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DREAM VEST

ENGLISH KNITTING PATTERN

FestNetz
Handmade by Elli

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**"Please read the whole pattern thoroughly
before you start!"**

INTRO

FOREWORD FROM THE AUTHORS

Thank you so much for purchasing this pattern. We spent a lot of time working on and perfecting this pattern so your support means a lot to us.

We are glad you decided to give this a try and hope you create the vest of your dreams. From our hearts to yours thank you so much and we wish you lots of fun!

If you have any questions about this pattern or struggle in any way, please feel free to send us a DM on Instagram @fest.netz. We are always happy to hear from you!



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Please always **CREDIT** and **TAG** us at Festnetz if you post pictures of the vest. We love seeing your designs and would love to repost them! You're welcome to share it under **#festnetzdreamvest**, so we can gather all the beautiful vests under one hashtag.

GENERAL INFO

SIZING

The sizes are: XS (S) M (L) XL (XXL)

The vest can be tied together on both sides, making it size adjustable. If you are in between sizes we recommend to size down.

Sizes	Chest Circumference		Vest Final Width	
	cm	in	cm	in
XS	71–76	28–30	40	15.75
S	81–86	32–34	45	17.75
M	91.5–96.5	36–38	50	19.75
L	101.5–106.5	40–42	55	21.75
XL	111.5–117	44–46	60	23.5
XXL	122–127	48–50	65	25.5

GAUGE

Before washing and blocking: 17 sts x 24 rows = 10 x 10 cm [4 x 4 inches]

Please make sure to knit a swatch and ensure that your swatch gauge matches the given one. If you cannot achieve the required gauge using the suggested needles, adjust your needle size to reach the correct gauge.

EXAMPLE: Elli used size 5 mm needles to get this gauge whereas Lotti is a tighter knitter and sized up to 5.5 mm to get the same gauge.

NEEDLES & TOOLS

- Circular knitting needles in size 5 mm [US 8], 80 cm [31 inches] long
- 2 Double-pointed needles in size 3.5 mm [US 4]
- Yarn Needle
- Stitch Markers
- Scissors
- Tape Measure

YARN

Yarn A and B are held together for this pattern.

- A. 250 (250) 300 (350) 350 (400) g, we used Lang Yarns Merino 120 (50 g = 120 m) OR
250 (250) 300 (350) 350 (400) g, Lana Grossa Cool Wool Big (50 g = 120 m)
- B. 125 (125) 125 (150) 150 (175) g, we used Lang Yarns Mohair Luxe (25 g = 175 m) OR
125 (125) 150 (150) 175 (175) g, Drops Brushed Alpaca Silk (25 g = 140 m)

ABBREVIATIONS

- ST = Stitch, Stitches
- dec = Decrease
- RS = Right side (knit side)
- WS = Wrong side (purl side)
- sl 1 p = Slip 1 stitch purlwise

VIDEOS

We have created a video with the most important techniques for you.

The playlist with the video can be found here:

https://www.youtube.com/playlist?list=PLCKvyITEOOHSeG_-DfU_F56gdSbAuDx7

KNITTING PATTERN

Directions will be written in this format: **XS (S) M (L) XL (XXL)**

INTRODUCTION

Workflow (view as if wearing the vest)

1. Front top panel from the bottom up
 - a. Left side of the collar bottom up
 - b. Right side of the collar bottom up
 - c. Bind of stitches of the collar
2. Back top panel from the bottom up
 - a. Right side of the collar bottom up
 - b. Left side of the collar bottom up
 - c. Bind of stitches of the collar
3. Sewing the front and back top panels together at the shoulder seams
4. Blocking the top
5. Adding the ruffles top down to the front
6. Adding the ruffles top down to the back
7. Making 4 i-Cords and sewing them to the side of the vest
8. Done!

Chain Stitch Selvage

When knitting this vest, the sides of the project will be exposed. To get a clean border do a chain stitch selvage at the beginning of all RS and WS. This will be shortened to “sl 1 p” in the pattern. [\(Video\)](#)

Knit Row: Always slip the first stitch purlwise with yarn in the back, then continue knitting the rest of the row.

Purl Row: Always slip the first stitch purlwise with yarn in the front, then continue purling the rest of the row.

FRONT TOP PANEL

Using 5 mm [US 8] circular needles 80 cm [31 inches] long, cast on 56 (62) 70 (78) 86 (94) ST using a longtail cast on.

The first row after the cast-on is a WS row. Knit 7 (7) 7 (9) 9 (9) rows of stockinette stitch.

Now on a RS begin with the dec. Dec are only done on RS rows and in total 2 ST are dec in every dec row.

As usual sl 1 p, then slip the 2nd ST knitwise, knit the 3rd ST, and then slip the 2nd ST on your right needle over the 3rd ST.

Continue knitting until the last 3 ST of the row. Knit the 3rd- and 2nd-to-last ST together by going knitwise through both from the 2nd-to-last ST, then knit the last ST. [\(Video\)](#)

Continue to dec as follows.

XS: Dec once more in the 8th RS row after the first dec row. In total, 4 ST are dec.

S: Dec every 4th RS row for 2 times. In total, 6 ST are dec.

M: Dec every 3rd RS row 3 times. In total, 8 ST are dec.

L: Dec in the next RS row 1 time. Then switch to dec every 2nd RS row for 4 times. In total, 12 ST are dec.

XL: Dec every RS row 6 times. Then switch to dec every 2nd RS row for 2 times. In total, 18 ST are dec.

XXL: Dec every RS row 11 times. In total, 24 ST are dec.

Once the dec are finished there should be 52 (56) 62 (66) 68 (70) ST on the needle.

Now knit 12 (13) 15 (17) 18 (20) cm [4.75 (5) 6 (6.75) 7 (7.75) inches] measured from the last RS dec row.

Please check the length! To ensure a perfect fit, we recommend checking the measurements here as you go. Also accommodate for stretching since the top will be blocked, meaning it will become a bit longer later on.

Option: Since everyone has a slightly different upper chest length, you can measure from where your collarbone meets your neck in the middle to

where you want your ruffles to begin (i.e. 1 cm [0.5 inches] under the underbust). Also accommodate for stretching since the top will be blocked. Then by subtracting the length of your already knitted piece, you will know how long it will take to knit the collar.

Front Collar

Beginning with a RS row divide ST into 19-14-19 (21-14-21) 23-16-23 (25-16-25) 25-18-25 (26-18-26) ST. Mark the 3 sections with stitch markers. For the front collar, there will be 7 (7) 7 (8) 8 (8) dec on each side in total. [\(Video\)](#)

Left collar side (view as if wearing the vest):

1. Beginning on a RS row, sl 1 p, then knit 18 (20) 22 (24) 24 (25) ST. Then for the next ST insert your needle into the ST directly below the one that's on the needle (the one that was knitted in the previous row), pick it up on your needle, and knit this ST.
2. Turn to the WS and purl 19 (21) 23 (25) 25 (26) ST for the shorter row created.
3. In the next RS row, sl 1 p, then knit 16 (18) 20 (22) 22 (23) ST. For the next ST pick up and knit into the ST below. In this row, 2 ST have been dec.
4. Turn to the WS and purl the row.
5. In the next RS row, sl 1 p, then knit 15 (17) 19 (21) 21 (22) ST. For the next ST pick up and knit into the ST below. In this row, 1 ST has been dec.
6. Turn to the WS and purl the row.
7. In the next RS row, sl 1 p, then knit 13 (15) 17 (19) 19 (20) ST. For the next ST pick up and knit into the ST below. In this row, 2 ST have been dec.
8. Turn to the WS and purl the row.
9. In the next RS row, sl 1 p, then knit 12 (14) 16 (18) 18 (19) ST. For the next ST pick up and knit into the ST below. In this row, 1 ST has been dec.
10. Turn to the WS and purl the row.
11. In the next RS row, sl 1 p, then knit 11 (13) 15 (17) 17 (18) ST. For the next ST pick up and knit into the ST below. In this row, 1 ST has been dec.
12. Turn to the WS and purl the row.
13. In the next RS row ...
 - a. XS (S) M: sl 1 p, then knit 11 (13) 15 ST. For the next ST pick up and knit into the ST below. There are no more dec from this row on.
 - b. L (XL) XXL: sl 1 p, then knit 16 (16) 17 ST. For the next ST pick up and knit into the ST below. In this row, 1 ST has been dec.

14. Turn to the WS and purl the row.
15. In total, with the ST slipped at the beginning of the row there should be 12 (14) 16 (17) 17 (18) ST on the needle. Knit 4 (4) 4 (6) 6 (6) more rows without dec.
16. On a RS row, sl 1 p and use it to bind off 12 (14) 16 (17) 17 (18) for the left shoulder. For the next ST pick up and knit into the ST below, then use it to bind off the last ST for the shoulder.

Right collar side (view as if wearing the vest):

To get to the left collar side after you bound off for the right shoulder knit all ST through the back loop until you reach the ST marker marking 19 (21) 23 (25) 25 (26) ST for the left side.

1. Still on the RS row knit 19 (21) 23 (25) 25 (26) ST through the front loop. Turn the work.
2. In the next WS row, sl 1 p, then purl 18 (20) 22 (24) 24 (25) ST. For the next ST pick up and purl into the ST below.
3. Turn to the RS and knit the row.
4. In the next WS row, sl 1 p, then purl 16 (18) 20 (22) 22 (23) ST. For the next ST pick up and purl into the ST below. In this row, 2 ST have been dec.
5. Turn to the RS and knit the row.
6. In the next WS row, sl 1 p, then purl 15 (17) 19 (21) 21 (22) ST. For the next ST pick up and purl into the ST below. In this row, 1 ST has been dec.
7. Turn to the RS and knit the row.
8. In the next WS row, sl 1 p, then purl 13 (15) 17 (19) 19 (20) ST. For the next ST pick up and purl into the ST below. In this row, 2 ST have been dec.
9. Turn to the RS and knit the row.
10. In the next WS row, sl 1 p, then purl 12 (14) 16 (18) 18 (19) ST. For the next ST pick up and purl into the ST below. In this row, 1 ST has been dec.
11. Turn to the RS and knit the row.
12. In the next WS row, sl 1 p, then purl 11 (13) 15 (17) 17 (18) ST. For the next ST pick up and purl into the ST below. In this row, 1 ST has been dec.
13. Turn to the RS and knit the row.
14. In the next WS row ...
 - a. XS (S) M: sl 1 p, then purl 11 (13) 15 ST. For the next ST pick up and purl into the ST below. There are no more dec from this row on.

- b. L (XL) XXL: sl 1 p, then purl 16 (16) 17 ST. For the next ST pick up and purl into the ST below. In this row, 1 ST has been dec.
- 15. Turn to the RS and knit the row.
- 16. In total, with the ST slipped at the beginning of the row there should be 12 (14) 16 (17) 17 (18) ST on the needle. Knit 3 (3) 3 (5) 5 (5) more rows without dec.
- 17. Beginning on a RS row, sl 1 p, then start binding off 12 (14) 16 (17) 17 (18) ST for the right shoulder. Cut the yarn but leave a longer tail (use it to sew the front and back shoulders together) and pull the yarn through.

Use a new piece of yarn to bind off the ST of the neckline. Start on the RS of the left collar side (from the view as if you were wearing the vest). Then weave in both ends.

BACK PANEL

Follow the same exact steps for the back panel as you did for the front panel until the dec are finished.

Then knit 14 (15) 17 (20) 21 (23) cm [5.5 (6) 6.75 (8) 8.25 (9) inches] measured from the last RS dec row.

Please check the length! To ensure a perfect fit, we recommend checking the measurements here as you go. Also accommodate for stretching since the top will be blocked, meaning it will become a bit longer later on.

Option: If you used your own measurement for the front please add 3 cm [1.25 inches] to the length you knitted for the front panel to accommodate for a higher neckline in the back.

Back Collar

Beginning with a RS row divide ST into 17-18-17 (19-18-19) 21-20-21 (23-20-23) 23-22-23 (24-22-24) and mark the sections with stitch markers. For the back collar, there will be 5 (5) 5 (6) 6 (6) dec on each side in total. [\(Video\)](#)

Right collar side (view as if wearing the vest):

1. Beginning on a RS row, sl 1 p, then knit 16 (18) 20 (22) 22 (23) ST. Then for the next ST insert your needle into the ST directly below the one that's on the needle (the one that was knitted in the previous row), pick it up on your needle, and knit this ST.

2. Turn to the WS and purl 17 (19) 21 (23) 23 (24) ST for the shorter row created.
3. In the next RS row, sl 1 p, then knit 14 (16) 18 (20) 20 (21) ST. For the next ST pick up and knit into the ST below. In this row, 2 ST have been dec.
4. Turn to the WS and purl the row.
5. In the next RS row, sl 1 p, then knit 13 (15) 17 (19) 19 (20) ST. For the next ST pick up and knit into the ST below. In this row, 1 ST has been dec.
6. Turn to the WS and purl the row.
7. In the next RS row, sl 1 p, then knit 11 (13) 15 (17) 17 (18) ST. For the next ST pick up and knit into the ST below. In this row, 2 ST have been dec.
8. Turn to the WS and purl the row.
9. In the next RS row ...
 - a. XS (S) M: sl 1 p then, knit 11 (13) 15 ST. For the next ST pick up and knit into the ST below. There are no more dec from this row on.
 - b. L (XL) XXL: sl 1 p then, knit 16 (16) 17 ST. For the next ST pick up and knit into the ST below. In this row, 1 ST has been dec.
10. Turn to the WS and purl the row.
11. In the next RS row, sl 1 p, then knit 11 (13) 15 (16) 16 (17) ST. Then for the next ST pick up and knit into the ST below. There are no more dec from this row on.
12. Then turn to the WS and purl the row.
13. In total, with the ST slipped at the beginning of the row there should be 12 (14) 16 (17) 17 (18) ST on the needle. Knit 2 (2) 2 (4) 4 (4) more rows.
14. On a RS row, sl 1 p and use it to bind off 12 (14) 16 (17) 17 (18) for the right shoulder. For the next ST pick up and knit into the ST below, then use it to bind off the last ST for the shoulder.

Left collar side (view as if wearing the vest):

To get to the left collar side after you bound off for the right shoulder knit all ST through the back loop until you reach the ST marker marking 17 (19) 21 (23) 23 (24) ST for the left side.

1. Still on the RS row knit 17 (19) 21 (23) 23 (24) ST through the front loop. Turn the work.
2. In the next WS row, sl 1 p, then purl 16 (18) 20 (22) 22 (23) ST. For the next ST pick up and purl into the ST below.
3. Turn to the RS and knit the row.

4. In the next WS row, sl 1 p, then purl 14 (16) 18 (20) 20 (21) ST. For the next ST pick up and purl into the ST below. In this row, 2 ST have been dec.
5. Turn to the RS and knit the row.
6. In the next WS row, sl 1 p, then purl 13 (15) 17 (19) 19 (20) ST. For the next ST pick up and purl into the ST below. In this row, 1 ST has been dec.
7. Turn to the RS and knit the row.
8. In the next WS row, sl 1 p, then purl 11 (13) 15 (17) 17 (18) ST. For the next ST pick up and purl into the ST below. In this row, 2 ST have been dec.
9. Turn to the RS and knit the row.
10. In the next WS row ...
 - a. XS (S) M: sl 1 p, then purl 11 (13) 15 ST. For the next ST pick up and purl into the ST below. There are no more dec from this row on.
 - b. L (XL) XXL: sl 1 p, then purl 16 (16) 17 ST. For the next ST pick up and purl into the ST below. In this row, 1 ST has been dec.
11. Turn to the RS and knit the row.
12. In the next WS row, sl 1 p, then purl 11 (13) 15 (16) 16 (17) ST. Then for the next ST pick up and purl into the ST below. There are no more dec from this row on. Turn to the RS and knit the row.
13. In total, with the ST slipped at the beginning of the row there should be 12 (14) 16 (17) 17 (18) ST on the needle. Knit 1 (1) 1 (3) 3 (3) more row(s).
14. Beginning on a RS row, sl 1 p, then start binding off 12 (14) 16 (17) 17 (18) ST for the left shoulder. Cut the yarn but leave a longer tail (use it to sew the front and back shoulders together) and pull the yarn through.

Use a new strand of yarn to bind off the ST of the neckline. Start on the RS of the right collar side (from the view as if you were wearing the vest). Then weave in both ends.

COMBINING FRONT AND BACK PANEL

Stitch together the front and back panels on the shoulders with a simple horizontal seam to create an invisible seam. [\(Video\)](#)

Always go horizontally through a "V" on the one panel side and then over and horizontally through an "upside-down-V" on the other side.

BLOCKING THE TOP

To wet-block the top panel of your project, start by filling a bowl or sink with warm water and add in a small amount of gentle wool soap. Let it soak for about 30 minutes, allowing the fibers to fully absorb the water.

Once soaked, rinse the panel under clean water, but be careful not to wring it out to avoid stretching. Next, lay a towel flat, place the top panel on it, and roll them up together. Gently press to remove excess water. Then, lay the top panel flat on a mat (like a blocking mat or yoga mat) and use pins to pin it in place.

Stretch it slightly (don't stretch too much as this is not about making it bigger) as you pin, making sure to arrange the collar in a neat circle and smooth out the edges. This will help set the shape and ensure clean, flat edges once it's dry.

Wait for about 1 to 2 days until it's fully dry and the fibers rested.

I-CORD BOWSTRINGS

While the top panel dries start with the i-cord strings used to tie the sides together.

Using 3.5 mm [US 4] cast on 4 sts using a long tail cast on.

Knit the 1st ST, slip the 2nd ST purlwise with yarn in the front, knit the 3rd ST with yarn in the back, slip the 4th ST purlwise with yarn in the front. Turn the needle and repeat. ([Video](#))

Do this until the i-cord is 45 cm [17.75 inches]. Then bind off the ST.

Knit the 1st ST. Knit the 2nd and 3rd ST together through the 3rd ST. Pass the 1st ST on the right needle over the 2nd ST. Knit the last ST. Pass the previous ST on the right needle over it.

Option: You can make the i-cord shorter/longer, according to your preference.

Cut the yarn but leave a longer tail (use it to sew the strings to the vest). Weave in the other end (beginning).

Make 4 strings in total.

RUFFLES

Front

Once the top is dry, pick up ST along the cast-on row of the front panel and simultaneously increase after every ST by 1 ST. [\(Video\)](#)

Pick up a ST by inserting the needle through the last ST at the top of a column of "Vs", yarn over from front to back, and bring the loop through the ST. Then wind the yarn from front to back once around the needle to increase by 1 ST.

At the end, there should be double the ST of the cast-on, meaning 112 (124) 140 (156) 172 (188) ST.

Knit 23 (25) 27 (29) 31 (33) cm [9 (9.75) 10.75 (11.5) 12.25 (13) inches] of ruffles, then bind off the ST and weave in the ends.

Please check the length! To ensure a perfect fit, we recommend checking the measurements here as you go.

Option: The length of the ruffles may need to be adjusted if you follow your own measurements for the top.

Back

For the back panel follow the exact same steps as for the front.

Please check the length! To ensure a perfect fit, we recommend checking the measurements here as you go.

Option: If you want your back ruffles to be lower than your front ruffles, you can add extra length.

To avoid the edges of the ruffles curling in we recommend steam blocking it.

Put the ruffle end on an ironing board, and use a steamer/an iron's steam function to flatten it out.

ATTACH BOWSTRINGS

Using a yarn needle sew the 4 i-cord strings to the sides of the vest about 1 finger above the ruffles (or at your preferred height). ([Video](#))

And with that, you are done!

We hope you had a lot of fun creating your dream vest. Don't forget to tag us and use the #festnetzdreamvest.

Xx Elli & Lotti