



COLOR THEORY: STRANDED  
COLORWORK & FAIR ISLE

# Phoenix VEST

Design by **SANDI PROSSER**

Show off the beautiful wrong side of this stranded colorwork masterpiece by allowing the front lapels to drape open.

1 2 3 4 5 6 MODERATELY CHALLENGING

## Sizes

Woman's small (medium, large, X-large, 2X-large)

Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

## Finished Measurements

**Width:** Approx 44 (48, 51, 53, 55) inches (including edgings)

**Length:** 30 (30, 31, 31, 32) inches (including edgings)

## Materials

- Plymouth Yarn DK Merino Superwash (DK weight; 100% superwash merino wool; 130 yds/50g per skein): 7 (8, 8, 9, 9) skeins black #1050 (A)
- Plymouth Yarn Johanne (DK weight; 40% wool/30% mohair/30% acrylic; 327 yds/100g per skein) 3 skeins teaberry #0013 (B)
- Size 4 (3.5mm) 16- and 32-inch circular needles
- Size 6 (4mm) 32-inch circular needle or size needed to obtain gauge
- Spare circular needles for holders
- Stitch marker



## Gauge

24 sts and 27 rows = 4 inches/10cm in 2-color stranded St st with larger needle, blocked.

To save time, take time to check gauge.

## Special Abbreviation

**Make 1 (M1):** Insert LH needle from front to back under horizontal strand between last st worked and next st on LH needle; knit through back of resulting loop.

## Pattern Stitches

Refer to charts provided to work Colorwork pats for left and right halves.

## Pattern Notes

Pattern is worked back and forth in rows. A circular needle is used to accommodate the large number of stitches. Do not join.



Vest is worked in 2 pieces from the bottom up; the seam is at center back. Work edge stitches in garter stitch. For a neater top edge, top edging is worked after both pieces are completed.

## Left Half

With smaller 32-inch circular needle and A, cast on 128 (142, 149, 156, 163) sts. Do not join.

Knit 6 rows, ending with a WS row. Change to larger needle.

**Set-up row (RS):** K1 (edge st), work charted 7-st Left Half Colorwork pat to last st, k1 (edge st).

Maintaining edge sts in garter st, work even until piece measures 15 inches, ending with a WS row.

**Division row (RS):** Work 41 (46, 49, 50, 52) sts, then transfer them to a spare circular needle for left back; bind off 6 sts for underarm, work to end of row—81 (90, 94, 100, 105) left front sts rem.

## Left Front

### Shape Armhole

Working edge sts in garter st, work 13 rows even.

**Inc row (RS):** K1, work in pat to last st, M1, k1—1 st inc.

Working new sts into established Colorwork pat, rep Inc row [every 14 rows] twice—84 (93, 97, 103, 108) sts.

Work even until armhole measures 8 (8, 9, 9, 10) inches, ending with a WS row.

Cut yarn and transfer sts to spare circular needle. Cut A and B.

### Left Back

Using larger needle and A and B, work next WS pat row across left back sts on spare needle.

Working edge sts in garter st, work 12 rows even.

**Inc row (RS):** K1, M1, work in pat to last st, k1—1 st inc.

Working new sts into established Colorwork pat, rep Inc row [every 14 rows] twice—44 (49, 52, 53, 55) sts.

Work even until armhole measures same as for left front, ending with same pat row.

**Joining row (RS):** Work in established pat across left back sts and then across left front sts on spare needle—128 (142, 149, 156, 163) sts.

Work even until piece measures 6½ inches from Joining row, ending with a WS row.

Transfer all sts to spare circular needle. Cut A and B.

### Right Half

Work as for left half to armhole, but work Right Half Colorwork pat.

**Division row (RS):** Work 81 (90, 94, 100, 105) sts, then transfer them to a spare circular needle for right front; bind off 6 sts for underarm, work to end of row—41 (46, 49, 50, 52) right back sts rem.

### Right Back

Work as for left front—44 (49, 52, 53, 55) sts after armhole shaping is complete.

### Right Front

Work as for left back—84 (93, 97, 103, 108) sts after armhole shaping is complete.

Complete right half as for left, but leave sts on working needle; cut B, but not A.

### Finishing

Sew center back seam.

### Top Edging

**Joining row (RS):** Using smaller 32-inch needle and A, knit across right half sts and then across left half sts on spare needle; do not join—256 (284, 298, 312, 326) sts.

Knit 6 rows.

Loosely bind off all sts kwise.

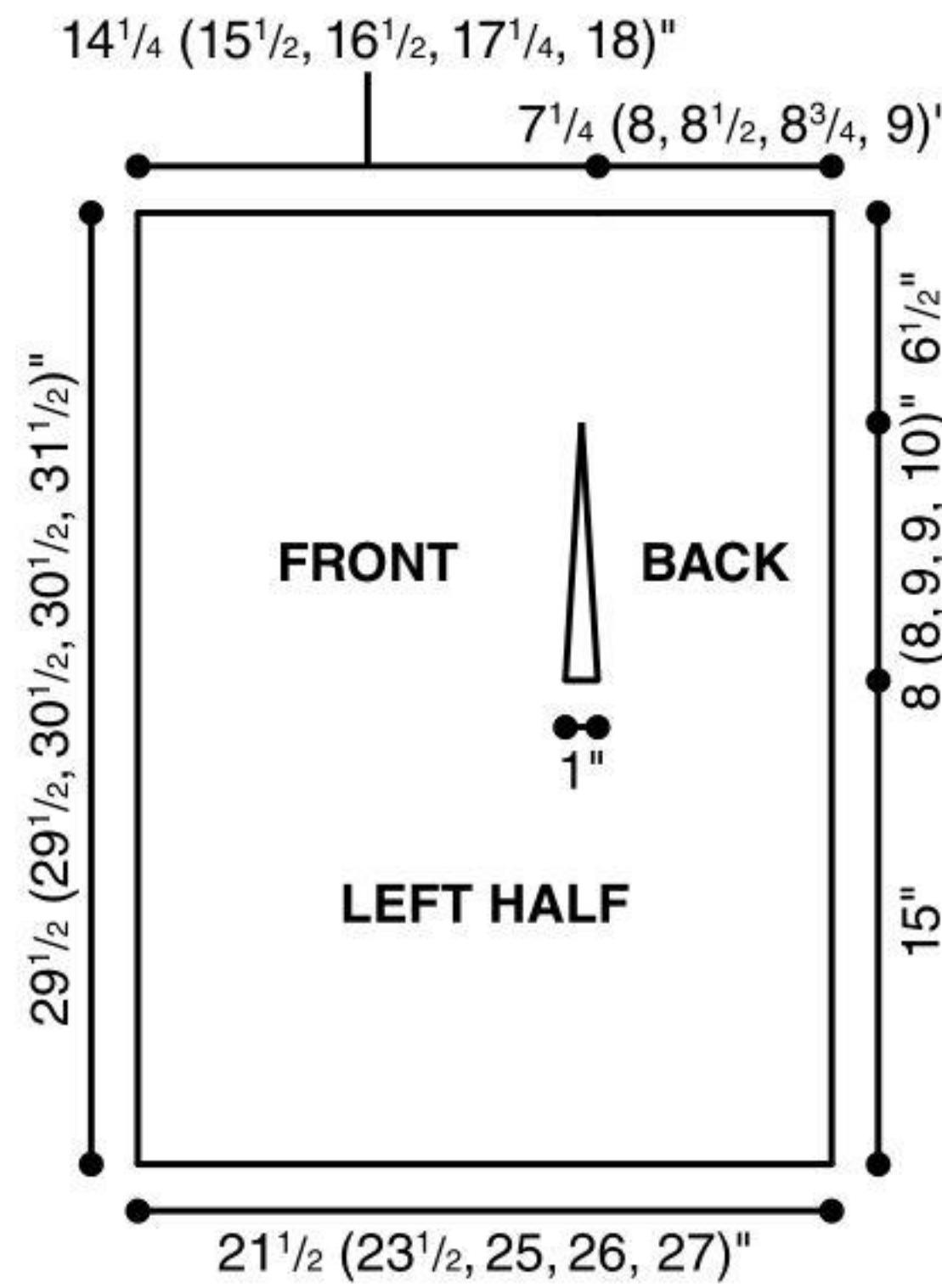


### Left Front Edging

With RS facing and using smaller 32-inch needle and A, pick up and knit 180 (180, 186, 186, 192) sts evenly along left front edge; do not join.

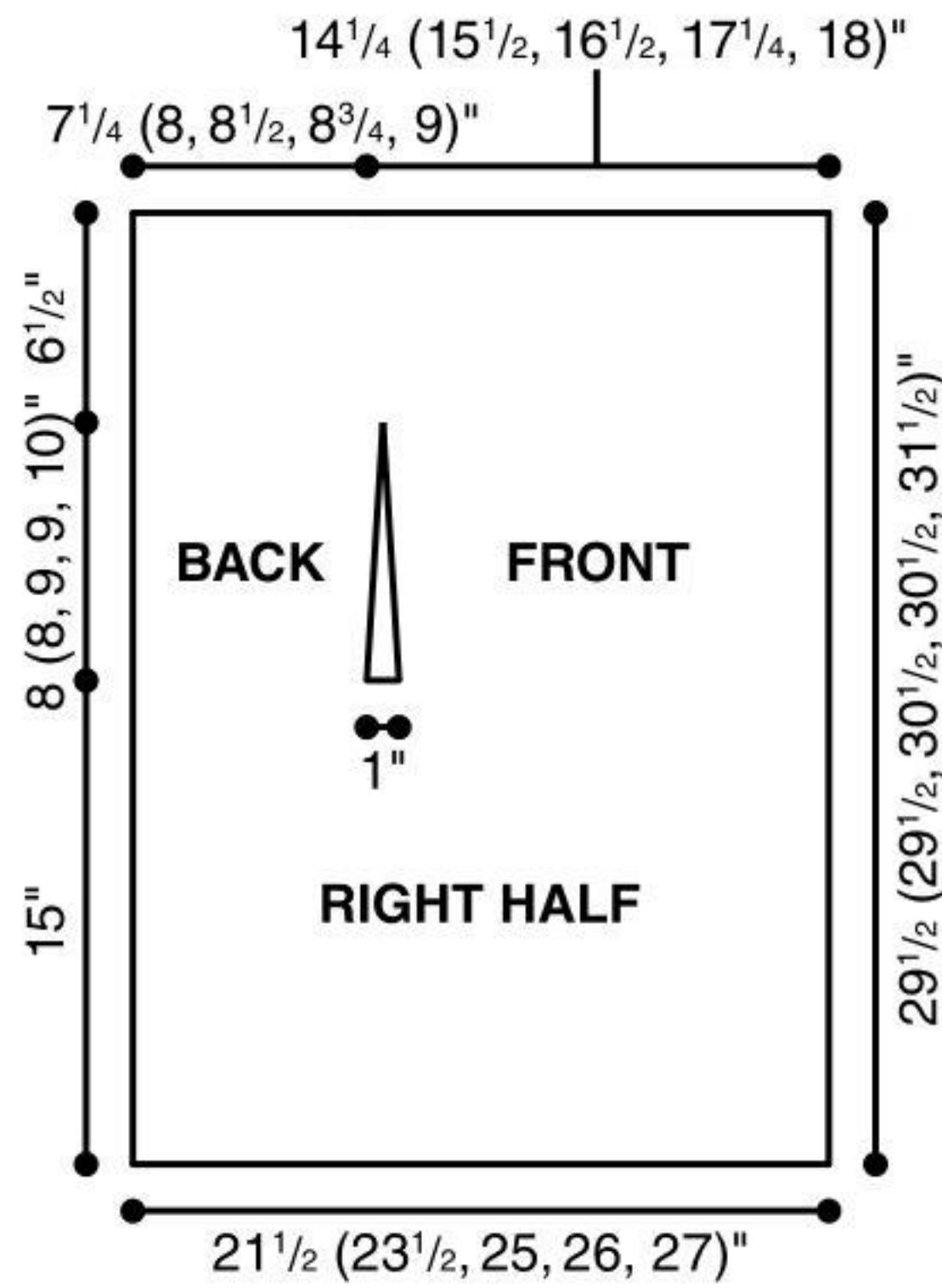
Knit 6 rows.

Loosely bind off all sts kwise.



### Right Front Edging

With RS facing and using smaller 32-inch needle and A, pick up and knit 180 (180, 186, 186, 192) sts evenly along right front edge. Loosely bind off all sts kwise.



### Armhole Edging

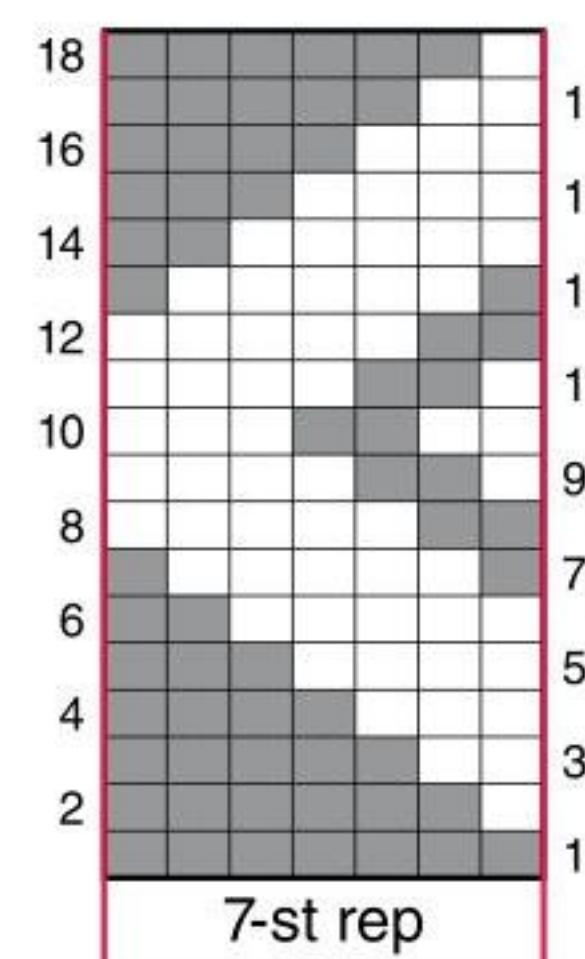
With RS facing and using smaller 16-inch needle and A, pick up and knit 134 (134, 146, 146, 152) sts evenly around armhole opening; pm for beg of rnd and join.

[Purl 1 rnd, knit 1 rnd] twice.

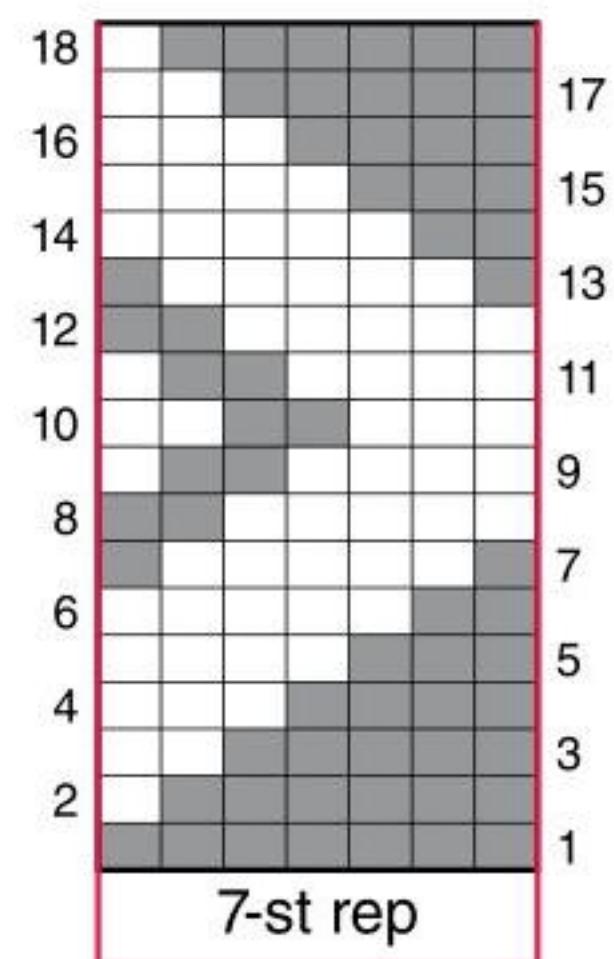
Loosely bind off all sts pwise.

Weave in all ends.

Block to measurements. ●



LEFT HALF  
COLORWORK  
CHART



RIGHT HALF  
COLORWORK  
CHART