 (1, 0, 1, 2, 3, 0) time(s).

[12 stitches remain]

Next Row (RS): [Knit 2], work in established ribbing pattern to end, then CO 1 stitch using the backward loop method. (1 stitch increased)

[13 stitches on needle]

Establish a 1-stitch slipped selvedge at shoulder edge (on WS rows, slip first stitch purlwise wyif) and continue working in pattern for 23 (25, 25, 27, 27, 29, 29) rows, or until collar measures 2¾ (3, 3, 3¼, 3¼, 3½, 3½)" / 7 (7.5, 7.5, 8.5, 8.5, 9, 9) cm from shoulder BO stitches, ending with a WS row.

Next Row (RS): SSK, BO remaining stitches in pattern.

## FINISHING

Hand wash pieces using lukewarm water and a gentle fabric wash with a neutral pH, allowing them to soak a minimum of 45 minutes. Do not rub, agitate, wring or twist fabric. Rinse pieces well in lukewarm water. Keeping pieces compressed in shape, gently remove excess water by rolling between two thick towels. Block pieces to measurements on schematic (blocking wires and T-pins are highly recommended to achieve best results). Allow pieces to dry thoroughly.

### Assembly

Sew bound-off edges of front collar extensions using invisible method. Sew one shoulder, then front collar to back neckline, then other shoulder together in one continuous seam using a combination of invisible method on the horizontal edges and mattress stitch on the vertical edges or using backstitch. Sew side seams from hem to armhole (rows worked in 1-stitch garter selvedge only) using mattress stitch.

*Note: The front neckline will drape freely when worn. You may wish to sew a small snap, fastener, or tack with seaming yarn to the garment to keep the front neckline in place.*

Weave in all ends invisibly on WS of garment.

Steam all sewn edges to smooth fabric and relax the seams, or wet-block entire garment again, if desired.

## SPECIAL TECHNIQUES

### Long-Tail Purl Cast On

Place both strands in left hand with working yarn looped over the index finger and the tail looped over the thumb (held the same way as for Long-Tail Cast On). \*With needle in right hand, insert needle into working yarn loop around index finger by going under the side of the loop on the far side of the finger, then catch the tail yarn loop over the thumb on the side in back of the thumb by bringing the needle under the strand. Pull the tail yarn loop through the working yarn loop, then release the tail and tighten slightly. Repeat from \* until desired number of stitches have been cast on.

Visit [juliehoover.com/techniques](http://juliehoover.com/techniques) for additional tutorial links to the Long Tail Purl Method, Sloped Bind Off Method, and recommended seaming methods.

## ABBREVIATIONS

BO: Bind Off

CO: Cast On

K2tog: Knit two stitches together

L: Left

R: Right

RS: Right Side

SSK: Slip 2 stitches as if to knit, one at a time; return stitches to L needle in their new orientation and knit them together through the back loops

SSP: Slip 2 stitches as if to knit, one at a time; return stitches to L needle in their new orientation and purl them together through the back loops

WS: Wrong Side

Wyib: With yarn in back

Wyif: With yarn in front

## SCHEMATICS



