BAO BAO *by Isabell Kraemer*

Yarn
Le Woolle NOCCIOLE [197 yds (180m) /50g];
shown in colors BRINA (C1), ZUCCA (C2) and NOTTE (C3)

2 balls each in C1 and C2, 1 ball in C3

or 394 yds (360 m) in C1, 372 yds (340 m) in C2, 142 yds (130 m) in C3
of a heavy fingering to sport weight yarn

Needles
US 4 (3.5 mm) circular needle, 40" (100 cm) long or size needed to get gauge.

Gauge
20 sts x 36 rows = 4" (10 cm) square in dip stitch stripe pattern after blocking.

Gauge is not crucial for this project but will affect yardage and final size when different.
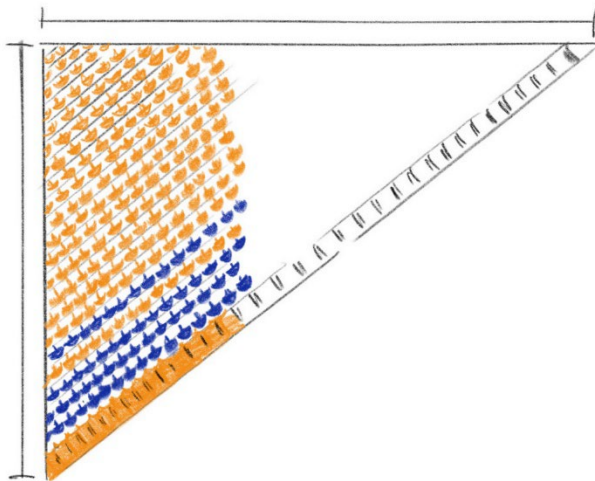
Finished measurements
70" (178 cm) wingspan, 28" (71 cm) deep at center.

Notions
4 stitch markers, tapestry needle, blocking tools.

Schematic

Schematic shows half of the wingspan.

Wingspan: approximately 70" (178 cm)
Height (at center): approximately 28" (71 cm)

Special techniques and tips
The links below are third party links. Links to third party articles (aka tutorials) and/or websites are solely for information purposes. These other parties are responsible for the content on their website(s). You are encouraged to read and evaluate the privacy and security policies on the specific site you are entering.

Garter tab cast-on:
https://www.youtube.com/watch?v=O5X1h7H6frw
Long tail cast-on:
https://www.purlsoho.com/create/long-tail-cast-on/
Carrying up yarn:
https://www.youtube.com/watch?v=eeJfbIFWZII&t=116s
Weaving in ends on the go:
https://www.purlsoho.com/create/weaving-in-ends-as-you-go/?srsltid=AfmBOorS7m0heGQWOo4P25GQjyGb3u4hI75y05Y9KfOvN-J624IfGCWB

Abbreviations
C1, C2, C3: color 1, color 2, color 3
CO: cast on
dip3b: dip 3 sts below; see Stitches (page 3)
k: knit
m: marker
M1L: make one left (left leaning inc)
lift loop between stitches from front, knit into back loop
M1R: make one right (right leaning inc)
lift loop between stitches from back, knit into front loop
p: purl
pm: place marker
pu1: pick up and knit 1 stitch
RS: right side
sl m: slip marker
ssp: slip 2 stitches, one at a time, knitwise to the RH needle; return stitches to the LH needle in turned position and purl them together through the back loops (left leaning decrease)
st(s): stitch(es)
WS: wrong side
yo: yarn over
(): repeat instructions in brackets

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BAO BAO (เบา เบา is a Thai expression that is used for something gentle, soft and light) is a symmetrical triangular shawl.
The shawl is worked back and forth from the top down and features the beautiful and fun stitch pattern I used for the [HEIMATHAFEN](#) pullover.

Using the dip stitch stripe pattern "all over" creates this super cute retro look.

Starting with a garter tab cast on, stitches are increased every RS row at both edges and at the center of the shawl. Color changes are worked every 4 rows. The cute and easy dip stitch pattern could be worked with many colors for a playful result (and to help stash busting ;) or with 3 colors (as shown) for a more sophisticated and sportive look.

Modification notes
The *BAO BAO shawl* offers a lot of "playground" for your own creativity (and works well for stash busting too ;)

The shawl can be shortened or lengthened by working more or less repeats of the 4 row dip stitch stripe pattern before starting the ribbing. Use more or less colors. Work it as big and as colorful as you like – there are no obligations!

Be aware that the amount of yarn needed will change with each alteration.

How to estimate the yardage for each stripe:
If you want to knit your shawl in lots of different colors, make sure to keep track of how much yarn you need for at least one of the colors when you make your stitch pattern swatch. When you have finished the swatch, just count how many "boats" you have knitted in the respective color and take a note of the amount of yarn you have used. This will help you later to estimate how much yarn you need for each color stripe. Each new color stripe adds two "boats" to the stripe before.

An example for a rough estimate: You have worked a total of 28 boats in C2 and needed 10.94 yds/10 meters of yarn.
10.94 yds divided by 28 = 0.39 yds for each boat
10 m divided by 28 = 0.35 m for each boat.

With the original yarn and the given gauge, each boat consumes approx. 0.36 yds/0.33 m

Stitches
Dip3b stitch tutorial:
https://www.youtube.com/watch?v=e1AfAOrxxw8

Dip3b: Insert RH needle tip from front to back into the stitch 3 rows below the first stitch on the LH needle, pull a loop through this stitch and leave it on your RH needle.

Dip stitch stripe pattern
To practice the dip stitch stripe pattern, cast on 27 sts (or a multiple of 4 + 3 sts)
Note: The overall stitch count will be off in rows where we work the dip stitches (dip3b). Each repeat creates 1 additional stitch; these additional stitches will be reduced in the following row.

Preparation rows (C1): Work 4 rows in Stockinette stitch (knit RS rows, purl WS rows).

Change to C2 yarn.

Row 1 (RS) (C2): K3, (dip3b, k4) to end.
Row 2 (WS) (C2): P3, (ssp, p3) to end.
Row 3 (RS) (C2): Knit to end.
Row 4 (WS) (C2): Purl to end.

Change to C1 yarn.

Row 5 (RS) (C1): K1, (dip3b, k4) to 2 sts before end, dip3b, k2.
Row 6 (WS) (C1): P1, ssp, (p3, ssp) to 1 stitch before end, p1.
Row 7 (RS) (C1): Knit to end.
Row 8 (WS) (C1): Purl to end.

Work **rows 1 to 8** for pattern at least a total of 5 times (= 40 rows plus 4 preparation rows).

Instructions
Garter tab cast-on
With C1 yarn and US 4 (3.5 mm) needle, CO 3 sts using the longtail cast-on.

First row (RS) (C1): Knit.
Work 5 more rows in garter stitch (knit on RS and WS rows).

Next row (RS) (C1): K3, DO NOT TURN, **pm**, yo, *pick up and knit stitches from the long edge (1 stitch per garter ridge) as follows:*
pu1, yo, **pm**, pu1, **pm**, yo, pu1, yo, **pm**, pick up and knit 3 sts from CO edge. – *13 sts*

Next row (WS) (C1): K3, sl m, purl to last marker (slipping markers when you reach them), sl m, k3.

Next row (RS) (C1): K3, sl m, yo, knit to m, M1R, sl m, k1, sl m, M1L, knit to m, yo, sl m, k3. – *17 sts*

Next row (WS) (C1): K3, sl m, purl to last marker, sl m, k3.

Set up dip stitch stripe pattern

You must now decide whether you want to break the yarn when changing colours (this makes sense when working with more than 2 colors) or carry the unused colour up along the edge (see page 2).
For the sample the yarn was carried up while working with C1 and C2 only but has been cut when changing to C3.

Change to C2.

Note: In this very first dip stitch row (Row 1), the dip stitches will be worked into yarn overs that were made in the first C1 row.
Row 1 (RS) (C2): K3, sl m, yo, k3, dip3b, k2, M1R, sl m, k1, sl m, M1L, k1, dip3b, k4, yo, sl m, k3. – *21 sts plus 2 dip stitches*

Row 2 (WS) (C2): K3, sl m, p4, ssp, p2, sl m, p1, sl m, p2, ssp, p4, sl m, k3. – *21 sts*

Row 3 (RS) (C2): K3, sl m, yo, knit to m, M1R, sl m, k1, sl m, M1L, knit to m, yo, sl m, k3. – *25 sts*

Row 4 (WS) (C2): K3, sl m, purl to last marker, sl m, k3.

Change to C1.

Row 5 (RS) (C1): K3, sl m, yo, k3, dip3b, k4, dip3b, k2, M1R, sl m, k1, sl m, M1L, k1, (dip3b, k4) to m, yo, sl m, k3. – *29 sts plus 4 dip stitches*

Row 6 (WS) (C1): K3, sl m, p4, ssp, p3, ssp, p2, sl m, p1, sl m, p2, ssp, p3, ssp, p4, sl m, k3. – *29 sts*

Row 7 (RS) (C1): K3, sl m, yo, knit to m, M1R, sl m, k1, sl m, M1L, knit to m, yo, sl m, k3. – *33 sts*

Row 8 (WS) (C1): K3, sl m, purl to last m, sl m, k3.

Dip stitch stripe pattern
Change to C2.

Row 1 (RS) (C2): K3, sl m, yo, k3, (dip3b, k4) to 2 sts before m, dip3b, k2, M1R, sl m, k1, sl m, M1L, k1, (dip3b, k4) to m, yo, sl m, k3. – *37 sts plus 6 dip stitches*

Row 2 (WS) (C2): K3, sl m, p4, (ssp, p3) to 4 sts before m, ssp, p2, sl m, p1, sl m, p2, (ssp, p3) to 1 stitch before m, p1, sl m, k3. – *37 sts*

Row 3 (RS) (C2): K3, sl m, yo, knit to m, M1R, sl m, k1, sl m, M1L, knit to m, yo, sl m, k3. – *41 sts*

Row 4 (WS) (C2): K3, sl m, purl to last m, sl m, k3.

Change to C1.

With C1, work **rows 1 to 4**. – *49 sts*

Change to C2.

With C2, work **rows 1 to 4**. – *57 sts*

Continue working **rows 1 to 4**, changing colors every 4 rows, until you have worked a total of 17 C2 stripes (including all previously worked C2 stripes) – *281 sts*,

work **rows 1 to 4** one more time with C1 – *289 sts*
and change to C3.

Work one stripe (= rows 1 to 4) with C3 – *297 sts,*
work one stripe with C1 – *305 sts,*

work one stripe with C2 – *313 sts,*
work one stripe with C1 – *321 sts,*

work one stripe with C3 – *329 sts,*
work one stripe with C1 – *337 sts,*

work one stripe with C3 – *345 sts,*
work one stripe with C1 – *353 sts,*

work one stripe with C3 – *361 sts,*
work one stripe with C1 – *369 sts.*

Ribbing
Break C1 and C3 and change to C2.

Row 1 (RS) (C2): K3, sl m, yo, k3, (dip3b, k4) to 2 sts before m, dip3b, k2, M1R, sl m, k1, sl m, M1L, k1, (dip3b, k4) to m, yo, sl m, k3. – *373 sts plus 90 dip stitches*

Row 2 (WS) (C2): K3, sl m, p4, (ssp, p3) to 4 sts before m, ssp, p2, sl m, p1, sl m, p2, (ssp, p3) to 1 stitch before m, p1, sl m, k3. – *373 sts*

Row 3 (RS) (C2): K3, sl m, yo, k2, p1, (k3, p1) to m, M1R, sl m, k1, sl m, M1L, p1, (k3, p1) to 2 sts before m, k2, yo, sl m, k3. – *377 sts*

Row 4 (WS) (C2): K3, sl m, p3, (k1, p3) to 2 sts before m, k1, p1, sl m, p1, sl m, p1, (k1, p3) to m, sl m, k3.

Row 5 (RS) (C2): K3, sl m, yo, (k3, p1) to 1 stitch before m, k1, M1R, sl m, k1, sl m, M1L, k1, p1, (k3, p1) to 3 sts before m, k3, yo, sl m, k3. – *381 sts*

Row 6 (WS) (C2): K3, sl m, (k1, p3) to 3 sts before m, k1, p2, sl m, p1, sl m, p2, (k1, p3) to 1 stitch before m, k1, sl m, k3.

Row 7 (RS) (C2): K3, sl m, yo, p1, (k3, p1) to 2 sts before m, k2, M1R, sl m, k1, sl m, M1L, k2, p1, (k3, p1) to m, yo, sl m, k3. – *385 sts*

Row 8 (WS) (C2): K3, sl m, p1, (k1, p3) to m, sl m, p1, sl m, p3, (k1, p3) to 2 sts before m, k1, p1, sl m, k3.

Row 9 (RS) (C2): K3, sl m, yo, k1, p1, (k3, p1) to 3 sts before m, k3, M1R, sl m, k1, sl m, M1L, (k3, p1) to 1 stitch before m, k1, yo, sl m, k3. – *389 sts*

Row 10 (WS) (C2): K3, sl m, p2, (k1, p3) to 1 stitch before m, p1, sl m, p1, sl m, p4, (k1, p3) to 3 sts before m, k1, p2, sl m, k3.

Row 11 (RS) (C2): K3, sl m, yo, k2, p1, (k3, p1) to 4 sts before m, k4, M1R, sl m, k1, sl m, M1L, k4, p1, (k3, p1) to 2 sts before m, k2, yo, sl m, k3. – *393 sts*

Row 12 (WS) (C2): K3, sl m, p3, (k1, p3) to 2 sts before m, p2, sl m, p1, sl m, p5, (k1, p3) to m, sl m, k3.

Loosely bind off all stitches in pattern.

Finishing
Weave in ends and wet block, slightly stretching to even out stitches.