

TWISTEDCABLESWEATER

The Twistedcablesweater is knitted seamlessly top down. It is worn oversized with a rather narrow sleeve. What makes it special is the alternation of purl stitches and knit stitches through back loop within the cable pattern. The sweater is knitted entirely in rounds and seamed in pattern.

Sizes/garment measurements

XS (S) M (L) XL

bust: 100 (108) 120 (128) 136 cm

length: 50 (50) 54 (54) 58 cm

Recommended needles

Circular needle 3.5 mm (80 cm)

Circular needle 3.5 mm (40 cm)

Double pointed needles 3.5 mm

Crochet hook 4.5 mm

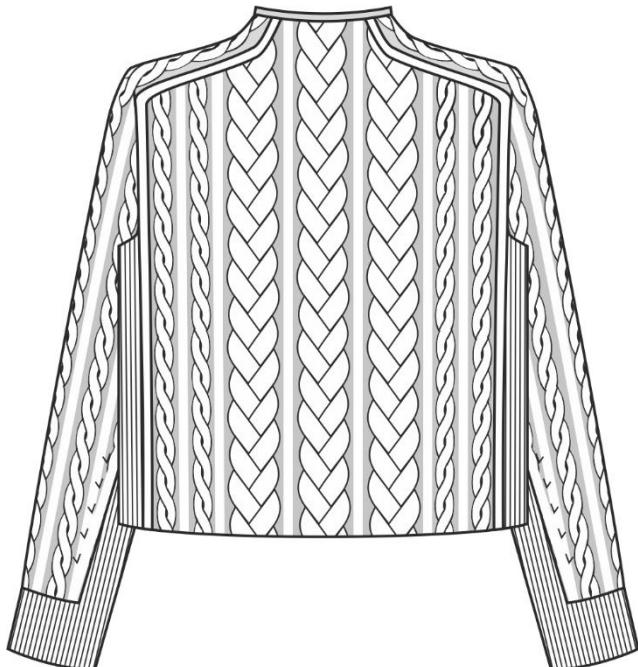
Cable needle 3.5 mm

Gauge

In cable pattern on 3.5 mm needle

36 sts x 42 rows = 10 x 10 cm

(washed & blocked)



Abbreviations

st(s) = stitch(es), edge = edge stitch

k = knit, p = purl, tbl = through back loop

M1R = make 1 right

M1L = make 1 left

stm = stitch marker

ri = right, le = left

WS = wrong Side, RS = right Side

BOR = beginning of round

Notions

stitch marker

Tape measure

Tapestry needle

Yarn

325 (375) 450 (500) 575 g Cashmere Classic by Cardiff Cashmere 25g/112m

Size guide

The sweater should be knitted with a positive ease of about 15 – 20 cm. Size is determined by the bust circumference, which is approximately 78 – 85 cm (86 – 93 cm) 94 – 104 cm (105 – 112 cm) 113 – 120 cm.

TECHNIQUES

Increases

M1R-K: Insert the left needle from back to front underneath the bar between the sts, before the stm. Knit through the front loop.

M1R-P: Insert the left needle from back to front underneath the bar between the sts, before the stm. Purl through the front loop.

M1L-K: Insert the left needle from front to back underneath the bar between the sts, after the stm. Knit through the back loop.

M1L-P: Insert the left needle from front to back underneath the bar between the sts, after the stm. Purl through the back loop.

Decreases

K2tog: knit 2 sts together

SKPO: Slip one stitch as if to knit, knit the next stitch, pass slipped stitch over

P2tog: purl 2 sts together

Cable1

(over 16 sts and 16 rounds)

Work according to the cable chart. Always repeat the 1st - 16th row/round.

cable1-ri

●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	●
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	16
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	15
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	14
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	13
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	12
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	11
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	10
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	9
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	8
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	7
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	6
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	5
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	4
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	3
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	2
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	1

in rounds

cable-le

●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	16
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	15
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	14
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	13
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	12
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	11
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	10
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	9
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	8
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	7
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	6
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	5
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	4
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	3
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	2
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	1

in rounds

Cable2

(over 23 sts and 32 rounds)

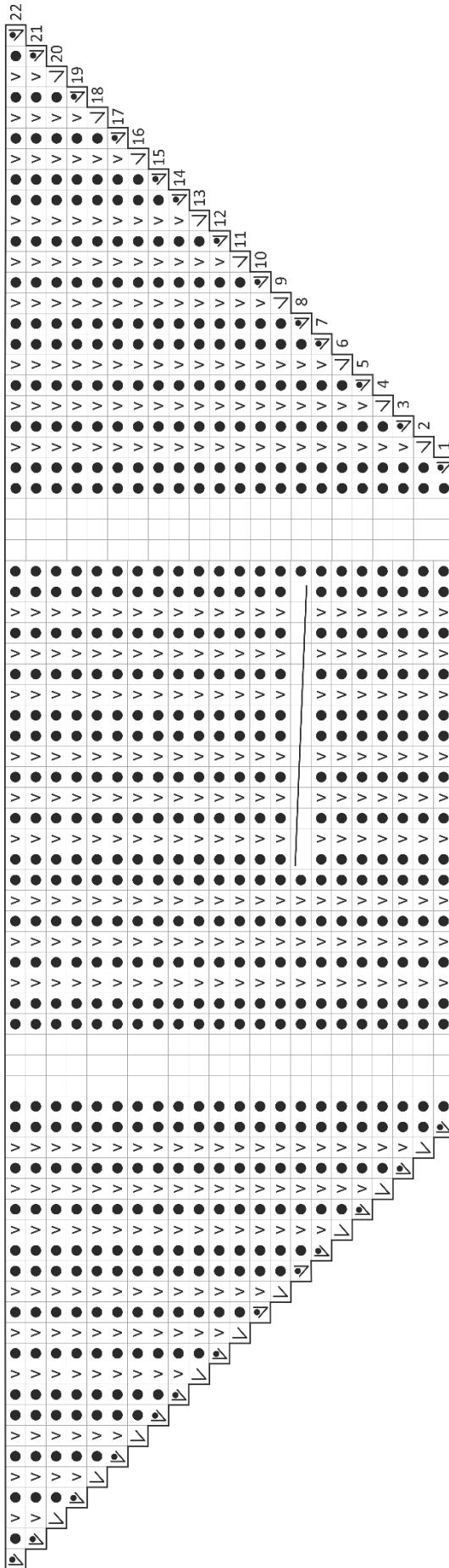
Work according to the cable chart. Always repeat the 1st - 32th row/round.

●	●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	32	
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	31
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	30
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	29
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	28
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	27
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	26
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	25
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	24
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	23
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	22
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	21
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	20
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	19
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	18
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	17
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	16
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	15
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	14
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	13
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	12
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	11
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	10
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	9
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	8
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	7
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	6
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	5
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	4
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	3
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	2
●	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	V	●	1

in rounds

Shoulder

Work according to the cable chart. Work rounds 1 – 22 one time.



in rounds

knit stitch: k 1 stitch.

ktbl: knit 1 stitch through back loop.

purl stitch: p 1 stitch.

Place 7 sts on a cable needle behind your work, 3x [p 1, k1tbl], p 1, then work the sts from the cable needle: 3x [p 1, k1tbl], p 1.

Place 7 sts on a cable needle in front of your work, 3x [p 1, k1tbl], p 1, then work the sts from the cable needle: 3x [p 1, k1tbl], p 1.

M1R-K: right leaned increase that gets knitted.

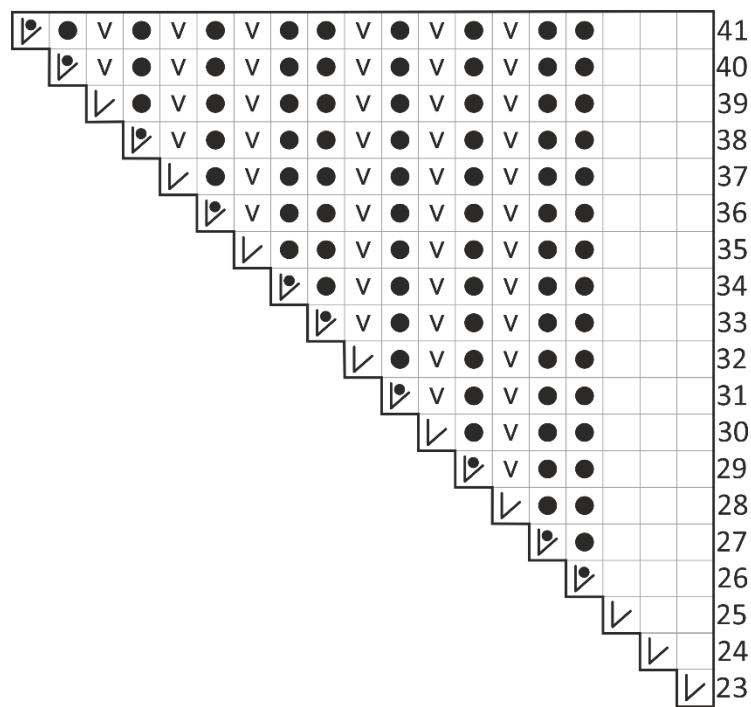
M1L-K: left leaned increase that gets knitted.

M1R-P: right leaned increase that gets purled.

M1L-P: left leaned increase that gets purled.

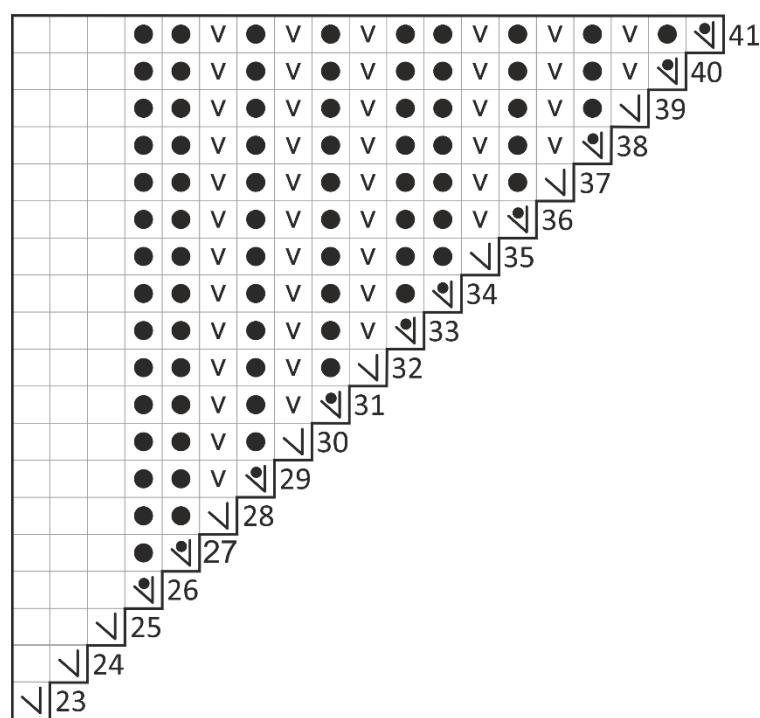
Left shoulder

Work according to the cable chart. Work rounds 23 - 41 one time.



Right shoulder

Work according to the cable chart. Work rounds 23 - 41 one time.



Provisional cast on

For the provisional cast on, crochet a chain of air loops with at least 106 loops using a crochet hook and a thicker yarn in a contrasting colour. It is easier to pick up stitches if the chain is a little longer and you keep some loops at the beginning and end. Then the thread is cut and pulled through the last air loop, so that the chain is safe.

With short 3.5 mm circular needle, pick up 106 sts from the air loops, place stm and close to round.

Neckline & shoulder increases

Now the pattern is built up, at the same time increases are already worked from the first round to form the shoulder according to the cable chart.

Round 1: shoulder (31 sts + 2 increases), k 3, **cable1-ri** (16 sts), k 3, **shoulder** (31 sts + 2 increases), k 3, **cable1-le** (16 sts), k 3 = 110 sts.

Rounds 2 – 22: work according to the constructed pattern of the 1st round, taking into account all increases of the cable chart = 194 sts.

*In the next rounds, the cables created from the increases are worked continuously according to the cable chart **cable2** and the shoulder increases are divided into right and left shoulder.*

Round 23: **right shoulder** (1 increase), 2x [**cable2**, k 3], **cable2**, **left shoulder** (1 increase), k 3, **cable1-ri**, k 3, **right shoulder** (1 increase), 2x [**cable2**, k 3], **cable2**, **left shoulder** (1 increase), k 3, **cable1-le**, k 3 = 198 sts.

Round 24 – 41: work according to the constructed pattern of the 23rd round = 270 sts.

*In the next rounds, the cableless created from the new increases are worked continuously according to the cable charts **cable1-ri** or **cable1-le**.*

Round 42: **right shoulder** (1 increase/round 23), **cable1-le**, 3x [k 3, **cable2**], k 3, **cable1-ri**, **left shoulder** (1 increase/round 23), k 3, **cable1-ri**, k 3, **right shoulder** (1 increase), **cable1-le**, 3x [k 3, **cable2**], k 3, **cable1-ri**, **left shoulder** (1 increase), k 3, **cable1-le**, k 3 = 274 sts.

Round 43 - 60: work according to the constructed pattern of the 42nd round = 346 sts.

In the next rounds, start to increase stitches for the sleeves, in addition, for sizes M (L) XL further increases are worked in the front and back.

Round 61 only for sizes XS (S): **cable1-le**, k 3, **cable1-le**, 3x [k 3, **cable2**], k 3, 2x [**cable1-ri**, k 3], place stm, **right shoulder** (1 increase/round 23), **cable1-ri**, **left shoulder** (1 increase/round 23), place stm, k 3, **cable1-le**, k 3, **cable1-le**, 3x [k 3, **cable2**], k 3, 2x [**cable1-ri**, k 3], place stm, **right shoulder** (1 increase), **cable1-le**, **left shoulder** (1 increase), place stm, k 3 = 350 sts.

Round 61 only for sizes M (L) XL: **right shoulder** (1 increase/Round 23), **cable1-le**, k 3, **cable1-le**, 3x [k 3, **cable 2**], k 3, **cable1-ri**, k 3, **cable1-ri**, **left shoulder** (1 increase/round 23), k 3, place stm, **right shoulder** (1 increase), **cable1-ri**, **left shoulder** (1 increase), place stm, k 3, **right shoulder** (1 increase), **cable1-le**, k 3, **cable1-le**, 3x [k 3, **cable2**], k 3, **cable1-ri**, k 3, **cable1-ri**, **left shoulder** (1 increase), k 3, place stm, **right shoulder** (1 increase), **cable1-le**, **left shoulder** (1 increase), place stm, k 3 = 354 sts.

Round 62 – 79: work according to the constructed pattern of the 61st round = 422 (422) 498 (498) 498 sts.

Sleeve increases

In the following rounds, only stitches for the sleeves are increased. Front and back cables are cabled every 16 rounds according to cable pattern.

Round 1: work in pattern to the next stm, slip stm, **right shoulder** (1 increase/round 23), 2x [**cable1-ri**, k 3], **cable1-ri**, **left shoulder** (1 increase/round 23), slip stm, work in pattern to the next stm, slip stm, **right shoulder** (1 increase), 2x [**cable1-le**, k 3], **cable1-le**, **left shoulder** (1 increase), slip stm, k 3 = 426 (426) 502 (502) 502 sts.

Round 2 - 19: work according to the constructed pattern of the 1st round = 498 (498) 574 (574) 574 sts.

Only sizes M/L/XL

Round 20: work in pattern to the next stm, slip stm, **right shoulder** (1 increase/round 23), 4x [**cable1-ri**, k 3], **cable1-ri**, **left shoulder** (1 increase/round 23), slip stm, work in pattern to the next stm, slip stm, **right shoulder** (1 increase), 4x [**cable1-le**, k 3], **cable1-le**, **left shoulder** (1 increase), slip stm, k 3 = 578/578/578 M.

Round 21 - 38: work according to the constructed pattern of the 20st round = 650/650/650 sts.

All sizes continue here

There are 498 (498) 650 (650) 650 sts on the needle.

In the following round: work in pattern to the next stm, slip stm, **M1L-K**, work in pattern to the next stm, **M1R-K**, slip stm, work in pattern to the next stm, slip stm, **M1L-K**, work in pattern to the next stm, **M1R-K**, slip stm, k 3.

Work this row 3 times in total, the increases are knitted in the following rounds = 510 (510) 662 (662) 662 sts.

Then work another 3 (3) 9 (9) 9 rounds in pattern without increases.

Body

In the following round, body and sleeves are separated. First, work all the stitches of the front, then the sleeve stitches are set aside before new stitches are cast on for the body. Then the stitches of the back are worked. Finally, the stitches of the second sleeve are also set aside, before new stitches are cast on for the body. Join to the round. Remember to work the cables in this round!

Preparation: * **cable1-le**, 1x (1x) 2x (2x) 2x [k 3, **cable1-le**], 3x [k 3, **cable2**], 2x (2x) 3x (3x) 3x [k 3, **cable1-ri**], k 3, remove stm, set the next 98 (98) 136 (136) 136 sts (sleeve) aside without knitting, remove stm, cast on 15 (25) 5 (15) 25 new sts, k 3, repeat from * one more time, place stm (BOR) = 344 (364) 400 (420) 440 sts.

Round 1: * **cable1-le**, 1x (1x) 2x (2x) 2x [k 3, **cable1-le**], 3x [k 3, **cable2**], 2x (2x) 3x (3x) 3x [k 3, **cable1-ri**], k 3, 7x (12x) 2x (7x) 12x [p 1, k1tbl], p 1, k 3, repeat from * one more time.

Repeat this round until 22 (22) 26 (26) 30 cm have been knitted, measured at armhole. End with a 7th or 23rd round. In the next round, cast off all sts as they appear.

Left sleeve

Place the set-aside 98 (98) 136 (136) 136 sts of the left sleeve (right leaning cable1) on the short 3.5 mm circular needle. Then pick up stitches for the sleeve from the newly cast on stitches of the body, before joining to the round.

Remember to cable in the preparatory round and then in each following 16th round.

Preparation: cast on 15 (25) 5 (15) 25 new stitches, k 3, place stm, 4x (4x) 6x (6x) 6x [**cable1-ri**, k 3], **cable1-ri**, place stm, k 3, place stm (BOR) = 113 (123) 141 (151) 161 sts.

Round 1: * p 1, k1tbl, repeat from * in total of 7 (12) 2 (7) 12 times, p 1, k 3, slip stm, work in pattern to the next stm, slip stm, k 3.

Work round in total of 16 times, remember to cable in the last repetition.

Starting the next round, symmetrical decreases are worked to give the sleeve a better fit.

Round 17: * p 1, k1tbl, repeat from * in total of 7 (12) 2 (7) 12 times, p 1, k 3, slip stm, **SKPO**, work in pattern to the last 2 sts before the next stm, **k2tog**, slip stm, k 3.

18. – 20. Runde: work all sts in pattern.

Repeat rounds 17 – 20 another 18 times = 75 (85) 103 (113) 123 sts.

Then continue to work in the pattern without decreases up to a sleeve length of 30 cm (measured from the armhole).

In the following round decrease 9 (9) 15 (15) 15 sts.

In the following round: * p 1, k1tbl, repeat from * in total of 7 (12) 2 (7) 12 times, p 1, k 3, * **p2tog**, k1tbl, p 1, k1tbl, p 1, k1tbl, **p2tog**, k1tbl, p 1, k1tbl, p 1, k1tbl, **p2tog**, k 3, repeat from * in total of 3 (3) 5 (5) 5 times = 66 (76) 88 (98) 108 sts.

Then work the seam.

Seam: * p 1, k1tbl, repeat from * to BOR, while removing the first two stms.

Repeat this round (without removing the stms) until the seam measures 6 cm. Then bind off all stitches with the Italian bind off.

Tip: This makes the Italian cast off especially beautiful:

<https://www.youtube.com/watch?v=OzHqm6Gmhyc>

Right sleeve

Work the right sleeve in the same way as the left one, but remember that the cables are worked left leaning.

Finish

Put the 106 sts of your provisional cast on back on your short 3.5 circular needles, remove the air loop chain carefully, join to the round and place a stm (BOR)= 106 sts.

Round 1 - 4: p all sts.

Now turn the neck end to the inside.

Round 5: * 2x [lift the 1st st of the 1st round to the left needle and knit it together with the first regular st of the 5th round], then lift the two sts of the right needle back to the left needle and knit them together, repeat from * until all sts are bind off. Do not bind off too tightly!

Weave in all loose ends and finally, there's just washing and blocking left.

I hope you enjoyed knitting your Twistedcablesweater!



If you would like to share your work with me, please tag me [@ann.ka.thrin](https://www.instagram.com/ann.ka.thrin) and use hashtag [#twistedcablesweater](https://www.instagram.com/#twistedcablesweater). I'm looking forward to see your results.