



# PENGUONO

BY STEPHEN WEST

Gather a colorful array of yarns from your collection and knit a dreamy convertible jacket! Begin with a seed stitch rectangle followed by a series of welts on the back. The sides and fronts are knit sideways in garter stitch with simple v-neck shaping. Then, work two rectangles for the shoulders and tapered seed stitch sleeves. Garter stitch short rows form the collar and another garter stitch rectangle forms the bottom band, all outlined in I-cord. Penguono is a fun short sleeved jacket during the day, but flip it upside down and it becomes a long dramatic coat for evening wear.



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**Sizes:** S [M, L, XL, XXL, XXXL]

Shown in size L with a gauge of 16 sts / 36 rows = 4" / 10cm.  
The sample is worn with about 10" / 25cm of positive ease.

This pattern is written in six sizes based on gauge and yarn weight. Please refer to the gauge and size chart to select your size.

**Finished Measurements:** 42 [48, 54, 60, 68, 80]" / 107 [122, 137, 152, 173, 203]cm chest circumference.  
11 [12, 13.5, 15, 18, 22]" / 28 [31, 34, 38, 46, 56]cm armhole circumference  
18 [19, 21, 24, 27, 31]" / 46 [48, 53, 61, 69, 79]cm long from top shoulder to bottom waist

Garment is designed to fit with a dramatically oversized, boxy effect.

Chest circumference is determined by row gauge so you can mix yarns with a different needle and gauge for another size.



**Yarn:** Use stash and scrap yarns of all weights by holding them together to get your desired gauge. Have fun and play with different fibers and adventurous color combinations.

**Yardage:** Approximately 800 [900, 1000, 1100, 1200, 1300]g total

Start with a big pile of yarn and have lots of extra colors at hand so you have several options to choose from while you knit.

**Needles:** US 10.5 / 6.5mm circular in 40" / 100cm length (for XXL size) or size needed to obtain gauge

Refer to the recommended gauge in the size chart and select a needle that achieves that gauge. I recommend knitting a little swatch to experiment with colors and to determine which needle size you like for your fabric.

**Notions:** 1 stitch marker, 1 split ring marker, tapestry needle

**Gauge:** 20 [18, 16, 14, 12, 10] sts & 44 [40, 36, 32, 28, 24] rows = 4" / 10cm in garter stitch after blocking.

**Pattern Notes:** Instructions include when to break yarn after each section, but instructions do not indicate exactly what colors to use or when to stripe yarns. Those choices are totally up to you! Improvise and play with stripes and color blocks within each section. The instructions include several photos to use for color and construction reference.

As you knit each section, you can refer to this front and back view to visualize and plan your color choices. Each number corresponds to that section number in the written instructions.

### Westknits Workshops

Venture into the world of Westknits with my series of online workshops. Westknits Workshops can be watched as many times as you like and at your own pace as you learn new knitting skills. I have a workshop called Penguono that demonstrates all of the techniques used to knit this jacket. Sign up here!

<https://www.westknits.com/collections/workshops>

Size	Chest circumference	4" / 10cm in garter stitch	Recommended yarn weight
S	42" / 107cm	20 sts / 44 rows	Fingering
M	48" / 122cm	18 sts / 40 rows	DK
L	54" / 137cm	16 sts / 36 rows	DK / Worsted
XL	60" / 152cm	14 sts / 32 rows	Worsted/Aran
XXL	68" / 173cm	12 sts / 28 rows	Chunky
XXXL	80" / 203cm	10 sts / 24 rows	Chunky







## Abbreviations

**BO:** bind off

**brk:** brioche knit also known as bark, knit the stitch (that was slipped in the previous row) together with its yarn over.

**brp:** brioche purl also known as burp, purl the stitch (that was slipped in the previous row) together with its yarn over.

**CC:** contrast color

**CO:** cast on

**k:** knit

**k2tog:** knit 2 sts together

**MC:** main color

**p:** purl

**p2tog:** purl 2 sts together

**rnd/s:** round/s

**RS:** right side

**sl:** slip stitch purl-wise unless instructed otherwise

**sl1yo following a k or brk st:** (slip 1 yarn over) bring the working yarn under the needle to the front of the work, slip the next stitch purl-wise, then bring the yarn over the needle (and over the slipped stitch) to the back, in position to work the following stitch.

**sl1yo following a p or brp st:** (slip 1 yarn over) working yarn is already in front, slip the next stitch purl-wise, then bring the yarn over the needle (and over the slipped stitch), then to the front under the needle, into position to work the following stitch.

**ssk:** (slip slip knit) slip first stitch knit-wise, slip second stitch knit-wise, knit those 2 sts together tbl

**st/s:** stitch/es

**tbl:** through back loop

**WS:** wrong side

**wyib:** with yarn in back

**wyif:** with yarn in front



## INSTRUCTIONS

### 1. Back

Provisionally CO 50 sts.

**Next Row (WS):** (K1, p1) to last 2 sts, k1, sl1 wyif.

**Row 1 (RS):** K1, (k1, p1) to last st, sl1 wyif.

**Row 2 (WS):** (K1, p1) to last 2 sts, k1, sl1 wyif.

Repeat last 2 rows 64 more times.

**Next Row (RS):** BO 12 sts, k26, place these 26 sts onto waste yarn, BO 12 sts. Break yarn. 132 total rows worked.

### 2. Left Welts

Watch this Westknits video to assist with how to knit a welt.

<https://www.youtube.com/watch?v=YS-A91b4RQk>

With RS facing, pick up and k66 sts along left selvedge. Start picking up sts at the corner by the 12 bound off shoulder sts.

**\*Next Row (WS):** P all sts.

**Row 1 (RS):** K all sts.

**Row 2 (WS):** P all sts.

Repeat last 2 rows 3 more times.

**Row 9 (RS):** Using a new color, form a welt by knitting 1 live stitch together with 1 picked up stitch from 8 rows below by following the stitch column down 8 rows and picking up a purl bump on the WS of the work.

Repeat from \* twice more, using a new color for each welt. There should be 3 welts. Break yarn after last RS row. Slide sts to work another RS row for Row 1 of Left Back. 30 rows worked.



### 3. Left Back

**Row 1 (RS):** Slip first 28 sts onto waste yarn, k37, sl1 wyif.

**Row 2 (WS):** K37, sl1 wyif.

**Row 3 (RS):** K37, sl1 wyif.

**Row 4 (WS):** K37, sl1 wyif.

Repeat last 2 rows 12 more times. Break yarn. Place 38 sts onto waste yarn. 28 rows worked.

### 4. Right Welts

With RS facing, pick up and k66 sts along right selvedge. Start picking up sts at the corner by the cast on edge.

Repeat from \* 3 times (same as Left Welts). Break yarn after last RS row. Join yarn to work another RS row for Row 1 of Right Back. 30 rows worked.

### 5. Right Back

**Row 1 (RS):** K37, sl1 wyif, slip last 28 sts onto waste yarn.

**Row 2 (WS):** K37, sl1 wyif.

**Row 3 (RS):** K37, sl1 wyif.

**Row 4 (WS):** K37, sl1 wyif.

Repeat last 2 rows 12 more times. Break yarn. 28 rows worked.

### 6. Right Side

Keep the 38 sts from Right Back on the needle. CO 10 sts.

**Row 1 (RS):** K9, sl2 wyif (last CO st together & first live st from Right Back).

**Row 2 (WS):** K2tog, k8, sl1 wyif.

**Row 3 (RS):** K9, sl2 wyif (10th st together with next live st from Right Back).

**Row 4 (WS):** K2tog, k8, sl1 wyif.

Repeat last 2 rows 36 more times. Break yarn, place 10 sts onto waste yarn. 76 rows worked.



## 7. Right Front

With RS facing, pick up and k38 sts along Right Side selvedge.

**Next Row (WS):** K37, sl1 wyif.

**Row 1 (RS):** K37, sl1 wyif.

**Row 2 (WS):** K37, sl1 wyif.

Repeat last 2 rows 12 more times.

**Row 27 (RS):** K38, CO 28 sts using the cable CO method. 66 sts.

**Row 28 (WS):** K65, sl1 wyif.

**Row 29 (RS):** K65, sl1 wyif.

**Row 30 (WS):** K65, sl1 wyif.

Repeat last 2 rows 16 more times.

**Row 63 (RS):** K to last st, sl1 wyif.

**Row 64 (WS):** K3, ssk, k to last st, sl1 wyif.

Repeat last 2 rows 34 more times. 31 sts. Break yarn. Place 31 sts onto waste yarn. 133 rows worked.

## 8. Left Side

Place 38 sts from Left Back onto needle. The following rectangle is attached to the Left Back sts while it is being knit.

CO 10 sts.



**Next Row (WS):** K9, ssk, (10th st together with Left Back st).

**Row 1 (RS):** Sl1 wyif, move yarn to back of work, k8, sl1 wyif.

**Row 2 (WS):** K9, ssk, (10th st together with next Left Back st).

Repeat last 2 rows 36 more times. Break yarn, place 10 sts onto waste yarn. 75 rows worked.

## 9. Left Front

With RS facing, pick up and k38 sts along Left Side selvedge.

**Next Row (WS):** K37, sl1 wyif.

**Row 1 (RS):** K37, sl1 wyif.

**Row 2 (WS):** K37, sl1 wyif.

Repeat last 2 rows 12 more times.

**Row 27 (RS):** CO 28 sts using the cable CO method, k to last st, sl1 wyif. 66 sts.

**Row 28 (WS):** K65, sl1 wyif.

**Row 29 (RS):** K65, sl1 wyif.

**Row 30 (WS):** K65, sl1 wyif.

Repeat last 2 rows 16 more times.

**Row 63 (RS):** K to last st, sl1 wyif.

**Row 64 (WS):** K to last 5 sts, k2tog, k2, sl1 wyif.

Repeat last 2 rows 34 more times. 31 sts. Break yarn. Place 31 sts onto waste yarn. 133 rows worked.

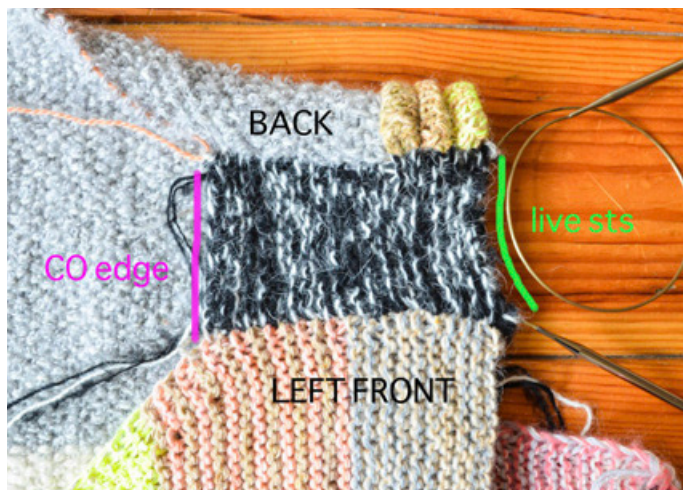




## 10. Left Shoulder

CO 12 sts.

K 36 rows back and forth in garter stitch (18 garter ridges). Break yarn and leave sts on needle. The live sts should be by the armhole and the CO edge should be by the neck edge. Seam shoulder rectangle to Left Front and Left Back. When seaming shoulder to the back, seam 12 shoulder garter ridges to the 12 bound off back sts, then seam the remaining 6 shoulder garter ridges to the welt edge.



## 11. Left Sleeve

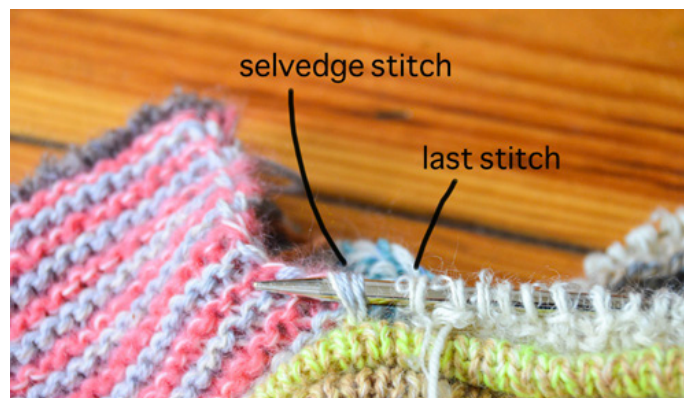
With RS facing, pick up and k28 sts from Left Front, k12 shoulder sts, k28 sts from waste yarn (by the Left Welts). 68 sts. Turn to work WS row.



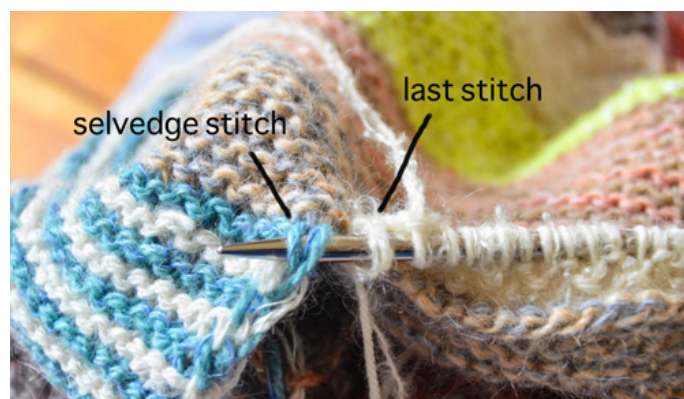
**Next Row (WS):** (K1, p1) to end of row.

The following rows form the seed stitch sleeve while it is being attached to the Left Back and Left Front selvedge sts.

**Row 1 (RS):** Sl1 wyif, move yarn to back of work, (k1, p1) to last st, sl1 wyif, sl1 selvedge st (from Left Back) wyif.



**Row 2 (WS):** K2tog, (p1, k1) to last st, ssk (last st together with a picked up selvedge st from Left Front).



**Row 3 (RS):** Sl1 wyif, move yarn to back of work, (k1, p1) to last st, sl1 wyif, sl next selvedge st (from Left Back) wyif.

**Row 4 (WS):** K2tog, (p1, k1) to last st, ssk (last st together with the next picked up selvedge st from Left Front).

Repeat last 2 rows 12 more times. All 14 selvedge sts from Left Back and Left Front should be attached to the sleeve.

**Row 29 (RS):** K1, (k1, p1) to last st, sl1 wyif.

**Row 30 (WS):** K1, (p1, k1) to last st, sl1 wyif.

Repeat last 2 rows 3 more times.

**Row 37 (RS):** K2, k2tog, (p1, k1) to last 4 sts, p2tog, p1, sl1 wyif.

**Row 38 (WS):** K1, p2, (k1, p1) to last 3 sts, k2, sl1 wyif.

**Row 39 (RS):** K2, p2tog, (k1, p1) to last 4 sts, ssk, p1, sl1 wyif.

**Row 40 (WS):** (K1, p1) to last 2 sts, k1, sl1 wyif.

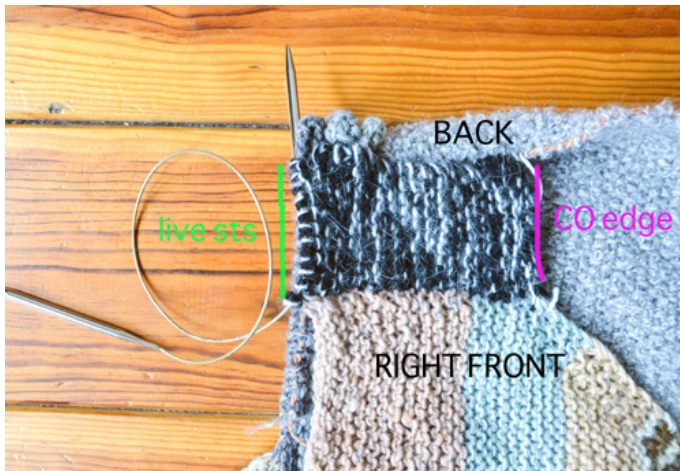
Repeat last 4 rows 5 more times. Break yarn, place remaining 44 sts onto waste yarn. 61 rows worked.



## 12. Right Shoulder

CO 12 sts.

K 36 rows back and forth in garter stitch (18 garter ridges). Break yarn and leave sts on needle. The live sts should be by the armhole and the CO edge should be by the neck edge. Seam shoulder rectangle to Right Front and Right Back. When seaming shoulder to the back, seam 12 shoulder garter ridges to the 12 bound off back sts, then seam the remaining 6 shoulder garter ridges to the welt edge.



## 13. Right Sleeve

With RS facing, k28 sts from waste yarn (by the Right Welts), k12 shoulder sts, pick up and k28 sts from Right Front. 68 sts. Turn to work WS row.

**Next Row (WS):** (K1, p1) to end of row.

The following rows form the seed stitch sleeve while it is being attached to the Right Front and Right Back selvedge sts.

**Row 1 (RS):** Sl1 wyif, move yarn to back of work, (k1, p1) to last st, sl1 wyif, sl1 selvedge st (from Right Front) wyif.

**Row 2 (WS):** K2tog, (p1, k1) to last st, ssk (last st together with a picked up selvedge st from Right Back).

**Row 3 (RS):** Sl1 wyif, move yarn to back of work, (k1, p1) to last st, sl1 wyif, sl next selvedge st (from Right Front) wyif.

**Row 4 (WS):** K2tog, (p1, k1) to last st, ssk (last st together with the next picked up selvedge st from Right Back).

Repeat last 2 rows 12 more times. All 14 selvedge sts from Right Front and Right Back should be attached to the sleeve.

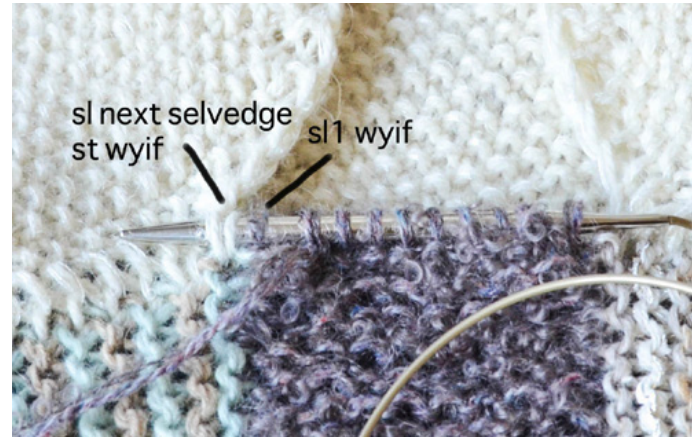
Work the rest of the sleeve using Left Sleeve instructions starting with Row 29 (RS). 61 rows worked.

## 14. Underarms & Sleeve Cuffs

Place 10 sts from Right Side onto needle.

**Row 1 (RS):** Sl1 wyif, move yarn to back of work, k8, sl1 wyif, sl next selvedge st (from Right Sleeve) wyif.

**Row 2 (WS):** K2tog, k8, ssk (last st together with the next picked up selvedge st from Right Sleeve).



Repeat last 2 rows 16 more times. Break yarn. 34 total rows worked.

Using a contrasting color, k10, k44 sleeve sts. 54 sts. Place marker and join to work in the rnd.

**Rnd 1:** P all sts.

**Rnd 2:** K all sts.

**Rnd 3:** P all sts.

Repeat last 2 rnds once more.

Watch this Westknits video to assist with the I-Cord Bind Off.

<https://www.youtube.com/watch?v=uuGAc-6RetY&t=61s>

BO all sts on the next RS row using an I-cord BO.

**I-cord BO:** CO 3 sts using the cable CO method, \*k2, k2tog tbl, place 3 sts back onto left needle; repeat from \* until all sts are bound off. Break yarn and pull it through the 3 I-cord sts. Seam the beginning and end of the I-cord BO together.

Repeat Underarm and Sleeve Cuff instructions for the Left Sleeve.



## 15. Border 1

Follow instructions for a garter stitch border or an optional two-color brioche border (shown on the pastel speckles/neon green sleeves sample).

### Garter Stitch Version

With RS facing, pick up and knit approximately 240 sts along bottom straight edge starting at the Left Front corner. Pick up and k1 into each selvedge st, pick up and k6 sts along each welt edge, pick up and k1 into each Back CO stitch.



**Next Row (WS):** K to last st, sl1 wyif.

**Row 1 (RS):** K to last st, sl1 wyif.

**Row 2 (WS):** K to last st, sl1 wyif.

Repeat last 2 rows 9 more times or until the border reaches your desired length ending with Row 2 (WS). Break yarn and place sts onto a spare circular needle. Continue with **Section 16. Border 2.**



### Two-color Brioche Version

Watch this Westknits video to assist with knitting two-color brioche stitch.

<https://www.youtube.com/watch?v=9Sl86WbucDk>

With RS facing and using MC (main color for the foreground), pick up and knit approximately 241 sts along bottom straight edge starting at the Left Front corner. Get these sts by picking up and knitting 1 st into each selvedge st, pick up and k6 sts along each welt edge, pick up and k1 into each Back CO stitch. You should have 241 total sts, but if you are missing a few sts or have a couple extra sts, that is fine as long as your total stitch count is uneven. Slide sts to work the same side with your CC (contrast color for the background).

**Row 1 CC (RS):** Using CC, sl1, p1, (sl1yo, p1) to last st, sl1 wyif. Turn to work WS.

**Row 2 MC (WS):** Using MC, k1, sl1yo, (brp1, sl1yo) to last st, sl1 wyif. Do not turn. Slide sts to work the same side with CC.

**Row 2 CC (WS):** Using CC, sl1 wyib, brk1, (sl1yo, brk1) to last st, sl1 wyib. Turn to work RS.

**Row 3 MC (RS):** Using MC, k1, sl1yo, (brk1, sl1yo) to last st, sl1 wyif. Do not turn. Slide sts to work the same side with CC.

**Row 3 CC (RS):** Using CC, sl1 wyif, brp1, (sl1yo, brp1) to last st, sl1 wyif.

Repeat Rows 2 & 3 using MC & CC 6 more times or until the border reaches your desired length ending with Row 2 CC (WS). Break CC.





**Next Row MC (RS):** Using MC, k2, (brk1, k1) to last st, sl1 wyif. Break yarn and place sts onto a spare circular needle. Continue with **Section 16. Border 2**.

## 16. Border 2

Pick up and k36 sts along Right Front selvedge (diagonal decrease edge), pick up and k12 sts along Right Shoulder, k26 Back sts, pick up and k12 sts along Left Shoulder, pick up and k36 sts along Left Front selvedge (diagonal decrease edge). 122 sts.

Watch this Westknits video to assist with Westknits Shortcut Rows.

<https://www.youtube.com/watch?v=cp7gRnnxtiQ>

**Next Row (WS):** K to last st, sl1 wyif.

**Row 1 (RS):** K to last 3 sts, turn to work WS.

**Row 2 (WS):** K to last 3 sts, turn to work RS.

**Row 3 (RS):** K to 3 sts before last turn, turn to work WS.

**Row 4 (WS):** K to 3 sts before last turn, turn to work RS.

Repeat last 2 rows 9 more times.

**Row 23 (RS):** K to last st while closing the short row gaps, sl1 wyif.

**Row 24 (WS):** K to last st while closing the short row gaps, sl1 wyif.

**Next Row (RS):** Using contrasting yarn, k all BORDER 2 sts, k31 sts from LEFT FRONT, pick up and k10 selvedge sts from BORDER 1, k all sts from BORDER 1, pick up and k10 selvedge sts from BORDER 1, k31 sts from RIGHT FRONT.

Watch this Westknits video to assist with the I-Cord Bind Off.

<https://www.youtube.com/watch?v=uuGAc-6RetY&t=61sBO>

BO all sts on the next RS row using an I-cord BO.

**I-cord BO:** CO 3 sts onto the left needle using the cable CO method, \*k2, k2tog tbl, sl3 sts onto left needle; repeat from \* to last 3 sts. Break yarn and pull it through the remaining 3 sts. Seam the beginning and end of the I-cord BO together.

## FINISHING

Weave in ends and block finished garment to smooth the fabric.

