

KNIT PATTERN | KUTOVAKIKA

# Oatmeal Sweater

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#OATMEALSWEATER

The Oatmeal Sweater is a true classic cable knit design with a flattering v-neckline. The textures and cables make this a really fun and engaging project to work on. The sweater is designed to have a bit of positive ease to make this a really comfortable and easy-to-wear style, but you can choose a size below for a tighter fit, and you can customize both sleeve and body length to fit your exact preferences.

The sweater is worked seamlessly top down, first the Upper Back is worked flat and, after that, stitches are picked up separately for each Upper Front. The body is worked in the round until desired length and stitches are then picked up for the sleeves and worked in the round. Lastly, stitches are picked up around the neckline for a 2 x 2 rib double folded collar.

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#knitwithkika

# Oatmeal Sweater

## SIZES:

XS (S, M, L) (XL, 2XL, 3XL) (4XL, 5XL)

## FINISHED GARMENT MEASUREMENTS:

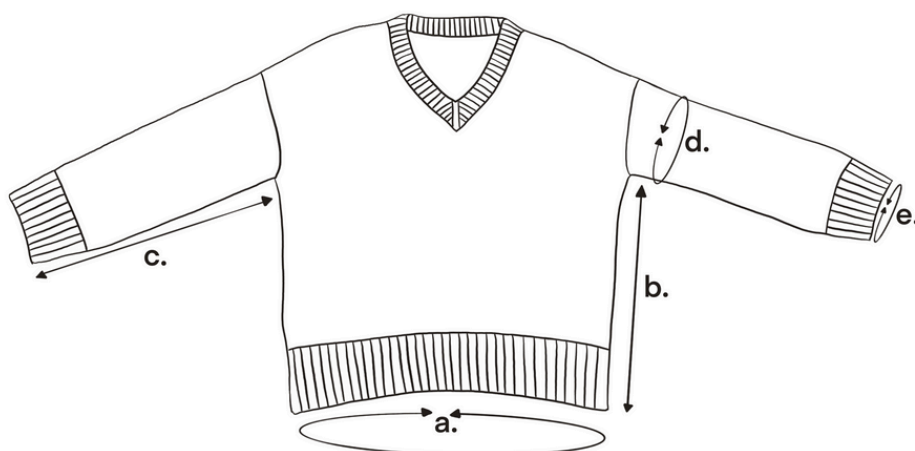
**a. Bust circumference:** 99 (106, 116.5, 123.5) (130.5, 137.5, 148) (158.5, 165) cm / 39 (41.75, 45.75, 48.5) (51.5, 54.25, 58.25) (62.5, 65)".

**b. Body length from underarm to hem:** 38 cm / 15" all sizes (or, desired length).

**c. Sleeve length from underarm:** 44 cm / 17.25" all sizes (or, desired length).

**d. Upper sleeve circumference:** 35 (35, 35, 35) (38.5, 38.5, 38.5) (42, 42) cm / 13.75 (13.75, 13.75, 13.75) (15.25, 15.25, 15.25) (16.5, 16.5) ".

**e. Cuff circumference:** 28.5 (28.5, 28.5, 28.5) (31.5, 31.5, 31.5) (34.5, 33.5) cm / 11.25 (11.25, 11.25, 11.25) (12.5, 12.5, 12.5) (13.5, 13.5)".



The Oatmeal Sweater is designed to have 10-25 cm / 4-9.75" of positive ease depending on your preference. Choose a size that is 10-25 cm / 4-9.75" bigger than your bust circumference depending on how oversized or regular fitting you want the sweater to be.

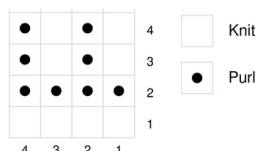
Sample in size S, Kika has a bust of approx. 89 cm / 35" and is 171 cm / 5'6" tall

## GAUGE:

23 sts x 29 rnds = 10 cm / 4" in sample stitch (worked in the round) on 4 mm / US6 needles, after blocking.

28 sts x 32 rows/rnds = 10 cm / 4" in \*k2, p2\* on 3 mm / US2.5 needles, after blocking.

## Sample stitch:



## NEEDLES:

3 mm / US2.5: circular needle 40-60 cm / 16-24" for neck opening and 80-100 cm / 32-40" for hem rib, and DPNs for sleeve rib (or use magic loop technique instead).

4 mm / US6: circular needle 40-60 cm / 16-24" for sleeves and 80-100 cm / 32-40" for body, or just an 80-100 cm / 32-40" needle if you're using Magic Loop technique.



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## NOTIONS:

Removable stitch markers, tapestry needle, cable needle or double pointed needle, stitch holder or scrap yarn.

## SAMPLE KNITTED WITH YARN:

650 (700, 750, 800) (850, 900, 950) (1000, 1050) g Filcolana Arwetta Classic (80% merino, 20% polyamide - 210 m / 230 yds / 50 g) in the color 977 Marzipan melange.

The sweater is worked by holding two strands together.

## SUGGESTED YARNS:

You can work the Oatmeal Sweater in a DK weight yarn, or for example by holding 2 strands of fingering weight yarn together like in the sample.

You need approx.

650 (700, 750, 800) (850, 900, 950) (1000, 1050) g /

1250 (1500, 1600, 1700) (1800, 1900, 2000) (2100, 2200) m /

1500 (1600, 1700, 1800) (1900, 2000, 2100) (2200, 2300) yds of DK or fingering weight yarn.



# Oatmeal Sweater

## UPPER BACK

The Upper Back is worked flat according to Charts A1, A2 and A3.

Cast on 110 (118, 126, 134) (142, 150, 158) (166, 174) sts using the Backwards Loop Cast-On method with a 4 mm / US6 circular needle.

Work 2 Setup Rows and place 4 markers in total: 2 markers for the cable stitch motif on Setup Row 1 (RS) and 2 removable stitch markers for the neckline on Setup Row 2 (WS).

Work as follows:

**Setup Row 1 (RS):** K8 (12, 16, 20) (24, 28, 32) (36, 40), **PM** (=stitch pattern marker),  
p2, k4, p2, k8, p2, k4, p2, k12, p2, k2, [p2, k1] 4 times,  
p2, k2, p2, k12, p2, k4, p2, k8, p2, k4, p2, **PM** (=stitch pattern marker),  
k8 (12, 16, 20) (24, 28, 32) (36, 40).

On the next row, place 2 additional removable markers to mark where the neckline will be and where sts will be picked up for the Left and Right Upper fronts later for your chosen size:

*(Note! Place the marker around the strand between the sts, in other words: this marker will not be carried along on each row like the markers placed on Setup Row 1).*

### Setup Row 2 (WS):

#### Sizes XS-L:

K to marker, **SM**,  
k2, p4, k2, p8, k2, p4, **PM** around the strand between the sts (=neckline marker),  
k2, p12, k2, p2, [k2, p1 tbl] 4 times, k2, p2, k2, p12, k2, **PM** around the strand between the sts (=neckline marker),  
p4, k2, p8, k2, p4, k2, **SM**,  
k to end of row.

#### Sizes XL-5XL:

K to marker, **SM**,  
k2, p4, k2, p8, k2, p4, k2, p2, **PM** around the strand between the sts (=neckline marker),  
p10, k2, p2, [k2, p1 tbl] 4 times, k2, p2, k2, p10, **PM** around the strand between the sts (=neckline marker),  
p2, k2, p4, k2, p8, k2, p4, k2, **SM**,  
k to end of row.

#### All sizes

Next, start to work according to the Charts.

Work as follows:

**Row 1 (RS):** Work Row 1 of Chart A1, work Row 1 of Chart A2, work Row 1 of Chart A3.

**Row 2 (WS):** Work Row 2 of Chart A3, work Row 2 of Chart A2, work Row 2 of Chart A1.

**Row 3:** Work the next row of Chart A1, work the next row of Chart A2, work the next row of Chart A3.

**Row 4:** Work the next row of Chart A3, work the next row of Chart A2, work the next row of Chart A1.

Continue in this manner, always working the next row of Charts A1, A2, and A3 flat until all Rows 1-8 are completed.

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Then repeat Rows 1-8 of Charts A1, A2 and A3: 7 (7, 7, 7) (8, 8, 8) (9,9) more times (meaning you'll have worked Rows 1-8 of the charts a total of 8 (8, 8, 8) (9, 9, 9) (10, 10) times for the Upper Back).

Cut the yarn and leave the sts on hold while working the Upper Fronts next.

## LEFT UPPER FRONT

Next, sts are picked up for the Left Upper Front along the left shoulder from the Upper Back. The Left Upper Front is worked flat according to Chart B1 while the neckline is shaped by working increases.

Pick up and knit 30 (34, 38, 42) (50, 54, 58) (62, 66) sts from the left side stitch marker (=neckline marker) to the left outer edge of the Upper Back (when looking at the piece with the RS facing you and the cast-on edge facing up towards the top) with a 4 mm / US 6 needle.

Work one setup row as follows:

**Setup Row (WS):**

Sizes XS-L:

P8 (12, 16, 20) (-, -, -) (-, -), **PM**, k2, p4, k2, p8, k2, p4.

Sizes XL-5XL:

P- (-, -, -) (24, 28, 32) (36, 40), **PM**, k2, p4, k2, p8, k2, p4, k2, p2.

Next, continue working the Left Upper Front according to Chart B1 in your chosen size until all Rows 1-56 (1-56, 1-56, 1-56) (1-64, 1-64, 1-64) (1-64, 1-64) are completed.

*There are 55 (59, 63, 67) (71, 75, 79) (83, 87) sts in total.*

Cut the yarn and leave the sts on hold while you work the Right Upper Front next.

## RIGHT UPPER FRONT

Next, sts are picked up for the Right Upper Front along the right shoulder from the Upper Back. The Right Upper front is worked flat according to Chart B2 while the neckline is shaped by working increases.

Pick up and knit 30 (34, 38, 42) (50, 54, 58) (62, 66) sts from the right outer edge to the right side stitch marker (=neckline marker) placed at the cast-on edge at the beginning of the Upper Back (when looking at the piece with the RS facing you and the cast-on edge facing up towards the top) with a 4 mm / US 6 needle. You can remove this marker now.

Work one setup row as follows:

**Setup Row (WS):**

Sizes XS-L: P4, k2, p8, k2, p4, k2, **PM**, p8 (12, 16, 20) (-, -, -) (-, -).

Sizes XL-5XL: P2, k2, p4, k2, p8, k2, p4, k2, **PM**, p- (-, -, -) (24, 28, 32) (36, 40).

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Next, continue working the Right Upper Front according to Chart B2 in your chosen size until all Rows 1-56 (1-56, 1-56, 1-56) (1-64, 1-64, 1-64) (1-64, 1-64) are completed.

*There are 55 (59, 63, 67) (71, 75, 79) (83, 87) sts in total.*

Don't cut the yarn yet.

## UPPER FRONT BODY

Next, the Left and Right Upper Front sts are joined together to work the Upper Front body flat.

Transfer the Left Upper Front sts that you had on hold on the working needle and work as follows across the Right and Left Upper front sts:

**Row 1 (RS):** Work Row 1 of Chart A1, work Row 1 of Chart A2, work Row 1 of Chart A3.

*There are 110 (118, 126, 134) (142, 150, 158) (166, 174) sts in total.*

**Row 2 (WS):** Work Row 2 of Chart A3, work Row 2 of Chart A2, work Row 2 of Chart A1.

**Row 3:** Work the next row of Chart A1, work the next row of Chart A2, work the next row of Chart A3.

**Row 4:** Work the next row of Chart A3, work the next row of Chart A2, work the next row of Chart A1.

Continue in this manner, always working the next Row of Charts A1, A2, and A3 until all Rows 1-8 are completed.

Repeat Rows 1-8 of Charts A1, A2 and A3: 0 (0, 0, 0) (0, 0, 0) (1,1) more times.

## LOWER BODY

Next, the Upper Front Body and Upper Back sts are joined together to work the lower body in the round.

**Rnd 1 (joining rnd):**

Upper Front sts: work Rnd 1 of Chart A1, work Rnd 1 of Chart A2, work Rnd 1 of Chart A3, **PM**, cast on 5 (9, 9, 9) (9, 13, 13) (17, 17) sts for the underarm with the Backwards Loop Cast-On method, **PM**,

Upper Back sts: work Rnd 1 of Chart A1, work Rnd 1 of Chart A2, work Rnd 1 of Chart A3, **PM**, cast on 5 (9, 9, 9) (9, 13, 13) (17, 17) sts for the underarm with the Backwards Loop Cast-On method, **PM** (=this is BOR-m).

*There are 230 (254, 270, 286) (302, 326, 342) (366, 382) body sts in total.*

**Rnd 2:** Work the next rnd of Chart A1, work the next rnd of Chart A2, work the next rnd of Chart A3 until m, **SM**, k1, \*p1, k1\* to m (=underarm sts), **SM**, work next rnd of Chart A1, work next rnd of Chart A2, work next rnd of Chart A3 until m, **SM**, k1, \*p1, k1\* to end of rnd (=underarm sts).

**Rnd 3:** Work the next rnd of Chart A1, work the next rnd of Chart A2, work the next rnd of Chart A3 until m, **SM**, k to m (=underarm sts), **SM**, work next rnd of Chart A1, work next rnd of Chart A2, work next rnd of Chart A3 until m, **SM**, k to end of rnd (=underarm sts).

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**Rnd 4:** Work the next rnd of Chart A1, work the next rnd of Chart A2, work the next rnd of Chart A3 until m, **SM**, p to m (=underarm sts), **SM**, work next rnd of Chart A1, work next rnd of Chart A2, work next rnd of Chart A3 until m, **SM**, p to end of rnd (=underarm sts).

**Rnd 5:** Work the next rnd of Chart A1, work the next rnd of Chart A2, work the next rnd of Chart A3 until m, **SM**, k1, \*p1, k1\* to m (=underarm sts), **SM**, work next rnd of Chart A1, work next rnd of Chart A2, work next rnd of Chart A3 until m, **SM**, k1, \*p1, k1\* to end of rnd (=underarm sts).

Continue in this manner, repeat Rnds 2-5 while always working the next rnd of Charts A1, A2 and A3 until the body measures 30 cm / 11.75" from the underarm (or, until the body measures 8 cm / 3.25" less than total desired length). End so that the last rnd worked is Rnd 8 of all the Charts.

Change to 3 mm / US2.5: 80-100 cm / 32-40" circular needles for the hem and work as follows:  
K2tog, k1, p2, k2tog, k1, p2, \*k2, p2\* to end of rnd. 2 sts decreased.

*There are 228 (252, 268, 284) (300, 324, 340) (364, 380) body sts in total.*

Continue working in \*k2, p2\* ribbing until the hem measures 8 cm / 3.25".

Bind off all sts using the Standard Bind-Off method (or, your preferred bind off method).

## SLEEVES

For the sleeves sts are picked up and knitted along the armhole openings. The sleeves are worked in the round according to Chart C on either a 4 mm / US6: 40-60 cm / 16-24" circular needle, double-pointed needles or a longer circular needle for Magic Loop technique.

With the RS facing, starting from the middle of the underarm pick up and knit a total of 81 (81, 81, 81) (89, 89, 89) (97, 97) sts evenly along the armhole opening while placing 2 cable pattern stitch markers and BOR-m.

Work as follows:

pick up and k29 (29, 29, 29) (33, 33, 33) (37, 37) sts, **PM** (=cable pattern marker),

pick up and k24, **PM** (=cable pattern marker),

pick up and k28 (28, 28, 28) (32, 32, 32) (36, 36) sts.

Join in the rnd and place a marker to mark the beginning of rnd (=BOR-m).

Work the sleeve according to Chart C in the round until the sleeve measures 36 cm / 14.25" from underarm (or, until the sleeve measures 8 cm / 3.25" less than total desired length). End so that the last rnd worked is Rnd 8 of Chart C.

Change to 3 mm / US2.5 DPNs or circular needles (magic loop technique) for the cuffs and work as follows:

**Rnd 1:** K2tog, k1, p2, \*k2, p2\* to end of rnd. 1 st decreased.

*There are a total of 80 (80, 80, 80) (88, 88, 88) (96, 96) sleeve sts.*

Work in \*k2, p2\* ribbing until the cuff measures 8 cm / 3.25".

Bind off all sts using the Standard Bind-Off method.

Work the other sleeve the same way.

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## COLLAR

For the collar, sts are picked up along the neckline edge, and worked in a 2x2 rib to double length, the collar will be folded and attached on the inside.

Starting at the left shoulder seam with the RS facing, pick up and k sts from neckline with a 3 mm/ US2.5 needle as follows (this is approx. the equivalent of picking up 2 sts per 3 rows):

Pick up and k40 (40, 40, 40) (48, 48, 48) (48, 48) sts from left front to the V-point, **PM** right before the V-point, pick up and k2, **PM**, pick up and k40 (40, 40, 40) (48, 48, 48) (48, 48) sts until right shoulder seam and lastly pick up and k50 (50, 50 50) (42, 42, 42) (42, 42) sts from back neck. Place marker to indicate beg of rnd (=BOR-m).

*You have 132 (132, 132, 132) (140, 140, 140) (140, 140) collar sts in total.*

**Rnds 1-3:** \*K2, p2\* to end of rnd (the 2 sts between markers at V-point are k sts).

Next, start working decreases on each rnd to shape V- neck collar as follows:

**Rnd 4:** Work in est ribbing to 1 st before marker, k2tog (you need to remove the marker that is between the sts as you do this), ssk (remove marker that is between the sts), work in est ribbing to end of rnd. Place markers back on each side of the 2 k sts at V-point.

*2 sts decreased, you have 130 (130, 130, 130) (138, 138, 138) (138, 138) sts in total.*

**Rnds 5-11:** Repeat Rnd 4 seven more times.

*14 sts decreased, there are 116 (116, 116, 116) (124, 124, 124) (124, 124) sts in total.*

**Rnd 11:** P all sts (this will be the folded edge when attaching the double length collar on the inside).

Next, start working increases on each rnd to shape V- neck that will be folded on the inside as follows:

**Rnd 12:** \*K2, p2\* to marker, M1R, **SM**, k2, **SM**, M1L, p2, \*k2, p2\* to end of rnd.

*2 sts increased, you have 118 (118, 118, 118) (126, 126, 126) (126, 126) sts in total.*

**Rnd 13:** \*K2, p2\* to 1 st before marker, k1, M1R, **SM**, k2, **SM**, M1L, k1, p2, \*k2, p2\* to end of rnd.

*2 sts increased, you have 120 (120, 120, 120) (128, 128, 128) (128, 128) sts in total.*

**Rnd 14:** \*K2, p2\* to 2 sts before marker, k2, M1R, **SM**, k2, **SM**, M1L, \*k2, p2\* to end of rnd.

*2 sts increased, you have 122 (122, 122, 122) (130, 130, 130) (130, 130) sts in total.*

**Rnd 15:** \*K2, p2\* to 3 sts before marker, k2, p1, M1R, **SM**, k2, **SM**, M1L, p1, \*k2, p2\* to end of rnd.

*2 sts increased, you have 124 (124, 124, 124) (132, 132, 132) (132, 132) sts in total.*

Repeat Rnds 12-15 once more.

*8 sts increased, you have 132 (132, 132, 132) (140, 140, 140) (140, 140) sts in total.*

**Rnd 20:** \*K2, p2\* to marker, **SM**, k2, **SM**, p2, \*k2, p2\* to end of rnd.

Bind off all sts loosely using the standard bind off method.



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## FINISHING

Fold the collar double inside and attach by sewing it loosely to the pick-up edge. Weave in all ends and block your sweater by soaking it in cold to lukewarm water and let it dry flat. Cosy up in your new sweater!



Hope you enjoyed working this pattern!

You can use the hashtags **#oatmealsweater** and **#knitwithkika** when you post on Instagram so we can admire your work and get inspired :)

*If you have any questions, please send them to [support@kutovakika.com](mailto:support@kutovakika.com)*

# Oatmeal Sweater

## CHARTS

### CHART A1

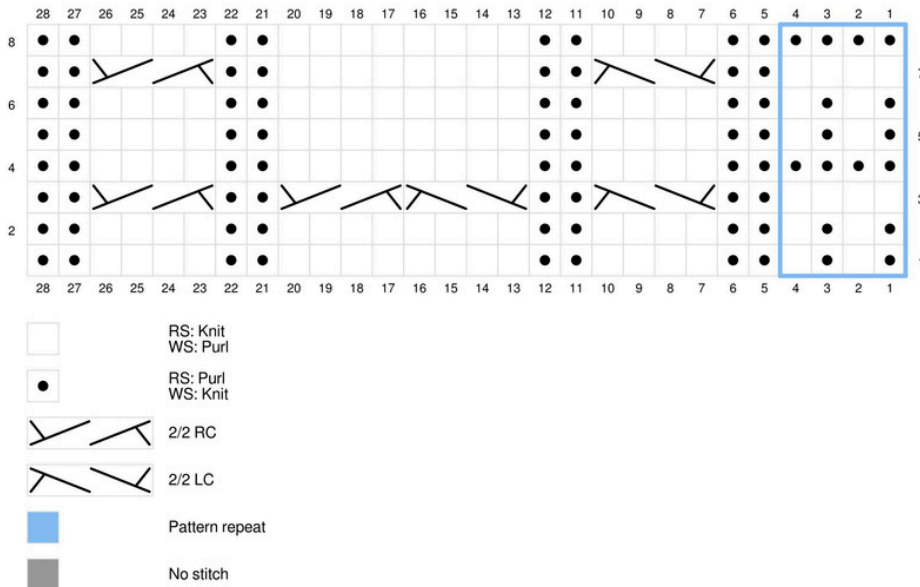
#### How to work the chart flat:

RS rows: Work from right to left. Repeat the sts inside the pattern repeat (columns 1-4 inside the blue box) until stitch pattern marker, SM, work remaining columns 5-28.

WS rows: Work from left to right. Work columns 28-5 until stitch pattern marker, SM, repeat the stitches inside the pattern repeat (columns 4-1 inside the blue box) until end of row.

#### How to work the chart in the round:

Work from right to left every round.



### CHART A2

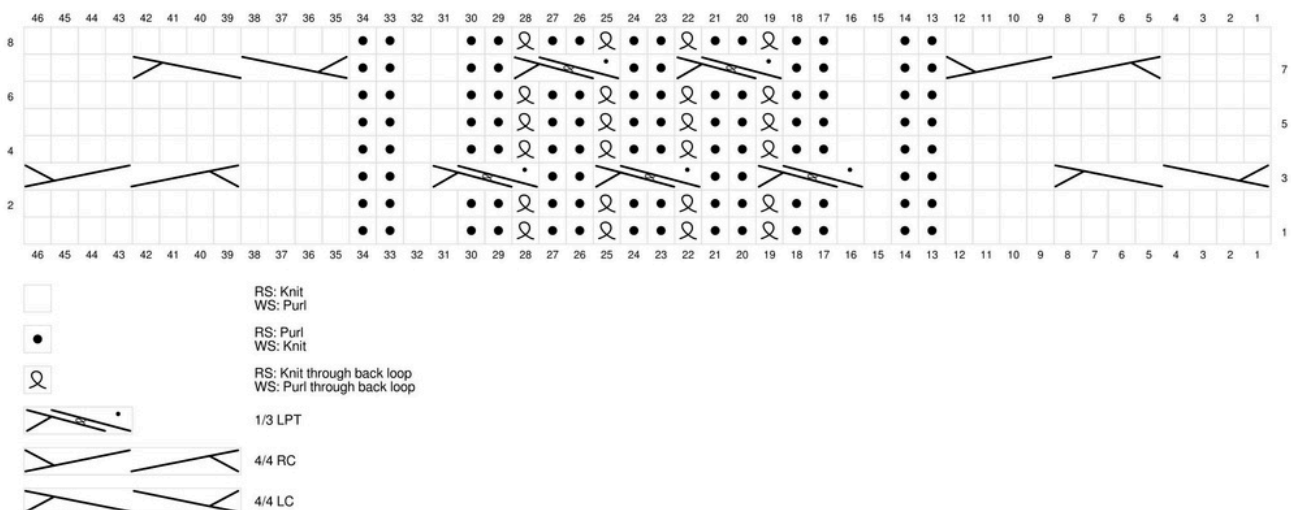
#### How to work the chart flat:

RS rows: Work from right to left.

WS rows: Work from left to right.

#### How to work the chart in the round:

Work from right to left every round.



# Oatmeal Sweater

## CHART A3

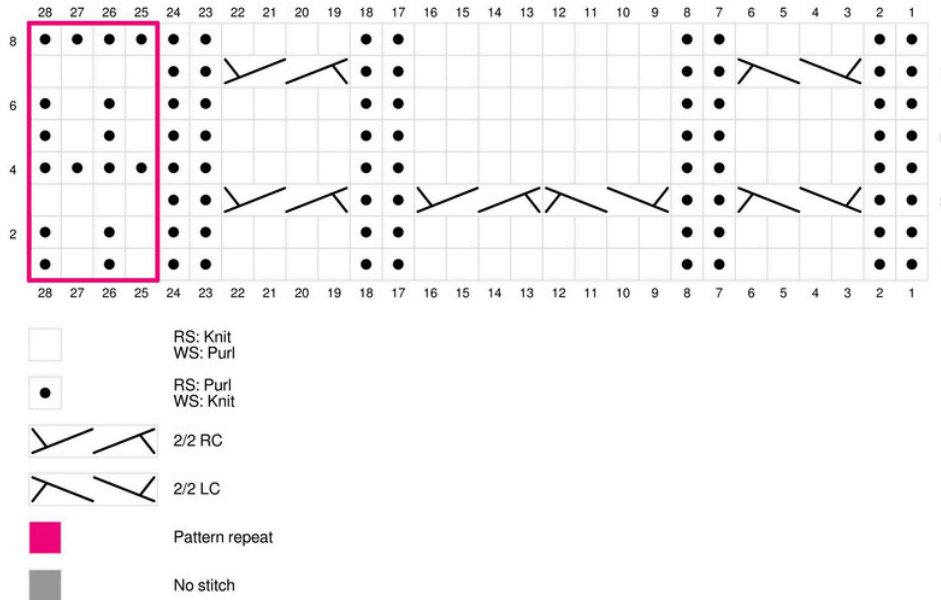
### How to work the chart flat:

**RS rows:** Work from right to left. Work columns 1-24 until stitch pattern marker, SM, repeat the sts inside the pattern repeat (columns 25-28 inside the pink box) until end of the row.

**WS rows:** Work from left to right. Repeat the sts inside the pattern repeat (columns 28-25 inside the pink box) until stitch pattern marker, SM, work columns 24-1.

### How to work the chart in the round:

Work from right to left every round.



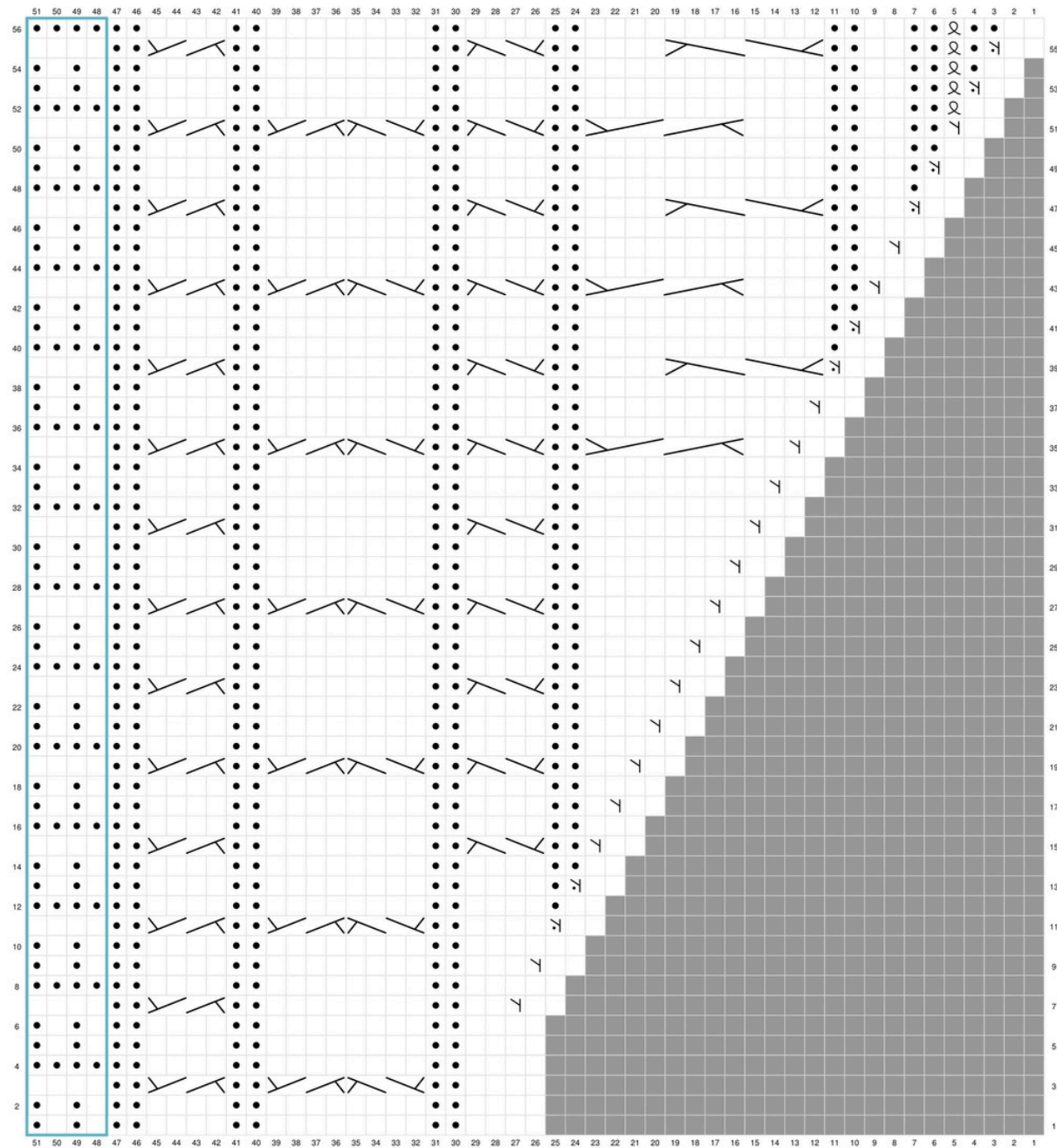
# Oatmeal Sweater

## CHART B1 Sizes XS-L

### How to work the chart flat:

**RS rows:** Work from right to left. Work sts until stitch marker, SM, repeat columns 48-51 until end of row.

**WS rows:** Work from left to right. Repeat columns 51-48 until stitch marker, SM, work remaining sts until end of row.



	RS: Knit WS: Purl
	RS: Purl WS: Knit
	RS: K1 tbl WS: P1 tbl
	2/2 RC
	2/2 LC
	4/4 RC
	4/4 LC
	RS: M1Lp WS: m1l
	RS: M1L WS: m1pl
	Pattern repeat
	No stitch



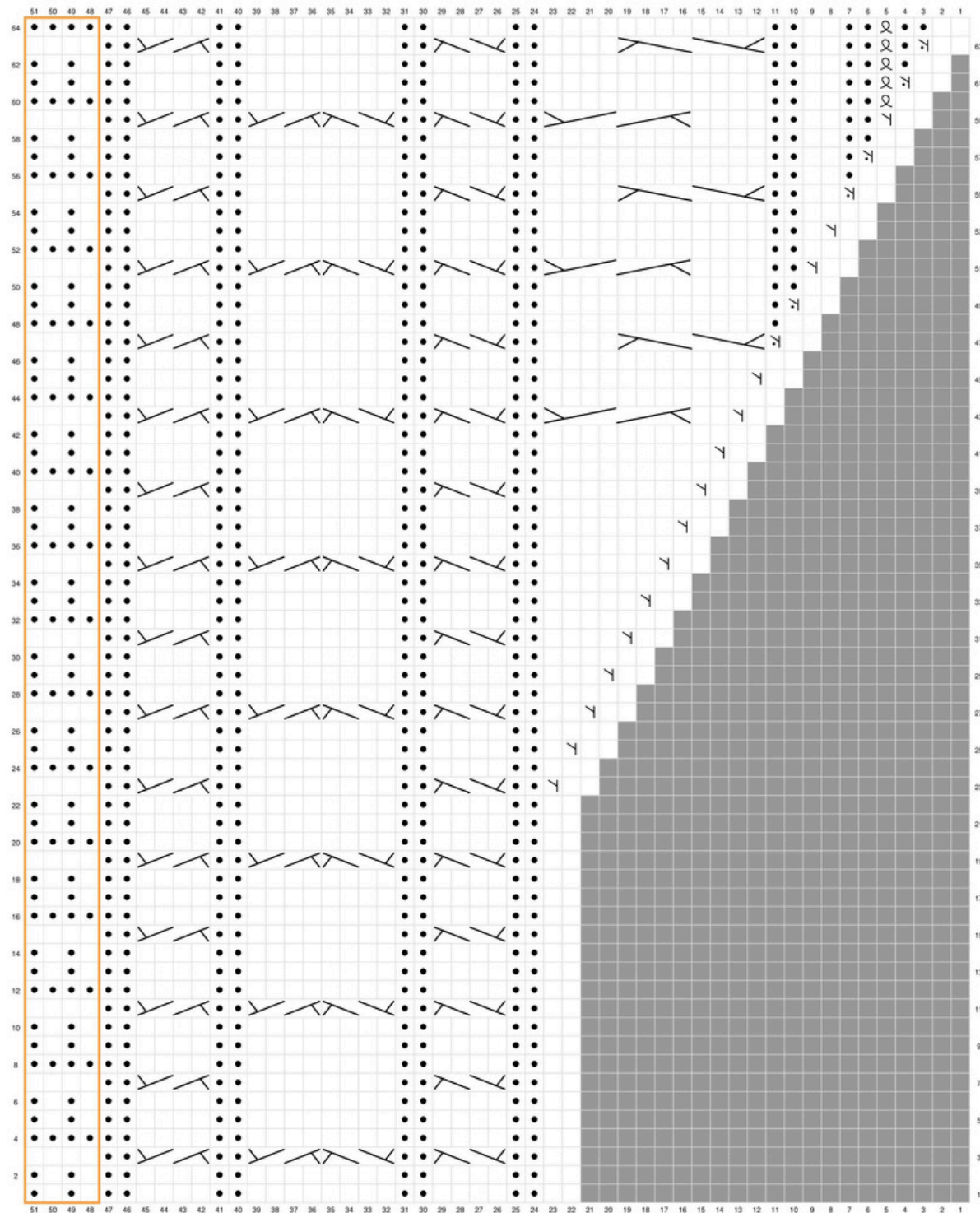
# Oatmeal Sweater

## CHART B1 Sizes XL-5XL

### How to work the chart flat:

**RS rows:** Work from right to left. Work sts until stitch marker, SM, repeat columns 48-51 until end of row.

**WS rows:** Work from left to right. Repeat columns 60-57 until stitch marker, SM, work remaining sts until end of row.



- RS: Knt  
WS: Purl
- RS: Purl  
WS: Knt
- RS: K1 tbl  
WS: P1 tbl
- 2/2 RC
- 2/2 LC
- 4/4 RC
- 4/4 LC
- 1/3 LPT
- RS: M1L  
WS: m1p
- RS: M1p  
WS: m1l
- Pattern repeat
- No stitch

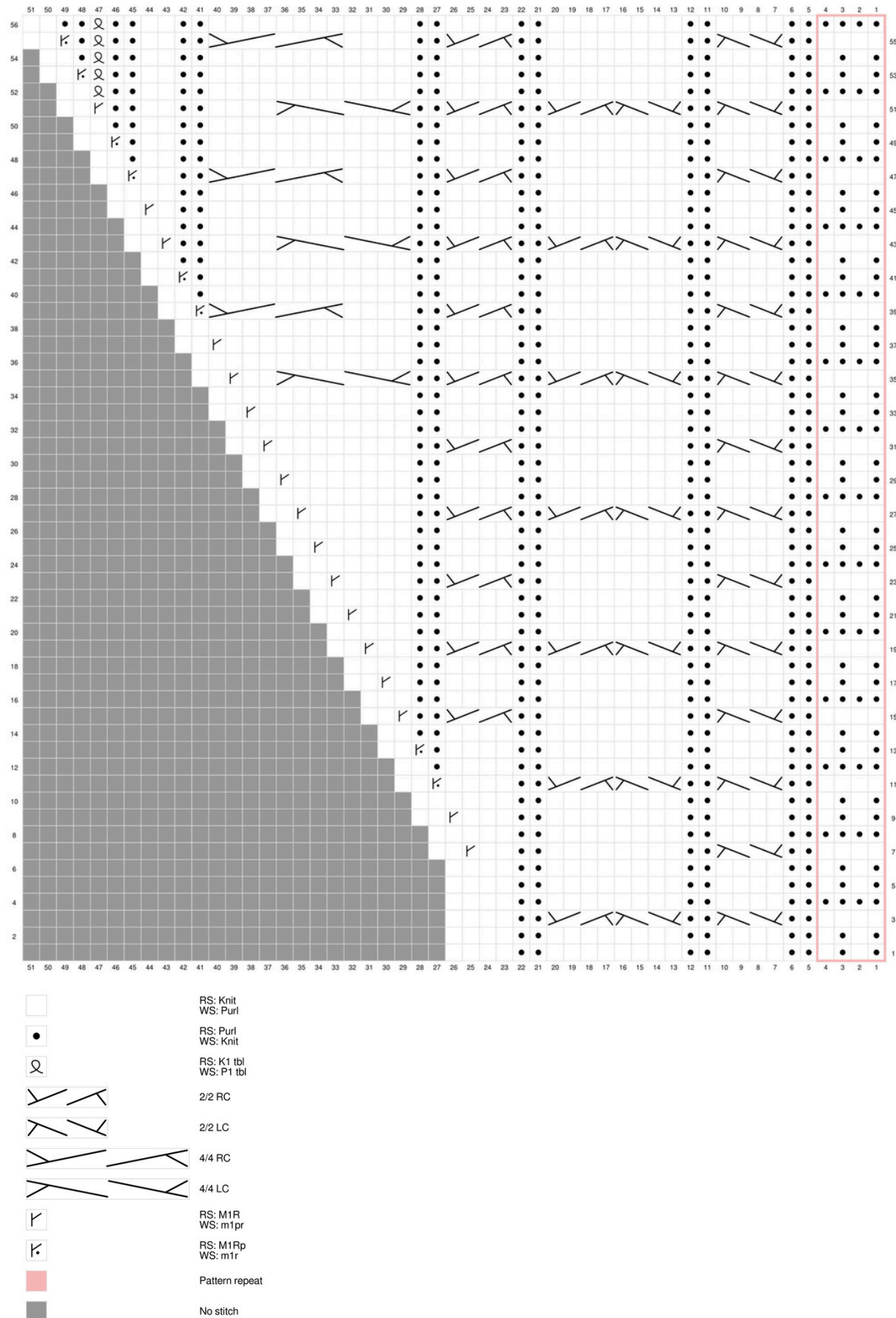
# Oatmeal Sweater

## CHART B2 Sizes XS-L

### How to work the chart flat:

**RS rows:** Work from right to left. Repeat columns 1-4 until stitch marker, SM, work remaining sts until end of row.

**WS rows:** Work from left to right. Work sts until stitch marker, SM, repeat columns 4-1 until end of row.



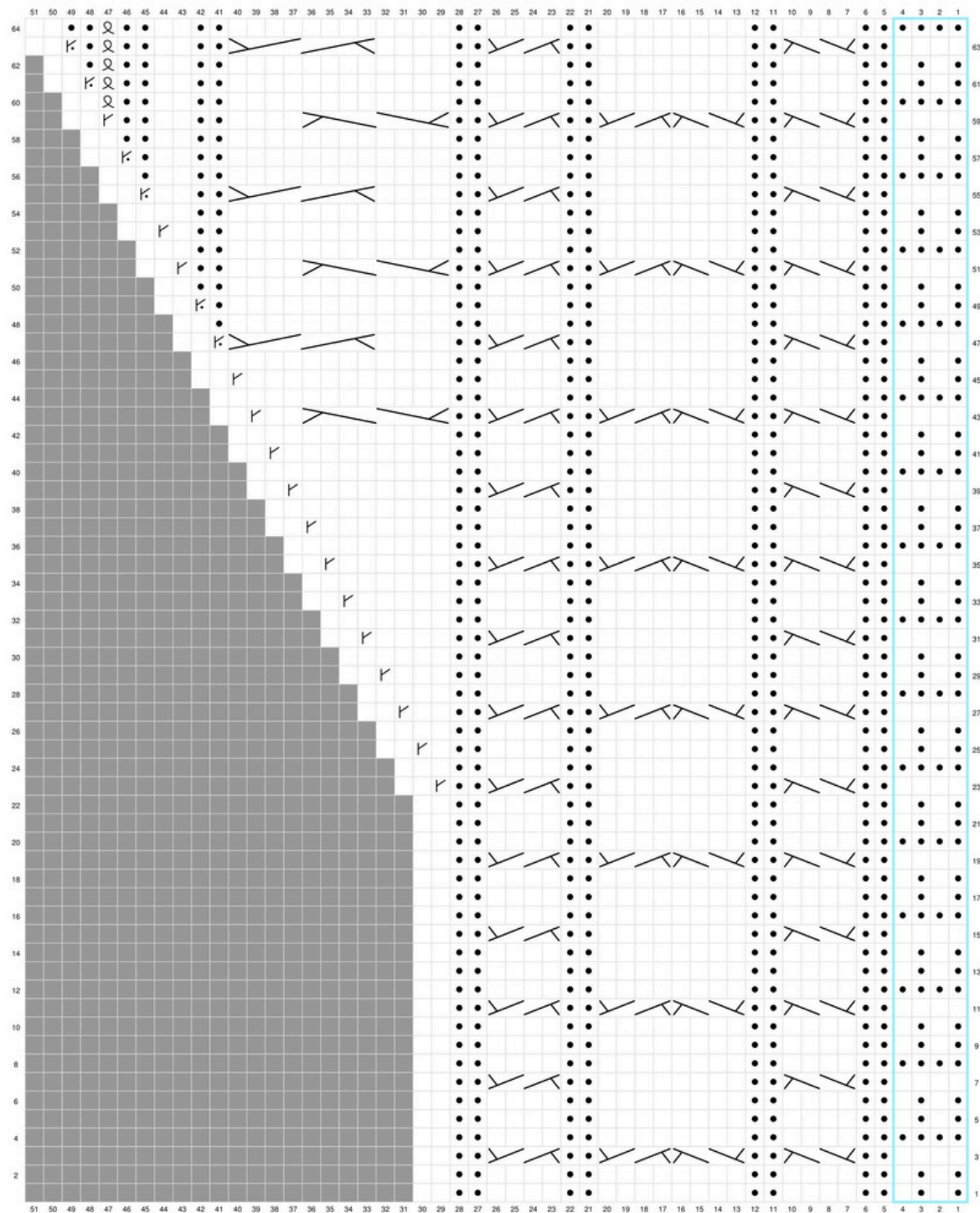
# Oatmeal Sweater

## CHART B2 Sizes XL-5XL

### How to work the chart flat:

**RS rows:** Work from right to left. Repeat columns 1-4 until stitch marker, SM, work remaining sts until end of row.

**WS rows:** Work from left to right. Work sts until stitch marker, SM, repeat columns 4-1 until end of row.



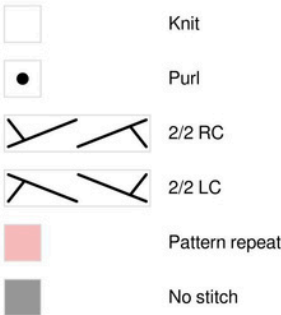
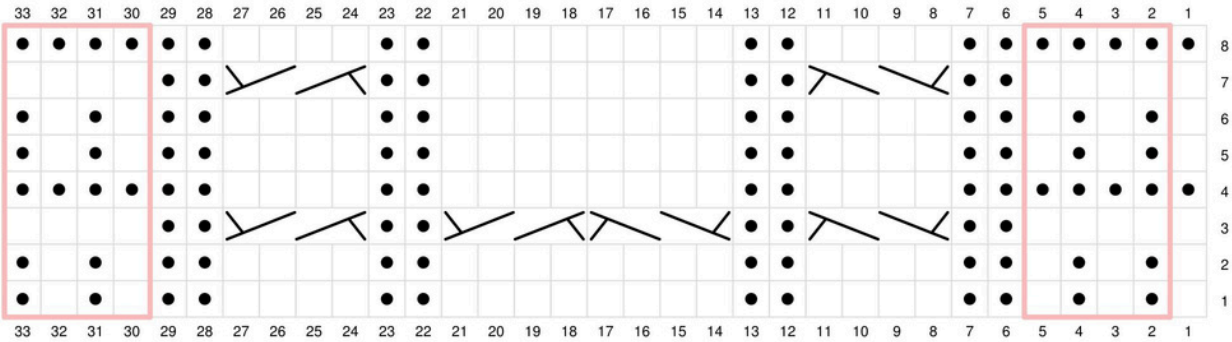
	RS: Knit WS: Purl
	RS: Purl WS: Knit
	RS: K1 tbl WS: P1 tbl
	1/3 LPT
	2/2 RC
	2/2 LC
	4/4 RC
	4/4 LC
	RS: M1R WS: m1r
	RS: M1L WS: m1l
	Pattern repeat
	No stitch

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## CHART C

**How to work the chart in the round:**

Work from right to left. Work column 1, then repeat columns 2-5 until stitch marker, SM, work columns 6-29 until stitch marker, SM, repeat columns 30-33 until end of rnd.





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## ABBREVIATIONS

**BOR** = beginning of round

**DPN** = double pointed needle

**est** = established

**K** = knit

**K2tog** = knit 2 stitches together through front loops. (1 stitch decreased)

**K tbl** = knit through the back loop,

**m** = marker

**M1L** = make 1 left (left-leaning increase), knit the strand between two sts by inserting the left needle from front to back and knit the stitch twisted (through the back loop). (1 st increased)

**M1Lp** = make 1 left purl (left-leaning increase), purl the strand between two sts by inserting the left needle from front to back and purl the stitch twisted (through the back loop). (1 st increased)

**M1R** = make 1 right (right-leaning increase), knit the strand between two stitches by inserting the left needle from back to front and knit the stitch (through the front loop). (1 st increased)

**M1Rp** = make 1 right purl (right-leaning increase), purl the strand between two stitches by inserting the left needle from back to front and purl the stitch (through the front loop). (1 st increased)

**P** = purl

**P tbl** = purl through the back loop

**PM** = place marker

**Rnd(s)** = round(s)

**RS** = right side

**SM** = slip marker

**Ssk** = slip, slip, knit. Slip the first stitch as if to knit, slip the second stitch as if to knit. Slide both stitches from the right needle back to the left-hand needle. Knit both stitches through the back loops together as if they were one stitch. (1 stitch decreased)

**St(s)** = stitch(es)

**WS** = wrong side

**\*-\*** = repeat the steps between the \*

**1/3 LPT** = left purl twist. Transfer 3 sts onto a DPN (or, cable needle) and keep in front of the work. Knit the next stitch on the left needle through the back loop, transfer the 3rd st from the DPN (3rd stitch seen from right to left) onto the left needle, purl that stitch, transfer the 2nd stitch on the DPN onto the left needle, purl that stitch, transfer the 1st (=the last) stitch left on the DPN onto the left needle and knit that stitch through the back loop.

# Oatmeal Sweater

## ABBREVIATIONS

**2/2 RC**= right cross. Transfer 2 stitches onto a DPN (or, cable needle) and keep in back of work. Knit 2, then knit 2 from the DPN.

**2/2 LC**=left cross. Transfer 2 stitches onto a DPN (or, cable needle) and keep in front of work. Knit 2, then knit 2 from the DPN.

**4/4 RC**= right cross. Transfer 4 stitches onto a DPN (or, cable needle) and keep in back of work. Knit 4, then knit 4 from the DPN.

**4/4 LC**=left cross. Transfer 4 stitches onto a DPN (or, cable needle) and keep in front of work. Knit 4, then knit 4 from the DPN.