

PetiteKnit

ESTHER VEST



Sizes:	XXS (XS) S (M) L (XL) 2XL (3XL) 4XL (5XL)
Bust circumference:	88 (92) 96 (102) 106 (116) 126 (136) 146 (156) cm [34 $\frac{3}{4}$ (36 $\frac{1}{4}$) 37 $\frac{3}{4}$ (40 $\frac{1}{4}$) 41 $\frac{3}{4}$ (45 $\frac{3}{4}$) 49 $\frac{1}{2}$ (53 $\frac{1}{2}$) 57 $\frac{1}{2}$ (61 $\frac{1}{2}$) inches]
Length:	48 (52) 54 (56) 58 (59) 60 (63) 66 (70) cm [19 (20 $\frac{1}{2}$) 21 $\frac{1}{4}$ (22) 22 $\frac{3}{4}$ (23 $\frac{1}{4}$) 23 $\frac{1}{2}$ (24 $\frac{3}{4}$) 26 (27 $\frac{1}{2}$) inches] (measured mid back excl. neck edge)
Gauge:	20 sts x 32 rows = 10 x 10 cm [4 x 4 inches] in texture pattern on a 3.5 mm [US4] needle
Needles:	Circular needles: 3.5 mm [US4] / 60, 80 and/or 100 cm [24, 32 and/or 40 inches] and 3 mm [US2 $\frac{1}{2}$] / 40, 60, 80 and/or 100 cm [16, 24, 32 and/or 40 inches]
Materials:	200-250 (250) 250 (300) 300 (300-350) 350 (350) 400 (400) g Jensen Yarn by Isager Yarn (50 g = 125 m [137 yds]) held together with 100 (100) 150 (150) 150 (150) 150 (150) 200 (200) g Spinni by Isager Yarn (50 g = 300 m [328 yds]) or 100 (100) 100 (100) 100 (100-150) 150 (150) 150 (150) g Alpaca 1 by Isager Yarn (50 g = 400 m [437 yds]). 6 buttons (\varnothing = 15 mm)

PATTERN

The Esther Vest is worked from the top down in a textured pattern. First, the back yoke is worked back and forth and shaped with increases. Then, the shoulders are worked from stitches that are picked up and knitted along the top of the back yoke. The body is worked back and forth. Rib edges are worked around the armhole openings. At the end, front plackets are worked as well as a ribbed neck edge.

Begin by knitting a swatch to determine which needle size will give you the correct gauge in the textured pattern. The swatch can be worked using the chart on page 13 and 14.

Size guide

The Esther Vest is designed to have approx. 6 cm [2½ inches] of positive ease. The sizes XXS (XS) S (M) L (XL) 2XL (3XL) 4XL (5XL) are designed to fit a bust circumference of 75-80 (80-85) 85-90 (90-95) 95-100 (100-110) 110-120 (120-130) 130-140 (140-150) cm [29½-31½ (31½-33½) 33½-35½ (35½-37½) 37½-39½ (39½-43½) 43½-47½ (47½-51½) 51½-55 (55-56) inches]. The measurements for the finished garment are on the front page of the pattern. Before beginning your project, measure yourself to determine which size will fit you the best. For example, if you measure 90 cm [35½ inches] around your bust (or around the widest part on your upper body) you should knit a size S. A size S slipover has a bust circumference of 96 cm [37¾ inches] which in the given example would give you 6 cm [2½ inches] of positive ease.

About charts

The chart for the slipover's texture pattern can be found at the end of the pattern. The chart key is located on page 9. No selvedge stitches are worked.

The charts are read from the bottom up, and from left to right on WS rows, and from right to left on RS rows. The bolded squares in the charts mark the pattern repeats.

About increases

Increases are worked so they either slant to the right (M1R) or to the left (M1L) (see video at www.petiteknit.com).

M1R:

From the RS: Insert the left needle under the strand that runs between two stitches from back to front, then knit this strand.

From the WS: Insert the left needle under the strand that runs between two stitches from back to front, then purl this strand.

M1L:

From the RS: Insert the left needle under the strand that runs between two stitches from front to back, then knit this strand through the back loop (twisted).

From the WS: Insert the left needle under the strand that runs between two stitches from front to back, then purl this strand through the back loop (twisted).

Back yoke

The back yoke is worked back and forth. Stitches are cast on for the back of the neck, then increases are worked to shape the back.

Cast on 31 (31) 31 (31) 31 (35) 35 (35) 35 (35) sts on a 3.5 mm [US4] / 60 cm [24 inches] circular needle.

Purl across 1 row. The next row is a RS row.

Work back and forth across the back yoke with increases following the chart on page 10, 11 and 12. The chart only shows the first 18 (18) 20 (20) 20 (24) 24 (24) 24 (24) increases, but after these you continue working back and forth with increases as established (meaning you work increases after the first 2 and before the last 2 sts on every row), while working the pattern repeat across the center 61 (61) 61 (61) 61 (73) 73 (73) 73 (73) sts and working moss stitch on both sides of these center sts. Continue as established until a total of 18 (18) 20 (22) 24 (24) 26 (28) 28 (28) increases rows have been worked. There are now a total of 67 (67) 71 (75) 79 (83) 87 (91) 91 (91) sts on the needle.

When all the increases have been completed the first and last 2 sts are also worked in moss stitch.

The back yoke is now shaped like a trapezoid, and the work measures approx. 6 (6) 6.5 (7) 8 (8) 8.5 (9) 9 (9) cm [2 1/4 (2 1/4) 2 1/2 (2 3/4) 3 1/4 (3 1/4) 3 1/4 (3 1/2) 3 1/2 (3 1/2) inches] from the cast-on edge.

Now work back and forth across the back yoke (with no more increases) in pattern as established (meaning working the charted pattern across the center 61 (61) 61 (61) 61 (73) 73 (73) 73 (73) sts and moss stitch on both sides) until the back yoke measures 22 (22) 23 (23) 23 (22) 21.5 (22) 19.5 (18) cm [8 3/4 (8 3/4) 9 (9) 9 (8 3/4) 8 1/2 (8 3/4) 7 3/4 (7) inches] from the cast-on edge at the back of the neck. End on a WS row, so the next row is a RS row. *Take note of which row of the pattern you have gotten to – you will need this later on when you need to work increases for the armhole on the fronts.*

Now work increases for the armholes, working the new sts in the established moss stitch pattern. Work as follows:

Row 1 (RS): K1, **M1L**, work in pattern to the last stitch on the needle, **M1R**, k1. (2 sts have been increased)

Row 2 (WS): Work in pattern to end of row.

Work Rows 1 and 2 a total of 8 (10) 10 (11) 11 (12) 12 (12) 14 (14) times. There are now a total of 83 (87) 91 (97) 101 (107) 111 (115) 119 (119) sts on the needle.

Now work increases for the armholes on both RS and WS rows as follows (note: only for sizes (XL) 2XL (3XL) 4XL (5XL)):

Row 1 (RS): K1, **M1L**, work in pattern to the last stitch on the needle, **M1R**, k1. (2 sts have been increased)

Row 2 (WS): P1, **M1R**, work in pattern to the last stitch on the needle, **M1L**, p1. (2 sts have been increased)

Work Rows 1 and 2 a total of 0 (0) 0 (0) 0 (1) 2 (2) 3 (5) times. There are now a total of 83 (87) 91 (97) 101 (111) 119 (123) 131 (139) sts on the needle.

Break the yarn and let the sts rest, while the shoulders are being worked.

Right shoulder

Join new yarn and pick up and knit sts from the RS with a 3.5 mm [US4] / 60 cm [24 inches] circular needle. Pick up and knit 20 (20) 22 (24) 26 (26) 28 (30) 30 (30) sts along the right slanting section of the back yoke (this is equivalent to picking up and knitting 1 stitch in every stitch along the entire slanting side with increases). Start at the shoulder and work towards the neck.

The first row is a WS row. Work back and forth in the texture pattern with increases for the neckline following the chart on pages 13 and 14. On row 36 (36) 36 (36) 36 (38) 38 (38) 38 (38) cast on 7 (7) 7 (7) 7 (9) 9 (9) 9 (9) new sts in extension of the sts on the needle using the backward loop method.

There are now a total of 33 (33) 35 (37) 39 (41) 43 (45) 45 (45) sts on the needle.

Now work the rest of the right shoulder (which will now be renamed the right front) back and forth in pattern as established until the front measures 22 (22) 23 (23) 23 (22) 21.5 (22) 19.5 (18) cm [8 $\frac{3}{4}$ (8 $\frac{3}{4}$) 9 (9) 9 (8 $\frac{3}{4}$) 8 $\frac{1}{2}$ (8 $\frac{3}{4}$) 7 $\frac{3}{4}$ (7) inches] from where sts were picked up and knitted. *End on the same row of the pattern as on the back before the increases for the armholes begun.*

Now work increases for the armhole, working the new sts in the established moss stitch pattern. Work as follows:

Row 1 (RS): K1, **M1L**, work in pattern as established to end of row. (1 stitch has been increased)

Row 2 (WS): Work in pattern to end of row.

Work Rows 1 and 2 a total of 8 (10) 10 (11) 11 (12) 12 (12) 14 (14) times. There are now a total of 41 (43) 45 (48) 50 (54) 58 (61) 65 (69) sts on the needle.

Now work increases for the armholes on both RS and WS rows as follows (note: only for sizes (XL) 2XL (3XL) 4XL (5XL)):

Row 1 (RS): K1, **M1L**, work in pattern to end of row. (1 stitch has been increased)

Row 2 (WS): Work in pattern to the last stitch on the needle, **M1L**, p1. (1 stitch has been increased)

Work Rows 1 and 2 a total of 0 (0) 0 (0) 0 (1) 2 (2) 3 (5) times. There are now a total of 41 (43) 45 (48) 50 (55) 59 (61) 65 (69) sts on the needle.

Break the yarn and let the sts rest, while the left shoulder is being worked.

Left shoulder

Join new yarn and pick up and knit sts from the RS with a 3.5 mm [US4] / 60 cm [24 inches] circular needle. Pick up and knit 20 (20) 22 (24) 26 (26) 28 (30) 30 (30) sts along the left slanting section of the back yoke (this is equivalent to picking up and knitting 1 stitch in every stitch along the entire slanting side with increases). Start at the neck and work towards the shoulder

The first row is a WS row. Work back and forth in the texture pattern with increases for the neckline following the chart on pages 13 and 14. On row 36 (36) 36 (36) 36 (38) 38 (38) 38 (38) cast on 7 (7) 7 (7) 7 (9) 9 (9) 9 (9) new sts in extension of the sts on the needle using the backward loop method.

There are now a total of 33 (33) 35 (37) 39 (41) 43 (45) 45 (45) sts on the needle.

Now work the rest of the left shoulder (which will now be renamed the left front) back and forth in pattern as established until the front measures 22 (22) 23 (23) 23 (22) 21.5 (22) 19.5 (18) cm [8 $\frac{3}{4}$ (8 $\frac{3}{4}$) 9 (9) 9 (8 $\frac{3}{4}$) 8 $\frac{1}{2}$ (8 $\frac{3}{4}$) 7 $\frac{3}{4}$ (7) inches]. *End on the same row of the pattern as on the right front and the back.*

Now work increases for the armhole, working the new sts in the established moss stitch pattern. Work as follows:

Row 1 (RS): Work in pattern to the last stitch on the needle, **M1R**, k1. (1 stitch has been increased)

Row 2 (WS): Work in pattern to end of row.

Work Rows 1 and 2 a total of 8 (10) 10 (11) 11 (12) 12 (12) 14 (14) times. There are now a total of 41 (43) 45 (48) 50 (53) 55 (57) 59 (59) sts on the needle.

Now work increases for the armholes on both RS and WS rows as follows (note: only for sizes (XL) 2XL (3XL) 4XL (5XL)):

Row 1 (RS): Work in pattern to the last stitch on the needle, **M1R**, k1. (1 stitch has been increased)

Row 2 (WS): P1, **M1L**, work in pattern to end of row. (1 stitch has been increased)

Work Rows 1 and 2 a total of 0 (0) 0 (0) 0 (1) 2 (2) 3 (5) times. There are now a total of 41 (43) 45 (48) 50 (55) 59 (61) 65 (69) sts on the needle.

Do not break the yarn as the next step follows from here.

Body

Now join both fronts and the back on the same 3.5 mm [US4] / 80 or 100 cm [32 or 40 inches] circular needle and work as follows:

Row 1 (RS): Work in pattern across the left front, cast on 5 (5) 5 (5) 5 (7) 9 (13) 15 (17) new sts in extension of the left front for the underarm using the backward loop method, work in pattern across the back, cast on 5 (5) 5 (5) 5 (7) 9 (13) 15 (17) new sts in extension of the back for the underarm using the backward loop method, work in pattern across the right front. There are now a total of 175 (183) 191 (203) 211 (235) 255 (271) 291 (311) sts on the needle.

Now work back and forth across all sts in pattern as established until the slipover mid back measures 45 (49) 51 (53) 55 (56) 57 (60) 63 (67) cm [17 $\frac{3}{4}$ (19 $\frac{1}{4}$) 20 (20 $\frac{3}{4}$) 21 $\frac{3}{4}$ (22) 22 $\frac{1}{2}$ (23 $\frac{1}{2}$) 24 $\frac{3}{4}$ (26 $\frac{1}{2}$) inches] or to the desired length. Adjust the length so you end with either a half or a complete length-wise pattern repeat (marked with the bold frame in the chart). End on a WS row, so the next row is a RS row.

Change to a 3 mm [US2½] / 80 or 100 cm [32 or 40 inches] circular needle.

Work back and forth in 1 x 1 rib as follows:

Row 1 (RS): P1, * k1, p1 *, repeat from * to * to end of row.

Row 2 (WS): K1, * p1, k1 *, repeat from * to * to end of row.

Repeat Rows 1 and 2 until the rib measures 3 cm [1¼ inches].

Work 2 rows in double knitting before binding off using the Italian bind-off technique. Work as follows:

Row 1 (RS): Slip 1 stitch purl-wise with the yarn held in front, * k1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to end of row.

Row 2 (WS): K1, * slip 1 stitch purl-wise with the yarn held in front, k1 *, repeat from * to * to end of row.

Bind off using the Italian bind-off technique.

Armhole rib edges

From the RS, pick up and knit 120 (124) 128 (130) 132 (134) 138 (144) 146 (152) sts with a 3 mm [US2½] / 40 cm [16 inches] circular needle around the armhole opening (this is the equivalent to picking up 3 sts for every 4 rows all the way around). Start and end in the middle of the underarm, making sure you pick up an even number of sts.

Join in the round and work 5 rounds in 1 x 1 rib (k1, p1).

Work double knitting before binding off using the Italian bind-off technique as follows (see video at www.petiteknit.com):

Round 1: * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to end of round.

Round 2: * Slip 1 stitch purl-wise with the yarn held in back, p1 *, repeat from * to * to end of round.

Bind off using the Italian bind-off technique (see video at www.petiteknit.com).

Front plackets

The front plackets are worked back and forth in rib on a 3 mm [US2½] / 60 or 80 cm [24 or 32 inches] circular needle. Five buttonholes are worked along the right front placket (the sixth buttonhole is worked in the rib neck edge).

Pick up and knit 3 sts for every 4 rows along the right front edge until either 102, 112, 122, 132, 142 or 152 sts have been picked up (or 10 more or less). The first row is a WS row.

Calculate the number of sts between the buttonholes as follows:

sts between buttonholes = (picked up sts - 12) / 5

Example of calculation:

You have picked up 112 sts for the front placket, so there needs to be 20 sts between the buttonholes:

$$\text{sts between buttonholes} = (112 - 12) / 5 = 20 \text{ sts}$$

First the right front placket with the five buttonholes is worked. Note that an extra stitch is formed at the end of the first row. This stitch becomes the edge stitch, which will roll to the back and ensure a nice finish to the placket. This means that there are 2 knit sts after each other at the bottom of the placket. The knitted buttonholes will sit neatly between 2 knit sts (seen from the RS), if the number of picked up and knitted sts is followed.

Work the right front placket as follows:

Row 1 (WS): * K1, p1 *, repeat from * to * to end of row, cast on 1 new stitch in extension of the last stitch on the needle using the backward loop method (there is now an odd number of sts on the needle).

Row 2 (RS): K1, * k1, p1 *, repeat from * to * to end of row.

Row 3 (WS): * Work calculated number of sts between buttonholes in rib as established, slip 1 stitch knit-wise, slip 1 more stitch knit-wise, slip the 2 sts back to the left needle (sts are now sitting twisted on the needle), yarn over, purl 2 sts together through the back loops *, repeat from * to * another 4 times until there are 3 sts left on the needle, k1, p2.

Row 4 (RS): Work as Row 2.

Row 5 (WS): * K1, p1 *, repeat from * to * to the last stitch on the needle, p1.

Row 6 (RS): * Slip 1 stitch purl-wise with the yarn held in front, k1 *, repeat from * to * to the last stitch on the needle, slip 1 stitch purl-wise with the yarn held in front.

Row 7 (WS): * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to the last stitch on the needle, k1.

Bind off sts using the Italian bind-off technique.

Pick up and knit the same number of sts along the left front edge. Work the left front placket without buttonholes as follows:

Row 1 (WS): Cast on 1 new stitch using the backward loop method (there is now an odd number of sts on the needle) and purl this backward loop stitch, work * p1, k1 *, repeat from * to * to end of row.

Row 2 (RS): * P1, k1 *, repeat from * to * to the last stitch on the needle, k1.

Row 3 (WS): P1, * p1, k1 *, repeat from * to * to end of row.

Row 4 (RS): Work as Row 2.

Row 5 (WS): Work as Row 3.

Row 6 (RS): * Slip 1 stitch purl-wise with the yarn held in front, k1 *, repeat from * to * to the last stitch on the needle, slip 1 stitch purl-wise with the yarn held in front.

Row 7 (WS): * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to the last stitch on the needle, k1.

Bind off sts using the Italian bind-off technique.

Neck edge

The neck edge is worked back and forth in rib on a 3 mm [US2½] / 60 cm [24 inches] circular needle. A buttonhole is worked at the right end of the neck edge.

Pick up and knit approx. 121 (121) 121 (121) 121 (131) 131 (131) 131 (131) sts (or a fitting odd number of sts) along the neck opening and the tops of the front plackets. The rate for picking up and knitting is the approx. equivalent to picking up and knitting 1 stitch in every stitch along the back of the neck, the slanted sides and the backward loops at the front, while picking up 3 sts for every 4 rows along the straight sides of the neck, and 7 sts along the top of each front placket.

Work the neck ribbing as follows:

Row 1 (WS): Cast on 1 new stitch using the backward loop method and purl this backward loop stitch, * p1, k1 *, repeat from * to * to the last stitch on the needle, p1, cast on 1 new stitch using the backward loop method at the end of the row.

Row 2 (RS): K1, * k1, p1 *, repeat from * to * to the last 2 sts on the needle, k2.

Row 3 (WS): P1, * p1, k1 *, repeat from * to * to the last 5 sts on the needle, slip 1 stitch knit-wise, slip 1 more stitch knit-wise, slip the 2 sts back to the left needle (sts are now sitting twisted on the needle), yarn over, purl 2 sts together through the back loops, k1, p2.

Row 4 (RS): Work as Row 2.

Row 5 (WS): P1, * p1, k1 *, repeat from * to * to the last 2 sts on the needle, p2.

Row 6 (RS): * Slip 1 stitch purl-wise with the yarn held in front, k1 *, repeat from * to * to the last stitch on the needle, slip 1 stitch purl-wise with the yarn held in front.

Row 7 (WS): * K1, slip 1 stitch purl-wise with the yarn held in front *, repeat from * to * to the last stitch on the needle, k1.

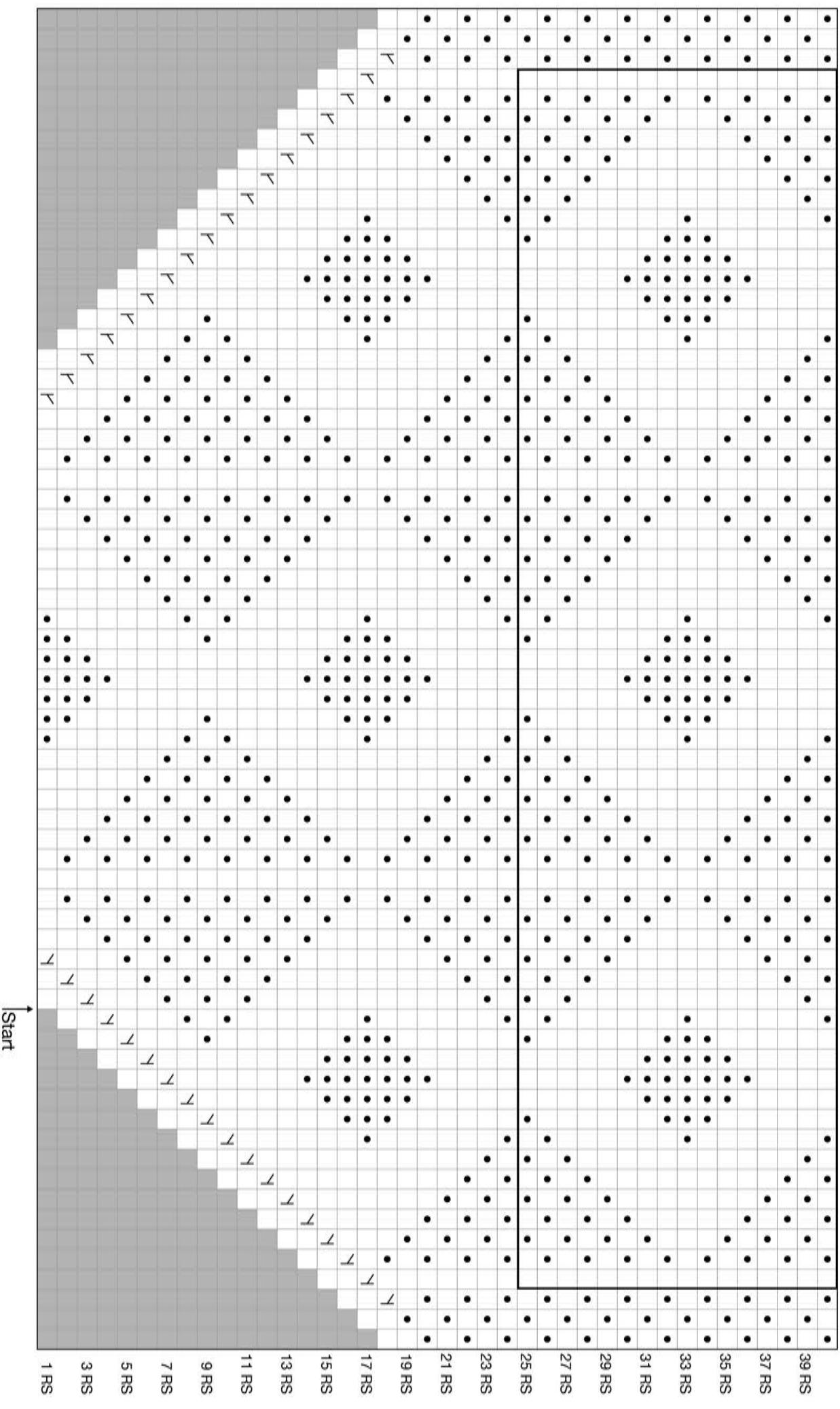
Bind off sts using the Italian bind-off technique.

Finishing

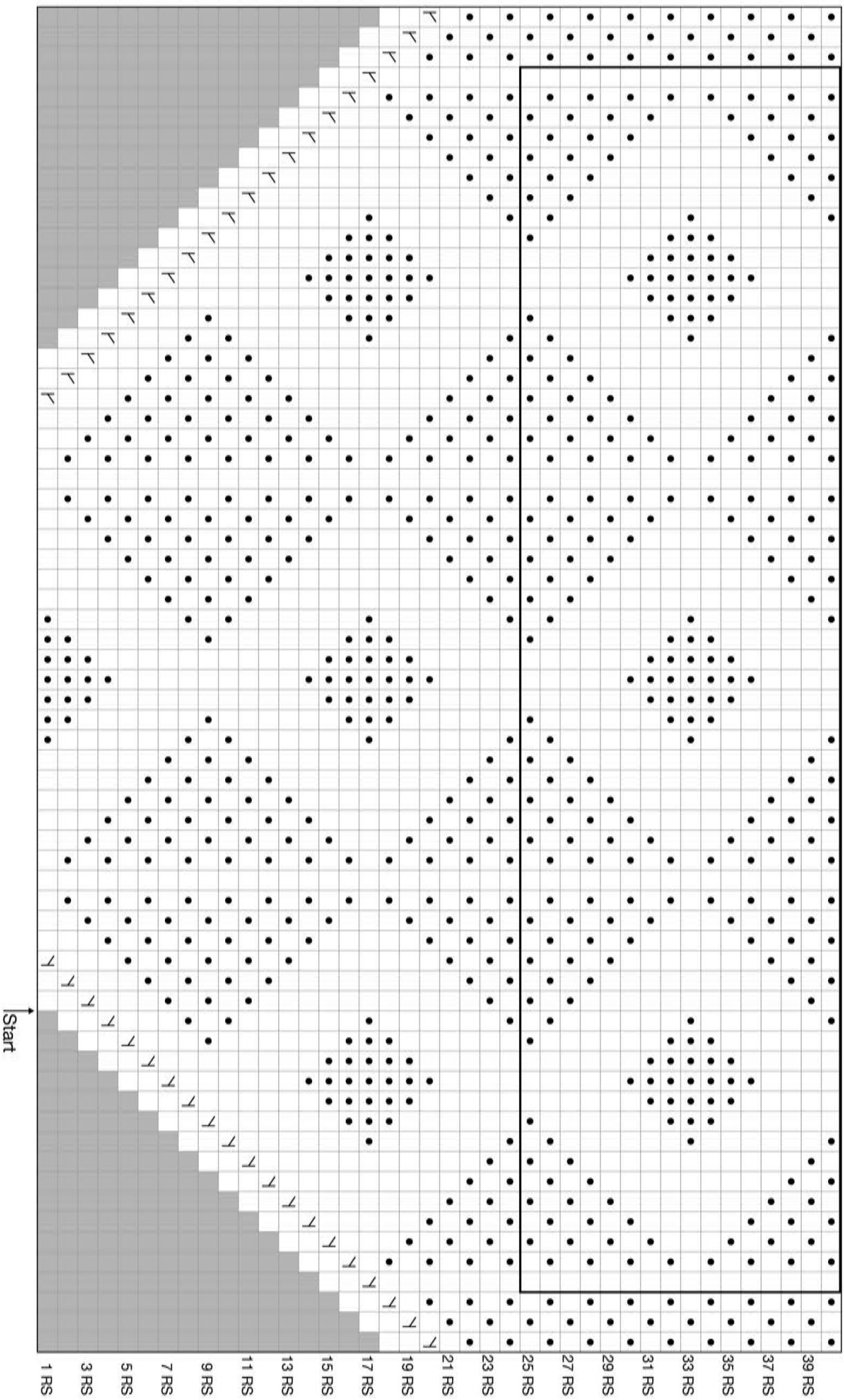
Weave in all ends. Sew on 6 buttons along the left front placket, across from the buttonholes. The top button should be sewn to the rib neck edge.

- knit on RS, purl on WS
- purl on RS, knit on WS
- no stitch
- cast on a backward loop stitch
- M1R
- M1L

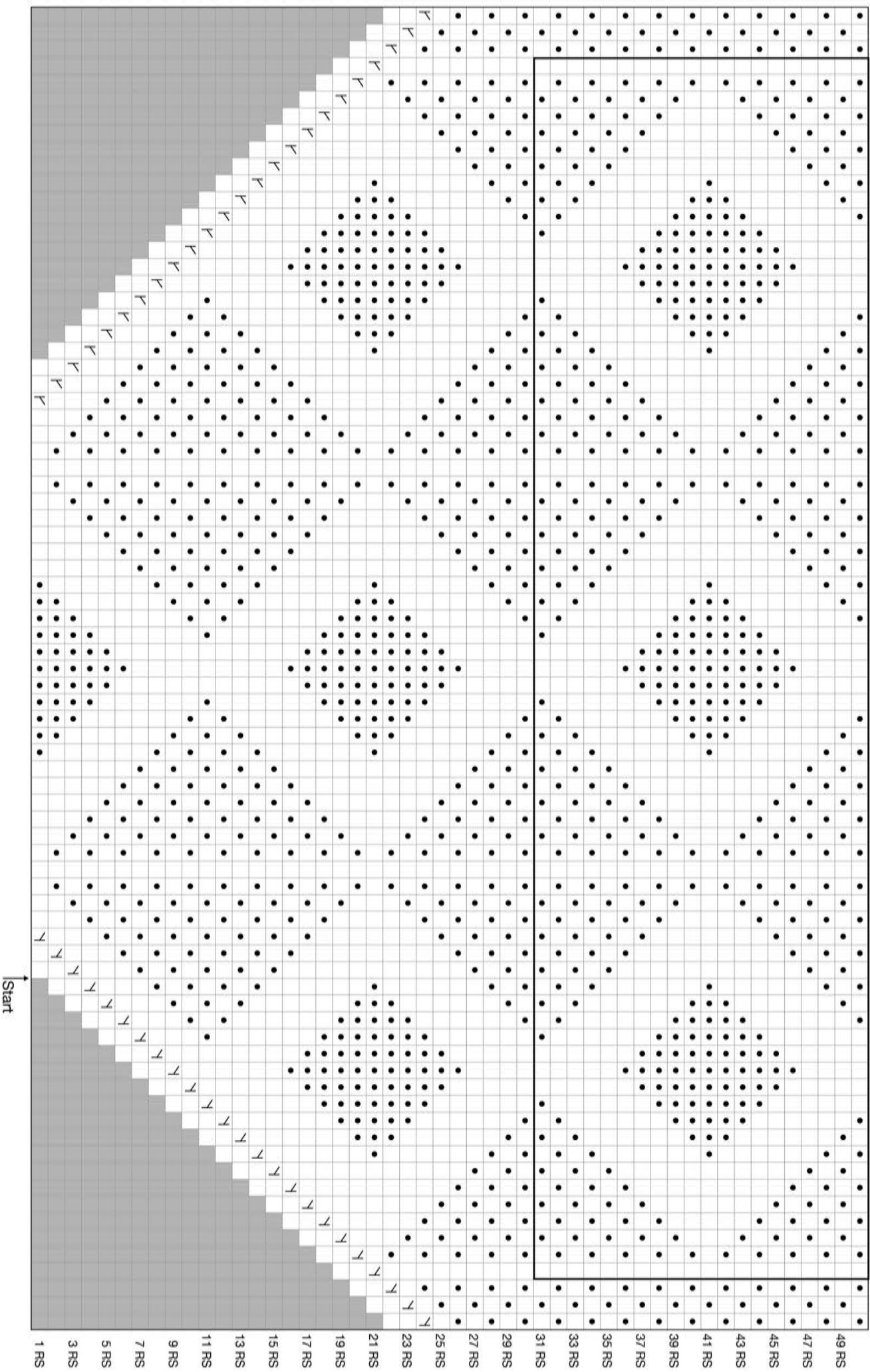
Back yoke size XXS, XS



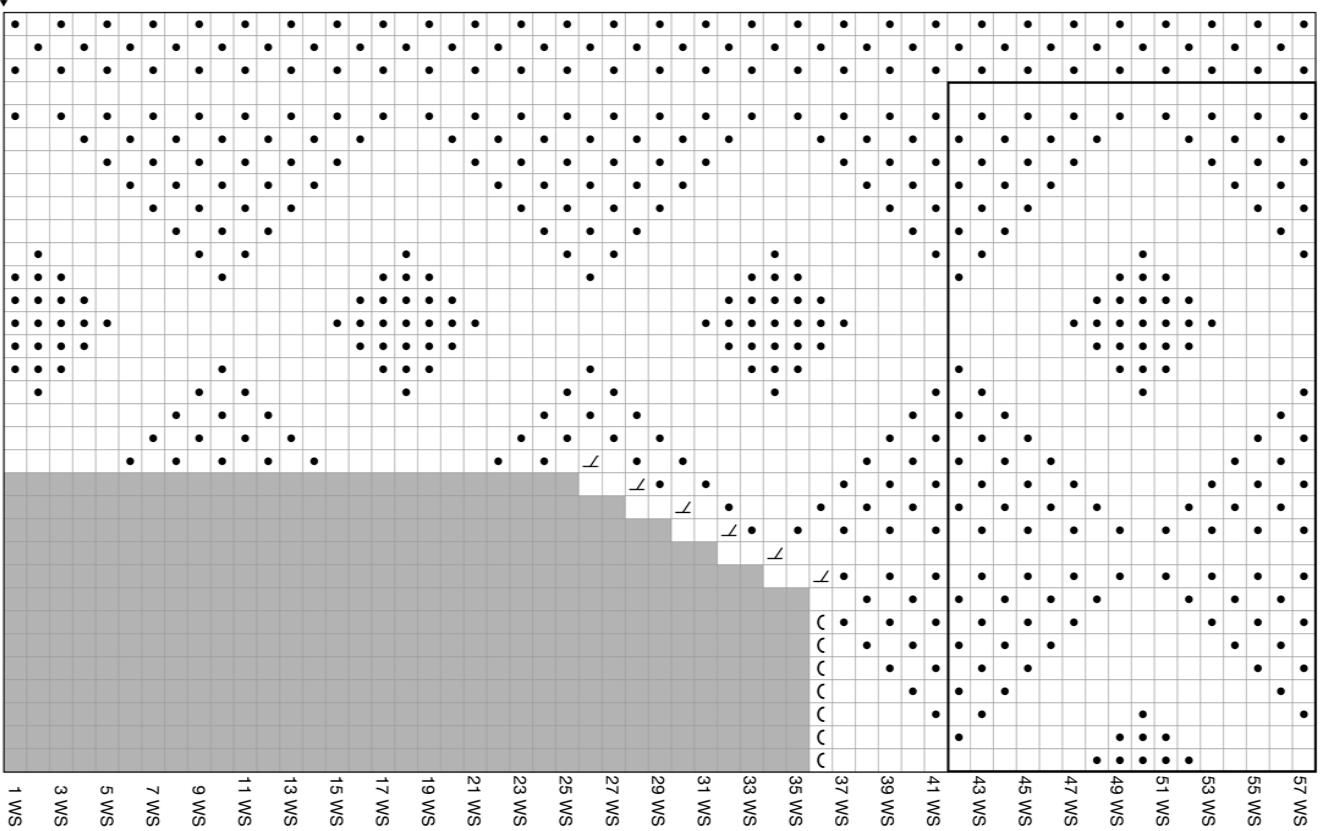
Back yoke size S, M, L



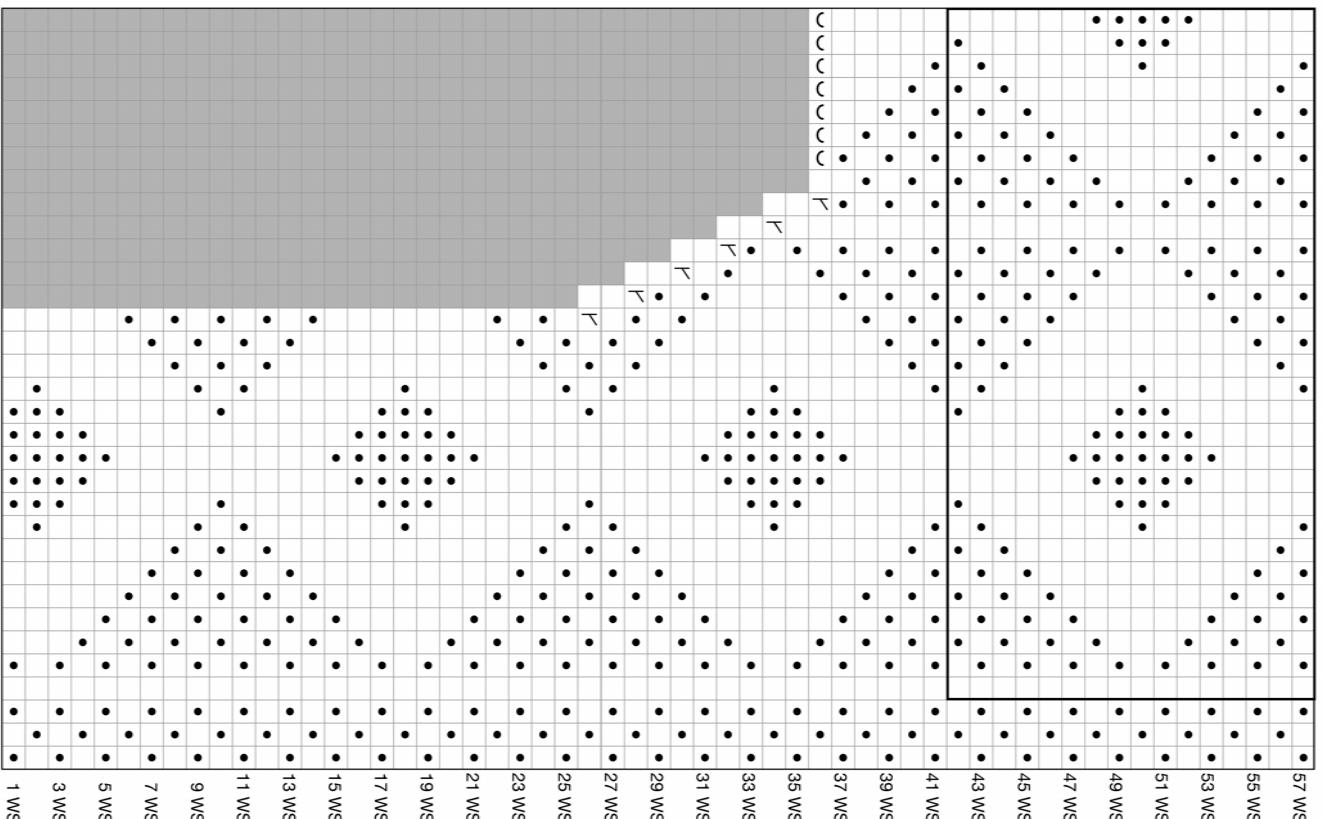
Back yoke size XL, 2XL, 3XL, 4XL, 5XL



Left shoulder/front size XXS, XS, S, M, L



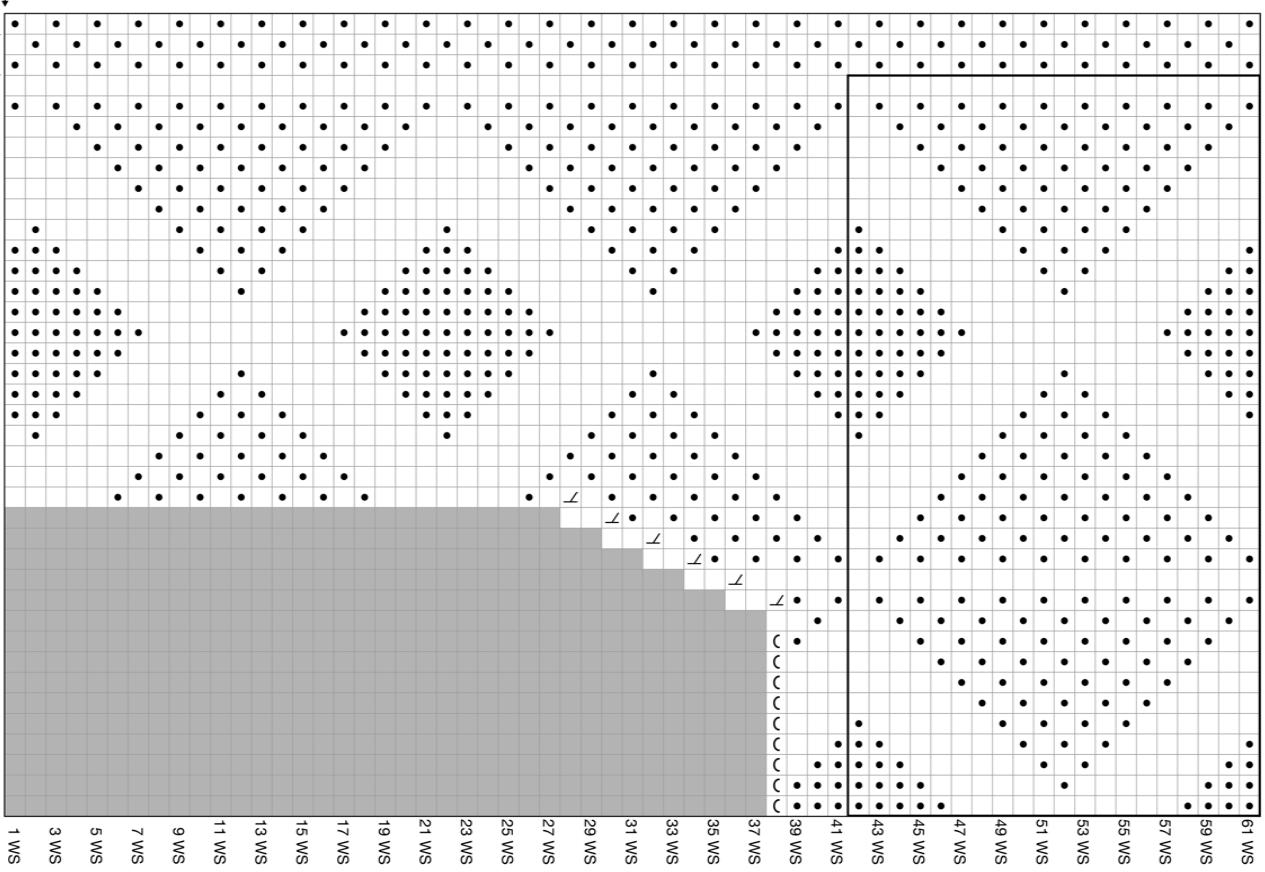
Right shoulder/front size XXS, XS, S, M, L



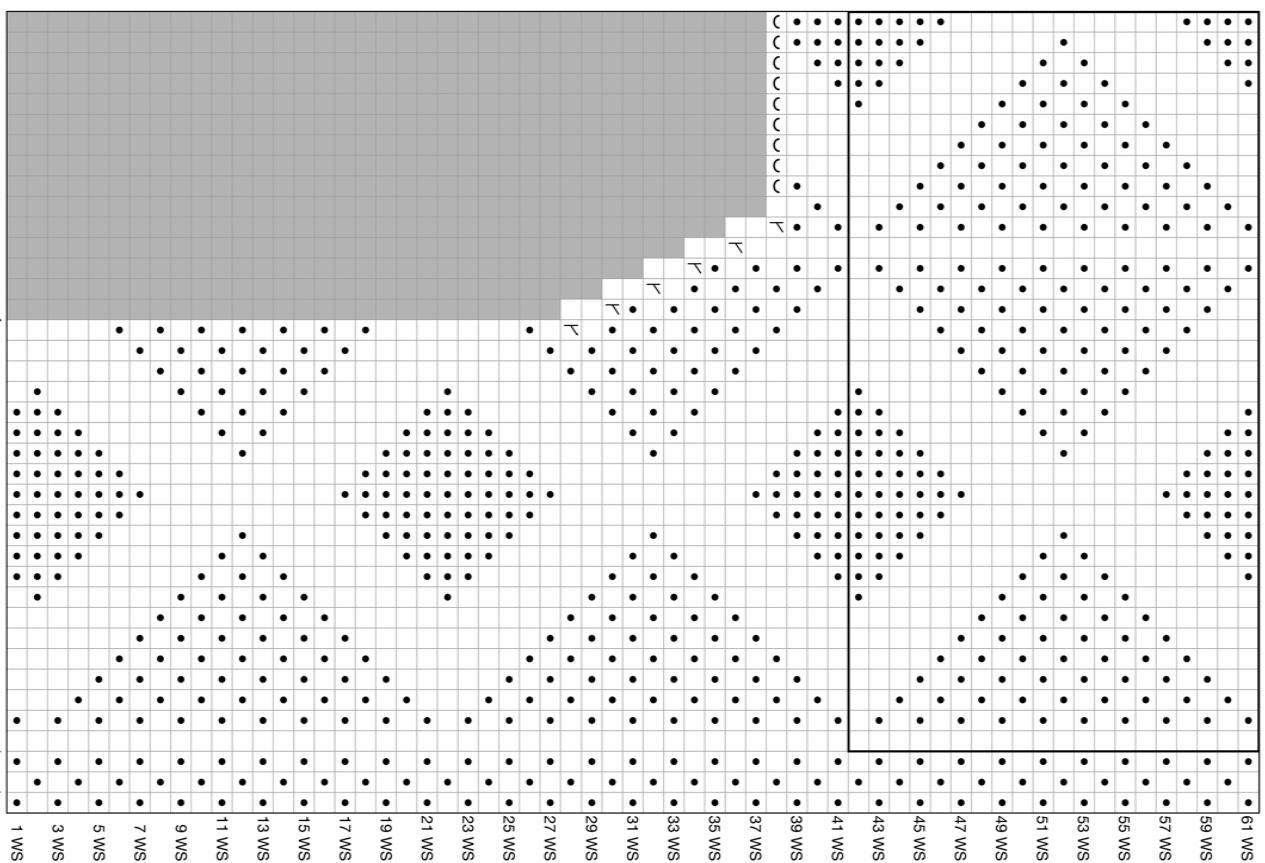
Start

Work a total of
1 (1) 2 (3) 4 (-)
- (-) - (-) times

Left shoulder/front size XL, 2XL, 3XL, 4XL, 5XL



Right shoulder/front size XL, 2XL, 3XL, 4XL, 5XL



Abbreviations

k	knit
CDD	centered double decrease; slip 2 sts together as if knitting them together, knit 1 stitch, pass the 2 slipped stitches over the knitted stitch the same as when binding off
M1R	make one right - from the RS: Insert the left needle under the strand that runs between two stitches from back to front, then knit this strand
M1R	make one right - from the WS: Insert the left needle under the strand that runs between two stitches from back to front, then purl this strand
M1L	make one left - from the RS: Insert the left needle under the strand that runs between two stitches from front to back, then knit this strand through the back loop (twisted).
M1L	make one left- from the WS: Insert the left needle under the strand that runs between two stitches from front to back, then purl this strand through the back loop (twisted)
p	purl
RS	right side of your work
st(s)	stitch(es)
WS	wrong side of your work



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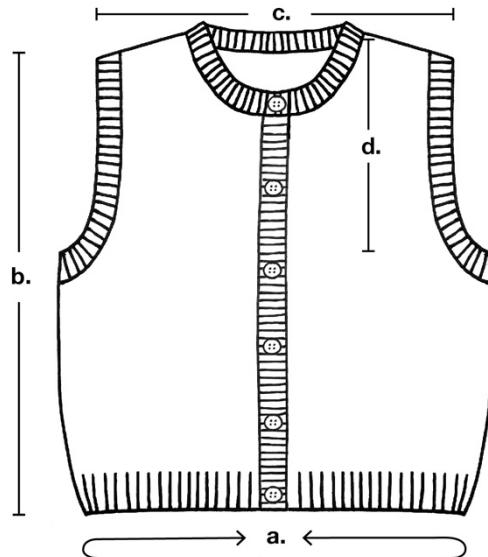
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Happy knitting!

ESTHER VEST



Centimeter	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
a. Bust circumference	88	92	96	102	106	116	126	136	146	156
b. Length (measured mid back excl. neck edge)	48	52	54	56	58	59	60	63	66	70
c. Shoulder width	37	37	39	41	43	45	47	49	49	49
d. Armhole depth	25	26,5	27,5	28	28	28,5	29	30	30	31

Inches	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
a. Bust circumference	34 $\frac{3}{4}$	36 $\frac{1}{4}$	37 $\frac{3}{4}$	40 $\frac{1}{4}$	41 $\frac{3}{4}$	45 $\frac{1}{4}$	49 $\frac{1}{2}$	53 $\frac{1}{2}$	57 $\frac{1}{2}$	61 $\frac{1}{2}$
b. Length (measured mid back excl. neck edge)	19	20 $\frac{1}{2}$	21 $\frac{1}{4}$	22	22 $\frac{3}{4}$	23 $\frac{1}{4}$	23 $\frac{1}{2}$	24 $\frac{3}{4}$	26	27 $\frac{1}{2}$
c. Shoulder width	14 $\frac{1}{2}$	14 $\frac{1}{2}$	15 $\frac{1}{4}$	16 $\frac{1}{4}$	17	17 $\frac{3}{4}$	18 $\frac{1}{2}$	19 $\frac{1}{4}$	19 $\frac{1}{4}$	19 $\frac{1}{4}$
d. Armhole depth	9 $\frac{3}{4}$	10 $\frac{1}{2}$	10 $\frac{3}{4}$	11	11	11 $\frac{1}{4}$	11 $\frac{1}{2}$	11 $\frac{3}{4}$	11 $\frac{1}{4}$	12 $\frac{1}{4}$

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