

COLUMN COWL

English



Sizes, Materials and Abbreviations

COLUMN COWL is a cylinder shaped cowl, which is worked in the round in stranded knitting. The stranded pattern is worked only from the right side, which makes this a good beginner project if you do not have much experience with stranded knitting. The bottom of the cowl is cast on using the Italian cast on technique, then the cowl is worked in the round, first in twisted rib and then in the stranded pattern which is worked in stockinette stitch. The cowl is finished with an edge in twisted rib and is bound off using the Italian bind off technique.

If you would like a slightly less advanced project, the Italian cast-on can be replaced by a regular long-tail cast-on. Just take care not to cast on too tightly. The Italian bind-off can also be replaced by a regular bind-off.

Sizes

Sizes: 6-8 years (10-12 years) adult

Circumference: 53 (57) 61 cm

Height: 21 (21) 25 cm

Needles

Circular needles: 4.5 mm and 5 mm, 60 cm

Optional: A 4.5 mm straight needle for the Italian cast-on

Gauge

21 sts and 21 rows in PATTERN on a 5 mm needle = 10 x 10 cm

NOTE: Personally I go up one or two needles sizes (0.5-1 mm) when working a stranded knitting pattern to maintain the same gauge as when I work in one color. Whether or not there is a gauge change when knitting with more than one color is different from knitter to knitter, so remember that it is a good idea to knit a swatch before beginning the project.

Materials

Version 1 (page 1 left):

Color A: 50 (60) 70 g Peruvian by Filcolana in color 101 natural white (100 % wool; 100 meter pr 50 g)

Color B: 15 (15) 15 g Peruvian by Filcolana in color 102 black

Color C: 10 (10) 10 g Peruvian by Filcolana in color 249 cobalt blue

Color D: 10 (10) 10 g Peruvian by Filcolana in color 334 light blush

Color E: 10 (10) 10 g Peruvian by Filcolana in color 352 red squirrel

Version 2 (page 4 right):

Color A, D: 50 (60) 70 g Peruvian by Filcolana in color 954 light grey melange (100 % wool; 100 meter pr 50 g)

Color B, C, E: 40 (40) 45 g Peruvian by Filcolana in color 101 natural white

Version 3 (page 2):

Color A: 50 (60) 70 g Peruvian by Filcolana in color 978 oatmeal (100 % wool; 100 meter pr 50 g)

Color B: 15 (15) 15 g Peruvian by Filcolana in color 101 natural white

Color C: 10 (10) 10 g Peruvian by Filcolana in color 975 dark brown

Color D: 10 (10) 10 g Peruvian by Filcolana in color 223 sunflower

Color E: 10 (10) 10 g Peruvian by Filcolana in color 817 cinnamon

Peruvian is a beginning friendly yarn, and Filcolana has a beautiful range of colors to choose from in this yarn. You can also knit COLUMN COWL using your left over scraps of yarn – I've worked the dark brown version on page 5 in some of my scrap yarn.

Here are some suggestions for alternative yarn to use:

Håndværksgarn by Hjelholts Uldspinderi, Pernilla held together with Tilia by Filcolana, Heavy Merino by Knitting for Olive, Tweed held together with Silk/mohair by Isager etc.

Abbreviations

k = knit

p = purl

RS = right side

WS = wrong side

st(s) = stitch(es)

tbl = through the back loop (twisted stitch)

sl = slip stitch(es) purl-wise

wyif = with yarn in front

wyib = with yarn in back



Column Cowl

Color dominance

When knitting a stranded pattern with two colors, it is very important for the look of the design which color is knitted as the dominant color. Depending on which of the two strands is held behind and which is held in front, one color will be more prominent and more visible than the other.

If you knit with both strands of yarn held over your index finger, the dominant color will typically be the color which is closest to the work (and furthest away from the nail).

The chart shows which color is worked as the dominant color on each row.

Italian cast-on

It is easiest to see and count the stitches when casting on, if you use a straight needle, instead of a circular needle. Once the cast-on and the first 2 rows have been completed, change to the circular needle you need to work the rib.

Place the yarn over the left index finger and thumb, so the tail lies over the thumb and the working yarn end of the yarn lies over the index finger. Hold both ends in your closed left hand. Hold the needle in your right hand and insert it under the yarn between your thumb and index finger.

Pull the yarn and needle slightly to the right.

Knit stitch cast-on

Guide the needle over the over the strand closest to you.

Guide the needle under the strand closest to you and back to center.

Guide the needle over the strand furthest from you.

Guide the needle under both strands and towards you.

Guide the needle over and around the strand closest to you and back to center (starting position).

Purl stitch cast-on

Guide the needle over the strand furthest away from you.

Guide the needle under both strands of yarn and towards you.

Guide the needle over the strand closest to you and back to center.

Guide the needle under and around the strand furthest away from you and back to center (starting position).

On my YouTube channel you can see how I cast on using the Italian cast-on technique. The video was created for DIAMOND JUMPER, but the technique is the same.

[DIAMOND JUMPER - Italian Cast-on](#)

Cowl

Alternately cast on 1 knit stitch and 1 purl stitch using an Italian cast-on and a 4.5 mm needle with color A until you have 110 (118) 126 sts on the needle, cast on 1 more knit stitch, then cast on a last stitch using the backward loop method. There are now a total of 112 (120) 128 sts on the needle.

Row 1: K1, sl1 wyif, *k1 tbl, sl1 wyif*, repeat from * to * to the last 2 sts, k1 tbl, p1 (the last stitch consists of a cat on stitch and a loop that was created at the beginning of the cast on. These two are knitted together).

2. p: Work as Row 1.

Join to work in the round and place a marker for the beginning of the round.

Work in the round in twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work 1 more round in twisted rib.

Work 2 rounds in stockinette stitch.



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Change to a 5 mm circular needle.

Work in PATTERN from Chart 1 or Chart 2 as follows:

Size 6-8 years (10-12 years) -

Work 109 (117) – sts in pattern from Chart 1, place a marker, work 3 sts in pattern from Chart 2.

First all of the rows of the chart (row 1-23) once.

Then work row 1-14 once.

Size - (-) adult

Work - (-) 125 sts in pattern from Chart 1, place a marker, work 3 sts in pattern from Chart 2.

Work all of the rows of the chart (row 1-23) twice.

All sizes

Change to a 4.5 mm circular needle and work only in color A.

Work 1 round in stockinette stitch.

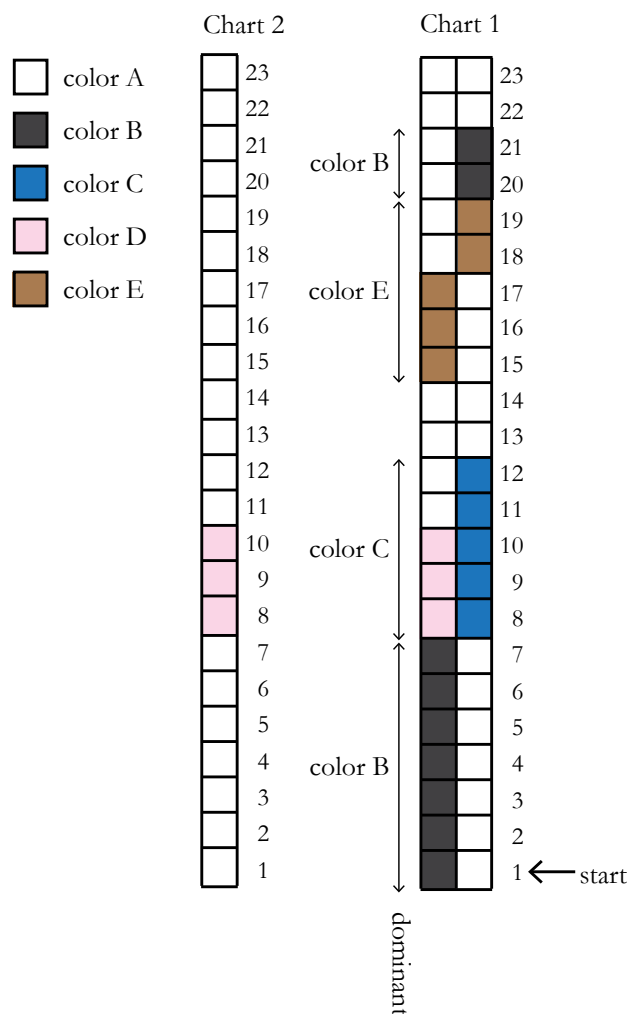
Work in the round in twisted rib: *K1 tbl, p1 tbl*, repeat from * to * to end of round.

Work 1 more round in twisted rib.

Round 1: *K1 tbl, sl1 wyif*, repeat from * to * to end of round.

Round 2: *Sl1 wyib, p1 tbl*, repeat from * to * to end of round.

Bind off using the Italian bind off technique.



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Italian Bind-off

Break the yarn, leaving a tail approx. 4 times the circumference of the work. Thread the end onto a blunt needle.

Each stitch is sewn through twice. Knit sts are first sewn through purl-wise (meaning as if purling the stitch with the needle) and then sewn through knit-wise before letting the stitch fall off the needle. Purl sts are first sewn through knit-wise (meaning as if knitting the stitch with the needle) and then sewn through purl-wise before letting the stitch fall off the needle.

Below is the description of the Italian bind-off technique, divided into a beginning step, five steps which are repeated, and the final step which is worked over the last stitch.

On my YouTube channel you can see how I work the Italian bind-off. The video was made for DIAMOND JUMPER, but the technique is the same.

[DIAMOND JUMPER - Italian bind-off](#)

Beginning step:

Insert the needle purl-wise through the 1st stitch on the needle, pull the yarn through and leave the sts on the needle.

From the WS, insert the needle between the 1st and 2nd stitch and pull it through to the RS.

Insert the needle knit-wise through the 2nd stitch and pull the yarn through to the WS.

Step 1-5:

1. Insert the needle knit-wise through the 1st stitch, pull the yarn through and let the stitch fall off the needle.
2. Insert the needle purl-wise through the stitch which is now the 2nd stitch on the needle, pull the yarn through and leave the stitch on the needle (1st stitch of the next repeat).
3. Insert the needle purl-wise through the 1st stitch on the needle, pull the yarn through and let the stitch fall off the needle.
4. From the WS, insert the needle purl-wise between the 1st and 2nd stitch and pull it through to the RS.
5. Insert the needle knit-wise through the 2nd stitch on the needle, pull the yarn through to the WS and leave the stitch on the needle.

Final step (1 stitch left on the needle)

Insert the needle purl-wise through the last stitch, pull the yarn through and let the stitch fall off the needle.

Finishing

Weave in all ends.

