

PetiteKnit

ATHENE SWEATER



Sizes: XXS (XS) S (M) L (XL) 2XL (3XL) 4XL (5XL)

Bust circumference: 100 (105) 110 (115) 120 (130) 135 (145) 150 (160) cm [39 $\frac{1}{4}$ (41 $\frac{1}{4}$) 43 $\frac{1}{4}$ (45 $\frac{1}{4}$) 47 $\frac{1}{4}$ (51 $\frac{1}{4}$) 53 $\frac{1}{4}$ (57 $\frac{1}{4}$) 59 (63) inches]

Length: 54 (55) 57 (58) 59 (61) 63 (66) 67 (68) cm [21 $\frac{1}{4}$ (21 $\frac{3}{4}$) 22 $\frac{1}{2}$ (22 $\frac{3}{4}$) 23 $\frac{1}{4}$ (24) 24 $\frac{3}{4}$ (26) 26 $\frac{1}{2}$ (26 $\frac{3}{4}$) inches] measured mid back excl. neck edge

Gauge: 20 sts x 27 rows = 10 x 10 cm [4 x 4 inches] in stockinette stitch on a 4 mm [US6] needle
20 sts x 26 rows = 10 x 10 cm [4 x 4 inches] in colorwork pattern on a 4.5 mm [US7] needle

Needles: Circular needles: 4 mm [US6] / 40, 60 and 80 and/or 100 cm [16, 24 and 32 and/or 40 inches], 4.5 mm [US7] / 80 and/or 100 cm [32 and/or 40 inches] and 3.5 mm [US4] / 40 and 80 and/or 100 cm [16 and 32 and/or 40 inches]

Double-pointed needles: 3.5 mm [US4], 4 mm [US6] and 4.5 mm [US7] (unless using the *Magic Loop technique*)

Materials: **Main color (light):** 300 (300) 350 (350) 400 (400) 450 (450) 500 (500) g Isager Soft by Isager Yarn (50 g = 125 m [137 yds])

Contrast color (dark): 200 (200) 200 (200) 200 (250) 250 (250) 250 (300) g Isager Soft by Isager Yarn (50 g = 125 m [137 yds])

PATTERN

The Athene Sweater is worked from the top down with a colorwork pattern. The top section of the yoke is worked in one solid color. The part of the sweater that is worked in the colorwork pattern is worked in the round on a circular needle, so the sleeve openings are steeked (i.e. cut open using scissors). The colorwork pattern can also be worked back and forth on the circular needle, so you do not have to stink (i.e. cut your work open using scissors).

First, the top part of the back yoke is worked back and forth while the slope of the shoulders is shaped using short rows. Then each shoulder is worked back and forth separately on a circular needle. The shoulders are then joined to form the front yoke. The front and back yoke are then joined to form the body, and steeking stitches are cast on at both sides, so the body can be worked in the round in the colorwork pattern until the armholes have been completed. After this, the body is worked in the round without steeking stitches, and the hem is finished with a rib edge. The sleeves are worked in the round from stitches that are picked up and knitted along the armhole openings after these have been steeked (i.e. cut) open. The folded neck edge is worked at the end from stitches that are picked up and knitted around the neck opening.

Please be aware that while working colorwork, some might have to use ½-1 size larger needles than while working in one solid color to maintain the same gauge. For this reason, we recommend knitting a swatch in both the colorwork pattern and in stockinette stitch worked in one color before beginning to work on the sweater. You can use the sleeve chart on page 14 for the colorwork swatch.

Size guide

The Athene Sweater is designed to have approx. 20 cm [7¾ inches] of positive ease for the smaller sizes and gradually less for the larger sizes. The sizes XXS (XS) S (M) L (XL) 2XL (3XL) 4XL (5XL) are designed to fit a bust circumference of 75-80 (80-85) 85-90 (90-95) 95-100 (100-110) 110-120 (120-130) 130-140 (140-150) cm [29½-31½ (31½-33½) 33½-35½ (35½-37½) 37½-39½ (39½-43¼) 43¼-47¼ (47¼-51¼) 51¼-55 (55-59) inches]. The measurements for the finished sweater can be found on the front page of the pattern. Please note: These measurements only apply if the correct gauge is maintained throughout. Begin by measuring yourself before beginning your project to determine which size will fit you the best. For example, if you measure 95 cm [37½ inches] around your bust (or around the widest part of your upper body), you should knit a size M. A sweater in size M has a bust circumference of 115 cm [45¼ inches] which in the given example would give you 20 cm [7¾ inches] of positive ease.

About the chart

The chart for the sweater's colorwork pattern can be found at the end of the pattern. The chart key can be found on page 10. The chart is read from the bottom up and from right to left. The bolded lines in the charts mark the pattern repeat which is repeated as many times as the number of sts allows.

About color dominance

When working a stranded pattern (i.e. when knitting with two colors at the same time), one color is always worked as the dominant color, i.e. the one that is the most prominent (see video at www.petiteknit.com). For the Athene Sweater, we recommend working the contrast color as the dominant color throughout.

About increases

The increases are worked so they either slant right (M1R) or slant left (M1L). They are worked as follows:

M1R: Insert the left needle under the strand that runs between two stitches from back to front, then knit this strand.

M1L: Insert the left needle under the strand that runs between two stitches from front to back, then knit this strand through the back loop (twisted).

Back yoke

The back yoke is worked back and forth in the main color. Short rows are worked to shape the back yoke. Use the *German Short Rows* technique when working short rows, i.e. when the pattern says to “turn” (see video at www.petiteknit.com).

Work as follows:

Cast on 100 (105) 110 (115) 120 (130) 135 (145) 150 (160) sts on a 4 mm [US6] / 80 cm [32 inches] circular needle with the main color.

Break the working yarn.

Slip the first 32 (34) 37 (39) 41 (46) 48 (53) 55 (60) sts from the left to the right needle (without knitting them).

Join new yarn and work as follows:

Row 1 (WS): Purl 36 (37) 36 (37) 38 (38) 39 (39) 40 (40) sts until there are 32 (34) 37 (39) 41 (46) 48 (53) 55 (60) sts left on the needle, turn.

Row 2 (RS): Knit until there are 30 (32) 35 (37) 39 (44) 46 (51) 53 (58) sts left on the needle, turn.

Row 3 (WS): Purl until there are 30 (32) 35 (37) 39 (44) 46 (51) 53 (58) sts left on the needle, turn.

The next row is a RS row.

Continue working short rows to shape the back yoke as follows:

Row 1 (RS): Knit to 2 sts after the last RS turn (i.e. knit the turning stitch from the previous RS row, then knit 2 more sts), turn.

Row 2 (WS): Purl to 2 sts after the last WS turn (i.e. purl the turning stitch from the previous WS row, then purl 2 more sts), turn.

Work Rows 1 and 2 a total of 14 (15) 16 (17) 18 (21) 22 (24) 25 (28) times (on the last repeat, there are 2 (2) 3 (3) 3 (2) 2 (3) 3 (2) sts left on the needle). The next row is a RS row.

Work 2 rows as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

The next row is a RS row.

The back yoke is now shaped as a trapezoid, and the work measures approx. 13 (13.5) 14.5 (15) 16 (18) 19 (20.5) 21 (23.5) cm [5 (5½) 5¾ (6) 6½ (7) 7½ (8) 8¼ (9¼) inches] from the cast-on edge measured mid back.

If you work the yoke in the round in colorwork, break the working yarn and let the sts rest while working the shoulders.

If you work the yoke back and forth in colorwork, work the back yoke according to the chart on page 11 or 12 until the back measures 27 (27.5) 28 (30.5) 31 (32) 35 (36) 36.5 (37) cm [10¾ (10¾) 11 (12) 12¼ (12½) 13¾ (14¼) 14¼ (14½) inches] measured from the cast-on edge at the back of the neck.

Left shoulder

RS facing, pick up and knit 32 (34) 37 (39) 41 (46) 48 (53) 55 (60) sts along the leftmost end of the back yoke cast-on edge using a 4 mm [US6] / 60 or 80 cm [24 or 32 inches] circular needle and the main color. Pick up and knit sts *between* the sts of the cast-on edge to ensure that the knitting looks continuous (see video at www.petiteknit.com).

Purl across 1 row. The next row is a RS row.

Work stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (6) 6 (6) 7 (7) 7 (7) times (i.e. work a total of 12 (12) 12 (12) 12 (12) 14 (14) 14 (14) rows). The next row is a RS row.

Now work increases along the neck to shape the neckline. Work as follows:

Row 1 (RS): K2, **M1L**, knit to end of row. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (6) 7 (7) 7 (7) 8 (8) times. There are now a total of 38 (40) 43 (45) 48 (53) 55 (60) 63 (68) sts on the needle.

Break the working yarn and let the sts rest while the right shoulder is being worked.

Right shoulder

RS facing, pick up and knit 32 (34) 37 (39) 41 (46) 48 (53) 55 (60) sts along the rightmost end of the back yoke cast-on edge using a 4 mm [US6] / 60 or 80 cm [24 or 32 inches] circular needle. Pick up and knit sts between the sts of the cast-on edge to ensure that the knitting looks continuous.

Purl across 1 row. The next row is a RS row.

Work stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (6) 6 (6) 7 (7) 7 (7) times (i.e. work a total of 12 (12) 12 (12) 12 (12) 14 (14) 14 (14) rows). The next row is a RS row.

Now work increases along the neck to shape the neckline. Work as follows:

Row 1 (RS): Knit to the last 2 sts on the needle, **M1R**, k2. (1 stitch has been increased)

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 6 (6) 6 (6) 7 (7) 7 (7) 8 (8) times. There are now a total of 38 (40) 43 (45) 48 (53) 55 (60) 63 (68) sts on the needle.

Do not break the working yarn, as the next step follows from here.

Front yoke

Now join the left and right shoulder to form the front yoke using a 4 mm [US6] / 80 cm [32 inches] circular needle. New sts are cast on between the two shoulders to form the neckline.

Work from the RS of the right shoulder as follows:

Row 1 (RS): Knit to the last 2 sts on the needle, **M1R**, k2, cast on 22 (23) 22 (23) 22 (22) 23 (23) 22 (22) sts in extension of the sts on the needle using the backward loop method, continue across the left shoulder and work k2, **M1L**, knit to end of row. There are now a total of 100 (105) 110 (115) 120 (130) 135 (145) 150 (160) sts on the needle.

Row 2 (WS): Purl across.

Work back and forth in stockinette stitch as follows:

Row 1 (RS): Knit across.

Row 2 (WS): Purl across.

Work Rows 1 and 2 a total of 3 (4) 5 (6) 6 (9) 9 (11) 11 (14) times (i.e. work a total of 6 (8) 10 (12) 12 (18) 18 (22) 22 (28) rows). The next row is a RS row.

Do not break the working yarn, as the next step follows from here.

Front and back yoke are joined

Now the work is prepared for beginning the colorwork pattern on the yoke.

In the following section, the method for working in the round with steeking sts is described. If you do not wish to use this method, instead work back and forth following the chart on page 11 or 12. If working back and forth, the chart is read from right to left on RS rows and from left to right on WS rows.

The section of the yoke which is worked in the colorwork pattern is worked in the round and then the armholes are steeked open later. Steeking sts are cast on at both armholes using the backward loop method. The steeking sts are 3 extra sts which are not part of the charted colorwork pattern. The 3 steeking sts will not be visible on the RS of the completed sweater but will be folded to the WS later when the sts for the sleeves are picked up and knitted.

Now work in the round on the circular needle (still using the main color) across all sts of both the front and back yoke while at the same time casting on the steeking sts as follows:

Round 1: Knit across front yoke sts, cast on 3 sts in extension of the sts on the needle using the backward loop method (steeking sts), knit across back yoke sts, cast on 3 sts in extension of the sts on the needle using the backward loop method (steeking sts). Join in the round and place a marker for the beginning of the round between the steeking sts and the right side of the front. There are now a total of 206 (216) 226 (236) 246 (266) 276 (296) 306 (326) sts on the needle.

Round 2: Knit across.

Now the colorwork pattern can be started. Change to a 4.5 mm [US7] / 80 or 100 cm [32 or 40 inches] circular needle (or whichever needle size needed to maintain the correct gauge while working the colorwork pattern).

Work in the round in the colorwork pattern following the chart on page 11 or 12 as follows:

Round 1: Beginning at the arrow, work across the front as the chart dictates, work the 3 steeking sts as the chart dictates. Beginning at the arrow, work across the back as the chart dictates, work the 3 steeking sts as the chart dictates.

Continue in the round in the colorwork pattern until the work measures 27 (27.5) 28 (30.5) 31 (32) 35 (36) 36.5 (37) cm [10 $\frac{3}{4}$ (10 $\frac{3}{4}$) 11 (12) 12 $\frac{1}{4}$ (12 $\frac{1}{2}$) 13 $\frac{3}{4}$ (14 $\frac{1}{4}$) 14 $\frac{1}{4}$ (14 $\frac{1}{2}$) inches] measured from the cast-on edge at the back of the neck.

Body

If you have worked the yoke in the round, the steeking sts are bound off on the next round while continuing to work the body in the round on the circular needle. Work as follows:

Round 1: Work across front in pattern as established, bind off the 3 steeking sts, work across back in pattern as established, bind off the 3 steeking sts. There are now a total of 200 (210) 220 (230) 240 (260) 270 (290) 300 (320) sts on the needle.

If you have worked back and forth across the front and back, these are joined to work the body in the round on a circular needle. Work as follows:

Round 1: Work across front in pattern as established, work across back in pattern as established. There are now a total of 200 (210) 220 (230) 240 (260) 270 (290) 300 (320) sts on the needle.

Place a marker for the beginning of the round under the right sleeve.

Continue working the body in the round in pattern following the chart on page 13 until the sweater measures 52 (53) 55 (56) 57 (59) 61 (64) 65 (66) cm [20½ (20¾) 21¾ (22) 22½ (23¼) 24 (24½) 25½ (26) inches] measured from the cast-on edge at the back of the neck. Make sure to end with a whole or half segment of the pattern (if the correct length cannot be achieved with a whole or half pattern segment, work in the round in the main color until correct length is achieved).

Please note that the sweater will shrink lengthwise (not widthwise) when washing – therefore work the sweater approx. 3-4 cm [inches] longer than your desired final length.

Change to a 4 mm [US6] / 80 or 100 cm [32 or 40 inches] circular needle or whichever needle size gives you the correct gauge while working solid-colored stockinette stitch.

Work decreases in the main color before working the rib edge as follows:

Round 1: * Knit 18 (18) 16 (16) 18 (16) 17 (18) 16 (18) sts, k2tog *, work from * to * a total of 10 (10) 12 (12) 12 (14) 14 (14) 16 (16) times, knit to end of round. There are now a total of 190 (200) 208 (218) 228 (246) 256 (276) 284 (304) sts on the needle.

Work 2 rounds in stockinette stitch in the main color.

Change to a 3.5 mm [US4] / 80 or 100 cm [32 or 40 inches] circular needle and work 4 rounds in 1x1 rib (k1, p1) in the main color.

Work 2 rounds in double knitting before binding off using the Italian bind-off technique (see video at www.petiteknit.com):

Round 1: * K1, slip 1 stitch purlwise with the yarn in front of the work *, repeat from * to * to end of round.

Round 2: * Slip 1 stitch purlwise with the yarn behind the work, p1 *, repeat from * to * to end of round.

Bind off using the Italian bind-off technique (see video at www.petiteknit.com).

Steeking the armholes

Using a sewing machine, sew straight stitches up along the lines of the 1st and 3rd steeking stitch, sewing both forward and back again. Sew into the stitch itself. It might be useful to begin by hand-sewing a row of basting stitches in a contrasting color up along the lines of stitches you need to sew through with the sewing machine to make it easier to locate these.

Sew from the RS and make sure to sew across the backward loop cast on sts and the bind-off row of sts to ensure that the work does not unravel after having been cut open. See video at www.petiteknit.com.

Note: If you do not have a sewing machine available, you can use the alternative method where an edge of crocheted stitches is worked along the steeking sts. See video at [www.petiteknit](http://www.petiteknit.com).

Once you have sewn up along the 1st and 3rd steeking stitch on both sides, the stitches have been stabilized, and you can cut your steek along the middle steeking stitch (i.e. the 2nd steeking stitch) without the work unraveling. Make sure to locate and cut only along the middle steeking stitch, cutting through the middle of the line of 2nd steeking stitches all the way from end to end until the armhole is cut completely open. The steeking sts with the lines of machine-sewn stitches through them can now be folded to the WS of the work, and stitches can be picked up and knitted for the sleeves.

Sleeves

The sleeves are worked in the round in the colorwork pattern on a 4 mm [US6] / 40 cm [16 inches] circular needle or on 4 mm [US6] double-pointed needles.

RS facing, pick up and knit 80 (80) 80 (90) 90 (90) 100 (100) 100 (100) sts along the armhole opening using the main color and a 4 mm [US6] / 40 cm [16 inches] circular needle or 4 mm [US6] double-pointed needles. The rate for picking up and knitting sts is 2 sts for every 3 rows all the way around (see video at www.petiteknit.com). Make sure to pick up and knit in the stitches of the front and back and not in the steeking sts.

If you have chosen not to use the steeking method, pick up and knit sts normally in the outermost stitches along the armhole opening.

Begin and end at the underarm. Join in the round and place a marker for the beginning of the round.

Work 4 rounds in stockinette stitch in the main color.

Change to a 4.5 mm [US7] / 40 cm [16 inches] circular needle or to 4.5 mm [US7] double-pointed needles (or whichever needle size needed to maintain the correct gauge while working the colorwork pattern).

Work in the round in the charted colorwork pattern following the chart on page 14 until the sleeve measures 40 cm [15¾ inches].

Make sure to end with a whole or half segment of the pattern (if the correct length cannot be achieved with a whole or half pattern segment, work in the round in the main color until correct length is achieved).

Change to a 4 mm [US6] / 40 cm [16 inches] circular needle or to 4 mm [US6] double-pointed needles (or whichever needle size gives you the correct gauge while working solid-colored stockinette stitch).

Work decreases in the main color before working the rib edge as follows:

Round 1: * K8, k2tog *, repeat from * to * to end of round. There are now a total of 72 (72) 72 (81) 81 (81) 90 (90) 90 (90) sts on the needle.

Work 2 rounds in stockinette stitch in the main color.

Adjust the number of sts to an even number of sts if needed by working a k2tog decrease on a random place on the round. Change to 3.5 mm [US4] double-pointed needles.

Work 4 rounds in 1x1 rib (k1, p1) in the main color.

Work 2 rounds in double knitting before binding off using the Italian bind-off technique as on the body.

Work the other sleeve identically.

Neck edge

The neck edge is worked in the round in 1x1 rib on a 3.5 mm [US4] / 40 cm [16 inches] circular needle in the main color.

RS facing, pick up and knit 104 (106) 106 (108) 110 (112) 114 (114) 118 (118) sts around the neck opening using a 3.5 mm [US4] / 40 cm [16 inches] circular needle and the main color. Begin and end at the back of the neck. The rate for picking up and knitting sts is 1 stitch in every stitch along the back of the neck, the front of the neck, and along the slanting sections of the sides, while 2 sts are picked up for every 3 rows along the straight sections of the sides. Join in the round and place a marker for the beginning of the round.

Work as follows:

Rounds 1-8: * K1, p1 *, repeat from * to * to end of round.

Rounds 9-11: * K1, slip 1 stitch purlwise with the yarn in front of the work *, repeat from * to * to end of round.

Rounds 12-17: * K1, p1 *, repeat from * to * to end of round.

Now fold the rib edge double and knit it together by knitting every other stitch of the next round together with a stitch from the round where stitches were picked up and knitted while at the same time binding off.

Work as follows (see video at www.petiteknit.com):

* Pick up a stitch from the round where stitches were picked up and knitted and place it on the left needle. Knit the picked-up stitch together with the first stitch on the left needle. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). Knit 1 stitch. Pass the second stitch on the right needle over the stitch that was just knitted (i.e. bind off the stitch). *

Repeat from * to * to the end of the round.

Make sure that the neck edge does not become twisted – check along the way that each stitch is knitted together with the stitch directly below it.

Finishing

Weave in all ends.

Abbreviations

K	knit
k2tog	decrease; knit two stitches together
M1L	make one left; insert the left needle under the strand between the stitches from front to back, then knit this strand through the back loop (twisted)
M1R	make one right; insert the left needle under the strand between the stitches from back to front, then knit this strand
p	purl
RS	right side of your work
st(s)	stitch(es)
WS	wrong side of your work

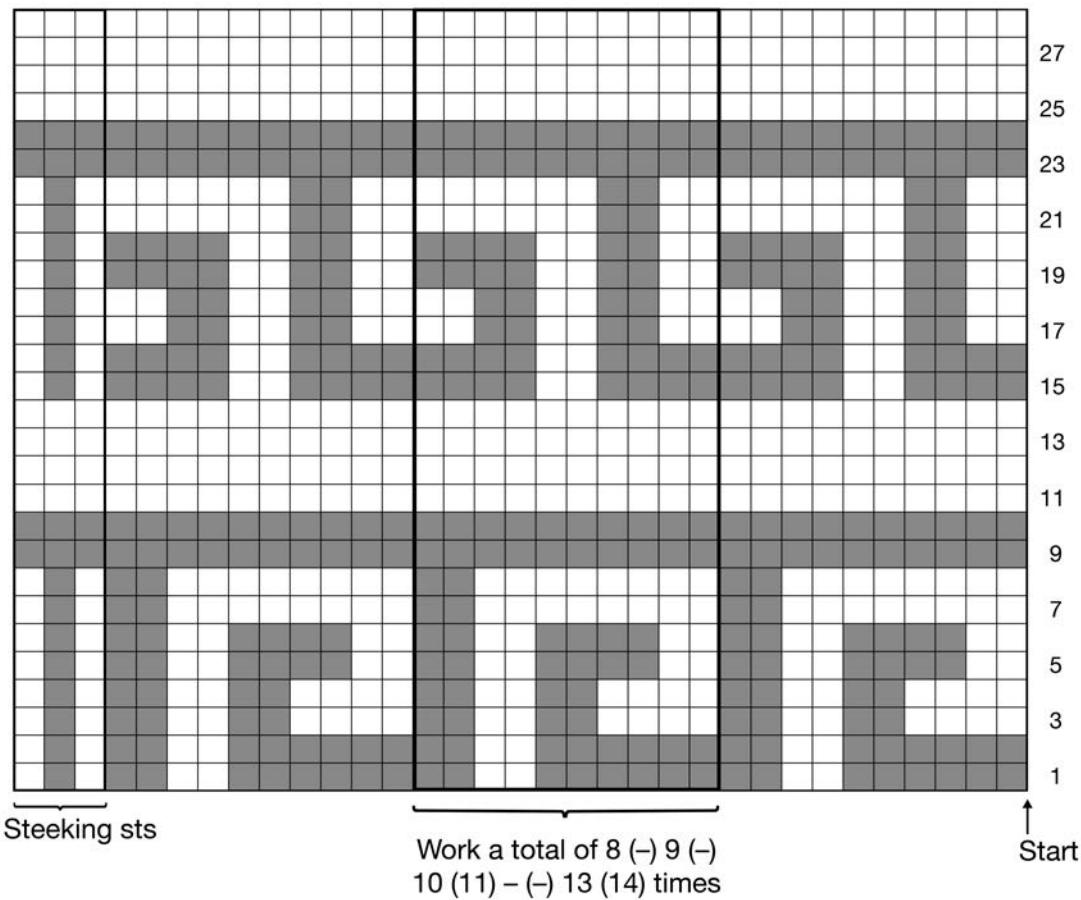


Main color

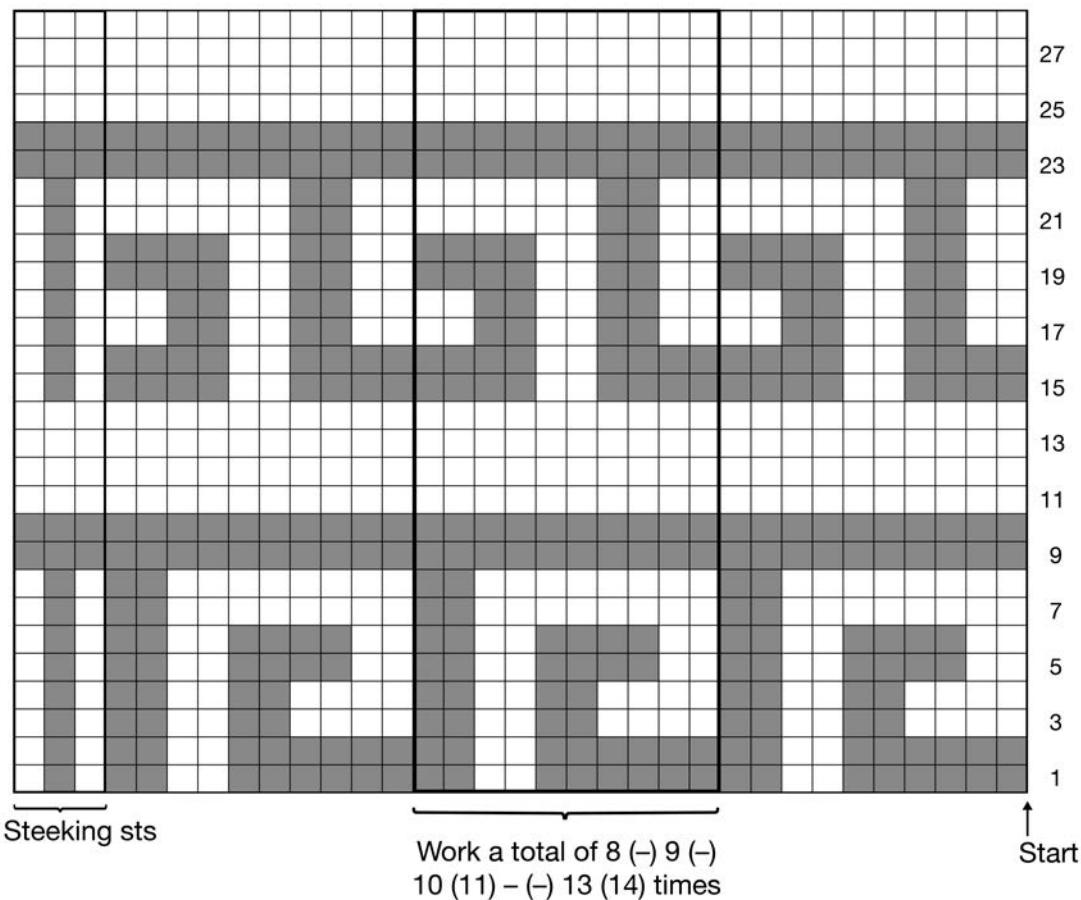


Contrast color

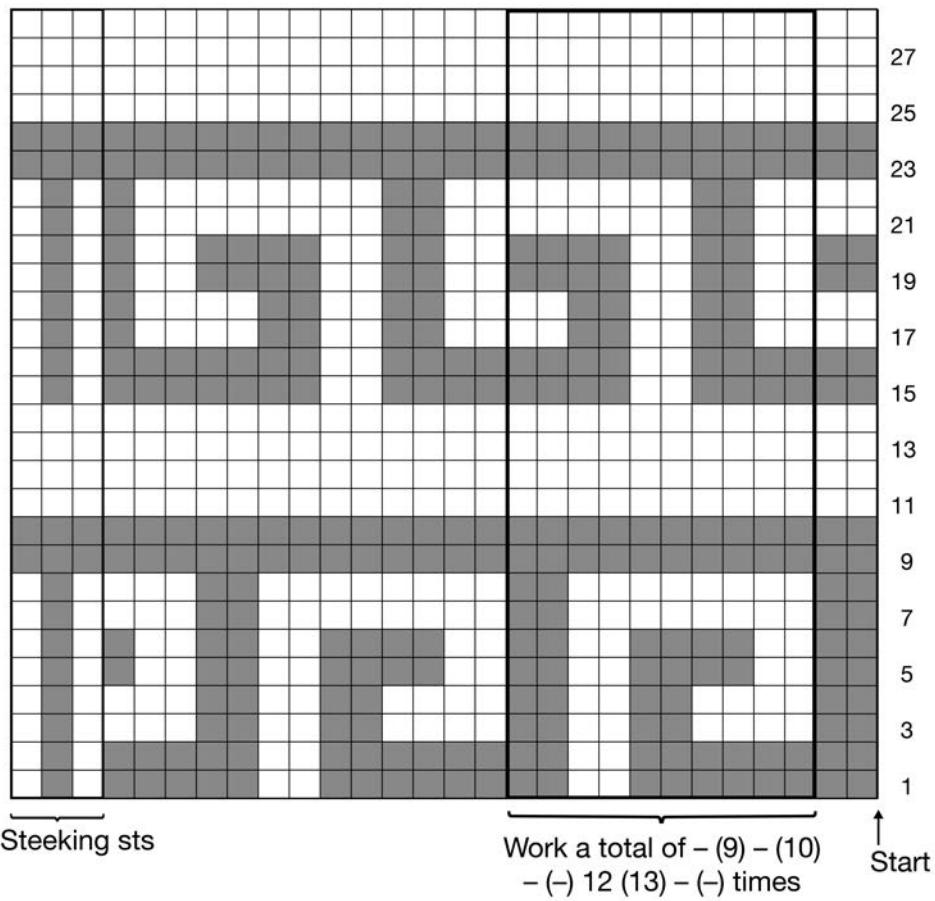
Front yoke size XXS, S, L, XL, 4XL and 5XL



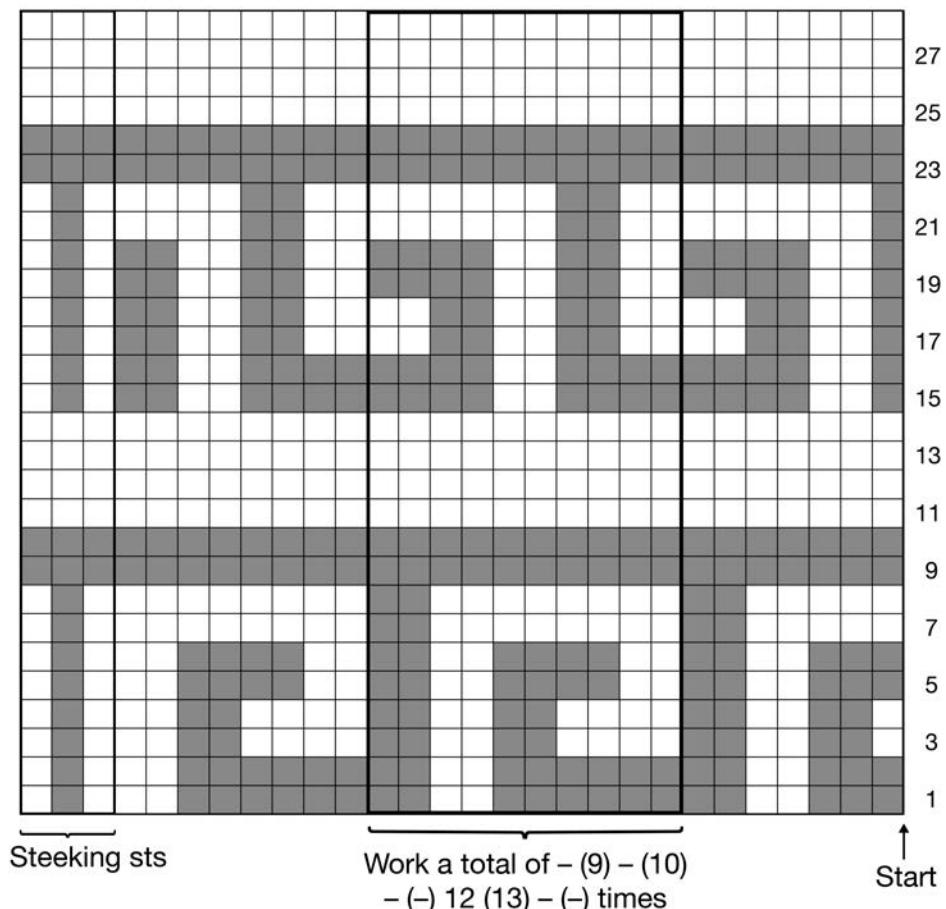
Back yoke size XXS, S, L, XL, 4XL and 5XL



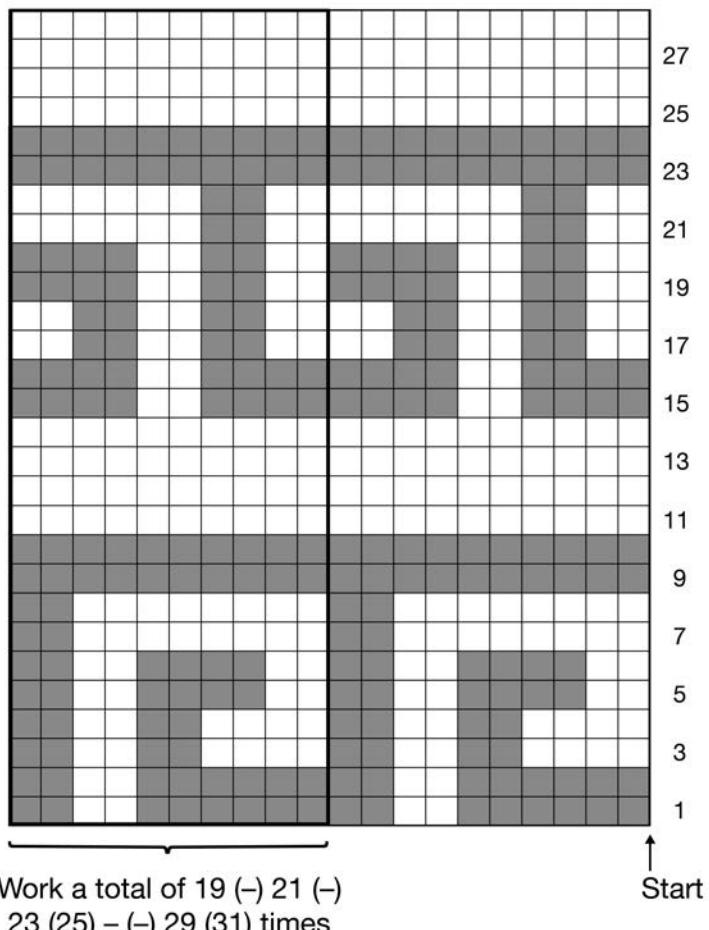
Front yoke size XS, M, 2XL and 3XL



Back yoke size XS, M, 2XL and 3XL

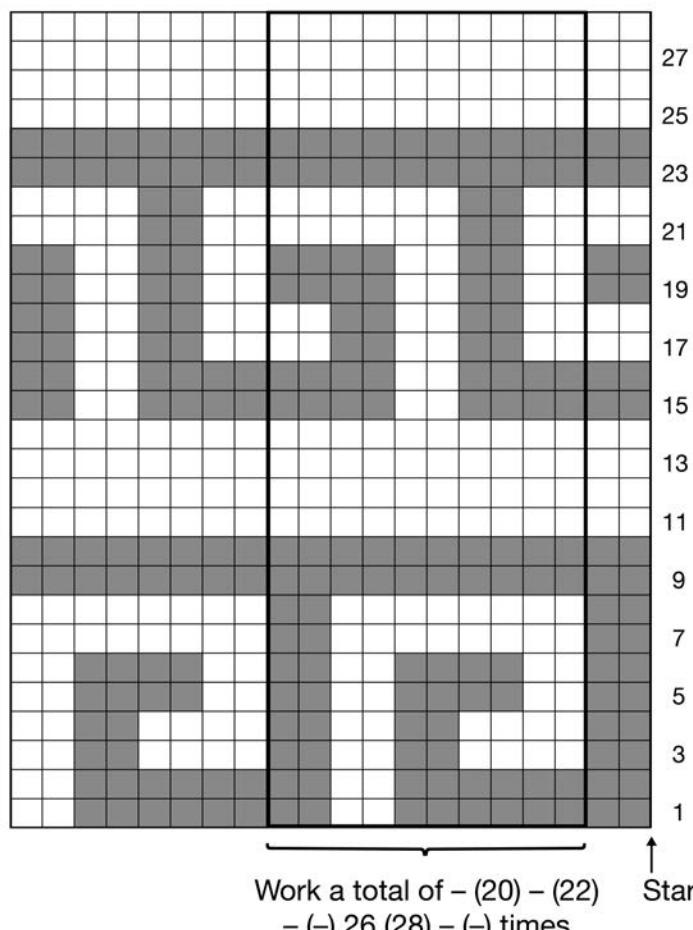


Body size XXS, S, L, XL, 4XL and 5XL



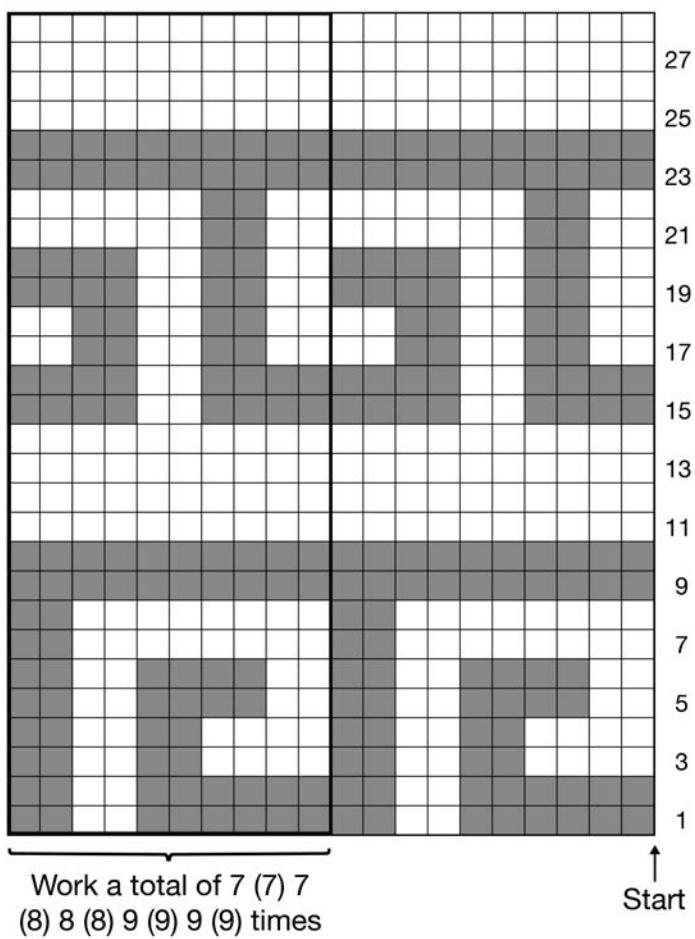
Work a total of 19 (–) 21 (–)
23 (25) – (–) 29 (31) times

Body size XS, M, 2XL and 3XL



Work a total of – (20) – (22)
– (–) 26 (28) – (–) times

Sleeves all sizes





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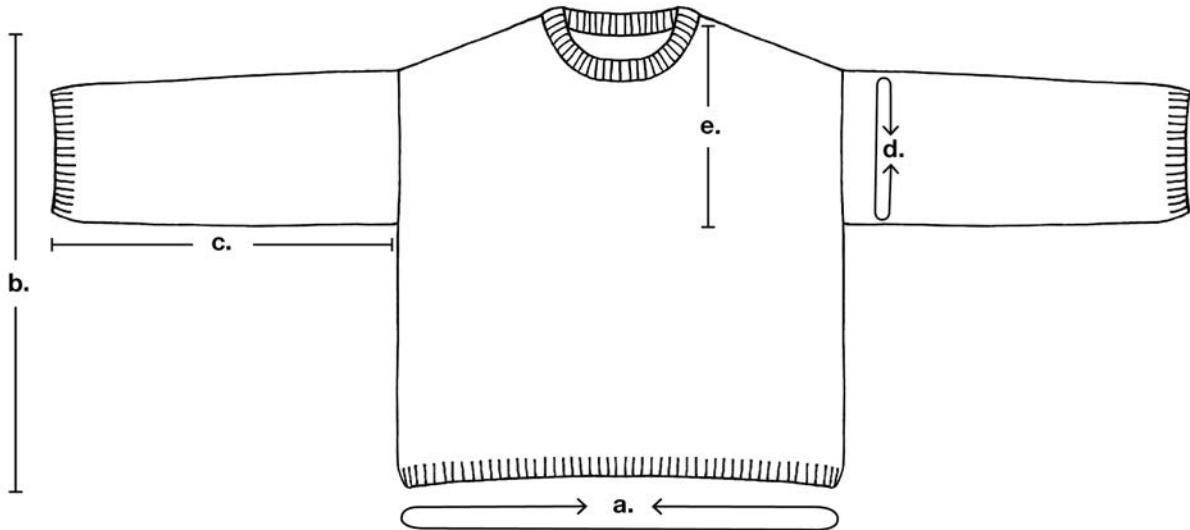
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Happy knitting!

ATHENE SWEATER



Centimeter	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
a. Bust circumference	100	105	110	115	120	130	135	145	150	160
b. Length (mid back excl. neck edge)	54	55	57	58	59	61	63	66	67	68
c. Sleeve length from under sleeve	43	43	43	43	43	43	43	43	43	43
d. Top sleeve circumference	40	40	40	45	45	45	50	50	50	50
e. Armhole depth	27	27.5	28	30.5	31	32	35	36	36.5	37

Inches	XXS	XS	S	M	L	XL	2XL	3XL	4XL	5XL
a. Bust circumference	39 $\frac{1}{4}$	41 $\frac{1}{4}$	43 $\frac{1}{4}$	45 $\frac{1}{4}$	47 $\frac{1}{4}$	51 $\frac{1}{4}$	53 $\frac{1}{4}$	57	59	63
b. Length (mid back excl. neck edge)	21 $\frac{1}{4}$	21 $\frac{3}{4}$	22 $\frac{1}{2}$	22 $\frac{3}{4}$	23 $\frac{1}{4}$	24	24 $\frac{3}{4}$	26	26 $\frac{1}{2}$	26 $\frac{3}{4}$
c. Sleeve length from under sleeve	17	17	17	17	17	17	17	17	17	17
d. Top sleeve circumference	15 $\frac{3}{4}$	15 $\frac{3}{4}$	15 $\frac{3}{4}$	17 $\frac{3}{4}$	17 $\frac{3}{4}$	17 $\frac{3}{4}$	19 $\frac{3}{4}$	19 $\frac{3}{4}$	19 $\frac{3}{4}$	19 $\frac{3}{4}$
e. Armhole depth	10 $\frac{3}{4}$	10 $\frac{3}{4}$	11	12	12 $\frac{1}{4}$	12 $\frac{1}{2}$	13 $\frac{3}{4}$	14 $\frac{1}{4}$	14 $\frac{1}{4}$	14 $\frac{1}{2}$

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