



Man's tank top

Measurements

To fit sizes 91(97) (102) (107) (112) cm/36 (38) (40) (42) (44) in.

Actual measurements 94 (101) (107) (114) (121) cm/37 (39¾) (42) (44¾) (47¾) in.

Side seam, excluding armhole

border 36 (36) (37) (37) (38) cm/14¼ (14¼) (14½) (14½) (15) in.

Length to shoulder 59 (59) (62) (62) (65) cm/23¼ (23¼) (24½) (24½) (25½) in.

Materials

5 (6) (6) (7) (8) 50g (100m) balls of Sublime Luxurious Aran Tweed (40% wool, 40% cotton, 20% llama) in A (Woody 367), and 1 (1) (1) (1) (2) ball(s) in each of B (Ivy 366), C (Vineyard 365) and D (Red Earth 370). Pair of 4mm (No. 8) and 5mm (No. 6) knitting needles. You can buy the yarn online from womansweeklyshop.co.uk or by calling 0800 488 0708.

Tension

18 stitches and 24 rows, to 10 x 10cm, over stocking stitch, using 5mm needles.

Abbreviations

K, knit; **p**, purl; **st**, stitch; **dec**, decrease (by working 2 sts together); **ss**, stocking st (k on right side and p on wrong side); **nil**, meaning nothing is worked here for this size.

Note

Yarn amounts are based on average requirements and are therefore approximate. Instructions are given for small size, where they vary, work figures in round brackets for larger sizes. Instructions in square brackets are worked as stated after 2nd bracket.

(10) sts. Work 1 row. Cast off.

Right front neck: With right side facing, slip centre front st onto a safety-pin, rejoin yarn to remaining 33 (34) (38) (40) (42) sts, dec, work to last 2 sts, dec – 31 (32) (36) (38) (40) sts.

Work as left front neck, noting variation.

Neckband

Join right shoulder seam. With right side facing, using 4mm needles and A, pick up and k44 (44) (48) (48) (52) sts down left front neck, k st from safety pin, mark this st, pick up and k44 (44) (48) (48) (52) sts up right front neck and 26 (26) (28) (28) (30) sts across centre back neck – 115 (115) (125) (125) (135) sts.

1st row: P nil (nil) (2) (2) (nil), [k2, p2] 17 (17) (18) (18) (20) times, k1, with yarn at front, insert right needle pwise into back of 2nd st, then into 1st st, slipping both sts off needle, p1, pass 2 slipped sts over p st just worked, k1, p2, [k2, p2] 10 (10) (11) (11) (12) times.

2nd row: Rib to within 1 st of marked st, with yarn at back, insert right needle kwise into front of 2nd st, then into 1st st, slipping both sts off needle, k1, pass 2 slipped sts over k st just worked, rib to end.

3rd row: Rib to within 1 st of marked st, with yarn at front, insert right needle pwise into back of 2nd st, then into 1st st, slipping both sts off needle, p1, pass 2 slipped sts over p st just worked, rib to end.

Repeat last 2 rows, twice more.

Cast off in rib, dec at centre front as before.

Armhole borders

(both alike)

Join left shoulder and neckband seam. With right side facing, using 4mm needles and A, pick up and k102 (102) (110) (110) (118) sts evenly around armhole edge.

Beginning with a 2nd row, work 7 rows in rib as given on back. Cast off in rib.

To make up

Join side seams, including armhole borders.

Pin out garment to measurements given and cover with a damp cloth until dry.

Back

With 4mm needles and A, cast on 94 (98) (106) (110) (118) sts.

1st rib row: K2, [p2, k2] to end.

2nd rib row: P2, [k2, p2] to end.

Work another 21 rows in rib.

Dec row: Rib 6 (6) (8) (9) (6), dec, [rib 8 (12) (9) (13) (11), dec] to last 6 (6) (8) (9) (6) sts, rib to end – 85 (91) (97) (103) (109) sts.

Change to 5mm needles.

Beginning with a k row, ss 6 rows.

Joining in and breaking off colours as required, stranding yarn not in use loosely across back of work, continue in pattern, which is worked entirely in ss, beginning with a k row, so only colour details are given.

1st row: 1A, [1B, 1A] to end.

2nd row: All B. **3rd row:** All A.

4th row: 1A, [5C, 1A] to end.

5th row: 2A, 3C, [3A, 3C] to last 2 sts, 2A.

6th row: 3A, 1C, [5A, 1C] to last 3 sts, 3A.

7th row: 3B, 1D, [5B, 1D] to last 3 sts, 3B.

8th row: 2B, 3D, [3B, 3D] to last 2 sts, 2B.

9th row: 1B, [2D, 1A, 2D, 1B] to end.

10th row: 2D, [1A, 1C, 1A, 3D] to end, ending last repeat with 2D instead of 3D.

11th to 19th rows: Work 9th row, back to 1st row, in that reverse order.

Continue in ss and A only until back measures 36 (36) (37) (37) (38) cm from beginning, ending with a wrong-side row.

Shape armholes: Cast off 7 (9) (8) (9) (10) sts at beginning of next 2 rows – 71 (73) (81) (85) (89) sts. **

Dec 1 st at each end of next 7 rows and

3 following alternate rows – 51 (53) (61) (65) (69) sts.

Continue in ss until armholes measures 23 (23) (25) (25) (27) cm, ending with a wrong-side row.

Shape shoulders: Cast off 6 (7) (9) (9) (10) sts at beginning of next 2 rows and 7 (7) (8) (9) (10) sts at beginning of following 2 rows – 25 (25) (27) (29) (29) sts. Cast off.

Front

Work as back to **.

Dec 1 st at each of next 2 rows – 67 (69) (77) (81) (85) sts.

Divide for neck: Next row: Dec, work 29 (30) (34) (36) (38) sts, dec, turn and work on these 31 (32) (36) (38) (40) sts for left front neck.

Left front neck: Dec 1 st at armhole edge on next row and at each end of following row.

Repeat last 2 rows, once more.

Ss1 row.

Dec 1 st at each end of next row and 2 following alternate rows – 19 (20) (24) (26) (28) sts. Ss 3 rows.

Keeping armhole edge straight, dec 1 st at neck edge on next row and 5 (5) (6) (7) (7) following 4th rows – 13 (14) (17) (18) (20) sts.

Continue in ss until armhole measures 23 (23) (25) (25) (27) cm, ending with a wrong-side row – read right-side row here when working right front neck.

Shape shoulder: Cast off 6 (7) (9) (9) (10) sts at beginning of next row – 7 (7) (8) (9)