# Gulf of Mexico

© Kieran Foley 2025

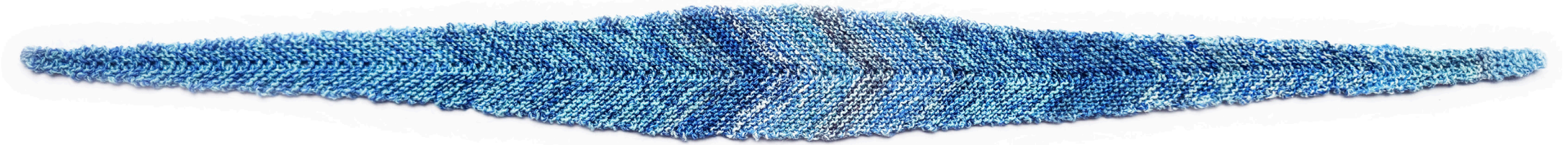
"The nets were overflowing
In the Gulf of Mexico"

from "Refuge of the Roads" by Joni Mitchell

A long skinny scarf with a rustic garter stitch chevron, inspired by a favorite song.
The scarf is worked with two strands held together.
The edges are slightly ruffled and uneven.

Knit on 5mm/US8 needles with approximately 60g/280yds/260m of leftover yarns including Jamieson's of Shetland Spindrift and some merino silk mixes. If you are working with one strand of a heavier yarn, allow approximately 140yds/130m.

Dimensions:
approximately 4.75ins/12cm wide by 46ins/117cm
Gauge: approximately 19sts (measured on the diagonal) and 22 rows (measured along the spine) = 4ins/10cm in pattern



**Notes**

The double increase (abbreviated to **inc**) is worked as follows: k, yo, k into one stitch, increasing by two stitches.

I worked with relatively short lengths of yarn, splicing in a new color when necessary, generally holding a dark and light shade together, sometimes holding two darker colors together.

The pattern can also be worked in a more varied palette to use up more varied scraps.

Keep the knitting quite loose for a soft flexible fabric.

To make a longer or shorter scarf, you can make adjustments between rows 121 and 148, adding or subtracting rows as desired.

The tips of the scarf are slightly mismatched due to the asymmetrical chevron structure.

The picture on the right below shows both tips, with the CO on the right and the BO on the left.

**Pattern**

CO 3sts and knit 1 row (WS)

**Row 1**: k1, inc, k1 (5sts)

**All WS rows**: k all sts

**Rows 3, 5, 7**: k2tog, inc, ssk

**Row 9**: k2, inc, k2 (7sts)

**Rows 11, 13, 15, 17**: k2tog, k1, inc, k1, ssk

**Row 19**: k3, inc, k3 (9sts)

**Rows 21, 23, 25, 27**: k2tog, k2, inc, k2, ssk

**Row 29**: k4, inc, k4 (11sts)

**Rows 31, 33, 35, 37**: k2tog, k3, inc, k3, ssk

**Row 39**: k5, inc, k5 (13sts)

**Rows 41, 43, 45, 47**: k2tog, k4, inc, k4, ssk

**Row 49**: k6, inc, k6 (15sts)

**Rows 51, 53, 55, 57**: k2tog, k5, inc, k5, ssk

**Row 59**: k7, inc, k7 (17sts)

**Rows 61, 63, 65, 67**: k2tog, k6, inc, k6, ssk

**Row 69**: k8, inc, k8 (19sts)

**Rows 71, 73, 75, 77**: k2tog, k7, inc, k7, ssk

**Row 79**: k9, inc, k9 (21sts)

**Rows 81, 83, 85, 87**: k2tog, k8, inc, k8, ssk

**Row 89**: k10, inc, k10 (23sts)

**Rows 91, 93, 95, 97**: k2tog, k9, inc, k9, ssk

**Row 99**: k11, inc, k11 (25sts)

**Rows 101, 103, 105, 107**: k2tog, k10, inc, k10, ssk

**Row 109**: k12, inc, k12 (27sts)

**Rows 111, 113, 115, 117**: k2tog, k11, inc, k11, ssk

**Row 119**: k13, inc, k13 (29sts)

**Rows 121, 123, 125, 127, 129, 131, 133, 135, 137, 139, 141, 143, 145, 147**: k2tog, k12, inc, k12, ssk

**Row 149**: k2tog x 2, k10, inc, k10, ssk x 2 (27sts)

**Rows 151, 153, 155, 157**: k2tog, k11, inc, k11, ssk

**Row 159**: k2tog x 2, k9, inc, k9, ssk x 2 (25sts)

**Rows 161, 163, 165, 167**: k2tog, k10, inc, k10, ssk

**Row 169**: k2tog x 2, k8, inc, k8, ssk x 2 (23sts)

**Rows 171, 173, 175, 177**: k2tog, k9, inc, k9, ssk

**Row 179**: k2tog x 2, k7, inc, k7, ssk x 2 (21sts)

**Rows 181, 183, 185, 187**: k2tog, k8, inc, k8, ssk

**Row 189**: k2tog x 2, k6, inc, k6, ssk x 2 (19sts)

**Rows 191, 193, 195, 197**: k2tog, k7, inc, k7, ssk

**Row 199**: k2tog x 2, k5, inc, k5, ssk x 2 (17sts)

**Rows 201, 203, 205, 207**: k2tog, k6, inc, k6, ssk

**Row 209**: k2tog x 2, k4, inc, k4, ssk x 2 (15sts)

**Rows 211, 213, 215, 217**: k2tog, k5, inc, k5, ssk

**Row 219**: k2tog x 2, k3, inc, k3, ssk x 2 (13sts)

**Rows 221, 223, 225, 227**: k2tog, k4, inc, k4, ssk

**Row 229**: k2tog x 2, k2, inc, k2, ssk x 2 (11sts)

**Rows 231, 233, 235, 237**: k2tog, k3, inc, k3, ssk

**Row 239**: k2tog x 2, k1, inc, k1, ssk x 2 (9sts)

**Rows 241, 243, 245, 247**: k2tog, k2, inc, k2, ssk

**Row 249**: k2tog x 2, inc, ssk x 2 (7sts)

**Rows 251, 253, 255, 257**: k2tog, k1, inc, k1, ssk

**Row 259**: k2tog, k3, ssk (5sts)

**Rows 261, 263**: k5

**Row 265**: k2tog, kfb, ssk (4sts)

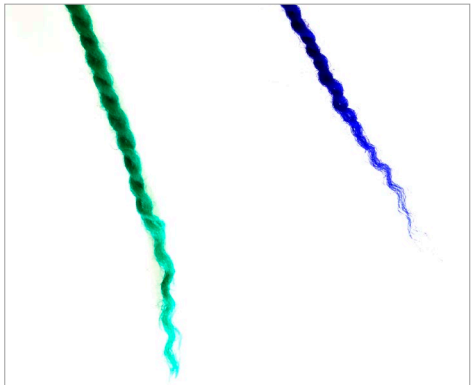
**Rows 267, 269**: k4

**Row 271**: k1, k2tog, k1 (3sts)

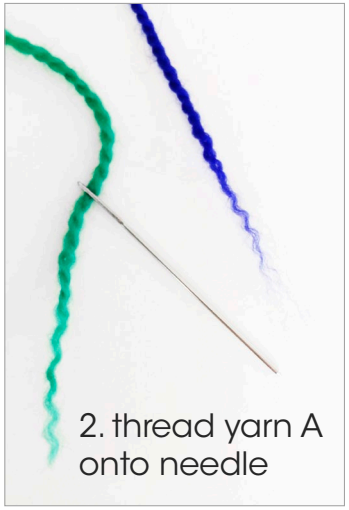
**Rows 273, 275**: k3

After Row 275, BO 3sts and weave in ends.

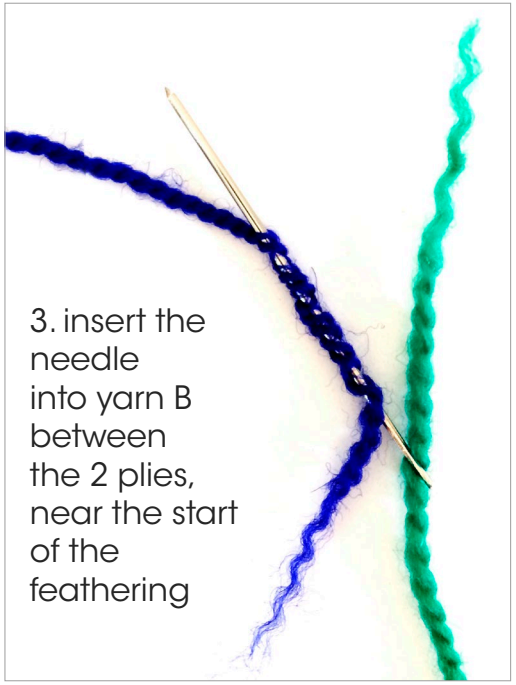
# splicing yarn ends



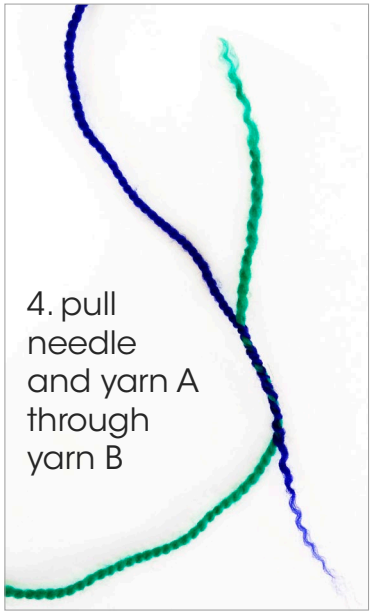
1. feather the yarn ends: unwind the plies, break them at different points, about 1 inch/2cm apart, and tease out the fibres



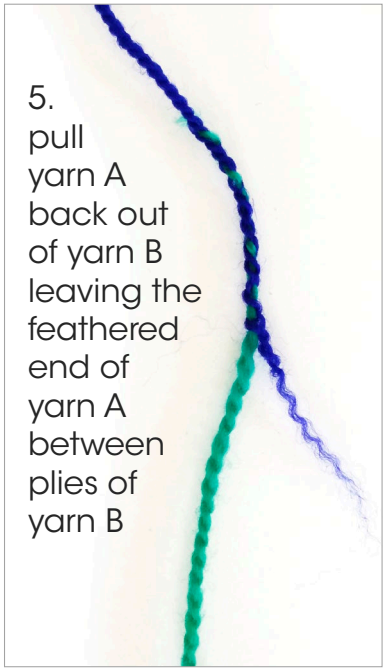
2. thread yarn A onto needle



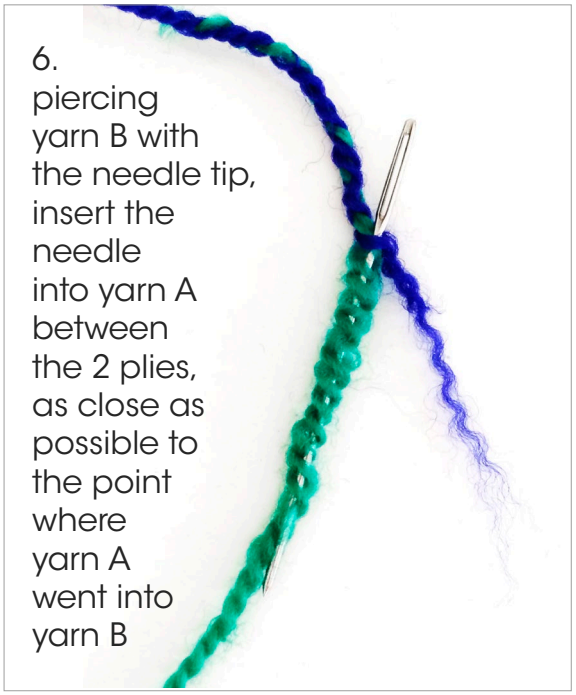
3. insert the needle into yarn B between the 2 plies, near the start of the feathering



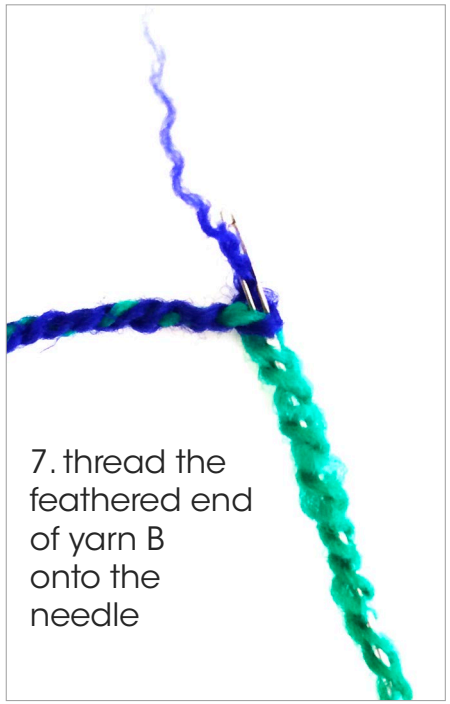
4. pull needle and yarn A through yarn B



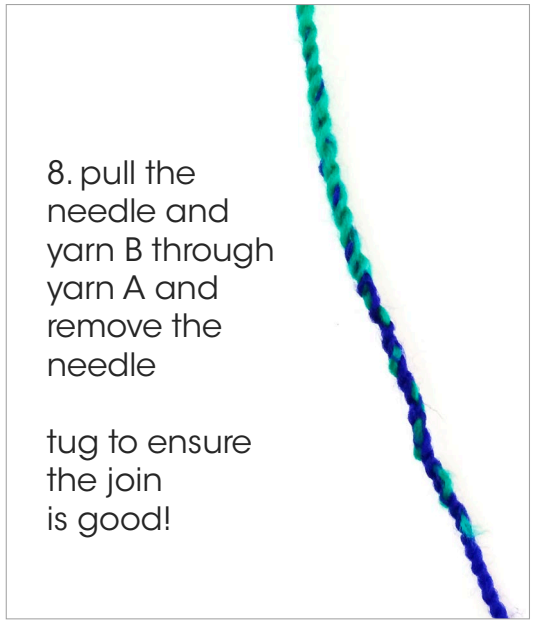
5. pull yarn A back out of yarn B leaving the feathered end of yarn A between plies of yarn B



6. piercing yarn B with the needle tip, insert the needle into yarn A between the 2 plies, as close as possible to the point where yarn A went into yarn B



7. thread the feathered end of yarn B onto the needle



8. pull the needle and yarn B through yarn A and remove the needle

tug to ensure the join is good!

© Kieran Foley 2014

knit/lab

Thank you for your purchase from knit/lab!
For more knit/lab charts visit www.kieranfoley.com

## knit/lab help

For help with symbols and techniques used visit
www.kieranfoley.com/knit_lab_help.html

## copyright & terms of use

All knit/lab patterns, including free patterns, are licensed solely for your personal and non-commercial use and may not be shared with anyone else.
You are not permitted to produce items created from these patterns for commercial purposes or for sale, without prior written permission from knit/lab.

For the full Terms and Conditions of Use, please visit
www.kieranfoley.com/knit_lab_conditions_of_use.html
or click here to download a copy.

© Kieran Foley