

UMMA SWEATER



Designed by Karoline Skovgaard Bentsen /

AEGYO $\frac{0}{11}$ KNIT

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UMMA SWEATER

Umma sweater is the third design in the Umma collection with its characteristic criss-cross effect that creates an opening at the front. New signature details have been added, such as a 2 x 2 rib from the neckline all the way down the sleeves and at the sides, and the edges along the fronts and at the hem are double knitted.

CONSTRUCTION

Umma sweater is worked top down, beginning with the ribbing on the collar. You then separate for shoulders and pick up stitches for the inner front. Short rows are worked along with increases around the shoulder stitches. The work is then split, and the two fronts and the back are all worked separately until after the armholes where they are joined again. The rest of the body is worked flat in one piece. Stitches for sleeves are picked up and worked in the round.

TECHNIQUES

Familiarity with short rows (in this case German Short Rows), double knitting, the backwards loop Cast-On method and raglan increases is recommended. Several of them are worked at the same time and on both the right side and the wrong side of the work.

LEVEL OF DIFFICULTY

This pattern is categorized as difficult.

SIZES

1 (2) 3 (4)

Chest circumference of finished garment (without taking the opening at the front into account): 120 (130) 140 (150) cm / 47.2 (51.1) 55.1 (59)"

Length of back (without collar): 55 (60) 65 (66) cm / 21.6 (23.6) 25.6 (26)"

Sleeve length (from underarm armhole to cuff): 44 (43) 42 (41) cm / 17.3 (16.9) 16.5 (16)"

Sizing: I would recommend sizing a bit down for a positive ease of at least 15-20 cm / 5.9-7.9" and a maximum of 35 cm / 13.7".

YARN AND GAUGE

The sweater is worked in 1 strand YAK from Lang Yarns. (50 g / 120 m, 70% Virgin wool, merino extrafine - mulesing free, 30% Yak) throughout.

Yardage:

11 (12) 14 (15) balls / 550 (600) 700 (750) g

Please note: Should you wish the garment to be longer, yarn amounts will vary from those indicated here.

The colourway shown in the photo: 0068

Suggested needles

5 mm / US 8 cable needle (80, 60-40 cm / 32", 24-16")

3,5 mm / US 4 cable needle (80, 60-40 cm / 32", 24-16")

Gauge:

17 sts x 28 rows = 10 x 10 cm in st st/ 4" on a 5 mm / US 8 needle before washing and blocking.

16 sts x 27 rows = 10 x 10 cm in st st/ 4" on a 5 mm / US 8 after washing and blocking.

AEGYO KNIT

ABBREVIATIONS

Beginning of round	BOR
Bind off	BO
Cast on	CO
Decrease(s)	dec('s)
Edge stitch	edg st
German Short Rows	gsr
Increase(s)	inc('s)
Left-leaning increase	M1L/M1pL
Knit	k
Knit stitches together	k tog
Marker	m
Place marker	pm
Right-leaning increase	M1R/M1pR
Right side	RS
Round	rnd
Purl	p
Slip	sl
Slip marker	sm
Stitch	st
Through the back loop	tbl
With yarn in front	wyif
Wrong side	WS

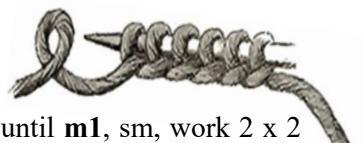
M1R	using lh needle, pick up strand between sts from the back, k
M1L	using lh needle, pick up strand between sts from the front, k tbl
M1pR	using lh needle, pick up strand between sts from the back, p
M1pL	using lh needle, pick up strand between sts from the front, p tbl

TECHNIQUES

German Short Rows: Can be used to shape the shoulders or raise the back of a garment and shape the neckline by knitting back and forth in a particular place. Turn work, sl st from left-hand needle onto right-hand needle wyif, pull yarn tightly around back of st and continue working sts from RS or WS. When you later come back to this 'double st', work it as 1 st. If you are not familiar with the technique, there are many good tutorials on YouTube.

Double knitting: Every other st is knitted, and the alternate st is worked by slipping the st p-wise wyif, continually as follows: *k1, sl 1 p-wise wyif*, repeat *-* rest of row/rnd. Turn and repeat but in opposite order so that slipped sts will now be knitted and vice versa.

Backwards loop method: A cast-on method to add extra stitches. Create a loop of the yarn with your fingers, place the loop on the right-hand needle, and tighten the yarn.



PATTERN BEGINS HERE

Using a 3.5 mm / US 4 cable needle (40 cm / 16"), CO 96 (104) 104 (104) sts using the long-tail CO method, pm for BOR, and work 2 x 2 rib:

k1, p2, *k2, p2*, repeat *-* until 3 sts before BOR m, p2, k1.

Continue as described until rib measures approx. 16 cm / 16.3".

Change to a 5 mm / US 8 needle while working 1 rnd of ribbing *while at the same time* pm'ing for shoulders and separating for front and back as follows:

Work 40 (44) 44 (44) sts ribbing (front), pm**1**, k1, p2, k2, p2, k1, pm**2**, work 40 (44) 44 (44) sts ribbing (back), pm**3**, k1, p2, k2, p2, k1, back at **BOR m**.

K 1 rnd across front and back as follows:

Sl BOR m, k40 (44) 44 (44), sl **m1**, k1, p2, k2, p2, k1, sl **m2**, k40 (44) 44 (44), sl **m3**, k1, p2, k2, p2, k1, back at **BOR m**. (*Take care your BOR m doesn't fall off the needle while you next pick up sts for inner front*).

Proceed to establish the criss-cross effect by picking up sts for the inner front on the WS:

Turn work inside (WS) out. Using a 3.5 mm / US 4 and *without yarn*, pick up in the bars between the k sts, beginning at **m1** and moving left, a total of 40 (44) 44 (44) sts until **BOR m**. Turn work.

Next, begin to work flat so that **BOR m** becomes **m4** and work as follows:

Row 1 (RS): sl **m4**, k the 40 (44) 44 (44) newly picked up sts tbl (from the 3.5 mm / US 4 onto the 5 mm / US 8 needle). Turn.

It is a good idea to use another 5 mm / US 8 needle at this point as it may be difficult to keep the work on one wire. Instead, you change needle every time you turn the work.

Row 2 (WS): k1, p until **m4**, sm, p1, k2, p2, k2, p1, sl **m3**, p until **m2**, sm, p1, k2, p2, k2, p1, sl **m1**, p until 1 st remains, k1. Turn.

Next, establish double k'ing across the 3 first and 3 last sts, for a total of 6 sts to create the edges at the sides:

Row 3 (RS): sl 1 p-wise wyif, k1, CO 1 st using the backwards loop method (same method throughout for new sts), k1, CO 1 st, k1, pm**A**, (*these 6 sts are to be*

double k'ed from now on), k until **m1**, sm, work 2 x 2 ribbing across the 8 sts, sl **m2**, k until **m3**, sm, work ribbing across 8 sts, sl **m4**, k until 3 sts remain, pm**B**, CO 1 st, k1, CO 1 st, k1, CO 1 st, k1. Turn.

Proceed to work short rows using gsr, *while at the same time* making inc's around the 8 shoulder sts on either side, on both WS and RS, beginning with WS:

Short row 1 (WS):

Sl 1 p-wise wyif, *k1, sl 1 wyif, k1*, repeat *-* across 6 sts of double k'ing, sl **mB**, p until **m4**, M1pR, sm, work 8 sts ribbing, sl **m3**, M1pL, p until **m2**, M1pR, sm, work 8 sts ribbing, sl **m1**, M1pL, p until 4 sts before **mA**, turn using gsr.

Short row 2 (RS):

K until **m1**, M1R, sm, work 8 sts ribbing, sl **m2**, M1L, k until **m3**, M1R, sm, work 8 sts ribbing, sl **m4**, M1L, k until 4 sts before **mB**, turn using gsr.

Short row 3 (WS):

P until **m4**, M1pR, sm, work 8 sts ribbingz, sl **m3**, M1pL, p until **m2**, M1pR, sm, work 8 sts ribbing, sl **m1**, M1pL, p until 8 sts before previous turn, turn using gsr.

Short row 4 (RS):

k until **m1**, M1R, sm, work 8 sts ribbing, sl **m2**, M1L, k until **m3**, M1R, sm, work 8 sts ribbing, sl **m4**, M1L, k until 8 sts before previous turn, turn using gsr.

Repeat short rows 3 and 4 while at the same time making inc's around the 8 shoulder sts, and turn 8 sts before previous short row until you have turned 4 (5) 5 (5) times on either front. After last turn, work row on WS until edg st as follows:

P until **m4**, M1pR, sm, work 8 sts ribbing, sl **m3**, M1pL, p until **m2**, M1pR, sm, work 8 sts ribbing, sl **m1**, M1pL, p until **mA**, sm, *sl 1 p-wise wyif, k1*, repeat *-* across last 6 sts.

Please note: It is a good idea to work edg sts in double k'ing more loosely than rest of work. They will pull rest of work a bit but will settle after washing and blocking.

Next, work flat across all sts *while still* making inc's on both RS and WS:

RS row: sl 1 p-wise wyif, k1, *sl 1 p-wise wyif, k1*, repeat *-* across 6 sts until **mA**, sm, k until **m1**, M1R, sm, work 8 sts ribbing, sl **m2**, M1L, k until **m3**, M1R, sm, work 8 sts ribbing, sl **m4**, M1L, k until **mB**, sm, *sl 1 wyif, k1*, repeat *-* across last 6 sts. Turn.

WS row: sl 1 p-wise wyif, *k1, sl 1 p-wise wyif, k1*, repeat *-* across 6 sts until **mB**, sm, p until **m4**, M1pR, sm, work 8 sts ribbing, sl **m3**, M1pL, p until **m2**, M1pR, sm, work 8 sts ribbing, sl **m2**, M1pL, p until **mA**, sm, *sl 1 p-wise wyif, k1*, repeat *-* across last 6 sts. Turn.

Continue repeating RS and WS rows as described until you have inc'ed 25 (27) 29 (31) times, incl. inc's on short rows. Last inc row is on WS.

A total of 90 (98) 102 (106) sts on the back, 61 (67) 69 (71) sts on outer front, 62 (68) 70 (72) on inner front, 2 x 8 sts shoulder ribbing, and 2 x 6 sts double k'ing = 241 (261) 269 (277) sts.

Work 1 row on RS without inc's.

Next, separate the pieces to continue working first on the inner front, then the back, and finally the outer front.

INNER FRONT

(WS): sl 1 p-wise wyif, *k1, sl 1 p-wise wyif*, repeat *-* until **mB**, sm, p until 1 st before **m4**, k1, remove **m4**. Turn.

You may wish to place the 2 x 8 sts of ribbing on a separate cord or wire as these sts will not be worked again until you begin the sleeves. You can also place sts on back and outer front on hold while working inner front.

(RS): k until **mB**, sm, *sl 1 p-wise wyif, k1*, repeat *-* across last 6 sts. Turn.

(WS): sl 1 p-wise wyif, k1, *sl 1 p-wise wyif, k1*, repeat *-* across 6 sts until **mB**, sm, p until 1 st remains, k1. Turn.

You will now begin to make dec's on front (on RS) to create the slanting effect:

(RS): k until 3 sts before **mB**, k2tog, k1, sm, *sl 1 p-wise wyif, k1*, repeat *-* across last 6 sts. Turn.

These dec's are to be made every 16 (18) 20 (20) rows. It is a good idea to place a removable marker in every dec so that you can measure/count when to make the next dec.

Continue working flat while remembering these dec's until work measures 18 (19) 20 (21) cm / 7 (7.5) 7.9 (8.2)" at the shoulder (where you separated the pieces). Last row is on WS. Break yarn, and place inner front on hold.

BACK

Proceed to work the back separately.

Join yarn for the back on **WS**, and using a 5 mm / US needle: k1, p across all sts until 1 st remains, k1. Turn.

(RS): k across all sts. Turn.

(WS): k1, p until 1 st remains, k1. Turn.

Continue working as described until work measures 18 (19) 20 (21) cm / 7 (7.5) 7.9 (8.2)" from when you separated the pieces. Last row is on WS. Break yarn, and place back on hold.

OUTER FRONT

Join yarn for outer front on **WS** and work as follows:

(WS): k1, p across all sts until **mA**, sm, *sl 1 p-wise wyif, k1*, repeat *-* across 6 sts. Turn.

(RS): sl 1 p-wise wyif, k1, *sl 1 p-wise wyif, k1*, repeat *-* across 6 sts until **mA**, sm, k until 1 st remains, k1. Turn.

(WS): work 1 row as previous WS row. Turn.

You will now begin to make dec's on front (on RS) to create the slanting effect:

(RS): sl 1 p-wise wyif, k1, *sl 1 p-wise wyif, k1*, repeat *-* across 6 sts until **mA**, sm, k1, k2tog, k until 1 st remains, k1

As before, *these dec's are to be made every 16 (18) 20 rows.* It is a good idea to place a removable marker in every dec so that you can measure/count when to make the next dec.

Continue working as described until work measures 18 (19) 20 (21) cm / 7 (7.5) 7.9 (8.2)" from when you separated the pieces.

Last row is on WS. *Do not break yarn* as you will now join pieces on the RS.

JOINING THE BODY

(RS): sl 1 p-wise wyif, k1, *sl 1 p-wise wyif, k1*, repeat *-* across 6 sts until **mA**, sm, k rest of row, CO 0 (0) 2 (4) sts using the backwards loop method, **pm1**, CO 6 sts (same method for rest of new sts), **pm2**, CO 0 (0) 2 (4) sts, k across back, CO 0 (0) 2 (2) sts, **pm3**, CO 6 sts, **pm4**, CO 0 (0) 2 (4) sts, k across front until **mB**, sm, *sl 1 p-wise wyif, k1*, repeat *-* across last 6 sts. Turn.

237 (257) 273 (289) sts ** in all.

** Please note that you subtract the number of dec's on fronts from given number.

Next, establish ribbing in the 6 new middle sts at the underarm:

(WS): sl 1 p-wise wyif, k1, *sl 1 wyif, k1* until **mB**, sm, p until **m4**, sm, *k2, p2*, repeat *-* until **m3**, sm, p until **m2**, sm, *k2, p2*, repeat *-* until **m1**, sm, p until **mA**, sm, *sl 1 wyif, k1*, repeat *-* across last 6 sts. Turn.

IMPORTANT: From now on, begin making dec's on either side of the rib sts under the sleeves (k2tog): 1 st before **m4**, 1 st after **m3**, 1 st before **m2**, and 1 st after **m1** on the same row as you make dec's on the fronts. It is a good idea to place removable m's in these dec's in order to count them.

6 sts dec'ed on every dec row from now on: 1 on each front (= 2) and 2 on either side of the underarm rib on each side (= 4).

Work flat as sts show on RS and WS, remembering dec's and rib at the sides until work measures approx. 26 (27) 30 (31) cm / 10.2 (10.6) 11.8 (12)" (from armhole) or desired length.

Proceed to make short rows to make the back a little longer:

Short row 1 (RS): work as sts show until 2 sts after **m4**, turn using gsr.

Short row 2 (WS): work as sts show until 2 sts after **m1**, turn using gsr.

Short row 3 (RS): work as sts show until 4 sts before **m3**, turn using gsr.

Short row 4 (WS): work as sts show until 4 sts before **m2**, turn using gsr.

Now work RS as sts show, then work 1 row on WS to resolve the gsr 'double sts' (worked as 1 st every time) **while at the same time** changing to a 3.5 mm / US 4 needle.

Next, begin to establish double knitting on **RS**: sl 1 p-wise wyif, k1, *sl 1 wyif, k1*, repeat *-* across 6 sts until **mA**, sm, *CO 1 st using the backwards loop method, k1*, repeat *-* rest of row until **mB** (*if the number doesn't fit, you can k2tog to adjust to end with k1*), sm, and work double knitting as sts show.

Work double k'ing flat, removing m's 1-4 and A-B:

Row 1 (WS): sl 1 p-wise wyif, *k1, sl 1 p-wise wyif*, repeat *-* k1.

Row 2 (RS): sl 1 p-wise wyif, *k1, sl 1 p-wise wyif*, repeat *-* k1.

Repeat rows 1-2 until double k'ing measures approx. 1.5 cm / 0.6", ending with a WS row.

BO as follows:

K2tog, *k2tog, pass 1st st over*, repeat *-* rest of row, ensuring that the BO is tensioned appropriately.

SLEEVES

Using a 5 mm / US 8 needle and joining new yarn, pick up sts for sleeve. Beginning at middle of 6 (6) 10 (12) new underarm sts, pick up 34 (36) 38 (40) sts at an interval of: picking up and k'ing 3 sts, skipping 1 st, work the 8 shoulder sts as sts show (rib), pick up 34 (36) 38 (40) sts at same interval as before, pm for BOR.

= 76 (80) 84 (88) sts on the sleeve.

Work rnd 1 as follows: sl BOR m, k1, p2, pm, k32 (34) 36 (38), p2, k2, p2, k 32 (34) 36 (38), pm, p2, k1.

Continue as described another 8 rnds. Then, begin to make dec's as follows:

K1, p2, sm, k1, k2tog, work as sts show until 3 sts before m before underarm rib, k2tog, k1, sm, p2, k1.

= 2 sts dec'ed on either side.

Continue to dec every 12 (10) 10 (8) rnds – 6 (7) 6 (7) times in all, in total 12 (14) 12 (14) sts dec's.

Continue until sleeve measures approx. 32 (31) 30 (29) cm / 12.6 (12.2) 11.8 (11.4)".

Please note: the length of the sleeves takes into account that the yarn used here - YAK from Lang Yarns - grows substantially when washed. Check your gauge swatch to estimate the growth of your particular yarn.

Work 1 rnd as sts show while changing to a 3.5 mm / US 4 needle. **For size (2) and (4) only:** work another 2 rnds as described (for the sts to add up).

Now work 2 x 2 ribbing: k1, p2, *k2, p2*, repeat *-* until shoulder rib, work these as sts show so they fit with the rest of the ribbing. If the number doesn't fit, you can k2tog to adjust.

Work ribbing in the rnd until it measures approx. 12 cm / 4.7". BO tightly as sts show.

Work the other sleeve in the same way.

FINISHING, WASHING AND BLOCKING

Weave in loose ends, and hand wash garment. You may want to give Umma sweater a spin in the washing machine at 800-1000 rpm. Lay it flat to dry, and block according to measurements indicated above if needed.

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GENERAL INFORMATION

For support or additional information, please contact info@aegyoknit.com via e-mail. During weekends, holidays and particularly busy periods, please allow for a delayed response. Assistance may be found in the Facebook group 'aegyoknit – inspiration og support' where you can share your aegyoknit projects, ask former test knitters for advice or contact other knitters. All patterns are available at www.aegyoknit.com and some via Ravelry.com.

Feel free to follow @aegyoknit on Instagram for news and inspiration and to share your projects on social media using the hashtag #aegyoknit #ummasweater

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