

einrüm



ALOPEX

DESIGN: ANNA-SÓFÍA VETURSÓL
#einrumALOPEX



AN OPPORTUNITY TO CREATE

The Icelandic word “einrúm” to us signifies privacy for creation – a space that opens up in the mind of a creative person, a space that opens up between the individual who creates and the thing that is created.

Knitting has been a part of my life ever since I was very young. I have been fascinated by the Icelandic wool, the craftsmanship and the tradition ever since I, as a little girl, walked over to my grandmother Katrín's house on Saturdays to sit in a corner of her kitchen and knit along with her. My einrúm was in my grandmother's kitchen. Knitting is the simplest way there is to produce cloth. My grandmother taught me to work with the Icelandic wool and to appreciate its unique characteristics. I learnt that time is well spent on working with the quality material and I learnt to take pleasure in the moments I spent creating. Ever since my grandmother taught me how to knit I have been fascinated by the rhythm of the knitting needles and the peace of mind that follows once you start knitting. The calming interplay of mind and hands

The essence of einrúm design is to set focus on the enjoyment of knitting and the peace of mind while knitting. This is a pattern of a beautiful and modern garment where craftsmanship, pleasure and challenge is a part of the creating process which we hope you enjoy with us.

Kristín Brynja





YARN

All einrúm E yarn qualities.

Sizes: (XXS, XS, S) (M, L, XL) (XXL, 3XL, 4XL)

MAIN COLOUR

Colour A, E 1013: Klórít (200, 250, 250) (250, 250, 250) (250, 250, 300) g.

PATTERN COLOURS

Colour B, E 1014 Andesít: (100, 100, 100) (100, 100, 100) 100, 100, 150) g.

Colour C, E 1009 Opal: (50, 50, 50) (50, 50, 100) (100, 100, 100) g.

Colour D, E 1007 Hrafntinna: (50, 50, 50) (50, 50, 100) (100, 100, 100) g.

Colour E, E 1001 Silfurberg: (50, 50, 50) (50, 50, 100) (100, 100, 100) g.

Colour F, E 1002 Skólesít: (50, 50, 50) (50, 50, 100) (100, 100, 100) g.

NEEDLES

2.5 mm (US 1.5) 40 and 80 cm long. 3.5 mm (US 3) circular needles, 40 and 80 cm long.

Set of double pointed 2.5 mm (US 1.5) and 3.5 mm (US 3) needles.

NOTIONS

Stitch holders and stitch markers.

GAUGE

10 cm = 21 sts

10 cm = 30 rnds

Check your tension and adjust needle size if necessary.

SIZES

Bust: (71, 80, 89) (98, 107, 115) (124, 132, 141) cm.

Half bust width:

(35,5, 40, 44.5) (49, 53,5, 57.5) (62, 66, 70,5) cm.

Length from underarms incl. rib:

(34, 36, 38) (40, 42, 44) (46, 48, 50) cm.

Sleeve length, incl. rib:

(34, 40, 46) (47, 48, 49) (50, 50, 51) cm.

ABBREVIATIONS

sts: stitches

K: knit

P: purl

rnd(s): round(s)

SSK: slip, slip, knit (left leaning decrease)

K2tog: knit two sts together

METHOD

Greek Word for Snow Fox, Icelandic Style Sweater. The sweater is knitted bottom-up. Start by knitting the body and both sleeves up to the yoke. The underarm stitches of the body and the sleeves are transferred to pieces of scrap yarn or stitch holders and the remaining stitches of the body and the sleeves are combined on a circular knitting needle to form the yoke which is shaped by simple decreases until the neckline stitches are cast off. The underarm stitches on the body and the sleeves are grafted together by the Kitchener stitch.

BODY

Cast on (192, 204, 228) (240, 252, 264) (288, 300, 324) sts. using 2.5 mm (US 1.5) circular needle in color B (E 1014 Andesít). Join into a circle, taking care not to

twist cast on edge. Place marker at the beginning of the rnd. Knit 4 rows in knit stitch for a rolling edge. Work the rib K1, P1 for 5.5 cm. Change to a 3.5 mm (US 3) circular needle and work pattern according to Chart 1. Continue knitting in color A (E 1013 Klórít) until the body measures (29, 31, 33) (33, 38, 39) (41, 43, 45) cm.

Work pattern according to Chart 2. Set aside and work sleeves.

SLEEVES

Cast on (44, 44, 48) (48, 48, 52) (52, 52, 56) sts on 2.5 mm double pointed needles in color B (E 1014 Andesít). Join into a circle, taking care not to twist cast on edge. Place marker at the beginning of the round. Knit 4 rows in knit stitch for a rolling edge. Work the rib K1, P1 for 5.5 cm. Change to a 3.5 mm (US 3) double pointed needles.

Work pattern according to Chart 1. Continue working knit sts in color A (E 1013 Klórít). Increase by 1 st after first st and 1 st before last st of the round in every (3, 5, 7)(8, 7, 6)(6, 5, 6)-th round for (14, 14, 12) (12, 14, 15) (16, 18, 17) rounds. The work now has (72, 72, 72) (72, 76, 82) (84, 88, 90) sts, work until the sleeve measures (30, 36, 41) (42, 43, 44) (45, 45, 46) cm.

Work pattern according to Chart 2. Place (16, 16, 17) (16, 18, 20) (22 23, 26) sts from the under-arm onto a stitch holder. The sleeve now has (56, 56, 55) (56, 58, 62) (62, 65, 64) sts. Set aside and knit the second sleeve in the same way.

YOKE

Join body and sleeves on one 3.5 mm (US 3) circular needle. Place (16, 16, 17) (16, 18, 20) (22 23, 26) sts from the body on to a stitch holder. Place a marker. K (56, 56, 55) (56, 58, 62) (62, 65, 64) sts (the first sleeve), K (80, 86, 97) (104, 108, 112) (122, 127, 136) sts (the front), place the next (16, 16, 17) (16, 18, 20) (22 23, 26) sts from the body onto a stitch holder, K (56, 56, 55) (56, 58, 62) (62, 65, 64) sts (the second sleeve), K (80, 86, 97) (104, 108, 112) (122, 127, 136) sts (the back). The work now has (272, 288, 304) (320, 336, 352) (368, 384, 400) sts.

Work the yoke pattern according to Chart 3 and decrease accordingly. Change to shorter circular needle when necessary. As soon as the yoke pattern is finished the work has (102, 108, 114) (120, 126, 132) (138, 144, 150) sts.

NECK

Change to 2.5 mm (US 1,5) needle and decrease evenly over the round (0, 0, 2) (6, 8, 14) (14, 12, 16) sts. The work now has (102, 108, 112) (114, 118, 118) (124, 132, 134) sts. Knit 4 more rds. Bind off loosely.

Graft the underarm stitches of the body and the sleeves together using Kitchener stitches. Weave in loose ends. Neatly darn in loose ends. Hand wash the garment in lukewarm water. Optionally, spin using a gentle washing machine spinning cycle. Smooth the garment out on a dry towel, pull gently into shape. Dry flat.

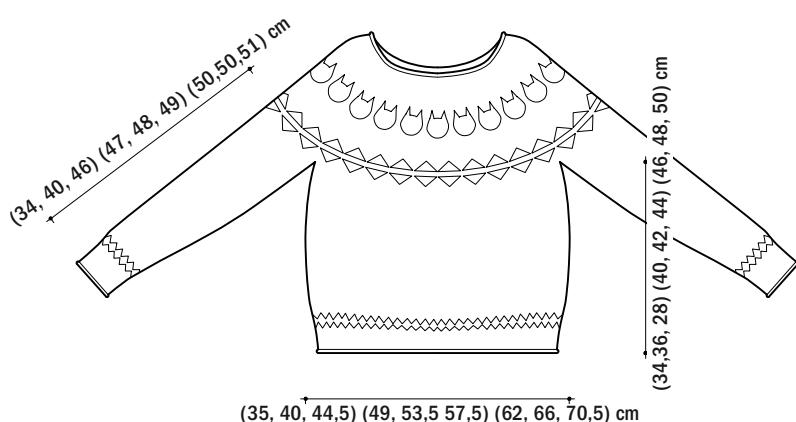


CHART 2

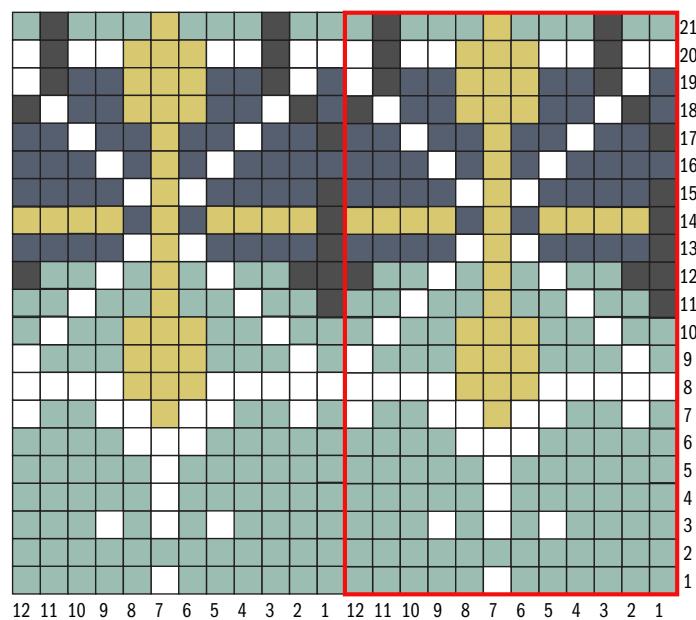


CHART 1

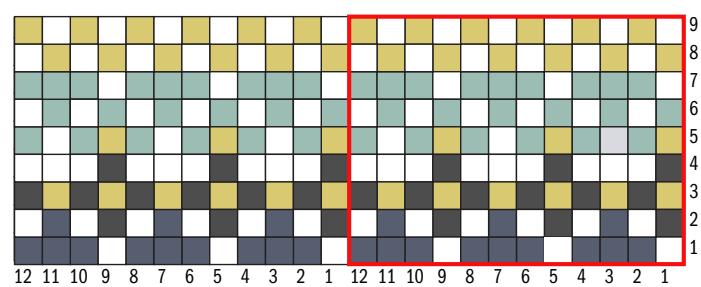


CHART 3

