

SPOTLIGHT  
**Sanna Mård  
Castman**  
8-PAGE  
PULLOUT

# The Knitter

Create • Knit • Enjoy

Issue 175  
£6.99

## FRESH LOOKS FOR SPRING

*Creative cable, lace & colourwork patterns to knit and love*

## Fair Isle style

MODERN CARDIGAN  
BY MARY HENDERSON

## KNITTING KNOW-HOW

*Discover five fantastic stretchy cast-off methods*

*Cabled  
cardigan  
by Emma  
Vining*

GEORGIA FARRELL • JANE BURNS • CAROL MELDRUM • PAT MENCHINI • LINDA MARVENG



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Elements  
DK

# Timeless Summer

Eight hand knit designs by  
Sarah Hatton & Chloé Elizabeth Birch



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# The Knitter

## Issue 175

Our latest issue brings together stylish patterns which will be a joy to knit! Mary Henderson's bright yoked cardigan on **p38** combines speckles of colour with corrugated ribbing, and Sandra Nesbitt's pretty shawl on **p37** has fresh flower and leaf motifs in lace and colourwork. And for timeless Aran style, check out our 'Kearney' sweater on **p22**.

### Create



### Knit



### Enjoy







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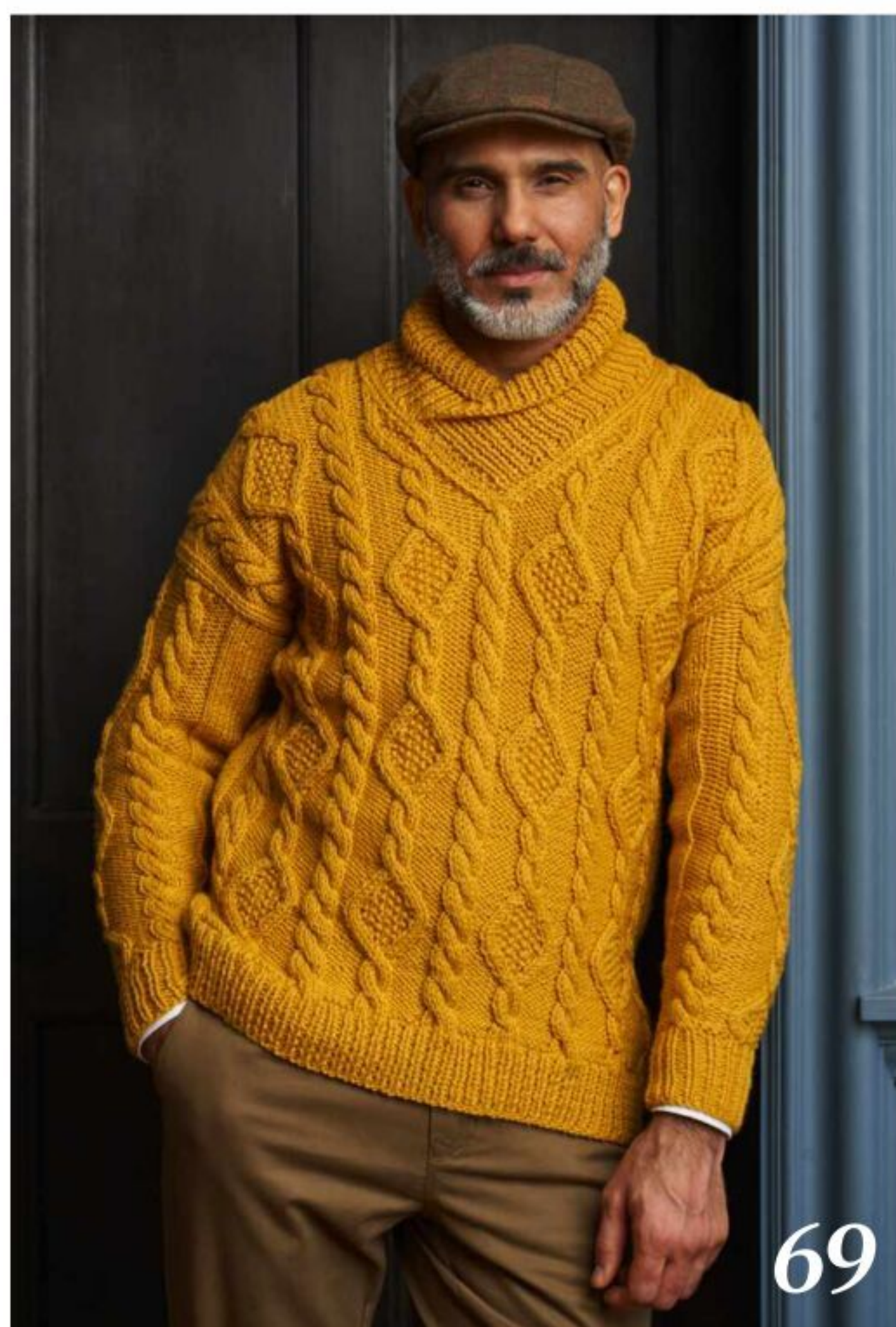
Fluffy mohair shawl worked in a modern stripe pattern

**PLUS SANNA MÅRD CASTMAN**

**Clarisse**

Funnel-neck jumper with contrasting stitch textures





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## Knits for spring

Chic layering pieces using colour, lace & cables



# Textured treats

From fabulous cables and elegant lace to fresh colourwork, we have spectacular stitch patterns for you to enjoy in this issue! Our garment and accessory projects are light yet warm – perfect for our changeable spring weather.

Also in this issue, we learn about the rare-breed Norfolk Horn sheep with Fibreworkshop's Jenn Monahan, explore the best yarns for your seasonal knitting, and take a look at five stretchy cast-off methods in our expert masterclass.

*Kirstie*

**HAPPY KNITTING!**

from **Kirstie** and **The Knitter** team

## Our featured designers



### Pat Menchini

Pat is a prolific designer whose work regularly appears in the UK's top knitting magazines.

Her designs often feature decorative stitch patterns and neat shaping. This month, Pat brings us two stunning cabled sweaters: one for women on p22, and a shawl-collar pattern for men on p69x.



### Mary Henderson

Mary is passionate about traditional Scottish knitting patterns, and she has won a firm following thanks to her intricate Fair Isle designs and delicate lace. Mary's latest pattern for us is a neat raglan cardigan with a delicate pattern of spots and colourful corrugated ribbing, on p38.



### Sanna Mård Castman

Swedish designer Sanna has been working in knitwear design since leaving school, and she loves to explore cables and lace patterns and to incorporate beautiful details into her knits. Find her elegant, funnel-neck sweater design in our **special supplement**.

# The Knitter

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EMMA VINING

# Kew Gardens

Celebrate the spring with this  
leaf-patterned raglan cardigan





The leaf motifs  
gradually grow  
in size up the  
front panels





EMMA VINING

## Kew Gardens

**THE DELICATE** cable pattern on Emma Vining's cardigan features leaf motifs which gradually enlarge in size from the lower edge to the upper body. The pattern panel is worked on a reverse stocking stitch background on either side of the front band. Leaf pattern panels are also worked in the centre of the garment back, and up the sleeves. Emma's design is worked in a beautifully soft and lustrous British wool from Blacker Yarns.

### STITCH PATTERNS

#### LEAF PATTERN A

(worked over 5 sts and 10 rows)

**Row 1 (RS):** P1, C3B, K1.

**Row 2 (WS):** P4, K1.

**Row 3:** C2B, K1, T2B.

**Row 4:** K1, P4.

**Row 5:** K1, C3B, P1.

**Row 6:** K1, P4.

**Row 7:** T2B, T3F.

**Row 8:** P2, K3.

**Row 9:** P3, K2.

**Row 10:** P2, K3.

#### LEAF PATTERN B

(worked over 5 sts and 10 rows)

**Row 1 (RS):** K1, C3F, P1.

**Row 2 (WS):** K1, P4.

**Row 3:** T2F, K1, C2F.

**Row 4:** P4, K1.

**Row 5:** P1, C3F, K1.

**Row 6:** P4, K1.

**Row 7:** T3B, T2F.

**Row 8:** K3, P2.

**Row 9:** K2, P3.

**Row 10:** K3, P2.

### SIZE

|                        | 8   | 10   | 12  | 14  | 16   | 18   | 20  | 22   | 24  | 26  |    |
|------------------------|-----|------|-----|-----|------|------|-----|------|-----|-----|----|
| TO FIT BUST            | 81  | 86   | 91  | 97  | 102  | 107  | 112 | 117  | 122 | 127 | cm |
|                        | 32  | 34   | 36  | 38  | 40   | 42   | 44  | 46   | 48  | 50  | in |
| ACTUAL BUST (BUTTONED) | 92  | 100½ | 105 | 110 | 114½ | 118½ | 127 | 131½ | 136 | 144 | cm |
|                        | 36¼ | 39½  | 41¼ | 43¼ | 45   | 46¾  | 50  | 51¾  | 53½ | 56¾ | in |
| ACTUAL LENGTH          | 54  | 54½  | 55½ | 56  | 56½  | 56½  | 57½ | 58   | 59  | 59½ | cm |
|                        | 21¼ | 21½  | 21¾ | 22  | 22¼  | 22¼  | 22¾ | 23   | 23¼ | 23½ | in |
| SLEEVE SEAM            | 42  | 42   | 42  | 42  | 42   | 42   | 42  | 42   | 42  | 42  | cm |
|                        | 16½ | 16½  | 16½ | 16½ | 16½  | 16½  | 16½ | 16½  | 16½ | 16½ | in |

### YARN

**Blacker Yarns** Tamar Lustre Blend DK (DK weight; 100% wool, 220m/238yds per 100g skein)

| TIDDY BROOK | 5 | 5 | 6 | 6 | 6 | 6 | 7 | 7 | 7 | 8 | x100g SKEINS |
|-------------|---|---|---|---|---|---|---|---|---|---|--------------|
|-------------|---|---|---|---|---|---|---|---|---|---|--------------|

#### LEAF PATTERN C

(worked over 8 sts and 12 rows)

**Row 1 (RS):** P4, C3B, K1.

**Row 2 (WS):** P4, K4.

**Row 3:** P2, C3B, K1, T2B.

**Row 4:** K1, P5, K2.

**Row 5:** P1, C2B, K2, T2B, P1.

**Row 6:** K2, P5, K1.

**Row 7:** C2B, K1, C3B, P2.

**Row 8:** K2, P6.

**Row 9:** K1, T3BP, T3F, P1.

**Row 10:** K1, P2, K3, P2.

**Row 11:** T2B, P3, T3F.

**Row 12:** P2, K6.

#### LEAF PATTERN D

(worked over 8 sts and 12 rows)

**Row 1 (RS):** K1, C3F, P4.

**Row 2 (WS):** K4, P4.

**Row 3:** T2F, K1, C3F, P2.

**Row 4:** K2, P5, K1.

**Row 5:** P1, T2F, K2, C2F, P1.

**Row 6:** K1, P5, K2.

**Row 7:** P2, C3F, K1, C2F.

**Row 8:** P6, K2.

**Row 9:** P1, T3B, T3FP, K1.

**Row 10:** P2, K3, P2, K1.

**Row 11:** T3B, P3, T2F.

**Row 12:** K6, P2.

#### LEAF PATTERN E

(worked over 11 sts and 16 rows)

**Row 1 (RS):** P7, C3B, K1.

**Row 2 (WS):** P4, K7.

**Row 3:** P5, C3B, K3.

**Row 4:** P6, K5.

**Row 5:** P3, C3B, K3, T2B.

**Row 6:** K1, P7, K3.

**Row 7:** P1, C3B, K3, T3BP, P1.

**Row 8:** K3, P7, K1.

**Row 9:** C2B, K3, C3B, P3.

**Row 10:** K3, P8.

**Row 11:** K3, T3BP, T3F, P2.

**Row 12:** K2, P2, K3, P4.

**Row 13:** K1, T3BP, P3, T3F, P1.

**Row 14:** K1, P2, K6, P2.

**Row 15:** T2B, P6, T3F.

**Row 16:** P2, K9.

#### LEAF PATTERN F

(worked over 11 sts and 16 rows)

**Row 1 (RS):** K1, C3F, P7.

**Row 2 (WS):** K7, P4.

**Row 3:** K3, C3F, P5.

**Row 4:** K5, P6.

**Row 5:** T2F, K3, C3F, P3.

**Row 6:** K3, P7, K1.

**Row 7:** P1, T3FP, K3, C3F, P1.

**Row 8:** K1, P7, K3.

**Row 9:** P3, C3F, K3, C2F.

**Row 10:** P8, K3.

**Row 11:** P2, T3B, T3FP, K3.

**Row 12:** P4, K3, P2, K2.

**Row 13:** P1, T3B, P3, T3FP, K1.

**Row 14:** P2, K6, P2, K1.

**Row 15:** T3B, P6, T2F.

**Row 16:** K9, P2.

### BACK

Using 3.25mm needles, cast on

96 (104:112:116:124:124:132:140:140:148) sts.

**Row 1 (RS):** K2, (P2, K2) 10 (11:12:12:13:13:14:15:15:16) times, P1, (K2, P2) 2 (2:2:3:3:3:3:3:3:3) times, K2, P1, (K2, P2) 10 (11:12:12:13:13:14:15:15:16) times, K2.

**Row 2 (WS):** P2, (K2, P2) 10 (11:12:12:13:13:14:15:15:16) times, K1, (P2, K2) 2 (2:2:3:3:3:3:3:3:3) times, P2, K1, (P2, K2) 10 (11:12:12:13:13:14:15:15:16) times, P2.



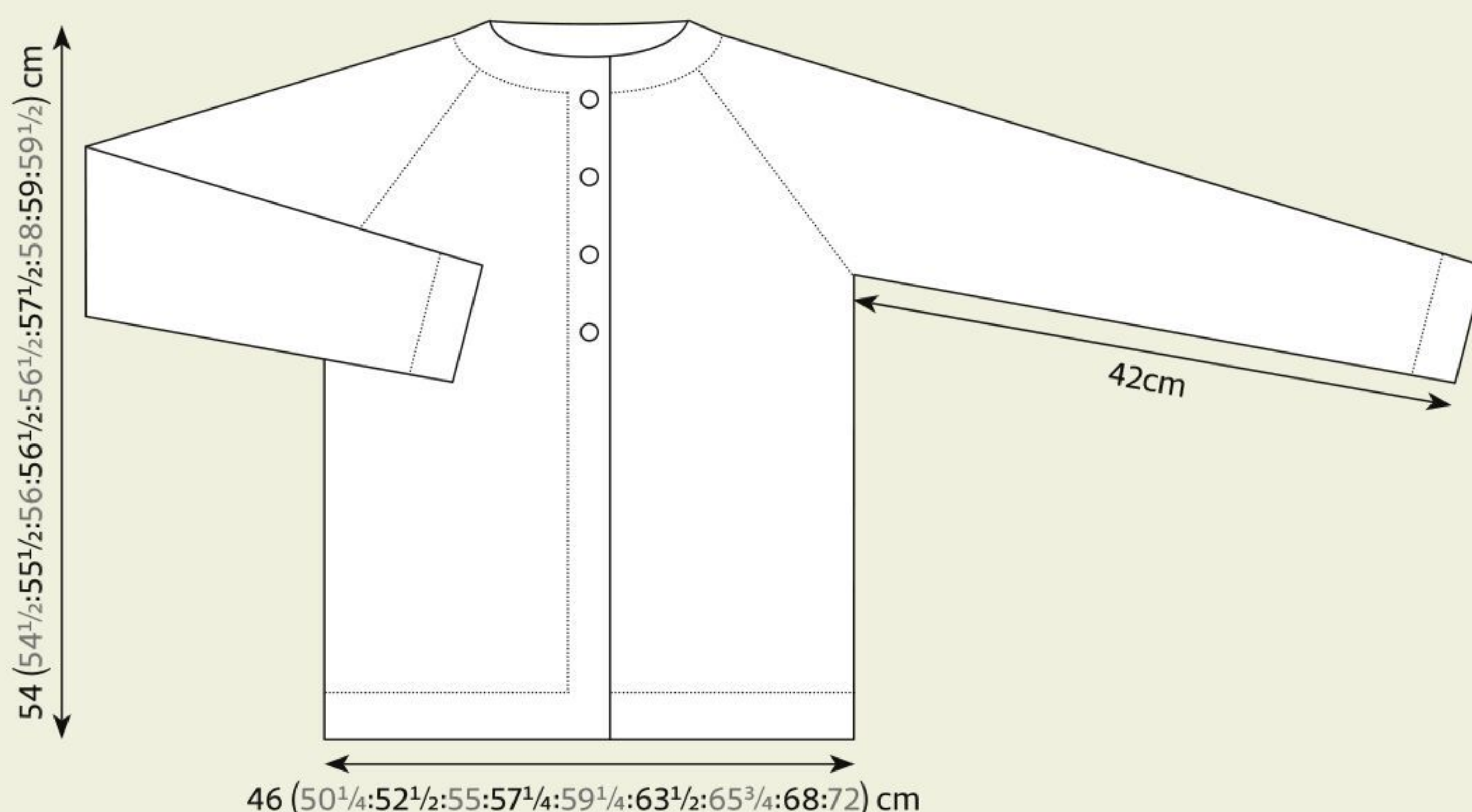
## NEEDLES & ACCESSORIES

1 pair 3.25mm (UK 10/US 3) knitting needles  
1 pair 4mm (UK 8/US 6) knitting needles  
Cable needle (cn)  
Stitch holders  
Stitch markers  
4 buttons

## TENSION

27 sts and 28 rows to 10cm over Leaf Cable Pattern using 4mm needles.  
19 sts and 28 rows to 10cm in st st using 4mm needles.

## BLOCKING DIAGRAM



**Rows 3–14:** Rep rows 1–2 another 6 times.

**Row 15:** K2, (P2, K2) 7 (8:9:9:10:10:11:12:12:13) times, pm, (P2, K2) 3 times, P1, (K2, P2) 2 (2:2:3:3:3:3:3:3:3) times, K2, P1, (K2, P2) 3 times, pm, (K2, P2) 7 (8:9:9:10:10:11:12:12:13) times, K2.

**Row 16:** As row 2.

Change to 4mm needles.

### FIRST LEAF PATTERN

**Row 1 (RS):** K to mrk, P7, work row 1 of Patt A, P1, (K2, P2) 2 (2:2:3:3:3:3:3:3:3) times, K2, P1, work row 1 of Patt B, P7 to mrk, K to end.

**Row 2 (WS):** P to mrk, K7, work row 2 of Patt B, K1, (P2, K2) 2 (2:2:3:3:3:3:3:3:3) times, P2, K1, work row 2 of Patt A, K7 to mrk, P to end.

These 2 rows set the pattern of st st, reverse st st, rib, and chart patterns.

Cont in patt as set until 10-row repeats of Patts A and B have been worked a total of 3 times.

## SPECIAL ABBREVIATIONS

**C2F:** Sl 1 to cn and hold at front, K1; K1 from cn.  
**C2B:** Sl 1 to cn and hold at back, K1; K1 from cn.  
**T2F:** Sl 1 to cn and hold at front, P1; K1 from cn.  
**T2B:** Sl 1 to cn and hold at back, K1; P1 from cn.  
**C3F:** Sl 1 to cn and hold at front, K2; K1 from cn.  
**C3B:** Sl 2 to cn and hold at back, K1; K2 from cn.  
**T3FP:** Sl 1 to cn and hold at front, P2; K1 from cn.  
**T3BP:** Sl 2 to cn and hold at back, K1; P2 from cn.  
**T3F:** Sl 2 to cn and hold at front, P1; K2 from cn.  
**T3B:** Sl 1 to cn and hold at back, K2; P1 from cn.  
**For general abbreviations, see p89**

### SECOND LEAF PATTERN

**Row 1 (RS):** K to mrk, P4, work row 1 of Patt C, P1, (K2, P2) 2 (2:2:3:3:3:3:3:3:3) times, K2, P1, work row 1 of Patt D, P4 to mrk, K to end.

**Row 2 (WS):** P to mrk, K4, work row 2 of Patt D, K1, (P2, K2) 2 (2:2:3:3:3:3:3:3:3) times, P2, K1, work row 2 of Patt C, K4 to mrk, P to end.

Cont in patt until 12-row repeats of Patts C and D have been worked a total of 3 times.

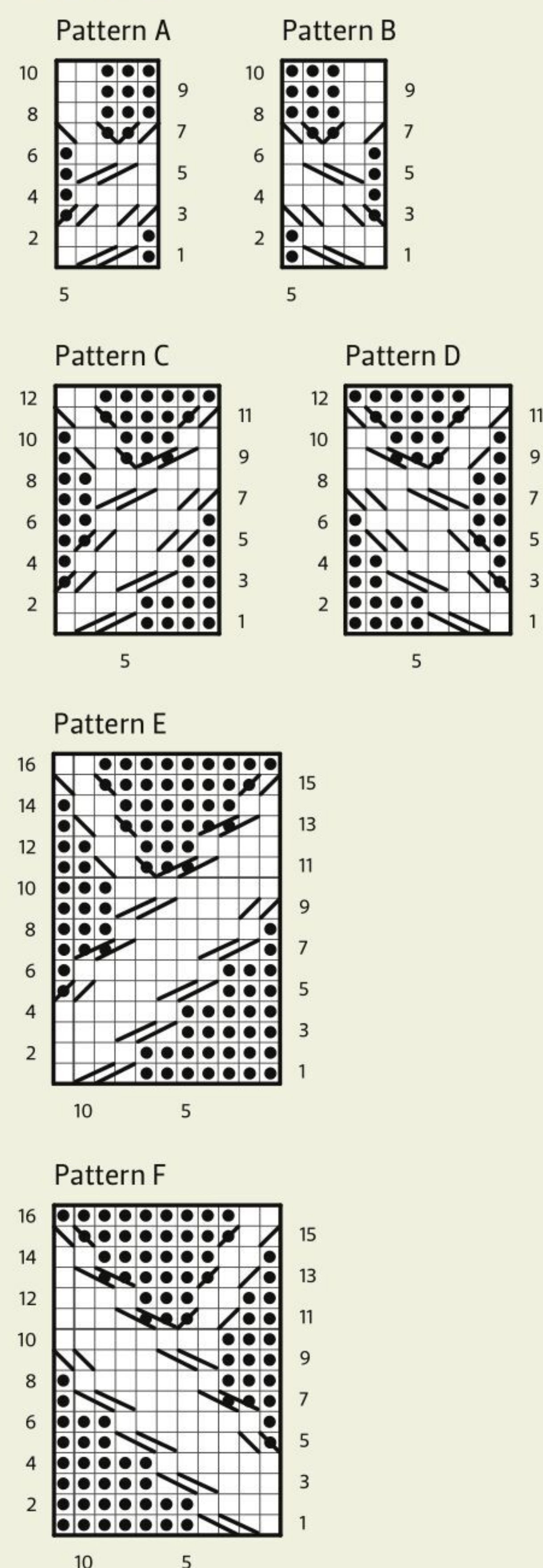
### THIRD LEAF PATTERN

**Row 1 (RS):** K to mrk, P1, work row 1 of Patt E, P1, (K2, P2) 2 (2:2:3:3:3:3:3:3:3) times, K2, P1, work row 1 of Patt F, P1 to mrk, K to end.

**Row 2 (WS):** P to mrk, K1, work row 2 of Patt F, K1, (P2, K2) 2 (2:2:3:3:3:3:3:3:3) times, P2, K1, work row 2 of Patt E, K1 to mrk, P to end.

Cont in patt until Row 16 of Patts E and F ►

## CHARTS



## KEY

|                    |        |
|--------------------|--------|
| □ K on RS; P on WS | ▤ T2B  |
| ● P on RS; K on WS | ▥ T2F  |
| ▧ C2B              | ▨ T3B  |
| ▩ C2F              | ▪ T3F  |
| ▫ C3B              | ▬ T3BP |
| ▭ C3F              | ▮ T3FP |

“ THIS DK YARN  
FROM BLACKER IS  
BEAUTIFULLY SOFT  
AND LUSTROUS ”



# Kew Gardens

have been worked, then cont in patt, repeating Rows 1-16 of charts, for patt throughout.

Work even in patt until Back meas 36cm from cast-on edge or desired length to underarm, ending after a WS row.

## SHAPE RAGLAN

Cast off 3 (5:5:5:7:7:9:9:11) sts at beg of next 2 rows.  
90 (94:102:106:110:110:114:122:122:126) sts.  
Work even in patt for 2 rows.

**Raglan dec row (RS):** K2, SSK, patt to last 4 sts, K2tog, K2. 2 sts dec'd.

Cont in patt, dec every foll 4th row 1 (1:1:0:0:0:0:0:0:0) time, then every foll RS row 19 (20:21:24:25:25:26:27:28:29) times.  
48 (50:56:56:58:58:60:66:64:66) sts.  
Work 1 WS row in patt.  
Cast off in patt.

## LEFT FRONT

Using 3.25mm needles, cast on 55 (59:59:63:63:67:71:71:75:79) sts.

**Row 1 (RS):** K2, (P2, K2) 13 (14:14:15:15:16:17:17:18:19) times, K1.

**Row 2 (WS):** Sl1, (P2, K2) 13 (14:14:15:15:16:17:17:18:19) times, P2.

**Rows 3-14:** Rep rows 1-2 another 6 times.

**Row 15:** K2, (P2, K2) 7 (8:8:9:9:10:11:11:12:13) times, pm, (P2, K2) 3 times, pm, (P2, K2) 3 times, K1.

**Row 16:** As row 2.

Change to 4mm needles.

## FIRST LEAF PATTERN

**Row 1 (RS):** K to mrk, P7, work row 1 of Patt A, (P2, K2) 3 times, K1.

**Row 2 (WS):** Sl1, (P2, K2) 3 times, work row 2 of Patt A, K7 to mrk, P to end.

These 2 rows set the pattern of st st, reverse st st, rib, and chart patterns.

Cont in patt as set until 10-row repeat of Patt A has been worked a total of 3 times.

## SECOND LEAF PATTERN

**Row 1 (RS):** K to mrk, P4, work row 1 of Patt C, (P2, K2) 3 times, K1.

**Row 2 (WS):** Sl1, (P2, K2) 3 times, work row 2 of Patt C, K4 to mrk, P to end.

Cont in patt until 12-row repeat of Patt C has been worked a total of 3 times.

## THIRD LEAF PATTERN

**Row 1 (RS):** K to mrk, P1, work row 1 of



Patt E, (P2, K2) 3 times, K1.

**Row 2 (WS):** Sl1, (P2, K2) 3 times, work row 2 of Patt E, K1 to mrk, P to end.

Cont in patt until Row 16 of Patt E has been worked, then cont in patt, repeating Rows 1-16 of chart, for patt throughout.

Work even in patt until piece meas same as Back to underarm, ending after a WS row.

## SHAPE RAGLAN AND FRONT NECK

Cast off 3 (5:5:5:7:7:9:9:11) sts at beg of next row.

52 (54:54:58:56:60:62:62:66:68) sts.  
Patt 3 rows.

**Raglan dec row:** K2, SSK, patt to end. 1 st dec'd.

Repeat Raglan dec row on the following 4th row 1 (1:1:0:2:0:0:1:0:0) times, then every RS row 8 (9:8:11:7:11:11:9:13:14) times.  
42 (43:44:46:46:48:50:51:52:53) sts.  
Patt 1 WS row.

Note: Read ahead; neck and raglan shaping occur AT THE SAME TIME.  
Remove remaining mrk when required.

## SHAPE NECK

**Next row (RS):** K2, SSK, patt to second mrk, remove mrk, turn and leave rem 13 sts of row on a holder.

28 (29:30:32:32:34:36:37:38:39) sts.

**Next row (WS):** Cast off 8 (9:9:9:10:10:11:11:10:11) sts, patt to end.

20 (20:21:23:22:24:25:26:28:28) sts.

**Raglan and neck dec row (RS):** K2, SSK, patt to last 4 sts, K2tog, K2. 2 sts dec'd.

**Neck dec row (WS):** P2, P2tog, patt to end. 1 st dec'd.

Rep last 2 rows 2 (2:3:3:3:3:3:4:4:4) times more.

11 (11:9:11:10:12:13:11:13:13) sts.

**Raglan dec row (RS):** K2, SSK, patt to end. 1 st dec'd.

Rep Raglan dec row every foll RS row 7 (7:5:7:6:8:9:7:9:9) times. 3 sts rem.  
Patt 1 WS row.

**Next row (RS):** K1, SSK. 2 sts rem.

**Next row (WS):** P2.  
Cast off.

## RIGHT FRONT

Using 3.25mm needles, cast on 55 (59:59:63:63:67:71:71:75:79) sts.

**Row 1 (RS):** Sl1, (K2, P2) 13 (14:14:15:15:16:17:17:18:19) times, K2.

**Row 2 (WS):** P2, (K2, P2) 13 (14:14:15:15:16:17:17:18:19) times, P1.

**Rows 3-14:** Rep rows 1-2 another 6 times.

**Row 15:** Sl1, (K2, P2) 3 times, pm, (K2, P2) 3 times, pm, (K2, P2) 7 (8:8:9:9:10:11:11:12:13) times, K2.

**Row 16:** As row 2.

Change to 4mm needles.

## FIRST LEAF PATTERN

**Row 1 (RS):** Sl1, (K2, P2) 3 times, work row 1 of Patt B, P7 to mrk, K to end.



**Row 2 (WS):** P to mrk, K7, work row 2 of Patt B, (K2, P2) 3 times, P1.  
These 2 rows set the pattern of st st, reverse st st, rib, and chart patterns.

Cont in patt as set until 10-row repeat of Patt B has been worked a total of 3 times.

## SECOND LEAF PATTERN

**Row 1 (RS):** Sl1, (K2, P2) 3 times, work row 1 of Patt D, P4 to mrk, K to end.

**Row 2 (WS):** P to mrk, K4, work row 2 of Patt D, (K2, P2) 3 times, P1.

Cont in patt until 12-row repeat of Patt D has been worked a total of 3 times.

## THIRD LEAF PATTERN

**Row 1 (RS, make buttonhole):** Sl1, K2, P1, K2tog, (yo) twice, SSK (buttonhole made), P1, K2, P2, work row 1 of Patt F, P1 to mrk, K to end.

**Row 2 (WS):** P to mrk, K1, work row 2 of Patt F, K2, P2, K2, (K1, P1) into double yo, K2, P3.

**Row 3:** Sl1, (K2, P2) 3 times, work row 3 of Patt F, P1 to mrk, K to end.

**Row 4:** P to mrk, K1, work row 4 of Patt F, (K2, P2) 3 times, P1.

Cont in patt until Row 16 of Patt F has been worked, then cont in patt, repeating Rows 1-16 of charts, for patt throughout; AT THE SAME TIME, work buttonhole as set in Row 1 of every repeat until neck shaping begins. Work even in patt as set until work meas same as Back to underarm, ending after a RS row.

## SHAPE RAGLAN

Note: Cont to work buttonholes as set.  
Cast off 3 (5:5:5:7:7:9:9:9:11) sts at beg of next row.  
52 (54:54:58:56:60:62:62:66:68) sts.

Patt 2 rows.

**Raglan dec row:** Patt to last 4 sts, K2tog, K2. 1 st dec'd.  
Repeat Raglan dec row on the following 4th row 1 (1:1:0:2:0:0:1:0:0) times, then every RS row 8 (9:8:11:7:11:11:9:13:14) times.  
42 (43:44:46:46:48:50:51:52:53) sts.

Note: Read ahead; neck and raglan shaping occur AT THE SAME TIME.  
Remove remaining mrk when required.

## SHAPE NECK

**Next row (WS):** Patt to second mrk, remove

mrk, turn and leave rem 13 sts of row on a holder.  
29 (30:31:33:33:35:37:38:39:40) sts.

**Next row (RS):** Cast off 8 (9:9:9:10:10:11:11:10:11) sts, patt to last 4 sts, K2tog, K2.  
20 (20:21:23:22:24:25:26:28:28) sts.

**Neck dec row (WS):** Patt to last 4 sts, P2tog tbl, P2. 1 st dec'd.

**Raglan and neck dec row (RS):** K2, SSK, patt to last 4 sts, K2tog, K2. 2 sts dec'd.  
Rep last 2 rows 2 (2:3:3:3:3:4:4:4) times more.  
11 (11:9:11:10:12:13:11:13:13) sts.

**Raglan dec row:** Patt to last 4 sts, K2tog, K2. 1 st dec'd.  
Rep Raglan dec row every foll RS row 7 (7:5:7:6:8:9:7:9:9) times. 3 sts rem.  
Patt 1 WS row.

**Next row (RS):** K2tog, K1. 2 sts rem.  
**Next row (WS):** P2.  
Cast off.

## SLEEVES

Using 3.25mm needles, cast on  
44 (44:44:44:52:52:52:52:60:60) sts.

**Row 1 (RS):** K1, (P2, K2) 10 (10:10:10:12:12:12:12:14:14) times, P2, K1.

**Row 2 (WS):** P1, (K2, P2) 10 (10:10:10:12:12:12:12:14:14) times, K2, P1.

**Rows 3-14:** Rep rows 1-2 another 6 times.

**Row 15:** Patt 14 (14:14:14:18:18:18:18:22:22), pm, patt to last 14 (14:14:14:18:18:18:18:22:22) sts, pm, patt to end.

**Row 16:** As row 2.

Change to 4mm needles.

## LEAF PATTERN

**Row 1 (RS):** K to mrk, P2, work row 1 of Patt A, P2, work row 1 of Patt B, P2, K to end.

**Row 2 (WS):** P to mrk, K2, work row 2 of Patt B, K2, work row 2 of Patt A, K2, P to end.

These 2 rows set the pattern of st st, reverse st st, and chart patterns.

Cont in patt as set for remainder of Sleeve.

Cont in patt, inc 1 st at each end of row 11, then every foll 10th (8th:6th:6th:8th:8th:6th:6th:8th:6th) row 4 (4:4:4:5:8:5:7:8:7) times, then every foll 12th (10th:8th:8th:10th:10th:8th:8th:10th:8th) row 3 (4:6:7:4:2:6:5:2:5) times, working inc sts into st st.  
60 (62:66:68:72:74:76:78:82:86) sts.

Cont in patt without shaping until work meas 42cm from cast-on edge or desired length to underarm, ending after a WS row.

## SHAPE RAGLAN

Cast off 3 (5:5:5:7:7:9:9:9:11) sts at beg of next 2 rows.  
54 (52:56:58:58:60:58:60:64:64) sts.  
Patt 2 rows.

Dec 1 st at each end of next row, then every foll 4th row 5 (6:5:7:6:7:8:7:8:8) times, then every RS row 12 (10:13:11:13:12:11:13:13:14) times.  
18 (18:18:20:18:20:18:18:20:18) sts.

Work 1 WS row in patt.  
Cast off in pattern.

## MAKING UP

Block work to measurements, following any yarn care instructions on the ball band.

Sew all raglan seams together.  
Sew side and sleeve seams.

## NECKBAND

With WS facing and using 3.25mm needles, work across 13 sts on right front stitch holder as follows: (K2, P2) twice, K2, P3.

Note: READ AHEAD; if required, work an additional buttonhole at the beginning of the next front band RS row.

Now with RS facing and starting at right front band, pick up and work sts as follows: Patt 13 sts, working buttonhole as required; pick up and knit 21 (22:19:26:26:25:27:32:32:32) sts up right front neck, 15 (15:15:16:15:16:15:15:16:15) sts from right sleeve top, 42 (44:50:50:52:52:54:60:58:60) sts from back neck, 15 (15:15:16:15:16:15:15:16:15) sts from left sleeve top, 21 (22:19:26:26:25:27:32:32:32) sts down left neck; over held left front neck sts work as follows: (P2, K2) 3 times, K1.  
140 (144:144:160:160:160:164:180:180:180) sts.

**Row 1 (WS):** Sl1, \*P2, K2; rep from \* to last 3 sts, P3.

**Row 2 (RS):** Sl1, \*K2, P2; rep from \* to last 3 sts, K3.

Rep last 2 rows another 6 times.  
Cast off in patt.

## FINISHING

Weave in all loose ends.  
Attach buttons to left front band to match buttonholes on right front band. ☹



# The Knitter loves...

...ideas, websites, patterns, events, inspiration and more!

## DUETS IN YARN

Combining two contrasting yarns in one project can produce delightfully interesting and unique fabrics, and the team at The Fibre Co. have been exploring yarn combinations with their 'Better Together' project.

The Fibre Co. has worked with three designers to produce garment patterns with matching accessories, which will be a great way to use up leftover yarns from the main project. Sylvia Watts-Cherry has designed a gender-neutral raglan cardigan with a stripe and slip stitch pattern, plus a matching hat, called 'Kehinde'. This combines the brushed suri alpaca-blend Cirro yarn with Luma, a mix of cotton, linen, wool and silk.

'Balnaan' by Emily K. Williams is a boxy pullover with a ribbed yoke, and a matching hat, which combine Cirro and Luma in a modern marled stripe pattern. 'Chanson' by Leah Prestamo is a drop-shoulder cardigan and cowl with lace details, which mixes Cirro with the wool-mohair Cumbria Fingering to produce a beautifully soft and tonal fabric.

Available as individual patterns or complete knitting kits from [www.thefibreco.com](http://www.thefibreco.com)



*British beauty* New from Blacker Yarns is Blue-faced Leicester 4ply, a lustrous, soft yarn in nine elegant shades £21; [www.blackeryarns.co.uk](http://www.blackeryarns.co.uk) 01566 777 635



**Uradale Yarns** has added three lovely shades to its Jumper Weight range - the spring-like Lichen yellow, along with two natural undyed marls, called Bark and Bismar. This organic, unbleached Shetland wool comes in 50g/173m balls costing £8. [www.uradale.com](http://www.uradale.com)

## CREATIVE COLOUR

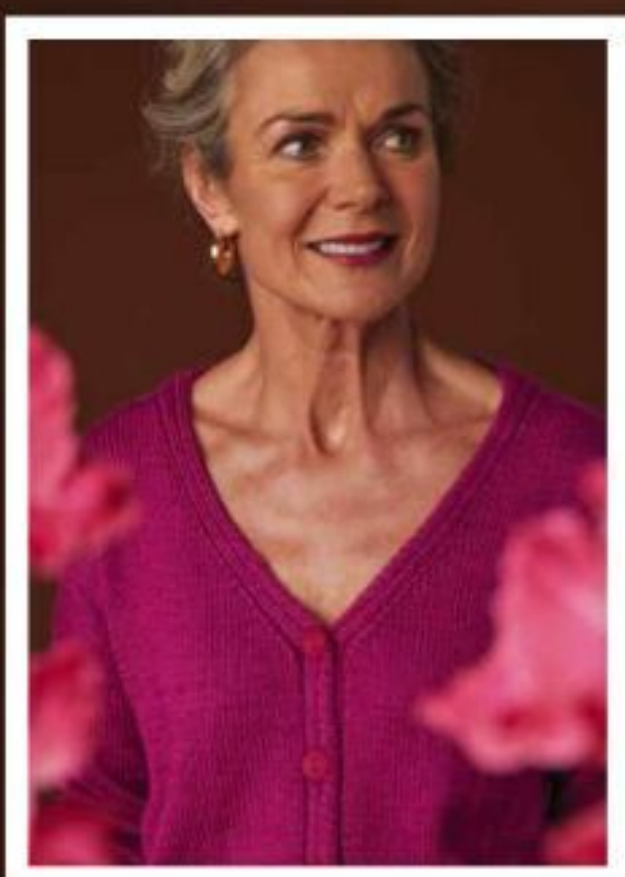
We love the range of stranded colourwork knitting kits available from Gathered Sheep Yarns, and top of our wishlist is this charming owl cushion, designed by Mona Zillah. Called '8 Accented Hoots', the kit includes six shades of Shetland wool, which are dyed to order by Sarah of Gathered Sheep Yarns, plus five toggle buttons - the pattern is sold separately on Ravelry. Other colourful kits include modern Fair Isle sweaters, beanies with animal and flower motifs, and a charming tea cosy decorated with hens, ducks and pigs.

[www.gatheredsheep yarns.com](http://www.gatheredsheep yarns.com)





KNITS FOR  
EVERYDAY  
LUXURY



## Mulberry Soft DK

by KC Collection

Mulberry Soft DK is an indulgent, sumptuous addition to the KC Collection, the luxury yarn range from King Cole. Blending mulberry silk with Peruvian superfine baby alpaca, it has an incredible softness, lustre and drape, and comes in a choice of opulent colours, including paprika, copper, olive and spruce.

Accompanying the yarn launch is a new pattern book which showcases the yarn's beauty, with six classic styles for women. There's a chic funnel-neck jumper which

can be knitted with short or long sleeves, and a neat raglan pullover with balloon sleeves for a modern touch. A simple button-up vest and cardigan look stunning in the jewel-like shades of Mulberry Soft, while a striped, collared cardigan and a striped rib scarf show off the palette to perfection.

The DK-weight yarn comes in 50g/100m skeins, with 70% alpaca and 30% silk.

**Yarn £15.79 per 50g; pattern book £13.25.**  
For stockists visit [www.kingcole.com](http://www.kingcole.com)



## NEW BOOKS

*Our pick of the best pattern collections and e-books*

### THE BLANKET BOOK

by Elizabeth Caush



Elizabeth Caush has been researching the therapeutic benefits of knitting, and for this book she has put together a range of simple blanket square patterns which will offer a mindful knitting experience for beginners and confident knitters alike. She also suggests ideas for setting up a knitting group and making charity blanket projects, as a way to build community links and aid wellbeing. **£15.99, [www.theblanketbook.co.uk](http://www.theblanketbook.co.uk)**

### ADVENTURE CABLES

by Meghan Jones



For passionate cable knitters looking to explore the full potential of crossed stitches, this book is a treat! Meghan Jones combines cables with lace, textures, and mosaic and stranded colourwork, to produce 19 stunning patterns for women's sweaters, socks, shawls, cowls and mittens. Detailed tutorials throughout will give you the skills and confidence you need to knit Meghan's fascinating designs.

**£22.95, Stackpole Books**

### BRIOCHE KNITTING FOR BEGINNERS AND BEYOND

by Lesley Anne Robinson



Aimed at brioche novices, this fantastic book will have you knitting spectacularly colourful and squishy

bricoche projects with confidence! This comprehensive guide clearly explains every step of the process, with expert tips and tricks to help you along the way. Plus, there are 16 beautiful patterns using one, two and even three colours to give stunning results.

**£16.99, Page Street Publishing**



## Magazine No. 71

by Rowan

Rowan tasked its designers with creating joyful patterns using uplifting colours for its latest seasonal pattern collection – and the results are sure to lift your spirits!

Playful colour combinations are at the fore, and vibrant designs include a buttoned vest with diamond-filled stripes by Kaffe Fassett, and a sweater with stranded colourwork hoop motifs using Cotton Cashmere, designed by Arne & Carlos. Vivid intarsia checks in 14 different shades decorate the neat 'Jolly' cardigan, and 'Landscape' is a long belted cardigan with a marled stripe pattern.

There are lots of lightweight, neutral-toned layering pieces to choose from, too, featuring delicate textures and stripes. We love Martin Storey's cabled cotton tank top, and Vibe Ulrik's elegant textured yoke sweater. Everyday essentials include a sleeveless cardigan and a loose-fitting V-neck linen top by Erika Knight, along with stripy T-shirts and lightweight cardigans. Summery shawls include a lacy stole, and a spectacular intarsia wrap design from Kaffe Fassett.

To order a copy for £13.50 or to find stockists, visit [www.knitrowan.com](http://www.knitrowan.com)



## KNITTING KITS *Lovely treats to keep you entertained*



**HOLLY BLUE HALF HAP**  
by Rita Taylor

Price £63.  
[www.blackeryarns.co.uk](http://www.blackeryarns.co.uk)  
01566 777 635



**ANEMONE SHAWL**  
by Dee Hardwicke

Price £105. [www.jarbon.com](http://www.jarbon.com) 01769 579861  
Pattern only: [www.ravelry.com/patterns/library/anemone-shawl-3](http://www.ravelry.com/patterns/library/anemone-shawl-3)



**DISKO**  
by Kit Couture

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# ASAGINU

NEW FOR SPRING-SUMMER 2022



Find a local shop: [knittingfever.com/stores/GB](https://knittingfever.com/stores/GB)  
or buy online at: [tribeyarns.com](https://tribeyarns.com)







## Get set for summer with Elements

West Yorkshire Spinners has added a brand-new yarn to its range, which combines wool with Tencel lyocell to offer a soft, light option for summer knitting projects.

Elements has a fantastic drape and a lustrous appearance, thanks to its blend of Falkland Islands wool and sustainable wood-sourced Tencel. The yarn itself is fully biodegradable, too. It knits up to a DK weight, and is available in 10 fresh, light shades inspired by the colours of summer.

Sarah Hatton and Chloé Elizabeth Birch have used Elements to design a collection of eight feminine patterns featuring textured stitches and stripes, called *Timeless Summer*. Yarn £3.95, pattern book £12.95. To order or find stockists, visit [www.wyspinners.com](http://www.wyspinners.com)



## Spring style Add floral-inspired colour to your wardrobe with Gudrun Sjödén's new range of tops and skirts

Discover the full collection at [www.gudrunsjoden.com/en-gb](http://www.gudrunsjoden.com/en-gb)

**Terrazzo** is an exciting new yarn from Scheepjes. It's spun from fully recycled fibres – 70% mulesing-free wool and 30% viscose – and it has a felted tweed appearance.

Terrazzo comes in 60 shades. Also new for spring is *YARN 13 – Wadden*, a bookazine with 17 coastal-inspired patterns.

Find stockists at [www.scheepjes.com](http://www.scheepjes.com)



## NATURAL WONDERS

Discover the art of natural dyeing with Karen Morgan of FelinFach. Karen will be hosting a range of workshops at her dye studio in rural Pembrokeshire, where participants will learn how to work with botanical dyes to create spectacular colours. Courses include a focus on protein fibres (wool, yak, alpaca), and cellulose fibres (cotton, hemp, linen). The classes are suitable for complete beginners, giving them the foundation blocks to embark on their own hand-dyeing adventures. More intensive two-day courses are also available. Participants will take away a variety of mini skeins in a range of natural colours, plus a dye reference record notebook.

[www.felinfach.com](http://www.felinfach.com)



## YOUR TWEETS!

*We asked... What great yarns have you discovered or been using recently?*



**"I love West Yorkshire Spinners for socks and also love Rowan Felted Tweed."**

Sandra Regan@sandy3r

**"Two yarns I recently tried and loved: Holst Supersoft and Rowan Felted Tweed. Both worth the hype!"**

Katherine Higgins@kaki Higgins

**"My favorite poncho is made out of Felted Tweed. The more you wear it the softer it gets. It's my go-to cover up."**

Sherry Palmer@sherrybird50

**"Recent: Midwinter Yarns Black & Blue. All-time favourite: difficult, but currently Stolen Stitches Nua Sportweight."**

Jane R@ldknitter

**"West Yorkshire Spinners Colour Lab. I'm not a DK knitter normally so had to find a wool yarn and this is fab. My go-to yarns are Drops and Stylecraft with a bit of King Cole merino"**

Covenants@AnneCovenants

**"Marriners pure wool aran weight in the natural colour."**

suzanna barnes@Knittingqueenuk

**"Love Aran wool!"**

Nuala Hayden@NualaHayden

**"That's a difficult one as I tend to like the yarn I'm knitting with and think it is fab and then I think the same about the next yarn and so on... At mo it is Drops Air...and it is as light as air to knit with."**

woolly cwtches@WCwtches

**"My own handspun, made from Scottish/UK sourced wools."**

Snàth Handspun Yarns@IslandHandspun

**"The last one I found that I thought was worth buying was Kate Davies Designs Milarrochy Tweed"**

Freyalyn@Freyalyn

## GET IN TOUCH

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Unless otherwise specified, we will assume that you are happy for us to publish your emails and photographs. We reserve the right to edit all letters submitted.





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## Win a special sock knitting bundle!

If you love to knit socks, then we have a great competition for you to enter! Our prize pile includes two Scandinavian-inspired books: *Socks From Norway* by Nina Granlund Sæther, and *Knit Like A Latvian: Socks* by Ieva Ozolina.

Plus, we've put together a selection of sock yarns for you to use, including West Yorkshire Spinners Signature 4ply, Fruitful Fusion

Superwash Merino Nylon 4ply, Debbie Bliss Rialto Luxury Sock, Novita Nalle, Opal Beauty Sock Yarn with Edelweiss, and Rico Superba Alpaca Luxury Socks.

Enter our giveaway online at:  
[www.gathered.how/competitions/the-knitter-competitions/](http://www.gathered.how/competitions/the-knitter-competitions/)

OPEN TO UK ENTRANTS ONLY. CLOSING DATE IS 11PM ON 11 MAY 2022.  
FOR T&C VISIT [WWW.GATHERED.HOW/COMPETITION-TERMS-AND-CONDITIONS](http://WWW.GATHERED.HOW/COMPETITION-TERMS-AND-CONDITIONS)



## SEASIDE SPECIAL

Head to the beautiful North Norfolk town of Wells-next-the-Sea this June for a spot of knitting fun! Camilla of Knitting Needle Lane has organised the Seaside Crafting Retreat, which will include a Norfolk yarn crawl, a pub knit & natter session, a mini workshop, beach walks, and the opportunity to explore Wells-next-the-Sea. There will also be the chance to browse yarns from Knitting Needle Lane and Under The Olive Tree Knits. Day tickets are still available, so you can join in the yarny fun and enjoy the sea air!

[www.knittingneedlelane.co.uk](http://www.knittingneedlelane.co.uk)

## VIP SUBSCRIBERS!

Every month, three subscribers win a prize as a thank you for their loyalty to *The Knitter*. This month, the winners (below) will each receive a copy of this gorgeous pattern book, *Knitted Animal Friends*, by Louise Crowther. Create toys for your little loved ones including coordinated outfits. Happy knitting!



### WINNERS THIS ISSUE!

**L Crinson** Durham

**J White** Leicester

**K Hornsby** Edinburgh

Immediate Media Company, publishers of *The Knitter* Subs Stars giveaway Terms and Conditions: Prizes were dispatched before the on sale date of this issue. There are no cash alternatives. Three winning entries will be chosen at random from all current subscribers. The draw is final and no correspondence will be entered into.

## DIARY DATES

*Events and workshops to inspire your knitting*

**23-24 April** Builth Wells  
**Wonderwool Wales**  
[www.wonderwoolwales.co.uk](http://www.wonderwoolwales.co.uk)  
01938 820 495

**24 April** London  
**Learn to Knit Continental**  
[www.wildandwoollyshop.co.uk](http://www.wildandwoollyshop.co.uk)  
020 8985 5231

**30 April** Exeter  
**Advanced Finishing Techniques**  
[www.woolontheex.com](http://www.woolontheex.com)  
01392 669015

**5 May** Warrington  
**Learn to Hand Dye**  
[www.blacksheepwools.com](http://www.blacksheepwools.com)  
01925 764231

**6 May** Elsing, Norfolk  
**Introduction to Natural Dyes**  
[www.fibreworkshop.co.uk](http://www.fibreworkshop.co.uk)

**7-8 May** Buxton  
**Buxton Wool Gathering**  
[www.buxtonwool.co.uk](http://www.buxtonwool.co.uk)

**12-16 May** Llanelli  
**Welsh Knitting Retreat with Sasha Kagan**  
[www.arenatravel.com](http://www.arenatravel.com)  
0333 363 8100

**14-15 May** Penkridge, Staffs  
**Wool@J13**  
[www.wool-j13.uk](http://www.wool-j13.uk) 01785 330757

**21 May** Weedon Bec, Northants  
**RiverKnits Open Day**  
[www.riverknits.uk](http://www.riverknits.uk)

**23-26 May** West Dean, Chichester  
**Designing from Nature for Hand Knitting with Sasha Kagan**  
[www.westdean.org.uk](http://www.westdean.org.uk)

**24-26 May** Shipston-on-Stour  
**Shipston Wool Fair**  
[www.shipstonwoolfair.co.uk](http://www.shipstonwoolfair.co.uk)

**28 May** York  
**Yorkshire Yarn Fest**  
[www.yorkshireyarnfest.com](http://www.yorkshireyarnfest.com)

**28-29 May** Hitchin  
**Festiwool**  
[www.hertsshow.com](http://www.hertsshow.com)

**10-12 June** Darlington  
**Darlington Wool Fair**  
[www.enjoydarlington.co.uk/whats-on/](http://www.enjoydarlington.co.uk/whats-on/)

**Tell us about your event!**  
[theknitter@immediate.co.uk](mailto:theknitter@immediate.co.uk)





# THE FIBRE CO.

EST. 2003

*Mullein*

BY AMANDA JONES

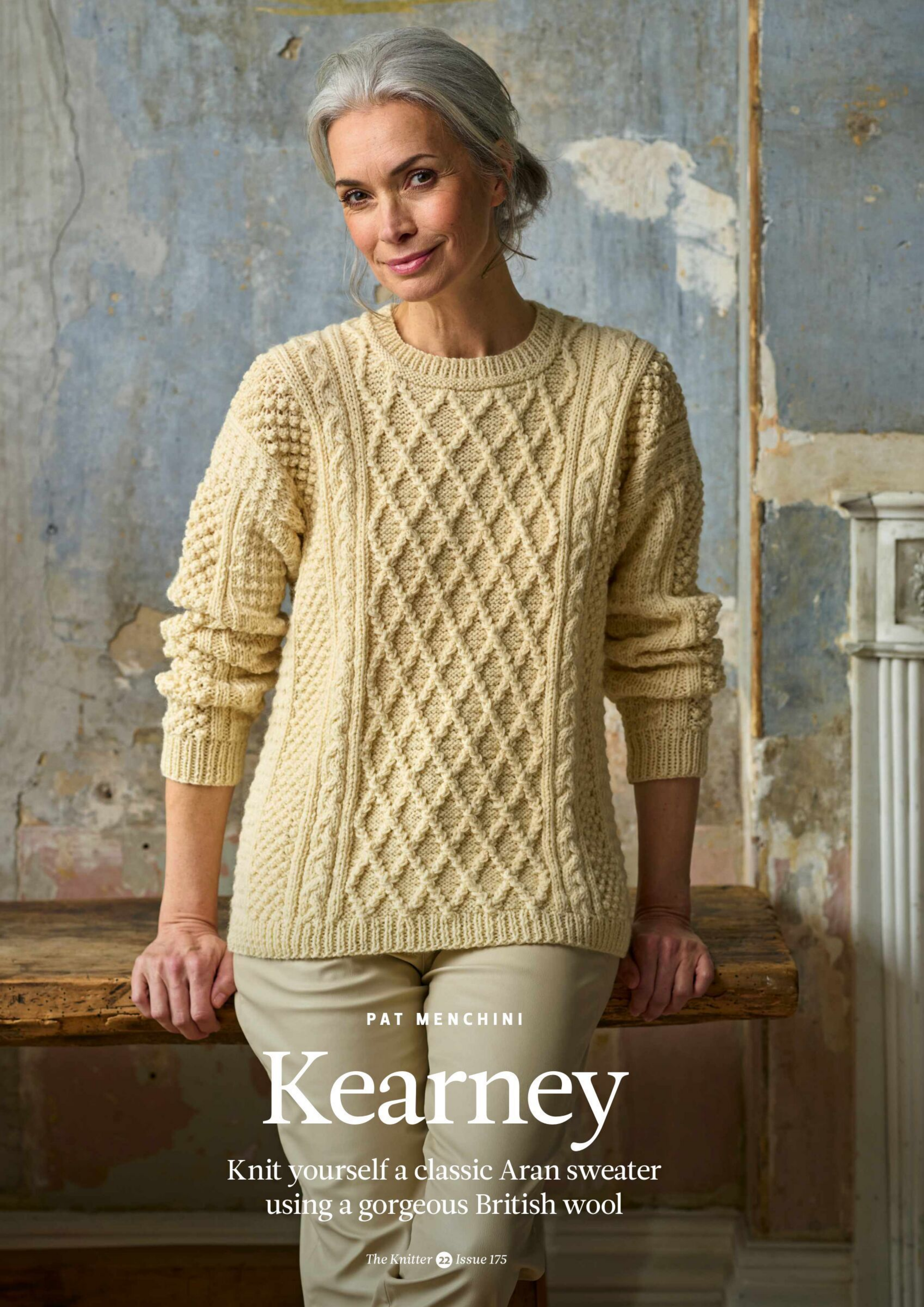
## THE ALMANAC SERIES

*a seasonal guide to knitting with The Fibre Co. yarns*

April - Yarn of the Month - Canopy Fingering

[www.TheFibreCo.com/almanac](http://www.TheFibreCo.com/almanac)





PAT MENCHINI

# Kearney

Knit yourself a classic Aran sweater  
using a gorgeous British wool



Kearney



The sweater  
combines cables  
and textured  
stitch patterns





PAT MENCHINI  
**Kearney**

**THIS TIMELESS**, Aran-inspired design by Pat Menchini combines diamond cables, a trellis pattern and Trinity Stitch to produce a highly textured and appealing fabric. The body is knitted flat from the bottom up, while the sleeves are worked top-down. For her sweater, Pat has used Sheepsoft Aran, a pure British wool which is available in five undyed fleece shades.

**STITCH PATTERNS**

**LEFT CABLE PANEL**

(worked over 14 sts)

**Row 1 (RS):** K2, P2, C4F, K2, P2, K2.

**Row 2 and every foll WS row:** P2, K2, P6, K2, P2.

**Row 3:** K2, P2, K6, P2, K2.

**Row 5:** K2, P2, K2, C4B, P2, K2.

**Row 7:** K2, P2, K6, P2, K2.

**Row 8:** P2, K2, P6, K2, P2.

**Rows 9-16:** As rows 1-8.

These 16 rows form Left Cable Panel.

**RIGHT CABLE PANEL**

(worked over 14 sts)

**Row 1 (RS):** K2, P2, K2, C4B, P2, K2.

**Row 2 and every foll WS row:** P2, K2, P6, K2, P2.

**Row 3:** K2, P2, K6, P2, K2.

**Row 5:** K2, P2, C4F, K2, P2, K2.

**Row 7:** K2, P2, K6, P2, K2.

**Row 8:** P2, K2, P6, K2, P2.

**SIZE**

|               | S     | M     | L       | 1XL     | 2XL     |    |
|---------------|-------|-------|---------|---------|---------|----|
| TO FIT BUST   | 81-86 | 91-97 | 102-107 | 112-117 | 122-127 | cm |
|               | 32-34 | 36-38 | 40-42   | 44-46   | 48-50   | in |
| ACTUAL BUST   | 95    | 104   | 113     | 126     | 135     | cm |
|               | 37½   | 41    | 44½     | 49½     | 53¼     | in |
| ACTUAL LENGTH | 58    | 60    | 60      | 61      | 62      | cm |
|               | 23    | 23½   | 23½     | 24      | 24½     | in |
| SLEEVE SEAM   | 46    | 46    | 47      | 47      | 47      | cm |
|               | 18    | 18    | 18½     | 18½     | 18½     | in |

**YARN**

**By Laxtons** Sheepsoft Aran (Aran weight; 100% wool; 175m/191yds per 100g skein)

| AIREDALE | 7 | 7 | 8 | 8 | 9 | x100g SKEINS |
|----------|---|---|---|---|---|--------------|
|----------|---|---|---|---|---|--------------|

**NEEDLES & ACCESSORIES**

1 pair 3.75mm (UK 9/US 5) knitting needles  
1 pair 4mm (UK 8/US 6) knitting needles  
1 pair 5mm (UK 6/US 8) knitting needles  
Cable needle (cn)  
2 stitch holders

**TENSION**

20 sts and 24 rows to 10cm over Trinity Stitch using 5mm needles.  
18 sts and 24 rows to 10cm over st st using 5mm needles.  
Trellis Panel (52 sts) meas approx. 18cm wide using 5mm needles.  
Cable Panel (14 sts) meas approx. 5cm wide using 5mm needles.

**SLEEVES**

Using 5mm needles, cast on 68 (74:80:86:92) sts loosely.

**SET PATTERN**

**Row 1 (RS):** K21 (24:27:30:33), P2, K2, work row 1 of Trinity Stitch Patt for 18 sts, K2, P2, K21 (24:27:30:33).

**Row 2:** P21 (24:27:30:33), K2, P2, work row 2 of Trinity Stitch Patt for 18 sts, P2, K2, P21 (24:27:30:33).

**Row 3:** As row 1.

**Row 4:** P1 (2:1:2:1), (K1, P1) 10 (11:13:14:16) times, K2, P2, work row 4 of Trinity Stitch Patt for 18 sts, P2, K2, (P1, K1) 10 (11:13:14:16) times, P1 (2:1:2:1).

These 4 rows set patt.

Work 4 more rows in patt.

Cont in patt, shaping sleeve as follows:

**Next row (dec row):** K1, K2tog tbl, patt to last 3 sts, K2tog, K1. 2 sts dec'd.

Cont working dec row on every foll 8th (8th:6th:6th:6th) row until 54 (66:68:62:74) sts rem, then on every foll 6th (6th:6th:4th:4th) row until 44 (48:50:54:58) sts rem.

Work straight until Sleeve measures 41 (41:42:42:42) cm from beginning, ending after a WS row.

Change to 4mm needles.

**Rows 9-16:** As rows 1-8.

These 16 rows form Right Cable Panel.

**TRELLIS PANEL**

(worked over 52 sts)

**Row 1 (RS):** P4, (Tw4F, P6) 4 times, Tw4F, P4.

**Row 2:** K4, (P4, K6) 4 times, P4, K4.

**Row 3:** P3, (T3B, T3F, P4) 4 times, T3B, T3F, P3.

**Row 4:** K3, (P2, K2, P2, K4) 4 times, P2, K2, P2, K3.

**Row 5:** P2, (T3B, P2, T3F, P2) 5 times.

**Row 6 and every foll WS row:** Work across 52 sts as now set, knitting all knit sts and purling all twist sts as they present.

**Row 7:** P1, (T3B, P4, T3F) 5 times, P1.

**Row 9:** P1, TW2, (P6, Tw4F) 4 times, P6, TW2, P1.

**Row 11:** P1, (T3F, P4, T3B) 5 times, P1.

**Row 13:** P2, (T3F, P2, T3B, P2) 5 times.

**Row 15:** P3, (T3F, T3B, P4) 4 times, T3F, T3B, P3.

**Row 16:** K4, (P4, K6) 4 times, P4, K4.

These 16 rows form Trellis Panel.

**TRINITY STITCH PATTERN**

(multiple of 4, plus 2 sts)

**Row 1:** Purl.

**Row 2:** K1, \*M3, P3tog; rep from \* to last st, K1.

**Row 3:** Purl

**Row 4:** K1, \*P3tog, M3; rep from \* to last st, K1.



## SPECIAL ABBREVIATIONS

**M3:** (K1, P1, K1) all into front of next st, thus making 3 sts out of 1 st.

**TW2:** Slip next st kwise, K1, pass slipped st over st just knitted and K into back of it.

**Tw4F:** Slip next 2 sts on cn and hold at front of work, TW2; TW2 across cn sts.

**T3B:** Slip next st on cn and hold at back of work, TW2; P1 from cn.

**T3F:** Slip next 2 sts on cn and hold at front of work, P1; TW2 across cn sts.

**C4F:** Slip next 2 sts on cn and hold at front of work, K2; K2 from cn.

**C4B:** Slip next 2 sts on cn and hold at back of work, K2; K2 from cn.

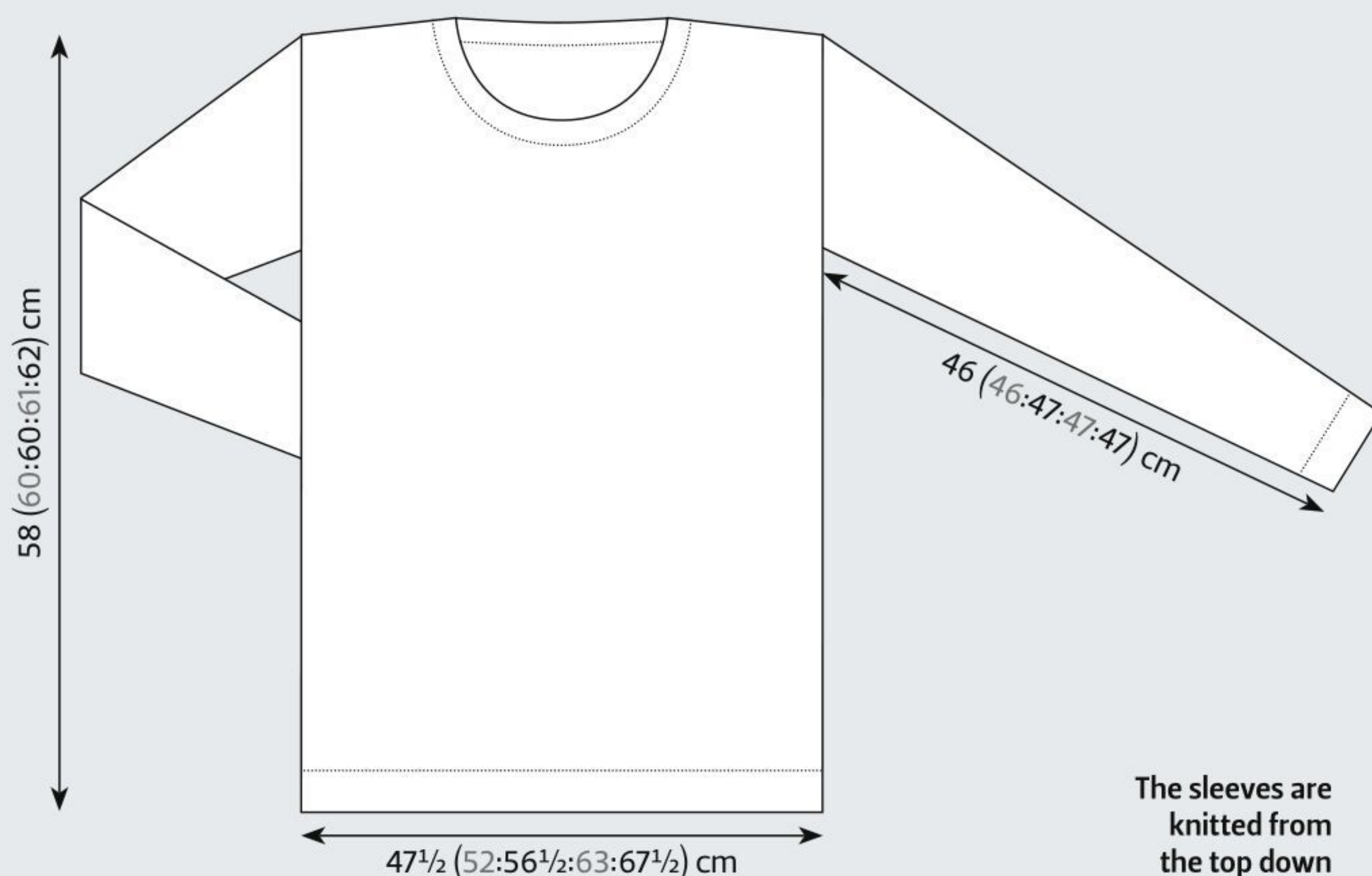
For general abbreviations, see p89

## YARN STOCKISTS

By Laxtons 01943 877123

www.bylaxtons.co.uk

## BLOCKING DIAGRAM



**Next row (RS):** K1 (1:0:2:2), [K2tog, K12 (7:8:5:4)] 3 (5:5:7:9) times, K1 (2:0:3:2). 41 (43:45:47:49) sts.

**Row 1 (WS):** K1, (P1, K1) to end.

**Row 2:** K2, (P1, K1) to last st, K1.

Rep these 2 rib rows until cuff meas 5cm, or desired length.

Cast off loosely and evenly in rib.

## BACK

Using 4mm needles, cast on

93 (101:111:119:129) sts evenly.

Work 9 rows in rib as on Sleeve cuffs.

**Next row (WS):** P7 (11:7:3:12), \*M1pw, P3 (3:4:4:4); rep from \* to last 8 (12:8:4:13) sts, M1pw, P to end. 120 (128:136:148:156) sts.

Change to 5mm needles.

## SET PATTERN

**Row 1 (RS):** K6 (10:14:20:24), work row 1 of Trinity Stitch Patt for 14 sts, work 14 sts from row 1 of Left Cable Panel, work 52 sts from row 1 of Trellis Panel, work 14 sts from row 1 of Right Cable Panel, work row 1 of Trinity Stitch Patt for 14 sts, K6 (10:14:20:24).

**Row 2:** P6 (10:14:20:24), work row 2 of Trinity Stitch Patt for 14 sts, work 14 sts from row 2 of Right Cable Panel, work 52 sts from row 2 of Trellis Panel, work 14 sts from row 2 of Left Cable Panel, work row 2 of





# Kearney

Trinity Stitch Patt for 14 sts , P6 (10:14:20:24).

**Row 3:** (K1, P1) 2 (4:6:9:11) times, K2, work row 3 of Trinity Stitch Patt for 14 sts, work 14 sts from row 3 of Left Cable Panel, work 52 sts from row 3 of Trellis Panel, work 14 sts from row 3 of Right Cable Panel, work row 3 of Trinity Stitch Patt for 14 sts, K2, (P1, K1) 2 (4:6:9:11) times.

**Row 4:** P6 (10:14:20:24), work row 4 of Trinity Stitch Patt for 14 sts, work 14 sts from row 4 of Right Cable Panel, work 52 sts from row 4 of Trellis Panel, work 14 sts from row 4 of Left Cable Panel, work row 4 of Trinity Stitch Patt for 14 sts, P6 (10:14:20:22).

Cont in patt as set, repeating rows 1–4 of Trinity Stitch Patt, and rows 1–16 of Left and Right Cable Panels and Trellis Panel throughout.

Cont in patt until work measures 58 (60:60:61:62) cm from cast-on edge, ending after a WS row.

## SHAPE SHOULDERS

Cast off 10 (11:12:13:14) sts loosely at beg of next 6 rows, then 12 (12:12:13:13) sts at beg of next 2 rows.

Slip rem 36 (38:40:44:46) sts onto a stitch holder for Neckband.

## FRONT

Work as for Back until Front measures 14 (16:18:18:20) rows fewer than Back up to start of shoulder shaping, ending after a WS row.

## SHAPE NECK

**Next row (RS):** Patt 46 (49:52:56:59), turn. Cont on this set of sts for left half of neck. Dec 1 st neatly at neck edge on next 4 rows. 42 (45:48:52:55) sts. Work 9 (11:13:13:15) rows straight, thus ending at side edge.

## SHAPE SHOULDER

Cast off 10 (11:12:13:14) sts at beg of next row and 2 foll alt rows. 12 (12:12:13:13) sts. Work 1 row straight. Cast off rem 12 (12:12:13:13) sts.

With RS facing, slip next 28 (30:32:36:38) sts (centre sts) onto a stitch holder for Neckband. Neatly rejoin yarn at neck edge to rem sts and patt to end of row. 46 (49:52:56:59) sts.

Trinity Stitch complements the cable panels

Complete as left half of neck but working 1 row more than stated before shaping shoulder.

## MAKING UP

Join left shoulder.

## NECKBAND

Using 4mm needles and with RS facing, starting at right back neck, knit 1 (3:0:4:1), [K2tog, K5 (5:6:6:7)] 5 times, across sts from Back holder, pick up and knit 16 (18:19:20:21) sts evenly down left side neck, K1 (0:2:0:2), [K2tog, K7 (8:8:10:10)] 3 times across sts from Front holder, finally pick up and knit 17 (19:20:21:22) sts evenly up right side of neck. 89 (97:103:113:119) sts.

**Row 1 (WS):** K1, P to last st, K1.

**Rows 2–4:** Beg with a purl (RS) row, work 3 rows in rev st st.

**Row 5:** As row 1.

Beg with a row 2 for RS, work 3 rows in rib as on Sleeve.


Change to 3.75mm needles. Work 2 more rows in rib as set. Cast off loosely in rib.

## FINISHING

Join right shoulder and neckband seam. Omitting ribbing, press work lightly on WS, following any yarn care instructions on the ball band.

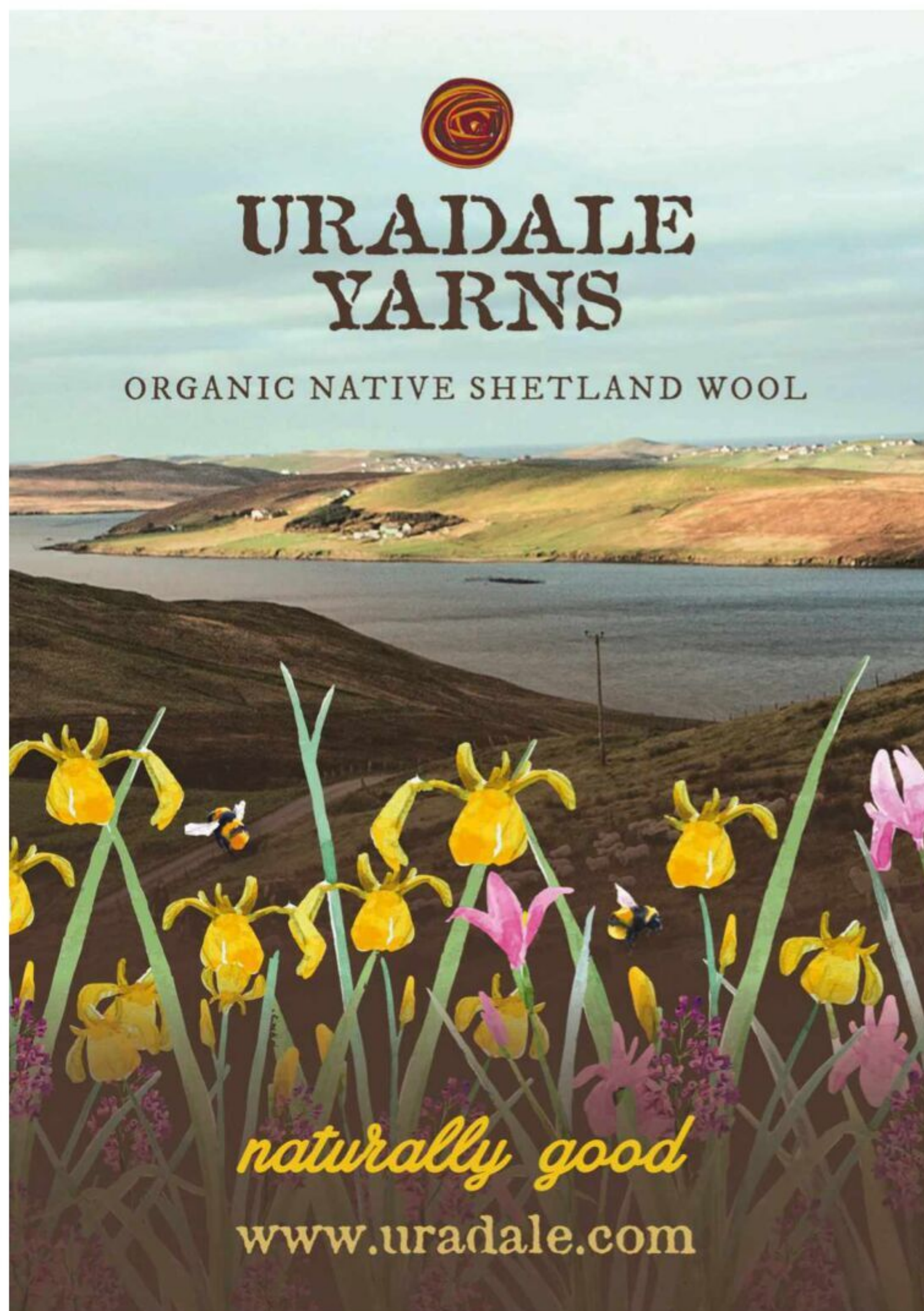
Place markers 18½ (20:21½:23½:25) cm down from shoulder seam on front and back. Stitch cast-on edge of sleeves to upper side edges of back and fronts between markers, ensuring centre of sleeve matches shoulder seam. Join side and sleeve seams. Press seams. ☹



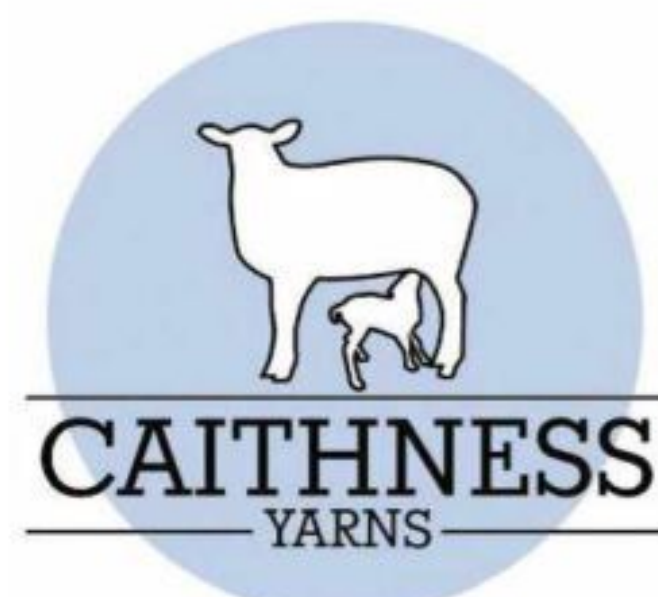


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# The Yarn Dispensary

*A Local Yarn Store with a Warm Welcome*



## Welcome to The Yarn Dispensary! A Local Yarn Store with a warm welcome.

Nestled in the heart of a medieval market town, near beautiful coastlines and Canterbury city, you'll find The Yarn Dispensary. Originally Britain's oldest pharmacy, this grade II\*-listed building is now home to our award-winning, family-run, local yarn store just an hour's train ride from exciting London.

## A Tour of the Shop...

Step through the doors and let us welcome you into a fibre artist's haven: bursting with history and packed-to-the-beams with yarns, notions, kits, accessories and more.

In the centre, hand-dyed yarns hang alongside well-loved commercial brands and our exclusive single-flock yarns. On your left, cubby holes brimming with colourful yarns entice and inspire you. To the right, the original dispensary shelves now display luxury gift sets and kits. There's something for every taste and budget.

Wander through into the second room and you'll find an array of other fibre crafts, including punch-needle and macrame. There's a cosy corner for you to curl up and browse through books and patterns to find inspiration for your next project, with lots of natural light.

## Passionate about Supporting Local

The Yarn Dispensary has a unique community feel, from our free weekly sit and stitch nights, to the stock from local artisans, to the highlight of our year: Lambing Live with our local flocks!

## We're Here for You

Here at TYD we support your creative journey from start to finish, beginner to expert. No question is too small, no problem too big. Drop in for some project planning support, or choose from our range of classes and workshops, including from Masters in Residence Mina Phillipp (Knitting Expat) and Anna Nikirowicz (author of best-selling crocheted-wreaths for the home). We welcome everyone from children to Obviously Amazing People.

Find the hustle and bustle of shops overwhelming? We've got you covered with our Quiet Days every Thursday: no music, no hubbub, just you and the yarn and a bit of peace, while one of our team waits quietly in case you need them.

## We can't wait to meet you

The last two years have been tough for everyone and we've missed you! We're delighted to be able to throw open our doors fully this summer, so why not pop down to see us? We can't wait to meet you.



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JANE BURNS

# Fowey

A cable and lace pattern produces a richly textured fabric on these socks





**WIDE HORSESHOE** cables bordered by columns of eyelets extend all the way from the cast-on edge to the toe of this top-down sock design from Jane Burns. The cable and lace panels also extend down the back leg, to the top of the slipped stitch heel flap. Jane's socks are knitted in Highland Superwash Sock Twist yarn from Cloudborn Fibers, which also comes in a choice of sophisticated blues and neutral shades.

SOCKS

Using 2.5mm needles and the long-tail method, cast on 64 (68:72:76) sts. Pm and join to work in the round, taking care not to twist sts.

**Next round:** Knit.



SIZE

|                                 | S   | M   | L   | XL  |    |
|---------------------------------|-----|-----|-----|-----|----|
| TO FIT FOOT CIRCUMFERENCE       | 21½ | 22½ | 24  | 25  | cm |
|                                 | 8½  | 9   | 9½  | 10  | in |
| ACTUAL FOOT CIRCUMFERENCE       | 20  | 21½ | 22½ | 24  | cm |
|                                 | 8   | 8½  | 9   | 9½  | in |
| LENGTH (CUFF TO BOTTOM OF HEEL) | 17  | 17½ | 18  | 18½ | cm |
|                                 | 6¾  | 7   | 7¼  | 7½  | in |

YARN

|  |   |   |   |   |             |
|--|---|---|---|---|-------------|
| <b>Cloudborn Fibers</b> Highland Superwash Sock Twist (4ply weight; 80% superwash Highland wool, 20% polyamide; 163m/178yds per 50g skein) |   |   |   |   |             |
| MAIZE HEATHER (11-103)   | 2 | 2 | 3 | 3 | x50g SKEINS |

NEEDLES & ACCESSORIES

1 set 2.5mm (UK 12-13 /US 1.5) double-pointed needles (DPNs) or 2.5mm circular needles, 60-80cm long, for Magic Loop  
Cable needle (cn)  
Stitch markers

TENSION

32 stitches and 44 rows to 10cm over main patt using 2.5mm needles

YARN STOCKISTS

**Cloudborn Fibers**  
c/o Love Crafts  
www.lovecrafts.com

SET LEG CHART

**Round 1:** (Work Row 1 of Leg Chart for your size) twice.  
Cont as set to complete Leg Chart a total of 3 times.

HEEL FLAP

The heel flap is worked over the next 32 (34:36:38) sts. Leave rem sts on hold for instep.

**Row 1 (RS):** \*Sl1 pwise, K1; rep from \* to end.

**Row 2 (WS):** Sl1 pwise, purl to end.  
Rep these 2 rows until you have worked 32 (32:34:34) rows in total for Heel Flap.

HEEL TURN

**Row 1 (RS):** K17 (18:19:20), SSK, K1, turn.  
**Row 2 (WS):** Sl1, P3, P2tog, P1, turn.  
**Row 3:** Sl1, K4, SSK, K1, turn.  
**Row 4:** Sl1, purl to 1 st before gap, P2tog, P1, turn.  
**Row 5:** Sl1, knit to 1 st before gap, SSK, K1, turn.  
Cont as set until you have worked all the heel sts, ending after a WS row and noting that depending on your size you may not need to work the final K1/P1 on the final 2 rows.  
18 (18:20:20) heel sts.

GUSSET

With RS facing, K9 (9:10:10) heel sts, pm for new beg of round, K9 (9:10:10), pick up and knit 16 (16:17:17) sts down side of heel flap, pick up and knit 1 st at corner of heel flap from row below to prevent a hole, pm, work Row 1 of Foot Chart for your size

across 32 (34:36:38) instep sts, pm, pick up and knit 1 st at corner of heel flap from row below to prevent a hole, pick up and knit 16 (16:17:17) sts up side of heel flap, K9 (9:10:10) to end of round.  
84 (86:92:94) sts.

SHAPE GUSSET

**Round 1:** Knit to 3 sts before mrk, K2tog, K1, slm, patt across instep sts from Foot Chart, slm, K1, SSK, knit to end. 2 sts dec'd.  
**Round 2:** Knit to mrk, slm, patt across instep sts from Foot Chart, slm, knit to end. Rep rounds 1-2 until 64 (68:72:76) sts remain.

FOOT

Cont in patt as set without shaping until foot meas 4 (4½:5:5½) cm less than desired foot length.  
**Partial round:** Remove mrk, knit to mrk. This is new beg of round mrk.

TOE

**Round 1:** (K1, SSK, knit to 3 sts before mrk, K2tog, K1, slm) twice. 4 sts dec'd.  
**Round 2:** Knit to end, slipping mrks. Rep rounds 1-2 until 44 sts remain, then rep only round 1 until 20 sts remain.

FINISHING

Slip 10 instep sts onto one needle and 10 heel/sole sts onto a second needle. Cut yarn, leaving a long tail. Graft stitches together using Kitchener stitch. Weave in ends and block gently to measurements, following any yarn care instructions on the ball band. ☺



SPECIAL ABBREVIATIONS

**C6B:** Slip 3 sts onto cn and hold to back, K3, then K3 from cn.

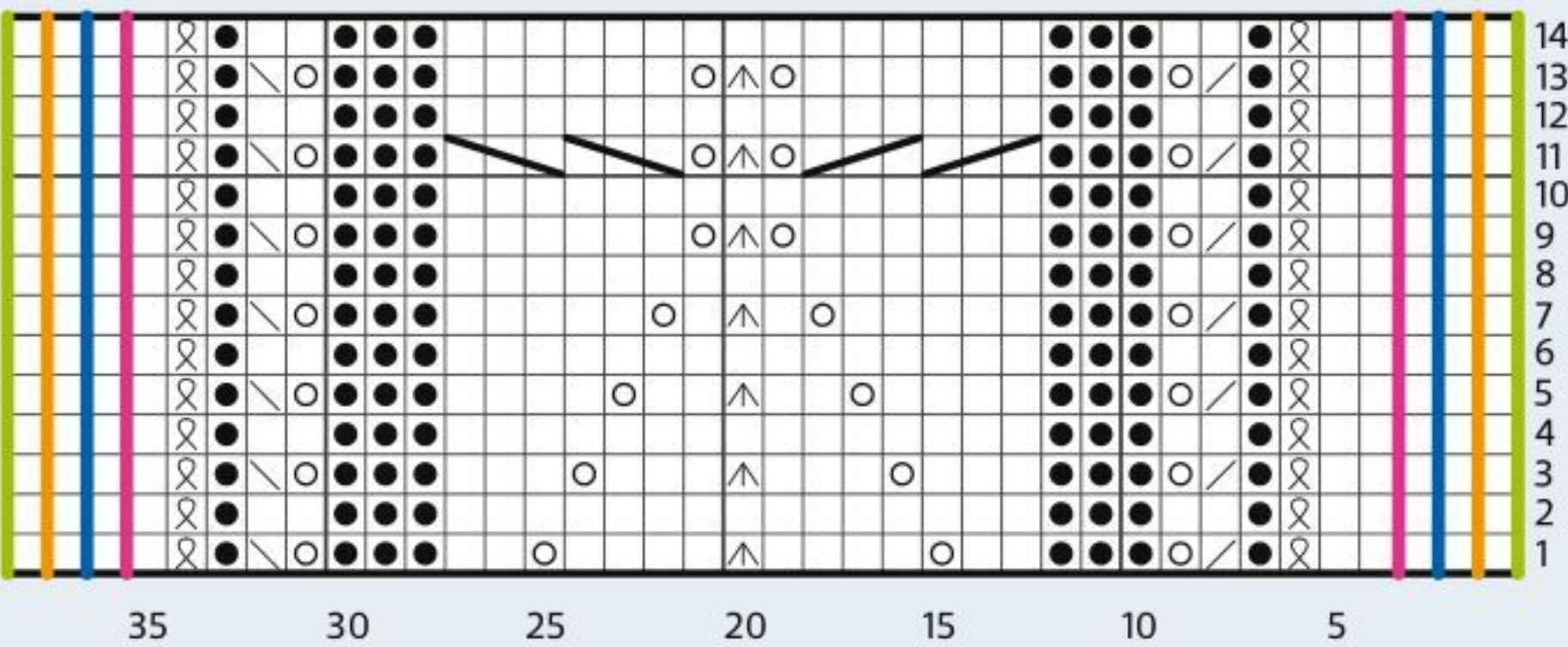
**C6F:** Slip 3 sts onto cn and hold to front, K3, then K3 from cn.

For general abbreviations, see p89

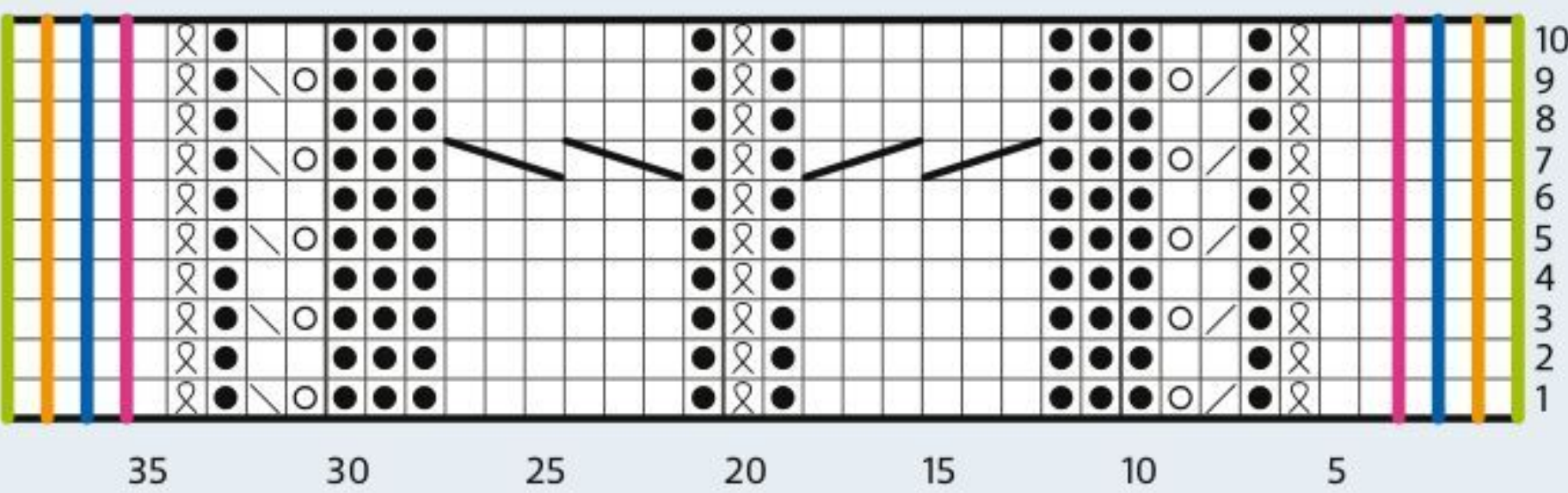
“ THE HORSESHOE  
CABLES EXTEND  
ALL THE WAY  
DOWN FROM THE  
CAST-ON EDGE ”

CHARTS

Leg Chart



Foot Chart



KEY

- Knit
- Purl
- C6F
- C6B
- Yo
- S2kpo
- K1tbl
- SSK
- K2tog
- Size S
- Size M
- Size L
- Size XL



The stitch pattern forms a scalloped edge at the top





# Yarn choice

Explore luxurious fibres and artistic hand-dyed colourways with our pick of the best yarns for your spring knitting projects



## WILLOW & LARK Heath Solids

Shade pictured **Cornflower Blue (12)**  
Ball weight/length **50g/125m**  
Needle size **3.5-4mm (UK 9-8/US 4-6)**  
Tension **21 sts and 25 rows to 10cm**  
Fibre content **70% wool, 30% acrylic**  
Care **Hand wash 30°C RRP £5**  
Contact **[www.lovecrafts.com](http://www.lovecrafts.com)**

This new yarn is a companion to Willow & Lark's tweedy Heath range, and comes in 16 solid colours in warm, nature-inspired hues. It's a nice everyday yarn which is enjoyable to knit with, and gives a soft, bouncy fabric that's ideal for family sweaters and accessories. Find vintage-style patterns with a modern twist using Heath Solids on LoveCrafts.com.

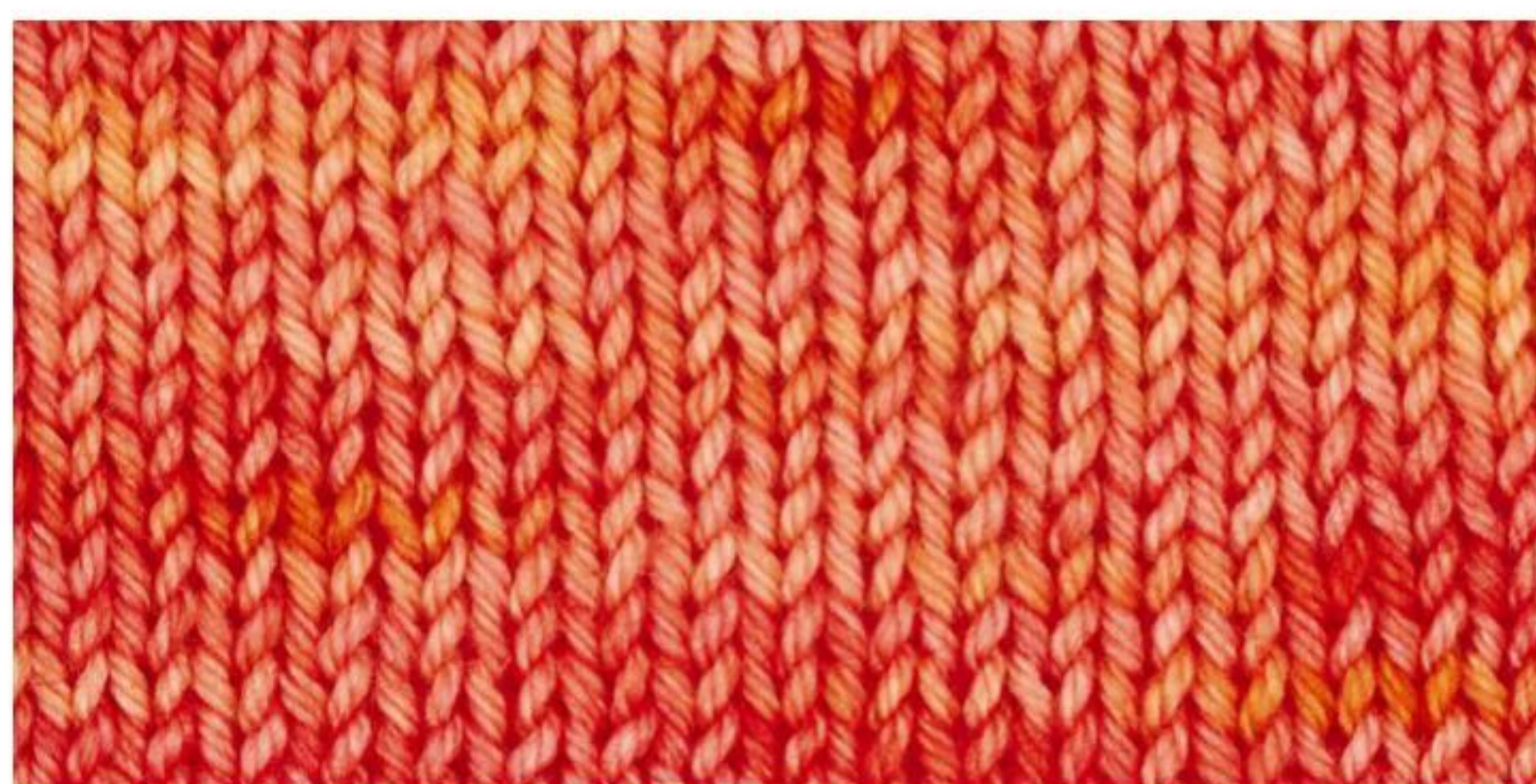


## ALONG AVEC ANNA Silk Mohair

Shade pictured **Tourmaline**  
Ball weight/length **25g/210m**  
Needle size **3-5mm (UK 11-6/US 2-8)**  
Tension **Approx. 22 sts and 32 rows to 10cm**  
Fibre content **72% fine kid mohair, 28% mulberry silk**  
Care **Hand wash RRP £7.50**  
Contact **[www.alongavecanna.com](http://www.alongavecanna.com)**

For lovers of mohair, this delicate yarn ticks all the boxes, offering gorgeous fluffiness and an incredible halo, and a soft, luxurious feel thanks to the addition of mulberry silk. The mohair is sourced in South Africa and is certified cruelty-free. The colour palette, developed by French designer Anna Dervout, includes chalky pastels and warmer shades.





## FRUITFUL FUSION BFL DK

Shade pictured **Mango**  
Skein weight/length **100g/225m**  
Needle size **4mm (UK 8/US 6)**  
Tension **Approx. 21 sts and 30 rows to 10cm**  
Fibre content **100% superwash Bluefaced Leicester wool**  
Care **Hand wash** RRP **£18**  
Contact **www.fruitfulfusion.co.uk**

This scrumptious yarn showcases the beauty of lustrous Bluefaced Leicester wool and the artistic hand-dyed colourways of Ishrat Khawja, who produces an inspiring range of variegated colours and tonal shades. The yarn is a delight to work with, and provides excellent stitch definition - cables and textured stitches look amazing in this plump, soft wool.



## UNDER THE OLIVE TREE KNITS Steni Vala

Shade pictured **Shades of Ocean**  
Skein weight/length **100g/400m**  
Needle size **3.5-4mm (UK 10-8/US 4-6)**  
Tension **Approx. 24 sts and 36 rows to 10cm**  
Fibre content **50% superwash Merino wool, 50% silk**  
Care **Hand wash** RRP **£17**  
Contact **www.undertheolivetreeknits.com**

Create spectacular shawls and elegant cardigans and sweaters with this beautiful 4ply from hand-dyer Jem Arrowsmith. Steni Vala is a blend of Merino and silk, and the result is wonderfully soft and gleaming. Jem's semi-solid shades include sophisticated pinks, greys and blues, and she will also custom-dye the yarn in the colour of your choice (£18).



## CHESTER WOOL CO. MCN Sock

Shade pictured **Undyed**  
Skein weight/length **100g/400m**  
Needle size **2.5-3.25mm (UK 13-10/US 1-3)**  
Tension **Approx. 28 sts and 36 rows to 10cm**  
Fibre content **80% superwash Merino wool, 10% cashmere, 10% nylon**  
Care **Hand wash** RRP **£13.80**  
Contact **www.bluefaced.co.uk**

Create socks with a touch of luxury with this special blend of superwash Merino, nylon and cashmere. It's supplied as an undyed yarn, so you can use it as a lovely neutral in your colourwork patterns, or as a base for your own hand-dyeing adventures. Soft and gorgeous, this yarn is wonderful to work with. A high-twist version (ref. 49147) is also available.



## URTH YARNS Uneek Fingering

Shade pictured **3007**  
Skein weight/length **100g/400m**  
Needle size **2.25-3.25mm (UK 13-10/US 1-3)**  
Tension **Approx. 28-32 sts to 10cm**  
Fibre content **100% superfine superwash Merino wool**  
Care **Machine wash cold** RRP **£21.95**  
Contact **www.urthyarns.com**  
**www.tribeyarns.com**

Urth Yarns is beloved for its incredible self-stripping colourways, and Uneek Fingering is its most popular yarn with knitters around the world. This 4ply-weight, hand-dyed Merino offers crisply defined stitches and feels wonderfully soft worn next to the skin, making it a vibrant choice for special shawls and bright, beautiful garments.



# Great reads

Have fun exploring Norwegian knitting traditions and create stylish garments and accessories with this inspiring book

## KNITS FROM AROUND NORWAY

by Nina Granlund Sæther

NINA GRANLUND Sæther has long been exploring the textile history of Norway, and for her latest book she takes inspiration from museum collections and archive photographs to bring us more than 40 knitting patterns for shawls, sweaters, cardigans, hats, mittens and socks.

Nina introduces each design with a look at its historical and geographical context, and where possible provides photos from the 19th and early 20th centuries showing people wearing the treasured knits which inspired her modern designs. Evocative photos of prisoners wearing their ganseys, taken in Drammen in the 1860s, really bring to life the 'Fishermen's Sweater' pattern, for example.

Steeking is widely used in Norwegian knitting, and Nina employs the technique here for a range of garments. These include intricately patterned Setesdal sweaters for men and women, with their distinctive XO and diamond motifs, plus a smart grey and white lice stitch pullover.

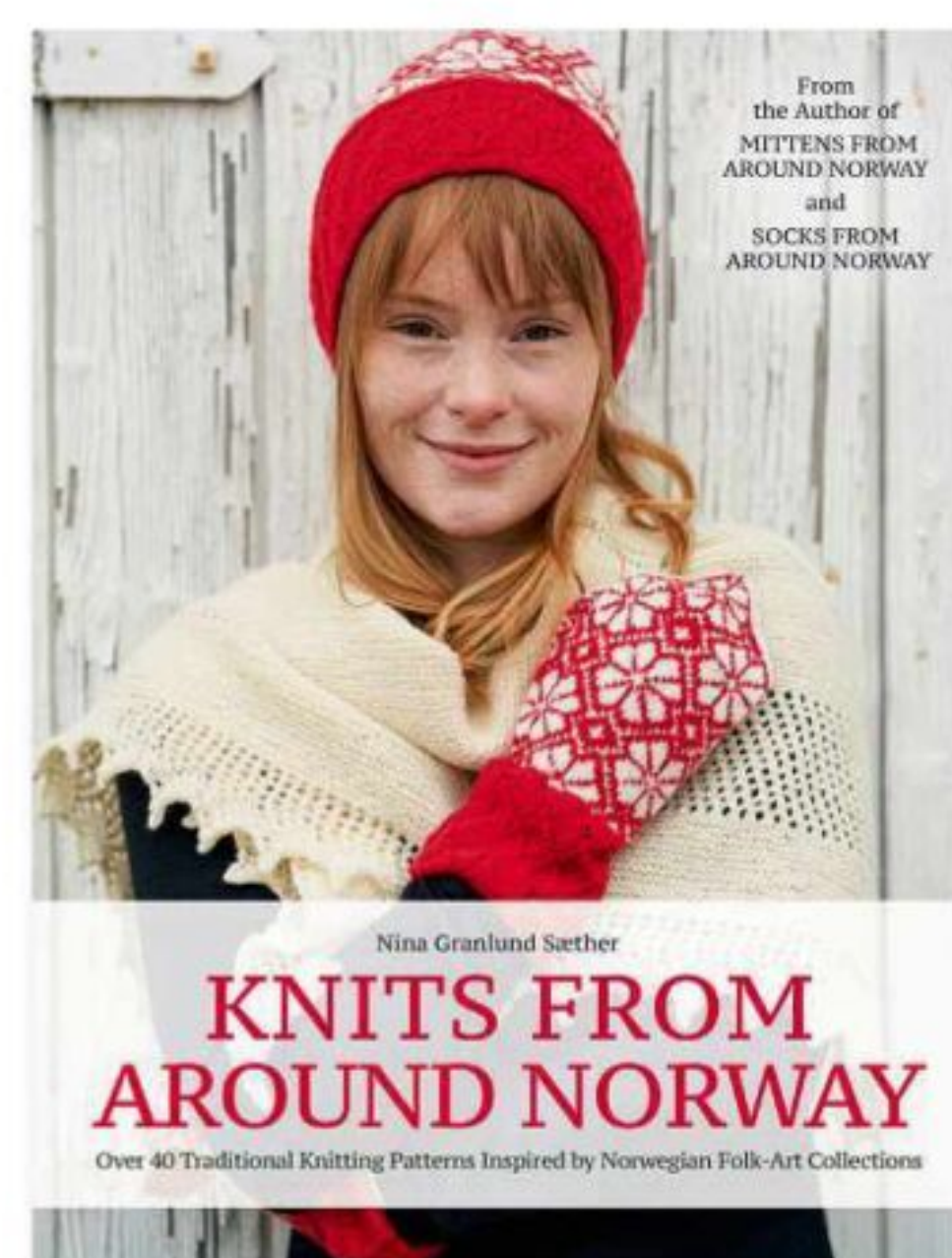
Other garments include a ribbed funnel-neck jumper which can be knitted

in one or two colours, a classic striped pullover from Bergen, and the 'Cycling Cardigan', which has a pattern of wavy colourwork stripes. We love the feminine fitted cardigans using black and white colourwork patterns and textured details. There's also a loose-fitting dress decorated with small bands of colourwork.

As you'd expect in a book of Norwegian knits, there are lots of cosy mittens and hat patterns to choose from, showcasing regional motifs and styles. These include eight-petalled roses and stars, incredibly detailed ram's horn roses and dancing people, triangles and crosses. A pattern for a rose motif hat and mittens was inspired by a pair of stockings knitted by the author's husband's grandmother, while the snowflake stocking cap is typical of styles seen in Telemark. For extra warmth, there are two felted mitten projects.

There's a choice of simple, cosy shawls to try, too, such as a garter stitch design with stripe details and a crochet edging, as was popular in Norway in the 19th century. 'Shawl from Glomdalen' pairs garter stitch with lace bands, and the 'Striped Shawl from Øyer' has a deep decorative edge. ☺

– Try a pattern from this book on page 77!



*Knits From Around Norway* is published by Trafalgar Square Books, priced £18.95. The book is available to order in the UK from [www.quillerpublishing.com](http://www.quillerpublishing.com)





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| 10 | 11           | 12 | 13 | 14 | 15 | 16 |
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# The Knitter

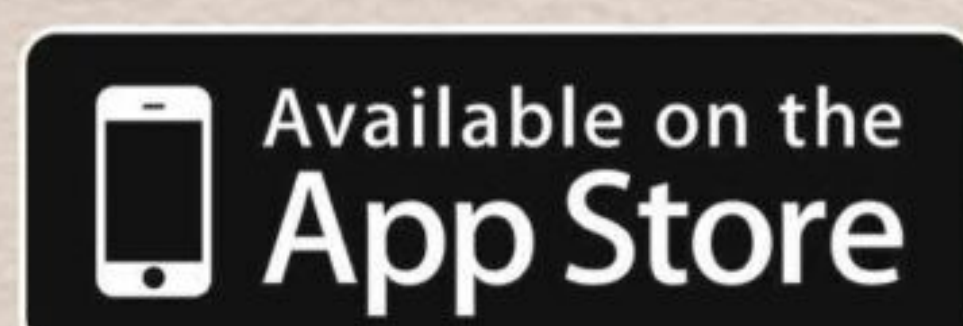
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MARY HENDERSON

# Nessa

This raglan cardigan with colourful details  
is knitted in the round with a steek



Nessa

The hems and  
bands are worked  
in a striped  
corrugated rib







MARY HENDERSON

## Nessa

“I HAD fun playing around with flecks of colour on a natural background when designing this cardigan,” explains Mary Henderson. “The raglan sleeves keep the colour changes lined up, and the bright front bands, cuffs and hems were inspired by woven braid bands seen on Nordic sweaters. This project has quite a bit of comfort knitting in the body and sleeves (the kind I refer to as box-set knitting!). The fit is slightly loose to allow plenty of scope for layering.”

### PATTERN NOTES

Use the long-tail method for casting on. The cardigan is worked from the top down with raglan increases worked at the same time as the stranded colourwork chart. Crewneck shaping is created with cast-on sts, and then sts are added for the steak for working the yoke in the round. Sleeve sts are held on waste yarn and the body continues to be worked in the round to the end of the hem. Sleeves are worked in the round to the cuffs.

### CHARTS

Read charts from right to left when knitting in the round or on RS rows. Read charts from left to right on WS rows.

### WORKING STEEK

Work 9 steak sts, alternating colours of the last round, and changing colours at the edge of the steak (beginning or end, NOT in the middle). If a single colour is being used, knit the steak in the colour of the round.

### PREPARING STEEK

Using a 2.25mm crochet hook, work a row of double crochet (US single crochet) up the stitch to the left of the central stitch of the

### SIZE

|               | XS    | S     | M     | L       | 1XL     | 2XL     | 3XL     | 4XL     |    |
|---------------|-------|-------|-------|---------|---------|---------|---------|---------|----|
| TO FIT BUST   | 71-76 | 81-86 | 91-97 | 102-107 | 112-117 | 122-127 | 132-137 | 142-147 | cm |
|               | 28-30 | 32-34 | 36-38 | 40-42   | 44-46   | 48-50   | 52-54   | 56-58   | in |
| ACTUAL BUST   | 85    | 95    | 105   | 115     | 125     | 135     | 145     | 155     | cm |
|               | 33½   | 37½   | 41½   | 45½     | 49¼     | 53¼     | 57¼     | 61¼     | in |
| ACTUAL LENGTH | 57    | 58    | 59    | 60      | 61      | 62      | 63      | 64      | cm |
|               | 22¼   | 22¾   | 23    | 23½     | 24      | 24¼     | 24½     | 25      | in |
| SLEEVE SEAM   | 46    | 46    | 47    | 47      | 47      | 48      | 48      | 49      | cm |
|               | 18    | 18    | 18¼   | 18¼     | 18¼     | 18¾     | 18¾     | 19¼     | in |

steek. Fasten off. Turn work and work another row of crochet down the stitch to the right of the centre stitch. Carefully cut the central stitch of the steak using sharp embroidery scissors.

### NECK

Note: Read through the instructions to ‘Join for Front Neck’ before casting on.

Using 3.25mm circular needles and yarn A, cast on 56 (60:64:64:68:72:76:80) sts.

DO NOT JOIN.

**Set-up row (WS):** P1, pm, P8 (8:8:8:8:10:10:12), pm, P38 (42:46:46:50:50:54:54), pm, P8 (8:8:8:8:10:10:12), pm, P1.

**Next row (RS inc):** KFB, \*slm, K1, M1L, K to 1 st before next mrk, M1R, K1; rep from \* twice more, slm, KFB. 8 sts inc’d. 64 (68:72:72:76:80:84:88) sts

### Sizes XS, S and M only

**Next row (WS):** P to end, slipping mrks. Now, working from Chart A and keeping pattern correct, noting that incs should always be worked in yarn A, inc for yoke and front neck as follows:

**Next row (RS raglan and front neck inc):** Cast on 1 st at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 1 st at end of row. 10 sts inc’d. 74 (78:82:-:-:-:-) sts.

**Next row (WS):** Purl.

**Next row (RS raglan and front neck inc):** Cast on 2 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 2 sts at end of row. 12 sts inc’d.

**Next row (WS):** Purl.

Rep last 2 rows another 0 (0:1:-:-:-:-) time.

86 (90:106:-:-:-:-) sts.

### Next row (RS raglan and front neck inc):

Cast on 3 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 3 sts at end of row. 14 sts inc’d.

**Next row (WS):** Purl.

Rep last 2 rows once more.

114 (118:134:-:-:-:-) sts.

### Next row (RS raglan and front neck inc):

Cast on 9 (11:11:-:-:-:-) sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 9 (11:11:-:-:-:-) sts at end of row. 26 (30:30:-:-:-:-) sts inc’d.

**Next row (WS):** Purl.

140 (148:164:-:-:-:-) sts.

### Size L only

**Next row (WS inc):** PFB, P1, \*slm, P1, M1P, purl to 1 st before next mrk, M1P, P1; rep from \* twice more, slm, PFB, P1. 8 sts inc’d. 80 sts.

Now, working from Chart A and keeping pattern correct, noting that incs should always be worked in yarn A, inc for yoke and front neck as follows:

### Next row (RS raglan and front neck inc):

Cast on 1 st at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 1 st at end of row. 10 sts inc’d. 90 sts.

**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc’d. 98 sts.

### Next row (RS raglan and front neck inc):

Cast on 2 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 2 sts at end of row. 12 sts inc’d. 110 sts.

**Next row (WS):** Purl.

Rep last 2 rows once more. 122 sts.

### Next row (RS raglan and front neck inc):

Cast on 3 sts at beg of row, \*K to 1 st before



YARN

|   |   |   |   |   |   |   |   |   |            |
|---|---|---|---|---|---|---|---|---|------------|
| Jamieson & Smith Shetland Supreme Jumper Weight (4ply weight; 100% Shetland wool; 172m/188yds per 50g ball) |   |   |   |   |   |   |   |   |            |
| MOOSKIT (2002)  | 4 | 4 | 4 | 5 | 5 | 5 | 6 | 6 | x50g BALLS |
| Jamieson & Smith 2ply Jumper Weight (4ply weight; 100% Shetland wool; 115m/125yds per 25g ball)             |   |   |   |   |   |   |   |   |            |
| <b>B</b> DARK TEAL BLUE (FC41)  | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | x25g BALLS |
| <b>C</b> MUSTARD YELLOW (028)   | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 2 | x25g BALLS |
| <b>F</b> RED (1403)   | 1 | 1 | 1 | 1 | 1 | 1 | 2 | 2 | x25g BALLS |

Plus 1 x 25g ball of each: **D** Light Turquoise (075); **E** Bright Turquoise Mix (FC34)

mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 3 sts at end of row. 14 sts inc'd. 136 sts.  
**Next row (WS):** Purl.  
Rep last 2 rows once more.  
150 sts.  
**Next row (RS raglan and front neck inc):**  
Cast on 11 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 11 sts at end of row. 30 sts inc'd. 180 sts.  
**Next row (WS):** Purl.

**Size 1XL only**  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd. 84 sts.  
Now, working from Chart A and keeping pattern correct, noting that incs should always be worked in yarn A, inc for yoke and front neck as foll:  
**Next row (RS raglan and front neck inc):**  
Cast on 2 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 2 sts at end of row. 12 sts inc'd. 96 sts.  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd. 104 sts.  
Rep last 2 rows twice more. 144 sts.  
**Next row (RS raglan and front neck inc):**  
Cast on 3 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 3 sts at end of row. 14 sts inc'd. 158 sts.  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd. 166 sts.  
**Next row (RS raglan and front neck inc):**  
Cast on 3 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 3 sts at end of row. 14 sts inc'd. 180 sts.

**Next row (WS):** Purl.  
**Next row (RS raglan and front neck inc):**  
Cast on 12 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 12 sts at end of row. 32 sts inc'd. 212 sts.  
**Next row (WS):** Purl.

**Size 2XL only**  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd. 88 sts.  
Now, working from Chart A and keeping pattern correct, noting that incs should always be worked in yarn A, inc for yoke and front neck as foll:  
**Next row (RS raglan and front neck inc):**  
Cast on 2 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 2 sts at end of row. 12 sts inc'd. 100 sts.  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd. 108 sts.  
Rep last 2 rows twice more. 148 sts.  
**Next row (RS raglan and front neck inc):**  
Cast on 3 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 3 sts at end of row. 14 sts inc'd. 162 sts.  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd. 170 sts.  
Rep last 2 rows once more.  
192 sts.  
**Next row (RS raglan and front neck inc):**  
Cast on 12 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 12 sts at end of row. 32 sts inc'd. 224 sts.  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd. 232 sts.

NEEDLES & ACCESSORIES

3.25mm (UK 10/US 3) circular needless, 80cm long  
3.25mm (UK 10/US 3) double-pointed needles (DPNs), or your preferred needles for working small circumferences  
3mm (UK 11/US 2-3) circular needles, 80cm long  
Stitch markers  
Stitch holders or smooth waste yarn  
2.25mm (UK 13/US B/1-C/2) crochet hook for finishing steek  
8 x 15mm buttons  
Embroidery scissors

TENSION

24 sts and 28 rounds to 10cm over Chart patt in st st using 3.25mm needles.  
23 sts and 32 rounds to 10cm over single colour st st using 3.25mm needles.  
28 sts and 32 rows to 10cm over Chart patt in corrugated rib using 3mm needles.  
24 sts and 28 rows to 10cm over Chart patt in corrugated rib using 3.25mm needles.

YARN STOCKISTS

Jamieson & Smith 01595 693579  
www.shetlandwoolbrokers.co.uk

**Sizes 3XL and 4XL only**  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd.  
- (-:-:-:-:92:96) sts.  
Now, working from Chart A and keeping pattern correct, noting that incs should always be worked in yarn A, inc for yoke and front neck as foll:  
**Next row (RS raglan and front neck inc):**  
Cast on 2 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 2 sts at end of row. 12 sts inc'd.  
- (-:-:-:-:104:108) sts.  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd.  
- (-:-:-:-:112:116) sts.  
Rep last 2 rows once more.  
- (-:-:-:-:132:136) sts.  
**Next row (RS raglan and front neck inc):**  
Cast on 3 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 3 sts at end of row. 14 sts inc'd.  
- (-:-:-:-:146:150) sts.  
**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another



# Nessa

3 times, P to end. 8 sts inc'd.

– (–:–:–:–:154:158) sts.

Rep last 2 rows twice more.

– (–:–:–:–:198:202) sts.

**Next row (RS raglan and front neck inc):**

Cast on 13 sts at beg of row, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row and cast on 13 sts at end of row. 34 sts inc'd.

– (–:–:–:–:232:236) sts.

**Next row (WS inc):** \*P to 1 st before mrk, M1P, P1, slm, P1, M1P; rep from \* another 3 times, P to end. 8 sts inc'd.

– (–:–:–:–:240:244) sts.

## All sizes

140 (148:164:180:212:232:240:244) sts.

## JOIN FOR FRONT NECK

You will now join for the front neck by casting on steek sts, and continue to increase at raglan 'seams' while working Chart A patt as foll:

**Set-up row (RS inc):** Cast on 9 sts at beg of row for steek, \*K to 1 st before mrk, M1R, K1, slm, K1, M1L; rep from \* another 3 times, K to end of row.

8 sts inc'd, plus 9 sts for steek.

Join to cont working in the round and work 8-st inc round on next 0 (0:0:0:0:4:8:16) rounds, 12 (16:22:27:27:23:22:15) foll alt rounds and 6 (5:2:0:0:0:0:0) foll 4th rounds.

292 (324:364:404:436:456:488:500) sts, plus 9 sts for steek.

## Sizes 1XL, 2XL, 3XL and 4XL only

Inc on body only (front and back edges)

on – (–:–:–:1:4:5:9) foll alt rounds as foll:

Knit steek sts, \*K to 1 st before mrk, M1R, K1, slm, K to next mrk, slm, K1, M1L;

rep from \* once more, K to end of row.

4 sts inc'd.

– (–:–:–:440:472:508:536) sts, plus 9 sts for steek.

## All sizes

292 (324:364:404:440:472:508:536) sts, plus 9 sts for steek.

Work 2 rounds straight in pattern.

## DIVIDE BODY AND SLEEVES

**Set-up round:** Knit steek sts, knit across 44 (49:55:60:66:71:77:82) sts of Right Front, slip next 58 (64:72:82:88:94:100:104) Sleeve sts onto a holder or smooth waste yarn; use the backwards loop method to cast on 5 (6:6:7:7:8:8:9) sts, pm for centre



There are bands of colourwork above the cuffs and hems, and around the yoke

underarm, cast on 5 (6:6:7:7:8:8:9) sts; knit across 88 (98:110:120:132:142:154:164) sts of Back, slip next 58 (64:72:82:88:94:100:104)

Sleeve sts onto a holder or smooth waste yarn; use the backwards loop method to cast on 5 (6:6:7:7:8:8:9) sts, pm for centre underarm, cast on 5 (6:6:7:7:8:8:9) sts; knit across 44 (49:55:60:66:71:77:82) sts of Left Front.

196 (220:244:268:292:316:340:364) sts for Body, plus 9 steek sts.

Work even in yarn A for 22 (22:22:22½:23:23½:23:23½) cm.

Work rounds 1 to 21 of Chart B, inc 1 st at end of last round.

197 (221:245:269:293:317:341:365) sts.

Work rounds 1 to 19 of Chart C in corrugated rib as shown.

Cast off using yarn B as foll: \*K2tog tbl, pass st back to LH needle; rep from \* to end. Break yarn, leaving a short tail and fasten off.

## SLEEVES

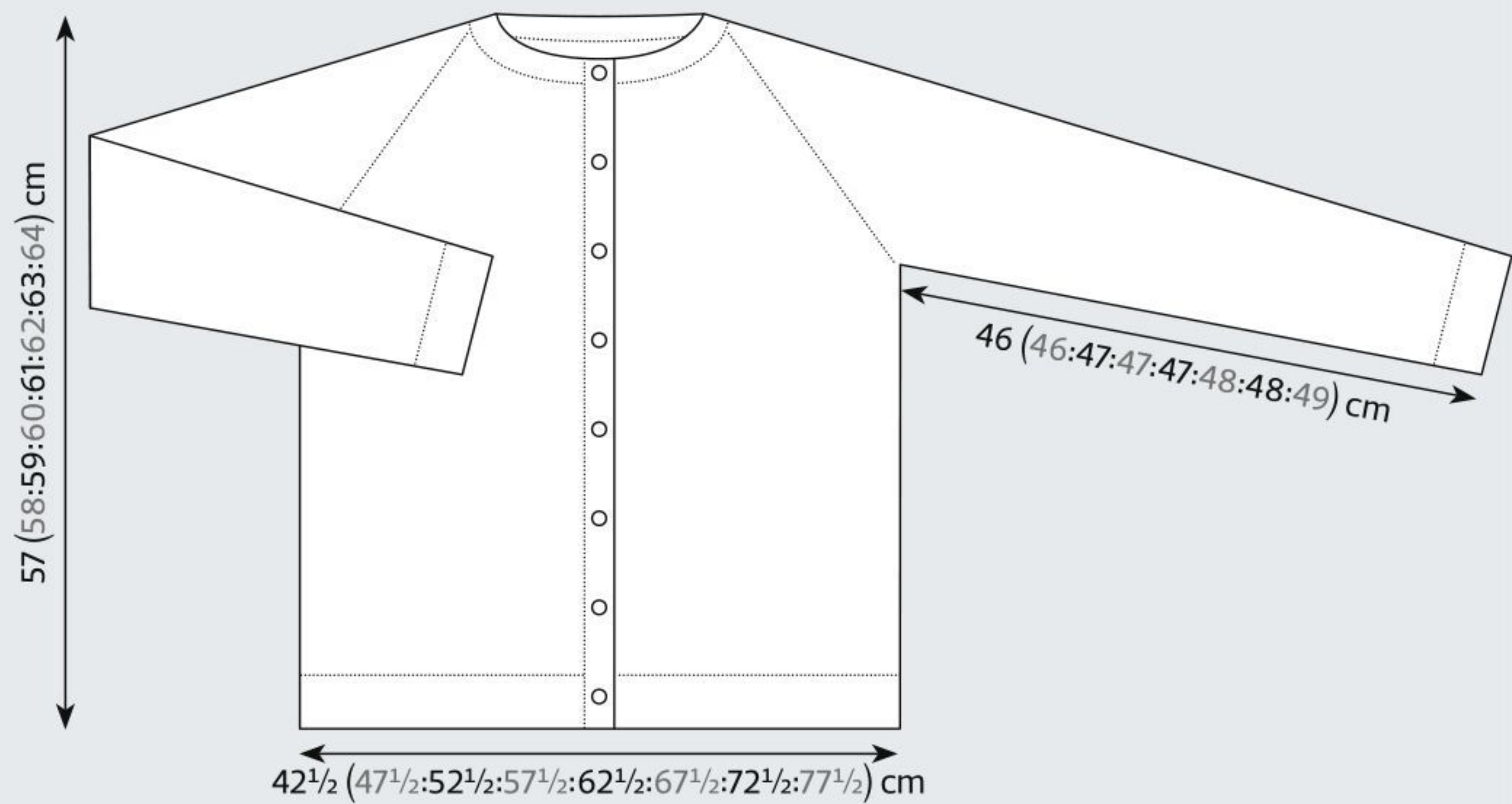
With RS facing, using 3.25mm DPNs and yarn A, and beg at centre of underarm, pick up and knit 5 (6:6:7:7:8:8:9) sts, knit across 58 (64:72:82:88:94:100:104) held Sleeve sts, pick up and knit 5 (6:6:7:7:8:8:9) sts to centre underarm, pm and cont working in the round.

68 (76:84:96:102:110:116:122) sts.

Work 15 (8:10:8:10:6:11:6) rounds straight.



BLOCKING DIAGRAM



**Next round (dec):** K1, K2tog, K to last 3 sts, SSK, K1. 2 sts dec'd.  
Work 16 (10:8:5:4:4:3:3) rounds straight.  
Rep last 17 (11:9:6:5:5:4:4) rounds another 4 (8:10:16:19:21:24:27) times, and then rep dec round again.  
56 (56:60:60:60:64:64:64) sts.

Work rounds 1 to 21 of Chart B.

Work rounds 1 to 19 of Chart D in corrugated rib as shown.

Cast off using yarn B as foll: \*K2tog tbl, pass st back to LH needle; rep from \* to end.  
Break yarn, leaving a short tail and fasten off.

NECKBAND

With RS facing, using yarn B and 3mm circular needles, omitting all steek sts, pick up and knit 25 (27:31:31:33:33:35:35) sts across right front neck, 8 (8:8:8:8:10:10:12) sts across top of right sleeve, 37 (41:45:45:49:49:53:53) sts across back neck, 8 (8:8:8:8:10:10:12) sts across top of left sleeve, and 25 (27:31:31:33:33:35:35) sts across left front neck. DO NOT JOIN.  
103 (111:123:123:131:135:143:147) sts.

**Next row (WS):** Knit.  
Work rows 1 to 7 of Chart E in corrugated rib as shown.

Cast off using yarn B as foll: \*K2tog tbl, pass st back to LH needle; rep from \* to end.

Break yarn, leaving a short tail and fasten off.

BUTTON BAND

With RS facing, using yarn B and 3mm circular needles, and beg at top left front, pick up and knit 125 (129:129:133:137:139:141:145) sts to bottom edge. DO NOT JOIN.

**Next row (WS):** Knit.  
Work rows 1 to 11 of Chart F in corrugated rib as shown.

Cast off using yarn B as foll: \*K2tog tbl, pass st back to LH needle; rep from \* to end.

Break yarn, leaving a short tail and fasten off.  
Mark placement for 8 buttons, evenly spaced.

BUTTONHOLE BAND

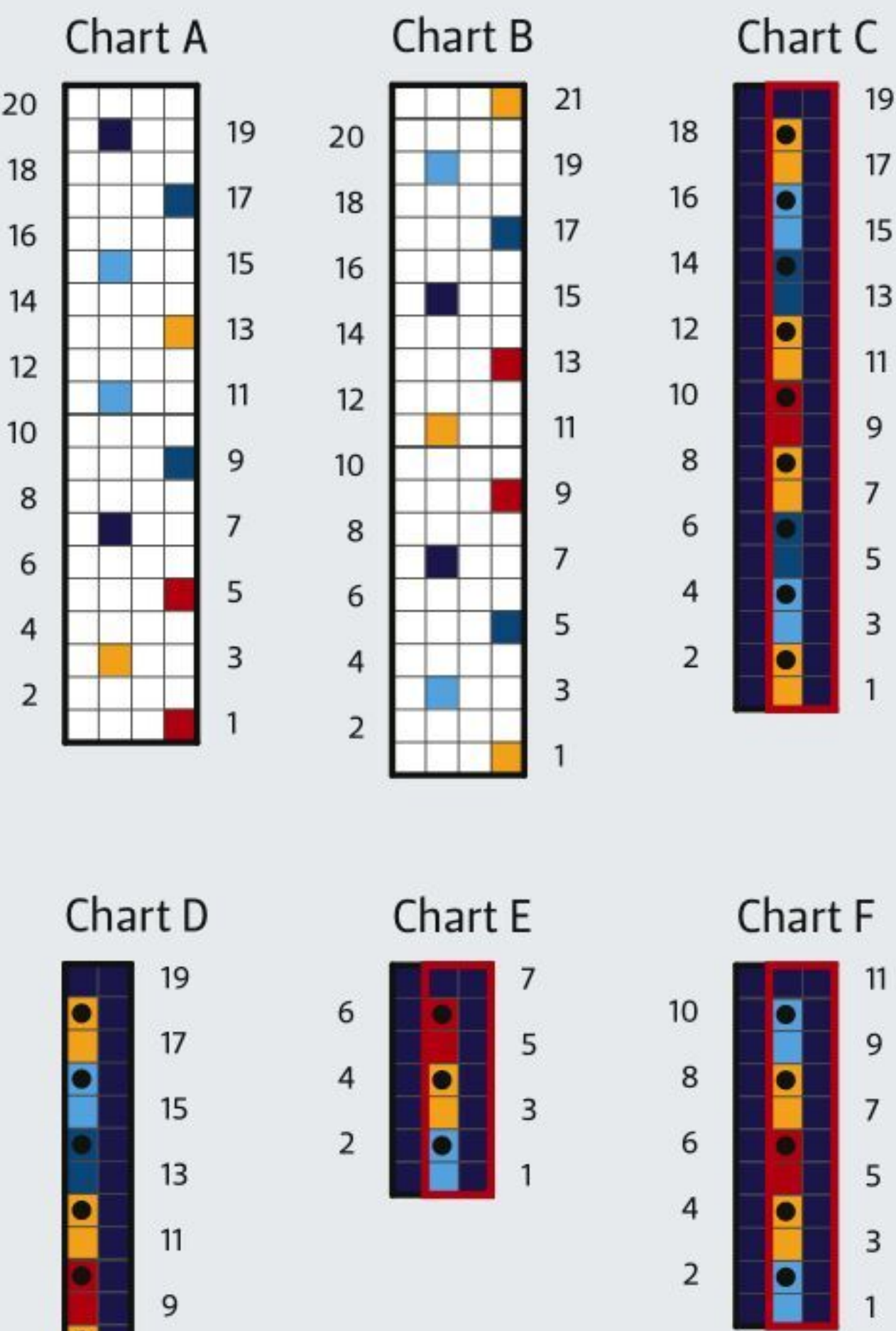
With RS facing, using yarn B and 3mm circular needles, and beg at bottom right front, pick up and knit 125 (129:129:133:137:139:141:145) sts to top edge. DO NOT JOIN.

**Next row (WS):** Knit.  
Work rows 1 to 4 of Chart F in corrugated rib as shown.

On row 5, work buttonholes to match placement on button band, as (yo twice, K2tog).

On the next row, work in corrugated rib as before, taking care to purl the double yarnovers as one stitch in the correct colour, and purl this stitch together with the stranded colour at the back of the work so that it doesn't show and creates an open buttonhole.

CHARTS



KEY

- K on RS; P on WS
- P on RS; K on WS
- Yarn A
- Yarn B
- Yarn C
- Yarn D
- Yarn E
- Yarn F
- Repeat

For general abbreviations, see p89

Work rows 7 to 11 of Chart F as before.

Cast off using yarn B as foll: \*K2tog tbl, pass st back to LH needle; rep from \* to end.

Break yarn, leaving a short tail and fasten off.

FINISHING

Prepare and cut steek to form a facing. Catch steek in place along the long and short edges. For more guidance on steeking, see Mary's masterclass here: [www.gathered.how/knitting-and-crochet/knitting/top-tips-for-steek-success/](http://www.gathered.how/knitting-and-crochet/knitting/top-tips-for-steek-success/)

Weave in ends and block gently to measurements, following any yarn care instructions on the ball band.  
Sew on buttons opposite buttonholes. ☺



# This was Sylvia's promise to you...



A generation ago, a woman named Sylvia made a promise. As a doctor's secretary, she'd watched stroke destroy the lives of so many people. She was determined to make sure we could all live in a world where we're far less likely to lose our lives to stroke.

She kept her promise, and a gift to the Stroke Association was included in her Will. Sylvia's gift helped fund the work that made sure many more of us survive stroke now than did in her lifetime.

**Sylvia changed the story for us all. Now it's our turn to change the story for those who'll come after us.**

Stroke still shatters lives and tears families apart. And for so many survivors the road to recovery is still long and desperately lonely. If you or someone you love has been affected by stroke – you'll know just what that means.

But it doesn't have to be like this. You can change the story, just like Sylvia did, with a gift in your Will. All it takes is a promise.

You can promise future generations a world where researchers discover new treatments and surgeries – and every single stroke survivor has the best care, rehabilitation and support network possible, to help them rebuild their lives.

**Will you make that promise to generations to come? Please, leave a gift in your Will to the Stroke Association.**

---

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or visit **[stroke.org.uk/legacy](https://stroke.org.uk/legacy)**

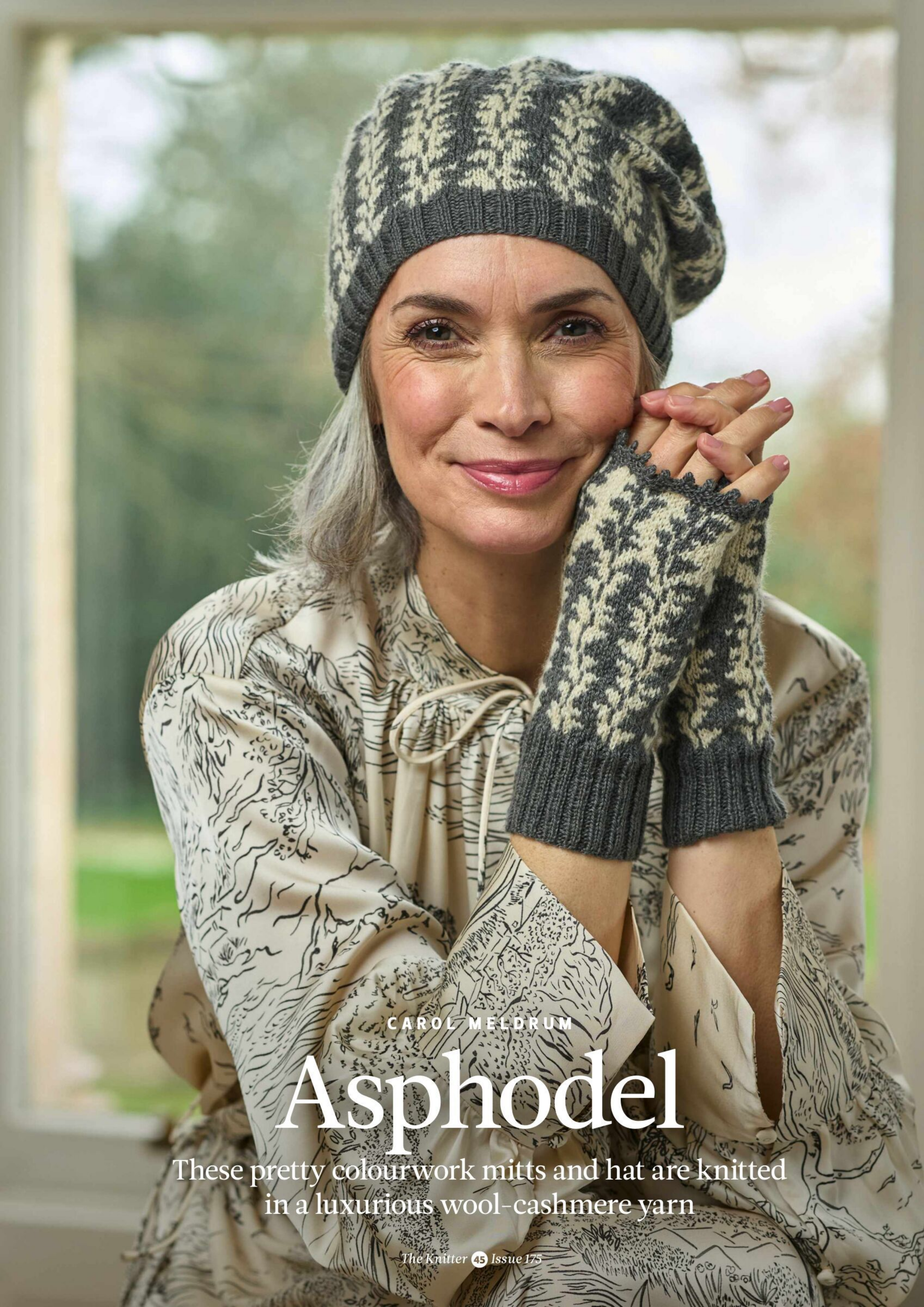
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## Rebuilding lives after stroke

The Stroke Association is registered as a charity in England and Wales (No 211015) and in Scotland (SC037789). Also registered in the Isle of Man (No. 945) and Jersey (NPO 369), and operating as a charity in Northern Ireland.

**Stroke**  
Association





CAROL MELDRUM

# Asphodel

These pretty colourwork mitts and hat are knitted  
in a luxurious wool-cashmere yarn





CAROL MELDRUM

## Asphodel

**A BEAUTIFULLY** organic-looking stranded colourwork pattern decorates this hat and matching mitts set, designed for us by Carol Meldrum. The accessories feel extra-special, thanks to the use of a luxurious blend of BFL wool and cashmere yarn from KC Collection. Carol's mitts feature buttoned cuffs, afterthought thumbs and a picot cast-off edging, while the hat is finished with a pompom.

### HAT

#### BRIM

Using 2.25mm needles and yarn A, cast on 148 sts.

Pm and join to work in the round, taking care not to twist sts.

**Round 1:** \*K2, P2; rep from \* to end.

Rep round 1 another 10 times.

**Next round (inc):** Work in rib as set for 48 sts, M1, rib to last 48 sts, M1, rib to end. 150 sts.

#### MAIN HAT

Change to 3.25mm needles.

**Round 1:** Join yarn B, and work row 1 of Chart A, repeating 30-st patt rep 5 times.

**Rounds 2-48:** Cont to work Chart A as set, increasing where indicated, until row 48 of Chart A is complete. 225 sts.

#### SHAPE CROWN

**Round 1:** Work row 1 of Chart B, repeating

### SIZE

#### Hat

To fit head circumference: 55-57cm (21½-22½in)

Actual circumference at brim: 49cm (19¼in)

Length from crown to hem: 24cm (9½in)

#### Mitts

To fit palm circumference: 20cm (8in)

Actual palm circumference: 19cm (7½in)

Length (including picot edge): 21cm (8¼in)

### YARN

**KC Collection** Naturally Soft 4 Ply (4ply weight; 90% Bluefaced Leicester wool, 10% Afghan cashmere; 190m per 50g skein) 2 x 50g skeins of each:

**A** Granite (6020)

**B** Winter White (6029)

45-st patt repeat 5 times.

**Rounds 2-30:** Cont to work Chart B as set, decreasing where indicated, until row 30 of Chart B is complete.

15 sts.

Break yarns, leaving a long tail of yarn B.

Thread through rem sts and pull tight.

#### FINISHING

Using yarn A, make a pompom. Sew to centre top of hat using the yarn B tail.

Weave in loose ends.

Block and gently press if required, following any yarn care instructions on the ball band.

### MITTS

#### CUFF

(both alike)

Using 2.25mm needles and yarn A, cast on 66 sts. Do not join.

**Row 1 (RS):** \*K2, P2; rep from \* to last 2 sts, K2.

**Row 2 (WS):** \*P2, K2; rep from \* to last 2 sts, P2.

Rep last 2 rows another 12 times.

#### MAIN GLOVE

Change to 3.25mm needles.

Pm and join to work in the round.

**Round 1:** Join yarn B and work row 1 of Chart C, repeating 33-st patt rep twice.

**Rounds 2-30:** Work rounds 2-20 of Chart C as set, then work rounds 1-10 of Chart C

### NEEDLES & ACCESSORIES

2.25mm (UK 13/US 1) circular needles, 60cm long, OR set of 2.25mm double-pointed needles (DPNs)

3.25mm (UK 10/US 3) circular needle, 60cm long OR set of 3.25mm DPNs

Set of 3mm (UK 11/US 2-3) DPNs

Stitch marker

Waste yarn

Pompom maker

6 x 10mm buttons

### TENSION

35 sts and 37 rows to 10cm over

Main Pattern on 3.25mm needles

### YARN STOCKISTS

**KC Collection** [www.kingcole.com](http://www.kingcole.com)

c/o Wool Warehouse 0800 505 3300

[www.woolwarehouse.co.uk](http://www.woolwarehouse.co.uk)

once more.

#### PLACE AFTERTHOUGHT THUMB

##### Right mitt only

**Round 31:** Patt 3 sts from row 11 of Chart C, work next 8 sts using waste yarn, slip 8 sts back on to RH needle. Cont working row 11 of Chart C, keeping in patt as set to end.

##### Left mitt only

**Round 31:** Patt 22 sts from row 11 of Chart C, work next 8 sts using waste yarn, slip 8 sts back on to RH needle. Cont working row 11 of Chart C, keeping in patt as set to end.

##### Both mitts

**Rounds 32-35:** Work rows 12-15 of Chart C as set.

**Rounds 36-50:** Work rows 1-15 of Chart D. Break yarn B and cont using yarn A only.

#### TOP BORDER

Change to 2.25mm needles.

**Round 1:** Knit.

**Round 2:** Purl.

Rep last 2 rounds once more.

Cast off 2 sts, \*cast on 2 sts, cast off 5 sts; rep from \* to last 3 sts, cast on 2 sts, cast off to end.

#### THUMB

Lay mitten flat, with the waste yarn facing you. Using a 3mm DPN, pick up 8 sts along the bottom of waste yarn, then rep for sts above waste yarn with a second 3mm DPN. 16 sts.



CHARTS

Chart A

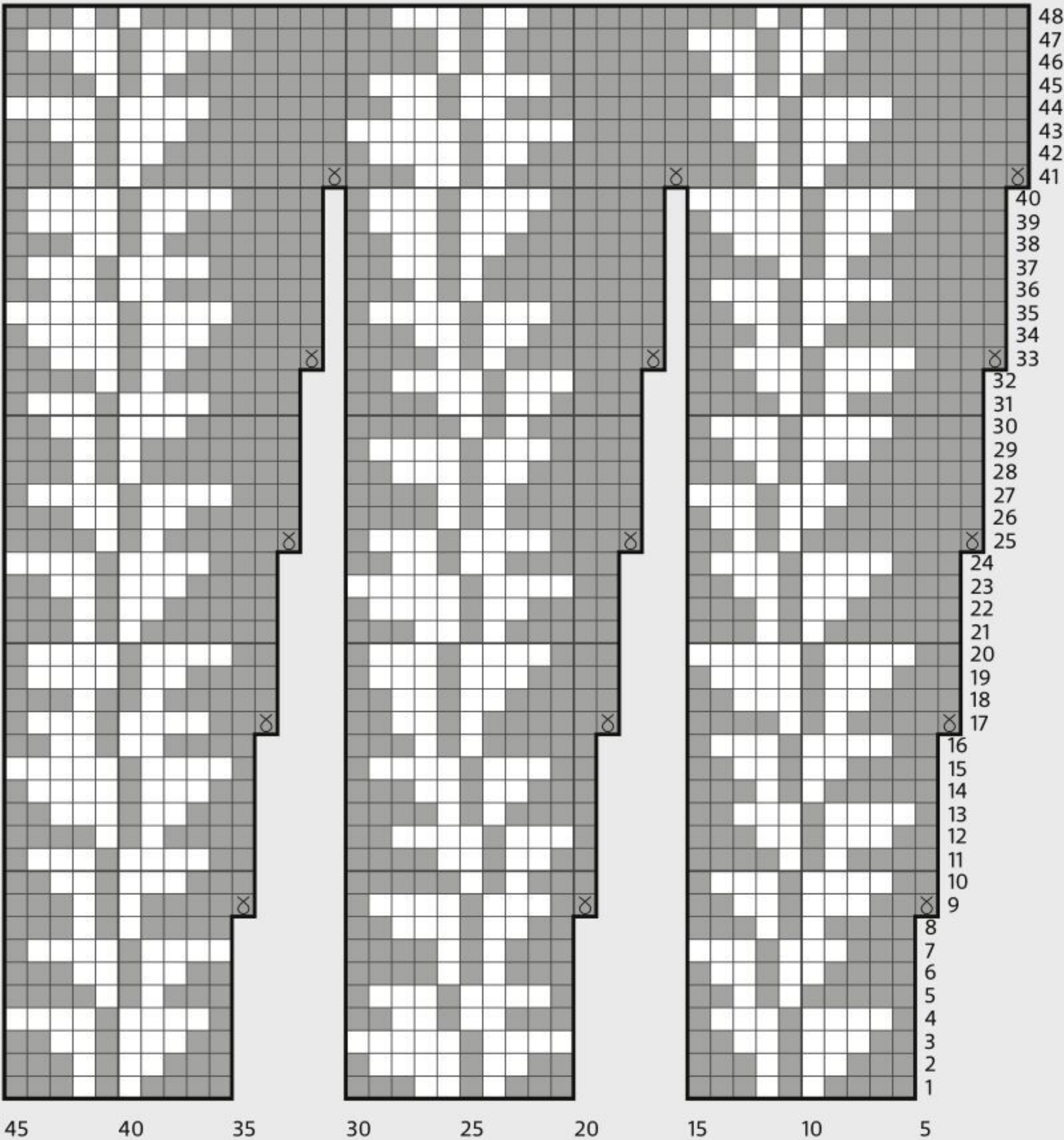
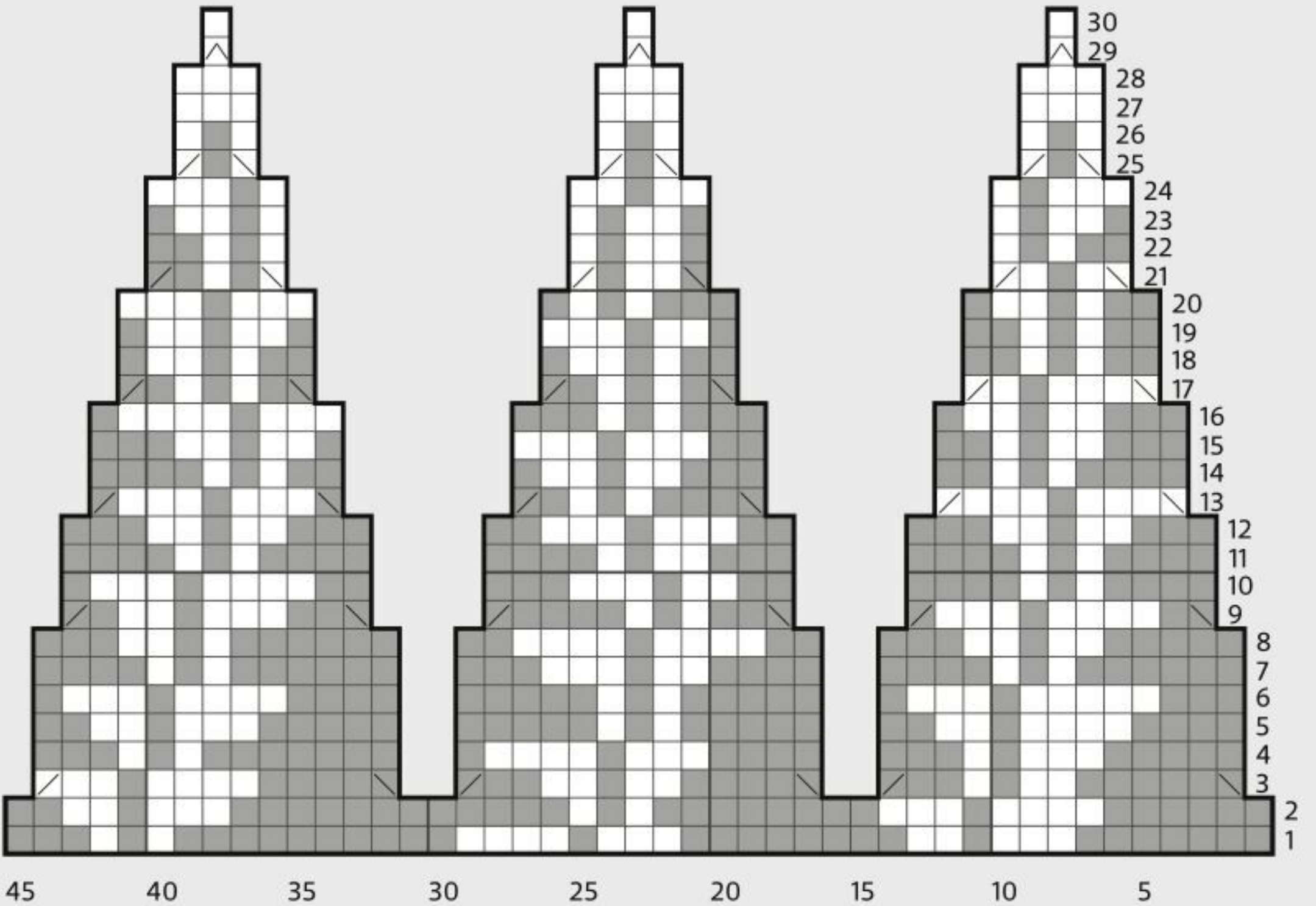


Chart B



Remove waste yarn and divide sts evenly across four DPNs.  
Pm to mark beg of rnd.

**Round 1:** Using yarn A, pick up 1 st at beg of round, K8, pick up 1 st at side of opening, K8. 18 sts.  
**Rounds 2-16:** Knit.  
Cast off.

BUTTON BANDS

Right mitt only

With RS facing, using 2.25mm needles and yarn A, pick up 20 sts along cuff rib edge, starting from cast-on edge. Do not join.

**Rows 1-3:** Knit.  
**Row 4:** K3, K2tog tbl, yo, \*K4, K2tog tbl, yo; rep from \* once more, K3.

KEY

- Yarn A
- Yarn B
- M1
- K2tog tbl
- K2tog
- Sk2po

For general abbreviations, see p89

Chart C

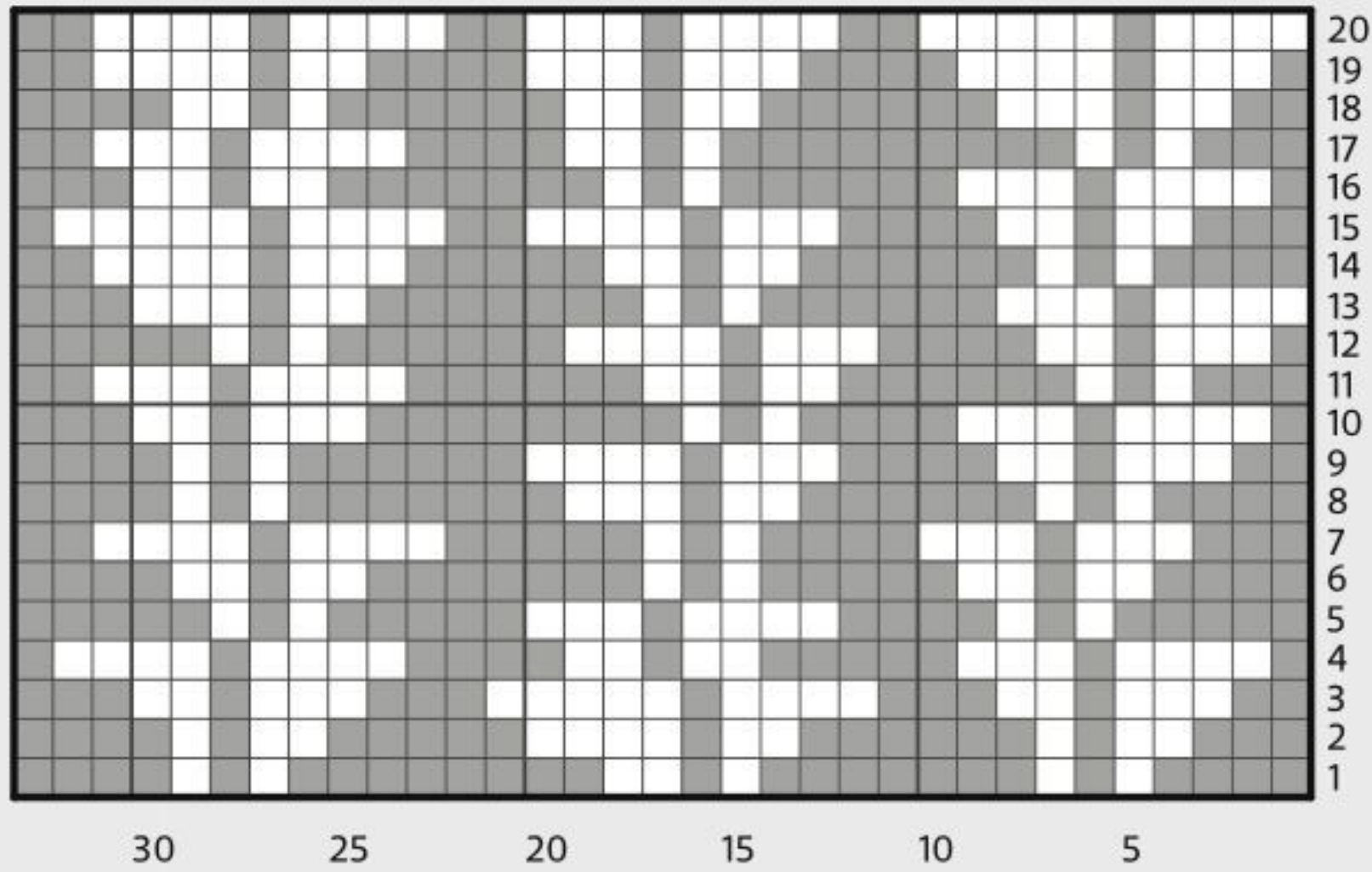
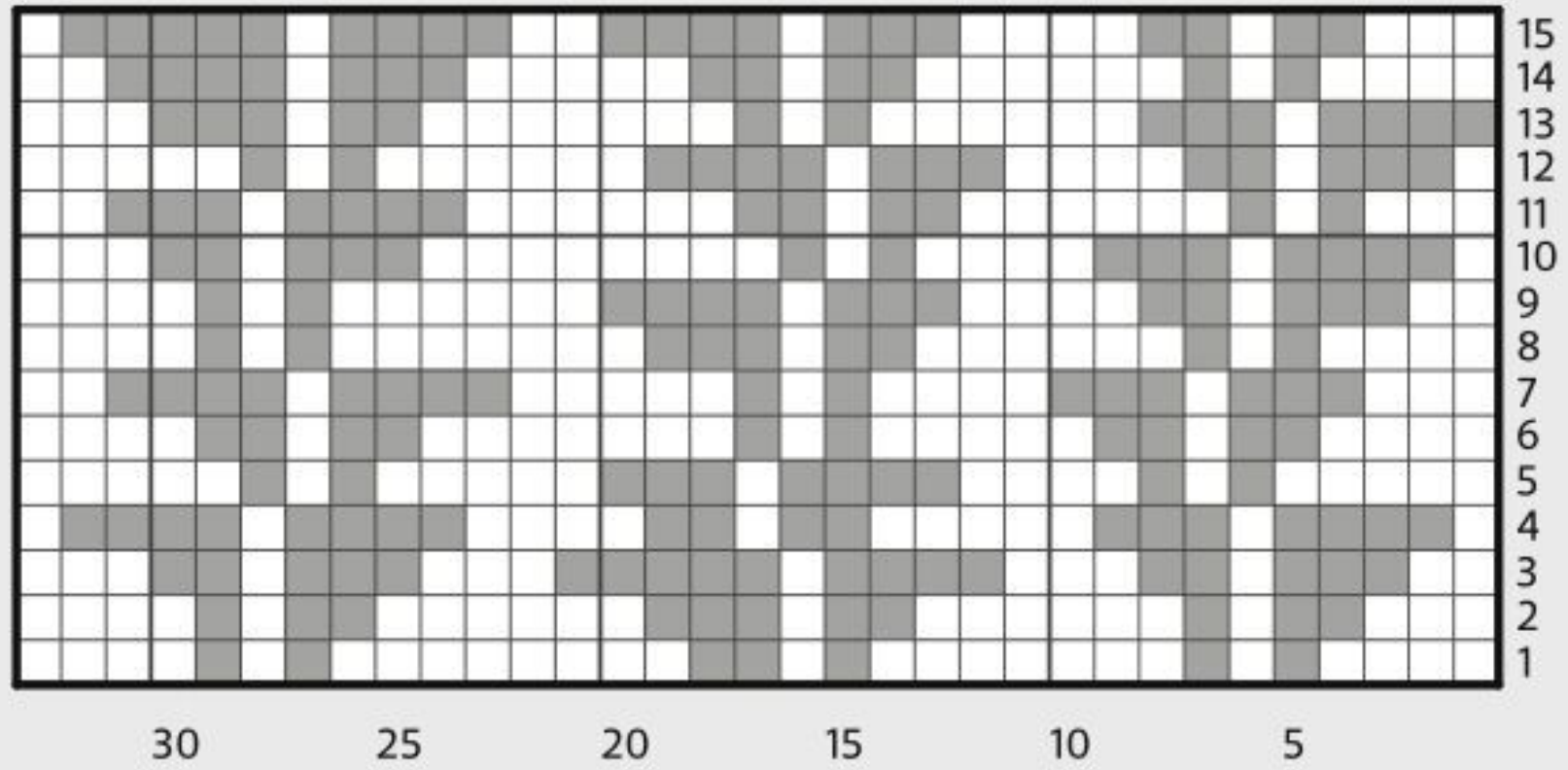


Chart D



**Rows 5-6:** Knit.  
Cast off.

Left mitt only

With RS facing, using 2.25mm needles and yarn A, pick up 20 sts along cuff rib edge, starting from top of cuff. Do not join.

**Rows 1-3:** Knit.  
**Row 4:** K3, K2tog tbl, yo, \*K4, K2tog tbl, yo; rep from \* once more, K3.  
**Rows 5-6:** Knit.  
Cast off.

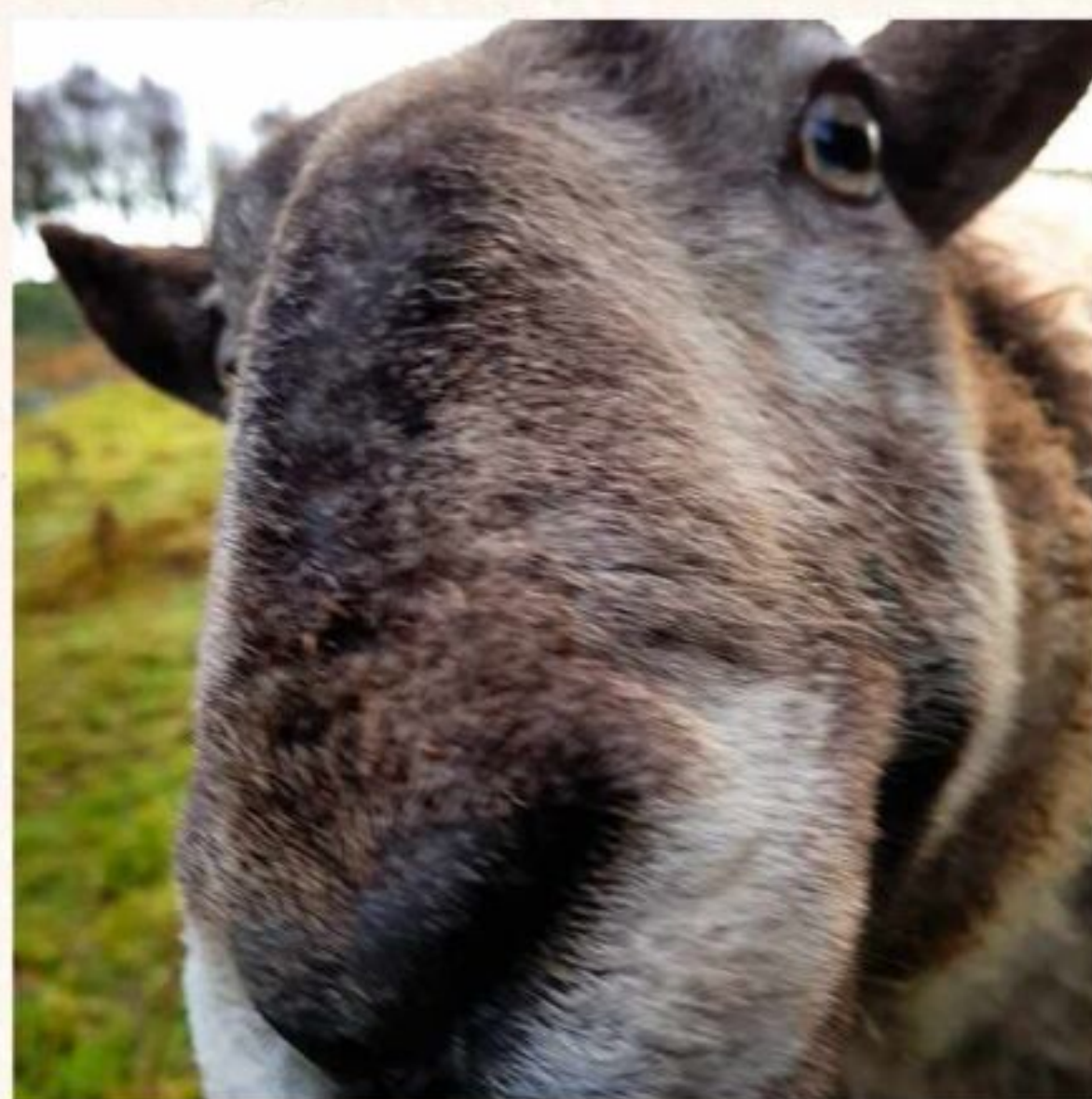
FINISHING

Both mitts

Sew buttons to opposite side of cuff to match buttonholes.

Block and press gently if required, following any yarn care instructions on the ball band. ☺





# Queen of the flock

Graeme Bethune remembers the very special sheep who inspired him to start up his own yarn business



**IN EARLY** November 2021, I found my aged lead sheep, named Boss Ewe, dead. It was expected, and she went quietly in her sleep, but it has hit me hard.

Now, after a bit of time, in order to remember the pleasure she gave me in her life, I am going to start to tell you why she was such a special sheepie.

Boss Ewe was born on a warm sunny afternoon. I stepped around a corner in the yard and her mother was standing there with two black feet sticking out her back end. I was so shocked - I'd never had a black lamb before. After two seconds of staring I realised the lamb was

stuck and needed a wee pull into the world. The lamb promptly pulled her legs back in; looking back, this was a sign of a sheep who wanted to be in control. A bit more steady pulling, away and slightly down, and out she comes. She was black! And beautiful!

I was so delighted that I was giddy - I am not normally a giddy sort, but I did a dance of joy in the privacy of the yard. I placed the lamb in front of her mother who was frenzied with love, licking and making the special noise new mother sheeps make.

I went next door to get iodine for her navel, and that's when I heard it: the first "Maaaghh" of this new life. It was, and is still, the most distinctive and demanding

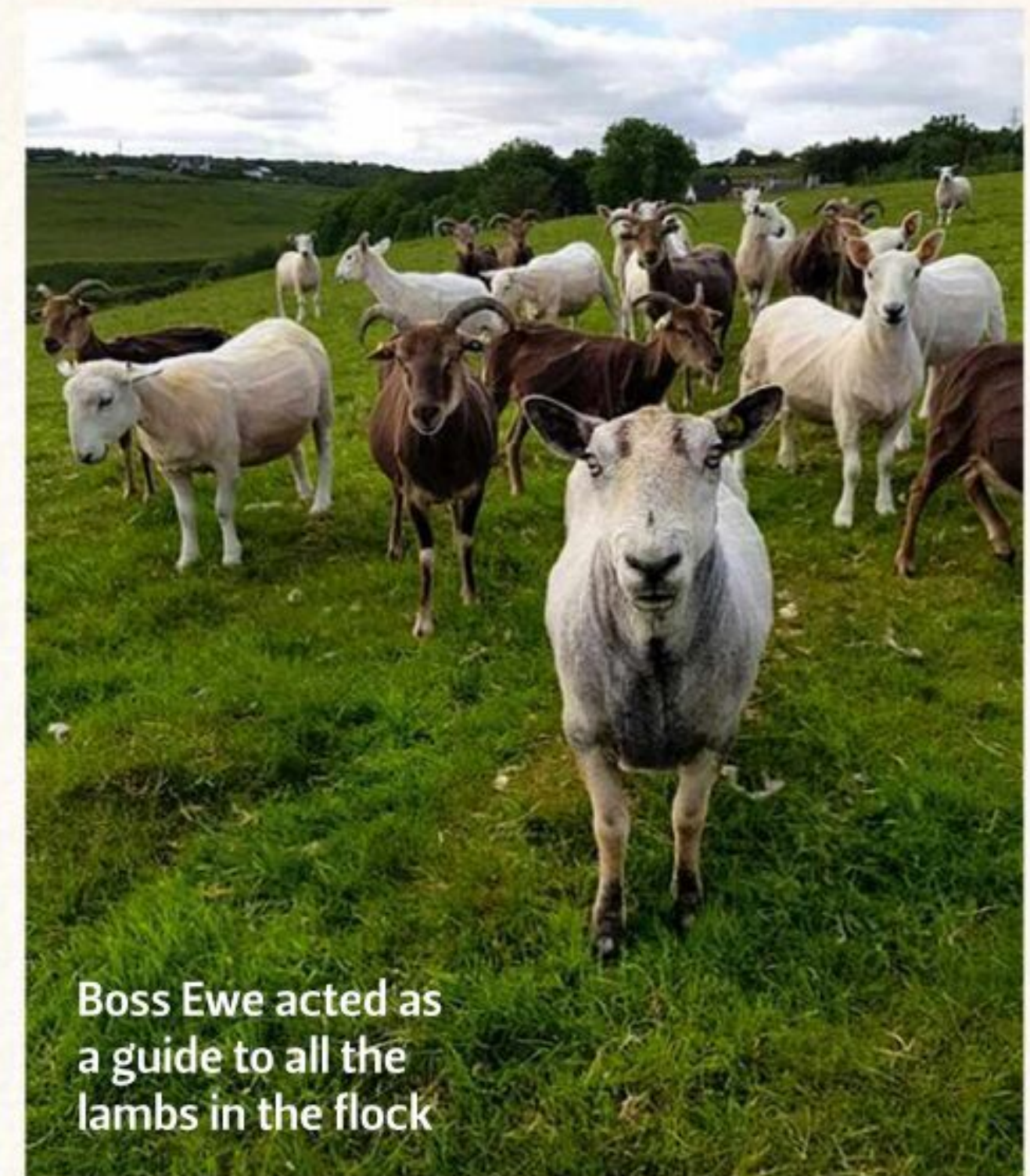
sheep call I have experienced. The only thing that would change over the next eleven years was the depth of tone, deepening with age; she would never lose the demanding and slightly outraged note she made in her first seconds of life. Boss Ewe, as I came to call her, would for the rest of her life "maaaghh" at me, demanding to be fed.

## A natural leader

As a rule I do not name my sheep, and I did not name Boss Ewe. It was more like a description which became a title, a way to identify which sheepie had done something of note when telling my parents a small anecdote about the day: "that coloured sheepie, you know, the



# Tales from the farm



Boss Ewe acted as a guide to all the lambs in the flock

bossy one...". Eventually it became Boss Ewe. She well deserved the name as she continued to demand I that bend to her desire and not the other way around. Year-round as I walked through the flock she would shove her way to my side, always on the right, and walk beside me.

In the summer, after a few days in a new field, she would demand to get into the next when she wanted, trying to shove past you through the gate, running towards and then standing and looking pointedly at the exit gate whenever you walked through the sheep. In winter she would start shouting her special voice around midday, wanting to be fed. Normally the sheeps got fed at the end of daylight, but her belly clock always ran fast. Boss found that there was a spot in many of my fields which gave her a view of some point of the house or yard. She would go there and watch for movement, and when she saw me she would shout. I always heard it as "Want Fed!" not "Maaaghh". I miss this voice terribly.

In the autumn of their sixth year, I normally sell my ewes south to softer pastures, but I kept Boss. She retired

from the breeders, and despite her protests at breeding time at not breeding, she became the leader of the lambs' flock. Each year I place an experienced ewe in with the lambs to teach them about life, and Boss held that role for five years, teaching every homebred sheep I now have how to be a good sheep.

The first lesson she taught is that we run, unafraid, towards Graeme as he may feed you! So each new generation of sheep has learnt, from Boss, that I am their shepherd and not to be afraid of me. She taught the lambs by demonstrating: This is hay, I eat this, you can eat this. These pellets Graeme is putting on the ground are food, so eat. The sound of a rattled bucket is the announcement of food time, so come fast!

## Life lessons

Day one, only Boss eats (don't put too much out); day two the boldest lambs investigate what Boss is doing (still a small ration); day three, half the lambs are eating hay or dry food (more food well spread out); and within a week everyone is scoffing at it. The lessons

a lamb needs are not all about food. They include where to hide in bad weather; how to move from one field to the next, knowing the routes through the farm; and importantly, how to enter and move through a handling system. And so many more small details - all the little things that make a sheep's life on my farm easier.

Nothing I can tell you really conveys the whole of what a singular animal Boss was. I thought I understood at the time, but since her passing, as I feel her absence, I am reassessing what a huge presence she had on the farm. Boss made me happy, and her little ways made me smile. Working with Boss made me a much better shepherd. She was exactly what I wanted the sheep on my farm to be like; strong in character and body, healthy, good mothers, content in their lives. Most of all, she was never afraid and was always happy to see me. After all, I might have food. ☺

- Graeme Bethune is a sheep farmer and the owner of Caithness Yarns. Read his monthly column about his farming adventures on p90





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LINDA MARVENG

# Fulla

This cardigan has contrasting panels of colour and texture, and a tailored look



*Fulla*



I-cord details add a smart finish to the shawl collar and shoulders





“**NAMED FOR** the Norse goddess, this straight seamless cardigan is adorned with cables on the body and has a shawl collar,” says Linda Marveng. “As well as contrasting textures, this design uses colour blocking, with four contrasting shades of Rowan’s Felted Tweed. The darkest shade is used for the bottom hem, the i-cord collar edges and for the decorative i-cord around the top of the shoulder. The lightest colour is for the collar tuck, while the last contrast colour is for the collar itself.”

### PATTERN NOTES

The cardigan is worked in one piece and is seamless. The body is worked in one piece up to the armholes, with a faux side seam made by a purl stitch and sides in stocking stitch, then is divided into three parts for fronts and back. The shoulders are worked with short rows and joined with a three-needle cast-off. The sleeves and the bottom band are worked top down. The collar is picked up at the end; first one tuck is made in yarn B, then worked in garter stitch, using yarn C, with increases at the centre back neck. The collar ends in an i-cord cast-off in yarn D. In addition, a decorative i-cord in yarn D is worked around the top of the sleeve cap.

### SIZE

|               | XS      | S     | M       | L       | 1XL     | 2XL     | 3XL     | 4XL     | 5XL     |    |
|---------------|---------|-------|---------|---------|---------|---------|---------|---------|---------|----|
| TO FIT BUST   | 70–75   | 79–84 | 88–93   | 97–102  | 106–111 | 115–120 | 124–129 | 133–138 | 142–147 | cm |
|               | 27½–29½ | 31–33 | 34¾–36½ | 38¼–40¼ | 41¾–43¾ | 45¼–47¼ | 48¾–50¾ | 52¼–54¼ | 56–57¾  | in |
| ACTUAL BUST   | 82      | 90    | 101     | 106     | 114     | 126     | 134     | 143     | 150     | cm |
|               | 32¼     | 35½   | 39¾     | 41¾     | 45      | 49½     | 52¾     | 56¼     | 59      | in |
| ACTUAL LENGTH | 62      | 63    | 64      | 65      | 66      | 67      | 68      | 69      | 70      | cm |
|               | 24½     | 24¾   | 25¼     | 25½     | 26      | 26½     | 26¾     | 27¼     | 27½     | in |
| SLEEVE SEAM   | 49      | 49    | 49      | 50      | 50      | 50      | 51      | 51      | 51      | cm |
|               | 19¼     | 19¼   | 19¼     | 19¾     | 19¾     | 19¾     | 20      | 20      | 20      | in |

### YARN

| Rowan Felted Tweed (DK weight; 50% wool, 25% viscose, 25% alpaca; 175m/191yds per 50g ball) |   |   |   |   |   |    |    |    |    |            |
|---|---|---|---|---|---|----|----|----|----|------------|
| A FJORD (218)   | 6 | 7 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | x50g BALLS |
| B ALABASTER (197)   | 1 | 1 | 1 | 1 | 1 | 1  | 1  | 1  | 1  | x50g BALLS |
| C HELIOTROPE (219)  | 1 | 2 | 2 | 2 | 2 | 2  | 2  | 3  | 3  | x50g BALLS |
| D BLACK (211)   | 1 | 1 | 2 | 2 | 2 | 3  | 3  | 3  | 3  | x50g BALLS |

**CABLE PANEL**  
(multiple of 8 sts)  
**Row 1 (RS):** \*P2, C4B, P2; rep from \* to end.  
**Row 2 (WS):** \*K2, P4, K2; rep from \* to end.  
**Row 3:** \*T4B, T4F; rep from \* to end.  
**Rows 4 and 6:** \*P2, K4, P2; rep from \* to end.  
**Row 5:** K2, P4, \*C4F, P4; rep from \* to last 2 sts, K2.  
**Row 7:** \*T4F, T4B; rep from \* to end.  
**Row 8:** Rep Row 2.

### BODY

Using 4mm longer circular needles, waste yarn and a provisional cast-on method such as the crochet cast-on, cast on 184 (200:226:240:258:284:302:322:338) sts.  
**Next row (RS):** Using yarn A, knit to end.  
**Next row (WS):** Using yarn A, purl.

### PREPARE FOR DECORATIVE I-CORD

Using two 4mm longer circular needles held parallel in your right hand, knit onto both needles to end of row. Drop 1 circular needle to use as a holder for these sts for the decorative i-cord worked at the end, and using the working needle continue with set-up.  
**Set-up row (WS):** P5 (5:3:5:5:6:6:3:5), K2, pm, (K2, P1, M1P, P1, M1P, K2) 5 (5:6:6:6:6:6:7:7) times, pm, K2, P7 (11:14:15:18:24:27:29:32), K1 for side seam, P7 (11:14:15:18:24:27:29:32), K2, pm,

(K2, P1, M1P, P1, M1P, K2) 12 (12:13:14:15:15:16:17:17) times, pm, K2, P7 (11:14:15:18:24:27:29:32), K1 for side seam, P7 (11:14:15:18:24:27:29:32), K2, pm, (K2, P1, M1P, P1, M1P, K2) 5 (5:6:6:6:6:6:7:7) times, pm, K2, P5 (5:3:5:5:6:6:3:5).  
228 (244:276:292:312:338:358:384:400) sts.

### SET PATTERN

**Row 1 (RS):** K5 (5:3:5:5:6:6:3:5), P2, slm, (work Row 1 of Cable Panel) 5 (5:6:6:6:6:6:7:7) times, slm, P2, K7 (11:14:15:18:24:27:29:32), P1 for seam, K7 (11:14:15:18:24:27:29:32), P2, slm, (work Row 1 of Cable Panel) 12 (12:13:14:15:15:16:17:17) times, slm, P2, K7 (11:14:15:18:24:27:29:32), P1 for seam, K7 (11:14:15:18:24:27:29:32), P2, slm, (work Row 1 of Cable Panel) 5 (5:6:6:6:6:6:7:7) times, slm, P2, K5 (5:3:5:5:6:6:3:5).  
**Row 2 (WS):** P5 (5:3:5:5:6:6:3:5), K2, slm, work Row 2 of Cable Panel to mrk, slm, K2, P7 (11:14:15:18:24:27:29:32), K1 for seam, P7 (11:14:15:18:24:27:29:32), K2, slm, work Row 2 of Cable Panel to mrk, slm, K2, P7 (11:14:15:18:24:27:29:32), K1 for seam, P7 (11:14:15:18:24:27:29:32), K2, slm, work Row 2 of Cable Panel to mrk, slm, K2, P5 (5:3:5:5:6:6:3:5).  
These 2 rows set Cable Panel, faux side seam st in rev st st, and edges in st st. Cont in patt as set straight until Body meas 35cm from cast-on edge (this allows for



## NEEDLES & ACCESSORIES

Two 4mm (UK 8/US 6) circular needles,  
100–120cm long  
4mm (UK 8/US 6) circular needles,  
40–60cm long  
3.75mm (UK 9/US 5) circular needles,  
100–120cm long  
3.75mm (UK 9/US 5) circular needles,  
40–60cm long  
Cable needle (cn)  
Stitch holders  
Stitch markers  
Waste yarn

## TENSION

22 sts and 30 rows to 10cm over st st using  
4mm needles.  
22 sts and 40 rows to 10cm over garter stitch  
using 3.75mm needles.  
Front cable panel of 40 (40:48:48:48:48:48:  
56:56) sts meas 12 (12:14:14:14:14:14:17) cm  
wide.  
Back cable panel of 96 (96:104:112:120:120:128:  
136:136) sts meas 29 (29:32:34:36:36:39:41:41)  
cm wide.

7cm band to be added later), ending after  
a WS row.

## DIVIDE FOR ARMHOLES

**Next row (RS):** \*Patt to 3 (3:3:3:3:4:4:5:5)  
sts before side seam st, cast off next  
7 (7:7:7:7:9:9:11:11) sts for armhole; rep from  
\* once more, patt to end.  
214 (230:262:278:298:320:340:362:378) sts;  
53 (57:66:69:72:78:81:87:92) sts for each  
Front, and 108 (116:130:140:154:164:178:  
188:194) sts for Back.  
Cont to work each part separately.

## LEFT FRONT

Cont with attached yarn A on next  
53 (57:66:69:72:78:81:87:92) sts.  
Patt 1 WS row.

Note: Read ahead; neck and armhole  
shaping are worked AT THE SAME TIME.

## SHAPE ARMHOLE

Keep patt correct throughout and work  
armhole decreases AT THE SAME TIME  
as the following neck shaping.  
Cast off 2 (2:2:2:3:3:3:4:4) sts at beg of next  
1 (2:2:3:2:2:3:2:2) RS rows.  
Cast off 1 (1:1:1:2:2:2:3:3) sts at beg of next  
1 (1:1:1:2:3:3:2:3) RS rows.  
Cast off 0 (0:0:0:1:1:1:2:2) sts at beg of next  
0 (0:0:0:1:2:2:2:2) RS rows.

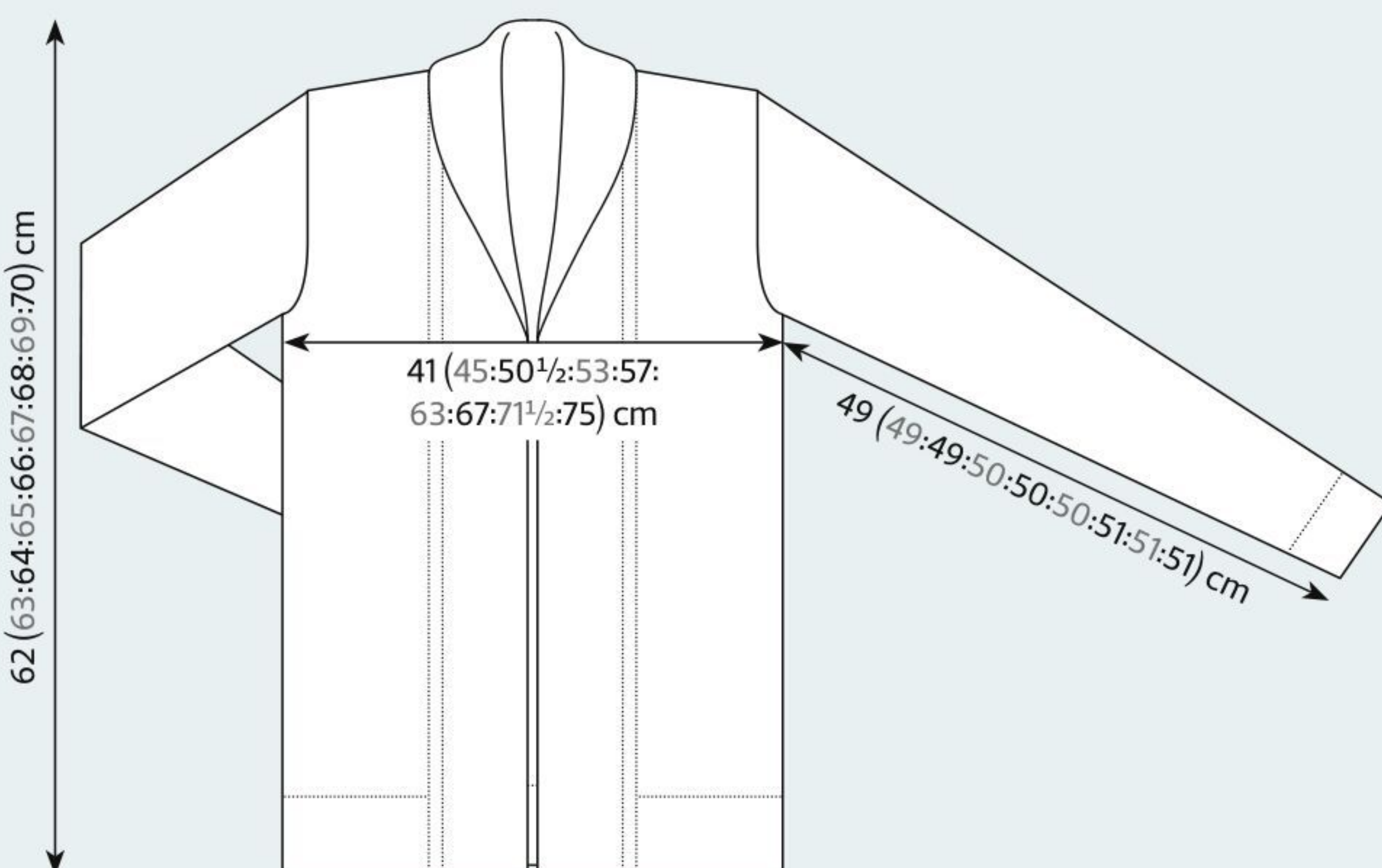
## YARN STOCKISTS

Rowan 01484 668200 [www.knitrowan.com](http://www.knitrowan.com)

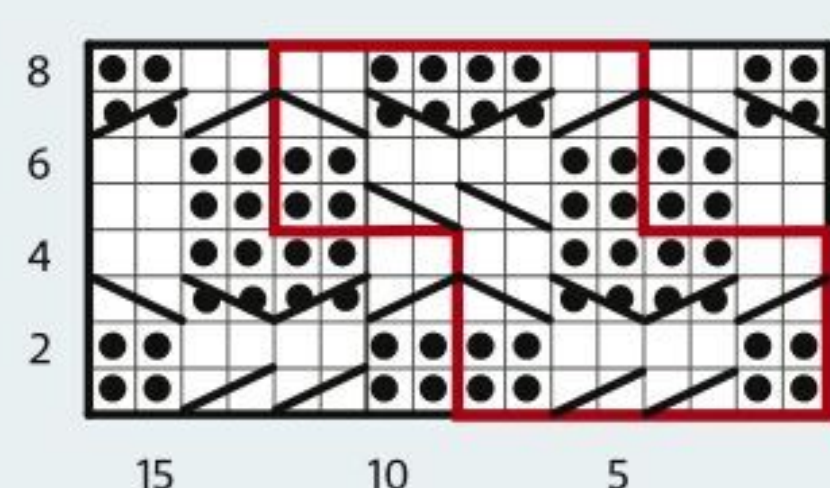
## SPECIAL ABBREVIATIONS

**C4F:** Slip 2 sts to cn and hold at front of work, K2; K2 from cn.  
**C4B:** Slip 2 sts to cn and hold at back of work, K2; K2 from cn.  
**T4F:** Slip 2 sts onto cn and hold at front of work, P2; K2 from cn.  
**T4B:** Slip 2 sts onto cn and hold at back of work, K2; P2 from cn.  
**pmA (B):** Place marker A (B).  
For general abbreviations, see p89

## BLOCKING DIAGRAM



## CHART



## KEY

|  |                  |  |     |
|--|------------------|--|-----|
|  | K on RS; P on WS |  | T4B |
|  | P on RS; K on WS |  | T4F |
|  | Repeat           |  | C4B |
|  |                  |  | C4F |

Cast off 0 (0:0:0:0:0:0:1:1) st at beg of next  
0 (0:0:0:0:0:0:1:1) RS row.  
3 (5:5:7:11:14:17:19:22) sts dec'd for armhole.

## AT THE SAME TIME SHAPE V-NECK

Shape the neck AT THE SAME TIME as the  
armhole shaping above.  
Note: When the cable pattern is disrupted  
by decreases, work affected sts in a cable  
crossing with 3 sts or in rev st st patt.  
**Dec row (RS):** Patt to last 4 sts, P1, K2tog,  
K1. 1 st dec'd.  
Rep dec row every RS row a further  
25 (26:27:26:24:25:23:26:28) times.  
24 (25:33:35:36:38:40:41:41) sts rem after  
armhole and V-neck shaping.  
Patt straight until armhole meas  
18 (18:19:20:21:22:23:24:25) cm,

ending after a RS row.

## GATHER CABLE

Dec 1 st in each rem cable rep as follows:  
**Dec row (WS):** Patt to mrk, remove mrk,  
(patt 3 sts, patt 2 sts tog, patt 3 sts)  
2 (2:3:3:3:3:4:4) times, patt to end,  
removing mrk.  
22 (23:30:32:33:35:37:37:37) sts.

Work 3 rows straight in st st.

## SHAPE SHOULDER USING SHORT ROWS

**Row 1 (WS):** Purl to last 7 (7:10:10:11:11:12:  
12:12) sts, w&t.  
**Row 2 (RS):** Knit to end.  
**Row 3:** P7 (7:10:10:11:11:12:12:12) sts, w&t.  
**Row 4:** Knit to end.



**Row 5:** Purl to end, working wraps tog with the wrapped sts as you come to them. Place rem 22 (23:30:32:33:35:37:37:37) sts on a holder.

## RIGHT FRONT

With WS facing, rejoin yarn A to 53 (57:66:69:72:78:81:87:92) held sts for Right Front and patt to end.

Note: Read ahead; neck and armhole shaping are worked AT THE SAME TIME.

### SHAPE ARMHOLE

Keep patt correct throughout and work armhole decreases AT THE SAME TIME as the following neck shaping.

Cast off 2 (2:2:2:3:3:3:4:4) sts at beg of next 1 (2:2:3:2:2:3:2:2) WS rows.

Cast off 1 (1:1:1:2:2:2:3:3) sts at beg of next 1 (1:1:1:2:3:3:2:3) WS rows.

Cast off 0 (0:0:0:1:1:1:2:2) sts at beg of next 0 (0:0:0:1:2:2:2:2) WS rows.

Cast off 0 (0:0:0:0:0:0:1:1) st at beg of next 0 (0:0:0:0:0:0:1:1) WS row.

3 (5:5:7:11:14:17:19:22) sts dec'd for armhole.

### AT THE SAME TIME SHAPE V-NECK

Shape the neck AT THE SAME TIME as the armhole shaping above.

Note: When the cable pattern is disrupted by decreases, work affected sts in a cable crossing with 3 sts or in rev st st patt.

**Dec row (RS):** K1, SSK, P1, patt to end. 1 st dec'd.

Rep dec row every RS row a further 25 (26:27:26:24:25:23:26:28) times.

24 (25:33:35:36:38:40:41:41) sts rem after armhole and V-neck shaping.

Patt straight until armhole meas 18 (18:19:20:21:22:23:24:25) cm, ending after a RS row.

### GATHER CABLE

Dec 1 st in each rem cable rep as follows:

**Dec row (WS):** Patt to mrk, remove mrk, (patt 3 sts, patt 2 sts tog, patt 3 sts)

2 (2:3:3:3:3:3:4:4) times, patt to end, removing mrk.

22 (23:30:32:33:35:37:37:37) sts.

Work 2 rows straight in st st.

### SHAPE SHOULDER USING SHORT ROWS

**Row 1 (RS):** Knit to last 7 (7:10:10:11:11:12:12:12) sts, w&t.

**Row 2 (WS):** Purl to end.

**Row 3:** K7 (7:10:10:11:11:12:12:12) sts, w&t.

**Row 4:** Purl to end.

**Row 5:** Knit to end, working wraps tog with the wrapped sts as you come to them.

Patt 1 WS row.

Place rem 22 (23:30:32:33:35:37:37:37) sts on a holder.

## BACK

With WS facing, rejoin yarn A to 108 (116:130:140:154:164:178:188:194) held sts for Back and patt to end.

### SHAPE ARMHOLES

Keep patt correct throughout.

Cast off 2 (2:2:2:3:3:3:4:4) sts at beg of next 2 (4:4:6:4:4:6:4:4) rows.

104 (108:122:128:142:152:160:172:178) sts.

Cast off 1 (1:1:1:2:2:2:3:3) sts at beg of next 2 (2:2:2:4:6:6:4:6) rows.

102 (106:120:126:134:140:148:160:160) sts.

Cast off 0 (0:0:0:1:1:1:2:2) sts at beg of next 0 (0:0:0:2:4:4:4:4) rows.

- (-:-:-132:136:144:152:152) sts.

Cast off 0 (0:0:0:0:0:0:1:1) st at beg of next 0 (0:0:0:0:0:0:2:2) rows.

- (-:-:-:-:-150:150) sts.

102 (106:120:126:132:136:144:150:150) sts.

Patt straight until armholes meas

18 (18:19:20:21:22:23:24:25) cm, ending after a RS row.

### GATHER CABLE

Dec 1 st in each rem cable rep as follows:

**Dec row (WS):** Patt to mrk, remove mrk, (patt 3 sts, patt 2 sts tog, patt 3 sts)

12 (12:13:14:15:15:16:17:17) times, remove mrk, patt to end.

90 (94:107:112:117:121:128:133:133) sts.

### DIVIDE FOR NECK

**Next row (RS):** K22 (23:30:32:33:35:37:37:37) sts and place rem 68 (71:77:80:84:86:91:96:96) sts on a holder for neck and left shoulder.

### SHAPE RIGHT SHOULDER USING SHORT ROWS

Work 2 rows straight in st st on these 22 (23:30:32:33:35:37:37:37) sts for right shoulder.

**Row 1 (WS):** Purl to last 7 (7:10:10:11:11:12:12:12) sts, w&t.

**Row 2 (RS):** Knit to end.

**Row 3:** P7 (7:10:10:11:11:12:12:12) sts, w&t.

**Row 4:** Knit to end.

**Row 5:** Purl to end, working wraps tog with the wrapped sts as you come to them.

Place rem 22 (23:30:32:33:35:37:37:37) sts on a holder.

### SHAPE BACK NECK

With RS facing, rejoin yarn A to 68 (71:77:

80:84:86:91:96:96) held sts and cast off 46 (48:47:48:51:51:54:59:59) sts for back neck, knit to end.

22 (23:30:32:33:35:37:37:37) Left shoulder sts.

### SHAPE LEFT SHOULDER USING SHORT ROWS

Purl 1 WS row.

**Row 1 (RS):** Knit to last 7 (7:10:10:11:11:12:12:12) sts, w&t.

**Row 2 (WS):** Purl to end.

**Row 3:** K7 (7:10:10:11:11:12:12:12) sts, w&t.

**Row 4:** Purl to end.

**Row 5:** Patt to end, working wraps tog with the wrapped sts as you come to them.

Patt 1 WS row.

Place rem 22 (23:30:32:33:35:37:37:37) sts on a holder.

### JOIN SHOULDERS

With RS facing each other and using yarn A, join shoulder seams using a three-needle cast-off.

## BODY BOTTOM BAND

Unzip provisional cast-on sts, place 184 (200:226:240:258:284:302:322:338) sts on 3.75mm longer circular needles with RS facing and join yarn D.

**Row 1 (RS):** Knit.

**Row 2 (WS):** P1, knit to last st, P1.

These 2 rows set patt of garter st with st st edge st.

Patt 22 more rows until band meas approx. 6cm.

### I-CORD CAST-OFF

With RS facing, cast on 3 sts at beg of row onto LH needle using the cable cast-on method. \*K2, K2tog tbl, do not turn, slip these 3 sts back to LH needle, pull yarn tightly behind work; rep from \* to last 3 sts. Cast off rem sts.

### DECORATIVE I-CORD

With RS facing, using yarn A and holding circular needle with 184 (200:226:240:258:284:302:322:338) sts, work decorative i-cord cast-off as follows: Cast on 3 sts at beg of row to LH needle using the cable cast-on method. \*K2, K2tog tbl, do not turn, slip these 3 sts back to LH needle, pull yarn tightly behind work; rep from \* to last 3 sts. Cast off rem sts.

## SLEEVES

(both alike)

With RS facing, using yarn A and 3.75mm shorter circular needles, starting at centre



of the underarm cast-off sts, pick up and knit 35 (37:39:41:43:45:47:51:55) sts between the bottom centre and the shoulder seam (about 1 st per 2 rows), then pick up and knit 35 (37:39:41:43:45:47:51:55) more sts working from shoulder back to centre of underarm. Slip all sts onto shorter 4mm circular needles. Join to work in the round. PmA for beg of round.  
70 (74:78:82:86:90:94:102:110) sts.

## SHAPE SLEEVE CAP

**Short row 1:** K10 (12:13:13:14:13:15:18:22), pmB, K31 (31:32:34:35:39:39:40:40), w&t.  
**Short row 2:** P12 (12:12:12:12:14:14:14:14), work wrap tog with wrapped st, w&t.  
**Short row 3:** K13 (13:13:13:13:15:15:15:15), work wrap tog with wrapped st, w&t.  
**Short row 4:** P14 (14:14:14:14:16:16:16:16), work wrap tog with wrapped st, w&t.  
Cont as set, working 1 more st on each row until the last st before mrkB is wrapped. Remove mrkB.  
**Next row (RS):** Knit to end, working wrap tog with wrapped st as you come to it.

Cont working in the round and work last wrap tog with wrapped st on first round.  
**Next round:** P1, knit to end.  
Rep this round 13 more times.

## SHAPE SLEEVE

**Dec round:** P1, K1, K2tog, knit to last 3 sts, SSK, K1. 2 sts dec'd.  
Rep dec rnd on every 10th (10th:10th:8th:8th:6th:6th:6th:4th) round 5 (3:3:14:14:16:16:6:24) times, then on every 8th (8th:8th:-:-:-:-4th:-) round 5 (9:9:0:0:0:0:14:0) times.  
48 (48:52:52:56:56:60:60:60) sts.

Work straight in st st until Sleeve meas 44 (44:44:45:45:45:46:46:46) cm.

## PREPARE FOR DECORATIVE I-CORD

Using two 4mm circular needles held parallel in your right hand, knit onto both needles to end of row. Drop 1 circular needle to use as a holder for these sts for the decorative i-cord worked later, and using working needle cont with cuff. Do not break yarn.

## CUFF

Change to yarn D.  
**Round 1:** Knit.  
**Round 2:** Purl.  
These 2 rounds set garter st.  
Patt 14 more rounds until cuff meas approx. 4cm.

## I-CORD CAST-OFF

Using waste yarn, cast on 3 sts at beg of round onto LH needle using a provisional cast-on method. Change to yarn D.  
\*K2, K2tog tbl, do not turn, slip these 3 sts back to LH needle, pull yarn tightly behind work; rep from \* to last 3 sts.  
Unzip preliminary cast-on sts and place 3 sts on needle. Graft these to rem 3 sts from final i-cord row.

## DECORATIVE CAST-OFF

With RS facing, using yarn A and holding circular needle with 48 (48:52:52:56:56:60:60:60) sts, work decorative i-cord cast-off as follows: Cast on 3 sts at beg of round to LH needle using the cable cast-on method. \*K2, K2tog tbl, do not turn, slip these 3 sts back to LH needle, pull yarn tightly behind work; rep from \* to last 3 sts. Sew rem 3 sts to 3 cast-on sts.

## TO MAKE UP

Block gently to measurements, following any yarn care instructions on the ball band.

## COLLAR

With RS facing, using 4mm longer circular needles and yarn A, beg from right front i-cord cast-off, pick up and knit 19 sts along bottom band, pick up and knit 84 sts to neck shaping (approx. 3 sts for every 4 rows), pick up and knit 44 (45:46:47:48:49:50:51:52) sts to shoulder, pick up and knit 7 sts to cast-off sts at centre back, pick up and knit 46 (46:46:46:48:48:50:54:54) from back neck cast-off edge, pick up and knit 7 sts to shoulder, pick up and knit 44 (45:46:47:48:49:50:51:52) sts to beg of neck shaping, pick up and knit 84 sts to beg of bottom band, pick up and knit 19 sts to cast-off edge of bottom band.  
354 (356:358:360:364:366:370:376:378) sts.

## MAKE TUCK

Change to yarn B and use an additional 4mm longer circular needle to make tuck. Hold the two 4mm circular needles parallel in your right hand, purl onto both needles to end of row. Drop 1 circular needle to use as a holding needle for these sts until tuck is complete. Using working needle, work 6 more rows straight in st st.  
To close tuck, fold fabric so holding needle is behind work, then using working needle, \*K2tog with 1 st from each needle; rep from \* to end.  
354 (356:358:360:364:366:370:376:378) sts rem on only one needle.  
Purl 1 WS row.

## SET PATTERN

Change to yarn C and 3.75mm longer circular needles.  
Work in garter st as follows:  
**Row 1 (RS):** Sl 1 wyif, knit to end.  
**Row 2 (WS):** Sl 1 wyif, knit to end.  
Knit 14 more rows in patt. Place a mrk on each Front 50 (50:51:52:53:54:55:56:57) sts down from shoulder on the final patt row for shaping of the collar.

## SHAPE COLLAR

Cont in garter st, work short rows across neck as follows:  
**Short row 1 (RS):** Knit to 2 sts before last mrk, w&t.  
**Short row 2 (WS):** Knit to 2 sts before mrk, w&t.  
**Short row 3:** Knit to 2 sts before last wrapped st, w&t.  
Rep Short Row 3 until you have worked a total of 38 short rows, ending after a WS row.  
**Next row (RS):** Knit to end, working wraps tog with wrapped sts as you come to them and remove mrk.  
**Next row (WS):** Knit to end, working wraps tog with wrapped sts as you come to them and remove mrk.

## I-CORD CAST-OFF

Change to yarn D.  
With RS facing, cast on 4 sts onto LH needle using the cable cast-on method.  
\*K3, K2tog tbl, do not turn, slip these 4 sts back to LH needle; rep from \* to last 4 sts.  
Cast off rem sts.

## SHOULDER DECORATION

With RS facing, using 4mm shorter circular needle and yarn D, beg 15 (18:18:21:21:24:24:27:27) rows down from shoulder into purl column closest to seam, pick up and knit 12 (14:14:16:16:18:18:20:20) sts up armhole to shoulder (with yarn at WS and into centre of st), pick up and knit 12 (14:14:16:16:18:18:20:20) sts from shoulder down.  
24 (28:28:32:32:36:36:40:40) sts.

## I-CORD CAST-OFF

Cast on 3 sts at beg of row onto LH needle using the cable cast-on method.  
\*K2, K2tog tbl, do not turn, slip these 3 sts back to LH needle, pull yarn tightly behind work; rep from \* to last 3 sts.  
Cast off rem sts.

## FINISHING

Weave in all ends on the WS.  
Steam and stretch collar. ☺





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SANDRA NESBITT

# Helleborine

This spring-like shawl has bands of leafy lace and stranded colourwork floral motifs





SANDRA NESBITT  
**Helleborine**

**THIS DELICATE**, wide triangular shawl from Sandra Nesbitt is worked back and forth in a lace pattern from the bottom point up. Three bands of feminine mosaic flowers are incorporated to break up the solid areas of colour. The shawl is finished off with a few rows of garter stitch before an i-cord cast-off. Sandra's design is knitted in Exquisite 4ply, a beautifully silky and luxurious yarn from West Yorkshire Spinners.

## PATTERN NOTES

After the first 6 rows, 4 stitches are increased on each RS row. For some of the colour transitions, you will need to slide your work back to the other end of the circular needle in order to work a RS row. When working the flower bands (Chart D), stitches are slipped purlwise with the yarn stranded loosely across the WS of the work. Carry the colours not in use up the side of the work. Make sure not to pull the unused yarn too tightly, to avoid puckering the fabric.

## SPECIAL TECHNIQUES

### I-CORD CAST-OFF

Step 1: Cast on 3 sts.

Step 2: K2.

Step 3: K2tog tbl.

Step 4: Slip 3 sts from RH needle to LH needle.

Rep steps 2–4 until 3 sts remain.

Step 5: K2tog tbl, K1.

Step 6: Slip 2 sts from RH needle to LH needle.

Step 7: K2tog tbl and fasten off.

## STITCH PATTERNS

### LACE PATTERN CHART A

**Row 1 (RS):** K2, yo, K1, yo, K2. 7 sts.

## SIZE

Wingspan: 167cm (65<sup>3</sup>/<sub>4</sub>in)

Depth: 57cm (22<sup>1</sup>/<sub>2</sub>in)

## YARN

**West Yorkshire Spinners** Exquisite 4ply (4ply weight; 80% Falkland wool; 20% mulberry silk; 400m/437yds per 100g skein)

**A** Knightsbridge (148); 1 x 100g skein

**B** Wisteria (402); 1 x 100g skein

## YARN STOCKISTS

**West Yorkshire Spinners**

01535 664500 [www.wyspinners.com](http://www.wyspinners.com)

## NEEDLES & ACCESSORIES

3.25mm (UK 10/US 3) circular needles,

100–120cm long

Cable needle (cn) (optional)

## TENSION

28 sts to 36 rows to 10cm over st st using 3.25mm needles.

1 repeat of lace pattern (20 sts and 20 rows) measures 7<sup>1</sup>/<sub>2</sub>cm wide and 6cm high, using 3.25mm needles.

1 repeat of flower band pattern (20 sts and 22 rows) measures 7<sup>1</sup>/<sub>2</sub>cm wide and 3<sup>1</sup>/<sub>2</sub>cm high, using 3.25mm needles.

## LACE PATTERN CHART B

Note: The first time you work Rows 1–7, no repeat is needed.

**Row 1 (RS):** K2, yo, K1, yo, K7, P4, K1, \*P1, K1, P4, K9, P4, K1; rep from \* to last 16 sts, P1, K1, P4, K7, yo, K1, yo, K2.

**Row 2 (WS):** K3, P9, K4, P1, K1, \*P1, K4, P9, K4, P1, K1; rep from \* to last 17 sts, P1, K4, P9, K3.

**Row 3:** K2, yo, K1, yo, K9, P4, K1, \*P1, K1, P4, K9, P4, K1; rep from \* to last 18 sts, P1, K1, P4, K9, yo, K1, yo, K2.

**Row 4:** K5, P9, K4, P1, K1, \*P1, K4, P9, K4, P1, K1; rep from \* to last 19 sts, P1, K4, P9, K5.

**Row 5:** K2, yo, K1, yo, P2, yo, SSK, K5, K2tog, yo, P3, T2B, \*P1, T2F, P3, yo, SSK, K5, K2tog, yo, P3, T2B; rep from \* to last 20 sts, P1, T2F, P3, yo, SSK, K5, K2tog, yo, P2, yo, K1, yo, K2.

**Row 6:** K8, P7, K4, P1, K1, P1, \*K1, P1, K4, P7, K4, P1, K1, P1; rep from \* to last 21 sts, K1, P1, K4, P7, K8.

**Row 7:** K2, yo, K1, yo, T2F, P3, yo, SSK, K3, K2tog, yo, P3, T2B, P1, \*K1, P1, T2F, P3, yo, SSK, K3, K2tog, yo, P3, T2B, P1; rep from \* to last 22 sts, K1, P1, T2F, P3, yo, SSK, K3, K2tog, yo, P3, T2B, yo, K1, yo, K2.

**Row 8:** K3, P1, \*K2, P1, K4, P5, K4, P1, K2, P1; rep from \* to last 3 sts, K3.

**Row 9:** K2, yo, K1, yo, \*K1, P2, T2F, P3, yo, SSK, K1, K2tog, yo, P3, T2B, P2; rep from \* to last 4 sts, K1, yo, K1, yo, K2.

**Row 10:** K5, P1, \*K3, P1, K4, P3, K4, P1, K3, P1; rep from \* to last 5 sts, K5.

**Row 11:** K2, yo, K1, yo, P2, \*K1, P3, T2F, P3, yo, s2kpo, yo, P3, T2B, P3; rep from \* to last 6 sts, K1, P2, yo, K1, yo, K2.

**Row 12:** K7, P1, \*K4, P1, K9, P1, K4, P1; rep from \* to last 7 sts, K7.

**Row 13:** K2, yo, K1, yo, P4, \*K1, P4, T2F, P7, T2B, P4; rep from \* to last 8 sts, K1, P4, yo, K1, yo, K2.



**Row 14:** K9, P1, \*K5, P1, K7, P1, K5, P1;  
rep from \* to last 9 sts, K9.

**Row 15:** K2, yo, K1, yo, P4, K2tog, yo, \*K1,  
yo, SSK, P3, T2F, P5, T2B, P3, K2tog, yo;  
rep from \* to last 10 sts, K1, yo, SSK, P4, yo,  
K1, yo, K2.

**Row 16:** K9, P3, \*P2, K4, P1, K5, P1, K4, P3;  
rep from \* to last 11 sts, P2, K9.

**Row 17:** K2, yo, K1, yo, P5, K2tog, K1, yo,  
\*K1, yo, K1, SSK, P3, T2F, P3, T2B, P3,  
K2tog, K1, yo; rep from \* to last 12 sts, K1,  
yo, K1, SSK, P5, yo, K1, yo, K2.

**Row 18:** K4, P1, K5, P4, \*P3, K4, P1, K3, P1,  
K4, P4; rep from \* to last 13 sts, P3, K5, P1,  
K4.

**Row 19:** K2, yo, K1, yo, P1, K1, P4, K2tog,  
K2, yo, \*K1, yo, K2, SSK, P3, T2F, P1, T2B,  
P3, K2tog, K2, yo; rep from \* to last 14 sts,  
K1, yo, K2, SSK, P4, K1, P1, yo, K1, yo, K2.

**Row 20:** K6, P1, K4, P5 \*P4, K4, P1, K1, P1,  
K4, P5; rep from \* to last 15 sts, P4, K4, P1,  
K6.

## LACE PATTERN CHART C

**Row 1 (RS):** K2, yo, K1, yo, P1, K1, \*P1, K1,  
P4, K9, P4, K1; rep from \* to last 6 sts, P1,  
K1, P1, yo, K1, yo, K2.

**Row 2 (WS):** K6, P1, K1, \*P1, K4, P9, K4, P1,  
K1; rep from \* to last 7 sts, P1, K6.

**Row 3:** K2, yo, K1, yo, P3, K1, \*P1, K1, P4,  
K9, P4, K1; rep from \* to last 8 sts, P1, K1,  
P3, yo, K1, yo, K2.

**Row 4:** K8, P1, K1, \*P1, K4, P9, K4, P1, K1;  
rep from \* to last 9 sts, P1, K8.

**Row 5:** K2, yo, K1, yo, P4, T2B, \*P1, T2F, P3,  
yo, SSK, K5, K2tog, yo, P3, T2B; rep from \*  
to last 10 sts, P1, T2F, P4, yo, K1, yo, K2.

**Row 6:** K9, P1, K1, P1, \*K1, P1, K4, P7, K4,  
P1, K1, P1; rep from \* to last 11 sts, K1, P1, K9.

**Row 7:** K2, yo, K1, yo, P5, T2B, P1, \*K1, P1,  
T2F, P3, yo, SSK, K3, K2tog, yo, P3, T2B, P1;  
rep from \* to last 12 sts, K1, P1, T2F, P5, yo,  
K1, yo, K2.

**Row 8:** K10, P1, K2, P1, \*K2, P1, K4, P5, K4,  
P1, K2, P1; rep from \* to last 13 sts, K2, P1,  
K10.

**Row 9:** K2, yo, K1, yo, P6, T2B, P2, \*K1, P2,  
T2F, P3, yo, SSK, K1, K2tog, yo, P3, T2B, P2;  
rep from \* to last 14 sts, K1, P2, T2F, P6, yo,  
K1, yo, K2.

**Row 10:** K11, P1, K3, P1, \*K3, P1, K4, P3, K4,  
P1, K3, P1; rep from \* to last 15 sts, K3, P1,  
K11.

**Row 11:** K2, yo, K1, yo, P7, T2B, P3, \*K1, P3,  
T2F, P3, yo, s2kpo, yo, P3, T2B, P3; rep from  
\* to last 16 sts, K1, P3, T2F, P7, yo, K1, yo,  
K2.

**Row 12:** K12, P1, K4, P1, \*K4, P1, K9, P1, K4,  
P1; rep from \* to last 17 sts, K4, P1, K12.

**Row 13:** K2, yo, K1, yo, P8, T2B, P4, \*K1, P4,

T2F, P7, T2B, P4; rep from \* to last 18 sts, K1,  
P4, T2F, P8, yo, K1, yo, K2.

**Row 14:** K13, P1, K5, P1, \*K5, P1, K7, P1, K5,  
P1; rep from \* to last 19 sts, K5, P1, K13.

**Row 15:** K2, yo, K1, yo, P2, T2F, P5, T2B, P3,  
K2tog, yo, \*K1, yo, SSK, P3, T2F, P5, T2B,  
P3, K2tog, yo; rep from \* to last 20 sts, K1,  
yo, SSK, P3, T2F, P5, T2B, P2, yo, K1, yo, K2.

**Row 16:** K8, P1, K5, P1, K4, P3, \*P2, K4, P1,  
K5, P1, K4, P3; rep from \* to last 21 sts, P2,  
K4, P1, K5, P1, K8.

**Row 17:** K2, yo, K1, yo, K2, P3, T2F, P3, T2B,  
P3, K2tog, K1, yo, \*K1, yo, K1, SSK, P3, T2F,  
P3, T2B, P3, K2tog, K1, yo; rep from \* to last  
22 sts, K1, yo, K1, SSK, P3, T2F, P3, T2B, P3,  
K2, yo, K1, yo, K2.

**Row 18:** K3, P4, K4, P1, K3, P1, K4, P4, \*P3,  
K4, P1, K3, P1, K4, P4; rep from \* to last 23  
sts, P3, K4, P1, K3, P1, K4, P4, K3.

**Row 19:** K2, yo, K1, yo, K1, yo, K2, SSK, P3,  
T2F, P1, T2B, P3, K2tog, K2, yo, \*K1, yo, K2,  
SSK, P3, T2F, P1, T2B, P3, K2tog, K2, yo;  
rep from \* to last 24 sts, K1, yo, K2, SSK, P3,  
T2F, P1, T2B, P3, K2tog, K2, yo, K1, yo, K1,  
yo, K2.

**Row 20:** K5, P1, \*P4, K4, P1, K1, P1, K4, P5;  
rep from \* to last 5 sts, K5.

## FLOWER BAND CHART D

Note: Slip sts pwise with yarn stranded  
across WS. Carry colours not in use up  
side of work.

**Row 1 (RS):** Using yarn B, K2, (yo, K1)  
twice, Sl2, K1, \*K2, Sl2, K1, Sl2, K3, Sl1,  
K3, (Sl2, K1) twice; rep from \* to last 8 sts,  
K2, Sl2, (K1, yo) twice, K2.

**Row 2 (WS):** Using yarn B, K3, P3, Sl2, P2,  
\*(P1, Sl2) twice, P3, Sl1, P3, (Sl2, P1) twice,  
P1; rep from \* to last 9 sts, P1, Sl2, P3, K3.

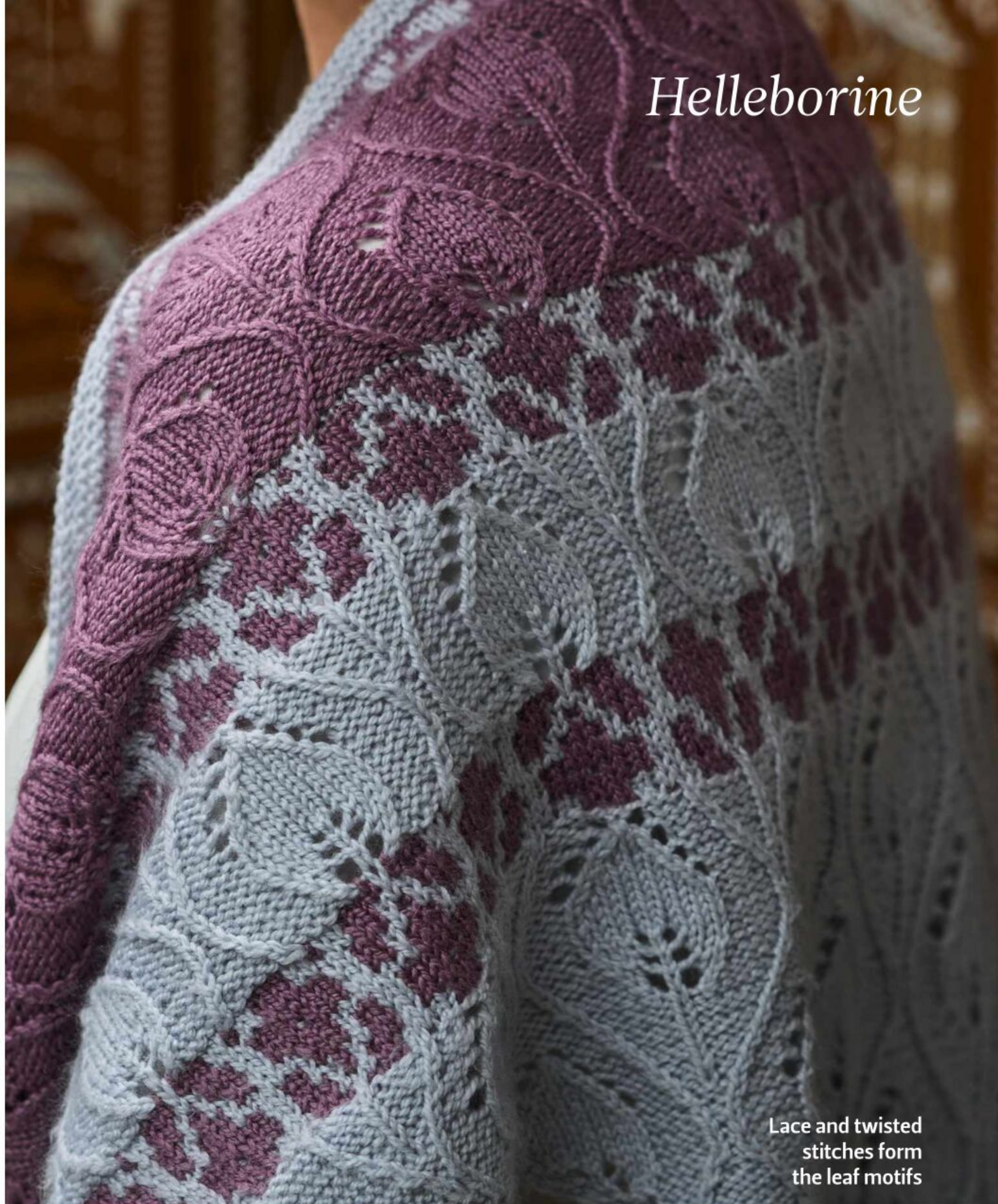
**Row 3:** Using yarn A, K2, yo, K1, yo, K5, Sl  
1, \*Sl2, K5, Sl2, K3, Sl2, K5, Sl1; rep from \*  
to last 10 sts, Sl2, K5, yo, K1, yo, K2.

**Row 4:** Using yarn A, K3, P7, Sl2, \*Sl1, P5,  
Sl2, P3, Sl2, P5, Sl2; rep from \* to last 11 sts,  
Sl1, P7, K3.

**Row 5:** Using yarn B, K2, yo, K1, yo, K3, Sl  
2, K3, \*K4, Sl2, K3, Sl1, K1, Sl1, K3, Sl2, K3;  
rep from \* to last 12 sts, K4, Sl2, K3, yo, K1,  
yo, K2.

**Row 6:** Using yarn B, K3, P5, Sl2, P4, \*P3,  
Sl2, P3, Sl1, P1, Sl1, P3, Sl2, P4; rep from \*  
to last 13 sts, P3, Sl2, P5, K3.

**Row 7:** Using yarn A, K2, yo, K1, yo, Sl1, K2,  
Sl2, K2, Sl3, \*K1, Sl3, K2, Sl2, K2, Sl1, K2,  
Sl2, K2, Sl3; rep from \* to last 14 sts, K1, ►



Lace and twisted  
stitches form  
the leaf motifs



# Helleborine

Sl 3, K2, Sl 2, K2, Sl1, yo, K1, yo, K2.

**Row 8:** Using yarn A, K3, P2, Sl1, P2, Sl2, P2, Sl3, P1, \*Sl3, P2, Sl2, P2, Sl1, P2, Sl2, P2, Sl3, P1; rep from \* to last 15 sts, Sl3, P2, Sl2, P2, Sl1, P2, K3.

**Row 9:** Using yarn B, K2, yo, K1, yo, Sl1, K3, Sl1, K2, Sl2, K3, \*K4, Sl2, K2, Sl1, K3, Sl1, K2, Sl2, K3; rep from \* to last 16 sts, K4, Sl2, K2, Sl1, K3, Sl1, yo, K1, yo, K2.

**Row 10:** Using yarn B, K3, P2, Sl1, P3, Sl1, P2, Sl2, P4, \*P3, Sl2, P2, Sl1, P3, Sl1, P2, Sl2, P4; rep from \* to last 17 sts, P3, Sl2, P2, Sl1, P3, Sl1, P2, K3.

**Row 11:** Using yarn A, K2, yo, K1, yo, K3, Sl3, K7, Sl1, \*Sl2, K7, Sl3, K7, Sl1; rep from \* to last 18 sts, Sl2, K7, Sl3, K3, yo, K1, yo, K2.

**Row 12:** Using yarn A, K3, P5, Sl3, P7, Sl2, \*Sl1, P7, Sl3, P7, Sl2; rep from \* to last 19 sts, Sl1, P7, Sl3, P5, K3.

**Row 13:** Using yarn B, K2, (yo, K1) twice, Sl2, K7, Sl2, K2, Sl1, K1, \*K2, Sl1, K2, Sl2, K7, Sl2, K2, Sl1, K1; rep from \* to last 20 sts, K2, Sl1, K2, Sl2, K7, Sl2, (K1, yo) twice, K2.

**Row 14:** Using yarn B, K3, P3, Sl2, P7, Sl2, P2, Sl1, P2, \*P1, Sl1, P2, Sl2, P7, Sl2, P2, Sl1, P2; rep from \* to last 21 sts, P1, Sl1, P2, Sl2, P7, Sl2, P3, K3.

**Row 15:** Using yarn A, K2, (yo, K1) twice, Sl2, K2, Sl3, K1, Sl3, K2, Sl2, K2, \*Sl1, K2, Sl2, K2, Sl3, K1, Sl3, K2, Sl2, K2; rep from \* to last 22 sts, Sl1, K2, Sl2, K2, Sl3, K1, Sl3, K2, Sl2, (K1, yo) twice, K2.

**Row 16:** Using yarn A, K3, P3, Sl2, P2, Sl3, P1, Sl3, P2, Sl2, P2, Sl1, \*P2, Sl2, P2, Sl3, P1, Sl3, P2, Sl2, P2, Sl1; rep from \* to last 23 sts, P2, Sl2, P2, Sl3, P1, Sl3, P2, Sl2, P3, K3.

**Row 17:** Using yarn B, K2, yo, K1, yo, \*K1, Sl1, K3, Sl2, K7, Sl2, K3, Sl1; rep from \* to last 4 sts, (K1, yo) twice, K2.

**Row 18:** Using yarn B, K3, P3, \*Sl1, P3, Sl2, P7, Sl2, P3, Sl1, P1; rep from \* to last 5 sts, P2, K3.

**Row 19:** Using yarn A, K2, yo, K1, yo, Sl1, K1, \*K2, Sl2, K5, Sl3, K5, Sl2, K1; rep from \* to last 6 sts, K2, Sl1, yo, K1, yo, K2.

**Row 20:** Using yarn A, K3, P2, Sl1, P2, \*P1, Sl2, P5, Sl3, P5, Sl2, P2; rep from \* to last 7 sts, P1, Sl1, P2, K3.

**Row 21:** Using yarn B, K2, yo, K1, yo, Sl1, K3, \*Sl1, K3, (Sl2, K1, Sl2, K3) twice; rep from \* to last 8 sts, Sl1, K3, Sl1, yo, K1, yo, K2.

**Row 22:** Using yarn B, K3, P2, Sl1, P3, Sl1, \*(P3, Sl2, P1, Sl2) twice, P3, Sl1; rep from \* to last 9 sts, P3, Sl1, P2, K3.

## SHAWL

Using 3.25mm circular needles and yarn A, cast on 5 sts.

Knit 1 row.



A silk-blend yarn makes this shawl feel extra-special

### SHAWL TIP TO FIRST FLOWER BAND

Work rows 1-26 of Lace Pattern from Chart A. 51 sts.

Work rows 1-20 of Lace Pattern from Chart B. 91 sts.

Work rows 1-20 of Lace Pattern from Chart C. 131 sts.

Work rows 1-20 of Lace Pattern from Chart B. 171 sts.

Work rows 1-12 of Lace Pattern from Chart C. 195 sts.

Join in yarn B as needed.

Work rows 1-22 of Flower Band Pattern from Chart D. 239 sts.

### FROM FIRST FLOWER BAND TO SECOND FLOWER BAND

**Next row (RS):** Using yarn A, knit. Do not turn work.

Slide sts to the other end of the circular needle so you are ready to start again on the RS of the work.

Work rows 15-20 of Lace Pattern from Chart B. 251 sts.

Work rows 1-12 of Lace Pattern from Chart C. 275 sts.

Work rows 1-22 of Flower Band Pattern from Chart D. 319 sts.

### FROM SECOND FLOWER BAND TO THIRD FLOWER BAND

**Next row (RS):** Using yarn A, knit.

Change to yarn B.

**Next row (WS):** K3, purl to last 3 sts, K3.

Work rows 15-20 of Lace Pattern from Chart C. 331 sts.

Work rows 1-20 of Lace Pattern from Chart B. 371 sts.

Work rows 1-12 of Lace Pattern from Chart C. 395 sts

Reversing the yarn colours, work rows 1-22 of Flower Band from Chart D. 439 sts.

### TOP BAND

**Next row (RS):** Using yarn B, knit. Do not turn work. Slide the sts to the other end of the circular needle so you are ready to start again on the RS of the work.

Change to yarn A.

Knit 6 rows.

Work an i-cord cast-off (see Special Techniques).

### FINISHING

Weave in ends and block gently to shape and measurements, following any yarn care instructions on the ball band. ☺



## CHARTS

Chart A

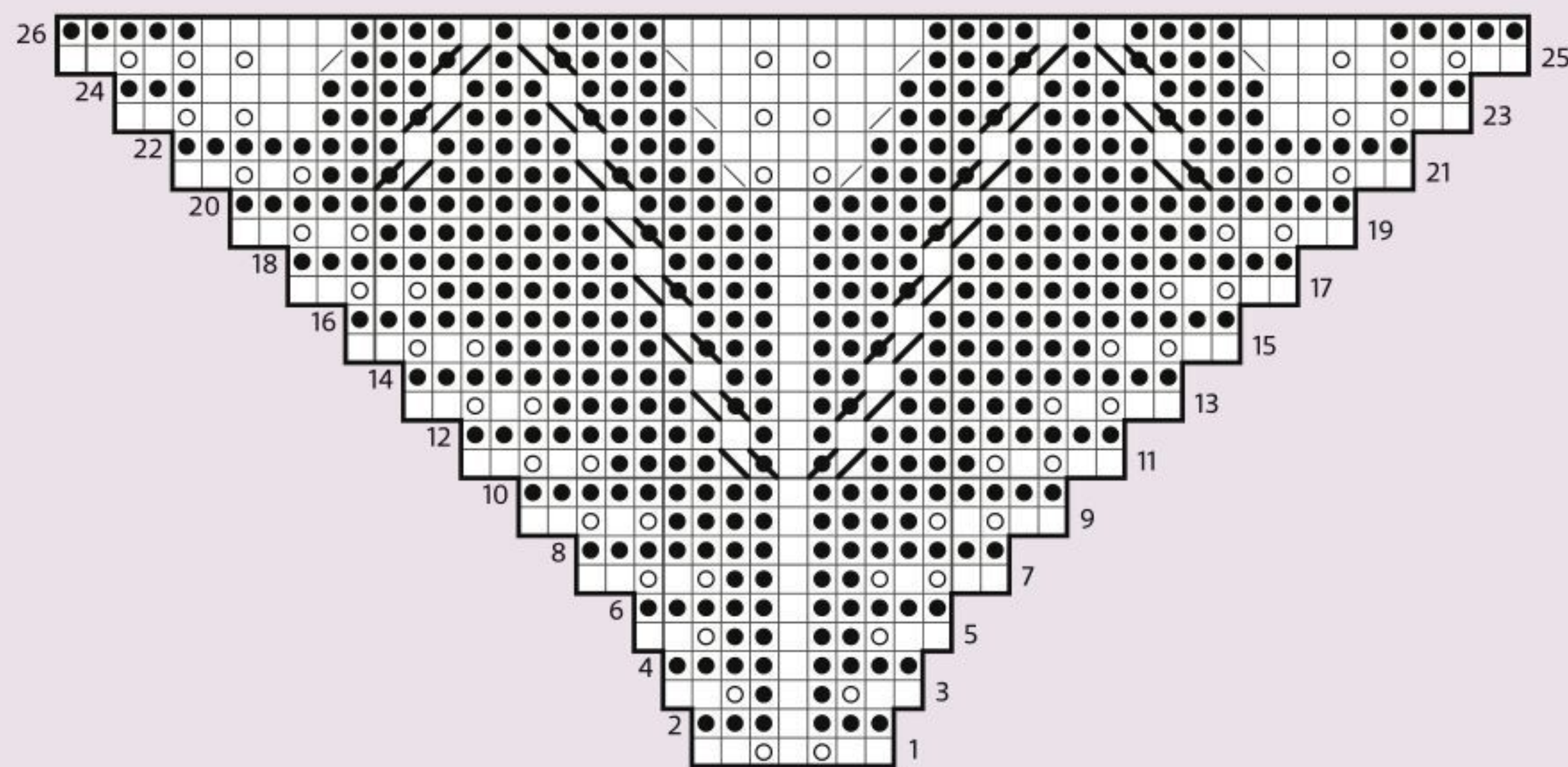


Chart B

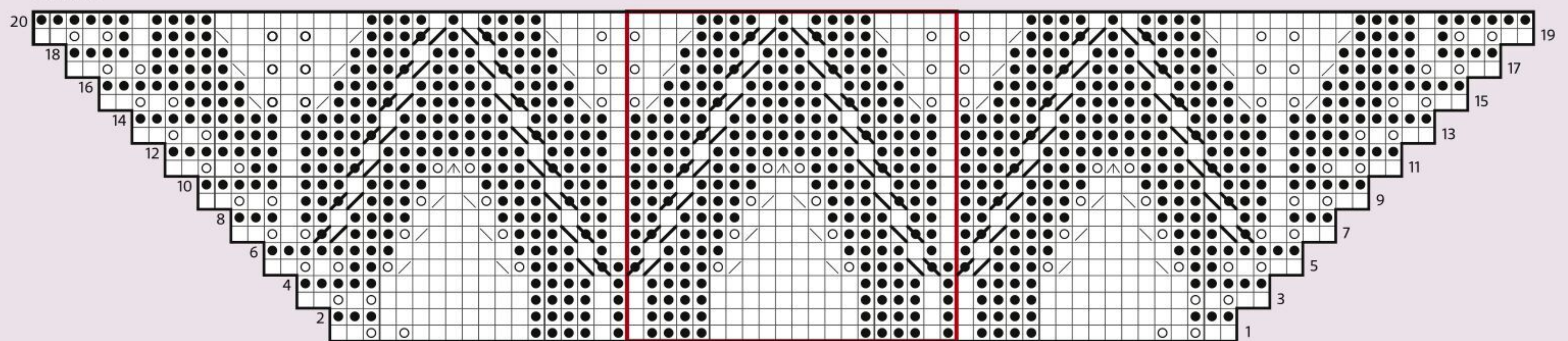


Chart C

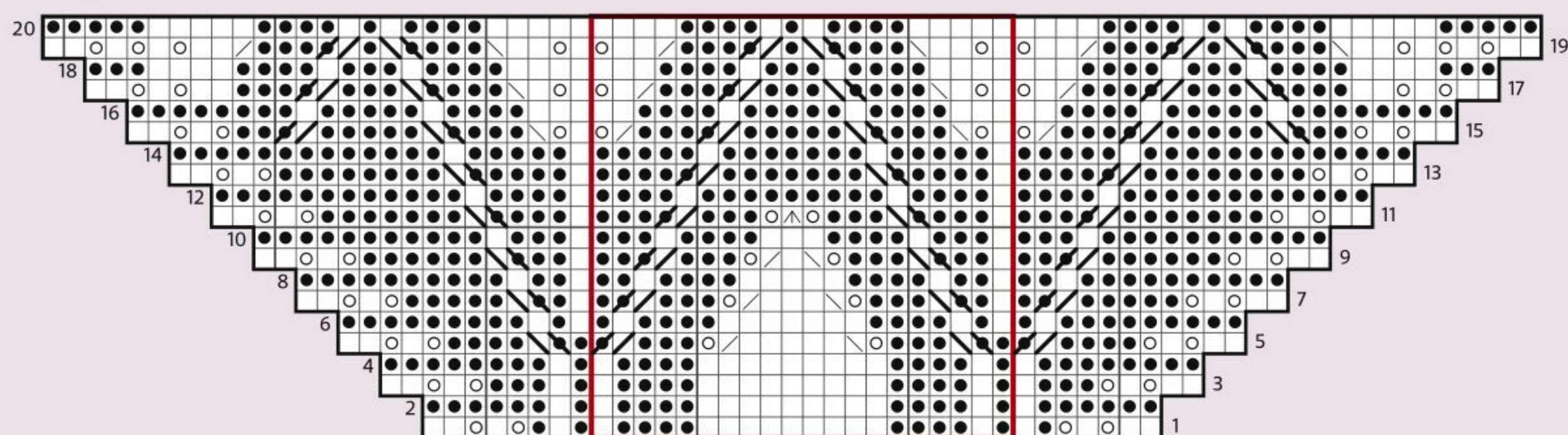
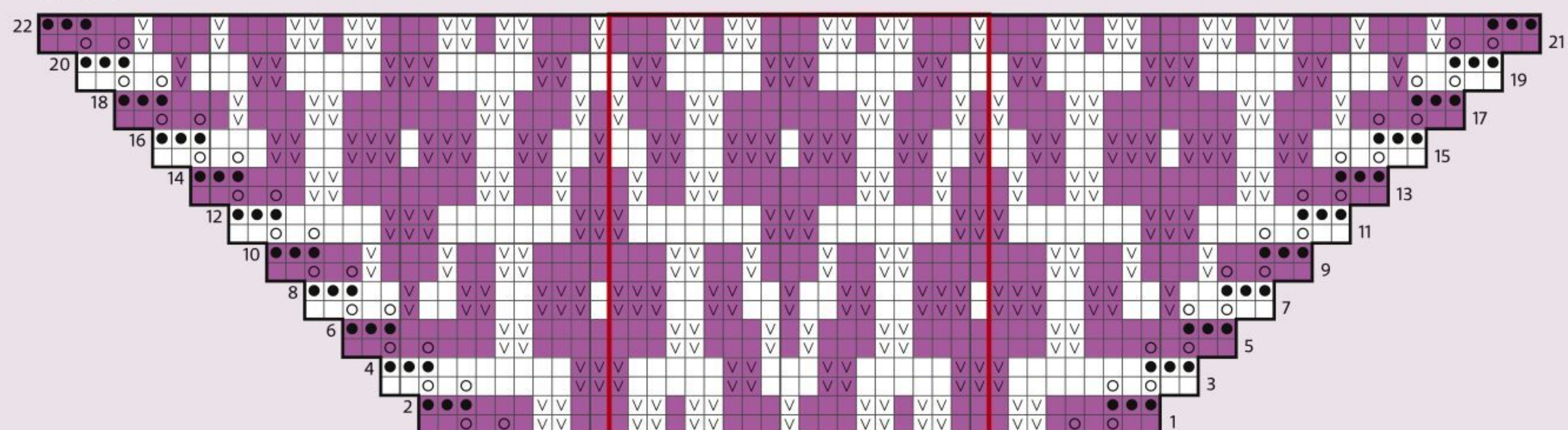


Chart D



## SPECIAL ABBREVIATIONS

**T2F:** Slip 1 st onto cn and hold at front of work, P1; K1 from cn. If you prefer to work without a cn: purl the second st on LH needle tbl, leaving it on the needle, then knit first st on LH needle as normal, allowing both sts to drop off LH needle.

**T2B:** Slip 1 st onto cn and hold at back of work, K1; P1 from cn. If you prefer to work without a cn: K2tog the first 2 sts on LH needle but do not drop the original sts from LH needle, then bring yarn to front of work, and purl into the first st on LH needle as normal, allowing both sts to drop off LH needle.

For general abbreviations, see p89

## KEY

|                  |        |     |       |  |        |
|------------------|--------|-----|-------|--|--------|
| K on RS; P on WS | Yarn A | T2B | K2tog | Sl 1 pwise wyib on RS; Sl 1 pwise wyif on WS | Yo     |
| P on RS; K on WS | Yarn B | T2F | SSK   | S2kpo  | Repeat |



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## BREDICULOUS YARNS

My name is Brea, owner and dyer of Brediculous Yarns. At 21 I learned to knit and knew I wanted to have a career in the fibre industry. I started dyeing in 2016 and haven't looked back since. I dye yarn in relatively small batches in my kitchen here at Baltimore, MD.



[brediculouslyarns.com](http://brediculouslyarns.com) | [brediculouslyarns@hotmail.com](mailto:brediculouslyarns@hotmail.com)



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## TÔT LE MATIN

Lauriane is the designer and dyer behind Tôt le Matin. Inspired by the small pleasures of life and nature, every collection is hand dyed with care to achieve the desired results, so that you receive total satisfaction. Discover her collections online and immerse yourself in woolly creativity.



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# LOOSE CAST-OFF METHODS

If you need a stretchy edge to your knitting project, there are lots of good cast-off methods to try, as Helen Spedding explains

**MOST OF** us are familiar with the knitted cast-off technique, and regularly use it for a range of projects. However, this method can leave you with a too-tight cast-off edge, making it unsuitable for items which need a bit of stretch. This could be the cuff of a toe-up sock, the neck of a sweater, or a shawl project where you want to block out a curved shape or a pointed edging.

In this masterclass, we explore five useful stretchy cast-off methods: the Russian, the Icelandic, the yarnover, the elastic, and the sewn technique. Another excellent method is Jeny's Surprisingly Stretchy Bind Off, which we covered in detail in Issue 135, or you can read more at <http://bit.ly/jenyssbo>

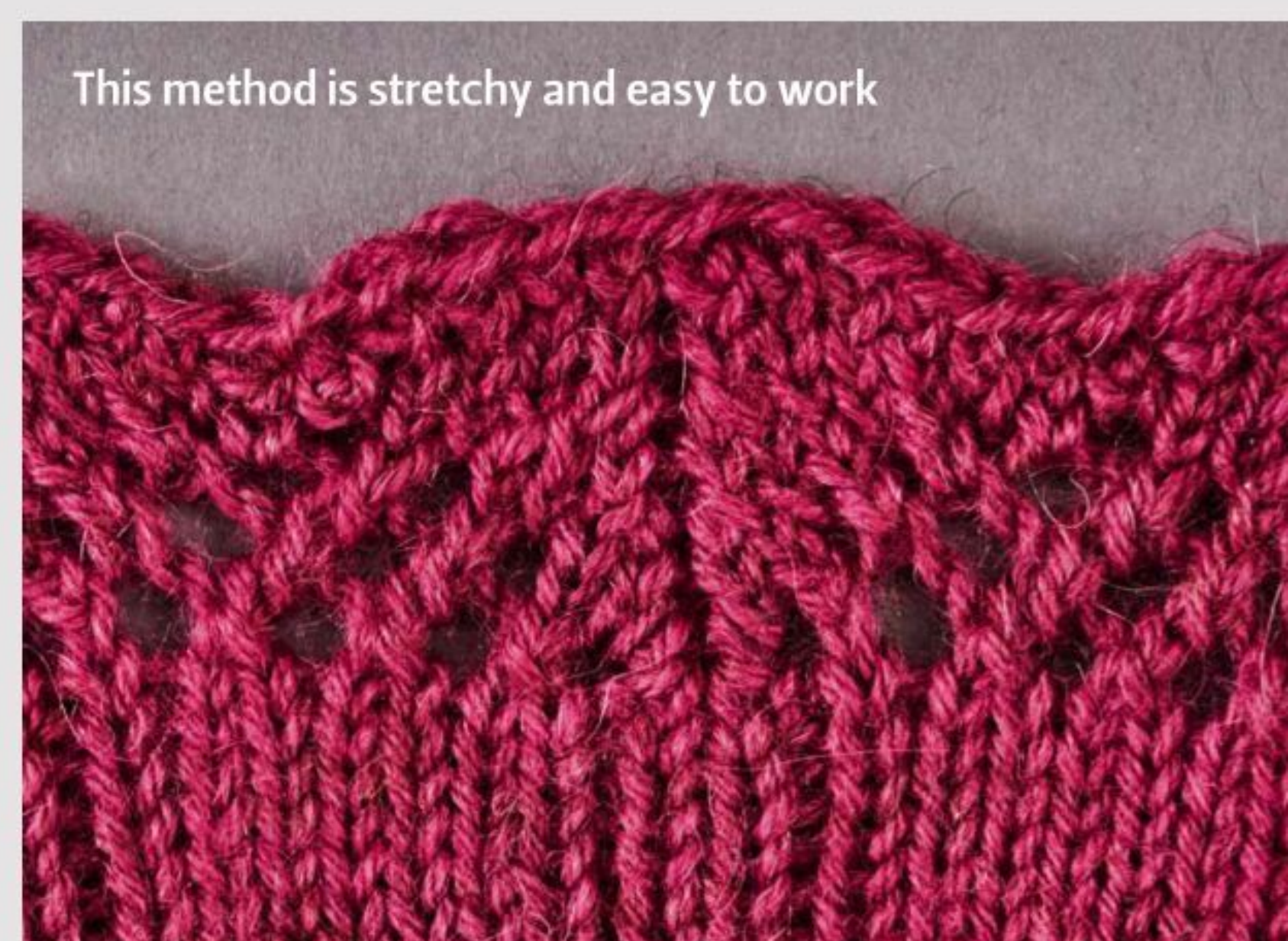


The Russian cast-off is a great choice for lace shawls

## RUSSIAN CAST-OFF

This loose and stretchy method is often used for lace shawls, as it enables the edging to be blocked out aggressively, allowing the intricate lace patterning to 'shine'. It's particularly useful when the shawl has a border with scallops or points.

- ❶ K2, slip both stitches back to left-hand needle.
- ❷ Knit these two stitches together through the back loops (K2tog tbl).
- ❸ \*K1, slip 2 sts back from RH to LH needle, K2tog tbl; rep from \* to end.



This method is stretchy and easy to work



### About our expert

Helen Spedding is the operations editor of *The Knitter*. She enjoys exploring the

possibilities of the knitted stitch, swatching unusual or unfamiliar stitch patterns, and learning new techniques.





## SEWN CAST-OFF

This cast-off method produces a really stretchy and neat edge. However, it is quite slow to work, and you need to ensure you have broken off a sufficient length of yarn before you start; some people prefer to use this method for shorter edges such as sock cuffs or sweater necks. It's important to pull the yarn through so that it matches the tension of your knitting, to avoid puckers.

Break the yarn, leaving a tail at least three times as long as your desired cast-off edge.

❶ Thread the yarn onto a tapestry needle and pass purlwise through the first two stitches.

❷ After pulling the yarn all the way through the first two stitches, use your tapestry needle to pass it back knitwise through the front stitch only, taking this stitch off the knitting needle as you do so.

❸ Repeat steps 1 and 2 across the whole row. For the best finish, pull the yarn through fairly tightly.



The sewn method gives a neat, elastic finish

## ICELANDIC CAST-OFF

This method gives an impressively stretchy edge – it's not quite as stretchy as a sewn cast-off or Jeny's Surprisingly Stretchy Bind Off, but it's quicker to work. It produces a bumpy edge which looks a bit like a rolled or i-cord edge, which may enhance some projects but won't be appropriate for others.

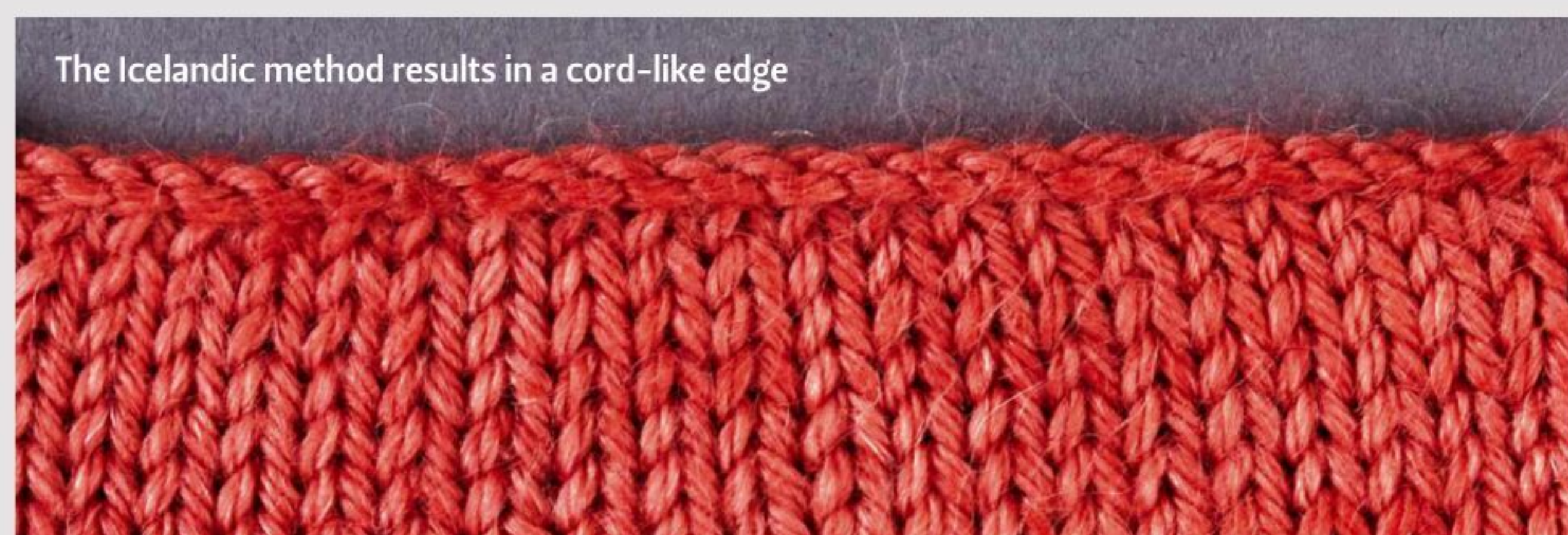
❶ Knit the first stitch.

❷ \*Pass this stitch back to the LH needle, twisting it as you go so that the right 'leg' of the stitch stays in front on the LH needle.

❸ Put the RH needle through the front of this stitch from right to left (purlwise), then (❹) pass it through the front of the second stitch on the LH needle from left to right (knitwise).

❺ Wrap the yarn around the needle, pull it through, and drop both worked stitches off the left needle.

Repeat from \* to end. ▶



The Icelandic method results in a cord-like edge



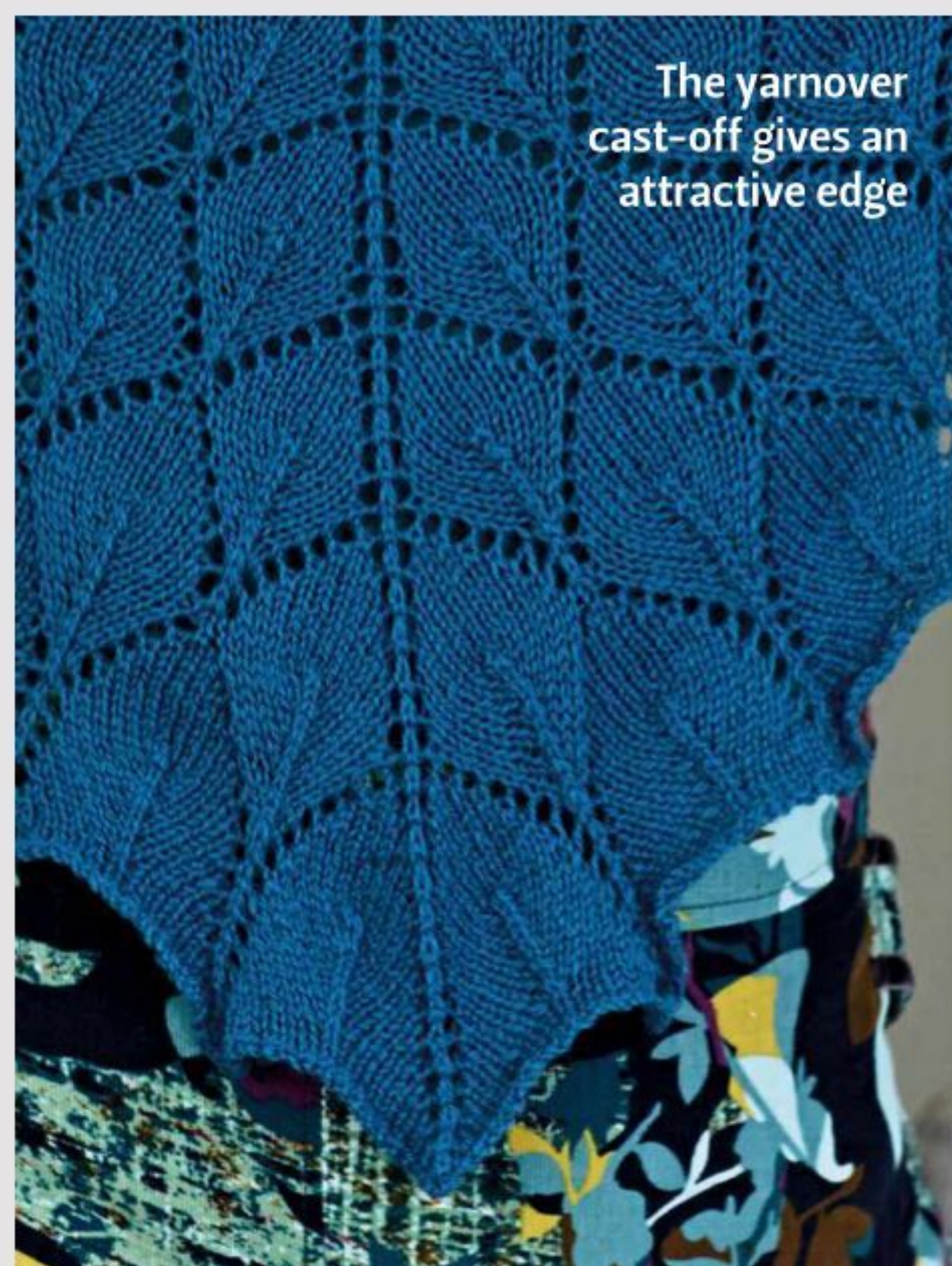


# Masterclass

## YARNOVER CAST-OFF

This method is popular for toe-up socks, as it gives a nice stretchy edge. It complements ribbing, as well as lace and ruffled edgings, and crescent-shaped shawls.

- 1 Knit two stitches.
- 2 Pass first stitch over second stitch.
- 3 Make a yarnover.
- 4 Pass stitch on RH over the yarnover.
- 5 \*Knit next stitch, pass first stitch over second stitch. Make a yarnover, pass first stitch over yarnover. Repeat from \* to end.



## ELASTIC CAST-OFF

As the name suggests, this method gives a very stretchy edge. It's super-quick and easy to work, too!

- 1 Knit the first two stitches.
  - 2 \*Pass the tip of your left needle through the front of the two stitches on your right needle, from left to right.
  - 3 Wrap the yarn around the back (right) needle, draw through to make a stitch and drop both stitches off the needle.
  - 4 Knit the next stitch.
- Repeat from \* to end. ➡





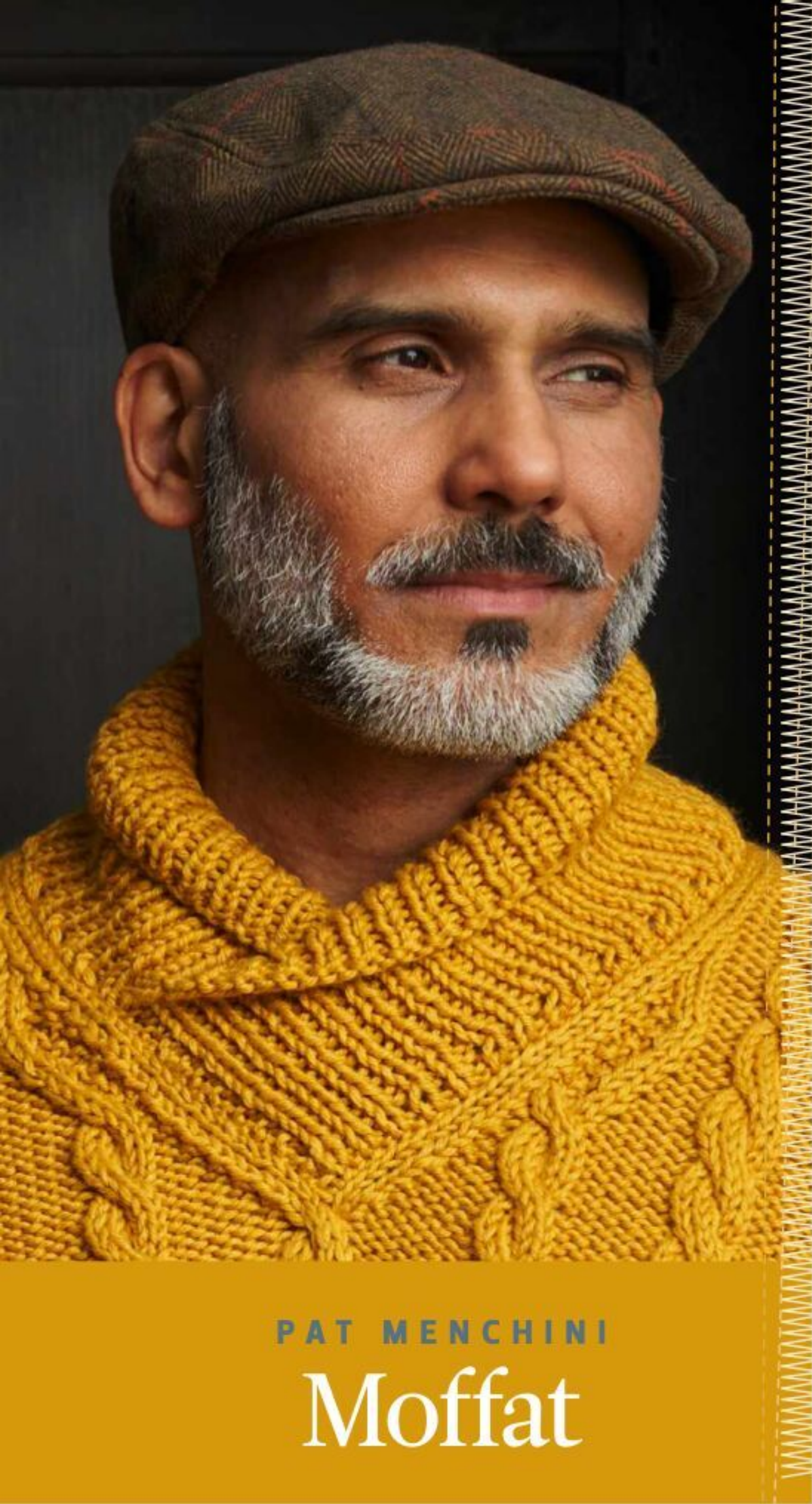


PAT MENCHINI

# Moffat

This handsome sweater for men features  
a classic cable pattern and a shawl collar





PAT MENCHINI

## Moffat

**DESIGNER PAT** Menchini loves to work with cable patterns, and for this men's design she has combined thick rope cables and diamonds infilled with moss stitch. It's a drop-shoulder design, with a cosy ribbed shawl collar. Pat has used Rico's Essentials Mega Wool Chunky, which is a strong, smooth wool blend that can be machine-washed on a cool setting. It provides excellent stitch definition for cables and textured patterns, and comes in a wide choice of neutrals and brighter shades.

## STITCH PATTERNS

### CABLE PANEL

(worked over 6 sts)

**Row 1 (RS):** Knit.

**Rows 2 and 4:** Purl.

**Row 3:** Knit.

**Row 5:** C6F.

**Row 6:** Purl.

These 6 rows form the Cable Panel.

### TRELLIS PANEL

(worked over 17 sts)

**Row 1 (RS):** P6, K5, P6.

**Row 2:** K6, P5, K6.

**Rows 3–4:** As rows 1–2.

**Row 5:** P6, C5F, P6.

**Row 6:** K6, P5, K6.

**Rows 7–12:** As rows 1–6.

**Row 13:** P5, C3B, P1, C3F, P5.

**Row 14:** K5, P2, K1, P1, K1, P2, K5.

## SIZE

|                           | S   | M   | L    | 1XL  | 2XL  |    |
|---------------------------|-----|-----|------|------|------|----|
| TO FIT CHEST              | 91  | 102 | 112  | 122  | 132  | cm |
|                           | 36  | 40  | 44   | 48   | 52   | in |
| ACTUAL CHEST              | 92  | 104 | 115½ | 124½ | 136½ | cm |
|                           | 36  | 41  | 45½  | 49   | 53¾  | in |
| ACTUAL LENGTH TO SHOULDER | 66  | 67  | 67   | 69   | 69   | cm |
|                           | 26  | 26½ | 26½  | 27   | 27   | in |
| SLEEVE SEAM               | 57  | 57  | 57   | 57   | 57   | cm |
|                           | 22½ | 22½ | 22½  | 22½  | 22½  | in |

## YARN

**Rico** Essentials Mega Wool Chunky (Chunky weight; 55% wool, 40% acrylic, 5% viscose, 125m/136yds per 100g ball)

| MUSTARD (006) | 10 | 11 | 13 | 14 | 15 | x100g BALLS |
|---------------|----|----|----|----|----|-------------|
|---------------|----|----|----|----|----|-------------|

## NEEDLES & ACCESSORIES

1 pair 5mm (UK 6/US 8)

knitting needles

1 pair 5.5mm (UK 5/US 9)

knitting needles

1 pair 6mm (UK 4/US 10)

knitting needles

Cable needle (cn)

Stitch markers

## TENSION

13½ sts and 19 rows to 10cm over st st using 6mm needles.

The 17-st and 30-row Trellis Panel measures 8cm wide and 14cm long.

20 sts and 21½ rows to 10cm over Trellis and Cable panels using 6mm needles.

**Row 15:** P4, T3B, K1, P1, K1, T3F, P4.

**Row 16:** K4, P3, K1, P1, K1, P3, K4.

**Row 17:** P3, C3B, P1, (K1, P1) twice, C3F, P3.

**Row 18:** K3, P2, K1, (P1, K1) 3 times, P2, K3.

**Row 19:** P2, T3B, K1, (P1, K1) 3 times, T3F, P2.

**Row 20:** K2, P3, K1, (P1, K1) 3 times, P3, K2.

**Row 21:** P2, T3F, K1, (P1, K1) 3 times, T3B, P2.

**Row 22:** K3, P2, K1, (P1, K1) 3 times, P2, K3.

**Row 23:** P3, T3F, P1, (K1, P1) twice, T3B, P3.

**Row 24:** K4, P3, K1, P1, K1, P3, K4.

**Row 25:** P4, T3F, K1, P1, K1, T3B, P4.

**Row 26:** K5, P2, K1, P1, K1, P2, K5.

**Row 27:** P5, T3F, P1, T3B, P5.

**Row 28:** K6, P5, K6.

**Row 29:** P6, C5F, P6.

**Row 30:** K6, P5, K6.

These 30 rows form the Trellis Panel.

## BACK

Using 5mm needles, cast on 83 (91:99:107:115) sts.

**Row 1 (RS):** K2, (P1, K1) to last st, K1.

**Row 2:** K1, (P1, K1) to end.

Rep these 2 rows until rib meas 7cm, ending after Row 1.

**Next row (WS):** P1 (5:4:5:5), \*M1P, P4 (4:5:6:6), M1P, P5 (5:5:6:7); rep from \* to last 1 (5:5:6:6) sts, M1P, P to end. 102 (110:118:124:132) sts.

Change to 6mm needles.

## BEGIN PATTERN

**Row 1 (RS):** K0 (3:5:7:8), P2 (3:5:6:9), (work Row 1 of Cable Panel, work Row 1 of Trellis Panel) 4 times, work Row 1 of Cable Panel, P2 (3:5:6:9), K0 (3:5:7:8).

**Row 2:** P0 (3:5:7:8), K2 (3:5:6:9), (work Row 2 of Cable Panel, work Row 2 of Trellis Panel) 4 times, work Row 2 of Cable Panel, K2 (3:5:6:9), P0 (3:5:7:8).

Rows 1 and 2 set st st and rev st st and position of Cable and Trellis Panels.

\*Cont in patt as set, rep 6 rows of Cable Panel and 30 rows of Trellis Panel until work meas 66 (67:67:69:69) cm, ending after a WS row.

## SHAPE SHOULDERS

Cast off loosely 9 (10:11:11:12) sts at beg of next 6 rows, then 10 (10:10:12:13) sts at beg of next 2 rows.

Cast off rem 28 (30:32:34:34) sts.

## FRONT

Work as for Back until \*.

Cont in patt as set until 3 whole reps of Trellis Panel have been completed,

**Next row (RS):** Cont in patt as set, working Row 1 of Trellis Panel and Cable Panels.

## SHAPE V NECK

**Next row (WS):** Patt 48 (52:56:59:63), P3, turn.

Cont on this group of 51 (55:59:62:66) sts for



## YARN STOCKISTS

**Rico Design** [www.rico-design.de](http://www.rico-design.de)  
Available from Wool Warehouse  
[www.woolwarehouse.co.uk](http://www.woolwarehouse.co.uk)  
01926 882818 / 0800 505 3300

## SPECIAL ABBREVIATIONS

**M1P:** Pick up and purl into back of horizontal strand lying before next st.

**C5F:** Slip next 2 sts on cn and hold at front of work, K3, K2 from cn.

**C6F:** Slip next 3 sts on cn and hold at front of work, K3, K3 from cn.

**C3B:** Slip next st on cn and hold at back of work, K2, K1 from cn.

**C3F:** Slip next 2 sts on cn and hold at front of work, K1, K2 from cn.

**T3B:** Slip next st on cn and hold at back of work, K2, P1 from cn.

**T3F:** Slip next 2 sts on cn and hold at front of work, P1, K2 from cn.

For general abbreviations, see p89

right half of neck, working Cable Panels and Trellis Panel where sts allow.

**Dec row:** K2, K2tog tbl, patt to end. 1 st dec'd.

**Next row:** Patt to last 3 sts, P3.

**\*\* Cont in this way, working dec row on every RS row until 39 (42:46:47:51) sts rem, then on every foll 4th row until 37 (40:43:45:49) sts rem.**

Work straight until Front meas same as Back to shoulder shaping, ending at armhole edge.

### SHAPE SHOULDER

Cast off loosely 9 (10:11:11:12) sts at beg of next row and the 2 foll alt rows.

Work 1 row straight.

Cast off rem 10 (10:10:12:13) sts.

With WS facing, rejoin yarn neatly at centre front.

**Next row (WS):** P3, patt to end.

**Next row (dec row):** Patt to last 4 sts, K2tog, K2. 1 st dec'd.

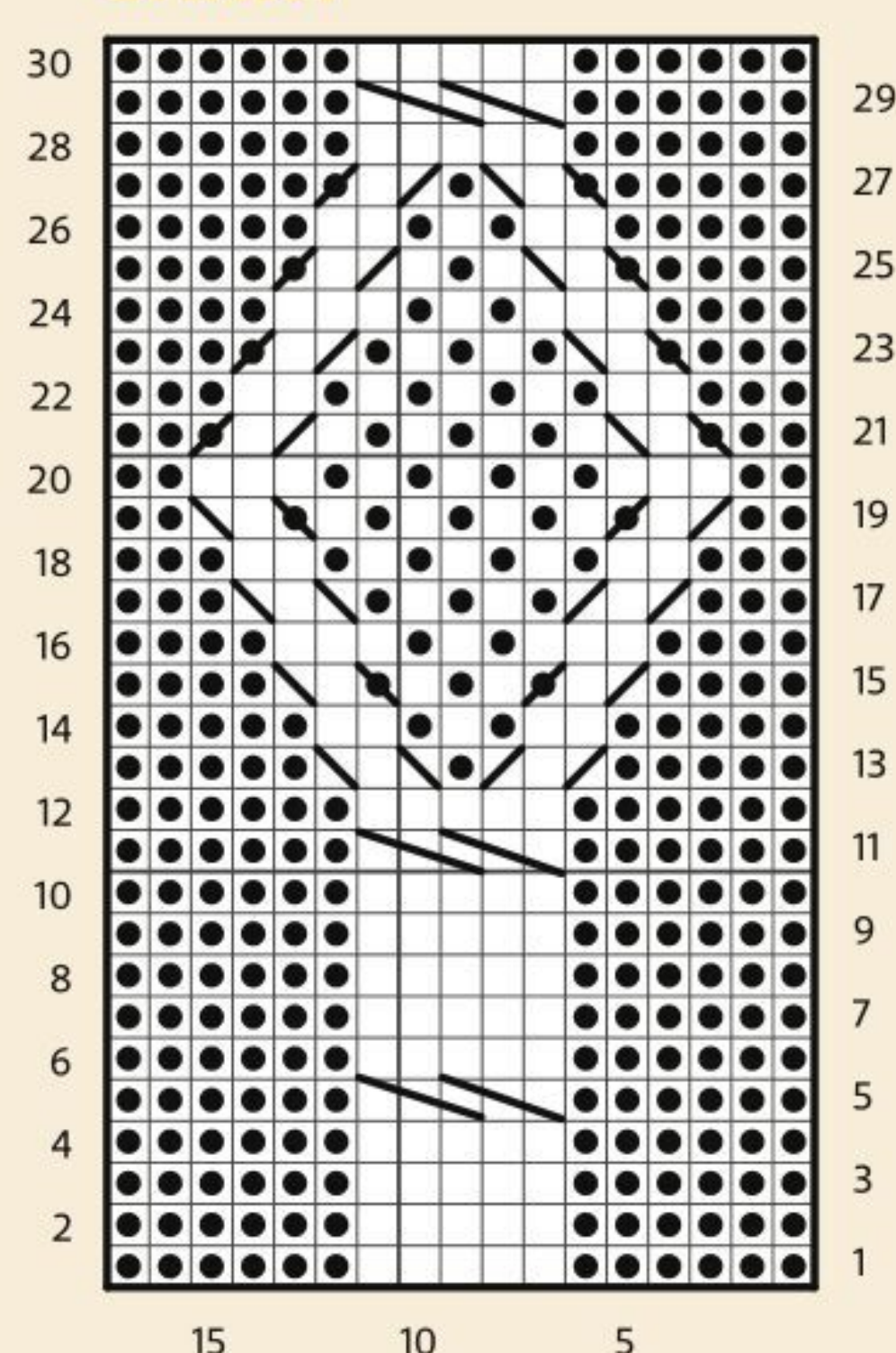
Complete as for right half working from \*\* to end, noting that one less row should be worked before shaping shoulder.

## SLEEVES

(worked top down)

Using 6mm needles, cast on 63 (67:71:75:79) sts, taking care not to cast on too tightly. ►

## CHART



## KEY

□ K on RS; P on WS

● P on RS; K on WS

C5F

C3B

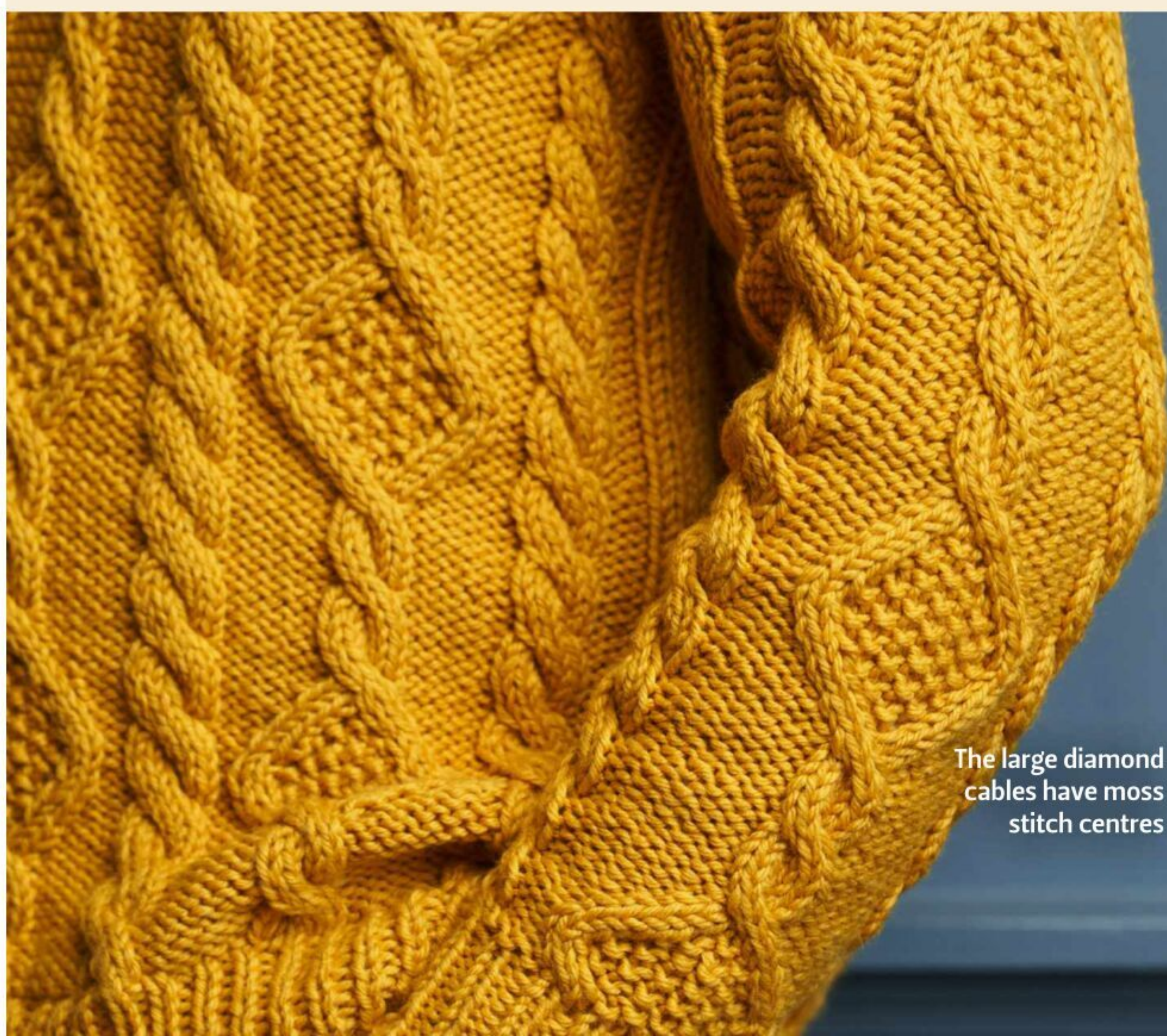
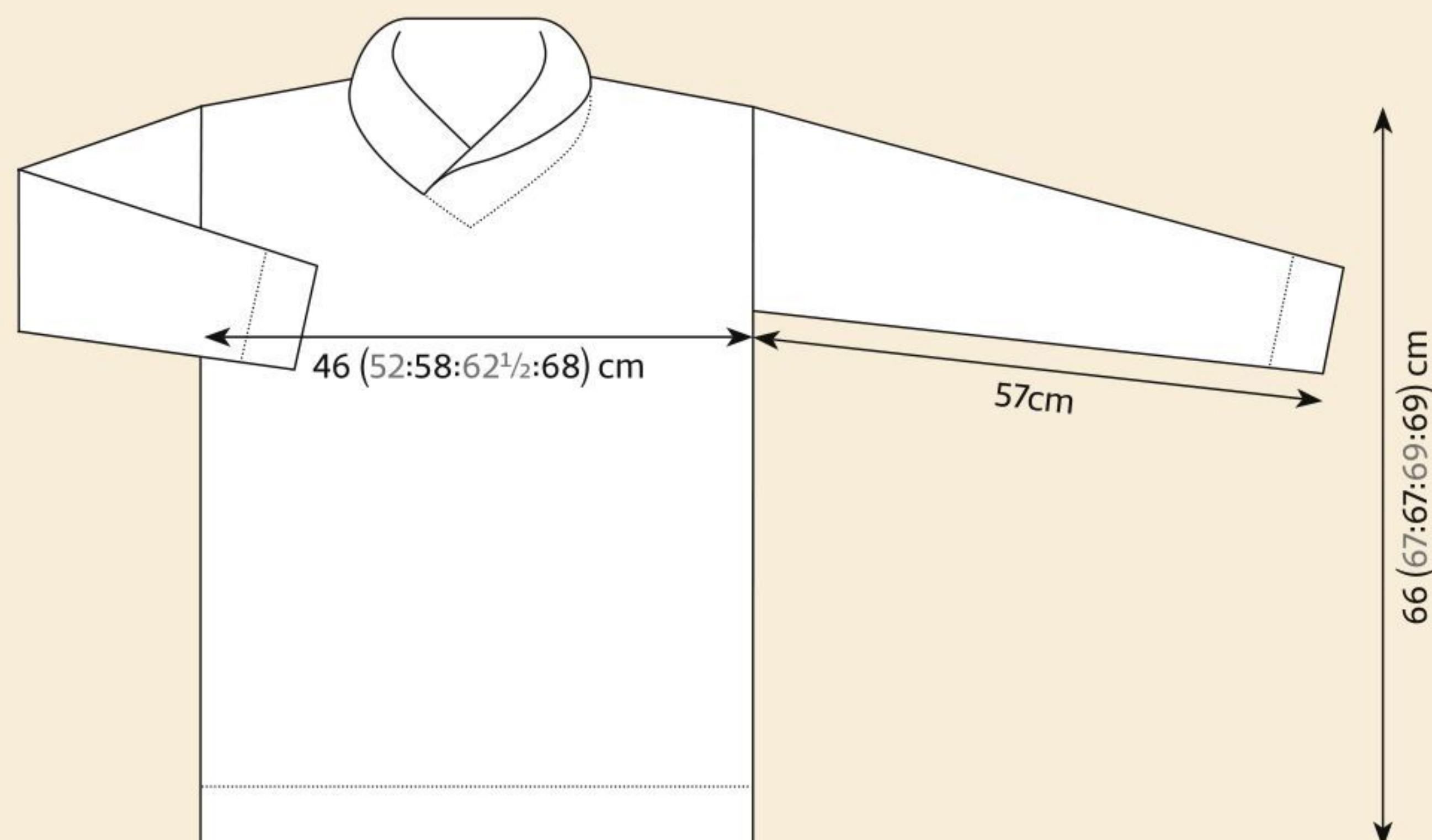
C3F

T3B

T3F

**READER OFFER!** Receive a 10% discount when buying the Rico yarn for this project from Wool Warehouse! Use the code TK175 at the checkout.  
[www.woolwarehouse.co.uk](http://www.woolwarehouse.co.uk)

## BLOCKING DIAGRAM



The large diamond cables have moss stitch centres





The ribbed collar is worked separately then sewn on

## BEGIN PATTERN

**Row 1 (RS):** K13 (15:17:19:21), P4, work Row 1 of Cable Panel, work Row 1 of Trellis Panel, work Row 1 of Cable Panel, P4, K13 (15:17:19:21).

**Row 2:** P13 (15:17:19:21), K4, work Row 2 of Cable Panel, work Row 2 of Trellis Panel, work Row 2 of Cable Panel, K4, P13 (15:17:19:21).

Rows 1 and 2 set rev st st and position of Cable Panels and Trellis Panel.

Cont in patt as set, working C6F cables on foll third and every foll sixth row (to match Back and Front) and working rows 3-30 of

Trellis Panel, then rep rows 1-30 of Trellis Panel throughout, AT THE SAME TIME shaping Sleeve as follows:

**Next row (dec row):** K1, K2tog tbl, work to last 3 sts, K2tog, K1.

Cont working dec row on every foll 8th row until 51 (55:63:65:75) sts rem, then on every foll 6th row until 37 (39:41:43:45) sts rem. Work straight until Sleeve meas 50cm from cast-on edge, ending after a RS row.

Change to 5mm needles.

**Next row (WS):** Purl, dec 8 (8:10:10:10) sts evenly across.

29 (31:31:33:35) sts.

“ THIS SOFT, CHUNKY YARN OFFERS EXCELLENT STITCH DEFINITION FOR CABLES AND TEXTURES ”

Work in rib as for Back until Sleeve meas 57cm from cast-on edge.

Cast off evenly and loosely in rib.

## COLLAR

Using 6mm needles, cast on 103 (109:109:115:115) sts evenly and loosely.

Change to 5.5mm needles.

Work in K1, P1 rib as on Back until Collar meas 9cm.

## SHAPE NECK EDGE

**Row 1:** Rib to last 8 sts, turn

**Row 2:** Slip next st very firmly, rib to last 8 sts, turn.

**Rows 3-4:** Slip next st very firmly, rib to last 12 sts, turn.

**Rows 5-6:** Slip next st very firmly, rib to last 16 sts, turn.

**Rows 7-12:** Cont in this way for 6 more rows working 4 sts fewer at end of each row.

**Row 13:** Slip next st firmly, rib to end of row.

Cast off loosely in rib.

## TO MAKE UP

With WS facing, block work to size and shape by pinning out round the edges. Press work lightly, omitting welt, cuff and collar, following any yarn care instructions on the ball band.

Join shoulders.

Tack, then stitch cast-off edge of collar to front and back neck edges.

Now neatly stitch down side edges of collar overlapping edges as in photograph.

Place markers approx. 18 (19½:21:22½:24) cm down from shoulder seams on Back and Front. Sew cast-on edges of Sleeves to Back and Front between markers, making sure centre of sleeve is placed at shoulder seam.

Join side and sleeve seams.

Press seams. ☺



From sheep to skein: Jenn sources Norfolk Horn wool from local farmers, and after it's spun she hand-dyes it using homegrown plant materials, before using it to design hand-knitting patterns



The Knitter  
FEATURE



# County Champion

Jenn Monahan promotes rare-breed Norfolk Horn wool through her hand-dyeing business, the Fibreworkshop



**KNITTER, SPINNER,** hand-dyer, designer and entrepreneur Jenn Monahan runs the Fibreworkshop, a dyeing studio in mid-Norfolk. Here, she works with

locally sourced Norfolk Horn wool and homegrown plant dyes to create beautiful hand-knitting yarns. Jenn also creates knitted items for film and TV productions, and her work can be seen in movies including *Little Women* and *Darkest Hour*. We chatted with Jenn about her mission to share her love of Norfolk Horn wool.

**How did you come to set up your business?** “I started the Fibreworkshop in 2016. Prior to this I was an academic, researching climate change mitigation. I’ve always

been knitter, but I had a go at spinning during a year in New Zealand – it was one of those life-changing moments.

“When we came back home to Norfolk I began to explore the diversity and history of sheep in the UK. I looked to source rare-breed fleece to spin direct from smallholders and farmers local to me. Talking to these knowledgeable and passionate people gave me an awareness of the issues they face. It’s typical for small farmers to pay more to shear their sheep than the low value they get from selling their fleece through the British Wool Board. You hear so many stories of burning and composting of wool, or simply leaving it to rot. Yet wool is our indigenous sustainable fibre.

“This made me so angry. In 2016, I decided to produce a sustainable yarn with

provenance that would showcase my local indigenous rare breed, the Norfolk Horn.”

**What is your company ethos?**

“Sustainability is the heart of the business; it’s why I do what I do. From the energy used (100% renewable), the processes I use (natural plant-based and non-toxic), the packaging (minimal, no plastic, bio-degradable), and the people I work with, I strive for sustainability in every aspect of my business.”

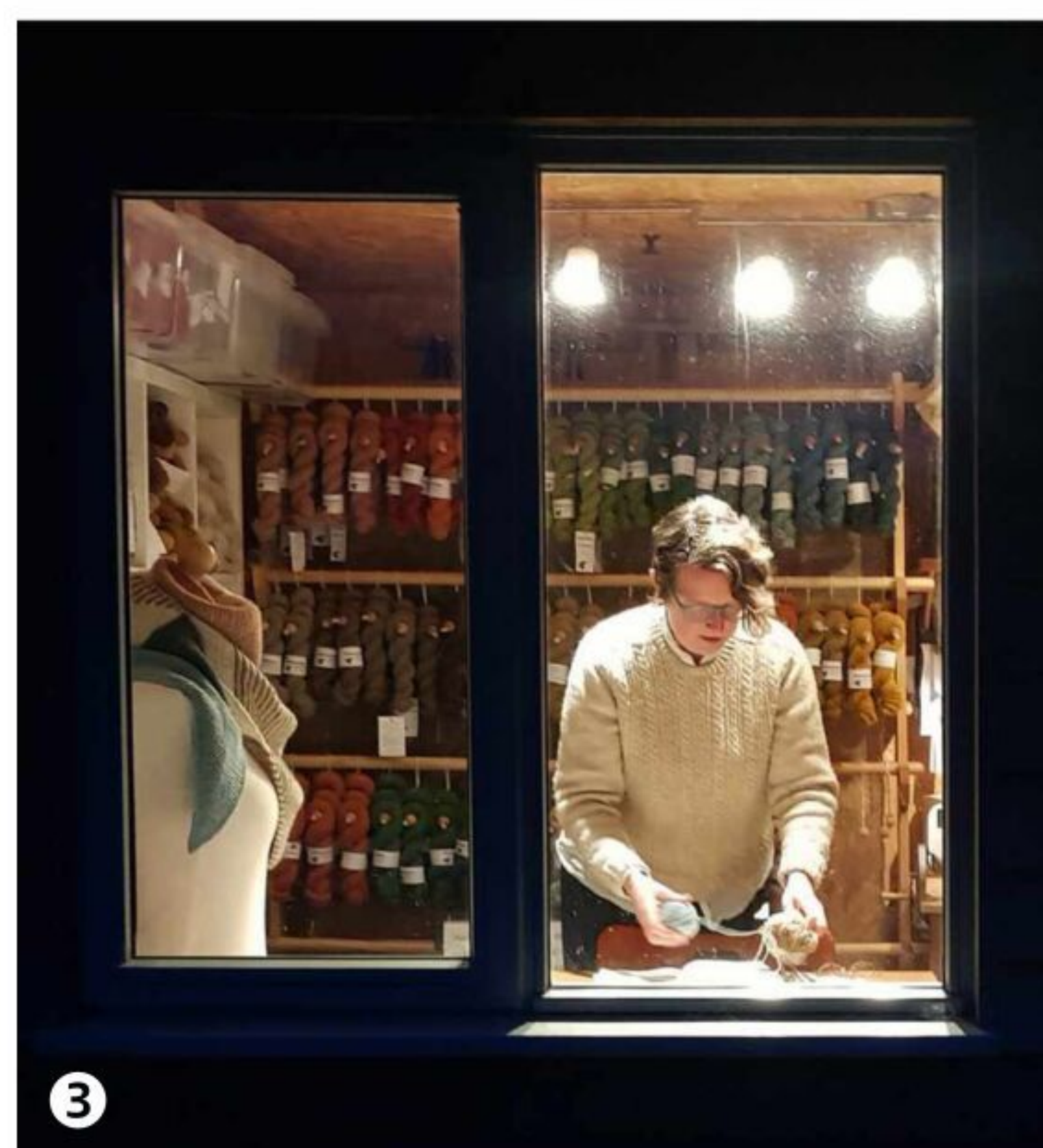
**What do you find so special about the Norfolk Horn breed?**

“I have a real affection for the Norfolk Horn sheep, as it was the first fleece I ever worked from field to finish – scouring, carding, spinning, dyeing and knitting a cardigan. It is the indigenous rare



# Artisan yarns

❶ Jenn works with natural plant dyes, including those she grows and forages ❷ This is her impressive weld harvest! ❸ Jenn has a dyeing workshop in her garden



breed of the county of Norfolk, and is one of the UK's oldest breeds.

"Norfolk Horns have an incredible story, arriving with the Anglo-Saxons, reaching their peak in the medieval wool boom, then declining until they were virtually extinct by the 1950s. They were the breed which instigated the foundation of the Rare Breeds Survival Trust, and today they are thriving, although they are still on the RBST's 'At Risk' register.

"They have a very distinctive black face, and elegant black legs. Both ewes and rams have magnificent open spiral horns sweeping backwards. They are really intelligent, characterful, independently minded, and very naughty – they're great escapologists!

"Their wool is beautiful: creamy with a distinctive dark fleck in it, like oatmeal, and a soft pearly lustre. The yarn is woolly, bouncy with great memory; tickly, and yet it has a lovely soft hand which surprises most people."

## Where do you source your wool from?

"Provenance is important to me. I source my wool from a small group of producers including my local village flock, a farm museum, and an organic market gardener. All have incredibly high welfare standards and are as equally passionate as me, and our supply chain is transparent and traceable. Our customers have that direct connection to the producers through the yarn."

## How is your yarn processed?

"After shearing, I skirt and sort the fleece. This involves removing all the contaminated bits (poop, plant bits and shepherd's smit marks). The best quality fleece is selected and sent off to the mill in Yorkshire to be scoured and spun into 4ply and DK-weight yarn. It's a bit like Christmas when it arrives back as huge cones of yarn ready for me to wind off into skeins!

"I dye in small batches using natural plant dyes and traditional methods. It's

a slow process and can take days, if not weeks, depending on the plant material. The processes and techniques used vary depending on the plant material and the colours I'm aiming for.

"I grow most of the dye plants I use. This includes woad and Japanese indigo for those blues, madder for reds, oranges, pinks and purples. Other plants include weld, chamomile and heather for yellows, and coreopsis for rich foxy oranges. I forage locally for other materials such as oak galls, alder cones, walnuts and dock leaves. Foraging is a great way to really get to know where you live.

"My favourite plant and dye is indigo. I grow quite a bit of woad, our native indigo-bearing plant. Working with woad is a very different process to other plant dyes as it involves making a vat with a very specific chemistry rather than a simple dye bath. Extracting indigo blue from green leaves feels like magic when you lift the yarn out and the blue blooms.





④ Jenn creates many beautiful shades using plant dyes ⑤ Onion skins are used to produce a range of rich yellows, golds and oranges ⑥ Jenn runs a programme of natural dyeing workshops



"I try to keep things as in-house as possible. I mostly use rainwater for scouring, mordanting and dyeing. Rainwater is slightly acidic which works well with many dye plants and wool. The exception is indigo and madder, as these prefer hard water. Luckily Norfolk tap water is notoriously hard! I use home-made modifiers where I can, such as iron water or wood ash water which is highly alkaline – we heat our home with wood, so ash is never in short supply.

"You become very aware of the seasons and the differences you get in the dyes year to year as they are affected by the soil, water and climate. Every natural dyer's palette is distinctive to its place; I love this sense of place connected to plant dyes."

#### When did you first try yarn dyeing?

"I first tried natural dyeing in 2015. I had resisted exploring natural dyes, mistakenly believing that natural dyes weren't light fast, were sludgy and pale, and used toxic

chemicals. A friend from my Guild persuaded me to come along to a workshop with her. Like many first-timers, I used onion skins, and I was blown away by the depth and vibrancy of the colours. Natural dyes are complex compound colours and behave very differently to synthetic dyes. They sort of vibrate and change with different lights – it's just beautiful."

#### You also teach natural dyeing. What can we look forward to with your 2022 workshop programme?

"I run my workshop programme from May to September. I love teaching and passing my knowledge on. My classes are relaxed, informal days working outside. I have three workshops: an introduction to natural dyeing, where we have fun painting a rainbow and learning the basics; and the woad workshop, where participants see the woad beds and learn about growing, harvesting and extracting indigo as well as getting messy with indigo vats. New for

this year will be a Madder workshop, where we will learn how to produce a range of colours from this one single dye bath."

#### Do you have any other plans for 2022 that you can share with us?

"I've been working on a book about the Norfolk Horn breed. I'm focused on writing and designing patterns inspired by each chapter of its story. Hopefully that will be published in the autumn."

#### What's the best piece of advice you've been given by another member of the yarn community?

"I was really anxious in the beginning that the yarn I was making was so different from the norm that no one would 'get' it. But a friend who runs her own craft business advised me to stick with what I'm passionate about as it's uniquely 'me', and to not be afraid of not following the herd."

#### Tell us about your involvement with knitting vintage items for stage and screen!

"In my secret knitting life I knit costume for the big and small screen, specialising in vintage knits. I get to knit things that I would never make for myself. Everything from 1860s American civil war clothing for the film *Little Women*, World War One-era items (for *1917*), knits from the 1930s and '40s (for *Darkest Hour* and the BBC television programme *The Pursuit of Love*), through to the 1980s (for the BBC's *Small Axe*). It can be challenging: if there is a pattern, it may only be one size with no gauge. Often I will get a picture or sketch and work from that. So I usually end up making up the pattern as I go. And it's always on a very tight schedule. I enjoy the challenge; I'm always learning new things."

#### What has been your proudest achievement?

"My proudest achievement was using the opportunity that *Little Women* gave me to do something to empower women and girls. I published a pattern for 'Beth's Shawl' on Ravelry – [www.ravelry.com/patterns/library/beths-shawl-3](http://www.ravelry.com/patterns/library/beths-shawl-3) – to raise funds for The Barefoot College International Solar Mamas project. This project trains women from remote rural places to become solar engineers, bringing light and power to their communities. The pattern has raised £9000 so far, which is awesome."

#### Do you get much time to knit for yourself?

"Sadly, I haven't had much time to knit for myself. But, now that I'm focussing on designing for my book, I'm indulging myself with designing and knitting pieces that I want to wear. I'm having fun playing with cables, textures and colourwork."

– [www.fibreworkshop.co.uk](http://www.fibreworkshop.co.uk)



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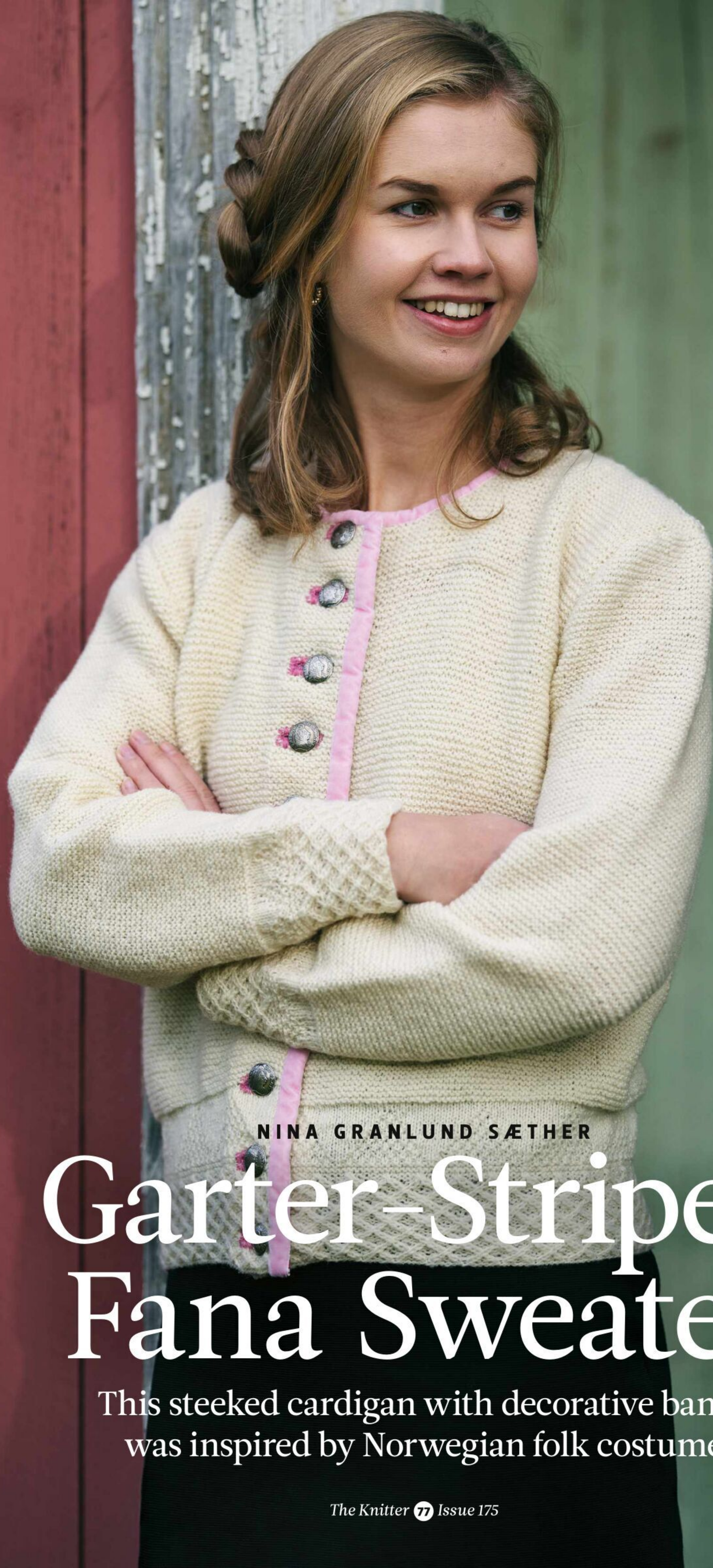
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NINA GRANLUND SÆTHER

# Garter-Striped Fana Sweater

This steeked cardigan with decorative bands  
was inspired by Norwegian folk costume





NINA GRANLUND SÆTHER

## Garter-Striped Fana Sweater

**WHEN DESIGNING** this garment, Nina Granlund Sæther was inspired by traditional garter-stitch cardigans from Fana in Norway. These white garments were typically worn by men on special occasions, and were finished with as many as 14 silver or pewter buttons. “My version for women has diamond patterns on the body and sleeves,” explains Nina. “The buttonholes are sewn with pink thread, and I used a pink velvet ribbon along the front edges instead of the traditional red and white.”

### BODY

Using 2.5mm circular needles, cast on 264 (276:288:300:318) sts plus 5 extra sts for the steek (steek sts are not included in stitch counts or pattern instructions, and should be worked in st st). Pm and join to work in the round, being careful not to twist sts.

Work diamond pattern with cabled stitches following Chart 1, working 6-row repeat 4 times. Note that on round 6, the first and last sts are knit. AT THE SAME TIME, begin buttonholes on Right Front. Make first buttonhole when body measures 2 (4:2:3:4) cm. Each

### SIZE

|               | S   | M   | L   | 1XL | 2XL |    |
|---------------|-----|-----|-----|-----|-----|----|
| TO FIT BUST   | 91  | 97  | 102 | 107 | 117 | cm |
|               | 36  | 38  | 40  | 42  | 46  | in |
| ACTUAL BUST   | 98  | 104 | 110 | 116 | 124 | cm |
|               | 38½ | 41  | 43¼ | 45¾ | 48¾ | in |
| ACTUAL LENGTH | 55  | 57  | 60  | 61  | 62  | cm |
|               | 21¾ | 22½ | 23¾ | 24  | 24½ | in |
| SLEEVE SEAM   | 44  | 45  | 46  | 46  | 47  | cm |
|               | 17¼ | 17¾ | 18¼ | 18¼ | 18½ | in |

### YARN

**Rauma** 2ply Gammelserie (4ply weight; 100% Norwegian wool; 160m/175yds per 50g ball)

| NATURAL WHITE (401) | 8 | 8 | 9 | 10 | 11 | x50g BALLS |
|---------------------|---|---|---|----|----|------------|
|---------------------|---|---|---|----|----|------------|

#### Alternative yarn suggestion:

**Blacker Yarns** Tamar Lustre Blend 4ply (4ply weight; 100% wool; 350m/383yds per 100g skein) Gwindra undyed; 4 (5:5:5:6) x 100g skeins

### NEEDLES & ACCESSORIES

2.5mm (UK 13-12/US 1-2) circular needles, at least 80cm long  
Set of five 2.5mm (UK 13-12/US 1-2) double-pointed needles (DPNs)  
Cable needle (cn)  
Pink wool thread for buttonholes  
Pink velvet ribbon, approx. 140cm (55in)  
Pink twill tape for attaching buttons, approx. 55cm (21¾in)  
Cotton canvas fabric for facings  
10 (10:11:11:11) buttons

### TENSION

25 sts and 52 rows (26 ridges) to 10cm over garter st on 2.5mm needles

buttonhole is worked over 6 sts, 5 sts inside right front edge as foll:

Work 7 sts, slip next-to-last st on right needle over last st, \*work 1 st, slip next-to-last st on right needle over last st; rep from \* until you have bound off 6 sts. On the next round, cast on 6 new sts over gap.

Make a buttonhole every 4cm. There should be a total of 10 (10:11:11:11) buttonholes on Right Front.

After completing Chart 1 pattern, knit 1 rnd, adjusting stitch count to 256 (272:288:304:320) sts + steek.

Beg with a P round, work 3 rounds in garter sts (knit every round).

Now work crown panel following Chart 2. On the last rnd, adjust stitch count to 257 (273:289:305:321) sts + steek.

After the crown pattern, cast off steek sts and begin working back and forth in garter stitch.

As you continue, make the buttonholes as follows: When 11 sts rem on row, K2, slip next-to-last st on right needle over last st, \*K1, slip next-to-last st on right needle over

last st; rep from \* until you have cast off 6 sts. Work last 4 sts on row. On next row, cast on 6 sts over gap.

When body measures 35 (37:39:40:41) cm, shape underarms as follows: K63 (67:71:75:79), cast off 10 sts, K111 (119:127:135:143), cast off 10 sts, K63 (67:71:75:79).

Now work front and the back separately.

### RIGHT FRONT

Continue in garter stitch and AT THE SAME TIME cast off 3 sts at armhole edge of next WS row, then 2 sts on 2 foll WS rows, then 1 st on 5 foll WS rows. 51 (55:59:63:67) sts.

When piece meas 45 (47:50:51:52) cm from cast-on edge, cast off 13 sts on next RS row for neck, leaving room for last buttonhole. 38 (42:46:50:54) sts.

Cast off 3 at beg of next RS row, then 2 sts on 2 foll RS rows, then 1 st on 5 foll RS rows. 26 (30:34:38:42) sts.

Continue without decreasing until piece meas 55 (57:60:61:62) cm from cast-on edge. Place rem sts on a holder.



# Garter-Striped Fana Sweater

## YARN STOCKISTS

**Rauma** [www.raumagarn.no](http://www.raumagarn.no)  
**Blacker Yarns** 01566 777 635  
[www.blackeryarns.co.uk](http://www.blackeryarns.co.uk)

## SPECIAL ABBREVIATIONS

**C2F:** Slip 1 st to cn and hold at front, K1, K1 from cn.

**C2B:** Slip 1 st to cn and hold at back, K1, K1 from cn.

**To cross cables without a cable needle:**

**C2F:** K1tbl into second st from behind work, knit first st and slip both sts from needle (it is easier to knit 1 st through the back loop, and it won't be visible on the RS).

**C2B:** Knit the second st from front of work, knit the first st and slip both sts from needle.

**For general abbreviations, see p89**

## CHART

Chart 1

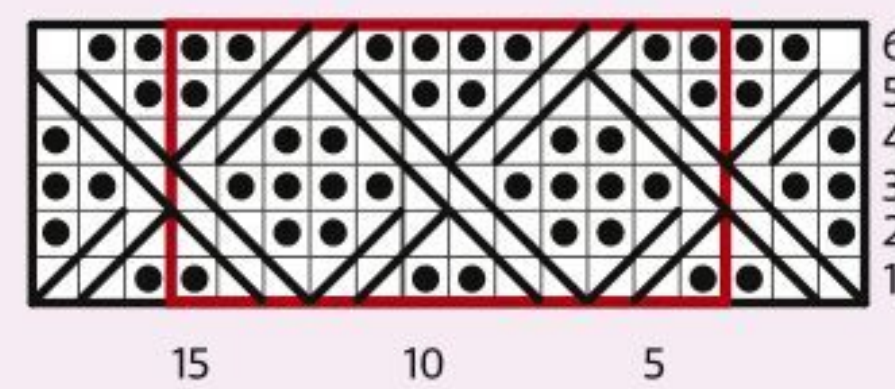


Chart 2

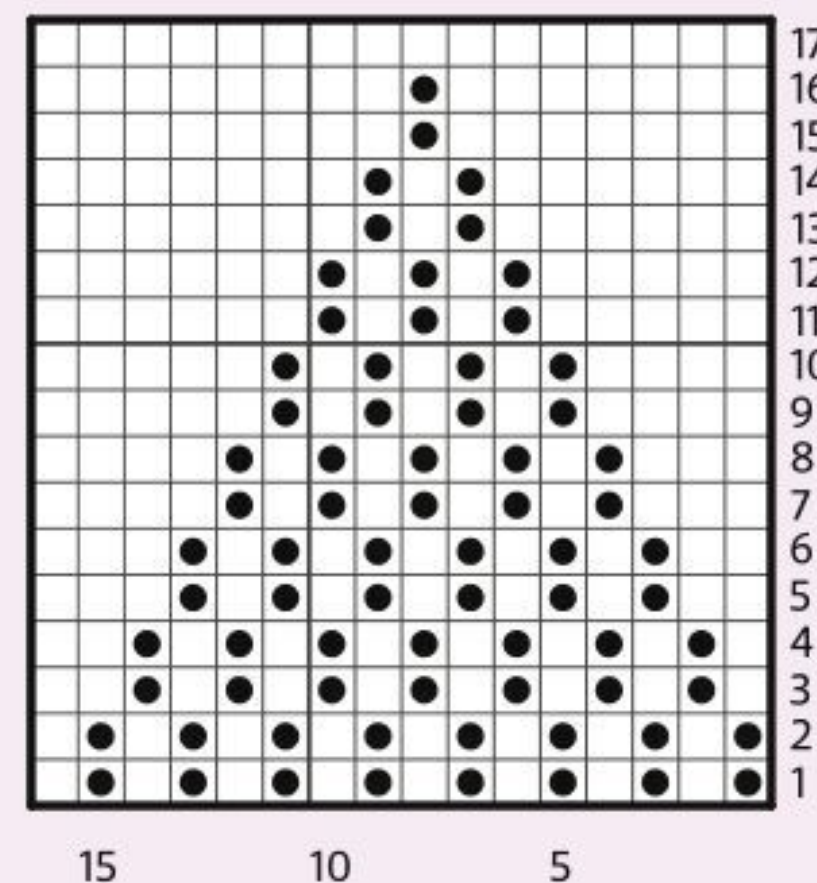
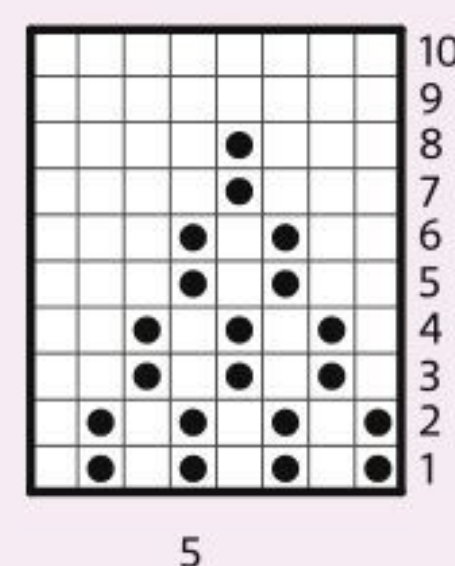


Chart 3

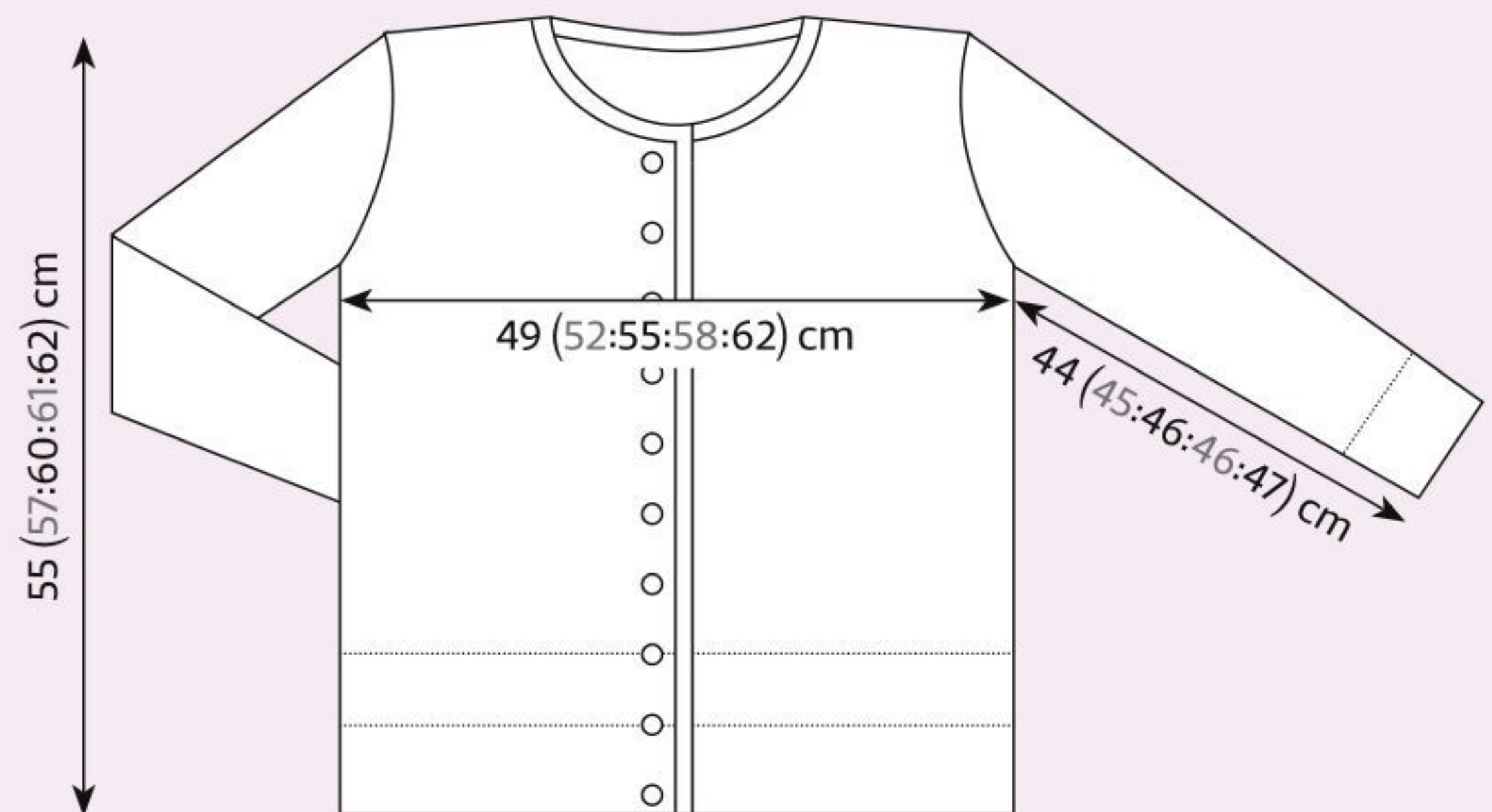


## KEY

- K on RS; P on WS
- P on RS; K on WS
- C2F
- C2B
- Repeat

“ THIS IS A MODERN VERSION OF A TRADITIONAL MEN'S STYLE FROM NORWAY ”

## BLOCKING DIAGRAM



## LEFT FRONT

Work as for Right Front, omitting buttonholes and reversing shaping to match.

## BACK

Continue in garter stitch and cast off 3 sts at beg of next 2 rows, then 2 sts at beg of foll 4 rows, then 1 st at beg of next 10 rows. 87 (95:103:111:119) sts rem.

When back is 8 garter stitch ridges shorter than centre front, work 36 (40:44:48:52) sts, cast off 15 sts for back neck, work to end.

You will now work the two shoulders separately as foll:

Cast off 3 sts at neck edge once, then 2 sts at neck edge twice, then 1 st at neck edge 3 times.

26 (30:34:38:42) sts rem for each shoulder.

## SLEEVES

Using 2.5mm DPNs, cast on 54 (60:66:72:78) sts.

Divide sts onto 4 DPNs and join; pm for beginning of round.

Work diamond pattern with cabled stitches following Chart 1 as for Body,

rep 6-row patt 4 times.

Work in garter stitch for 4 rounds.

Now work crown panel following Chart 3, beg with stitch 2 (7:4:1:6) and ending with stitch 7 (2:5:8:3).

Work the rest of the sleeve back and forth in garter stitch. AT THE SAME TIME, M1 after first st and M1 before last st of row every 5th ridge (10th row) until sleeve meas 44 (45:46:46:47) cm and there are 92 (98:104:110:116) sts total.

## SHAPE ARMHOLE

Cast off 5 sts at beg of next 2 rows, then 3 sts at beg of foll 2 rows, then 2 sts at beg of foll 4 rows, and then cast off 1 st at beg of next 32 (34:36:38:40) rows.

## SHAPE SLEEVE CAP

Cast off 2 sts at beg of next 6 rows, then 3 sts at beg of foll 2 rows, then 3 (5:5:5:5) sts at beg of foll 2 rows, and finally 6 (6:10:14:18) sts at beg of foll 2 rows.

## FINISHING

Weave in all ends neatly on WS.

Machine- or hand-stitch two lines on each side of the centre steek stitch. Cut carefully between the two lines using sharp

embroidery scissors, and trim any excess fabric so that you have a smooth, even edge from the neck down.

Join shoulders using a three-needle cast-off: Slip held sts for front and back of one shoulder to DPNs, with each set on a separate DPN. Hold the needles parallel, with right sides facing. Using a third needle, K2tog with 1 st each from front and back needles, \*K2tog with next pair of sts and slip next-to-last st on right needle over last st. Rep from \* until you've bound off all sts. Join 2nd shoulder the same way.

Attach sleeves with RS facing using mattress stitch.



This pattern is taken from the book *Knits From Around Norway* by Nina Granlund Sæther, which has more than 40 knitting patterns inspired

by Norwegian folk art collections. Published by Trafalgar Square Books, it is available in the UK from Quiller Publishing priced £18.95.

[www.quillerpublishing.com](http://www.quillerpublishing.com)



# Garter-Striped Fana Sweater

## FACINGS

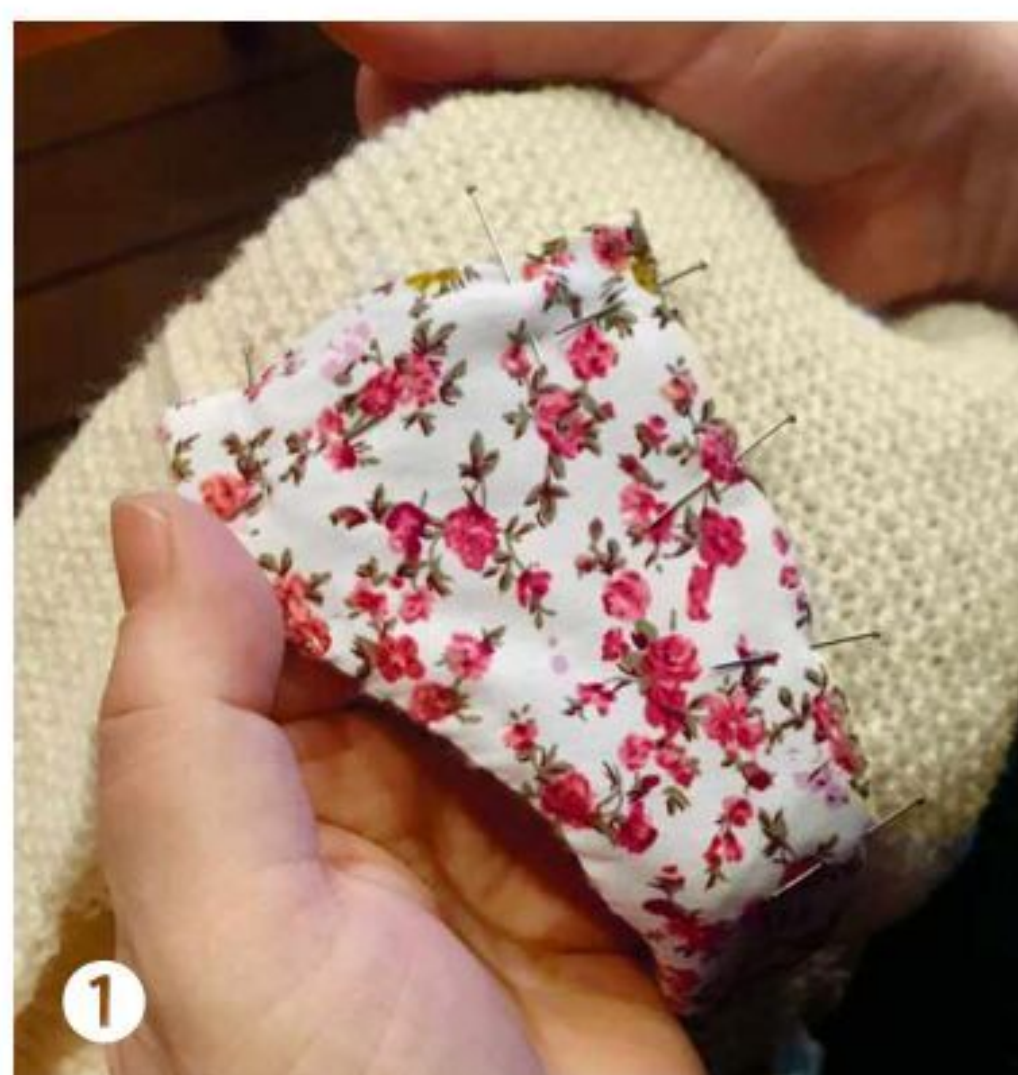
The cardigan has a lining and trim of cotton canvas on the front and around the neck. Wash the fabric first so that it shrinks before use.

The facing is sewn on by hand using whip stitch. The pink velvet ribbon is attached along the front edge and sewn to the facing all the way around.

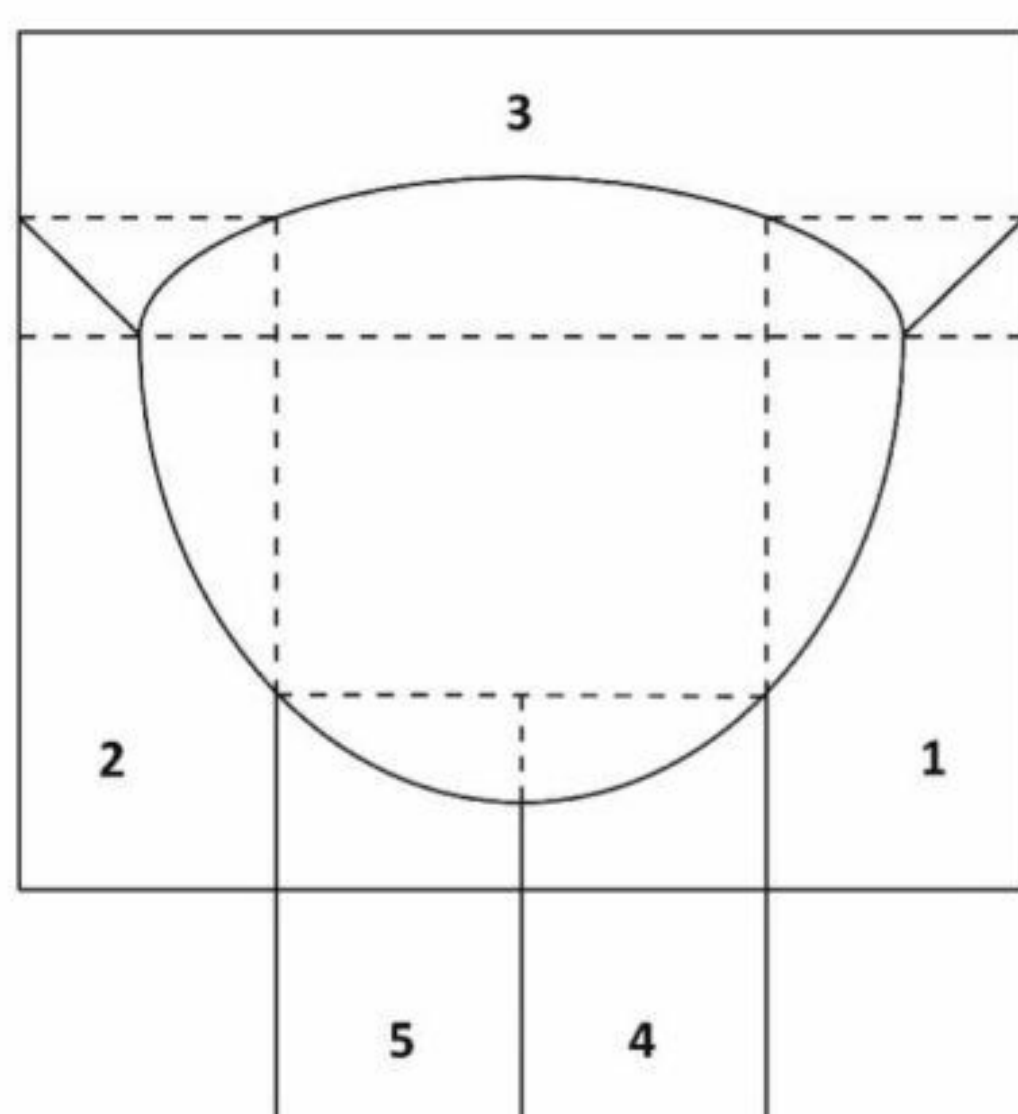
Wash the fabric before you begin sewing it on. Begin with side pieces, marked 1 and 2 on the diagram. Trim a strip 4–5cm wide with 1cm seam allowance on each side. Pin the fabric to the knitted garment and sew down on the long side furthest from the neckline, using small over-hand stitches. Next, shape to the neckline and trim away any excess fabric before you fold the facing in and pin it in place (❶). Do the same on the back, marked 3 on the diagram. The fabric strip should be 7cm wide with 1cm seam allowance on each side. Begin on the long side furthest from the neckline. Make sure the strip is long enough at the sides to cover the facing you have already sewn on. Fold it in and pin. Sew the long side first. Fold in the corners and sew down firmly to the facing at the sides. Shape to the neckline and trim away any excess fabric before you fold the facing in and pin it in place. Trim a strip 5–6cm wide with 1cm seam allowance on each side for the bands. Pin it in place and sew down the edge, beginning at the neckline.

Lay a ribbon along the edge, all the way around; pin it down and sew it to the facing. Make sure there's enough ribbon to allow you to ease it in at each corner.

Using pink thread and buttonhole stitch, sew all around each buttonhole, through the facing. (❷). Cut through the facing to fit holes to buttons. It is best to attach buttons through both the knitted fabric and the facing, and to thread the buttons through a twill tape or something similar. (❸)



The steeked edges are covered with cotton fabric inside, then ribbon is sewn around the neckband and down the front openings








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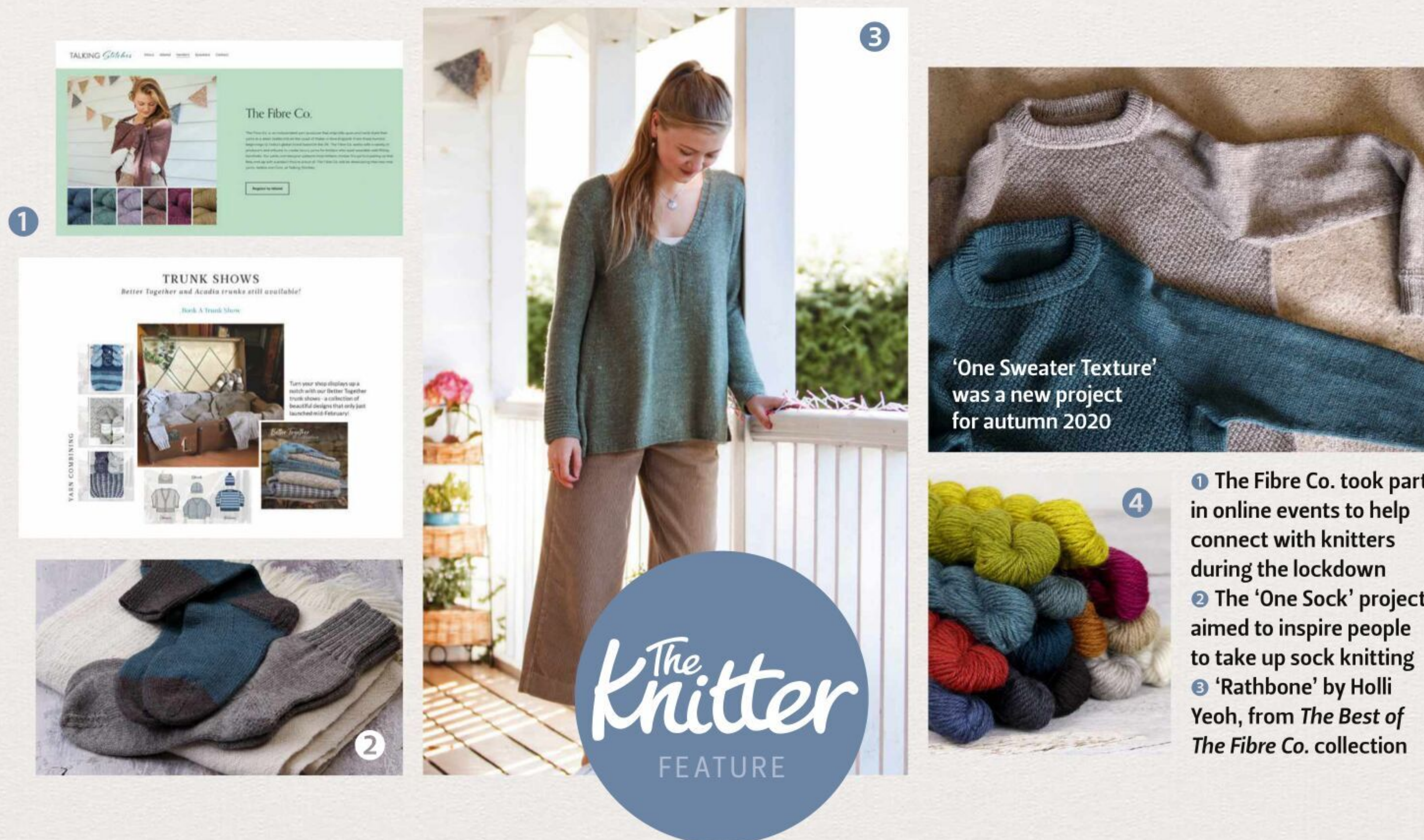
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# Yarn brands



- 1 The Fibre Co. took part in online events to help connect with knitters during the lockdown
- 2 The 'One Sock' project aimed to inspire people to take up sock knitting
- 3 'Rathbone' by Holli Yeoh, from *The Best of The Fibre Co.* collection
- 4

## SHINING A LIGHT

The Fibre Co. has explored creative, innovative ways to support knitters and yarn stores during the pandemic, as Daphne Marinopoulos explains



**THE PAST** two years have been tough for everyone, with the Covid-19 pandemic bringing lockdowns, social isolation, anxiety and economic problems. Many

people have relied on their knitting to bring them comfort, while others took up the craft while stuck at home.

Like everyone else, the team at The Fibre Co. had to find new ways of working during a succession of lockdowns, and to support their yarn store stockists and the wider knitting community around the world. We spoke with The Fibre Co.'s founder, Daphne Marinopoulos, about how the company rose to the challenges of the Covid-19 pandemic, and its exciting plans for spring-summer 2022 and beyond.

**How did The Fibre Co. work to support its customers and the wider knitting community during periods of isolation?**

"A strong sense of community has always been at the core of our outreach programmes. Would it be any different in

the middle of a pandemic? After all, we had diligently spent time crafting our online presence and building relationships with knitters, local yarn shops, independent designers and influencers. At the same time, we had spent years showing up at festivals and trade events to connect with the community in person, to learn and bring back ideas to better meet their needs.

"While we felt confident in our approach to connect in a digital world, what really drove our work during the pandemic were the key mantras that we used to get us through the challenging period - simplify, focus, and choose well. We simplified through a slow and steady pace of releases over the course of the season. We focussed by concentrating our design programme on steady consistent releases. And lastly, we chose to work on projects that would be fun to make and easy to wear with a strong feel-good factor. This approach allowed us to be there for our stockists and the greater knitting community in a time of great need.

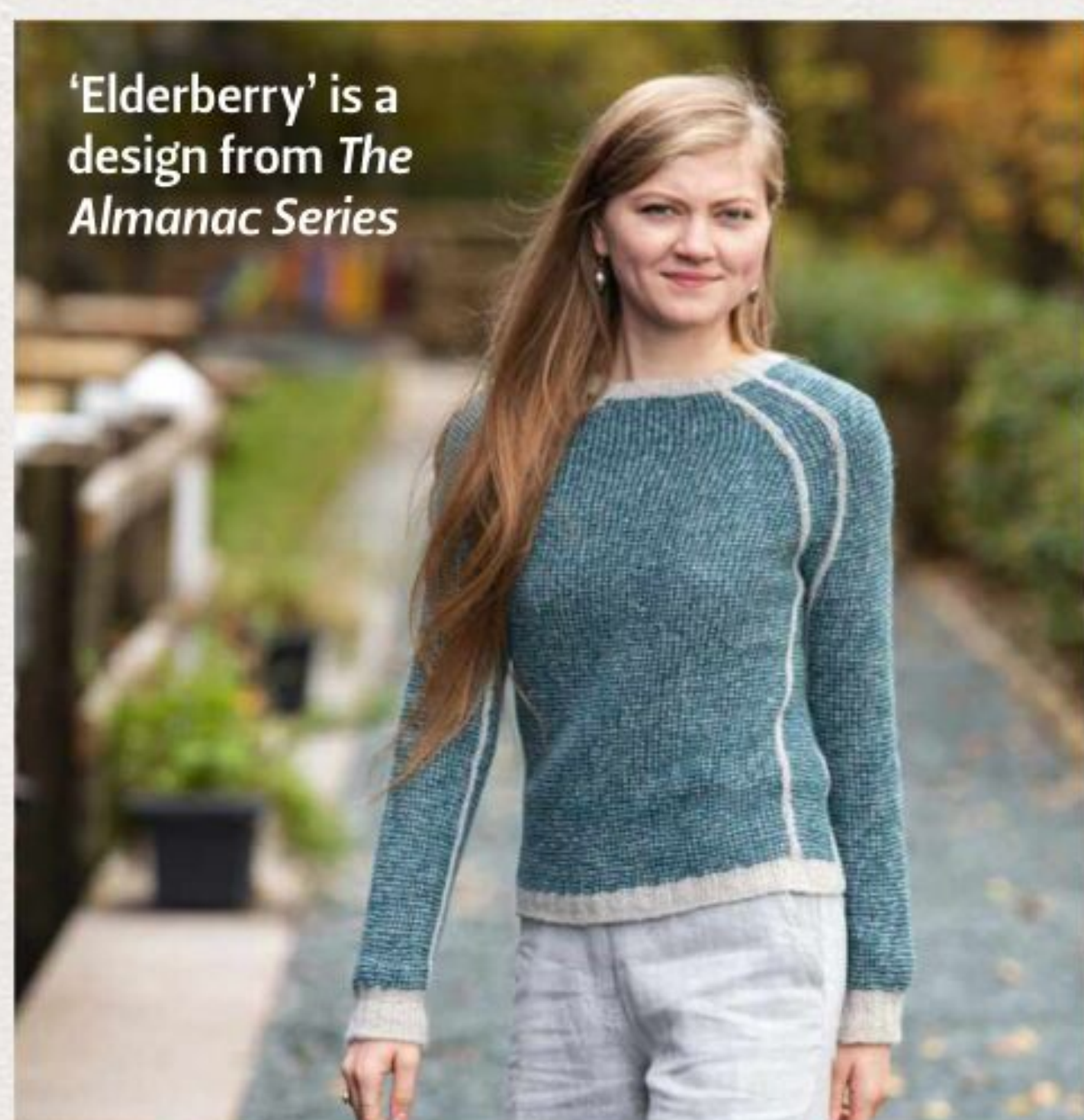
"The challenges we faced were many! Like so many businesses, staffing shortages and supply chain issues were the main

difficulties. We had two yarns scheduled to be released in 2020, and the mill's delivery schedule completely changed our launch plans. Moreover, we had to decide whether and how much to order for the autumn 2020 season, the timing for which coincided with the start of the first lockdown.

"We asked ourselves whether we wanted to go into the autumn-winter season of 2020/21 with inventory in the warehouse or without anything to sell. The answer to this question was crystal clear - we would have to take the purchasing risk to avoid disappointing our stockists and our customers. Even though delivery dates kept changing, we soon learned that we did the right thing, as our orders were early in the mills' queues and we had product to ship during the height of the knitting season during the second lockdown.

"We also spent time improving our digital presentation skills and graphics so that we could communicate in the best possible way about the features of our new yarns and designs. I got used to going in front of the camera, something which doesn't come easy to me, but offered so





- ④ The Fibre Co. added a choice of mini skeins to its range in 2020
- ⑤ Video tutorials were available to help knitters with knit-along projects
- ⑥ 'Star Anise' is a design from *The Almanac Series* for spring-summer 2022
- ⑦ The 'One Sweater V-neck', knitted here in Cirro and Meadow yarns

much more to our customers than a static digital document. Thankfully, the community was kind and accepting!"

#### What initiatives did you put in place to support your stockists during lockdown?

"The very first thing we did to support our stockists when the lockdown began was to find out when and how they were operating. We sent out a survey and asked them to tick boxes indicating whether they were open for visitors in the shop. We also asked them to let us know if they were accepting orders online, or whether they were offering a phone sales service or some sort of Zoom shopping experience and how customers could receive or collect their orders. The responses were collated, put into a beautiful graphic for each shop and we regularly shared the status of the shops that responded with our audience on various social channels.

"We made samples available to stockists who found creative ways to display them online during social media live events or Zoom meet-ups. We notified our audience when we learned that a stockist was holding a live event.

"We started offering our traffic light system report on a weekly basis, which has a list of available inventory and shows those colours that are plentiful, getting low and completely out of stock. With this information, the shop could confidently pre-sell a particular colour knowing that it was only a special order away from being able to fulfil their customer's request.

"It became very clear to us that how we work with and offer support to stockists would never be more important, and this belief was at the centre of our planning throughout the pandemic. Our plans did indeed change, but we remained open and flexible, an approach that ultimately led to us focussing on one yarn per month - both in terms of new designs and yarn colours. This focus has given us the time needed to create content about new designs, yarns, colours and educational techniques that we've been able to share with our stockists, making it easy for them to reuse this information with their loyal customers. And by all accounts, it is working."

#### Can you tell us a little bit about what we can look forward to from *The Almanac Series* for spring-summer 2022?

"The creation of *The Almanac Series* has been one of our greatest joys here at The Fibre Co. in recent times. With a theme of herbalism to recognise the importance and heightened appreciation of maintaining health during the pandemic, our spring-summer 2022 series has seen the launch of a stunning sweater in our Cirro yarn called 'Elderberry', a two-colour garter stitch pattern in an easy-to-wear sportive raglan. Our March release is a super colourwork design by Emma Wright called 'Star Anise'. April brings an Amanda Jones design called 'Mullein', a lovely three-colour rectangular wrap in Canopy Fingering, which has some fun techniques to keep the knitter interested and engaged throughout the

project. May is our Luma month, and Sarah Hatton has delivered a great V-neck sleeveless summer top called 'Ginseng', with interesting side and centre front textured panels. Next on the schedule in June is a classic French marine stripey top from Vanessa Pellisa in our Amble yarn. And finally, Finnish designer Joanna Ignatius designed a gorgeous two-colour crescent-shaped shawl in our Meadow yarn for July. We're super-excited for the releases and can hardly wait to see all the versions that knitters create."

#### Lots of people have taken up knitting since the start of the pandemic, or have been looking to build their skills. How have you been supporting newer knitters?

"We recognised early on in the pandemic that more and more new and returning knitters were coming into the community, just based on the types of questions we were receiving via our website and social media. Moreover, Google searches for 'How to Knit' exploded in the early days of lockdown. We wanted to do our part in welcoming these knitters and ensure that they could rely on us to guide them along the path towards their stitching and making dreams. We got to work designing a new range of products which will release in autumn 2022, specifically for those who are either new to knitting or have returned to the craft. We can't wait to share more information, so stay tuned!" 🍷

- [www.thefibreco.com](http://www.thefibreco.com)





GEORGIA FARRELL

# Asymmetric Shawl

This design pairs a modern stripe pattern with a light and fluffy mohair yarn



# Asymmetric Shawl

**GEORGIA FARRELL** has suggested two different colourways for her asymmetric shawl. Both are worked using three shades of Rowan's Kidsilk Haze yarn held double throughout, to create a lightweight yet cosy finished fabric. Knitted in garter stitch, the stripe pattern shifts gently across the width of the shawl by using just one of the previous stripe colours in the new section.

## STRIPE SEQUENCE

### SECTION 1

**Rows 1 and 2:** Using yarn A held double.

**Rows 3 and 4:** Using yarn B held double.

**Rows 5 to 132:** As rows 1 to 4 a further 32 times.

**Rows 133 and 134:** Using yarn A held double.

### SECTION 2

**Rows 1 and 2:** Using yarn C held double.

**Rows 3 and 4:** Using yarn A held double.

**Rows 5 to 132:** As rows 1 to 4 a further 32 times.

**Rows 133 and 134:** Using yarn C held double.

### SECTION 3

**Rows 1 and 2:** Using yarn B held double.

**Rows 3 and 4:** Using yarn C held double.

**Rows 5 to 132:** As rows 1 to 4 a further 32 times.

**Row 133:** Using yarn B held double.

## SHAWL

Using 4mm needles and two strands of yarn A, cast on 3 sts.

**Row 1 (RS):** K1, yo, K to end. 1 st inc'd.

**Row 2:** Knit.

These 2 rows form the garter stitch pattern with increases.

Beg with Stripe Sequence Section 1 row 3, cont in patt until all sections are complete, ending with Section 3 row 133 and with WS facing for next row. 204 sts.

**Next row:** Using yarn B, \*K2tog tbl, transfer st on right needle to left purlwise, rep from \* to end.

### MAKING UP

Weave in ends.

Block gently to measurements provided, following any yarn care instructions on the ball band. ☼



This pattern also appears in Rowan's *Knitting & Crochet Magazine Number 70*, which has 26 designs for women. For details of your

nearest stockist, call **01484 668200** or visit **[www.knitrowan.com](http://www.knitrowan.com)**

### SIZE

Length: 126cm (49½in)

Width at widest point: 107½cm (42¼in)

### YARN

**Rowan** Kidsilk Haze (Lace weight; 70% mohair, 30% silk; 210m/230yds per 25g ball)

#### Colourway 1

**A** Eve Green (684); 2 x 25g balls

**B** Aura (676); 3 x 25g balls

**C** Anthracite (639); 4 x 25g balls

#### Colourway 2

**A** Golden Poppy (683); 2 x 25g balls

**B** Pearl (590); 3 x 25g balls

**C** Hurricane (632); 4 x 25g balls

### NEEDLES & ACCESSORIES

1 pair 4mm (UK 8/US 6) knitting needles

### TENSION

19 sts and 32 rows to 10cm over garter st using 4mm needles and yarn held double

### YARN STOCKISTS

**Rowan** 01484 668200

[www.knitrowan.com](http://www.knitrowan.com)

For general abbreviations, see p89







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Cable panel cardigan • Fair Isle jumper • Striped pullover • Mosaic stitch jacket • Fair Isle hat & gloves • V-neck cardigan • Colourwork shawl • Socks • Star stitch scarf • Colourwork dress • Textured sweater

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Fair Isle cardigan • Mock cable jumper • Reversible cardigan • Lace shawl • Tie-front cardigan • Stripe & lace socks • Marled jumper • Colourwork sweater • Child's jacket • Norwegian mittens



## Issue 172

Cabled jumper • Colourwork poncho • Fair Isle sweater • Lace shawl • Unisex cardigan • Latvian scarf • Slip stitch cowl and hat • Twisted stitch cardigan • Embroidered jumper • Intarsia jacket



## Issue 171

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PULLOUT

# The Knitter



## Abbreviations

|               |  |                  |  |
|---------------|--|------------------|--|
| <b>alt</b>    | alternate  | <b>MB</b>        | make a bobble  |
| <b>approx</b> | approximately  | <b>mrk</b>       | marker   |
| <b>beg</b>    | beginning  | <b>P</b>         | purl   |
| <b>ch</b>     | chain  | <b>patt</b>      | pattern(s)   |
| <b>cn</b>     | cable needle   | <b>PB</b>        | place bead   |
| <b>cont</b>   | continue   | <b>PFB</b>       | purl into front and back of stitch   |
| <b>dc</b>     | double crochet (US single crochet)   | <b>pm</b>        | place marker   |
| <b>dec</b>    | decrease (work two stitches together)  | <b>prev</b>      | previous   |
| <b>DK</b>     | double knitting  | <b>pssso</b>     | pass slipped stitch over   |
| <b>DPN</b>    | double-pointed needle  | <b>P2tog</b>     | purl 2 stitches together   |
| <b>dtr</b>    | double treble (US treble crochet)  | <b>P3tog</b>     | purl 3 stitches together   |
| <b>est</b>    | established  | <b>pwise</b>     | purlwise   |
| <b>foll</b>   | following  | <b>rem</b>       | remain(ing)  |
| <b>inc</b>    | increase   | <b>rep(s)</b>    | repeat(s)  |
| <b>K</b>      | knit   | <b>rev st st</b> | reverse stocking stitch  |
| <b>KFB</b>    | knit into front and back of stitch   | <b>RH</b>        | right hand   |
| <b>K2tog</b>  | knit the next two stitches together  | <b>RS</b>        | right side   |
| <b>kwise</b>  | knitwise   | <b>skpo</b>      | slip 1, knit 1, pass slipped stitch over   |
| <b>meas</b>   | measures   | <b>sk2po</b>     | slip 1, knit 2 tog, pass slipped stitch over   |
| <b>M1</b>     | make one (see M1L)   | <b>s2kpo</b>     | slip 2 tog kwise, knit 1, pass slipped sts over  |
| <b>M1pw</b>   | make 1 st purlwise: with LH needle lift the strand between next and last st from front to back and purl through the back loop        | <b>sl</b>        | slip   |
| <b>M1L</b>    | left leaning increase: with left needle tip, lift strand between needles from front to back. Knit lifted loop through back of loop   | <b>sl st</b>     | slip stitch  |
| <b>M1R</b>    | right leaning increase: with left needle tip, lift strand between needles from back to front. Knit lifted loop through front of loop | <b>ss</b>        | slip stitch (crochet)  |
|               |  | <b>slm</b>       | slip marker  |
|               |  | <b>SSK</b>       | slip 2 stitches one at a time, return to LH needle, knit 2 slipped stitches together tbl |
|               |  | <b>SSP</b>       | slip 2 stitches one at a time, return to LH needle, purl 2 slipped stitches together tbl |
|               |  | <b>st(s)</b>     | stitch(es)   |
|               |  | <b>st st</b>     | stocking stitch  |
|               |  | <b>tbl</b>       | through back of loop   |
|               |  | <b>tog</b>       | together   |
|               |  | <b>tr</b>        | treble crochet (US double crochet)   |
|               |  | <b>w&amp;t</b>   | wrap and turn  |
|               |  | <b>WS</b>        | wrong side   |
|               |  | <b>wyib</b>      | with yarn in back  |
|               |  | <b>wyif</b>      | with yarn in front   |
|               |  | <b>yb</b>        | take yarn back (no inc)  |
|               |  | <b>yf</b>        | bring yarn to front (no inc)   |
|               |  | <b>yfwd</b>      | yarn forward   |
|               |  | <b>yo</b>        | yarn over  |
|               |  | <b>yrn</b>       | yarn round needle  |



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#### King Cole

[www.kingcole.com](http://www.kingcole.com)

#### Novita

[www.novitaknits.com](http://www.novitaknits.com)

#### Rauma

[www.raumagarn.no](http://www.raumagarn.no)

#### Rico

[www.rico-design.de/en/home/](http://www.rico-design.de/en/home/)  
Available from Wool Warehouse  
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[www.woolwarehouse.co.uk](http://www.woolwarehouse.co.uk)

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#### West Yorkshire Spinners

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## Pattern updates

Our archive of updates can be found at:  
[www.gathered.how/theknitter](http://www.gathered.how/theknitter)

### ISSUE 173

#### Stirling

On the Right Front, row 5 should read:  
**Row 5:** P1, RT, P1, C6F, \*P1, RT, P1, K5; rep from \* once more, P1, RT, P1, K1 (2:3:4:5).

Sleeve Pattern rows 4 and 6 should read:

**Row 4:** K12 (13:13:14:14), P2, K7, P2, K12 (13:13:14:14).

**Row 6:** K13 (14:14:15:15), P2, K7, P2, K13 (14:14:15:15).







The costs of hay, dry feed, veterinary care and diesel have all risen dramatically in recent months

# Tough times ahead

Rising farming costs mean that **Graeme Bethune** has financial challenges to face and difficult decisions to make



**IN BETWEEN** looking after my sheepies and several long trips to the south of England for yarn shows, I have been planning and dreaming about the coming year – and there are bumps in

the road, some coming and some here already. So much in the world is madness at the moment and I don't mean to add to your worries, but small artisan yarn producers like myself have specific new problems I want to share with you now. I say now because there's a financial squeeze coming, and I want to explain it for you.

Simply put, costs are rising quickly and significantly, but prices are static. In the autumn I was really pleased by the prices at the lamb sales, making the best prices in 12 years. That extra profit has been wiped out and then some by rises in the cost of hay, dry feed and diesel. In the winter of 2020–21, hay cost £15–18 delivered; this year it's £23.50. Quality premium ewe nuts, the dry food I supplement the pregnant sheep with, has risen from £220 a tonne to £360!

And what can I say about fuel costs? In farming, it will affect all contracting costs – delivery costs, contracting costs for hay making, over-seeding, liming and so on and on. It's only an estimate at this point, but I forecast a 20–25% increase in charges.

One of the key parts of my prioritising sheep health is my use of veterinary medicines and a willingness to call out the vet to treat my sheep. This commitment is the second largest cost to the farm after feed, and this year those costs are up 30%. The bottom line is, I have crunched the numbers and the farm is going to lose money heavily this coming year, I just cannot see how it will not do so.

Now the yarn business. I hate to tell you this, but prices are going to have to rise a bit. As mentioned, the costs of producing the fleeces to the standard you would expect from me are rising, and the cost of turning that fleece into your yarn is also rising this year. Naming no names, batches of yarn I have arriving soon are costing me 15% more than two years ago, and there are more price rises coming off between 10% and 15% to add to that. Transport costs, sending yarn to and returning it from mills has risen 17.5%, and is forecast to jump another 10% very soon.

Yarn show costs are problematic, too. I love shows, but the cost of attending them means some shows are no longer viable for me. So new yarns are going to have to cost you more if I want to stay in business (things are genuinely that serious). At some point – probably when this year's clip goes to get made into new yarns – I will have to increase my prices.

I hate to do this. But I will have to do this. It might seem to many sheep farmers that we do it for fresh air and the love of our animals, but while that's a certain value of truth, we also need to eat and the like. I have sat here for three days crunching numbers and considering actions to save money, and have decided not to compromise my care of the sheep. I could feed them less, or use lesser-quality feed, but I refuse. The girls deserve the best. So do you! I make the very best yarn I can, and I will not compromise by cutting corners. I had an unpleasant conversation with a neighbour (not one I buy fleece from), and they offered the opinion I should cut my vet bills by never calling on their services! I gently disagreed...

I will calculate precisely what all this will mean in the summer when things are clearer. Things might settle down, or get worse, I don't know; incidentally, I think my fellow yarn makers will be in the same boat. My yarn prices have been static since I started six years ago; that's no longer realistic, although I will not raise them more than I have to in order to keep in business. My business future is in your hands. I have re-committed to maintaining the highest sheep care and environmental farming methods. If you wish to buy your yarn from such sources, it's going to cost more. ☹

– [www.caithnessyarns.com](http://www.caithnessyarns.com)

*Next Month: Graeme gets set to welcome new lambs to Ballachly Farm*



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SANNA MÅRD CASTMAN

# Clarisse

This elegant funnel-neck sweater  
has four contrasting stitch textures





SANNA MÅRD CASTMAN

# Clarisse

**ABOVE THE** deep garter stitch band on this funnel-neck sweater is an asymmetric panel in an unusual textured lace pattern, followed by an asymmetric section of ribbing. Sanna Mård Castman's design is knitted in Scheepjes' Secret Garden, which is a silky-soft, cool and draping yarn with a texture that's reminiscent of hand-spun yarn. Secret Garden is available in a range of lightly blended shades, as well as more variegated options.

## STITCH PATTERNS

### GARTER STITCH

(worked back and forth)

**Row 1 (RS):** Knit.

**Row 2 (WS):** Knit.

Repeat these 2 rows for pattern.

### GARTER STITCH

(worked in the round)

**Round 1:** Knit.

**Round 2:** Purl.

Repeat these 2 rounds for pattern.

### PATTERN A

See Chart.

### PATTERN B

**Row 1 (RS):** \*P3, K2; rep from \* to end.

**Row 2 (WS):** \*P2, K3; rep from \* to end.

Repeat these 2 rows for pattern.

## SIZE

|               | 8   | 10   | 12  | 14  | 16  | 18   | 20  | 22   | 24  |    |
|---------------|-----|------|-----|-----|-----|------|-----|------|-----|----|
| TO FIT BUST   | 86  | 91   | 97  | 102 | 107 | 112  | 117 | 122  | 127 | cm |
|               | 34  | 36   | 38  | 40  | 42  | 44   | 46  | 48   | 50  | in |
| ACTUAL BUST   | 100 | 105½ | 109 | 111 | 118 | 122½ | 128 | 133½ | 139 | cm |
|               | 39¼ | 41½  | 43  | 43¾ | 46½ | 48¼  | 50½ | 52½  | 54¾ | in |
| ACTUAL LENGTH | 50½ | 53   | 54½ | 56½ | 59  | 60   | 63  | 64   | 65½ | cm |
|               | 20¼ | 21   | 21¾ | 22  | 23½ | 24   | 25  | 25½  | 26  | in |
| SLEEVE SEAM   | 43  | 44   | 44  | 45  | 46  | 47   | 47  | 47   | 47  | cm |
|               | 17  | 17¼  | 17¼ | 17¾ | 18  | 18½  | 18½ | 18½  | 18½ | in |

## YARN

**Scheepjes** Secret Garden (DK weight; 60% polyester, 20% silk, 20% cotton; 93m/102yds per 50g ball)

| PICKET FENCE (734) | 12 | 13 | 14 | 14 | 16 | 17 | 19 | 20 | 21 | x50g BALLS |
|--------------------|----|----|----|----|----|----|----|----|----|------------|
|--------------------|----|----|----|----|----|----|----|----|----|------------|

## BODY

Using 3.5mm circular needles, 80cm long, cast on 192 (202:206:214:224:234:244:252:264) sts.

Pm and join to work in the round, taking care not to twist sts.

Work in garter stitch for 2 rounds.

Change to 4mm circular needles, 80cm long.

Cont in garter stitch until work meas 15 (15½:16:17:17½:18:18½:18½) cm.

**Next round:** Knit, dec 12 (12:10:14:12:14:14:12:14) sts evenly around.

180 (190:196:200:212:220:230:240:250) sts.

**Sizes 8, 12 and 16 only**

**Round 1:** K1, starting with stitch 7 (-:8:-:9:-:-:-) work Round 1 of Patt A over next 88 (-:96:-:104:-:-:-) sts, ending after stitch 4 (-:3:-:2:-:-:-), K1; rep from \* once more.

**Round 2:** P1, starting with stitch 7 (-:8:-:9:-:-:-) work Round 2 of Patt A over next 88 (-:96:-:104:-:-:-) sts, ending after stitch 4 (-:3:-:2:-:-:-), P1; rep from \* once more.

Work even in Patt A and garter stitch as set until work meas 32 (-:34:-:36½:-:-:-) cm.

**Sizes 10, 14, 18, 20, 22 and 24 only**

**Next round:** Work Patt A around, working 10-st rep - (19:-:20:-:22:23:24:25) times.

Cont in Patt A until work measures - (33½:-:36:-:37½:39:39½:40) cm.

**All sizes**

### DIVIDE FOR BACK AND FRONT

Place next 90 (95:98:100:106:110:115:120:125) sts on a holder for Back. Cont on rem 90 (95:98:100:106:110:115:120:125) sts for Front.

## FRONT

Note: Front and Back are worked flat from this point onwards. When beginning Patt B, align sts over Patt A to begin and end on same sts of Patt B as set in Patt A.

**Row 1 (RS):** K1, work in Patt B for 5 (4:4:4:4:5:4:5:4) sts, pm, work next row of Patt A over next 83 (89:92:94:100:103:109:113:119) sts as set, K1.

**Row 2 (WS):** K1, work next 83 (89:92:94:100:103:109:113:119) sts in Patt A, slm, work Patt B as set to last st, K1.

**Row 3 (RS):** K1, work Patt B as set to mrk, remove mrk, work next 3 sts in Patt B, pm, work next row of Patt A as set to last st, K1.

**Row 4 (WS):** K1, work Patt A to mrk, ►



# Clarisse

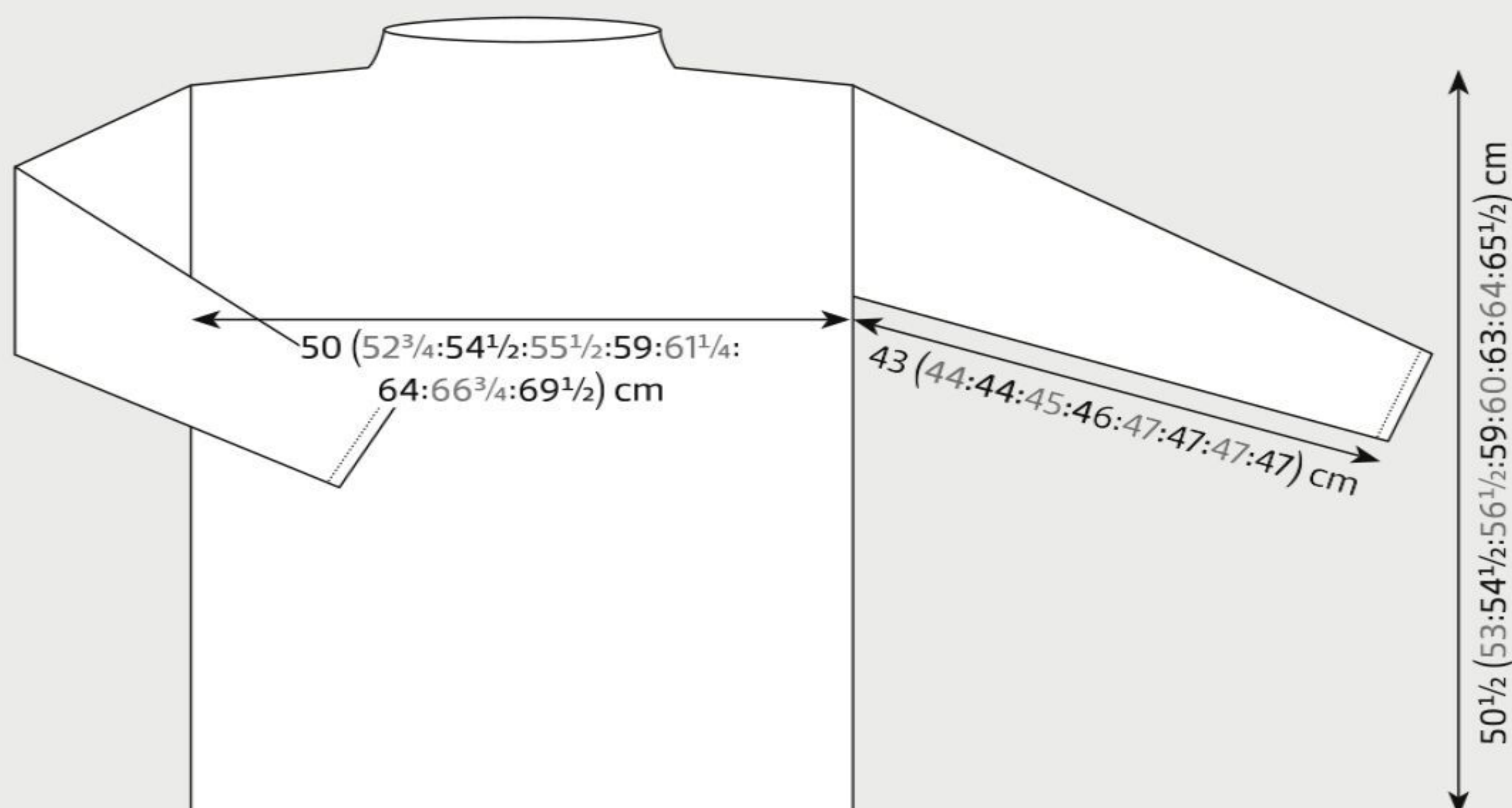
## NEEDLES & ACCESSORIES

3.5mm (UK 9-10/US 4) circular needles, 40cm long, for neckband  
3.5mm (UK 9-10/US 4) circular needles, 60cm long  
3.5mm (UK 9-10/US 4) circular needles, 80cm long  
4mm (UK 8/US 6) circular needles, 60cm long  
4mm (UK 8/US 6) circular needles, 80cm long  
Cable needle  
Stitch holders or waste yarn  
Stitch marker

## TENSION

18 sts and 30 rounds to 10cm over st st using 4mm needles.  
18 sts and 30 rounds to 10cm over pattern using 4mm needles.  
19 sts to 10cm over garter st using 4mm needles.

## BLOCKING DIAGRAM



work Patt B as set to last st, K1.  
Rep Rows 3-4 another 26 (26:29:29:31:32:34:34:32) times.

**Next row (RS):** K1, work in Patt B as set to mrk, remove mrk, work next 2 (4:2:4:2:4:4:4:4) sts in Patt B (working sts into set patt), pm, work next row of Patt A as set to last st, K1.

**Next row (WS):** K1, work Patt A to mrk, work Patt B as set to last st, K1.  
Rep last 2 rows another 0 (1:0:1:1:0:0:1:4) times.  
Work meas approx. 50 1/2 (53:54 1/2:56 1/2:59:60:63:64:65 1/2) cm.

## SHAPE SHOULDERS

Working in patt B, cast off 4 (4:4:4:5:5:5:6:6) sts at beg of next 12 (10:6:4:12:8:4:12:8) rows, 0 (5:5:5:0:6:6:0:0) sts at beg of next 0 (2:6:8:0:4:8:0:0) rows, and 0 (0:0:0:0:0:0:0:7) sts at beg of next 0 (0:0:0:0:0:0:0:4) rows.

Break yarn and place rem 42 (45:44:44:46:46:47:48:49) sts on a holder for neck.

## BACK

Return to 90 (95:98:100:106:110:115:120:125) sts held for Back with RS facing and join yarn.

Note: When beginning Patt B, align sts over Patt A to begin and end on same sts of Patt B as set in Patt A.

**Row 1 (RS):** K1, work in Patt A for 83 (89:98:96:103:109:113:119) sts, pm, work in Patt B to last st, K1.

**Row 2 (WS):** K1, work in Patt B to mrk, slm, work in Patt A as set to last st, K1.

**Row 3 (RS):** K1, work in Patt A to 3 sts before mrk, work in Patt B to mrk (working sts into set patt), remove mrk, work Patt B as set to last st, K1.

**Row 4 (WS):** K1, work in Patt B to mrk, work Patt A to last st, K1.  
Rep Rows 3-4 another 26 (26:29:29:31:32:34:34:32) times.

**Next row (RS):** K1, work in Patt A to 2 (4:2:4:2:2:4:4:4) sts before mrk, work in Patt B to mrk (working sts into set patt), remove mrk, work Patt B as set to last st, K1.

**Next row (WS):** K1, work in Patt B to mrk, work Patt A to last st, K1.  
Rep last 2 rows another 0 (1:0:1:1:0:0:1:4) times.

Work meas approx. 50 1/2 (53:54 1/2:56 1/2:59:60:63:64:65 1/2) cm.

## SHAPE SHOULDERS

Working in patt B, cast off 4 (4:4:4:5:5:5:6:6) sts at beg of next 12 (10:6:4:12:8:4:12:8) rows, 0 (5:5:5:0:6:6:0:0) sts at beg of next 0 (2:6:8:0:4:8:0:0) rows, and 0 (0:0:0:0:0:0:0:7) sts at beg of next 0 (0:0:0:0:0:0:0:4) rows.

Break yarn and place rem 42 (45:44:44:46:46:47:48:49) sts on a holder for neck.

## SLEEVES

(make 2 alike)

Using 3.5mm circular needles, 60cm long, cast on 47 (47:47:49:49:51:51:51:51) sts.  
Do not join.

Knit 3 rows.

Change to 4mm circular needles, 60cm long.

Starting with a RS row, work in st st for 3cm.

Inc 1 st at each end of next row, every foll 10th row 4 (4:0:0:0:0:0:0:0) times, every foll 8th row 3 (3:4:3:0:0:0:0:0) times, every 6th row 0 (0:5:7:11:11:9:9:5) times, then every 4th row 0 (0:0:0:0:0:3:3:8) times.  
63 (63:67:71:73:75:77:77:79) sts.

Work even in st st until work meas 43 (44:44:45:46:47:47:47:47) cm from cast-on edge, ending after a WS row.  
Cast off.

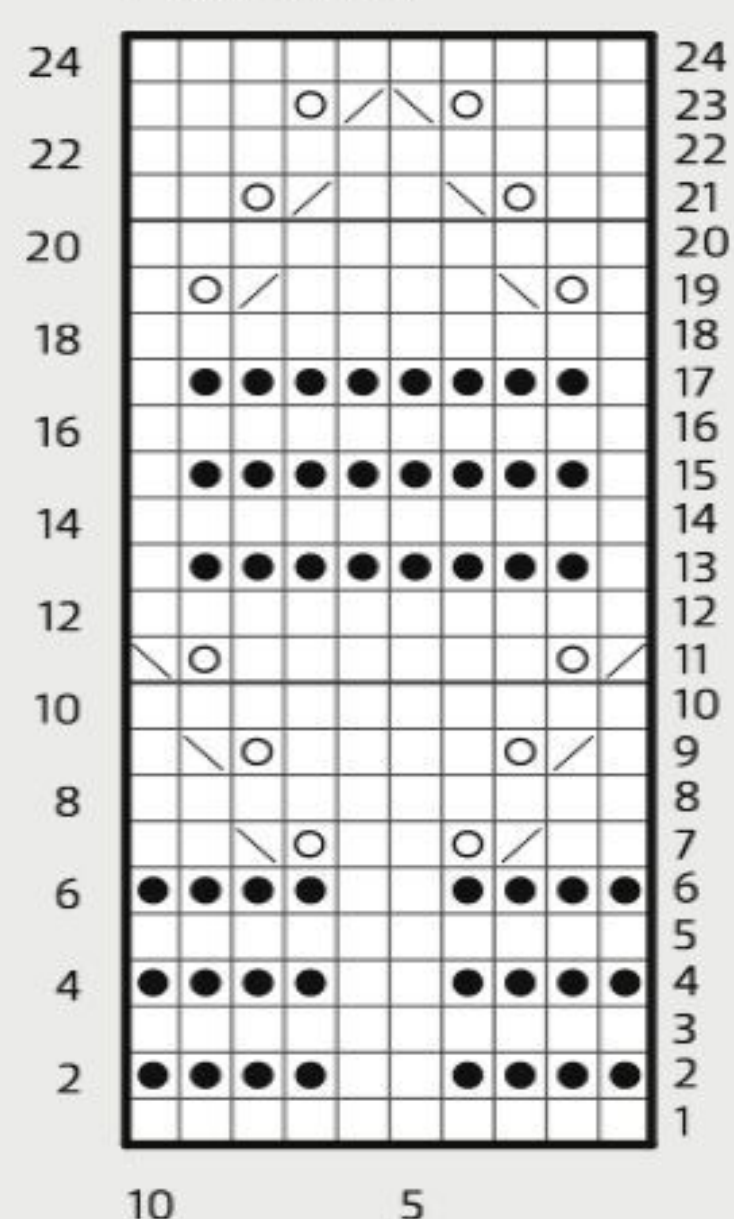
## MAKING UP

Pin pieces to measurements given in blocking diagram and steam, following any yarn care instructions



## CHART

Pattern A



## KEY

- K on RS;  
P on WS
- P on RS;  
K on WS
- Yo
- SSK
- K2tog

## YARN STOCKISTS

**Scheepjes** [www.scheepjes.com](http://www.scheepjes.com)

For general abbreviations, see p89  
of the main magazine

on the ball band. Do not let iron touch the surface of the knitting, to avoid flattening the surface texture. Allow pieces to cool and dry before removing pins.

## NECKBAND

Join shoulder seams using mattress stitch.

Place 42 (45:44:44:46:46:47:48:49) sts held for Front onto 3.5mm circular needles, 40–60cm long, pm, place sts held for Back onto needles, pm for beg of rnd.

84 (90:88:88:92:92:94:96:98) sts.

Cont in Patt Bas set over Front and Back neck sts until neckband meas 13cm from pick-up edge.

Cast off fairly loosely.

## FINISHING

Sew sleeves into armholes.

Join underarm seams using mattress stitch.

Weave in any remaining ends on the WS of work.

Give garment a final light steam, paying particular attention to the seams and following any yarn care instructions on the ball band. ☺



The stocking stitch  
sleeves have cuffs  
in garter stitch





The  
Knitter



# Clarisse

The pattern on the back is a mirror image of the front



Our photoshoot has been styled with the distinctive, vibrant clothes of Gudrun Sjödén. Explore the collection at [www.gudrunsjoden.com](http://www.gudrunsjoden.com)



## Meet Sanna Mård Castman

This Swedish designer has been working in knitwear design for more than three decades, and loves to explore the beauty of cable and lace stitch patterns



### SANNA MÅRD

Castman is a Swedish knitwear designer who created the elegant 'Clarisse' sweater in this

supplement. As well as publishing her own designs, Sanna has produced patterns for *Vogue Knitting* and *The Knitter*, and yarn brands including Hobbii and Svarta Fåret.

### Can you remember the first original piece of knitwear you ever created?

"Yes, absolutely! It was a mohair sweater in pink, green, blue and white in irregular squares. It was actually this piece which started my career as a designer. I sold my design to the knitting company where I was working at the time. The head of design saw my sweater and asked

if they could buy the design for their next pattern collection."

### Can you tell us how you came to work as a knitwear designer?

"I was born and raised in a small town, Källered, which is 10 minutes south of Gothenburg on the west coast in Sweden. Today I live in Lidköping, a small town which is a 90-minute drive from Gothenburg. I have three kids, aged 30, 23 and 20, and two lovely cats!

"I began working as a knitwear designer in 1984, and have been doing this ever since - although it is only since 2006 that designing has been my full-time occupation.

"Me becoming a knitwear designer was more a coincidence than a choice, so to speak. I had plans to be either a lawyer or an actress... I was taking a year off before going on with my studies, and my mother fixed a job for me. She was at that time working for one of Sweden's largest and most successful yarn companies, Gustaf Werner AB. She arranged for me to work there, packing yarns and stuff. My mum was working closely with the design department - she was responsible for all the samples, the sample knitters and more. And as I've mentioned, I was wearing my mohair sweater at work one day, and the head of the design department saw it, loved it, and bought the pattern.

"After a while I was asked whether I wanted to work in the design department, doing all kinds of things... designing was at first not my main occupation, but as time went by that is what it became. So at the age of 18 or 19 I was working as a designer, learning how to create patterns and to grade patterns from some of the

best knitwear designers at the time in Sweden. Also, I was sent to a couple of large fashion and colour fairs and exhibitions in Paris, together with one or two of my colleagues - pretty awesome for a girl in my age! So that is how I got started - and I love my job!"

### How would you describe your design aesthetic?

"I prefer rather simple shapes, and exploring cables and lace patterns and using them on a sweater or a cardigan in intriguing ways. I love small details in a garment, such as splits framed by small cables, balloon sleeves with a crochet ending... Little details, which are easy yet exciting.

"My style is more monochrome than colourful, I would say. Intarsia is beautiful, but does not speak to me and excite me as a challenging cable or lace stitch pattern does."

### Are there particular yarns or fibres that you prefer to work with?

"When I think about it, not really... I think it has to do with the feel in my hand when I work with the yarn. A cotton, wool or even an acrylic can have a lovely texture and appeal to me. Of course I can mention companies that have amazing products that I love to work with, but really I can find interesting material everywhere."

### Where do you find inspiration for your knitwear designs?

"My inspiration comes from everywhere, absolutely everywhere. I can sit in a café and look at a pastry and see a colour combination that blows me away. Or I can be walking down the aisle in a grocery store and see someone wearing clothes combined in a different way, and that



'Gillespie Pass' is in *The Knitter* issue 172





- 1 Sanna enjoyed working with Scheepjes Secret Garden for her 'Clarisse' design
- 2 'Westywood No 3'
- 3 Sanna's 'Pride Shawl' is available on Ravelry.com
- 4 'Mariette' features beautiful textured stitch patterns



can be a trigger for the shape of a design – I suddenly see an angle. Placing a nice tone-on-tone bunch of yarns in front of myself while listening to Foo Fighters or Tyler Childers can also lead to new ideas. And museums: I find the silence in museums inspirational.

“My favourite place, my place where I can sort things out, is by the sea. I have a special place that I call my sanctuary, by the sea.”

**What is your favourite knitting book of all time?**

“Oh, this is a tricky one! I will pick the one knitting book that swept me away the most when I bought it. It was my first Japanese knitting book by Hitomi Shida. That book still gives me goosebumps, and I can still lie in bed before I go to sleep and look at all the beautiful patterns; I read the charts instead of reading a novel. I call it a ‘work-related injury’!”

**Which design from your portfolio are you most proud of, or is most special to you?**

“I would have to say my first design published in *Vogue Knitting*; that was huge for me. It was a drop-shoulder sweater with textured lace and a scalloped edge, called ‘Fen’, which appeared in the Fall 2021 issue.

“Also, my own pattern book which was published in 2014 means a lot for me. It’s a book of baby knits in eco-friendly wool, all in shades of grey and white.”

**Your ‘Clarisse’ jumper uses Scheepjes Secret Garden yarn. Did you enjoy working with Secret Garden?**

“Yes, absolutely. Secret Garden was marvellous. It was easy to work and the texture was interesting. Holding the yarn and feeling the thread running along your fingers, it felt like nature. I really liked it.”

**Do you have any plans for 2022 that you can share with us?**

“So, 2022 is still an unwritten chapter – that’s very exciting! I am planning to turn my *Stickad Vinterfröjd för Babyn* book into an e-book, and at the same time translate it into English. Apart from that, I am aiming to find more exciting and new collaborations with knitting magazines and yarn companies around the world.”

**Do you have time to knit much for yourself?**

“To be honest, I don’t knit for myself much – the pattern-making part of my job takes so much time. I wish I had more time, though, to knit for myself or my kids. I did manage to make a lace cardigan this season for my eldest daughter though!” ☺

– [www.ravelry.com/designers/sanna-mard-castman](http://www.ravelry.com/designers/sanna-mard-castman)

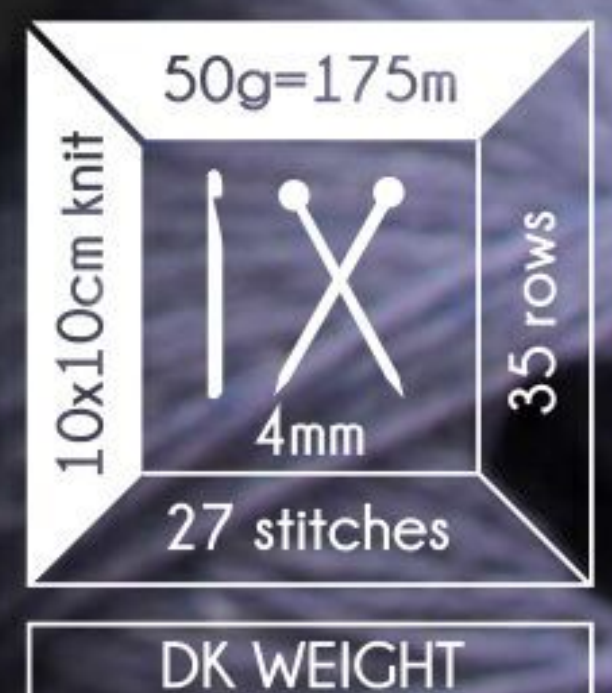


Introducing a new yarn from

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INSPIRATION IN EVERY BALL OF YARN

# TERRAZZO

A RECYCLED & MULESING FREE  
FELTED, TWEED YARN



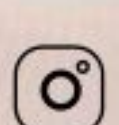
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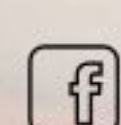
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